* The food industry is experiencing unprecedented changes and market fluctuations. Prices in catalog are subject to change without notice. Please see website for most current pricing.



MAKE COOKING MORE FUN!

SAVE on Pumpkin Chocolate Chip Cookie Mix!

See page 38.

NORBEST turkey favorites are back!

See page 12.

BREAKFAST sandwich sales!

See page 7.

Guarantee

COVER FEATURES:

SEEKING REPRESENTATIVES NOW IN:

Oakley, KS · Duchesne, UT · Brigham City, UT · Kamas, UT · Casper, WY · Sterling, CO · Helena, MT · Elsinore, UT



"I've been an AP sales rep in Ephraim, UT for four years. I initially started selling Alison's Pantry as a way to get some quality food in my home and have a little extra cash each month to do fun stuff with my family. This little side business has turned into much more than making a little extra money. I thoroughly enjoy connecting with my customers each month and helping them find great food for their families! I love having my freezers full of high quality products that make meal planning so much easier. It's such a fun business to be in, because everyone needs food!"

Cassey Peterson, Ephraim, UT Average Monthly Sales: \$1,900

If you'd like an Alison's Pantry business of your own like Cassey, contact us today.

Become an Alison's Pantry Rep! 1-866-5-PANTRY

OR EMAIL US: SUPPORT@ALISONSPANTRY.COM



Alison's Pantry



Receive a catalog from your Alison's Pantry Representative or view the catalog on our website.



Place an order at www.alisonspantry.com, or with your Rep, by the catalog order deadline printed on the back cover.



Order is delivered to your Rep's home in about a week after the order deadline.



Pick up your order from your Rep. Enjoy restaurant-quality food from the comfort of home.



Have you tried an Alison's Pantry product that you love? Why not save a dollar on it the next time you order?
We'll add a \$1 credit to your Alison's Pantry account each time you visit alisonspantry.com and leave a positive product review. Tell us 1) how you used the product and 2) what you liked about it, and help other customers find new products to love!

CONTENTS

New Products	4-5
Breakfast	
Pork	
Poultry	
Beef	
Seafood	16-17
Mexican	
Italian	
Asian	
Soup	
Vegetables	
Sides	
Fruit	
Convenience	
Appetizers	
Bread	37
Cheese	32
Desserts	
Spices	
Mixes	
Baking Kitchen Tools	40 41
Snacks	
Beverages	44
Club Store Direct	
Pantry Basics	45-4/

OUR VISION & MISSION

Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry!

90 Day Double Your Money Back Guarantee.

Certain exclusions apply. Refunds must be requested within 90 days from purchase date and will be applied to your account as credit. This policy does not apply in the circumstance of a damaged or defective item, which will be refunded or credited for the original purchase price. It also does not apply to Hot Deal, Pantry Bargain or other #2 products. To prevent fraud Alison's Pantry reserves the right to revoke the guarantee at our discretion.

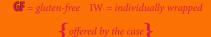
Alison's Pantry

580 W. State Street Pleasant Grove, UT 84062 801-796-6411 Toll Free: 1-866-5-PANTRY Fax: 801-796-9309

Office Hours: *M* – *F* 8:00 a.m. – 5:00 p.m.

www.alisonspantry.com

rrice and products are subject to change without notice, sales tax will be charged according to your representative's town and state. Alison's Pantry adds 10% shipping to all orders. We reserve the right to substitute items of equal value and quality.





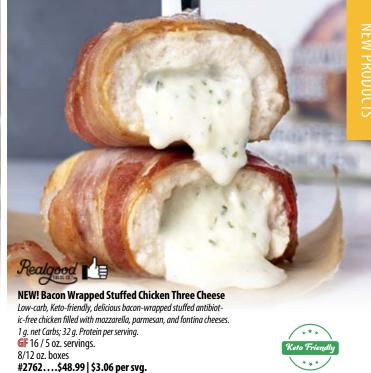




We care about your diet needs and want you to have all the information necessary to make your meal decisions.

For more detailed ingredient lists and nutritional information, please visit **www.alisonspantry.com** and search for any product by product number or name.











NEW! trü frü Bananas with Peanut Butter and Dark Chocolate

Sliced bananas, hyper-chilled to lock in flavor and nutrition, then immersed in peanut butter and dark chocolate. Made with clean, non-GMO ingredients. Only 90 calories per serving and packed with protein!

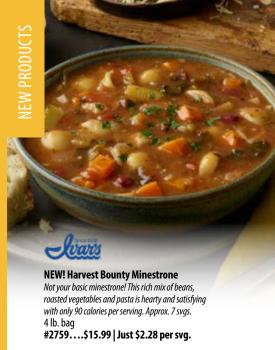
#2764....\$7.99



NEW! Breaded Cheddar Potato Bites

Diced and shredded potatoes and a blend of cheddar and mozzarella cheeses coated in a crispy golden breading. Move over, basic tater tots! Bake or fry. 3 lb. bag

#2746....\$12.99





Enjoy rich beef brisket in a classic medley of beans, tomatoes, and corn, with a spicy punch of hatch chiles. Approx. 7 svgs.

#2758....\$22.99 | Just \$3.28 per svg.



NEW! Homemade in Minutes Connecticut Cottage Chicken Noodle Soup Mix

A home-style medley of colorful peas, carrots and corn that are delicately seasoned with dill. Combined with gluten free corn pasta, this delightful 30 minute soup is a family favorite. 8 svqs. 4.25 oz. bag

GF #2753....\$6.99 | Just .87 per svg.



NEW! Potato Gnocchi

Frozen foodservice pack of potato gnocchi. Boil for a traditional, softer bite or cook in a skillet for a crispy texture on the outside, with a soft, tender center.

2.2 lb. bag #2754....\$11.99







Popcorn Chicken

Popcorn-shaped, breaded chicken breast with rib meat. No antibiotics ever. 24 oz. bag #2763....\$7.99





NEW! Ziploc Sandwich Bags 6-1/2"x 5-7/8" 4/145 ct. Boxes (580 ct. Bags) #2769....\$21.99

NEW! Cambro Translucent Round Containers

Stackable, professional-grade, BPA-free containers with red gradations and lids. Made of chemical- and stain-resistant translucent polypropylene.

- #2751 2-Quart Size, Set of 3....\$20.99
- #2752 6-Quart Size, Set of 2....\$18.99



Back by popular demand for fall!





Paper Mini Loaf Pans No need to grease. 25 ct. set #7810....\$10.99





NEW! Triple Layer Bar Cookie Caramel Brownie

Buttery chocolate chip cookie base covered with a rich caramel layer and then topped with a chocolate chunk brownie on top. The perfect indulgence! Frozen and individually wrapped 3.5" x 1.5" x 1" bars. Great for lunchboxes!

12 ct. Box

#2739....\$21.99 | \$1.83 each







Nonni's Biscotti Cioccolati

Made with real eggs, butter, California almonds and gourmet bittersweet chocolate, these biscotti are light, crunchy, and delicately sweet! Perfect paired with a mug of hot cocoa or coffee. 1.33 oz. each / 25 ct. Tub

#2738....\$17.99 | Just .72 each!





NEW! Chef-Ready Cuts Diced Apples

Sweet-tart apples washed, peeled, and diced into ½" pieces. Add to baked goods, fruit salads, slaws, smoothies, or use as a topping on pork chops or pancakes. **GF** 5 lb. bag

#1263....\$17.99



SHIRLEY

NEW! Dough Conditioner

Shirley J's founder, Don Smith, developed the first dough conditioner over 40 years ago and we're happy to offer his updated, superior product now that yields fantastic rise and texture in homemade breads.

16 oz. bag #2747....\$10.99



SHIRLEY

NEW! Timeless Grains Cereal

A proprietary, hearty hot cereal that includes 13 all natural ingredients, including oats, dried cranberries, brown rice farina, amaranth and flax--each one selected for a distinct health benefit. It's a superfood breakfast that's also delicious! 32 oz. bag

#2749....\$13.99



Back by popular demand for fall!



Snack Pies

With real fruit fillings, and smooth, rich cream fillings, these snack pies are the best we've ever tasted! Each filling is wrapped in a lightly glazed, freshly made crust. No trans-fat. Pies come frozen, and individually wrapped. Thaw and serve, or warm if desired. Peanut & Tree Nut Free. 12/4 oz. pies per box \$9.99 | 83¢ each

♦ #2653

Boston Cream Duos

Vanilla cream layered on top of rich chocolate cream.

***** #2654

Strawberry & Cream Duos Strawberry pie filling layered on vanilla cream.





NEW! Lemon Cream Pies

Flaky pastry around a creamy, tart lemon filling. Individually wrapped; frozen. 12/4 oz. Pies

#2780....\$9.99





'Center Cut' Bacon Honey Cured
Smoky with the sweetness of a honey
cure Raw 90 day shelf life

cure. Raw. 90 day shelf life. GF 5 lb. pack #3298....\$38.99







Thick Cut #1 Quality Bacon, Raw GF 24 oz. pack....\$11.99

- ♦ #8464 Deep Applewood Smoked
- #8465 Peppered
- ♦ #8463 Honey Cured



Our pork is raised and processed in the USA.







Bulk cases mean big savings!



DAILYS

◆ Fully Cooked Skinless Pork Sausage Links

GF 240 ct., .8 oz. size/12 lb. case. **#5464....\$55.99**

◆ Fully Cooked Pork Sausage Links GF 240 ct., .8 oz. size/12 lb. case #4062....\$59.99

Compare our price of just 25¢ to Schwan's cost at 44¢ per link and save 43% with Alison's Pantry!

Cases will show 'Received' date and have 6 months of shelf life past that date.







Sausage, Egg & Cheese Croissant

Microwave or oven bake. IW 12/4.5 oz. box

#4454...Reg. \$19.99 | Sale \$17.99





Sausage, Egg & Cheese Biscuits *Microwave or oven bake. IW*

Microwave or oven bake. IW 12 ct./4.9 oz. box

#5354....\$20.99 | \$1.75 each



Tender biscuits with maple flakes in the batter stuffed with scrambled eggs, smoked bacon, ham, sausage, and cheddar cheese. 24/4 oz. biscuits

#1160....Reg. \$36.99 | Sale \$34.99



Precooked Omelet Variety Pack

Fluffy, precooked omelets made with whole eggs; just heat and serve. 20 Cheddar Cheese; 20 Ham, Peppers, and Onions.

GF 40 ct. / 3.5 oz.

#1161....\$59.99 | \$1.50 each



Hearty Breakfast Bowls

Enjoy a hearty breakfast even when you're in a hurry! Just heat and eat this savory bowl of sausage, eggs, cheddar, peppers and onions. **GF** 24/6 oz. bowls

#2637....\$49.99



* BREAKFAST | FROZEN *



Buttermilk Biscuits
16/4 oz. biscuits

#4842...\$19.99 | \$1.25 each







Homestyle Waffles 72 ct. waffles #1498...\$16.99



Belgium Pearl Sugar Waffles

Pre-baked, yeast-raised waffle dough with caramelized pearl sugar (like waffle trucks!) Light, crispy, and soft. IW.

12 ct. / 3.17 oz. waffles #1811....\$17.99 | \$1.50 each



52 sticks / 56 oz. box

#1499.... \$12.99



Mini Bagels with Strawberry Cream Cheese Filled with the goodness of whole grain and richness of

rinea with the goodness of whole grain and riciness of strawberry Neufchatel cheese, these pre-baked, frozen mini bagels are individually wrapped in heat-and-serve ovenable pouches.

36 ct. / 2.43 oz. packs #2663....\$28.99

KIRKLAND

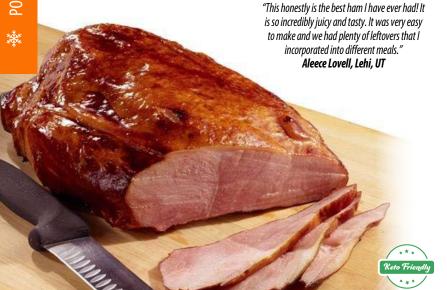
Product is frozen before shipping which extends its shelf life for 6-9 months beyond the printed use or freeze by date.

Applewood Smoked Master Carve Half Ham

Sweet, tender ham made from fresh outside muscle only and slow smoked with real applewood. Boneless, fully cooked, natural juices. Distinctive flat shape for carving boards. Just slice and serve. Pork raised without antibiotics.

Approx. 4 lb.

#2715....\$16.99





All-Natural Peppered Bacon Wrapped Pork Fillets Pork tenderloin fillets (approx. 1/3 lb. each) wrapped in flavorful

peppered bacon. Delicious on the grill, baked, or pan-fried. **GF** 3/approx. 6-7 oz. fillets

#2681....\$11.49

Buy in bulk and save 31% on a case of 48 fillets at **alisonspantry.com**.





Bone-In Spiral Cut Honey Ham

Fully cooked, hardwood smoked, honey cured, and packed with its own natural juices. Glaze packet included.

GF 8.5-10 lb. avg. wgt.

#5986....\$33.99



Bone-In Ham Steaks

Fully cooked, hearty ham steaks. Individually vacuum sealed for freshness. GF Big 1 lb. steaks, 4 per order

#5659....\$23.99





**** "Sometimes we get hungry for ham and there's not a holiday in sight. That's why ham steaks were invented. These are so meaty, and about twice the size I can buy in the store. I've even used one when my ham and bean soup was a little skimpy with ham.

Riverton, WY



St. Louis Rib Pork Patty

100% boneless, unsauced quarter-pound pork patty. Specially shaped with raised ribs, just like the ones from a popular fast-food restaurant. 40 / 4 oz. patties

#2094....\$44.99

"Unexpected quests for dinner? No problem if you have these gems in your freezer. Just grill, add BBQ sauce and candied jalapenos and onions, your guests will love them!"

Marty Hinkel, Worland, WY



Ultimate Heat & Serve Brats

#1 Brats in the U.S.! Fully cooked, premium, coarsely ground pork bratwurst sausage in a 5.75-inch collagen casing, already browned with grill marks. Flame-grilled for superior flavor. Heat and serve. No MSG.

GF 5 lb. bag / 25 ct. #1396....\$25.99













#7944 Lamb Weston **Mashed Potatoes,** pg. 27



#2282 Simplot **Roasted Sweet Potatoes with Maple** Syrup, pg. 27



Smithfield Farmland

Pork Loin Center Cut Chops

Bone-in, Raw, lean and trimmed.



Tender roasted pork, hardwood smoked, pulled, and mixed with a legendary BBQ sauce. Reduced sodium. No added MSG. 16/5 oz. servings.

GF 5 lb. bag #2108....\$28.99

**** "I love making these when I have company

over or when I want a nice Sunday dinner! I

dip them in ranch and bread crumbs to bake. I

pair them with the red skins mashed potatoes

and gravy. Makes me feel like I'm at my

mom's having her delicious Sunday dinner!"

Aubrey Watts, Nephi, UT



Olive Oil Ciabatta 4 in. Buns 24 ct. case #1051....\$12.99











**** "This product is a great addition to both pork and chicken. We also liked it with steak. It has a wonderful flavor when added to all those meats." Tara Bordeaux,

Scottsbluff, NE



Gourmet Honey Apricot BBQ Sauce

Sweet, tangy barbecue sauce to add signature flavor to baked chicken and pork. Try stirring some into your favorite baked bean recipe! **GF** 15 oz. jar

#2241...\$5.99



Boneless, skinless chicken breast fillets wrapped in applewood-smoked bacon slices. Raw. GF 3/approx. 6.5-7 oz. fillets #2680....\$11.49

#5513....\$13.99

Buy in bulk and save 15% on a case of 48 fillets.









Chicken Mini Corn Dogs

Mini chicken franks wrapped in honey crunch batter. 120/.67 oz., 5 lb. bag #1581...Reg. \$20.99 Sale \$18.99



PANTRY BARGAINS

A great way to save money on family favorites! Their special pricing is due to slight irregularities. These #2 products will have variations in size or breading, but they are consistently delicious and always supported by our 100% satisfaction quarantee.

Breaded Chicken Breast Fillets

Our ready-to-cook breaded chicken breast fillets are a quick and easy addition to any meal. Bake or fry. 2.5 lb. bag #1003...\$7.99





NEW! Pilgrim's Popcorn Chicken

Popcorn-shaped, breaded chicken breast with rib meat. No antibiotics ever. 24 oz. bag





Due to nationwide chicken shortages, some products may be temporarily unavailable or experience sudden price changes. Please visit alisonspantry.com for most current info.



Chicken Cordon Bleu

25/5 oz. box

Stuffed with smoked ham and swiss cheese.

#8553....Reg. \$34.99 | Sale \$32.99



★ ★ ★ ★
"My daughter
absolutely LOVES these! They
are delicious and a great,
easy, dinner paired with a
veggie and some rice."

Stephanie Curr, Gering, NE







Panko Breaded Chicken Breast Tenderloins

Made with white-meat chicken and 20% less breading. 100% allnatural ingredients—no antibiotics ever, no added hormones or steroids. Raw.

5 lb. bag

#1615....\$24.99





Fully Cooked Chicken Fries

White meat chicken in the ideal shape for dunking. Ready to enjoy in minutes from the oven or microwave. 2 / 5 lb. bags; 10 lb. case

#1618....\$35.99

#2547....\$48.99





11



**** "I love buying this case of

chicken! They are uniform size and I have enough to make 2-3 meals each week for my family for the whole month! I won't buy chicken from the store anymore because these are sooo much better!!"

Becky Price, AP Regional Sales Manager



Fully-cooked, hearty portions of grilled skewered chicken breast with Mediterranean seasoning.

GF 18/2.5 oz. skewers #1801....\$32.99







1/2" Diced Chicken Breast Pieces

Tender fully-cooked 1/2" pieces of superior-quality, lean breast meat. They can be heated in less than 10 minutes and added to soups, tacos, nachos, casseroles, pot pies, and Pasta Alfredo.

GF 2 / 5 lb. bags

#2546....\$53.99 | \$5.40 per lb.









Chicken Breast Pieces

95% lean, randomly-cut chicken breast pieces, perfect for soups, stir-fry, etc. Raw. GF 5/1 lb. packs #2620....\$14.99

Photo shows recipe suggestion.



♦ #2336 Approx. 2.6 lb.-3 lb. tray....\$18.99



Fully-cooked chicken breast with rib meat strips with mild fajita seasoning and grill marks. Warm and serve in a tortilla with peppers and onions, on a protein bowl, or atop a salad.

GF 5 lb. bag #1054....\$31.99

Back by popular demand!







Breaded chicken breast with rib meat. 45/3.6 oz. size, 2/5 lb. bags,10 lb. case #6221...Reg. \$37.99 Sale \$36.99 | \$3.70 per lb.



Made with 100% breast meat with crispy tempura batter. Par-fried. Fry or bake. 2/5 lb. bags, 10 lb. case #6838...Reg. \$35.99 Sale \$34.99 | \$3.50 per lb.



MINOR'S

Sweet & Sour Sauce Sweet, tangy sauce with chunks of pineapple, diced tomatoes, green peppers and onions.

GF 0.5 gallon jug #1265....\$11.99

"These are the best chicken nuggets ever, and we are very fussy about chicken nuggets at our house. These are crispy on the outside and tender and juicy on the inside. They're good dunked in sweet and sour sauce, BBQ sauce, or ranch. They aren't greasy or

soggy!" Julie Demke, Goodrich, ND



Chick'n Dippin' Sauce

If you like Chick-fil-A sauce, you're going to love this smooth, delicious honey mustard blend for chicken. GF 17.5 oz. bottle

#7253....\$5.49



Tempura Battered Chicken Breast Strips

Uncooked Tempura-battered whole breast meat strips with a light, golden battered coating. 10 lb. case

#7102...\$52.99 | \$5.30 per lb.





Breaded Chicken Breast Nuggets

One year frozen shelf life. .7 oz. size, 2/5 lb. bags, 228 nuggets 10 lb. case #6220...\$37.99 | \$3.80 per lb.

fat free. 70% less fat than ground beef. Frozen.

GF 5-1 lb. chubs

#4124....\$16.99



Homestyle Breaded Chicken Tenderloins

Raw. Fry or bake. Tenderloins carefully cut from the juiciest part of the breast; marinated to keep them extra moist and flavorful.

2-3 oz. size. 2/5 lb. bags,10 lb. case #6219...\$42.99 | \$4.30 per lb.



Boneless Zings Chicken Breast Chunks

Spicy boneless breaded breast chunks, fully cooked. Made from premium solid-muscle breast meat.

5 lb. bag

PIERCE

#6588....\$30.99



Boneless Dings Chicken Breast Chunks

Marinated, breaded fully cooked boneless chicken breast chunks.

5 lb. bag #6587....\$30.99



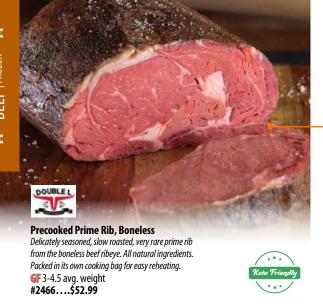


GF 3 / Approx. 6 oz. fillets #1614....\$11.49



#9197...\$28.99





★★★★
"I can honestly say the
Precooked Prime Rib
was the most tender
prime rib I've ever had.
It was delicious! Will
buy again."
Lynne Palmer,
Panaca, NV



Flavorful. Tender. Juicy. Our beef is raised and processed in the U.S.A.









★★★★

"Oh my word, this
product is fantastic! So
tender it melts in your
mouth and the flavor is
incredible. This tastes
like you got up early
and cooked all day!"

Christi Herrick,
Kirk, CO







"I fixed these following a tried and true trusted method and they were absolutely the best. The meat was so tender and juicy! I already have more in my next cart!"

Jan Bremer, Imperial, NE





Hamburger Patties
Juicy, flavorful blend of USDA ground chuck,
ground sirloin, and ground brisket. 80/20.
100% beef, no fillers.

GF 40/4 oz. patties **#2621....\$53.99**





Olive Oil Ciabatta 4 in. Buns 24 ct. case #1051....\$12.99











**** "Our family prefers these fish sticks to any other out there. They are sticks of fish, not chopped up pieces. Very flavorful and easy to prepare." Sue Schotten, Austin, CO



Pub-Style Battered Cod Wild-caught; no artificial colors, flavors or preservatives. Certified Sustainable Seafood. Bake or fry. 2-3 oz. pieces/2.5 lb. box #2807...\$17.99

**** "Nice size fillets. Meaty portions not all breading like most fish I have tried. Cooks up amazingly crispy in the air fryer!! Great value and a quick meal." Chrisy Rotondo,

Zap, ND

Pacific

Wild-Caught Alaskan **Sockeye Salmon Portions** Skin-on. Individually vacuum

sealed. Product of USA. GF 4/6 oz. portions #2239....\$23.99







2 oz. fillets / 2.5 lb. bag #1125....\$39.99

PacificSeafood. **Tilapia Fillets** Premium boneless, skinless Tilapia Fillets. Farm-raised. GF 3-5 oz./10 lb. case./Approx. 40 fillets #8027....\$46.99









PANTRY TIP!

Seafood lovers like to keep AP Dilly Dill Mix on hand for one-step seasoning and easy dips.

Dilly Dill Dip Mix Just add sour cream and mayo to this flavorful mix for an easy dip, or sprinkle the dip mix over raw fish to season. 1 lb. bag #**1421...\$8.99**



**** "I love the Dilly Dill Dip Mix. I use it to top my fish

fillets before I bake or grill them. Sprinkle a little bit of Dilly Dill Dip Mix across the fillet and add a tab of butter, place in a piece of foil and grill to perfection. I mix a bit of Dilly Dill with sour cream and mayo and add lemon juice for a wonderful tartar sauce for the fish. It is awesome!!"

Stacee Izatt, Nephi, UT



**** "My family LOVED these shrimp! I put them in a pan of butter with lemon pepper and sautéed them. They were fast to cook and tasted so good! The size of them is great!"

Nicole Fisher, Grantsville, UT



Mrs. Friday's most popular breaded shrimp! Jumbo, premium quality, 100% natural shrimp, hand-coated in light and crispy Japanese Panko breadcrumbs. Known for its superior flavor, texture, and size. U15. 2.5 lb. box

#1061....\$28.99

**** "Mrs. Friday's Gold Pack Shrimp are beautifully golden and crispy without being all breading. They're as good or better than shrimp I've ordered at well-known restaurants. Our family loves them!"

Kim Henke, AP Marketing Director



Classic Marinated Shrimp Skewers

Ready to cook. Griddle or oven bake. 12 skewers/1 lb. 5.6 oz. box #8270....\$16.99

Trident 4

Premium Alaskan **Salmon Burgers**

Salmon patty is made

with the finest wild,

ocean-caught, deep

herbs and spices.

GF 12 ct./3 lb. bag

#2808....\$28.99



Cooked & Peeled White Shrimp, 31/40

Sweet white shrimp with a firm bite. GF 2 lb. bag

#1812....\$21.99





Coconut Breaded Jumbo Butterfly Shrimp

Premium, peeled and deveined, tail-on shrimp coated with a shredded coconut breading for a unique crunch with just the right sweetness. Perfect for summer menus! 16/20 ct. 2.5 lb. box

#3013....\$29.99





Shrimp Scampi

Raw, peeled & deveined shrimp in a smooth garlic butter sauce. Farm-raised. Product of India. 31/40. 12 oz. bag

#1927....\$10.99



Buttermilk Breaded Popcorn Shrimp

Whole, not minced, shrimp! Select, round, tail-off, peeled shrimp coated in a unique, country buttermilk breading for a hearty crunch. Avg. 75 ct. shrimp/lb.. Oven, deep fry, or air fryer. Delicious as-is with dips, on salads, or in crunchy shrimp tacos or wraps! 2.5 lb. box

#1062....\$18.99



Moji Sushi Spicy Crab Sushi Rolls

Minced wild caught Alaskan white fish surimi and real crab with carrots, sesame seeds, and kicky sriracha. 8 rolls per tray. 4/6 oz. trays

#2248....\$18.99 | Just \$4.75 per tray!

Moji Sushi Classic California Sushi Rolls

Creamy avocado, surimi, rice and sesame seeds. Surimi is minced wild caught Alaskan white fish, real crab, and premium shellfish flavorings. 8 rolls per tray. 4/6 oz. trays

#2247....\$18.99 | Just \$4.75 per tray!







ELMONTEREY

Bean & Cheese Burritos, IW

Creamy pinto beans, cheese, and mild diced jalapenos in a baked flour tortilla. 24/5 oz. case

#2245....\$18.99 | Just .79 each!

Beef & Bean Burritos, IW

Ground beef and pinto beans seasoned with chili peppers and spices in a flour tortilla. 24/5 oz. case

#2246....\$19.99 | Just .83 each!





"These burritos are very tasty!

We also like the fact they are quick to fix and they don't skimp on the filling. You can drive right by the fast food restaurants and convenience stores on your way to work when you have these in your freezer!"

Anne Metzler, Riverton, WY



P@SADA

Chimichangas

Meat and cheese in a lightly par-fried flour tortilla. 12 / 5 oz. case

◆ #1873 Shredded Steak & Cheese...\$18.99

 #1874 Shredded Chicken...\$20.99



RECETA PORO

8" Flour Tortillas

No trans fat. Frozen. 12-12 ct. bags (144 tortillas) 13.5 lb. case #4970....\$25.99



Chicken Breast Strips for Fajitas

Lean, raw strips of chicken breast for fajitas or chicken stroganoff.

GF 3 lb. bag **#2609....\$12.99**





Fajita Blend

Onion strips, with red, green and yellow bell pepper strips.

GF 4 lb. baq

#2069....\$8.99

Compare our price of \$2.25/lb. to Schwan's Fajita Vegetable Blend at \$5.49/lb. Save 59% with AP!











#1393....\$28.99

Tornados' *unique twist on flavor and texture make it an* instant sensation. Dipped in flavorful batters and fried to golden perfection. Every bite of a Tornado is packed with flavor.

Tornados

24/3 oz. case....\$22.99

- ♦ #2928 Ranchero Beef Steak & Cheese Our Ranchero red sauce, shredded steak and real cheese.
- ♦ #2926 Sausage, Egg & Cheese Breakfast basics with a kick of salsa.
- ♦ #3105 French Toast & Sausage Maple sweetness and savory sausage. 24/3 oz. case....\$24.99





FLAV-R-PAC

Baja Vegetable Roast

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies. GF 2 lb. bag

#5353....\$7.49



Simplot

Simplot RoastWorks Flame-Roasted Pineapple & Pepper Blend

Flame-roasted pineapple, red peppers and onions with poblano peppers and a blend of jalapeño, green onion, garlic and cilantro.

GF 2.5 lb. bag #2411....\$12.99



Simplot

Flame-Roasted Sweet Corn and Jalapeno Blend

Perfectly flame-roasted sweet corn with white corn and a blend of jalapeno, green onion, garlic, cilantro and seasoning.

GF 2.5 lb. bag #1984...\$9.49



Simplot

Harvest Fresh Avocado Dices

Quick-frozen rich, buttery Hass avocados. No mess; no waste! Thaw needed amount of dices overnight under refrigeration.

GF 2 lb. bag

#1645....\$13.99



MEXICAN | FROZEN

ELMONTEREY

Raspberry Cheesecake Bites

Sweet and creamy cheesecake paired with raspberry topping in an ovenbaked and battered flour tortilla.

24 Bites per box. 4/6 ct. bags / 2 oz. bites #8850...\$20.99



(Calavo)

Fiesta Guacamole

Flavorful guacamole with medium kick from red and jalapeno peppers. Comes frozen. GF 12 oz. tub

#1060...\$5.99

Save 15% when you buy by the case of 6 tubs at alisonspantry.com.





SPAGHETTI MEATBALL PIE

1/2 bag Rosina Italian Style Meatballs (#9142) 3/4 cup Omelette Blend (#3216) 8 oz. Barilla Spaghetti Noodles (#1331) 2 eggs, slightly beaten 1/2 cup grated Parmesan cheese 1-1/4 cups shredded mozzarella cheese (reserve 1/2 cup) 26 oz. jar chunky spaghetti sauce

Preheat oven to 375°F. Sauté peppers and onions until softened, about 10 minutes. Drain excess liquid, and set aside. Cook spaghetti, drain and rinse with cold water and pat dry. Place in large mixing bowl. Add eggs and Parmesan cheese and stir to combine. Press mixture into the bottom of a sprayed 9" pie plate. Top with 3/4 cup shredded mozzarella cheese. Thaw frozen meatballs in microwave for 2 minutes. Cut each meatball in half. Layer the meatball halves over the cheese mixture. Combine spaghetti sauce with cooked peppers and onions. Spoon over meatball layer. Loosely cover with foil and bake for 20 minutes. Remove from oven and sprinkle 1/2 cup mozzarella cheese over the spaghetti sauce mixture. Continue to bake uncovered for another 10 minutes until bubbly. Cut into wedges and serve.

Italian Style Meatballs

Savory 1/2 oz. beef blend meatballs, fully-cooked. Ovenbaked, not fried. No MSG added. 52 oz. bag

#9142....\$13.99



Homestyle Meatballs Oven-baked IQF meatballs

made from premium beef and pork, and imported Pecorino Romano cheese. Approx. 52 1/2 oz. meatballs per bag. 26 oz. bag #8963....\$8.49









Six-Cheese Jumbo Ravioli

Precooked; filled with Ricotta, imported Romano, Parmesan, Monterey Jack, mozzarella, and cheddar cheeses. Approx. 40 ravioli. 2.65 lb. bag

#3493....\$14.49

Delorio S

Thaw overnight, then roll into pizza crusts, breadsticks, and calzones. Homemade flavor. IW 16 oz. / 10 ct. case





Stuffed Rigatoni with Cheese

Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen.

2.5 lb. bag #1431....\$10.99

Photo shows recipe suggestion.



Cauliflower Pizza Crusts

Cauliflower is the first ingredient! Less than half the sugar of leading gluten-free pizzas, and packed with protein, fiber, and nutrients.

- #1546 2 / 10" crusts (12 oz. pack) \$8.99 | \$4.50 per crust **GF**
- #1547 12/10" crusts (72 oz. pack) \$34.99 | \$2.92 per crust @F





10" Gluten-Free Extra Protein Pizza Crust With Raised Edge

Delicious raised-edge, gluten-free crust that cooks, cuts and crunches like a traditional pizza without the guilt. **GF** 12/9.5 oz. crusts

#2573....\$39.99 \$3.33 per crust



"This is really a great, easy meal! My whole family ate it up and I was wishing I had bought and made 2 bags instead of 1." Celeste Bosch, Logandale, NV



Mandarin Orange Chicken

Crispy, juicy chicken battered and glazed with Mandarin orange sauce. No MSG. Frozen. 22 oz. bag

#1376...\$7.99



BBQ Teriyaki Chicken

Marinated and barbecued chicken with an authentic teriyaki sauce. No MSG. Frozen. 21 oz. bag #1377....\$7.99



General Tso's Chicken

Our signature lightly battered chicken with a sweet sauce and a hint of heat. 22 oz. bag #2551....\$7.99



Edamame Kung Pao Chicken Succulent chicken with edamame, peanuts, and vegetables in a spicy sauce. Just heat and eat!





WINH

Vegetable Egg Rolls Cabbage, bok choy,

water chestnuts. carrots and celery 12/3 oz. box #4078....\$11.99

Pork & Vegetable **Eaa Rolls**

12/3 oz. box #4082....Reg. \$11.99 Sale \$9.99



Chicken Rice Bowl with Teriyaki Sauce

Grilled white meat chicken with broccoli, carrots, edamame, and red bell peppers on a bed of white rice with teriyaki sauce. Microwave. 6 / 12.5 oz. bowls

#1718....Reg. \$19.99 | Sale \$17.99





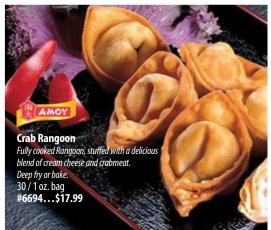
Deluxe Stir Fry Vegetable Blend

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots. **GF** 2 lb. bag

#5309.....\$5.99







MINOR'S

Zesty Orange Sauce

The sweet tang of citrus complemented by garlic, soy, toasted sesame and ginger. 0.5 gallon jug #**2989....\$13.99**

Sweet & Sour Sauce

Sweet, tangy sauce with chunks of pineapple, diced tomatoes, green peppers and onions. **GF** 0.5 gallon jug #1265....\$11.99





Chef-quality chowders and soups made from fresh ingredients. Just boil in the bag and serve!









Rich and comforting, this home-style favorite is made with chicken breast, savory stock, fresh vegetables, tender egg noodles and aromatic herbs. New recipe: ready-toheat (no need to add water). Approx. 7 svgs.

4 lb. bag #2760....\$14.99 | Just \$1.87 per svg.!



This popular Tex-Mex classic is made with tender chicken, black beans and roasted peppers, carefully blended with just the right amount of heat. GF 4 lb. bag

#2321....\$15.99 | Just \$2.00 per svg.!



Zuppa Toscana Soup

Ivar's "Soup of Tuscany" is made with Italian sausage, russet potatoes and kale in a creamy base with chicken stock. Approx. 7 svgs.

GF 4 lb. bag

#2324...\$16.99 | Just \$2.43 per svg.!



Cheddar Garden Medley Soup

A mix of roasted broccoli, cauliflower and carrots highlighted by the rich flavor of cheddar cheese. 4 lb. bag

#2320...\$15.99 | Just \$2.00 per svg.!



Chicken Coconut Curry Soup

Enticing broth of red curry, coconut milk, lemongrass, ginger, garlic, and Thai basil, along with chicken pieces, carrots, red bell peppers, celery, and bamboo shoots. Approx. 8 svgs.

#2323... \$18.99 | Just \$2.37 per svg.!



with Bacon

Ready-to-heat (no need to add water), exclusive recipe made with tender and succulent clams with a smokey hint of bacon. Approx. 7 svgs.

4 lb. bag

#2757....\$16.99 | Just \$2.43 per svg.!



Hearty Steak & Spud Soup

USDA beef, Northwest potatoes, rich beef stock and garden vegetables. Our lower-sodium recipe has only 3q. fat per serving. Approx. 7.5 svqs. 4 lb. bag

#2322...\$15.99 | Just \$2.28 per svg.!



Maine Lobster Bisque Soup

A perfect blend of minced sweet lobster meat simmered in rich cream and sherry. 8 svgs. heat

4 lb. bag / 8 svgs.

#9166....\$15.99 | Just \$2.00 per svg.!

Use your noodle!



Frozen Homestyle Egg Noodles

America's favorite brand! Thick and hearty. 3 lb. bag

#1407....\$13.99





Frozen Precooked Southern Style Dumplings

Add frozen precooked dumplings to boiling water, broth, soup or stew and cook until heated through (3 to 5 minutes). 3 lb. bag

#2280....\$10.49



HOMEMADE IN MINUTES

When you need dinner on the table fast!

Virginia Blue Ridge Broccoli Cheddar Soup Mix

Beautiful broccoli florets combined with the fresh additions of cream and cheddar cheese to create this decadent classic. Ready in just 45 minutes. Serves 5.

GF 5 oz. bag #2297....\$6.99



HEARTY MEALS

Rocky Mountain Trail Loaded Potato Soup Hearty Meal Mix

Perfectly seasoned creamy and indulgent loaded potato soup, with all the savory goodness and velvety richness of your favorite comfort food. Add bacon, broth, one potato, and cream. Cooks in 1 hour. Serves 8.

GF 8 oz. bag #2301....\$7.99



Kentucky Homestead Chicken & Rice Soup Mix

Thick and hearty classic with poultry herbs for delicious flavor. In only 30 minutes this cozy, home-style meal is ready for the whole family to enjoy. Serves 7. **GF** 4.25 oz. bag #2296....\$6.99





South of the Border **Tortilla Soup Mix**

Zesty Mexican spices, quick cooking dehydrated black beans, peppers and sweet corn. Just add chicken, salsa and tortilla chips for dinner in 30 minutes. Top seller and award-winner. Serves 9.

GF 4.5 oz. bag #2295....\$6.99



Colorado Campfire Chicken Stew Hearty Meal Mix

Blend of peas, carrots, potatoes and white beans with just the right seasoning. Thick and rich enough for a chicken pot pie filling, or add 1-2 cups of broth for a thinner soup to feed up to 10. Add chicken and you'll see why this hearty stew is a top seller. No added salt or artificial anything. Serves 8.

GF 7 oz. bag #2298....\$7.99





beans, diced peppers and sweet potato, and warm chili seasonings. Add chicken and salsa verde for an authentic Mexican meal. 8 svqs.

GF 5.75 oz. bag #2484....\$6.99



Illinois Prairie Corn **Chowder Hearty Meal Mix**

Creamy delight bursting with bright yellow and super sweet corn (non GMO), red peppers and rice. Combine with diced potato and cream to make this top selling and versatile soup the talk of the table. Award winner! Serves 11.

GF 7 oz. bag #2302....\$7.99

texture. Proof and bake.

45 / 6 oz. bowls





Fits 3-6.5 qt. round or oval slow cookers. 6-4 ct. Boxes; 24 liners

#1089....\$14.99 | Just .62 each!





1/4" Diced Tru-Roast Mushrooms

Diced, roasted, moisture-reduced and then frozen so they're ready to use in your recipes. Blend into meatballs, taco, chili, and sauces to reduce calories, sodium, and cholesterol without sacrificing flavor.

GF 2 lb. bag #2222....\$10.99 ****

"I use these mushrooms in so many ways. I throw them in spaghetti, omelets, fry them up with onions and butter for on top of my steak. One of my favorites is to put them in aluminum foil with dry ranch dressing mix, Italian dressing and butter and cook on the smoker with my meat. Sooo good!"

> Lisa Parrow. Britton, SD



"I just love these. It is so handy to have mushrooms any time I want them. I have used them in many dishes and they are a hit."

Beverly Atherley, West Jordan, UT



FLAV-R-PAC

Bring healthy color to your family meals!



Broccoli Florets GF 2 lb. bag #8197.....\$4.99



Country Trio Colorful blend of sweet corn, carrots, and green beans. GF 4 lb. bag #1055....\$8.49



Winter Mix A blend of 60% broccoli cuts and 40% cauliflower florets. GF 2 lb. bag #6388.....\$4.99





5-Way Mixed Vegetables

Blend of carrots, corn, peas, green beans and lima beans. **GF** 2.5 lb. bag #1493.....\$5.99



Deluxe Stir Fry Vegetable Blend

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots. GF 2 lb. bag #5309.....\$5.99



Super Sweet Whole Kernel Corn

Picked at the peak of freshness then flash frozen to lock in sweet flavor, color, and texture. **GF** 2.5 lb. bag #1090....\$5.49



Peas & Diced Carrots

Sweet, tender peas with colorful carrots. **GF** 2.5 lb. bag

#2112....\$5.99

FLAV-R-PAC



Cauliflower Florets GF 2 lb. bag #6383....\$5.49





Brussels Sprouts GF 2 lb. bag #6381.....\$4.99





Sweet Mini Corn on the Cob GF 2-12 ct. bags. / 24 ct. #4655...\$10.99





Fajita Blend

Onion strips, with red, green and yellow bell pepper strips. GF 4 lb. bag #2069.....\$8.99













Gourmet Whole Green Beans GF 4 lb. bag #3781.....\$8.49



Asparagus Spears Medium IQF Grade A, 5" spears. **GF** 2.5 lb. bag #3127....\$16.99





Cut broccoli, cauliflower, and carrots. Certified sustainable. GF 4 lb. bag #1346....\$9.99



Garden Blend Blend of broccoli, cauliflower, green beans, carrots, zucchini, yellow squash, and red peppers. **GF** 4 lb. bag #3221....\$8.99



FLAV-R-PAC **Normandy Blend**

Blend of broccoli, cauliflower, sliced carrots, zucchini and yellow squash. GF 4 lb. bag







Chalet Garlic Butter Vegetables Broccoli and cauliflower florets, with julienne orange and yellow carrots in a sauce of butter, roasted garlic, salt and pepper.

GF 2 lb. bag #7791.....\$7.49

#5520.....\$6.99



Baja Vegetable Roast

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.

GF 2 lb. bag #5353.....\$7.49

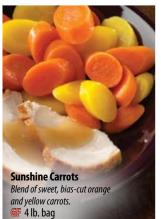


Petite Peas GF 2.5 lb. bag #6208....\$5.99



Yellow Squash, Sliced GF 2 lb. bag #7860....\$4.99







Exotic Grains & Fire Roasted Vegetable Blend

Red & brown rice, black beans, roasted sweet corn, red quinoa, tomato, peppers, onion, and amaranth, and southwestern seasoning. **GF** 2.5 lb. bag

#1690....\$13.99



Simplot

Roasted Mediterranean Vegetable Blend

This blend of flame-roasted yellow and green zucchini, onions and bell peppers with carrots and green beans is seasoned with olive oil and a savory Mediterranean seasoning. Great as a side or in soups or lasagna. **GF** 2.5 lb. bag

#2242....\$9.99



Simplot

Roasted Vegetable & Pasta Blend

Delicious pasta and vegetable blend roasted with an herb and garlic seasoning. 2.5 lb. bag

#1297....\$8.49



**** "These are the best hash browns around! They always cook up perfect no matter what I do with them. From Funeral Potatoes to a breakfast side, they are always great to keep on hand!" Emily Young, Vernal, UT

Photo shows recipe suggestion. Simplot **RoastWorks Baby Baker Halves**

**** "These are so tasty! Perfectly seasoned bitesize potatoes as a side dish! We roast them in the oven and love them dipped in sour cream!" Sharon Sachs, Thermopolis, WY

with Parmesan and Herbs

Fresh roasted potato flavor in a miniature size. seasoned to perfection with herbs and parmesan. **GF** 2.5 lb. bag

#1985...\$9.49



Cross-Trax® Waffle Fries Skin-on, ready to cook criss-cut potatoes. Frozen. Bake or fry. 2.5 lb. bag #2416....\$11.99





Cracked Black Pepper Fries with Sea Salt & Garlic Seasoned French Fries Skin-on, bake and fry. **GF** 3/8" 5 lb. bag #1299....\$11.99



thin-cut fries perfect as a side or appetizer. 5 lb. bag #1762....\$14.99



Smiles® Shaped Potatoes Fun, smiley-faced battered mashed potatoes. Bake or fry. CN label. 4 lb. bag #2417....\$12.99





Redstone Canyon Spiral Cut Fries Light seasoned batter coating. Bake, or fry. CN labeled. 4 lb. bag #2419....\$9.99



Crispy Bakeable Seasoned Skin-On Potato Wedges Skin-on potato wedges coated in a seasoned red batter to deliver crisp texture and more flavor with lower sodium. GF 5 lb. bag

#2672....\$13.99









SIDES | FROZEN

Simplot

Roasted Maple Sweet Potatoes

Roasted sweet potatoes seasoned with olive oil, maple and brown sugar. **GF** 2.5 lb. bag

#2282...\$12.49





Golden Crinkles French Fries

Grade A, crinkle-cut potatoes. O Trans Fat. Value size bag. GF 8 lb. bag #1120....\$11.99





Photo shows recipe suggestion.



♦ Loaded Baked Potato Pierogies

Sharp cheddar cheese, sour cream and chives, whipped potatoes seasoned with bacon Frozen. 6 lb. bag

#4991....\$20.99

Potato & Cheddar Cheese Pierogies

Tender pasta dumplings filled with a creamy blend of mashed potatoes and Cheddar cheese. Boil, pan fry, oven bake, deep fry or steam.

6 lb. bag

#5621....\$17.99

Compare to Schwan's Pierogies at \$4.00 per lb., and save .83



LambWeston

Roasted Garlic Mashed Redskin Potatoes

Creamy "skin-in" redskin homestyle mashed potatoes blended with real roasted garlic. Frozen. GF

3/4 lb. bags (12 lb.) #**7944....\$30.99**





Piccadilly Old English Style Fries

Authentic batter-dipped English-style fries. Bake or deep fry. 5 lb. bag

#6761....\$13.99





LambWeston

Redskin Salad Dices 5/8" cubed potatoes. GF 6 lb. bag

#2028...\$13.99



Roasted Redskins with Rosemary Seasoning Red potatoes lightly seasoned a blend of rosemary,

garlic, and onion flavors. **GF** 2.5 lb. bag #2068....\$6.99

WILD BLUEBERRY LEMON BLENDER PANCAKES



Due to crop challenges, this product may be temporarily unavailable or orders may be filled with a cultivated blueberry product.

2 cups rolled oats (#1068) 3⁄4 cup low-fat milk or almond milk (#1457) ½ cup plain, 2% Greek yogurt 2 eggs 2 Tbsp pure maple syrup 2 tsp baking powder (#2847) 1/2 tsp baking soda (#2848) 1 tsp vanilla (#6702) ¼ tsp salt (#1146) Juice and zest of a small lemon 1 cup Wyman's Wild Blueberries (#1218)

Add oats to a high-powered blender and blend until flour-like consistency. Add remaining ingredients (except for blueberries) and blend until well-combined. If batter is too thick, add an extra splash of milk. Let batter sit while you preheat skillet. Heat a skillet or griddle over medium high heat. Grease with a little butter, oil, or cooking spray. Drop ¼ cup batter for each pancake. Immediately top with blueberries. Cook for 2-3 minutes, flip, and cook on the other side for a couple more minutes until cooked through. Serve topped with thawed wild blueberries and maple syrup.

Recipe by Charlotte Martin MS, RDN, CPT



Fresh-frozen fruit is always in season!

No sugar added just natural sweetness.







Triple Berry Blend Sweet, colorful blend of blueberries. raspberries, and blackberries. € 3 lb. bag #1215....\$12.99



betterbody

Easy ways to make your meals more nourishing.



LIVfit Superfood Organic **Antioxidant Fruit & Fiber Blend**

This mix of fruits, veggies, and plant-based proteins has a neutral, unsweetened taste. Six grams of protein, 5 g. Fiber, plus three different super fruits, and 1,000 mg omega 3. **GF** .8 lb. bag

#1539....\$14.99



Naturally Refined Organic Coconut Oil

Use small amounts of coconut oil to thin chocolate for dipping. GF 28 oz. jar

#8287....\$7.99



Oatsome Oat Milk

Non-dairy, smooth, creamy beverage that has the ability to froth too. Organic, nut-free, non-GMO, and vegan. 12 month shelf life. 4 svgs. **GF** 6/1 L. case

#1907....\$17.99



Naturally Refined Avocado Oil GF 1000 ml/33.8 oz. bottle #3516....\$15.99 | 47¢ per oz.



Sunrise Fruit Medley

Peaches, Strawberries, Honeydew, Pineapple and Blueberries.

GF 5 lb. bag

#4985....\$14.99



Uniform, blemish-free, Grade A IQF peaches.

GF 5 lb. bag

#7841....\$14.99



Mango Berry & Wild Blueberry Blend

Mangoes, strawberries, and wild blueberries.

GF 3 lb. bag

#9221....\$11.99



Mango Chunks

Sweet chunks, perfect for colorful fruit salsas.

GF 3 lb. bag **#2655**...**\$9.99**



Tropical Berry & Coconut Blend

Vibrant, juicy mango and pineapple chunks, strawberries, and coconut chunks. Delicious in smoothies!

GF 3 lb. bag **#2658....\$11.99**



Dark Sweet and Red Tart Cherries GF 2 lb. bag #1217....\$9.99





Tropical Gold Pineapple Chunks

Picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.

GF 5 lb. bag

#3002....\$14.99





Sliced Bananas GF 5 lb. bag

#2835....\$12.99





Chef-Ready Diced Strawberries

Premium-quality sweet strawberries, perfect for fruit salsas, drinks, and jams. **GF** 2/5 lb. bags

#2832....\$29.99



Raspberry Crumbles

100% raspberry pieces minimize crushing for deliciously fruity jams and baked goods. **GF** 2.5 lb. bag

#2830....\$9.99

Save 15% when you buy by the case of 4 bags at alisonspantry.com.





Less sugar, more healthy fats!



Monk Fruit Zero Calorie Sweetener

100% Natural and low glycemic. Use just like Sugar (1: 1 Ratio), No Aftertaste. No blood sugar crash! **GF** 16 oz. bag

#1745....\$13.99



LIVfit ™ Superfood Blend

Fruits, vegetables, vegan proteins, prebiotics, and fiber shown to enhance muscle mass, increase energy, improve cognitive function, encourage digestive health, boost the immune system and fight off aging oxidation of cells in your body. Contains green tea · 100% B6, B12, thiamin, riboflavin · 5 g of vegan protein

GF 12.7 oz. (360 gram) bag #3514....\$15.99



Organic Chia Seeds

High in protein, fiber, and more plant-based Omega-3 than any other food. GMO free. GF 1.25 lb. container

#8941....\$8.99



PBfit Peanut Butter Powder

1/3 the calories and 75% less fat. Non GMO and all-natural. Just peanuts, sugar, salt. **GF** 30 oz. jar

#3521....\$14.99

Don't miss our new **Prime Rib Hash Bowls** on page 4!



Tortellini Carbonara Bowl

Cheese tortellini, Carbonara sauce, bacon, and parmesan cheese in a convenient heat and eat bowl. 12/6.5 oz.

#1162...Reg. \$39.99 Sale \$37.99 | Just \$3.17 per meal!





Delorio's

9 Slice Cheese Pizza

Authentic, old Italian flavor in an easy, cook-and-serve pizza. Made with 100% real cheese. 24 oz. box

#2553....\$9.99





White Castle Cheeseburgers

Made with 100% beef, these famous little sliders are steam grilled on a bed of savory onions for a flavor you'll crave! 8/2 ct. packs

#1595....\$14.99 Just \$1.87 per twin pack!

Back by popular demand!



Philly Cheesesteak Wrapped Sandwich

The #1 selling philly sandwich in the USA! Made with 100% beef (no fillers) and American cheese, on pillow-soft bread. Microwaveable. 8 ct/2.75 lb box

#2070....\$21.99 | \$2.75 each



crust. Frozen. Microwave or oven bake. 100 ct. bag

#2265...\$12.99







Pepperoni Pizza 5" IW, 12/6 oz. case #6250....\$26.99

Meat Trio Pizza

Sausage, pepperoni and ham. 5" IW, 12/5.44 oz. case #6249....\$26.99





Rip N Dip Pepperoni Stuffed Pizza Ring

Freshly sliced pepperoni and naturally blended cheeses wrapped in fluffy pizza dough. Includes Marinara Sauce dipping cups. 12/8.5 oz. case

#2373...\$38.99 | \$3.25 each



Pepperoni Pizza Pepperoni pizza filling wrapped in

a garlic buttery seasoned crust for a handheld lunch. 4.5 oz. / 17 ct. box

#1282....\$19.99 | \$1.18 each!





Microwave, or heat pouch in boiling water, then slice open and serve.

36/7 oz. pouches #7881....\$48.99 | \$1.36 each



#7401....\$25.99



Bakeable Breaded Mozzarella Sticks

Natural, aged mozzarella in a home style breading accented with Italian spices. 2 lb. bag

#2683....\$13.99



Cream Cheese Breaded Stuffed Jalapenos

Mild jalapeno peppers stuffed with cream cheese and breaded to perfection. 2 lb. bag

#1272....\$14.99

"These are one of my favorite things to have in the freezer. They're so good, and so easy to prepare. No matter how many I make, there are never any leftovers."

Anne Metzler, Riverton, WY



Fresh crinkle cut zucchini slices coated in our crispy butter-golden batter.

#1072....\$13.99



Butter Breaded Mushrooms

Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch. 2.5 lb. bag #1276... \$12.99



These sweet corn kernels coated in crispy batter are the perfect bite-sized snack.

#1274....\$8.99



#1269....\$12.99





Real Wisconsin white cheddar cheese curds battered in Brew City's one-ofa-kind crispy beer batter.

3 lb. bag

#1273....\$20.99





Texas Toothpicks

Thin-cut strips of sweet yellow onions and mild jalapeños coated with a crisp, spicy batter. Great as an appetizer, side, or topping for burgers. 2 lb. bag

#2493....\$10.99





Battered Mac & Cheese Wedges Creamy Cheddar cheese mixed with stick macaroni in a crispy Cheddar batter. 3 lb. bag

#1271....\$19.99







Biscuits & Gravy!

Bridgford

Buttermilk Biscuits

Fluffy, home style biscuits.
Microwave to heat. IW
72/2.25 oz.

#**5646....\$29.99** | .42 each

SMALLER PACK Buttermilk Biscuits 18/2.25 oz #1321....\$9.99 | .56 each



-luars

Country Sausage Gravy

Ready to heat and pour over biscuits and scrambled eggs, our version of this country classic is chock-full of hearty sausage.

4 lb. baq

#2326...\$15.99





Tuscan Mini Dinner Loaves

Par-baked. Heat for 3-5 min. for a crisp crust. 24 / 4 oz. case

#8196.....\$15.99





Garlic Toast *Real garlic flavor! Bakes in 5-8 minutes.*32 slices / 4 / 8 ct. Bags

#2049....\$10.99 | .34 per slice!



#1686....\$32.99



Rustic Sourdough Pullman Loaves, Sliced

Simple ingredients and a family recipe give this sourdough perfect chewy texture and authentic mild tangy flavor. 2/34 oz. loaves

#1612....\$11.99





Ciabatta Variety Pack

1 doz. 4" x 4" Olive Oil, 1/2 doz. Savory Herb, 1/2 doz. Whole Grain.

24 ct./3.5 oz. case
#5898....\$19.99

Mini Naan Bread
Hand-stretched flatbread made with butternilk and ghee (clarified butter). Save with our bulk case, and use for personal pizzas, tacos, dipping in hummus or oil blends, etc.. Comes frozen.
64 ct. case/5 1/4 x 4 1/2"









shaved. Reduced sodium and free of common food allergens. **GF** 2 lb. pack

#2722....\$19.99



Bridgerland Deli Craft Oven Roasted Turkey Breast, Sliced

Mouthwatering, oven-roasted turkey breast, trimmed to 99% fat free. Reduced sodium. Ships frozen. GF 2 lb. pouch

#2100....\$13.99





Sweet, honey-cured ham, with delicious hardwood smoke flavor from Lower Foods state-of-the-art process. Ships frozen. GF 2 lb. pouch

#2101....\$14.99

Products show a fresh use-by date on the packaging. Because we ship them frozen, this date is extended by 365 days. Once thawed and refrigerated, they have 75 days UNOPENED; 5-7 days after opening.





Uncrustables

Soft, crustless 51% wheat bread sandwiches filled with creamy peanut butter and sweet Smucker's jelly. IW 18/2.6 oz. box

#3119 Peanut Butter & Grape Jelly \$17.99 | \$1.00 each

#3120 Peanut Butter & Strawberry Jam \$20.99 | \$1.17 each

Uncrustables Peanut Butter & Honey

Sweet and smooth honey spread meets rich and nutty Smucker's® Peanut Butter in a crustless whole wheat sandwich.

2 oz. / 4 ct. box #1437....\$4.99

Grape Uncrustables 72/2.8 oz. IW #7579.....\$52.99 | .74 each

Strawberry Uncrustables 72/2.6 oz IW 290....\$53.99 | .75 each



JIF to Go Cups This size case is not available in stores. **GF** 1.5 oz. cups/36 ct #8390...\$18.99 Just .53 each!



Jif Family Size Creamy Peanut Butter **GF** 4 lb. can #2913....\$11.99



Nutella Spread Velvety hazelnut spread. **GF** 26.5 oz. jar

#7338....\$9.99



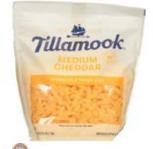
All cheese products will ship frozen.



Folios Parmesan Cheese Wraps

Lightly baked sheets of cheese. Recipe ready to crisp, wrap, roll or melt for carb-free, high-protein meals.

GF 10/1.5 oz. pouch #1719....\$14.99



Tillamook

Medium Cheddar Shredded Cheese GF 2.5 lb. bag #1866....\$13.99





Shredded Cheddar Jack Cheese

Fancy shredded blend of cheddar and Monterey Jack cheese. **GF** 2.5 lb. resealable bag

#1860....\$11.49





NEW! Grated Parmesan Cheese

The sweet, mellow, nutty flavor of this perfectly mature cheese makes it a Sartori favorite. 8 oz. bag

#2599....\$4.49

Cinnamon Rolls

Frozen proof-and-bake cinnamon roll dough with homemade flavor. Frozen. 60 / 4 oz. rolls #9134....\$38.99

Alisons Pantry

Cream Cheese Icing

Comes frozen. GF 3 lb. tub #8388....\$13.99



Frozen: thaw & serve. 3 lb. 5 oz. tub / 120 ct. #1350....\$15.99



Uncle Denny's Gourmet Caramel Topping

Stir this thick, creamy gourmet caramel topping into fluffy popcorn for the easiest Caramel Corn recipe ever, or package with an apple for a darling gift. 17 oz. jar #**7894.....\$6.49**



Bridgford

Cinnamon Monkey Bites

Tender bite-sized pull-apart pieces of sweet bread coated in a sticky cinnamon glaze. Frozen. Ready to heat and eat! 5/32 oz. trays

#2052....\$32.99

White Flat Icing

Professional, squeezable shelfstable white icing for drizzling over turnovers, etc.. Dries solid and not sticky.

GF 2 lb. tube #1910....\$5.99



Yeast Raised Donut Rings

Donuts are frozen. Thaw, proof, and fry in oil. 100/2 oz. rings

#7151....\$29.99







Fruit Turnovers

Flaky pastry wrapped around premium fruit fillings. Thaw & bake pre-proofed product. Drizzle with #1910 White Flat lcing. 60/4 oz. case

- ♦ Cherry #1889....\$40.99 Just 68¢ each
- ♦ Apple #1199....\$32.99 Just 55¢ each



Strawberry/Cream Cheese 'Strudel Bites' Pre-Sugared

Thaw and bake. 252/.8 oz. case #2106....\$36.99









Chocolate Chunk Cookie Dough Premium cookie dough with homemade flavor.

Easy place-and-bake portions. 60 ct. / 1.5 oz.

#2610....\$23.99 | .40 each



FREE OFFER

Purchase \$15 in Fieldstone products and qualify to receive a free 24 ct. box of Nutty Buddy Wafers. Use Code #1425.





#6917....\$34.99

Nutty Buddy Wafer Bars

Layers of real peanut butter with light, crisp wafers are covered in a delicious fudge coating. Individually wrapped. 24 ct. box.

#6190....\$5.99 | .25 each



Oatmeal Cookies with Crème

Two oatmeal cookies are sandwiched together with vanilla crème filling. 24 ct. box #7036......\$5.99 | .25 each

Premium Original Granola 50 oz. bulk bag #5768....\$14.99



Frosted Mini Donuts

Six mini cake donuts with fudge icing per pkg. (72 mini donuts)

#1769....\$9.49 | .79 per pack



Cosmo Blast Brownies

Dark, chewy generously-sized brownies topped with fudge icing and colorful candy coated chocolate pieces. 6/4 oz. brownies

#1768....\$4.99







CREAMIES

Chocolate Dipped Cherry Ice Cream Bars

Creamy, cherry-flavored ice cream bar dipped in a rich chocolate coating. GF 6 ct. box

#1105....\$3.99 | .67 per bar

Or, save 20% when you buy by the case of 12 on our website!



CREAMIES

Cookies & Creamies Ice Cream Bars

Made with real cookies and real cream, you won't believe this flavor is still 33% less fat than regular ice cream.

#1104....\$3.99 | .67 per bar

Or, save 20% when you buy by the case of 12 on our website!



CREAMIES

Ice Cream Bar Variety Pack

Premium ice cream bars so rich and creamy, you won't believe they're also 33% less fat than regular ice cream! Assorted pack of chocolate, banana, and orange flavored bars. **GF** 30 ct. / 2.25 oz. bars

#2152....\$15.99 | .53 per bar

CREAMIFS

Ice Cream Bars

Creamies top 2 bestselling flavors! Premium ice cream bars so rich and creamy, you won't believe they're also 33% less fat than regular

GF 24 ct. / 2.25 oz. bars \$13.99 | .54 per bar

♦ #2153....Banana

Made with real banana puree for a fresh, mild banana flavor that no one has been able to duplicate.

♦ #2154....Chocolate

Made with rich cocoa and real milk.

Last month to order **Creamies until next year!**

CREAMIFS

Mint Chocolate Dipped Ice Cream Bars

This mint chocolate dipped low-calorie ice cream bar quickly became a fan favorite for Creamie lovers GF 6 ct.

#2155....\$3.99 | .67 per bar

Save 20% when you buy by the case of 12 at alisonspantry.com.



Last month to order!



Icee Float Cup, Cherry Vanilla

Creamy vanilla ice cream swirled into classic cherry Icee. **GF** 12/10 oz. cups

#2710....\$24.99 | \$2.09 each

Last month to order!



Otter Pops Original Ice Pops

Variety pack of freezer bars in the following flavors: Louie-Bloo Raspberry, Strawberry Short Kook, Sir Isaac Lime, Alexander The Grape, Poncho Punch, and Little Orphan Orange.

GF 100 ct. / 1 oz. Box

#1504....\$9.99 | Just .10 each!

Last month to order!



Kool Pops Giant Freezer Pops

King-size assorted freezer pops in lemon lime, grape, orange, tropical punch, berry punch, and strawberry flavors. **GF** 27 ct./5.5 oz.

#1505....\$13.99 | .52 each

Last month to order!

Minute Maid Soft Frozen Strawberry Lemonade Tubes

Sweet-tart Minute Maid strawberry lemonade frozen into a push-up tube for a perfect summer refresher. Ready to eat! Keep frozen. GF 24/4 oz. Tubes #2728....\$25.99

\$1.08 each!



Sqwincher Sqweeze Assorted Electrolyte Freezer Pops

Not just sugar water! No HFCS, lower sodium, and more potassium for serious hydration. 10 pops in 5 flavors: orange, mixed berry, cherry, grape and lemon-lime. **GF** 3 oz. / 10 ct. bag #1071....\$4.99

trü frü Nature's Fruit in Chocolate

Whole fruit, hyper-chilled (frozen) to lock in flavor and nutrition, then immersed in white and dark chocolate. Made with clean, non-GMO ingredients--only fruit and chocolate! Just 90 calories per servina!

GF 8 oz. bag....\$7.99

- #1097 Cherries in White & Dark Chocolate
- #1099 Raspberries in White & Dark Chocolate

Don't miss our new Tru Fru **Bananas with Peanut Butter** & Dark Chocolate on page 5.



Last month to order!



Edward's Key Lime Premium Pie

Creamy pie made with real Key West lime juice and no high fructose corn syrup, artificial flavors, or dyes.

#1611...\$9.99 | Just \$1.25 per svg.

Saigon Cinnamon

The high concentration of oil in Saigon Cinnamon adds dense, warm flavor to dishes.

GF 1 lb. bag

#3626....Reg. \$11.99 | Sale \$9.99

"The Saigon Cinnamon has a rich and sweet flavor. I'm a coffee drinker and every morning in my one cup of coffee has a healthy dash of the AP. Saigon Cinnamon. It lowers your blood sugar as well as other health benefits.



Chili Seasoning

Add this blend to tomato sauce, kidney beans, and meat (if desired) for just the right amount of kick for robust chili.

GF 1 lb. bag

#1015....Reg. \$6.99 | Sale \$5.99

"This good seasoning is not just for your chili! Add 1 cup frozen corn and 1-2 teaspoons AP Chili Seasoning Mix (#1015) to a batch of Krusteaz Cornbread Mix (#2130). Bake as directed. Sprinkle with shredded cheddar cheese while hot. Yummy! Also try sprinkling a little in your morning eggs with green peppers, onions and shredded cheese with ham to add a little zip to that delicious omelet."

Kathy Deleeuw, Salem, UT



Turmeric

One of the healthiest spices, turmeric adds color and aroma to dishes, and also imparts a host of medicinal benefits. GF 1 lb. bag

#1832....Reg. \$7.99 | Sale \$6.49

"I started cooking with turmeric when I learned about its health benefits. We love adding this to eggs, soups, and sauces."

Kayla Janikowski, Hettinger, ND

Fresh flavor! OUR BULK SPICES MEAN BIG SAVINGS.

All spices sold in 1 lb. bags unless otherwise noted.

MENU ESSENTIALS

Ali's Essential Season-All Blend GF	#2478	\$7.99
Applewood Seasoning Rub GF	#5990	\$7.99
Bay Leaves, ½ lb. 🔐	#1753	\$12.99
Celery, Diced, ½ lb. 🔐	#3232	\$7.99
Chili Powder, Mild 🔐	#1014	\$8.49
Cumin, Ground &F	#1442	\$8.99
Garlic and Herb Seasoning 6F	#5408	\$7.99
Garlic Granules GF	#1948 Sale	\$12.99 \$10.99
Garlic, Minced GF	#1020	\$12.99
Garlic Powder 🔐	#1021	\$12.99
Garlic Salt, Classic 🔐	#1019	\$5.99
Garlic Supreme 🔐	#2592	\$10.99
Mustard Seed Powder @F	#1428	\$7.49
Onion, Chopped 🔐	#1026	\$7.99
Onion Salt, Classic Blend 🔐	#1024	\$5.99

\$7.49 \$6.49 \$12.99 \$8.99
\$8.99
70.77
\$10.99
\$7.99
\$15.49
\$15.99
\$15.49
\$5.99 \$4.99
\$6.99
\$6.49
\$7.99 \$6.49
\$7.99



Cinnamon Vanilla French Toast Sugar

This blend made of Saigon Cinnamon, sugar and vanilla flavoring is heavenly on toast, sprinkled on cookies, pies. or quick bread batters, or caramelized on fresh peaches. GF 1 lb. bag

#1536....Reg. \$5.99 | Sale \$4.99

Clear Round Spice Containers

Black Lid 8 oz., 5" tall

#1233.... \$1.49

"I love the vanilla flavor in this blend. You can tell the cinnamon in this blend is high quality as well. I love to use Cinnamon Vanilla French Toast Sugar as a coating on churros, popcorn, muffins, crepes, oatmeal and of course French toast!"

Mary Rogers, Fernley, NV



Sea Salt

Healthy alternative to more-refined table salt.

GF 16 oz. container...**\$4.99**

- #1146 Fine
- #1147 Coarse

SHIRLEY

- Use to replace cream soup in any recipe for a healthier option.
- Used by professional chefs for over 35 years!
- Only 35 calories in a ¼ cup serving!
- Won't curdle or separate in freezer meals.



16 oz. Clear Square Plastic Jar with Shaker Flip Lid #1526....\$1.49

32 oz. Clear Square Plastic Jar with Shaker Flip Lid #1228....\$1.99

Save 30% when you buy jars by the case of 12 at alisonspantry.com.



Whisk Bliss, Gluten-Free

Quick, rich, healthy, and versatile; use Whisk Bliss in place of any cream sauce components in your favorite recipes. **GF** 32 oz. bag

#1980....\$14.99



SPRINKLES FOR EVERY TABLE -

Cinnamon Vanilla French Toast Sugar 6F	#1536 Sale	\$5.99 \$4.99
Everything Bagel Seasoning 6F	#1826	\$8.99
French Fry Seasoning 🔐	#1441	\$5.99

MEAL MUSTS

Baja Chili Lime Seasoning 🔐	#2730	\$11.99
Carne Asada Seasoning @F	#7378	\$7.49
Chili Seasoning Mix	#1015 Sale	\$6.99 \$5.99
Citrus Grill Seasoning	#1754	\$7.99
Emma's Enchilada Seasoning GF	#1016	\$5.99
Fabulous Fajita Seasoning 🔐	#1017	\$8.49
Italian 'n Pizza Seasoning GF	#1432	\$9.49
Leah's Lemon Pepper GF	#1022	\$8.99
Montreal Chicken Seasoning @F	#7746	\$7.99
Montreal Steak Seasoning 6F	#1023	\$6.99
Mushroom Soup & Stroganoff 6F	#1672	\$7.99
Olé Taco Seasoning	#1037	\$6.99
Pronto Potato Salad Seasoning	#1820	\$8.99
Sloppy Joe Seasoning Mix 6F	#1035	\$6.99
Superb Spaghetti Seas. Mix 🔐	#1036	\$6.49

Sweet & Smoky Pub Sheet Pan	#2477	\$8.99
Seasoning	Sale	\$7.49
Tuscan Herb Blend Seasoning 6F	#3628	\$9.99

BAKING SPICES

#3626 Sale	\$11.99 \$9.99
#1005	\$9.99
#1420	\$8.99
#1669	\$7.49
#8626	\$14.99
#1012	\$13.99
#1433	\$6.99
	\$ale #1005 #1420 #1669 #8626 #1012

— DIPS & DRESSINGS		
Dilly Dill Dip Mix GF	#1421	\$8.99
Guacamole Seasoning, ½ lb. 6F	#2588	\$5.99
Hearty Vegetable Dip Mix GF	#2217	\$8.99
Italian Salad Dressing Seas. 6F	#1698	\$7.49
Lip Smackin' Chipotle Ranch, ½ lb. GF	#2589	\$7.99
Onion Soup & Dip GF	#1025 Sale	\$7.99 \$6.49
Popeye's Spinach Dip Mix GF	#1423	\$9.99
Rosie's Ranch Buttermilk Salad Dressing Mix &	#1032 Sale	\$6.99 \$5.99
Salsa Seasoning 6F	#1898	\$8.49

Pumpkin Pie Spice 1 lb. bag #1012...\$13.99



Cozy Mulling Spice

Aromatic blend of crushed simmering spices and orange peel. Simmer 1 Tbsp. Mulling Spice per quart of apple cider. Can also simmer in water to use as a spicy air freshener. GF 1 lb. bag

#1009...\$12.99

**** I look forward to buying Cozy Mulling Spice every fall! I love to simmer it on the stovetop with a few orange slices and cranberries. It fills my house with the perfect, spicy scent of the season."

Kim Henke, AP Marketing Director

Garlic Granules

Use 1 tsp. of Garlic Granules for each garlic clove in a recipe and add robust flavor without adding the chunky texture of chopped cloves to sauces or spreads. GF 1 lb. bag

#1948....Reg. \$12.99 | Sale \$10.99





The powdery texture makes this perfect for bread, marinades, or with your favorite vegetables. GF 1 lb. bag

#1027....Reg. \$7.49 | Sale \$6.49

"Great quality powder. I use it to make my world famous house seasoning." Trina, Romeo, Battle Mountain, NV

Rosie's Ranch

Sale \$5.99

Our mix makes a cool, creamy dressing, a favorite dip, or a flavoring for roasted vegetables, meats, breads, and even buttered popcorn GF 1 lb. bag #1032....Reg. \$6.99

"Definitely a pantry staple and something I won't go without! The price, like all AP seasonings is something you can't beat. We use this mixed into sauces or to make homemade dip. The convenience of having it in bulk is that we always have it on hand."

Victoria Reinart, WaKeeney, KS





Onion Soup & Dip

We consider this versatile blend to be a pantry staple! Add this seasoning to meatloaf, stews, pot roast, French Onion Soup, or Creamy Onion Dip.

GF 1 lb. bag

#1025....Reg. \$7.99 | Sale \$6.49

"I use a lot of the Onion Soup & Dip Mix, but I don't use it in just those. I love it on my roasts--beef, deer, pork, and on chicken. It has the best flavor. Then all I have to do is thicken it up and I have an amazing gravy. Add potatoes to it and also with carrots and I have a full meal in a crock pot."

Donn Powell, Vernal, UT



Seasoning Salt

One-stop seasoning blend of salt, sugar, paprika, chili pepper, black pepper, thyme, sage, rosemary, celery, garlic and onion. No MSG. GF 1 lb. bag

#1033....Reg. \$5.99 | Sale \$4.99

"A little bit goes a long way! We use this quite regularly, especially on potatoes. Great value for a great product." Erika Barney, Pingree, ID



Pub Sheet Pan Seasoning

Follow simple instructions on the package to create delicious sheet pan meals with pork, chicken, or turkey tenderloins and root vegetables seasoned with garlic, brown sugar, and savory spices. Make multiple meals with our bulk pack!

1 lb. bag

#2477....Reg. \$8.99 | Sale \$7.49

"My new go-to! This is such a great spice blend... absolutely fantastic on chicken!"

Trinette Ward, Glasgow, MT

FALL FAVORITES



"With fall coming, you will want to keep this mix on hand! It is so yummy and easy. Pop some pecans into the mix to change it up a bit. Super tasty!" Wendy

PLENTIFUL PANTRY

Pumpkin Cobbler All the flavor of pumpkin pie with none of the work. Just add water, butter, and a can of pumpkin. You'll fall in love with this dessert. Serves 9. #5892....\$9.99





Apple Crisp Mix

Juicy apple filling and crumbly topping. Assemble in 5 minutes! Make Yield: 8" x 8" pan; 9 svgs. 10.8 oz. box

#2468....\$9.99



Red Velvet Pound Cake

Just add butter, water, and an egg to bake this moist, decadent classic. Also makes great cupcakes! 12 svgs. 16 oz. box

#2469....\$7.99



Cherry Chocolate Hot Fudge Cake Mix

Just add milk and butter to this easy mix and enjoy decadent results. Rich, gooey, thick and chocolatey cake with a hint of cherry! Yield: 8" x 8" pan; 9 svgs. 19 oz. box

#2467....\$9.99









A. Classic Crème Cake & Muffin Mix

Professional mix for premium cakes. 4 lb. bag #1823....\$7.99

B. Baking Cups

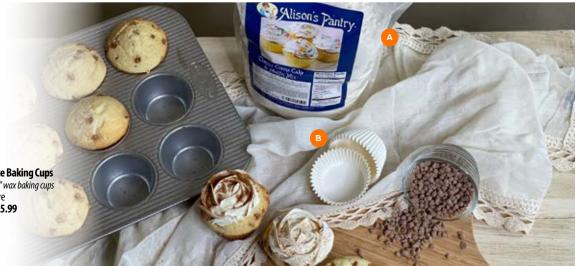
White standard paper baking cups. 500 ct. sleeve

#1646.....\$7.99

• Mini Baking Cups

Use for candy, mini muffins, nut cups, fudge, chocolates, crafts. 500 ct. sleeve #2058.....\$7.99

 Texas Size Baking Cups 23/4" x 17/8" wax baking cups 500 ct. sleeve #1580....\$15.99





Delectable Blueberry Muffin Mix

Customer-favorite mix for tender bakery-style blueberry muffins. 45/2 oz. muffins/4 lb. bag #2308....Reg. \$11.99 | Sale \$9.99 Save 10% when you order by the case of 6 bags at alisonspantry.com.



Scrumptious Raspberry Muffin Mix

Craft fluffy muffins with juicy raspberry-flavored bits. 45/2 oz. muffins/4 lb. bag #2309.....\$11.99

Save 10% when you order by the case of 6 bags at alisonspantry.com.



quick breads. Stir in mini chocolate chips or coconut for fun variations.

5 lb. box #2548....\$14.49





Old Fashioned Buttermilk Pancake Mix

Tasty, old-fashioned, fluffy pancakes and waffles. Yield: 115/4" pancakes. Just add water. 4 lb. bag

#1822....\$6.99

Conestoga Sweet Cream Pancake & Waffle Mix

The touch of sweet cream in this professional mix makes these the best pancakes to grace the skillet. Just add water.

5 lb. bag #7435....\$11.49





Log Cabin Syrup GF 1 gal. jug **#1590....\$12.99**



Gourmet Cream Syrup Variety Pack

Maple Cream, Vanilla Cream, Cinnamon Cream, and Coconut Cream. GF 4/11 oz. bottles

#8012....\$18.99 | \$4.75 each!





Fancy Jam

Made in small batches with premium ingredients.

- **GF** 15 oz. jar **\$5.99**
- #8930 Harvest Peach Cobbler
- #3003 Red Raspberry
- #3005 Strawberry Rhubarb

Back by popular demand!

PLENTIFUL PANTRU

Beer Bread Mix

Just add 12 oz. beer or other carbonated beverage. Recipe variation ideas included on the package. Makes one melt-in-your-mouth loaf. 16 oz. box

#1616....\$6.99



100% U.S. Grade A White Clover Honey with no artificial colors, flavors, or fillers. Cox's Honey has no chemicals, additives, antibiotics, pesticides, herbicides, or pollutants and has not been cooked, pasteurized, altered, added to, or modified in any way.



Raw Creamed Honey

Smooth, creamy premium raw honey. Approx. 54 svgs. **GF** 40 oz. tub #2564....\$13.99



Professional Homestyle Cornbread Mix

Commercial mix bakes fluffy, slightly sweet cornbread with a finer grain. 5 lb. box

#2130....\$9.99



Gluten Free 1-to-1 Baking Flour

Use as a direct replacement for all-purpose baking flour.

GF 44 oz. bag
#1277....\$8.99



Turkey Brand Unbleached Bread Flour

All-natural, unbromated, non-GMO flour made from local wheat.
25 lb. bag
#2285...\$13.99



Saf Instant Yeast GF 1 lb. Package #2446...\$4.99

Mini Poly Treat Bags

Poly .001 mil 4" x 2" x 12". 100 ct. #**7803....\$3.99**

Bakery Bags for Dinner Rolls Poly 001 mil 8" v 4" v 18" 100 cd

Poly .001 mil 8" x 4" x 18". 100 ct. **#4238.....\$5.99**

Bakery Bread Bags

Poly .001 mil bags. 15" length. 100 ct. #**5494....\$5.99**

Bread Bag White Twist Ties

3 1/2", 2000 ct. box **#2057....\$7.99**

rolls. They all thrive on SAF yeast. Recently, we lived away from home and I wasn't able to get my hands on any SAF instant yeast. I was reminded again of what a superior product it is. Easy to use, economical, stores well (I keep my extra bricks in my deep-freeze and have never had it fail me). SAF for the win!"

Miriam Roberts, Frannie, WY

"I have been using SAF yeast for decades in my homemade bagels, breads, and







NEW! Semi-Sweet Chocolate Baking Chips

Highest-quality cocoa butter, unsweetened chocolate, and just the right touch of sugar.

12 oz. Baq

#2781....\$4.49



Milk Chocolate Chips

Sweet baking chocolate made with the highest quality cocoa butter, whole milk powder, and vanilla extract.

§§§ 11.5 oz. bag

#10100....\$4.99



Dark Chocolate Baking Chips

- * No Sugar Added
- *Botanically Sweetened with Stevia
- * Made with Non-GMO Ingredients

GF 9 oz. bag

#1732....\$7.99





Mexican Vanilla Paste

Original Mexican Vanilla

◆ 8.4 oz. **6F** #6702....\$19.99

◆ 16.7 oz. **GF #6919....\$29.99**

baked goods shine.

All-natural, smooth and rich vanilla makes

All-natural. No additives or preservatives. **GF** 8 oz. jar

#6945....\$22.99









Baking Cocoa, 22-24%

Natural, high-fat premium baking cocoa perfect for cakes, cookies, and homemade hot chocolate mixes.

GF 5 lb. bag

#2498....\$24.99



Imitation Almond Extract

Clear, colorless extract with smooth nutty almond flavor.

GF 1 pt. bottle

#1081....\$8.99



Bulk Baking Ingredients





Busy Bee American Clover Honey

Grade A No added ingredients; 100% honey. **■ 3 lb. jug #1148...\$16.99**

♦ 5 lb. jug #1149.... \$26.99

#1625 Durkee Vanilla Clear Imitation Flavoring GF 32 fl. oz. bottle	\$9.49
#2847 Clabber Girl Baking Powder 6F 5 lb. tub	
#2848 Clabber Girl Baking Soda GF 5 lb. tub	
#2849 Clabber Girl Cornstarch 🗲 3.5 lb. tub	\$5.99



Golden Brown Pure Cane Sugar *Nutty, caramel and subtle molasses flavor;*

Nutty, caramel and subtle molasses flavor moist texture.

GF 7 lb. bag **#2261....\$8.99**



Powdered Pure Cane Sugar

Very fine, with exceptionally smooth texture for frostings, glazes, and candy-making.

GF 7 lb. bag

#1151 \$12.99 | 1.85 per lb.



Pure Cane Granulated Sugar GF 10 lb. bag #1632....\$11.49

NEW! GF 25 lb. Bag #**2096...\$24.99**

CRESTWARE

A. Commercial Cookie Sheet (Bun Pan) Aluminum, 18" x 13" #4020....\$11.99

B. Cover for Commercial Cookie Sheet

(fits #4020 only) #3860....\$6.99

C. Quarter Size Sheet Pan

Aluminum, 9" x 13'

#5957.....\$6.99

D. Cover for Quarter Size Sheet Pan

(fits #5957 only) 9" x 13"

#5958.....\$5.99

BAKER'S MARK E. Eighth Size Sheet Pan

Aluminum, 6.5" x 9.5" #2601....\$6.99

Cookie Sheets and Covers should be washed by hand.

F. Cooling Rack

Stainless, fits commercial cookie sheet. One is never enough! 12" x 17"

#1145....\$5.99

G. Silicone Baking Mat

Reusable, nonstick silicone mat fits in our Commercial Cookie Sheet (#4020) and prevents sticking and burning of your baked goods. 16.5" x 11.75". Withstands up to 600°.

#8436.....\$12.99



H. Commercial Parchment Paper

Silicone grease-proof pan liners to line baking sheets, separate foods for freezing, line cake pans, etc. 12" x 16" 100 sheets

#1153....\$9.99

I. Cookie Scoop

Measure consistent scoops of dough for perfectly portioned cookies every time.

#3838....\$7.49



Vegalene® Pan and Grill Spray

This all-natural, zero trans-fat product prevents food from sticking to cooking utensils and dishes. **GF** 21 oz. can

#1212....\$8.99

Buttery Delite®

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads. **GF** 17 oz. can

#1576....\$8.49

Vegalene Grid Iron Release Spray

Achieves a smooth, fast release for waffles (3-5 waffles per spray).

GF 14 oz. can

#1575....\$7.49

Bak-Klene® ZT All-Purpose Spray

Its superior release power assures clean, easy removal of a variety of baked goods from their pans. Like greasing and flouring your baking pans, but SO MUCH EASIER!

> Don't miss our new **Ziploc** Sandwich **Bags on** page 4.

14 oz. can

#5564.....\$7.49





Dawn

Food Film w/Cutter

Commercial grade plastic wrap in an economical foodservice pack. 12" X 2000' Each #6127....\$22.99



CRESTWARE

Flexible Cutting Mats, 6 pk 6 ct. 15" x 12" #3840....\$11.99



Ziploc Bags Variety Pack

Multi-purpose pack of resealable plastic bags; 125-Sandwich, 120-Snack, 52-Gallon Storage, 50-Quart Storage bags. 347 ct. box

#1978....\$22.49 | .06 per bag





Ziploc Smart Zip Gallon Freezer Bags

Double zipper freezer bags. 10 9/16" x 10 3/4" 152 ct. box

#1979... \$23.99 | .16 per bag



NEW! Choice Half size Foil Deep Steam Table Pans

Cook, store, and serve in these durable 35 gauge aluminum foil disposable pans. Holds up to 120 fl. Oz.. 12 3/4" x 10 3/8" x 2 9/16". 20 ct. set #2391....\$14.99

"I love having these on hand! Makes blessing a friend or neighbor with a meal super easy. You don't have to risk not getting your favorite dish back and they don't have to worry about washing and returning!"

Trinette Ward, Glasgow, MT



Kelloggis

Cereal Jumbo Assortment Pack

- 3 Apple Jacks, 3 Corn Pops,
- 3 Rice Krispies, 6 Froot Loops,
- 6 Mini Wheats, 9 Frosted Flakes
- 30 ct. Mini Boxes / 1.05 oz.
- #2713....\$16.99 | .57 each

Back by popular demand!

Gourmet Hunter Mix

Flavorful crunchy mix of sesame sticks, peanuts, sunflower kernels, almonds, cashews, and pepitas all seasoned with a special blend of spices. 23 oz. jar #2408....\$10.99





Double Eagle Silver Dollar Jerky

2 1/2" round jerky.15 oz. of meat. 80 ct. jar...\$18.99

- ♦ #4694 Peppered
- ♦ #4695 Teriyaki
- ♦ #4693 Old Fashioned

Product may be temporarily out of stock due to production

BEEF JERKY



Rice Krispies Treats Minis

The original crispy marshmallow treats in a cute mini size. 50 ct. box

#5378....\$13.99 | .28 each



Classic Chips Variety Pack

Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour Cream & Onion, 4-Lay's Barbecue 1 oz. / 54 ct. box

#4018....\$20.99



Cookie and Snack Variety Pack

Perfect lunchbox portions of your favorite snacks! 9-Mini Chips Ahoy, 8-Nutter Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos.

1 oz. bags / 40 ct. box #1257...\$17.99







Cookie & Cracker Variety Pack

Kid-pleasing pack includes: 12-Cheez-It Crackers, 12 Fudge Stripe Cookies, 9 Scooby Doo! Graham Crackers, 12-Chips Deluxe Mini Cookies

45 ct. box **#4019....\$17.99**





GF 3.2 oz. / 12 ct. Pouches #2544....\$11.49 | .96 each



Berries 'N Cherries Fruit Snacks

Fruit puree is the first ingredient. 100% DV of Vitamin C. **GF** .9 oz. / 40 ct. box

#1288....\$10.49 Just 26¢ each!





Corn Nuts Crunchy Corn Kernels Variety Pack

10-Original, 6-Ranch, 4-BBQ, 4-Chili Picante **GF** 24 ct. / 1.7 oz. pouches

#2400....\$16.99 | .71 each





Goldfish® Cheddar **Snack Crackers** One of America's favorite snacks.

31 oz. box #3097....\$11.99





Goldfish Giant Cinnamon Grahams

Each pack has 2 large cinnamon graham Goldfish. Fun to dunk in milk, or use to scoop applesauce or yogurt. .9 oz. / 50 ct. #1765....\$12.99 Just .26 each!





Super Hero Trail Mix

Roasted peanuts, butter toffee peanuts, Boston baked peanuts, chocolate coated peanuts, yogurt coated raisins, and candy-coated chocolate candies. 16 oz. tub

#1163....\$7.99





Nut Berry Trail Mix

#2076....\$7.99

Dried Cranberries, R&S Almonds and Cashews, Pecans and dried cherries. 14 oz. tub



PREMIUM NUTS & CANDY



M&M's Variety Pack

8 Peanut, 6 Milk Chocolate, 4 Peanut Butter M&Ms Packs. **GF** 18 packs/ 30.58 oz. box

#2081....\$17.99





Creamy cups of peanut butter filling coated in milk chocolate. Individually wrapped. **GF** 105 ct. / .31 oz. cups

#2714....\$13.99



Cinnamon Bears

Childhood favorite chewy hot cinnamon bears.

GF 16 oz. tub #1172....\$6.49



Red Vines Original Red Twists Jar

summer campouts! 3.5 lb. jar

#1617....\$13.99

Chocolate Cinnamon Bears

GF 2.65 lb. bag #1290....\$13.99



Milk Chocolate Almonds

Roasted almonds covered in rich milk chocolate. GF 3 lb. jar

#1619....\$19.99



Alpine Mints

Creamy mint round candy balls with a rich dark chocolate middle wrapped in a fine candy coating. 16 oz. tub

#2035....\$8.99



Dried Cranberries

GF 14 oz. tub #9205 ...\$7.49



Dark Chocolate Espresso Beans

Buzzy espresso beans enrobed in rich dark chocolate. 16 oz. tub

#2525....\$11.99



Dark Chocolate Cranberries

16 oz. tub

#2038....\$7.99



Milk Chocolate Cashews

Fresh, crunchy cashews enrobed in creamy milk chocolate. 16 oz. tub

#2036....\$8.99



Butter Toffee Cashews

Crunchy cashews coated in a buttery toffee glaze. 16 oz. tub

#2043...\$8.99



Butter Toffee Almonds

Crisp almonds coated in a sweet and buttery shell. 16 oz. tub

#2041....\$7.99



Salted Caramel Pecans

Premium pecan halves that are drenched in a rich butter toffee and sprinkled with the perfect amount of sea salt. **GF** 12/1.5 oz. pouches

#2556....\$18.99 \$1.58 each





#9117....\$14.49



Deluxe Mixed Nuts

Roasted and salted almonds, cashews pecans, Brazil and hazel nuts. **GF** 14 oz. tub

#9121\$13.99





HARIBO T

Gummi Bears Family Pack 3 lb. bag #5009....\$10.99



Vanilla Yogurt Pretzels 9 oz. tub #2716....\$4.99



#2263....\$7.49



Chocolate **Fruit Basket**

Tender chewy dried cranberries, apples, blueberries, cherries, and apricots covered in luscious milk & white chocolate.

16 oz. tub #2044....\$9.49





Vanilla Chai Tea Latte Mix

Perfect blend of spices with a delicious vanilla overtone. Enjoy hot, cold, iced, or frozen. Yld: 64 – 1/2 cup svgs. **GF** 3 lb. tin

#1522....\$20.99





Candy Cane This liquid form of the holiday spirit can be enjoyed all year. **GF** 40 oz. tin **#2311....\$13.99**



(Stephen's)

Milk Chocolate The smoothest, creamiest cocoa in the world. GF 40 oz. tin #2310....\$13.99

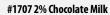


U.H.T. (Ultra High Temperature) Shelf-Stable Milk

> Real, delicious Grade A milk that has all the vitamins and nutrition of conventional pasteurized milk and is ready to use. Stays fresh without refrigeration until the sealed package is opened (approx. 12 months). No preservatives added.

Shelf-Stable Dairy Products

GF 27/8 oz. cartons \$17.99 | Just .67 each!



- #1708 2% Strawberry Milk
- #1709 2% Root Beer Milk
- #1710 2% White Milk



Shelf-Stable U.H.T. Whipping Cream

Keep rich whipping cream on hand for whenever you need it! Store in pantry and chill 8 hours (40 degrees F) before whipping. Approx. 12 month shelf life. GF 27/8 oz. Cartons

#1696....\$35.99 Just \$1.33 each!



GF 2 lb. bag

(45/8 oz. svgs.)....\$8.49

V8 Splash

Refreshing combinations of natural fruit flavors with a 5% carrot juice blend for a deliciously sweet taste.

GF 12/16 oz. bottles



•#1717 Tropical Blend....\$19.99 Just .10 per oz.!

Juicy apples, pineapples, kiwis, limes, and mango paired with carrot juice.



+#1716 Berry Blend....\$18.99 Just .09 per oz.!

The sweetness of apples, cherries, strawberries, red raspberries, and blackberries with carrot juice.



True Lemon Crystallized **Lemon Packets**

Each packet equals one lemon wedge. Adds natural flavor with zero calories to water, recipes, yogurt, or sprinkled over salmon. No artificial sweeteners, flavors, or colors. Allergen free. **GF** 100 ct. box

#1689....\$7.99



Almond Milk

No cholesterol or saturated fat. and is free of dairy, soy, lactose, gluten, casein, egg and MSG. Non-GMO.

Unsweetened Vanilla Almond Milk GF 6/1 qt. case #1457...\$19.99



Nesquik Chocolate Powder

45% less sugar than the leading syrup brand. Provides calcium and 7 essential vitamins and minerals.

44.9 oz. container #2262....\$11.99 | Just .14 per svg.!



Sunny Delight

Tangy Original

#8581...\$15.99

Just 67¢ each!



Country Time Lemonade Flavored Drink Mix

No artificial sweeteners or flavors. Good source of Vitamin C. Yield 34 qts. **GF** 82.5 oz tub

#2536 ...\$14.99 | Just .31 per qt.!





CLUB STORE DIRECT

Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas.

Better quality and larger pack sizes, still at a great value for families!



Italian Sausage & Beef Lasagna

Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen. 2/48 oz. trays

#1279...\$21.49



Bacon Crumbles

100% real bacon. High-quality, fresh pork is slowly smoked over all-natural hardwood chips then crumbled for easy use.

GF 20 oz. bag #1241....\$16.99





Boneless, Skinless Chicken Thighs

Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen. Ready to cook from frozen.

GF 6.5 lb. bag #1317....\$Ž1.49





Soft & Chewy Granola Bars, **Chocolate Chip**

Made with real semi-sweet chocolate chips and whole rolled oats. .85 oz. bars / 64 ct. box #1138...\$14.99





Trail Mix Snack Packs

Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs. GF 2 oz. / 28 ct. box

#4005....\$24.99 | .89 each



100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter. **GF** 3.3 oz. / 44 ct. box

#1821....\$15.99 | Just .36 each!





Walnut Halves & Pieces

Approx. 12 cups of U.S. #1 walnuts for baking and snacking. **GF** 3 lb. bag

#1293....\$22.99



#1 U.S. raw almonds. GF 3 lb. bag

#1294....\$21.49





Fancy Pecan Halves

U.S. #1 beautiful pecan halves for recipes and snacks. GF 2 lb. bag

#1292....\$23.99





Minced Garlic

Grown, harvested, processed and packed in California. Packed in water; recipe ready! **GF** 48 oz. jar

#1289...\$8.99





Foodservice Aluminum Foil 12" x 1000' roll (1,000 sq ft) #1963....\$39.99



Flex-Tech Kitchen Trash Bags 13 gal. bags / 200 ct. box #2777....\$25.99



Salted Sweet Cream Butter GF 4/1 lb. case #1723....\$15.99





The secret ingredient for more flavorful soups.

Granular Flavored Bases

An economical granular meat base. Use in rice or pasta cooking water for extra flavor. 0 trans fat. **GF** 16 oz. jar, yield: 5 gallons....**\$4.99**

- #1040 Chicken
- #1041 Beef

Real 'Meat First' Bases

Professional chef quality. No MSG added. 0 trans fat GF 16 oz. jar, yield: 5 gallons

- ♦ #1038 Chicken....\$8.99
- #1039 Beef....\$9.49





PanRoast Gravy Mixes Real pan drippings and select seasonings create rich, savory gravies. Just add water. 68-2 oz. servings when prepared. 12 oz. bag

- ♦ #2131 Pork Gravy Mix....\$7.99
- ♦ #1254 Turkey Gravy Mix....\$7.99
- ♦ #1253 Chicken Gravy Mix....\$7.99
- ♦ #1255 Country Gravy Mix....\$7.99
- ♦ #1252 Brown Gravy Mix...\$6.99
- ♦ #3586 Beef Gravy Mix...\$6.99

Peppered Biscuit Gravy Mix

20 oz. bag/72-2 oz. svgs. #1525.....\$6.99





Premium Homestyle Mashed Potatoes Made with 100% real Idaho potatoes, milk, and seasonings for creamy comforting flavor. Just add water. Approx. 52 svgs. per bag. **GF** 28 oz. bag









Excel Original Potato Pearls Mashed Potatoes GF 28 oz. bag #4744....\$8.99





10" Spaghetti Noodles 10 lb. bag #1331....\$15.49

Elbow Macaroni Noodles 10 lb. bag #1332....\$15.49

Extra Wide Egg Noodles 5 lb. bag #2479 \$12.99







Deli Containers with Lids

Our Deli Containers make it easy to pack leftovers, salads, cookies, and more.

- +8 oz. #2258.... \$9.99
- +16 oz. #6476.... \$9.99
- 32 oz. #6477..... \$11.99



- #1952 Dream Whip Topping Mix, @ 10.8 oz. bag......\$7.49
- #1913 Jell-O Instant Chocolate Pudding & Pie Filling, @ 28 oz. bag........\$8.99
- #1914 Jell-O Instant Vanilla Pudding & Pie Filling, GF 28 oz. bag......\$8.99









Bob's Red Mill **Quick Cooking Rolled Oats**

100% whole grain and kiln toasted oats, ready to eat in just 4 minutes. 32 oz. bag #2709....\$4.99



Other Containers

#1231 Six-gallon bucket\$9.99 Twister Lids (Fit 5 & 6 gallon buckets)\$7.49 each

♦ #2575 Red

♦ #2576 Blue

The Twister Lid is a heavy-duty ring with a rotating center lid that seals tight or spins to open--much easier than prying off standard bucket lids!

5 Gallon Plastic Bucket with E-Z Open Lid

Made with BPA-free food-grade plastic. Comes with a lid that has an internal gasket for an airtight seal. Holds about 37.5 lbs. #7078.....\$10.99

2 Gallon Opaque White Plastic Bucket with White Gamma lid

2 gallon bucket will hold approximately 15 lb. of dense product. Gamma lid gives an easy airtight seal. #4779.....\$9.99





Puricit® Citrus Air Freshener Eliminate the lingering odors of grease, fish, and even ciaarette smoke! We use this product in all the bathrooms here at Alison's Pantry. 6 oz. can #1579.....\$5.99



Emergency Sleeping Bag

The same mylar material as the emergency blanket, shaped into a sleeping bag to prevent heat loss even more efficiently. Retains 80% of body heat. Wind and waterproof. 84" x 36" #7403.....\$3.99





Jumbo Emergency Flint Fire Starter / Striker

Essential tool for camping, hiking, emergency preparedness, and survival kits. #2151....\$4.99



Sona 4 Wick 48 Hour Survival Candle

Perfect for emergencies, camping, backpacking, hunting, and disaster preparedness. Made from palm and soy wax. Use as a light source, or to warm up to 1 lb. of food.

#1094....Reg. \$7.99 | Sale \$6.99

Save 20% when you buy by the case of 12 at alisonspantry.com.



500 Lumen Power Bank Lantern

A unique 500 Lumen Power Bank Lantern-Flashlight with four different light modes for lantern and an adjustable beam for the flashlight. Includes red flashing light. Hanging hook. Power Bank+ 800 MAH Battery. 5".

#1447....\$15.99



7-IN-1 Survivor Series Camping Tool

High-quality multifunctional camping tool is entirely constructed of stainless steel for longlasting durability. The tool can detach into two separate units so the eating utensils may be used simultaneously as needed, and easily snaps back together for compact storage and organization.

- (1) Spoon
- (2) Can Opener
- (3) Bottle Opener
- (4) Cork Screw
- (5) 4 Prong Fork
- (6) 2-3/4" Clip-Point Saber-Grind Knife
- (7) Tent Reamer
- Nylon Pouch with Belt Loop Included #1446....\$5.99



5-in-1 Survival Whistle with Lanyard

A staple for 72-hour kits, hunting, backpacking, and emergencies. 4 1/2". Functions Include:

- (1) Safety Whistle
- (2) Liquid Filled Compass
- (3) Signaling Mirror
- (4) Water-resistant Storage Container
- (5) Fire Starter Flint

#1452....\$2.99



Help a friend become a new Alison's Pantry Representative and earn \$200! If you refer someone who becomes an Alison's Pantry Rep, we'll apply a \$200 credit to your AP account.



To qualify:

- The referring person must be named on the New Rep's application.
- The new Rep's first order must be above our minimum sales requirement (easy to reach, and we offer lots of training & support!)



580 W. State Street Pleasant Grove, UT 84062 www.alisonspantry.com











