



Alison's Pantry®

FIRST TASTE OF FALL

September is
National Chicken Month!

See pages 10-13.

NEW
Soups for Fall!

See page 3.

JANEY LOU'S
Orange & Raspberry
Rolls are Back!

See page 34.

COVER FEATURES:

#6519 Pierce Boneless Skinless Chicken Breast, pg. 12

#4655 Birds Eye Sweet Mini Corn on the Cob, pg. 25

#6383 Flav-R-Pac Cauliflower Florets, pg. 24



Certain exclusions apply.

Refunds must be requested within 90 days from purchase date. Double your money back guarantee is applied as credit and does not apply to Hot Deal, Pantry Bargain, or other #2 products.

FROM THE FAMILY

Hi everyone!

I hope you're staying safe and healthy during these strange times. As I am writing this, we just celebrated Independence Day! I have to say it was a great weekend and it felt like everything was back to normal for a short while.

By the time you read this, it will be getting close to school season once again. Fall is my favorite time of season as the trees start to change color in the canyons and the weather will be getting cooler. Vivian and I moved into a new neighborhood and it has been so great to get to know our neighbors better. I feel like we already know more of them than the last place we lived. One thing we love to do is host dinners with our neighbors on the weekend. So this will be the perfect time to do that!

We're hoping to get our landscaping done by the fall so we can enjoy the afternoons outside with our dog Dory and she can finally have grass to play on. We know Dory has been missing grass so much. Here is a photo of her after freshly cut the grass at our old house. She is so cute and she is turning into such a sweet dog. We can't wait to have a child so Dory can be a wonderful big sister.

Thank you all for everything you do and please make sure to stay safe and healthy.

Sincerely,
Jesse Kisse



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OUR VISION & MISSION

Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry! We stand behind every product in our catalog. If you are ever unsatisfied with an item, please contact your Representative within 6 months for a 100% refund or within 90 days for a double your money back credit.



How Alison's Pantry works

1

Receive a catalog from your Alison's Pantry Representative or view the catalog on our website.

3

Order is delivered to your Rep's home in about a week after the order deadline.

2

Place an order at www.alisonspantry.com, or with your Rep, by the catalog order deadline printed on the back cover.

4

Pick up your order from your Rep. Enjoy restaurant-quality food from the comfort of home.

Alison's Pantry

580 W. State Street
Pleasant Grove, UT 84062
801-796-6411
Toll Free: 1-866-5-PANTRY
Fax: 801-796-9309

Office Hours: M - F 8:00 a.m. - 5:00 p.m.
www.alisonspantry.com

Prices and products are subject to change without notice. Sales tax will be charged according to your representative's town and state. Alison's Pantry adds 10% shipping to all orders. We reserve the right to substitute items of equal value and quality.

GF = gluten-free TW = individually wrapped

{ offered by the case }



Have you tried an Alison's Pantry product that you love? Why not save a dollar on it the next time you order? We'll add a \$1 credit to your Alison's Pantry account each time you visit alisonspantry.com and leave a product review.

Tell us 1) how you used the product and 2) what you thought about it, and help other customers find new products to love!

We care about your diet needs and want you to have all the information necessary to make your meal decisions.

For more detailed ingredient lists and nutritional information, please visit www.alisonspantry.com and search for any product by product number or name.



Chef-quality chowders and soups from classic recipes with only the best ingredients.

NEW PRODUCTS

NEW! Cheddar Garden Medley Soup
A mix of roasted broccoli, cauliflower and carrots highlighted by the rich flavor of cheddar cheese.
4 lb. bag
#2320...\$15.99 | Just \$2.00 per meal!



NEW! Puget Sound Style Clam Chowder with Bacon
World-famous Northwest-style chowder made with tender, meaty North Atlantic clams and a savory hint of bacon. No fishy flavor!
Concentrate; add 1 qt. water.
Approx. 12 svgs.
4 lb. bag
#2333...\$18.99
Just \$1.58 per meal!



NEW! Hearty Steak & Spud Soup
USDA beef, Northwest potatoes, rich beef stock and garden vegetables. Our lower-sodium recipe has only 3g. fat per serving. Approx. 7.5 svgs.
4 lb. bag
#2322...\$15.99
Just \$2.13 per meal!



NEW! Chicken Coconut Curry Soup
Enticing broth of red curry, coconut milk, lemongrass, ginger, garlic, and Thai basil, along with chicken pieces, carrots, red bell peppers, celery, and bamboo shoots. Approx. 8 svgs.
4 lb. bag
#2323...\$19.99 | Just \$2.50 per meal!



NEW! Zuppa Toscana Soup
Ivar's "Soup of Tuscany" is made with Italian sausage, russet potatoes and kale in a creamy base with chicken stock. Approx. 7 svgs.
GF 4 lb. bag
#2324...\$16.99 | Just \$2.43 per meal!



NEW! Southwest Corn Chowder
Base of chicken stock and cream full of sweet corn kernels, hearty masa dumplings, peppers, Hatch Green Chilies, and jalapeños.
4 lb. bag
#2325...\$16.99
Just \$2.43 per meal!



NEW! Natural Loaded Baked Potato Soup
Thick chunks of potato with natural bacon, cheddar cheese, and tangy sour cream for all the flavor of a fully-dressed baked potato. Approx. 7.5 svgs.
GF 4 lb. bag
#2328...\$16.99 | Just \$2.27 per meal!



NEW! Chicken Tortilla Soup
This popular Tex-Mex classic is made with tender chicken, black beans and roasted peppers, carefully blended with just the right amount of heat.
GF 4 lb. bag
#2321...\$15.99



Since 1983, the family-owned Frontier Soup company has been producing all-natural mixes with no added salt, MSG, or artificial ingredients. They're also certified Non-GMO. Unlike just-add-water mixes, Frontier Soups cut prep time with a mix but produce delicious homemade results when you add simple ingredients like broth, cream, or meat. Recipes and variations noted on back of each bag.



HOMEMADE IN MINUTES

When you need dinner on the table fast!



NEW! South of the Border Tortilla Soup Mix
Zesty Mexican spices, quick cooking dehydrated black beans, peppers and sweet corn. Just add chicken, salsa and tortilla chips for dinner in 30 minutes. Top seller and award-winner. Serves 9.
GF 4.5 oz. bag
#2295...\$6.99



NEW! Kentucky Homestead Chicken & Rice Soup Mix
Thick and hearty classic with poultry herbs for delicious flavor. In only 30 minutes this cozy, home-style meal is ready for the whole family to enjoy. Serves 7.
GF 4.25 oz. bag
#2296...\$6.99



NEW! Virginia Blue Ridge Broccoli Cheddar Soup Mix
Beautiful broccoli florets combined with the fresh additions of cream and cheddar cheese to create this decadent classic. Ready in just 45 minutes. Serves 5.
GF 5 oz. bag
#2297...\$6.99



NEW! Colorado Campfire Chicken Stew Hearty Meal Mix
Blend of peas, carrots, potatoes and white beans with just the right seasoning. Thick and rich enough for a chicken pot pie filling, or add 1-2 cups of broth for a thinner soup to feed up to 10. Add chicken and you'll see why this hearty stew is a top seller. No added salt or artificial anything. Serves 8.
GF 7 oz. bag
#2298...\$7.99



NEW! Rocky Mountain Trail Loaded Potato Soup Hearty Meal Mix
Perfectly seasoned creamy and indulgent loaded potato soup, with all the savory goodness and velvety richness of your favorite comfort food. Add bacon, broth, one potato, and cream. Cooks in 1 hour. Serves 8.
GF 8 oz. bag
#2301...\$7.99



NEW! Illinois Prairie Corn Chowder Hearty Meal Mix
Creamy delight bursting with bright yellow and super sweet corn (non GMO), red peppers and rice. Combine with diced potato and cream to make this top selling and versatile soup the talk of the table. Award winner! Serves 11.
GF 7 oz. bag
#2302...\$7.99



These Carver's Craft meats from Double L Ranch make delicious homestyle dinners a snap. They're fully cooked and perfectly seasoned, and can be boiled in the bag or heated in a crock pot. Serve as a dinner entree, slice on salads, shred for Mexican or Asian dishes, cube for soups, etc. Made with simple, natural ingredients. Free of the 8 common allergens. Watch 1-minute recipe tutorials on our website for mouthwatering meal ideas!



NEW! Fully Cooked Braised Chicken
Tender, juicy braised chicken breast to use in a myriad of recipes. 16-2 oz. svgs.
GF 2 lb. pouch
#2288....\$17.99




NEW! Fully Cooked Roast Beef
Fork-tender beef pot roast in natural juices. Approx. 11-3 oz. svgs.
GF 2 lb. pouch
#2289....\$21.99




NEW! Fully Cooked Braised Pork
Fire-braised, fork-tender pork roast cooked in juices. Approx. 11-3 oz. svgs.
GF 2 lb. pouch
#2290....\$16.99




T.Marzetti
FOODSERVICE

NEW! Frozen Precooked Southern Style Dumplings
Add frozen precooked dumplings to boiling water, broth, soup or stew and cook until heated through (3 to 5 minutes).
3 lb. bag
#2280....\$10.49



PHILLIPS
SWEET PEPPERS

NEW! 1/4" Diced Tru-Roast Mushrooms
Diced, roasted, moisture-reduced and then frozen so they're ready to use in your recipes. Blend into meatballs, taco, chili, and sauces to reduce calories, sodium, and cholesterol without sacrificing flavor.
GF 2 lb. bag
#2222....\$10.99



SupHerb
FRESH

NEW! Fresh Whole Roasted Garlic Cloves
Fresh whole garlic cloves, roasted for maximum flavor, and frozen. Ready to add to recipes straight from the freezer!
GF 8 oz. bag
#2278....\$8.99



T.Marzetti
FOODSERVICE

NEW! Frozen Precooked Elbow Macaroni
Moms will love this precooked pasta that's ready in 10-30 seconds. Perfect paired with Shirley J White Cheddar Sauce Mix.
3 lb. bag
#2305....\$7.99

Stephens Gourmet Hot Cocoa Mix

NEW SIZE! GF 40 oz. can....\$12.99

Gourmet Milk Chocolate Cocoa Bulk Bag
Perfect for your food storage, and for gifts. Use to fill containers and tie with a bow to share with a friend.
y/d: 24 - 3/4 cup svgs.
GF 2 lb. Mylar bag
#6940....\$7.99

Specialty Flavors
GF 1 lb. tin...\$6.99

- #2311 Candy Cane
- #2310 Milk Chocolate
- #5434 Salted Caramel
- #2312 Mint Truffle
- #2306 NEW! Milk Chocolate Marshmallow
- #2307 NEW! Dark Chocolate



Gornaby's Love Cowboy Candy? Try these!



NEW! Cowgirl Kisses
Candied jalapenos pair with sweet pineapple for a "sensually hot, deliciously sweet" relish. Enjoy it on cream cheese, pulled pork, baked beans, grilled chicken, and more for sweet, kicky flavor.
GF 11.5 oz. jar
#2293....\$6.99



NEW! Cowpoke Smoke
Diced, smoked jalapenos combined with onions, garlic, vinegar and red bell pepper, sweetened with non-GMO organic cane sugar. Delicious on roast beef, brats, sandwiches or as an appetizer over cream cheese.
GF 11.5 oz. jar
#2294....\$6.99



NEW! Suckerpunch Gourmet Classic Dill Pickle Spears
Simple ingredients and a signature blend of spices that pack a real punch. Just fresh, crisp cucumbers, vinegar, and spices.
GF 24 oz. jar
#2283....\$7.49



NEW! Sinless Raspberry Jam
All the luscious raspberry goodness without the guilt.
GF #2318....\$5.99

Just 1 gram of carbs!



NEW! Pumpkin Chocolate Chip Bagel Dough
 The sweet taste of fall in tender bagels. Proof-and-bake dough.
 60/4 oz.
 #2317...\$32.99 | Just .55 each!



NEW! Professional Pumpkin Spice Baking Mix
 Enjoy fall's favorite flavor as fluffy pancakes, tender quick bread or muffins. Just add eggs, water, and oil.
 5 lb. box
 #1989...\$13.99



Photo shows recipe suggestion.



NEW! Sanpete Marinated Turkey Breast Steaks

Boneless, skinless turkey breast tenderloin fillets basted in our signature, mild soy marinade. Utah's may know this flavor as "Manti Pageant" turkey. Raw; ready to grill or bake.



◆ #2335 Approx. 2 lb.-2.5 lb. tray...\$16.99
 ◆ #2336 Approx. 2.6 lb.-3 lb. tray...\$18.99



NEW! Roasted Maple Sweet Potatoes
 Roasted sweet potatoes seasoned with olive oil, maple and brown sugar.
 2.5 lb. bag
 #2282...\$12.49



NEW! Chocolate Dessert Whip
 Creamy chocolate whipped cheesecake filling to pipe into tarts, parfaits, and dessert pizzas. Piping tip included in bag.
 24 oz. bag
 #2281...\$13.99

The best way to enjoy a Daelmans Stroopwafel is to warm it up over a steaming hot cup of coffee, hot cocoa, or tea. We call it 'Wake the wafel', a Dutch ritual that will make the caramel filling melt in about 2 minutes into a soft, gooey indulgence.



NEW! Caramel Stroopwafels

Soft, toasted waffle wafers filled with gooey caramel, cinnamon, and real bourbon vanilla. Delicious served with your favorite warm beverage or straight from the box. Imported from Holland. No artificial colors or flavors. IW.
 1.38 oz. / 24 ct.
 #1809...\$17.99 | .75 each
 Compare to .87 each on Amazon!

NEW! Chocolate Caramel Stroopwafels

Soft, toasted chocolate waffles filled with caramel, cinnamon, and real bourbon vanilla.
 12/2 ct. pouches
 #2279...\$17.99



Why are these the best baking pans we've ever used? USA PAN's professional grade bakeware helps everyday home bakers produce professional grade baked goods. They're made from durable aluminized steel with AMERICOAT coating, a natural non-stick and non-toxic silicone that's PTFE, PFOA and BPA free. Each pan comes with a limited lifetime warranty.



NEW! 6-Piece Bakeware Set
 Upgrade your baked goods with this best-of-USA-Pans set made of aluminized steel and coated with AMERICOAT non-stick patented silicone coating. Made without PTFE, PFOA and BPA.
 Large Cookie Sheet: 17 x 12.25"
 Half Sheet Pan: 17.25 x 12.25 x 1"
 12-Cup Muffin Pan: 2.75 x 2.06 x 1.375" in each cup
 1 pound Loaf Pan: 8.5 x 4.5 x 2.75"
 8-Inch Square Cake Pan: 8 x 8 x 2.25"
 Rectangular Cake Pan: 13 x 9 x 2.25"
 #2291...\$89.99

Only available for two months, in Catalogs #9 & 10!



NEW! Fluted Tube Cake Pan

Professional grade aluminized steel pan with patented easy release AMERICOAT silicone coating. Made without PTFE, PFOA and BPA.
 10" x 3.75"
 #2292...\$24.99



NEW! Rectangular Cake Pan with Lid
 Heavy-gauge aluminized steel pan with fluted surface for air circulation and even heating. It also maximizes pan strength to reduce warping. Handled lid fits tightly for easy transport.
 Pan: 13 x 9 x 2 1/4 in. Lid: 13 13/16 x 9 11/16 x 2 1/4 in.
 #1606...\$30.99



NEW! Brownie Bite Pan
 20 wells for 20 bite sized brownies with perfectly crisp edges.
 #1460...\$23.99



NEW! Meatloaf Pan with Insert
 Strong, durable aluminized steel pan to use for bread or, with the easy removable insert, for meatloaf. Insert drains grease away from the meat during cooking.
 10 x 5 x 3
 #1605...\$21.99



NEW! USA Pan Mini Loaf Pans, Set of 4
 Professional aluminized steel offers added strength and even heat distribution for perfect quick breads or mini meatloaves.
 6.125 x 3.625 x 2.25 inches
 #1806...\$19.99



It's been said that to make something this good, you need some kind of secret recipe. But there's no magic in this meat. Just hours of hardwood smoke, a craftsman's touch and 125 years of practice.

BILLIONAIRE BACON

- 1 lb. Daily's Center-Cut Bacon (#3298)
- 6 tablespoons brown sugar (#2261)
- 1 teaspoon cayenne pepper
- 1 teaspoon cracked black pepper (#1029)
- 1 teaspoon red pepper flakes

Preheat oven to 350° and line a baking sheet with parchment paper. Combine dry ingredients and sprinkle over the bacon. Pat onto the slices. Bake for 20 – 30 minutes, until it reaches your desired crispiness.

SAVE \$500



'Center Cut' Bacon Honey Cured
Smoky with the sweetness of a honey cure. Raw. 90 day shelf life.
GF 5 lb.
#3298....Reg. \$29.99
Sale \$24.99



SAVE \$500

#1 Quality Precooked Hickory Smoked Bacon Slices
Keeps 6 months refrigerated, 9 months frozen.
Microwave, heat and eat.
GF 300 slices per box
#4835...\$49.99

Applewood Precooked Bacon
Double-smoked applewood bacon for the bacon connoisseur. Bolder flavor than our #4835 bacon.
GF 300 slices per box
#9137....Reg. \$49.99 | Sale \$44.99



Pioneer Brand 'Big Buy' #2 Bulk Bacon
Full irregular slices layered between wax paper sheets. Frozen.
This is a #2 irregular product that sometimes includes a large amount of fat. Ideal for adding bacon flavor to recipes.
Case will show 'Packed by' date and have 6 months of shelf life past that date.
GF 15 lb. bulk
#3297....\$39.99



Our pork is raised and processed in the USA.



Sliced Canadian Style Bacon
Fully cooked and cut from whole-muscle pork loins. Naturally hardwood smoked with natural juices. Serve warm or cold.
GF 32 slices / 2 lb. pack
#1741....\$13.99 | \$7.00 per lb.



Pioneer Brand Sugar Cured Bacon Bulk Ends and Pieces
Ships frozen. Raw. Case will show 'Packed by' date and have 6 months of shelf life past that date.
This is a #2 irregular product with more fat.
GF 15 lb. bulk
#2899....\$32.99



Thick-Cut #1 Quality Bacon, Raw
GF 24 oz....\$8.99

- ◆ #8464 Deep Applewood Smoked
- ◆ #8465 Peppered
- ◆ #8463 Honey Cured



Pork Sausage Patties (precooked)
GF 96 ct., 2 oz. size/12 lb. case
#4063....\$46.99

Compare our price of just \$3.92/lb. to Schwan's cost of \$5.67/lb. and save 31% with Alison's Pantry!



Skinless Pork Sausage Links (precooked)
GF 240 ct., .8 oz. size/12 lb. case
#5464....\$46.99

Pork Sausage Links (precooked)
GF 240 ct., .8 oz. size/12 lb. case
#4062....\$49.99

Compare our price of just 20¢ to Schwan's cost at 34¢ per link and save 41% with Alison's Pantry!



All-Natural Fully Cooked Turkey Breakfast Sausage Patties

No added hormones or steroids, no nitrates or nitrites added, minimally processed, with no artificial ingredients. 60% less fat than pork sausage.
GF 114/1.4 oz. patties
#1997....\$31.99



Cases will show 'Received' date and have 6 months of shelf life past that date.

Cases will show 'Received' date and have 6 months of shelf life past that date.



Hash Browns Stuffed with Ham & Cheese
Real crispy hash browns on the outside and melty ham and cheese on the inside.
 24 / 3.75 oz. patties
 #2244...\$41.99



SAVE \$200



Sausage & Gravy Stuffed Buttermilk Biscuit
 16/4 oz. biscuits
 #4844...Reg.\$19.99 | Sale \$17.99



Sausage, Egg & Cheese Buttermilk Biscuits
 16/4 oz. biscuits
 #4842... \$19.99



Sausage, Egg & Cheese Croissant
Microwave or oven bake.
 12/4.5 oz. IW
 #4454...\$19.99



Sausage, Egg & Cheese Biscuits
Microwave or oven bake.
 12 ct./4.9 oz. IW
 #5354... \$17.49 | Just \$1.46 each!



Texas Toast, 3/4 Slices
 1 loaf
 #1373...\$3.99

Photo shows recipe suggestion.



Log Cabin Syrup
 GF 1 gal. jug
 #1590...\$12.99



Cinnamon French Toast Sticks
Bake, fry or toast.
 52 sticks / 56 oz. box
 #1499... \$12.99



Homestyle Waffles
 72 ct. waffles
 #1498...\$16.99



Belgium Pearl Sugar Waffles
Pre-baked, yeast-raised waffle dough with caramelized pearl sugar (like waffle trucks!) Light, crispy, and soft. IW.
 10 ct. / 3.17 oz. waffles
 #1811...\$15.99



Egg, Sausage, & 3 Cheese Breakfast Burritos
Stuffed with whole eggs, savory sausage and three velvety, melted cheeses—American, Monterey Jack and Cheddar.
 12/7 oz. burritos
 #4845...\$25.99 | \$2.17 each



POSADA
Egg, Bacon & 3 Cheese Breakfast Burritos
Wrapped in a white tortilla. Microwavable. IW.
 24/4 oz. burritos
 #7419...\$31.49



Bacon, Egg, & Cheese Hot Pockets
Applewood bacon, egg, and low-fat mozzarella cheese in a croissant crust. IW; cooks in 2 minutes.
 4.5 oz./17 ct. box
 #1731...\$19.99



All-Natural Peppered Bacon Wrapped Pork Fillets
 Pork tenderloin fillets (approx. 1/3 lb. each) wrapped in flavorful peppered bacon. Delicious on the grill, baked, or pan-fried.
 GF 6/ approx. 5 oz. fillets
 #2074....\$14.99 | \$2.50 per fillet

Peppered Bacon Wrapped Pork Fillets
 GF 48/ approx. 5 oz. fillets
 #2075...Reg. \$89.99 | Sale \$84.99



SAVE \$5.00



Serve with one of our favorite sides!



#1985 RoastWorks Baby Baker Halves with Parmesan & Herbs, pg. 27



#2242 Simplot Roasted Mediterranean Vegetable Blend, pg. 25



#2282 NEW! Simplot Roasted Sweet Potatoes with Maple Syrup, pg. 5



Smoke Craft Pulled Pork in BBQ Sauce
 Tender roasted pork, hardwood smoked, pulled, and mixed with a legendary BBQ sauce. Reduced sodium. No added MSG. 16/5 oz. servings.
 GF 5 lb. bag
 #2108....\$31.99

Smoke Craft Pulled Pork (Unsauced)
 Fully cooked, naturally hickory smoked pulled pork. Free of the 8 common food allergens as defined by the FDA. No added hormones ever.
 GF 5 lb. bag
 #1677....Reg. \$32.99 | Sale \$30.99



SAVE \$2.00



Savory Sauces

Our signature sweet raspberries and peaches paired with the kick of hot peppers. Twice the fruit and half the sugar of competitors. Excellent paired with pork or chicken!
 GF 12.5 oz. bottle
 \$7.99

- ◆ #1069 Raspberry Chipotle
- ◆ #1070 Peach Habanero
- ◆ #1490 Raspberry Jalapeno



Silver Medal All Meat Hot Dogs
 Larger, 1/4 lb. hot dogs. No MSG added.
 GF 4 per lb./40 ct./10 lb. case
 #1634....\$42.99 | \$1.05 each!



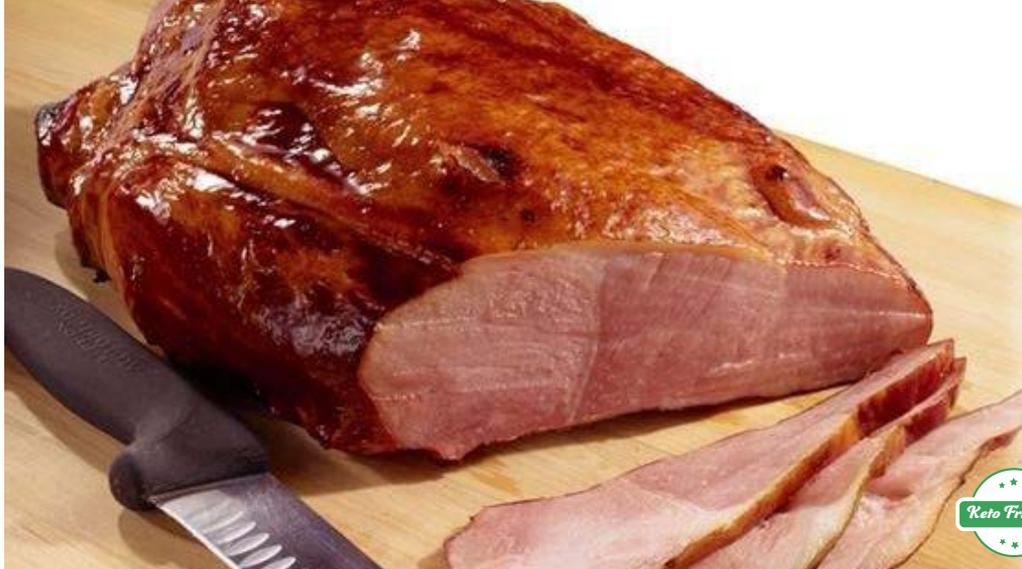
Black Pepper Smoked Pork Rope Sausage
 Fully cooked and perfectly seasoned. One of the top-requested new products shown at our 2019 Food Show!
 GF 2/5 lb. case
 #1920....\$53.99



Bratwurst Minis
 Fully-cooked. Skinless. Approx. 50-3.5" links per package. Oven bake, grill, or griddle.
 GF 5 lb. pack
 #4843....\$22.99



Lit'l Smokies® Cocktail Links
 Pork, turkey, and beef smoked to perfection. Fully cooked.
 GF 3 lb. pouch
 #6042....\$17.99



Smithfield Farmland
PACKAGED FOOD GROUP

CarveMaster Ham

Boneless, natural juice ham, made from only fresh outside muscle, slow smoked with real apple wood. Fully cooked.

- ◆ #7960 7-8 lb. avg....\$37.99
- ◆ #9542 5-6 lb. avg.....\$31.99

Product is frozen before shipping which extends its shelf life for 6-9 months beyond the printed use or freeze by date.

★★★★★

"This ham is so juicy and I love that it's all meat and no bone. So easy to heat up and slices like a dream! Perfect as a main course or in casseroles, soups, pizzas, you name it. A definite family favorite!!"

Becky Price,
AP Regional Sales Manager



Smithfield Farmland
PACKAGED FOOD GROUP

Pork Loin Center Cut Chops

Bone-in, Raw, lean and trimmed. Marinated for added tenderness.

GF 40/4 oz., 10 lb.

#2184....\$49.99

Compare our price of \$5.00 per lb. to Schwan's cost of \$8.00 per lb. and save 38% with AP!



HOLTEN MEATS
FRESH MEATS WITH REAL BUTTER

St. Louis Rib Pork Patty

100% boneless, unsauced quarter-pound pork patty. Specially shaped with raised ribs, just like the ones from a popular fast-food restaurant.

40 / 4 oz. patties

#2094....\$40.99 | Just \$1.02 each!



Smithfield Farmland
PACKAGED FOOD GROUP

Pork Riblets

Raw pork ribs ready to cook. Thaw them and cook in a slow cooker with BBQ sauce or in the oven. These are not meaty like a spare rib; more like individual baby back ribs.

GF 10 lb. case

#1777....\$19.99



Smithfield Farmland
PACKAGED FOOD GROUP

Bone-In Ham Steaks

Fully cooked, hearty ham steaks. Individually vacuum sealed for freshness.

GF Big 1 lb. steaks, 4 per order

#5659....\$22.99



Johnsonville Flavorful sausages wrapped in soft baked rolls. Individually wrapped in microwavable film. Choose from 3 delicious flavors!



Sweet 'n Smokey Sausage in a Soft Baked Roll

Naturally hardwood smoked sausage plus a hint of honey in a soft-textured roll.

Heat and serve.

8/5 oz. rolls

#1365...\$14.49 | \$1.81 each



Smokey Cheddar Pork Sausage Link in a Soft Baked Roll

Naturally hardwood smoked sausage filled with Wisconsin Sargento cheese in a soft-textured roll. Heat and serve.

8/5 oz. rolls

#1362...\$14.49 | \$1.81 each



Smoked Brat in a Soft Baked Roll

Hearty, big-flavored traditional bratwurst in a soft-textured roll. Heat and serve.

8/5 oz. rolls

#1363...\$14.49 | \$1.81 each

SAVE \$100



100% Natural Chicken Breasts
 Boneless, skinless breasts with rib meat. Ice glazed to prevent freezer burn. Raw.
 Irregular, #2 product, packaged under the Sunland label. Size of breast pieces will vary.
 GF 4 lb. bag
 #5513....Reg. \$9.99 | Sale \$8.99



Chicken Breast Tenders (raw)
 Juicy tenders to enjoy in stir fry, fajitas, kabobs, and more. Irregular, #2 product, packaged under the Sunland label. Size of pieces will vary.
 GF 4 lb. bag
 #6829....\$11.99



Maple Pancake with Pork Sausage
 Pork and turkey blend sausage.
 56/2.85 oz.
 #1406....\$32.99



Grilled Chicken Breast Strips
 100% natural chicken breasts are lightly seasoned, grilled. Oven or microwave to heat.
 GF 6/3 oz. servings
 #9210...\$9.49 | \$1.58 per svg.



Breaded Chicken Tenderloins
 All-natural, lightly breaded breast tenderloins. Fully cooked.
 2/4.5 lb. bags /9 lb. case
 #6214....\$39.99



Dino Buddies Chicken Nuggets
 Fully cooked, No artificial ingredients. Frozen.
 5 lb. box
 #1258...\$19.99



Gourmet Honey Apricot BBQ Sauce
 Sweet, tangy barbecue sauce to add signature flavor to baked chicken and pork. Try stirring some into your favorite baked bean recipe!
 15 oz. jar
 #2241...\$5.99

PANTRY BARGAINS

Pantry Bargains are a great way to save money on family favorites! Their special pricing is due to slight irregularities. These #2 products will have variations in size or breading, but they are consistently delicious and always supported by our 100% satisfaction guarantee.



Popcorn Chicken
 Bite sized pieces of all breast meat chicken, lightly breaded for a flavorful golden crunch. Bake or fry.
 2 lb. bag
 #1465...\$4.99



Breaded Chicken Breast Fillets
 Our ready-to-cook breaded chicken breast fillets are a quick and easy addition to any meal. Bake or fry.
 2.5 lb. bag
 #1003...\$7.99



All Meat Premium Corn Dogs
 Plump pork & beef franks. Generous 50/50 meat-to-batter ratio. 60/2.67 oz.
 #1182...\$31.99



Chicken Mini Corn Dogs
 Mini chicken franks wrapped in honey crunch batter. 120/.67 oz., 5 lb. bag
 #1581...\$19.99

★★★★★

"The Chicken Mini Corn Dogs are a kitchen staple! They are my grandkids' favorite. I always have them on hand."
Gayle Taylor,
 Lindon, UT



Stuffed Chicken Entrées feature crispy breaded chicken breast, stuffed with flavorful filling. Just wrap in foil and oven bake from frozen.



SAVE \$2.00

Chicken Cordon Bleu
 Stuffed with smoked ham and swiss cheese. 25/5 oz. box
 #8553...Reg. \$34.99 | Sale \$32.99

★★★★★

"These are my go-to meal on nights I have nothing planned. So delicious and convenient. The chicken is high quality and the sauce and ham filling are flavorful. We love to have these with veggies and rice."
Rachel Hansen, Perry, UT



SAVE \$2.00

Chicken & Country Gravy
 Crispy breaded chicken breast filled with creamy peppery gravy. 25/5 oz. box
 #8559...Reg. \$34.99 | Sale \$32.99



Chicken Kiev
 Crispy breaded chicken breast filled with a butter blend. 25/5 oz. box
 #8561...\$34.99



Chicken Philly
 Filled with green peppers, onions, and cheese. 25/5 oz. box
 #8556...\$34.99

100% Natural. Made With White Meat Chicken. Whole Grain Breading. 0 Grams Trans Fat. No Hormones, Nitrates, or Preservatives. Delicious, grown-up flavors for a healthy indulgence.



All-Natural Chicken, Brie, and Apple Entree
 Sweet apples, cranberries and natural Brie cheese inside chicken breast meat with whole grain breading. Raw. Bake and serve. 2 / 5 oz. entrees | 10 oz. box
 #4849...\$6.99



All-Natural Chicken Creamy Jalapeno Entree
 Spice it up with tender chicken breast meat filled with jalapeños and cream cheese. 2 / 5 oz. entrees / 10 oz. box
 #4850...\$6.99



Cordon Swiss Stuffed Chicken Minis
 Mini Cordon Bleus! Square nuggets filled with ham and cheese. Oven bake. 24 oz. box
 #9062... \$6.99



Jalapeno Stuffed Chicken Minis
 Sticks stuffed with spicy cream cheese. 30 ct. box
 #9060... \$6.99

Visit alisonspantry.com to find Hot Deals like half-price BBQ Chicken Wings, seasoned chicken breasts, and gluten-free options. These limited-quantity products are only available through our website, and the selection changes all the time!





Boneless, Skinless Chicken Breasts

Restaurant-quality, cleanly trimmed. 100% all natural. Plump and ice glazed to prevent freezer burn.

GF 48/4 oz., 12 lb. case
#6519...\$50.99

Compare our cost of \$1.06 per fillet for premium chicken breasts to Schwan's chicken breasts at \$1.80 per fillet and save a whopping \$35.41 per case with Alison's Pantry!



Garlic Butter with Parmesan & Basil

Gourmet, savory real butter recipe.

GF 10 oz. Tub
#8124...\$8.99



CHICKEN ZUCCHINI ALFREDO

- 3 large zucchini
- 3 T Chef Shamy Garlic Butter with Parmesan & Basil (#8124)
- ½ tsp Italian Seasoning (#1432)
- 2 cup half-and-half
- 4 oz. cream cheese, softened
- 1 cup Parmesan cheese (#1683)
- 1 lb. cooked chicken breast (#6519), cut in cubes
- Salt (#1146) and pepper (#1029), to taste



Use a vegetable peeler to cut zucchini ribbons. Set aside. In a large skillet or saucepan, melt Garlic Butter. Add Italian seasoning, half and half, and cream cheese. Stir continuously, until cream cheese is fully incorporated. Add Parmesan cheese and allow sauce to thicken. Then add zucchini ribbons and cook in the sauce for 3-4 minutes. Add cooked chicken and stir to combine. Season with salt and pepper, and serve.



Mediterranean Style Chicken Breast Skewers

Fully-cooked, hearty portions of grilled skewered chicken breast with Mediterranean seasoning.

GF 18/2.5 oz. skewers
#1801...\$27.99



Asiago Breaded Chicken Breast Fillets

Fully-cooked, restaurant-quality solid muscle chicken breast fillets, coated in a chef-inspired Asiago breading. Tender and flavorful.

5 oz. fillets / 2/5 lb. bags
#1685...\$51.99 | \$1.62 per svg.



Homestyle Breaded Chicken Tenderloins

Raw. Fry or bake. Tenderloins carefully cut from the juiciest part of the breast; marinated to keep them extra moist and flavorful.

2-3 oz. size
2/5 lb. bags, 10 lb. case
#6219...\$36.99



Fully Cooked Chicken Fries

White meat chicken in the ideal shape for dunking. Ready to enjoy in minutes from the oven or microwave.

2/5 lb. bags; 10 lb. case
#1618...\$35.99



Breaded Chicken Breast Nuggets

One year frozen shelf life.
.7 oz. size, 2/5 lb. bags, 228 nuggets
10 lb. case
#6220...\$29.99



Chick'n Dippin' Sauce

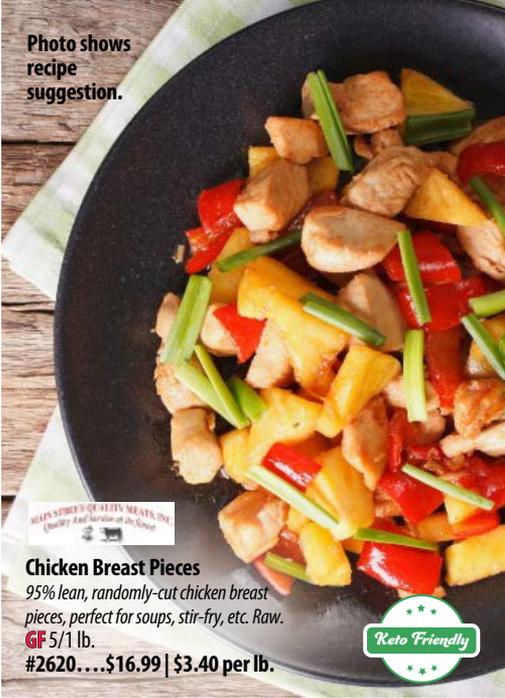
If you like Chick-fil-A sauce, you're going to love this smooth, delicious honey mustard blend for chicken.

17.5 oz. bottle
#7253...\$4.99



SAVE \$2.00

Photo shows recipe suggestion.



Chicken Breast Pieces

95% lean, randomly-cut chicken breast pieces, perfect for soups, stir-fry, etc. Raw. **GF** 5/1 lb. #2620...\$16.99 | \$3.40 per lb.



Seasoned Diced Chicken Breast Pieces

Tender 1/2" pieces fully cooked.

GF 10 lb. case.

#7787...Reg. \$47.99 | Sale \$45.99



POULTRY | FROZEN



Sweetheart Premier Boneless Cook-in-Bag Turkey Breast, Raw

The best and easiest turkey you'll ever serve!

Mouthwatering, tender sweetheart-cut whole turkey breast that cooks right in the bag. No MSG, Gluten Free. Frozen. 10-12 lb.

#4054...\$42.99*

* Sometimes we receive turkey breasts that are smaller or larger than we've advertised in the catalog. Please visit alisonspantry.com and search "Norbest" to see all available sizes.



Tempura Battered Chicken Breast Strips

Uncooked Tempura-battered whole breast meat strips with a light, golden battered coating. 10 lb. case

#7102...\$46.99



Zesty Orange Sauce

The sweet tang of citrus complemented by garlic, soy, toasted sesame and ginger.

0.5 gallon jug

#2989...\$13.99



Sweet & Sour Sauce

Sweet, tangy sauce with chunks of pineapple, diced tomatoes, green peppers and onions.

0.5 gallon jug

#1265...\$13.99



Tempura Chicken Breast Nuggets

Made with 100% breast meat with crispy tempura batter. Par-fried. Fry or bake.

2/5 lb. bags, 10 lb. case

#6838...\$32.99 | \$3.30 per lb.



Breaded Chicken Breast Patties

Breaded chicken breast with rib meat.

45/3.6 oz. size, 2/5 lb. bags, 10 lb. case

#6221...\$28.99 | \$2.90 per lb.



Turkey Pot Roast

Fully cooked chunks of savory turkey thigh meat and gravy in an oven-proof bag for easy reheating.

Approx. weight 4.75-5.25 lb. bag

#8994...\$29.99



#1 Ground Turkey, Frozen

Premium ground turkey is 85% lean / 15% fat.

GF 12/1 lb. chubs

#3568...\$27.99



Black Label Carving Turkey Breast

Fully cooked. No added hormones, no starches added.

1 year freezer life. Approx. 20 servings.

GF 5.5-6 lb.

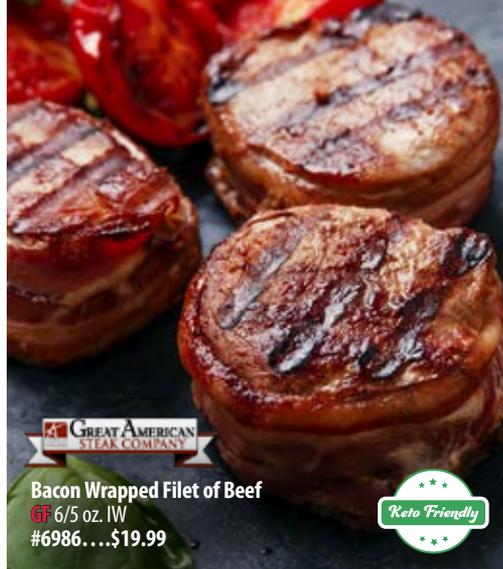
#9197... \$28.99





USDA Choice Seasoned Flat Iron Steaks
 Similar flavor to fillet mignon without the high price tag.
 Cryo-vac'd pkgs.
 GF 12/6 oz. steaks
 #6044.....\$54.99

★★★★★
"Some of the best steaks that I've had in a long time. Very easy to cook on my George Foreman grill--took only 10 minutes from frozen and it was very good."
Ellen Locke,
 Upton, WY



Bacon Wrapped Filet of Beef
 GF 6/5 oz. IW
 #6986.....\$19.99



Add some surf to your turf!



Black Tiger Shrimp
 Tail-on. 16-20. Frozen.
 GF 2 lb. bag
 #2806.....\$24.99



Flavorful. Tender. Juicy.
 Our beef is raised and processed in the U.S.A.



USDA Choice Boneless Beef Rib Eye Steaks
 Tender, thick-cut steaks that'll melt in your mouth.
 GF 2/16 oz. steaks
 #2090.....\$36.99



Certified Hereford Choice Flat Iron Steaks
 Naturally flavorful beef from premium breeding.
 GF 6/8 oz. steaks
 #1554.....\$33.99 | \$5.67 per steak



BIG! Butterfly Shrimp Gold Pack
 Lightly breaded, fries to a golden brown.
 2.5 lb. (15/lb.)
 #4181.....\$31.99



Classic Marinated Shrimp Skewers
 Ready to cook. Griddle or oven bake.
 12 skewers/1 lb. 5.6 oz. box
 #8270.....\$16.99

Deli Craft French Dip Kit

1 lb. oven-roasted whole-muscle USDA Choice beef sirloin, trimmed to 95% fat free, and thin sliced. Reduced sodium. No added MSG. Comes with a 1 lb. packet of Au Jus. Stack on our Tuscan Mini Dinner Loaves (#8196) for hearty French Dip sandwiches.
 GF 2 lb. box
 #2103.....\$12.99



Beef Strips for Fajitas
 Tender strips of choice and select beef for juicy fajitas.
 GF 3 lb. bag
 #2604.....\$23.99

Photo shows serving suggestion with peppers.



USDA Choice Beef Stew Meat
 Tender chunks of Choice beef. Raw; frozen.
 GF 3 lb. bag
 #2607.....\$18.99



Cooked & Peeled White Shrimp, 31/40
 Sweet white shrimp with a firm bite.
 GF 2 lb. bag
 #1812.....\$17.99



Shrimp, Peeled & Deveined
 White shrimp sourced from Indonesia and Vietnam. 26/30 ct. Tail-off. Raw.
 GF 2 lb. bag
 #1545...\$17.99





Country Fried Steak

Raw and breaded. Deep fry for best results. IQF to guarantee freshness. 40/4 oz. steaks, 10 lb. case #4613....\$49.99 Just \$1.25 per steak!

★★★★★

"The chicken fried steak is THE BEST!! My hubby and I used to go to the local restaurant for chicken fried steak. Alison's Pantry's are better than any restaurant ones we have ever had. We like them fried in a skillet with a little oil and topped with homemade gravy. YUM!!!

Sherri Bunn,
Montpelier, ID



Breaded Steak Fingers

One ounce ready-to-dip fingers! 160/1 oz. fingers, 10 lb. case #8565.... \$49.99

BEEF | FROZEN



100% Beef Hamburger Patties

These juicy, 100% pure ground beef patties are great for a quick lunch or dinner. 75/25 lean to fat ratio, with no soy, fillers, additives, or MSG. GF 24 / 4 oz. / 6 lb. case #1075....\$23.99

Jumbo 1/3 lb. Cheddar & Bacon Stuffed Beef Patties

Stuffed with pieces of smoky bacon and shredded Cheddar cheese. GF 6 patties/2 lb. box #8377....\$10.99



Sloppy Joe Meat

Fully-cooked ground beef mixed with a legendary sloppy joe sauce. Reduced sodium. No added MSG. GF 5 lb. bag #2107....\$23.99 | Just \$1.20 per avg.



100% Beef 3-Way Blend Hamburger Patties

Juicy, flavorful blend of USDA ground chuck, ground sirloin, and ground brisket. 80/20. 100% beef, no fillers. GF 40/4 oz. patties #2621....\$53.99 | Just \$1.25 per patty!



Round Ciabatta Rolls

24 ct./4" bun #1051....\$12.99



4" Hamburger Buns

Fluffy, sturdy white hamburger buns for stacking burgers high. 2/12 ct. Bags #2135....\$5.99 | Just .25 per bun!



Quarter-Pound All Beef Franks

6" all beef franks. 100% Kosher beef. No fillers, by-products, artificial flavors, or colors. GF 5 lb. pouch | 20 franks #2765....\$26.99 | \$1.35 each



Cowboy Candy

Diced jalapenos combined with onions, garlic, vinegar and red bell pepper, and sweetened with non-GMO organic cane sugar. Delicious on cream cheese, hot dogs, burgers, or stirred into sloppy joes. GF 11.5 oz. jar #2121....\$6.99



Big Dog Hot Dog Buns

Generously-sized, fluffy buns for your favorite franks. 2/12 ct. Bags #2136....\$6.99 | Just .29 per bun!



NEW! Certified Angus Beef 6" Franks

Uncured, naturally hardwood smoked beef franks. No nitrates, nitrites, or MSG added. No binders or fillers. Certified GF. 10 franks. GF 2 lb. bag #2260....\$16.99 | \$1.70 per frank





Wild-Caught Alaskan Sockeye Salmon Portions
 Skin-on. Individually vacuum sealed. Product of USA.
 GF 4/6 oz. portions
 #2239....\$23.99



SAVE \$100



Pub-Style Battered Cod
 Wild-caught; no artificial colors, flavors or preservatives. Certified Sustainable Seafood. Bake or fry.
 2-3 oz. pieces / 2.5 lb. box
 #2807...Reg. \$17.99 | Sale \$16.99

Sensational Seafood



Pride of Alaska Imitation Crab Meat
 Mildly flavored chunk-style surimi with real snow crab and MSC-certified Alaska pollock.
 4/1 lb. bags
 #2111....\$19.99



Beer Battered Halibut Fillets
 100% natural, untreated, whole muscle fish. Coated with a crisp, Samuel Adams Boston Lager batter.
 2 oz. fillets / 2.5 lb. bag
 #1125....\$39.99



Piccadilly Pub-Style Battered Cod
 White cod fillets dipped in a golden pub-style batter. Bake or deep fry.
 3 oz. portions/5 lb. bag
 #8014....\$42.99



Cod Fillets, Skinless
 Mild tasting, wild-caught cod fillets. Individually wrapped in cellophane.
 GF 5 lb. box
 #8026....\$44.99



Tilapia Fillets
 Premium boneless, skinless Tilapia Fillets. Farm-raised.
 GF 3-5 oz./10 lb. case./Approx. 40 fillets
 #8027....\$45.99



Atlantic Salmon Portions, IQF
 Individually vacuum-sealed portions of Atlantic Norwegian salmon. Boneless, skinless. Processed in Norway.
 GF 4 oz./2 lb. bag
 #8669....\$28.99



Tavern Battered Haddock
 Oven bake or fry. Fry for crispiest results. Approx. 16 fillets.
 2-3 oz. fillets
 2.5 lb. bag
 #8416....\$22.99



Parmesan Encrusted Cod
 All-natural, gluten-free, with no trans fat or preservatives.
 GF 2.5 svgs.
 9 oz. box
 #1063....\$9.49



Wild Pacific Halibut Portions
 Wild-caught, sourced from the Pacific Ocean. Skin-on; sustainably-fished.
 4/4 oz. fillets.
 GF 16 oz. bag
 #8028....\$22.99



DELICIOUS POSSIBILITIES!

SEAFOOD | FROZEN



19
grams of
protein per
serving!

- As a fish taco or tortilla wrap
- Stir fried with vegetables and your favorite seasonings
- In pasta with pesto, garlic and basil
- Added to your favorite soup recipe



Wild-Caught Alaskan Pollock Redi-Cuts

Wild-caught, snowy-white Alaskan Pollock cuts for crafting fish tacos, pasta dishes, and Asian rice bowls. Similar to cod in flavor and texture. Cook these delicate pieces from frozen. GF. 36 oz. pieces / 5 lb. bag #2259....Reg. \$28.99 Sale \$26.99



Ultimate Fish Sticks

No preservatives, no artificial ingredients. Light all-natural breading. Bake or fry. 4 lb. bag | 62 ct./1oz. sticks #2809....\$21.99



Premium Alaskan Salmon Burgers

Salmon patty is made with the finest wild, ocean-caught, deep skinned Alaskan Salmon, herbs and spices. GF 3 lb. bag/12 ct. #2808....\$28.99



Shrimp Scampi

Raw, peeled & deveined shrimp in a smooth garlic butter sauce. Farm-raised. Product of India. 31/40. 1 lb. bag #1927....\$11.99



Honey Jalapeno Shrimp

Raw, peeled & deveined shrimp seasoned with sweet honey and mild jalapeno flavor. 31/40. 1 lb. bag #1929....\$11.99

Moji Sushi Spicy Crab Sushi Rolls

Minced wild caught Alaskan white fish surimi and real crab with carrots, sesame seeds, and kicky sriracha. 8 rolls per tray. 4/6 oz. trays #2248....\$17.99 | Just \$4.50 per tray!

Moji Sushi Classic California Sushi Rolls

Creamy avocado, surimi, rice and sesame seeds. Surimi is minced wild caught Alaskan white fish, real crab, and premium shellfish flavorings. 8 rolls per tray. 4/6 oz. trays #2247....\$17.99 | Just \$4.50 per tray!



Just thaw and serve!



"I was very unsure how these would taste, but I was very pleasantly surprised. These sushi rolls were very good." Ruby Waldron, Nucla, CO

Find more shrimp products on page 14.



Gourmet Seafood & Crab Cakes

Lobster or snow crab blended with premium surimi. 13/3 oz. cakes #8992....\$16.99



Shrimp Poppers

Made from minced shrimp and coated in a special bakeable breadcrumb. 2 lb. bag #4180....\$11.49



McCormick Tartar Sauce

Tangy, cool sauce with mayo, pickles and lemon. No high fructose corn syrup. GF 8 oz. jar #1875....\$3.99



Lemon Dill Butter

Made with 100% Real butter, all natural, and no added flavors or preservatives. Heavenly melted over seafood or vegetables. GF 3 oz. Tub #8879....\$3.99

MAIN STREET QUALITY MEATS, INC.
Quality and Service at its core

Chicken Breast Strips for Fajitas

Lean, raw strips of chicken breast for fajitas or chicken stroganoff.
GF 3 lb. bag
#2609....\$12.99

Keto Friendly

Beef Strips for Fajitas

Tender strips of choice and select beef for juicy fajitas.
GF 3 lb. bag
#2604....\$23.99



8" Flour Tortillas

No trans fat. Frozen.
12-12 ct. bags (144 tortillas)
13.5 lb. case
#4970....\$23.99



Fajita Blend

Onion strips, with red, green and yellow bell pepper strips.
GF 4 lb. bag
#2069.....\$7.99



Keto Friendly

Compare our price of \$2.00/lb. to Swan's Fajita Vegetable Blend at \$5.49/lb. Save 64% with AP!

SAVE \$100

Fabulous Fajita Seasoning

Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of chicken, beef, or pork.
GF 1 lb. bag
#1017.....Reg. \$8.49
Sale \$7.49



Photo shows serving suggestion.



Carne Azteca Beef Taco Filling

Fully-cooked, lean ground beef, lightly seasoned to make tacos, nachos, salads and more! Flavor is mild enough to still add sauces, if desired. Can boil in bag or cook in skillet. No added MSG.
GF 2.5 lb. bag
#2104....\$12.99 | Just \$1.30 per svlg.



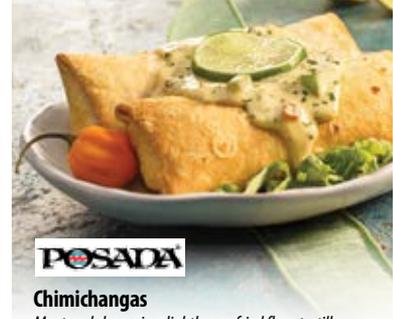
Chicken Mini Tacos

Chicken, red chile, and onions in mini yellow corn tortillas.
4 lb. box
#2109....\$25.99



Shredded Beef Taquitos

Crisp corn tortillas filled with shredded beef; pre-fried. Bake, microwave, or fry.
1.1 oz./48 ct. box
#8269....\$17.99



Chimichangas

Meat and cheese in a lightly par-fried flour tortilla.
12 / 5 oz.
\$18.99

◆ #1873 Shredded Steak & Cheese

◆ #1874 Shredded Chicken



Baja Vegetable Roast

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.
GF 2 lb. bag
#5353.....\$7.49



RoastWorks Flame-Roasted Sweet Corn and Jalapeno Blend

Perfectly flame-roasted sweet corn with white corn and a blend of jalapeno, green onion, garlic, cilantro and seasoning.
GF 2.5 lb. bag
#1984...\$9.49



Raspberry Cheesecake Bites

Sweet and creamy cheesecake paired with raspberry topping in an oven-baked and battered flour tortilla. 24 Bites per box.
4 / 6 ct. bags / 2 oz. bites
#8850...\$19.99



Fresh herbs washed, trimmed, chopped and individually quick frozen, so you can use just what you need and save the rest for later. Don't thaw; measure herbs while frozen and return to freezer quickly for best quality. 2 years frozen shelf life from packaged date. No waste! 100% usable. Non GMO.

SupHerb Farms Fresh Chopped Cilantro

Conveniently add fresh cilantro flavor and color to recipes right from the freezer.
GF 8 oz. bag
#1921....\$8.99



SupHerb Farms Fusions Salsa Blend Herbs

Fresh diced jalapenos, green onion, cilantro, and garlic. Use with fresh or canned tomatoes or diced fruit for salsas. Mix with avocados for guacamole, or stir into taco soup!
GF 1 lb. bag
#1841....\$8.99



★★★★★

"Such a great product to make homemade salsa quickly and easily! 1 1/2 oz. can petite diced tomatoes, with juice; 2-3 Tbsp. SupHerb Farms Salsa Mix; 1-2 packets TruLime or lime juice; Garlic Salt to taste. So economical, and delicious!"

Breanne Harris,
Beaver, UT



Burrito Variety Pack
15 Beef & Bean, 15 Bean & Cheese.
5 oz. / 30 ct.
#7368....Reg. \$24.99 | Sale \$22.99



Carne Asada Steak
¼" cubes, raw, diced,
unseasoned flavorful beef eye
of round for traditional Carne
Asada. Pair it with our Carne
Asada Seasoning (#7378).
GF 2/1.5 lb. pkgs.
#1755....\$17.99



Beef Tamales
Savory shredded and ground beef filling, chili peppers, and spices,
wrapped in a traditional corn masa and natural corn husk then
steam cooked. Frozen; microwave or steam to heat through.
36 ct./4.5 oz. tamales
#1657....\$39.99



Tornados' unique twist on flavor and
texture make it an instant sensation.
Dipped in flavorful batters and fried
to golden perfection. Every bite of a
Tornado is packed with flavor.

Tornados
24/3 oz. case....\$21.99

◆ **#2928 Ranchero Beef Steak & Cheese**
Our Ranchero red sauce, shredded steak and real cheese.

◆ **#3953 Bacon, Egg & Cheese**
Scrambled eggs, bacon, onions, tomatoes, chilies,
and melted cheese.

◆ **#2926 Sausage, Egg & Cheese**
Breakfast basics with a kick of salsa.

◆ **#3105 French Toast & Sausage**
Maple sweetness and savory sausage.
24/3 oz. case....\$22.49



America's #1
Frozen Burrito!



**Butcher Wrapped Shredded
Steak & Cheese Burritos**
Savory shredded steak, cheddar cheese,
mozzarella cheese, Monterey Jack cheese
and Mexican spices in an oven-baked
flour tortilla. Generously sized. Comes
frozen. Bake, microwave, or deep fry. IW.
12 / 8 oz. burritos
#8848....\$23.99



Bean & Cheese Burritos, IW
Creamy pinto beans, cheese, and mild diced jalapenos
in a baked flour tortilla.
24/5 oz. case
#2245....\$18.49 | Just .77 each!



Beef & Bean Burritos, IW
Ground beef and pinto beans seasoned with chili
peppers and spices in a flour tortilla.
24/5 oz. case
#2246....\$18.49 | Just .77 each!



Harvest Fresh Avocado Dices
Quick-frozen rich, buttery Hass avocados. No mess; no waste!
Thaw needed amount of dices overnight under refrigeration.
GF 2 lb. bag
#1645....\$15.99



Fiesta Guacamole
Flavorful guacamole with medium
kick from red and jalapeno peppers.
Comes frozen. GF

{ 6/12 oz. tubs }
#9247....\$29.99



SMALLER PACK
Fiesta Guacamole
#1060 12 oz. tub...\$5.99



Hot Sauce Original
A generations-old recipe of
arbol & piquin peppers and
signature spices.
GF 12 oz. bottle
#2134....\$6.99



Ole Taco Seasoning
Big flavor and big savings over the grocery store.
GF 1 lb. bag
#1037....Reg. \$6.99 | Sale \$5.99



Find more favorite
Southwestern spices
on page 37:

- #2589 Lip Smackin' Chipotle Ranch
- #1016 Emma's Enchilada Seasoning
- #2105 Spanish Rice Seasoning
- #7664 Baja Chili Lime Seasoning



SAVE \$2.00



Tri Color Tortellini
Small pasta rings stuffed with a rich Ricotta cheese blend.
5 lb. bag
#1815.... Reg. \$21.99 | Sale \$19.99

★★★★★
"Noodles and cheese.. what more could a person ask for?! I use these for soups, pasta salads and pasta dishes, like Alfredo. SO yummy! They come in a large bag, but stay good in the freezer for months, so you don't have to worry about freezer burn!"
Tori Voller, Bison, SD



Stuffed Rigatoni with Cheese
Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen.
2.5 lb. bag
#1431....\$10.99

★★★★★
"This is probably my family's favorite product I've bought from Alison's Pantry. Yummy and make 2 big meals."
Sheleen Jarman, Rozet, WY



Six-Cheese Jumbo Ravioli
Precooked; filled with Ricotta, imported Romano, Parmesan, Monterey Jack, mozzarella, and cheddar cheeses. Approx. 40 ravioli.
2.65 lb. bag
#3493....\$14.49



Beef Ravioli
Tender freshly made pasta stuffed with a zesty beef filling. No MSG. Serves 5.
22 oz. bag
#8964....\$6.99



Serve on #8196 Tuscan Mini Dinner Loaves, pg. 32.



Italian Style Meatballs
Savory 1/2 oz. beef blend meatballs, fully-cooked. Oven-baked, not fried. No MSG added.
52 oz. bag
#9142....\$13.49



Homestyle Meatballs
Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese.
Approx. 52 1/2 oz. meatballs per bag.
26 oz. bag
#8963.....\$7.99



Garlic Toast
Real garlic flavor! Bakes in 5-8 minutes.
32 slices
4 / 8 ct. Bags
#2049....\$10.99 | .36 per slice!



Gluten-Free Pizza Crusts, 10"
Each crust is packaged with a foil pan for easy cooking and no cross contamination in your oven.
GF 12 crusts
#1092....\$24.49 | \$2.04 per crust



Cauliflower Pizza Crusts
Cauliflower is the first ingredient! Less than half the sugar of leading gluten-free pizzas, and packed with protein, fiber, and nutrients.

◆ #1546 2 /10" crusts (12 oz. pack)
\$8.99 | \$4.50 per crust GF

◆ #1547 12/10" crusts (72 oz. pack)
\$34.99 | \$2.92 per crust GF



Aluminum Pizza Screen, 12"
Ensure a crispy, pizzeria-style crust with this sturdy pizza screen.
#1593....\$5.99



Bonici Sliced Pepperoni
GF 5 lb. bag
#2031....\$29.99



Homemade Take-Out

Just as fast & easy.

❄️
ASIAN | FROZEN
❄️



Mandarin Orange Chicken

Crispy, juicy chicken battered and glazed with Mandarin orange sauce. No MSG. Frozen.
22 oz. bag
#1376...\$7.99



Vegetable Fried Rice

Simply heat and serve.
3 lb. bag
#6695...\$13.49

★★★★★

"Our family loves this Amoy Fried Rice (#6695). We have added in ham or chicken, soy sauce, and scrambled egg. My 14-year-old son loves it and it's super easy for him to make as well."

**Heather Everitt,
Mesquite, NV**



BBQ Teriyaki Chicken

Marinated and barbecued chicken with an authentic teriyaki sauce. No MSG. Frozen.
21 oz. bag
#1377...\$7.99



Japanese Yakisoba Noodles

Fully cooked, frozen; heat and serve.
5 lb. bag
#9176...\$9.49

Vegetable Egg Rolls

Cabbage, bok choy, water chestnuts, carrots and celery
12/3 oz. box
#4078...\$11.49



Pork & Vegetable Egg Rolls
12/3 oz. box
#4082...\$11.99



All Natural Chicken and Vegetable Potstickers

Savory chicken and vegetable filling in tender dumplings. Ready in 10 minutes. Frozen.
4.2 lb. bag
#4767...\$17.99



Southwest Chicken Egg Rolls

Filled with tender chicken, spinach, black beans, corn, red bell pepper, and pepper jack cheese.
18 / 3 oz. box
#1131...\$18.99



Crab Rangoon

Fully cooked Rangoon, stuffed with a delicious blend of cream cheese and crabmeat.
Deep fry or bake.
30 / 1 oz.
#6694... \$16.99



Chicken Rice Bowl with Teriyaki Sauce

Grilled white meat chicken with broccoli, carrots, edamame, and red bell peppers on a bed of white rice with teriyaki sauce. Microwave.
6 / 12.5 oz. bowls
#1718...\$20.99



Deluxe Stir Fry Vegetable Blend

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.
GF 2 lb. bag
#5309...\$5.99

Our Fresh Frozen Green Onions are a perfect addition to fried rice, homemade egg drop soup, and stir fries!



Fresh Frozen Green Onion

Add to stir-fries, soups, rice dishes, dips & dressings, salads.
8 oz. bag
#1864...\$6.99



Chef-quality chowders and soups from classic recipes with only the best ingredients. Just boil in the bag.



NEW! Cheddar Garden Medley Soup

A mix of roasted broccoli, cauliflower and carrots highlighted by the rich flavor of cheddar cheese.

4 lb. bag
#2320...\$15.99



NEW! Chicken Tortilla Soup

This popular Tex-Mex classic is made with tender chicken, black beans and roasted peppers, carefully blended with just the right amount of heat.

GF 4 lb. bag
#2321...\$15.99



NEW! Hearty Steak & Spud Soup

USDA beef, Northwest potatoes, rich beef stock and garden vegetables.

Our lower-sodium recipe has only 3g. fat per serving. Approx. 7.5 svgs.

4 lb. bag
#2322...\$15.99
Just \$2.13 per meal!



NEW! Chicken Coconut Curry Soup

Enticing broth of red curry, coconut milk, lemongrass, ginger, garlic, and Thai basil, along with chicken pieces, carrots, red bell peppers, celery, and bamboo shoots. Approx. 8 svgs.

4 lb. bag
#2323...\$19.99 | Just \$2.50 per meal!



NEW! Zuppa Toscana Soup

Ivar's "Soup of Tuscany" is made with Italian sausage, russet potatoes and kale in a creamy base with chicken stock. Approx. 7 svgs.

GF 4 lb. bag
#2324...\$16.99 | Just \$2.43 per meal!



NEW! Southwest Corn Chowder

Base of chicken stock and cream full of sweet corn kernels, hearty masa dumplings, peppers, Hatch Green Chilies, and jalapeños.

4 lb. bag
#2325...\$16.99
Just \$2.43 per meal!



NEW! Natural Loaded Baked Potato Soup

Thick chunks of potato with natural bacon, cheddar cheese, and tangy sour cream for all of the flavor of a fully-dressed baked potato. Approx. 7.5 svgs.

GF 4 lb. bag
#2328...\$16.99 | Just \$2.27 per meal!



NEW! Puget Sound Style Clam Chowder with Bacon

World-famous Northwest-style chowder made with tender, meaty North Atlantic clams and a savory hint of bacon. No fishy flavor! Concentrate; add 1 qt. water. Approx. 12 svgs.

4 lb. bag
#2333...\$18.99 | Just \$1.58 per meal!



Hand-crafted recipes and fresh-sourced ingredients. Hearty boil-in-the-bag soups.



Maine Lobster Bisque Soup

A perfect blend of minced sweet lobster meat simmered in rich cream and sherry. 8 svgs. heat and serve.
4 lb. bag / 8 svgs.
#9166....\$15.99 | Just \$2.00 per svg.!



Broccoli & Cheese Soup

Chopped broccoli, shredded carrots and select seasonings simmered in a velvety smooth cheese sauce. Boil in bag.
4 lb. bag / 8 svgs.
#9245....\$13.99 | Just \$1.75 per svg.!



Roasted Chicken Noodle

Tender diced chicken and broad egg noodles in a savory chicken broth with carrots, onions and celery.
4 lb. tub / 14 svgs.
#2022....\$18.49 | Just \$1.32 per svg.!



Frozen Homestyle Egg Noodles

America's favorite brand! Thick and hearty.
3 lb. bag
#1407....\$11.49



NEW! Country Sausage Gravy

Ready to heat and pour over biscuits and scrambled eggs, our version of this country classic is chock-full of hearty sausage.
4 lb. bag
#2326....\$16.49



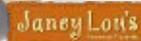
PanSaver®

Slow Cooker Liners
Fits 3-6.5 qt. round or oval slow cookers.
6-4 ct. Boxes; 24 liners
#1089....\$14.49
Just 60¢ each



Sourdough Bread Bowls

Frozen. Thaw, warm, and serve.
24 ct. / 8 oz. bowls
#1508...\$17.99



Proof & Bake Soup Bowl Dough

Compared to our Sourdough bread bowls, these are slightly smaller, and have a French Bread flavor and texture. Proof and bake.
45 / 6 oz.
#8573....\$27.99



RoastWorks Roasted Mediterranean Vegetable Blend
 This blend of flame-roasted yellow and green zucchini, onions and bell peppers with carrots and green beans is seasoned with olive oil and a savory Mediterranean seasoning. Great as a side or in soups or lasagna.
 2.5 lb. bag
 #2242.....\$9.99



Simple Goodness Parisian Carrots
 Imported from Belgium, Parisian carrots are small and round with incredibly sweet flavor.
 GF 2.5 lb. bag
 #1349.....\$6.99

CARROTS WITH HONEY ORANGE GLAZE

- 1 lb. Parisian carrots (#1349)
- 2 tbsp. fresh orange juice
- 2-3 fresh thyme sprigs
- 1 tsp. orange zest
- BBF Avocado Oil (3516)
- Sea salt (#1147)
- Black pepper (#1029)
- Honey (#1148)

Preheat oven to 400 F. Place the carrots into a foil-lined baking sheet in a single layer. Combine the orange juice and orange zest and sprinkle over carrots; stir to coat. Add the thyme sprigs. Drizzle with olive oil and season with salt and pepper. Toss well to coat. Cover the pan with aluminum foil. Bake until the carrots are tender and the liquid has evaporated, about 10-12 minutes. Remove from the oven and discard the foil. Increase the heat to 450 F. Drizzle the carrots with honey and toss gently. Place back into the oven, uncovered, and roast until the carrots begin to caramelize, about 10 minutes (watch carefully so they don't burn!). Serve with a drizzle of avocado oil and more salt and pepper, if desired.



Healthy & Colorful



Sweet Mini Corn on the Cob
 GF 2-12 ct. bags. / 24 ct.
 #4655...\$10.99



Broccoli Florets
 GF 2 lb. bag
 #8197.....\$4.99

Keto Friendly



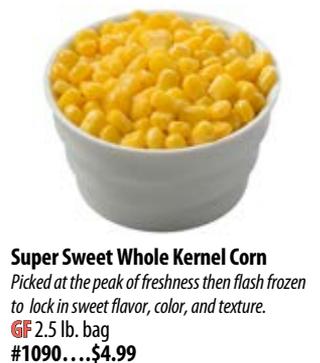
Whole Kernel Corn with Sauce
 GF 2 lb. bag
 #4664.....\$4.99



5-Way Mixed Vegetables
 Blend of carrots, corn, peas, green beans and lima beans.
 GF 2.5 lb. bag
 #1493.....\$4.99



Deluxe Stir Fry Vegetable Blend
 Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.
 GF 2 lb. bag
 #5309.....\$5.99



Super Sweet Whole Kernel Corn
 Picked at the peak of freshness then flash frozen to lock in sweet flavor, color, and texture.
 GF 2.5 lb. bag
 #1090....\$4.99



Riced Cauliflower
 Unseasoned. Value sized bag.
 GF 5 lb. bag
 #2743..... Reg. \$14.99
 Sale \$13.99

Keto Friendly

SAVE \$100



Cauliflower Florets
 GF 2 lb. bag
 #6383.....\$5.49

Keto Friendly



Gourmet Whole Green Beans
 GF 4 lb. bag
 #3781.....\$7.99

Keto Friendly



Pacific Blend
 Blend of Sugar Snap™ peas, bias-cut yellow carrots, bias-cut carrots, and broccoli florets.
 GF 4 lb. bag
 #8640....\$8.99

Keto Friendly



Fajita Blend
 Onion strips, with red, green and yellow bell pepper strips.
 GF 4 lb. bag
 #2069.....\$7.99

Keto Friendly



Chopped Onions
 GF 2 lb. bag
 #5772.....\$3.99

Keto Friendly



Omelet Blend
 Blend of diced red and green peppers & onions.
 GF 2 lb. bag
 #3216....\$4.99

Keto Friendly



SAVE \$100

AP Bestseller

Keto Friendly

Asparagus Spears

Medium IQF Grade A, 5" spears.

GF 2.5 lb. bag
#3127....Reg. \$16.99 | Sale \$15.99



Keto Friendly

Brussels Sprouts

GF 2 lb. bag
#6381.....\$4.99



Simplot
roastworks

Winter Mix

A blend of 60% broccoli cuts and 40% cauliflower florets.

GF 2 lb. bag
#6388.....\$4.99

Keto Friendly



Malibu Blend

Cut broccoli, cauliflower, and carrots. Certified sustainable.

GF 4 lb. bag
#1346....\$9.99



AMERICAN HARVEST

Capri Vegetables

Blend of julienne-cut carrot strips, bias-cut green beans, sliced yellow squash and zucchini.

GF 4 lb. bag
#8737.....\$7.49

Keto Friendly



AMERICAN HARVEST

Garden Blend

Blend of broccoli, cauliflower, green beans, carrots, zucchini, yellow squash, and red peppers.

GF 4 lb. bag
#3221....\$7.99

Keto Friendly



Normandy Blend

Blend of broccoli, cauliflower, sliced carrots, zucchini and yellow squash.

GF 4 lb. bag
#1266.....\$8.99

Keto Friendly



Connoisseur
COLLECTION

Chalet Garlic Butter Vegetables

Broccoli and cauliflower florets, with julienne orange and yellow carrots in a sauce of butter, roasted garlic, salt and pepper.

GF 2 lb. bag
#7791.....\$7.49



Connoisseur
COLLECTION

Baja Vegetable Roast

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.

GF 2 lb. bag
#5353.....\$7.49



Petite Peas

GF 2.5 lb. bag
#6208....\$5.99

Keto Friendly



Peas & Pearl Onions

GF 2.5 lb. bag
#6385.....\$5.49

Keto Friendly



Sunshine Carrots

Blend of sweet, bias-cut orange and yellow carrots.

GF 4 lb. bag
#5520.....\$6.99



Yellow Squash, Sliced

GF 2 lb. bag
#7860.....\$4.99

Keto Friendly



Simplot
roastworks

Roasted Vegetable & Pasta Blend

Delicious pasta and vegetable blend roasted with an herb and garlic seasoning.

2.5 lb. bag
#1297....\$7.99

Simplot
roastworks

Exotic Grains & Fire Roasted Vegetable Blend

Red & brown rice, black beans, roasted sweet corn, red quinoa, tomato, peppers, onion, and amaranth, and southwestern seasoning.

GF 2.5 lb. bag
#1690....\$13.99





RoastWorks Baby Baker Halves with Parmesan and Herbs
 Fresh roasted potato flavor in a miniature size, seasoned to perfection with herbs and parmesan.
 GF 2.5 lb. bag
 #1985...\$9.49

Photo shows recipe suggestion.



Loose Shredded Hash Browns
 GF 6/3 lb. bags, 18 lb. case
 #2418....\$28.99 | \$4.83 per bag

SMALLER PACK Loose Shredded Hash Browns
 An AP bestseller for over a decade.
 #2421 GF 3 lb. bag ...\$5.99

★★★★★
 "We love these hash browns! They come in super handy when making funeral potatoes and people are always shocked when I tell them they were made from frozen hash browns by Alison's Pantry. The price is fantastic as well--cheaper than you can find in stores."
 Hallie Stokes



Gold Sweet Potato Straight-Cut Coated Fries
 Coated Sweet Potato Fries, Grade A. Bake or fry.
 6/2.5 lb. bags / 15 lb. case
 #4979....\$34.99

SMALLER PACK Gold Sweet Potato Straight-Cut Coated Fries
 2.5 lb. bag
 #1211....\$7.49



Golden Crinkles French Fries
 Grade A, crinkle-cut potatoes. 0 Trans Fat. Value size bag.
 GF 8 lb. bag
 #1120....\$11.99



Beer Battered Skinless 5/16" Thin French Fries
 Premium craft beer batter makes these extra-long, thin-cut fries perfect as a side or appetizer.
 5 lb. bag
 #1762....\$13.99



Gourmet Fry Sauce
 A rich, creamy recipe of ketchup, mayo, and a special blend of spices make this the BFF of French Fries.
 17.5 oz.
 #7255.....\$4.99



3/8" Regular Cut French Fries
 Traditional, regular-cut French fries. Fry or bake.
 GF 6/5 lb. bags
 #2412....\$29.99 | \$5.00 per bag



SMALLER PACK 3/8" Regular Cut French Fries
 #1213 GF 5 lb. bag....\$5.99



Redstone Canyon Spiral Cut Fries
 Light seasoned batter coating. Bake, or fry. CN labeled.
 4 lb. bag
 #2419....\$9.99



Cross-Trax® Waffle Fries
 Skin-on, ready to cook criss-cut potatoes. Frozen. Bake or fry.
 2.5 lb. bag
 2416....\$10.99



Cracked Black Pepper Fries with Sea Salt & Garlic Seasoned French Fries
 Skin-on, bake and fry.
 GF 3/8" 5 lb. bag
 #1299....\$11.99



Smiles® Shaped Potatoes
 Fun, smiley-faced battered mashed potatoes. Bake or fry. CN label.
 4 lb. bag
 #2417....\$11.99



Piccadilly Old English Style Fries
 Authentic batter-dipped English-style fries. Bake or fry.
 5 lb. bag
 #6761....\$10.99





PICT SWEET

Sweet Potato Casserole with Praline Topping
Farm-fresh sweet potatoes and a sweet praline topping.
5 lb. tray
#2178....\$15.99



Country Style Cuts
Cut straight from the heart of the sweet potato.
GF 5 lb. bag
#5968....\$10.99

★★★★★

"These are so handy! They cut cooking time by a lot. You would never know they are frozen by the flavor."

Anne Metzler,
Riverton, WY



Three Cheese Twice Baked Potatoes
Creamy whipped potatoes in the half shell make an effortless side to any meal. Fully cooked.
12 / 5 oz. pack
#1157....\$12.99



Roasted Redskins with Rosemary Seasoning
Red potatoes lightly seasoned a blend of rosemary, garlic, and onion flavors.
GF 2.5 lb. bag
#2068....\$5.99



Redskin Salad Dices
5/8" cubed potatoes.
GF 6 lb. bag
#2028...\$12.99



Golden Hash Brown Patties
Approx. 120 patties
GF 6/2.8 lb. bags
#2429....\$32.99

SMALLER PACK
Golden Hash Brown Patties

Bake or fry. 2.25 oz. patties. Approx. 20 patties.
GF 2.8 lb. bag
#2427....\$6.49



Tater Tots
Bake or fry. CN label.
GF 8 lb. bag
#2425....\$11.99

Photo shows recipe suggestion.



◆ **Potato & Cheddar Cheese Pierogies**

Tender pasta dumplings filled with a creamy blend of mashed potatoes and Cheddar cheese. Boil, pan fry, oven bake, deep fry or steam.
6 lb. bag
#5621....\$17.99

◆ **Loaded Baked Potato Pierogies**

Sharp cheddar cheese, sour cream and chives, whipped potatoes seasoned with bacon Frozen.
6 lb. bag
#4991....\$20.99

Compare to Schwan's Pierogies at \$4.00 per lb., and save .83 per lb.!



Roasted Garlic Mashed Redskin Potatoes

Creamy "skin-in" redskin homestyle mashed potatoes blended with real roasted garlic. Frozen. GF

{ 3/4 lb. bags (12 lb.) }
#7944....\$27.99



LEMON BLUEBERRY MUFFINS



Wild Blueberries
 Leading antioxidant superfruit!
 Smaller berries.
GF 5 lb. bag
 #1218....\$15.99



- 3 ¼ C. all-purpose flour (#2285)
- 4 tsp. baking powder (#2847)
- 1 tsp. baking soda (#2848)
- ½ tsp. Salt (#1146)
- 1 1/3 C. white sugar (#1632)
- 1 ¼ C. milk
- 1 C. sour cream
- ½ C. melted butter (#1723)
- 2 large eggs
- 1 Tbsp. lemon zest
- 1 tsp. lemon juice
- 1 ½ C. Wyman's Wild Blueberries (#1218)

Preheat the oven to 350 degrees F. Line 16 muffin cups with paper liners. Sift flour, baking powder, baking soda, and salt together in a bowl. Combine sugar, milk, sour cream, butter, eggs, and lemon zest in a large bowl. Beat with an electric mixer on low speed until blended. Fold in the flour mixture until batter is just moistened. Fold in blueberries; avoid overmixing because batter will turn purple.




Blackberries, Whole
 Picked fresh at sweet-tart perfection!
GF 5 lb. bag
 #1221....\$14.99



May experience shorts due to crop challenges.



Chef-Ready Diced Strawberries
 Premium-quality sweet strawberries, perfect for fruit salsas, drinks, and jams.
GF 2/5 lb. bags
 #2832....\$27.99



Whole Strawberries
 Juicy strawberries for smoothies, pies, and jams.
GF 3 lb. bag
 #1214....\$8.99




Cranberries, Whole
GF 5 lb. bag
 #1220..... \$9.99





Peach Slices
 Uniform, blemish-free, Grade A IQF peaches.
GF 5 lb. bag
 #7841....\$14.99




Sunrise Fruit Medley
 Peaches, Strawberries, Honeydew, Pineapple and Blueberries.
GF 5 lb. bag
 #4985....\$14.99



Mango Chunks
 Sweet chunks, perfect for colorful fruit salsas.
GF 3 lb. bag
 #2655...\$8.99




Red Raspberries, Whole
GF 5 lb. bag
 #1219....\$17.99




Cherry Berry & Kale
 Strawberries, blueberries, and cherries with kale.
GF 3 lb. bag
 #1216...\$11.49



Dark Sweet and Red Tart Cherries
GF 2 lb. bag
 #1217....\$9.49




Mango Berry & Wild Blueberry Blend
 Mangoes, strawberries, and wild blueberries.
GF 3 lb. bag
 #9221....\$10.99



Mixed Fruit Blend
 Blend of strawberries, pineapple, mango, and peaches. No sugar added.
GF 5 lb. bag
 #2032....\$15.99




Sliced Bananas
GF 5 lb. bag
 #2835....\$12.99



Tropical Gold Pineapple Chunks
 Picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.
GF 5 lb. bag
 #3002....\$13.99



Tropical Berry & Coconut Blend
 Vibrant, juicy mango and pineapple chunks, strawberries, and coconut chunks. Delicious in smoothies!
GF 3 lb. bag
 #2658....\$10.49



Raspberry Crumbles
 100% raspberry pieces minimize crushing for deliciously fruity jams and baked goods.
GF 2.5 lb. bag
 #2830....\$7.99

Raspberry Crumbles
GF 10 lb. case (4/2.5 lb. bags)
 #2831....\$27.99





SAVE \$1.00

★★★★★
 "These are great for smoothies, filling for crepes, add a little sugar and eat them on shortcake, or in the summertime we use them in our Dutch oven berry cobbler. In a 12" Dutch oven, you put a layer of berries in the bottom. Then sprinkle with two dry cake mixes. Pour 2 cans of 7up over the top. Cook over coals until the cake is golden brown (usually about 35-40 min.) It's a huge hit."
Jennifer Duce

Mixed Berries, Whole
 Strawberries, red raspberries, blackberries, and blueberries.
 GF 5 lb. bag
 #1223....Reg. \$15.99 | Sale \$14.99



★★★★★
 "These berries are as good as fresh! They're my husband's favorite! He puts them on yogurt and ice cream, makes a syrup for pancakes, and uses them in salads!"
Sharon Johnson, Pinedale, WY

Triple Berry Blend
 Sweet, colorful blend of blueberries, raspberries, and blackberries.
 GF 3 lb. bag
 #1215....\$11.99



Give your smoothie a boost!

Monk Fruit Zero Calorie Sweetener
 100% Natural and low-glycemic. Use just like Sugar (1: 1 Ratio), No Aftertaste. Use it just like sugar in your favorite recipes, beverages and more. Keep the sweetness not the calories or the blood sugar crash!
 GF 16 oz. bag
 #1745....\$13.99



Naturally Refined Organic Coconut Oil
 Use small amounts of coconut oil to thin chocolate for dipping.
 GF 28 oz. Jar
 #8287....\$7.99



USDA Organic Agave with Fiber
 Natural, low-glycemic sweetener. Can be used in baking and canning, too.
 GF 78 oz. bottle
 #3522...\$19.99



Naturally Refined Avocado Oil
 GF 1000 ml/33.8 oz. bottle
 #3516....\$15.99
 47¢ per oz.



Almond Milk
 No cholesterol or saturated fat, and is free of dairy, soy, lactose, gluten, casein, egg and MSG. Non-GMO.

Unsweetened Vanilla Almond Milk
 GF 6/1 qt. case
 #1457...\$19.99

Original Almond Milk
 GF 6/1 qt. case
 #1456....\$18.99



PBfit Peanut Butter Powder
 1/3 the calories and 75% less fat. Non GMO and all-natural. Just peanuts, sugar, salt.
 GF 30 oz. jar
 #3521....\$14.99



Organic Chia Seeds
 High in protein, fiber, and more plant-based Omega-3 than any other food. GMO free.
 GF 1.25 lb. Container
 #8941....\$8.99



Oatsome Oat Milk
 Non-dairy, smooth, creamy beverage that has the ability to froth too. Use it in your favorite drinks, baking, and cereals. Organic, nut-free, non-GMO, and vegan. 12 month shelf life. 4 svgs. This was a BIG hit at our 2019 Food Show!
 GF 6/1 L. case
 #1907....\$17.99



LIVfit™ Superfood Blend
 Fruits, vegetables, vegan proteins, prebiotics, and fiber that have been shown to enhance muscle mass, increase energy, improve cognitive function, encourage digestive health, boost the immune system and fight off aging oxidation of cells in your body. · 35% of daily Vitamin E · 35% of Vitamin C · 35% Vitamin A · Contains green tea · 100% B6, B12, thiamin, riboflavin · 5 g of vegan protein
 GF 12.7 oz. (360 gram) bag
 #3514....\$15.99



LIVfit Superfood Organic Antioxidant Fruit & Fiber Blend
 Jam fiber, protein, antioxidants, vitamins, and superfoods like turmeric into your life. This mix of fruits, veggies, and plant-based proteins has a neutral, unsweetened taste that begs to be added to your favorite foods. Six grams of protein, 5g. Fiber, plus three different super fruits, and 1,000 mg omega 3.
 GF .8 lb. bag
 #1539....\$14.99



Marie Callender's

Chicken Pot Pies

We create each pot pie from scratch. Filled with juicy meat, tender vegetables, and our signature golden, flaky crust. 8 pies/10 oz. #2393....\$16.99

Compare our cost of just \$2.12 each to \$2.89 each at the grocery store and save 27% with AP!



White Castle Cheeseburgers

Made with 100% beef, these famous little sliders are steam grilled on a bed of savory onions for a flavor you'll crave! 8/2 ct. packs #1595....\$14.99 | Just \$1.87 per twin pack!



SAVE \$2.00



Pepperoni Pizza

Pepperoni pizza filling wrapped in a garlic buttery seasoned crust for a handheld lunch. 4.5 oz. / 17 ct. #1282....\$19.99 | \$1.18 each!



Macaroni & Cheese Frozen Pouches

Microwave, or heat pouch in boiling water, then slice open and serve. 36/7 oz. pouches #7881....Reg. \$47.99 Sale \$45.99 | Just \$1.28 each!



Pepperoni Pizza Rolls

Pepperoni pizza toppings rolled into a snackable crust. Frozen. Microwave or oven bake. 90 ct. bag #2430....\$11.99



Rip N Dip Pepperoni Stuffed Pizza Ring

Freshly sliced pepperoni and naturally blended cheeses wrapped in fluffy pizza dough. Includes Marinara Sauce dipping cups. 12/8.5 oz. #7277...\$32.99



Stuffed Cheese Bread Sticks

Fluffy mozzarella-cheese-filled breadsticks. 36/7" sticks. #5620....\$24.99



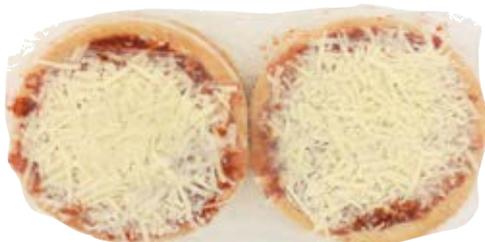
Stuffed Pizza Sticks

Bread sticks loaded with real mozzarella cheese, tangy tomato sauce and pieces of pepperoni. 32/4" sticks #5795....\$14.99



Deep Dish Cheese Pizzas

Pizzeria quality! Premium pizza sauce and 100% Real Mozzarella cheese. 12 ct./7" pizzas #5666....\$24.99



Pepperoni Pizza

5" IW, 12/6 oz. case #6250....\$26.99

Meat Trio Pizza

Sausage, pepperoni and ham. 5" IW, 12/5.44 oz. case #6249....\$26.99





Soft Baked Pretzels
Traditional chewy recipe!
20 ct. box
#1472....\$12.99



Big Bites Soft Pretzel Bites
Bake or microwave. Case includes salt packet.
350 ct. / 4 oz. bites
#2238....Reg. \$38.99
Sale \$36.99 | Just .11 per bite!



Soft Pretzel Mini Dogs
Mini 100% all-beef hot dogs wrapped
in gourmet pretzel dough.
60/.8 oz.
#7401....\$21.99



Bakeable Breaded Mozzarella Sticks
Natural, aged mozzarella in a home style breading accented with Italian spices.
3 lb. bag
#1270...\$21.49



"Cheddar Pints" Battered Cheese Curds
Real Wisconsin white cheddar cheese curds battered in Brew City's one-of-a-kind crispy beer batter.
3 lb. bag
#1273....\$20.99



Breaded Pickle Chips
Sliced pickles coated in breading with a hint of spice.
2.5 lb. bag
#1275....\$13.99



Beer Battered Zucchini Slices
Fresh crinkle cut zucchini slices coated in our crispy butter-golden batter.
3 lb. bag
#1072....\$12.99



Butter Breaded Mushrooms
Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch.
2.5 lb. bag
#1276...\$11.49



Cream Cheese Stuffed Jalapenos
Mild jalapeno peppers stuffed with cream cheese and breaded to perfection.
2 lb. bag
#1272....\$13.99



Battered Mac & Cheese Wedges
Creamy Cheddar cheese mixed with stick macaroni in a crispy Cheddar batter.
3 lb. bag
#1271....\$18.99



Battered Sweet Corn Nuggets
These sweet corn kernels coated in crispy batter are the perfect bite-sized snack.
2 lb. bag
#1274....\$7.99



Beer Battered King Onion Rings
Jumbo slices of sweet onion covered in premium beer batter.
2.5 lb. bag
#1269....\$11.99



Crispy Battered Green Beans
Bake or fry.
2 lb. bag
#1300....\$9.99



Beehive Dinner Roll Dough

Generous dough portions come frozen. Thaw, proof and bake for rolls with homemade look and flavor. 96/2.5 oz. pucks / 15 lb. Case #8925....\$37.99



SAVE \$200



Plain Ultimate Bagel Dough

The same gourmet bagel dough sold to well-known businesses, now available to bake fluffy bagels at home. Frozen. 60/4 oz. bagels #2078....Reg. \$26.99 | Sale \$24.99



Sourdough Round

Generous loaves of soft, chewy sourdough bread, sliced and ready for sandwiches or to serve warm with dinner. 2 / 2 lb. Loaves #1987....\$11.99



Ciabatta Variety Pack

1 doz. 4" x 4" Olive Oil, 1/2 doz. Savory Herb, 1/2 doz. Whole Grain. 24 ct./3.5 oz. #5898....\$18.99



Tuscan Mini Dinner Loaves

Par-baked. Heat for 3-5 min. for a crisp crust. 24 / 4 oz. #8196....\$14.99



Mini Naan Bread

Hand-stretched flatbread made with buttermilk and ghee (clarified butter). Save with our bulk case, and use for personal pizzas, tacos, dipping in hummus or oil blends, etc.. Comes frozen. 64 ct. Case/5 1/4 x 4 1/2" #1686....\$32.99



6" Wheat Pita Pockets

Classic 50% whole grain pita pockets to stuff with your favorite sandwich fillings or serve with hummus. 4/6 ct. bags #2249....\$9.49 | Just .40 each!



Parkerhouse Frozen Roll Dough

Easy dinner rolls, and a Monkey Bread staple!

{ 240/1 oz. #5965....\$28.99 }



SMALLER PACK
Parkerhouse Frozen Roll Dough
#1136 60 ct. bag....\$7.99



Cinnamon Raisin Bread

2 / 1 lb. loaves #1671....\$8.99



Buttermilk Biscuits

Fluffy, home style biscuits. Microwave to heat. 1W { 72/2.25 oz. #5646....\$25.99 }



SMALLER PACK
Buttermilk Biscuits
#1321 18/2.25 oz....\$7.49



Strawberry Honey Butter

Made with real delectable red strawberries, sweet honey, and real butter. GF 12.4 oz. tub #8128...\$8.99

Cinnamon Brown Sugar Honey Butter

All-natural, gourmet, real-butter treat with no added preservatives or flavors. GF 12.4 oz. tub #8129...\$8.99



Simplify school lunch!

Uncrustables

Soft, crustless 51% wheat bread sandwiches filled with creamy peanut butter and sweet Smucker's jelly. IW
18/2.6 oz.

#3119 Peanut Butter & Grape Jelly
\$17.99 | \$1.00 each

#3120 Peanut Butter and Strawberry Jam
\$19.99 | \$1.11 each

Grape Uncrustables
72/2.8 oz. IW
#7579.....\$52.99 | .74 each

Strawberry Uncrustables
72/2.6 oz IW
#4290.....\$52.99 | .74 each

Uncrustables Peanut Butter & Honey

Sweet and smooth honey spread meets rich and nutty Smucker's® Peanut Butter in a crustless whole wheat sandwich.
2 oz. / 4 ct.
#1437.....\$4.99



Jif Family Size Creamy Peanut Butter
GF 4 lb. can
#2913.....\$11.99



Nutella Spread

Velvety hazelnut spread.
GF 26.5 oz. jar
#7338.....\$8.99



Bridgerland Deli Craft Oven Roasted Turkey Breast, Sliced

Mouthwatering, oven-roasted turkey breast, trimmed to 99% fat free. Reduced sodium.
GF 2 lb. pouch
#2100.....\$13.99



Bridgerland Deli Craft Naturally Hardwood Smoked Honey Ham, Sliced

Sweet, honey-cured ham, with delicious hardwood smoke flavor from Lower Foods state-of-the-art process.
GF 2 lb. pouch
#2101.....\$14.99



Smoke Craft Pit Beef, Sliced

Flavorful USDA Select bottom round, hardwood-smoked to medium well, trimmed to 96% fat free and deli-sliced. The rich, smokey flavor takes sandwiches to a new level! Reduced sodium. No binders.
GF 2.5 lb. bag
#2102...\$31.99



Hard Salami Slices

Smoked, robust flavor from a seasoned blend of pork and beef, cured and slow-aged.
GF 2 lb. bag
#1688...\$13.99



Cheeseheads String Cheese

Stringy mozzarella cheese sticks.
80 calories; 6 grams of protein.
GF 1 oz. / 60 ct.
#4972...\$15.99
Just 27¢ each!

Compare our price of just 27¢/stick to 39¢/stick at local grocery stores!



REAL Kraft® Fresh Grated Parmesan Cheese

Save with our bulk bag compared to the green can.
GF 1 lb. bag
#1683....\$9.99

All cheese products will ship frozen.



Bread Loaves

Soft, fluffy loaves, perfect for sandwiches or toast.
6 Month frozen; 7-10 day thawed shelf-life.



Cottage Wheat Bread
case of 6/24 oz. loaves
#1345.....\$12.49 | \$2.08 per loaf

Cottage White Bread
case of 6/24 oz. loaves
#1336.....\$11.49 | \$1.92 per loaf

Fancy Jam

Made in small batches with premium ingredients.
GF 15 oz. jar \$5.49

- ◆ #8930 Harvest Peach Cobbler
- ◆ #3003 Red Raspberry
- ◆ #3005 Strawberry Rhubarb
- ◆ #2334 NEW! Boysenberry



Medium Cheddar Shredded Cheese

GF 2.5 lb. bag
#1866....\$13.49



Shredded Cheddar Jack Cheese

Fancy shredded blend of cheddar and Monterey Jack cheese.
GF 2.5 lb. resealable bag
#1860....\$10.49



Folios Parmesan Cheese Wraps

Lightly baked sheets of cheese.
Recipe ready to crisp, wrap, roll or melt for carb-free, high-protein meals.
GF 10/1.5 oz. pouch
#1719.....\$13.99

★★★★★
"These wraps are the best thing ever! I use them for wraps and tacos, substituting them for a traditional flour or corn tortilla and they don't disappoint! I bet you could use them in place of bread or buns too, if you're watching carbs like me."

Erika Ziebarth,
Blackfoot, ID





Jansy Lou's

Cinnamon Rolls
Frozen proof-and-bake cinnamon roll dough with homemade flavor. Frozen. 60 / 4 oz. rolls
#9134....\$38.99

Alisons Pantry

Cream Cheese Icing
Comes frozen.
GF 3 lb. tub
#8388....\$13.99



Back by popular demand!



Jansy Lou's

NEW! Proof-and-Bake Raspberry Rolls
60/4 oz.
#1829....\$41.99 | Just .70 per roll!

NEW! Proof-and-Bake Orange Rolls
60/4 oz.
#1827...\$41.99 | Just .70 per roll!

THE ORIGINAL CREAMIES

Nominated as one of the coolest things made in Utah, with healthier, more natural ingredients than even Halo Top ice creams.



Ice Cream Bar Variety Pack

Premium ice cream bars so rich and creamy, you won't believe they're also 33% less fat than regular ice cream! Assorted pack of chocolate, banana, and orange flavored bars.
GF 30 ct. / 2.25 oz. bars
#2152....\$15.99 | .53 per bar

Ice Cream Bars

Creamies top 2 bestselling flavors! Premium ice cream bars so rich and creamy, you won't believe they're also 33% less fat than regular ice cream!
GF 24 ct. / 2.25 oz. bars
\$13.99 | .54 per bar



◆ #2153....Banana

Made with real banana puree for a fresh, mild banana flavor that no one has been able to duplicate.

◆ #2154....Chocolate

Made with rich cocoa and real milk.



Mint Chocolate Dipped Ice Cream Bars
This mint chocolate dipped low-calorie ice cream bar quickly became a fan favorite for Creamie lovers. GF

◆ #2155....6 ct.\$3.99 | .67 per bar

◆ #2157...12/6 ct. case...\$37.99 | .53 per bar



Sqwincher Squeeze Assorted Electrolyte Freezer Pops

Not just sugar water! No HFCS, lower sodium, and more potassium for serious hydration. 10 pops in 5 flavors: orange, mixed berry, cherry, grape and lemon-lime.
3 oz. / 10 ct.
#1071....\$4.99



Frozen Pop Variety Pack

4 each of orange, cherry, and lemon frozen pops. Just 30 calories per pop! No artificial dyes & flavors.
GF 12 / 1.65 oz.
#2147....\$4.99



Strawberry/Cream Cheese 'Strudel Bites' Pre-Sugared

Thaw and bake.
252 / .8 oz.
#2106....\$36.99



Orange Bakers, Inc.

Fruit Turnovers

Flaky pastry wrapped around premium fruit fillings. Thaw & bake pre-proofed product. Drizzle with #1910 White Flat Icing. 60/4 oz.

◆ Cherry #1889....\$40.99
Just 68¢ each

◆ Apple #1199....\$32.99
Just 55¢ each

◆ Blueberry #1890....\$41.99
Just 70¢ each



Graham Tart Shells, 3"

Ready to eat mini graham crusts. Shipped frozen.
18 ct.
#1422....\$7.99 | Just 44¢ each



Cheesecake Whip

Ready-to-use whipped cheesecake to pipe into tarts, parfaits, cookie sandwiches, cupcakes, etc. Frozen; thaw overnight in fridge before piping.
GF 1.5 lb. bag
#2113....\$13.99

NEW! Chocolate Dessert Whip

Creamy chocolate whipped cheesecake filling to pipe into tarts, parfaits, and dessert pizzas. Piping tip included in bag.
24 oz. bag
#2281....\$13.99



Fruit Fillings

Use these sweet, fruity fillings between cake layers, as a topping, glaze or dip. Resealable spout with screw-top lid.
GF 16 oz.
\$3.99

◆ #2118....Strawberry

◆ #2119....Cherry

◆ #2304....NEW Raspberry

◆ #2303....NEW Apple



SAVE \$5.00

Janey Lon's

Yeast Raised Donut Rings

Donuts are frozen. Thaw, proof, and fry in oil.
100/2 oz. rings
#7151.... Reg. \$29.99 | Sale \$24.99



ATHENS

NEW! Mini Phyllo Shells, 1.5" Diameter

Bite-size flaky shells, ready to thaw and add your favorite sweet or savory fillings.

2/45 ct. trays
#1816....\$16.99

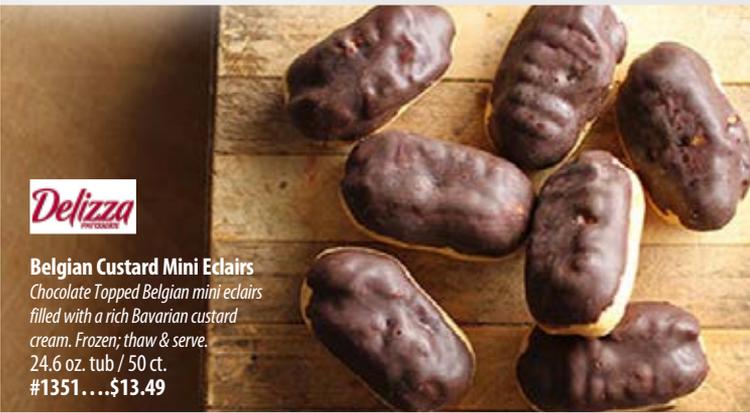
Gornaby's

NEW! Apple Fruit Filling

1/4" diced apples in a sweet cinnamon glaze.
Resealable spout with screw-top lid.

16 oz. pouch
#2303....\$3.99

Photo shows recipe suggestion.



Delizza

Belgian Custard Mini Eclairs

Chocolate Topped Belgian mini eclairs filled with a rich Bavarian custard cream. Frozen; thaw & serve.

24.6 oz. tub / 50 ct.
#1351....\$13.49



Delizza

Belgian Mini Cream Puffs

Frozen; thaw & serve.
3 lb. 5 oz. tub / 120 ct.

#1350....\$15.49



Macarons Assortment

The perfect little indulgence! Delicate almond meringue cookies; two each of these assorted flavors: Vanilla, Pistachio, Lemon, Raspberry, Chocolate, Salted Caramel.

12 ct. / 4.65 oz. box
#2059....\$7.99



BEST MAID

Peanut Butter Crispy Bars

Thaw-n-Serve. Not Pre-Cut. 4-1/4 sheet pans.
Yields 16-2 x 2 bars per sheet, or 64 bars.

#6917....\$34.99

Bridgford

Cinnamon Monkey Bites

Tender bite-sized pull-apart pieces of sweet bread coated in a sticky cinnamon glaze. Frozen. Ready to heat and eat!

5/32 oz. trays
#2052....\$31.99

White Flat Icing

Professional, squeezable shelf-stable white icing for drizzling over turnovers, etc.. Dries solid and not sticky.

GF 2 lb. tube
#1910....\$5.99



Janey Lon's

Chocolate Chunk Cookie Dough

Make fresh buttery cookies loaded with rich chocolate chunks with our easy place-and-bake cookie dough pucks.

120/1.5 oz. cookies
#1830....\$34.99



UNCLE DENNY'S

Uncle Denny's Gourmet Caramel Topping

Stir this thick, creamy gourmet caramel topping into fluffy popcorn for the easiest Caramel Corn recipe ever, or package with an apple for a darling gift.

17 oz. jar
#7894.....\$6.49



Gluten Free 4" Sugar Cookies

The best GF cookies we've ever tasted! Their special recipe has homemade flavor and texture. Individually wrapped.

Ships frozen.
GF 4" / 12 ct. box
#1481....\$18.99

SAVE \$200



Saigon Cinnamon

Strong aroma and intense sweet taste that bakers love.

GF 1 lb. bag
#3626...Reg. \$11.99 | Sale \$9.99

★★★★★

"I love adding this Saigon Cinnamon to all my baking, especially my cinnamon rolls. You will not be disappointed!"

Julia Hier, Lambert, MT

SAVE \$100



Onion Soup & Dip

Pantry staple for meatloaf, stews, pot roast, French Onion Soup, or Creamy Onion Dip.

GF 1 lb. bag
#1025...Reg. \$6.99 | Sale \$5.99

SAVE \$100



Chili Seasoning

Mix up chili with just the right amount of kick. Recipe on bag.

GF 1 lb. bag
#1015...Reg. \$6.99 | Sale \$5.99

Spice up your recipes!
FRESH BULK SPICES MEAN BIG SAVINGS.

All spices sold in 1 lb. bags unless otherwise noted.

MENU ESSENTIALS

Applewood Seasoning Rub GF	#5990	\$7.99	Onion, Chopped GF	#1026	\$7.99
Basil, Imported, Cut/sifted GF	#1443	\$7.49	Onion Salt, Classic Blend GF	#1024	\$4.99
Bay Leaves, ½ lb. GF	#1753	\$12.99	Onion Powder GF	#1027	\$7.49 Sale \$6.49
Celery, Diced, ½ lb. GF	#3232	\$7.99	Oregano, Mediterranean GF	#1445	\$12.99
Celery Salt GF	#1427	\$4.99	Paprika, Mild GF	#1697	\$8.99
Chili Powder, Mild GF	#1014	\$8.49	Parsley Flakes, ½ lb. GF	#1426	\$7.99
Cumin, Ground GF	#1442	\$8.99	Pepper, Black, Table Grind GF	#1029	\$15.49
Garlic and Herb Seasoning GF	#5408	\$7.99	Pepper, Black, Coarse Grind GF	#1028	\$15.99
Garlic Granules GF	#1948	\$12.99 Sale \$10.99	Peppercorns, Whole, Black GF	#1030	\$15.49
Garlic, Minced GF	#1020	\$12.99	Seasoning Salt GF	#1033	\$4.99
Garlic Pepper GF	#1018	\$13.99	Smoky Maple Herb Seasoning GF	#4576	\$6.99
Garlic Powder GF	#1021	\$12.99	Thyme, Cut & sifted, ½ lb. GF	#1444	\$6.49
Garlic Salt, Classic GF	#1019	\$4.99	Turmeric, Ground GF	#1832	\$7.99 Sale \$6.99
Garlic Supreme GF	#2592	\$10.99	Ultimate Onion Blend GF	#4575	\$6.99
Mustard Seed Powder GF	#1428	\$6.49			



Sea Salt

Healthy alternative to more-refined table salt.

GF 16 oz. container...\$4.49
♦ #1146 Fine
♦ #1147 Coarse



Pure Powdered Vanilla

Contains no alcohol, so none of the beautiful flavor bakes out.

Pure Powdered Vanilla 3-Pack

GF 3-4 oz. jars #8627... \$39.99 | \$13.33 per bottle
GF 4 oz. jar #8626...\$14.99

Turmeric

Warm, mildly peppery flavor is slightly similar to orange and ginger and often used in Indian cooking and "golden milk" as an anti-inflammatory.

GF 1 lb. bag
#1832...Reg. \$7.99
Sale \$6.99



SAVE \$100

SPICES IN CONTAINERS

The following spices come packaged in tall, clear plastic containers that fit beautifully on your shelf! Saves the extra step of transferring your bagged spices into your own containers.

Cinnamon Vanilla French Toast Sugar GF 28 oz. container	#3894	\$10.99	Onion, Chopped GF 12 oz. container	#1847	\$9.49
Garlic Supreme GF 1 lb. container	#6112	\$12.99	Onion Soup & Dip GF 1½ lb. container	#1845	\$12.49
Montreal Steak Seasoning GF 1½ lb. container	#4227	\$11.99	Rosie's Ranch Buttermilk Dressing GF 24 oz. container	#3893	\$12.49
Olé Taco Seasoning 1 lb. container	#1846	\$8.49	Seasoning Salt GF 2 lb. container	#1849	\$8.49



Clear Round Spice Containers

♦ Black Lid 8 oz., 5" tall #1233... \$1.49
♦ Mini Red Lid 3.5 oz., 4" tall. #1234... \$1.49



16 oz. Clear Square Plastic Jar with Shaker Flip Lid 12/16 oz. jars #4435...\$11.99

Single 16 oz. jar #1526...\$1.49

32 oz. Clear Plastic Spice Jars with Shaker Flip Lid 12/32 oz. jars #5129...\$14.49 \$1.21 each

Single 32 oz. jar #1228...\$1.99

SPRINKLES FOR EVERY TABLE

Cinnamon Vanilla French Toast Sugar GF	#1536	\$5.49
Everything Bagel Seasoning GF	#1826	\$8.99
French Fry Seasoning GF	#1441	\$5.99
Salad Sprinkles Supreme	#1701	\$9.99

MEAL MUSTS

Baja Chili Lime Seasoning GF	#7664	\$10.99
Caribbean Jerk Seasoning	#1724	\$6.99
Carne Asada Seasoning GF	#7378	\$7.49
Chili Seasoning Mix	#1015	\$6.99 Sale \$5.99
Citrus Grill Seasoning	#1754	\$7.99
Emma's Enchilada Seasoning GF	#1016	\$5.99
Fabulous Fajita Seasoning GF	#1017	\$8.49 Sale \$7.49
Hearty Bean Seasoning GF	#1670	\$8.99
Italian 'n Pizza Seasoning GF	#1432	\$9.49
Leah's Lemon Pepper GF	#1022	\$8.49
Mom's Meatloaf Seasoning GF	#1582	\$9.99
Montreal Chicken Seasoning GF	#7746	\$7.99
Montreal Steak Seasoning GF	#1023	\$6.99
Mucho Mexican Seasoning GF	#2816	\$6.99
Mushroom Soup & Stroganoff GF	#1672	\$7.99
Olé Taco Seasoning	#1037	\$6.99 Sale \$5.99
Savory Stew Seasoning	#1540	\$7.99

Sloppy Joe Seasoning Mix GF	#1035	\$5.99
Spanish Rice Seasoning GF	#2105	\$5.99
Superb Spaghetti Seas. Mix GF	#1036	\$6.49 Sale \$5.99
Tuscan Herb Blend Seasoning GF	#3628	\$9.99

SEASONAL SPICES

Cinnamon, Ground Saigon GF	#3626	\$11.99 Sale \$9.99
Cinnamon, Ground Korintje GF	#1005	\$9.99
Cozy Mulling Spice	#1009	\$12.99
Ginger, Ground GF	#1420	\$8.99
Orange Zest Granules, ¼ lb. GF	#1669	\$7.49
Regal Pumpkin Pie Spice	#1012	\$11.99
Zesty Lemon Zest, ¼ lb. GF	#1433	\$6.99

DIPS & DRESSINGS

Dilly Dill Dip Mix GF	#1421	\$7.99
Guacamole Seasoning, ½ lb. GF	#2588	\$5.99
Hearty Vegetable Dip Mix	#2217	\$8.99
Italian Salad Dressing Seas. GF	#1698	\$7.49
Lip Smackin' Chipotle Ranch GF	#2589	\$7.99
Onion Soup & Dip GF	#1025	\$6.99 Sale \$5.99
Popeye's Spinach Dip Mix GF	#1423	\$9.99
Rosie's Ranch Buttermilk Salad Dressing Mix GF	#1032	\$6.99 Sale \$5.99
Salsa Seasoning GF	#1898	\$8.49

SPICES



Rosie's Ranch

Our mix makes a cool, creamy dressing, a favorite dip, or a flavoring for roasted vegetables, meats, breads, and even buttered popcorn.

GF 1 lb. bag
#1032...Reg. \$6.99 | **Sale \$5.99**

★★★★★

"This ranch mix is great! I like to use buttermilk instead of milk for the dressing. It is also great for ranch dip! It is much more cost effective than buying ranch dressing at the store, and with only 3 ingredients it is really fast to whip up!"

Farrah Murray, Gillette, WY



Onion Powder

Substitute 1 tsp. of onion powder per every small onion or 1/3 cup of chopped onion a recipe calls for.

GF 1 lb. bag
#1027...Reg. \$7.49 | **Sale \$6.49**



Garlic Granules

Use 1 tsp. of Garlic Granules for each clove and add robust flavor without adding the chunky texture of chopped garlic cloves to sauces or spreads.

GF 1 lb. bag
#1948...Reg. \$12.99 | **Sale \$10.99**



Superb Spaghetti

Rich Italian flavor for speedy sauce, or the base for your own custom recipe. Just add tomato paste, water, and 1 Tbsp. oil

GF 1 lb. bag
#1036...Reg. \$6.49 | **Sale \$5.99**

★★★★★

"We love the Superb Spaghetti seasoning mix. It is so simple but yet it's so great. and the best part is the cost... way cheaper than buying sauce from the store."

Anne Minton

CUSTOM CULINARY PRODUCTS ARE THE SAME BASES AND GRAVIES USED BY CHEFS.



Granular Flavored Bases

An economical granular meat base. Use in rice or pasta cooking water for extra flavor. 0 trans fat.
GF 16 oz., yield: 5 gallons....\$4.99

- ◆ #1040 Chicken
- ◆ #1041 Beef

Real 'Meat First' Bases

Professional chef quality. No MSG added. 0 trans fat
GF 16 oz., yield: 5 gallons.

- ◆ #1038 Chicken...Reg. \$8.99 | **Sale \$7.99**
- ◆ #1039 Beef....\$8.99

Professional bases make a difference you can taste!



PanRoast Gravy Mixes

Real pan drippings and select seasonings create rich, savory gravies. Just add water.
68-2 oz. servings when prepared.
12 oz. bag

- ◆ #2131 Pork Gravy Mix....\$7.49
- ◆ #1254 Turkey Gravy Mix....\$7.99
- ◆ #1253 Chicken Gravy Mix....\$7.49
- ◆ #1255 Country Gravy Mix....\$7.49
- ◆ #1252 Brown Gravy Mix...\$6.99
- ◆ #3586 Beef Gravy Mix...\$6.99

PanRoast Peppered Biscuit Gravy Mix
20 oz./72-2 oz. svgs.
#1525.....\$6.99

{ PanRoast Peppered Biscuit Gravy Mix
6/20 oz. bags
#7558...\$32.99 }

CUSTOM CULINARY
Au Jus Base
GF 16 oz. yield: 3 gal
#2061.....\$7.99

SAVE \$200



Pumpkin Chocolate Chip Cookie Mix

An old-fashioned favorite; soft and spicy pumpkin cookies with chocolate chips nestled throughout. 96/2" cookies. 4 lb. bag #1966.... Reg. \$11.99 **Sale \$9.99**



Pumpkin Cobbler

All the flavor of pumpkin pie with none of the work. Just add water, butter, and a can of pumpkin. You'll fall in love with this dessert. Serves 9. #5892....\$7.99



Old Fashioned Buttermilk Pancake Mix

Tasty, old-fashioned, fluffy pancakes and waffles. Yield: 115/4" pancakes. Just add water. 4 lb. bag #1822....\$6.99

BULK Pancake Mix

Yield: 718 pancakes. 25 lb. bag #2128....\$33.99



Conestoga Sweet Cream Pancake & Waffle Mix

The touch of sweet cream in this professional mix makes these the best pancakes to grace the skillet. Just add water. 5 lb. bag #7435....\$11.49



NEW! Fancy Fruit Syrups

Pure fruit flavor sweetened and thickened with only cane sugar. 11.5 oz. bottle | \$5.99

- ◆ #2314 Apricot
- ◆ #2315 Boysenberry
- ◆ #2316 Red Raspberry

◆ **Mini Baking Cups**

Use for candy, mini muffins, nut cups, fudge, chocolates, crafts. 500 ct. #2058.....\$6.99

◆ **Baking Cups**

White standard paper baking cups. 500 ct. #1646.....\$6.99

◆ **Texas Size Baking Cups**

2 3/4" x 1 7/8" wax baking cups. 500 ct. #1580....\$14.99



Delectable Blueberry Muffin Mix

Customer-favorite mix for tender bakery-style blueberry muffins. 45/2 oz. muffins 4 lb. bag #2308....\$11.99



Scrumptious Raspberry Muffin Mix

Craft fluffy muffins with juicy raspberry-flavored bits. 45/2 oz. muffins 4 lb. bag #2309.....\$11.99



Professional Homestyle Cornbread Mix

Commercial mix bakes fluffy, slightly sweet cornbread with a finer grain. 5 lb. box #2130....\$9.99



Professional Buttermilk Biscuit Mix

Commercial mix for tender, mildly sweet buttermilk biscuits. Yields 8 doz., 2" biscuits 5 lb. box #2129...\$9.99



Beer Bread Mix

Just add 12 oz. beer or other carbonated beverage. Recipe variation ideas included on the package. Makes one melt-in-your-mouth loaf. 16 oz. box #1616....\$5.99



10-Calorie Spreadable Fruit

Our fresh fruit spreads taste too good to be so healthy! Over 85 percent fruit and a touch of Stevia. Made with Utah fruit picked at the peak of ripeness. Provides vitamins, minerals and a boost of antioxidants. GF 11.5 oz. jar...\$6.99

- ◆ #2997 Cherry Pie
- ◆ #2999 Raspberry Cheesecake
- ◆ #2996 Mountain Berry Cobbler





NEW! Fluted Tube Cake Pan

Professional grade aluminized steel pan with patented easy release AMERICOAT silicone coating. Made without PTFE, PFOA and BPA.

10" x 3.75"
#2292....\$24.99



NEW! Professional Pumpkin Spice Baking Mix

Enjoy fall's favorite flavor as fluffy pancakes, tender quick bread or muffins. Just add eggs, water, and oil.

5 lb. box
#1989....\$13.99



Classic Crème Cake & Muffin Mix

Professional mix for premium cakes.

4 lb. bag
#1823....\$7.99



Sweet Potato Pancake & Waffle Mix

No artificial ingredients or preservatives.

4 lb. bag
#1967....\$12.99



Gourmet Cream Syrup Variety Pack

Maple Cream, Vanilla Cream, Cinnamon Cream, and Coconut Cream.

GF 4/11 oz. bottles
#8012....\$18.99 | \$4.75 each!



Richly Delicious Fudge Brownie Mix

Premium fudgy flavor and incomparable texture make this mix one of our most popular mixes.

7 1/2 x 2" brownies / 4 lb. bag
#1824....\$10.99



NEW! Brownie Bite Pan

20 wells for 20 bite sized brownies with perfectly crisp edges.

#1460....\$23.99



Oatmeal Jumble Cookies

Just add water and butter for cookies with old-fashioned flavor.

Yield: 30 / 2 1/2" cookies
23 oz. bag
#1594....\$6.49

Snickerdoodle Cookie Mix

Just add water and shortening.

Yield: 30 (2 1/2") cookies.
23 oz. bag
#5243...\$6.49

Ginger Molasses Cookie Mix

Just add water and shortening.

Yield: 30 (2 1/2") cookies.
23 oz. bag
#5299... \$6.49

Chocolate Crinkle Cookie Mix

Just add water.

Yield: 30 (2 1/2") cookies.
23 oz. bag
#5244 ...\$6.49



Marvelous 'n Chewy Macaroon Mix

Just add water. Yields 60/1" cookies.

4 lb. bag
#1965....\$21.99



Heavenly Angel Food Cake Mix

Just add water. Yields 5/18 oz. cakes.

4 lb. bag
#2815....\$18.99

MIXES



Mini Poly Treat Bags
Poly .001 mil 4" x 2" x 12". 100 ct.
#7803....\$3.99

Bakery Bags for Dinner Rolls
Poly .001 mil 8" x 4" x 18". 100 ct.
#4238.....\$5.99

Bread Bag White Twist Ties
3 1/2", 2000 ct. box
#2057....\$7.99

A. Turkey Brand Unbleached Bread Flour
All-natural, unbleached, non-GMO flour made from local wheat.
25 lb. bag
#2285...\$13.99

B. Saf Instant Yeast
GF 1 lb. Package
#2446...\$4.99

C. Bakery Bread Bags
Poly .001 mil bags. 15" length. 100 ct.
#5494....\$5.99

Gluten Free 1-to-1 Baking Flour
Use as a direct replacement for all-purpose baking flour.
GF 44 oz. bag
#1277....\$8.99

★★★★★
"I never believed there was a difference in flours until I tried Lehi Roller Mills. I am now a flour snob. Everything I make with this flour turns out amazing."
Brandy Doty, Ivins, UT



What makes Ghirardelli chocolate better?

Each velvety smooth product is a carefully balanced blend of the finest ingredients, including real cocoa butter, unsweetened chocolate, and just the right touch of sugar.



Semi-Sweet Mini Chips
GF 2.5 lb. bag
#7121....\$12.49

Real Milk Chocolate Chips
GF 3 lb. bag
#1302....\$16.99

Real Semi-Sweet Chocolate Chips
GF 3 lb. bag
#1305....\$13.99



Golden Brown Pure Cane Sugar
Nutty, caramel and subtle molasses flavor; moist texture.
4 lb. bag
#2261....\$8.99



Powdered Pure Cane Sugar
Very fine, with exceptionally smooth texture for frostings, glazes, and candy-making.
GF 7 lb. bag
#1151\$12.99 | 1.85 per lb.



Pure Cane Granulated Sugar
GF 10 lb. bag
#1632....\$11.49



Ghirardelli Unsweetened Superior Cocoa Powder
10-12% Cocoa Butter, Dutched
Rich, full bodied and well-rounded.
GF 2.5 lb. bag
#6282....\$12.99



Gerken's® Mini Cinnamon Drops
For baking use only; not to be eaten as candy.
GF 2 lb. bag
#2776.....\$6.49



Dark Chocolate Baking Chips
*No Sugar Added
*Botanically Sweetened with Stevia
*Made with Non-GMO Ingredients
GF 9 oz. bag
#1732....\$7.99



Imitation Almond Extract
Clear, colorless extract with smooth nutty almond flavor.
GF 1 pt. bottle
#1081....\$7.99



Bulk Baking Ingredients



Maple Flavoring
GF 16 oz. bottle
#5714...\$12.49



Light Corn Syrup
GF 1 gal.
#1862...\$18.99



Busy Bee American Clover Honey
Grade A No added ingredients; 100% honey. GF
♦ 3 lb. jug #1148...\$11.99
♦ 5 lb. jug #1149....\$18.99

Mexican Vanilla Bean Honey
Try our Mexican Vanilla Bean Honey on toast, scones, cornbread, or peanut butter sandwiches. Absolutely delicious in coffee, tea, or smoothies.
GF 9 oz. jar
#1912....\$14.99



Mexican Vanilla Paste
All-natural. No additives or preservatives.
GF 8 oz. jar
#6945...\$22.99



Original Mexican Vanilla
All-natural, smooth and rich vanilla makes baked goods shine.
♦ 8.4 oz. GF #6702....\$19.99
♦ 16.7 oz. GF #6919....\$29.99



- #1625 Durkee Vanilla Clear Imitation Flavoring GF 32 fl. oz. bottle\$9.49
- #2847 Clabber Girl Baking Powder GF 5 lb. tub \$13.49
- #2848 Clabber Girl Baking Soda GF 5 lb. tub\$7.49
- #2849 Clabber Girl Cornstarch GF 3.5 lb. tub\$5.99
- #1194 Grandma's Unsulphured Molasses GF 1 gal. jug\$18.99
- #2122 California Natural Seedless Raisins GF 2 lb. bag\$7.49

CRESTWARE

A. Commercial Cookie Sheet (Bun Pan)

Aluminum, 18" x 13"
#4020....\$9.99

B. Cover for Commercial Cookie Sheet

(fits #4020 only)
#3860....\$6.99

C. Quarter Size Sheet Pan

Aluminum, 9" x 13"
#5957.....\$6.99

Cover for Quarter Size Sheet Pan

(fits #5957 only) 9" x 13"
#5958.....\$5.99

Hand wash only.

D. Cookie Scoop

Measure consistent scoops of dough for perfectly portioned cookies every time.

#3838....\$7.49

E. Cooling Rack

Stainless, fits commercial cookie sheet.

One is never enough!

12" x 17"

#1145....\$5.99



G. Commercial Parchment Paper

Silicone grease-proof pan liners to line baking sheets, separate foods for freezing, line cake pans, etc.

12" x 16" 100 sheets

#1153.....\$7.99

Compare to the same size pack on Amazon.com at \$14.89, and save 46% with AP!

KITCHEN Tools



Vegalene



Garlic Mist®

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.

GF 17 oz. can

#1577....\$8.49



Buttery Delite®

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.

GF 17 oz. can

#1576....\$8.49



Vegalene Grid Iron Release Spray

Achieves a smooth, fast release for waffles (3-5 waffles per spray).

GF 14 oz. can

#1575....\$7.49



Bak-Klene® ZT All-Purpose Spray

Its superior release power assures clean, easy removal of a variety of baked goods from their pans. Like greasing and flouring your baking pans, but SO MUCH EASIER!

14 oz. can

#5564.....\$7.49

F. Vegalene® Pan and Grill Spray

This all-natural, zero trans-fat product prevents food from sticking to cooking utensils and dishes.

GF 21 oz. can

#1212....\$8.99

FREE OFFER

Purchase (1) #4020 Commercial Cookie Sheet, (1) #3860 Cookie Sheet Cover, and (1) #1153 Parchment Paper and receive one free 100 ct. package of our Mini Bakery Bags, valued at \$3.99. Use Code #2286.

Paper Mini Loaf Pans

No need to grease.

25 ct.

#7810....\$10.99



Silicone Baking Mat

Reusable, nonstick silicone mat fits in our Commercial Cookie Sheet (#4020) and prevents sticking and burning of your baked goods. 16.5" x 11.75". Withstands up to 600°.

#8436..... \$12.99



CRESTWARE

Cake Server

White plastic handle with stainless steel blade.

10 3/4" x 2"

#3843....\$3.99



CRESTWARE

Flexible Cutting Mats, 6 pk

6 ct. 15" x 12"

#3840....\$11.49



Food Film w/Cutter

Commercial grade plastic wrap in an economical foodservice pack. 12" X 2000' Each

#6127....\$18.49



Ziploc Bags Variety Pack

Multi-purpose pack of resealable plastic bags; 125-Sandwich, 120-Snack, 52-Gallon Storage, 50-Quart Storage bags.

347 ct. box

#1978....\$22.49 | .06 per bag



Ziploc Smart Zip Gallon Freezer Bags

Double zipper freezer bags.

10 9/16" x 10 3/4"

152 ct. box

#1979... \$23.99 | .16 per bag



Deli Containers with Lids

Our Deli Containers make it easy to pack leftovers, salads, cookies, and more.

50 ct.

• 8 oz. #2258.... \$9.99

• 16 oz. #6476.... \$9.99

• 32 oz. #6477..... \$11.99



Two-Compartment

28 oz. Meal Prep Containers

Divided black plastic food safe containers with clear lids (50 containers and 50 lids). Reusable; top-shelf dishwasher safe. Microwave and freezer safe. 8.3" x 5.8" x 2.1"

50 ct.

#1763....\$21.99 | Just .44 per container!

Compare to .80 each on Amazon!





Double Eagle Silver Dollar Jerky
 2 1/2" round jerky. 15 oz. of meat.
 80 ct....\$16.99
 ♦ #4694 Peppered
 ♦ #4695 Teriyaki
 ♦ #4693 Old Fashioned



Cookie & Cracker Variety Pack
 Kid-pleasing pack includes: 12-Cheez-It Crackers, 12 Fudge Stripe Cookies, 9 Scooby Doo! Graham Crackers, 12-Chips Deluxe Mini Cookies
 45 ct. box
 #4019....\$17.99



Cookie and Snack Variety Pack
 Perfect lunchbox portions of your favorite snacks! 9-Mini Chips Ahoy, 8-Nutter Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos.
 1 oz. bags / 40 ct. box
 #1257...\$17.99



Classic Chips Variety Pack
 Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour Cream & Onion, 4-Lay's Barbecue
 1 oz. / 54 ct. box
 #4018....\$20.99 | Just .39 each!



Keebler Disney Frozen Graham Snacks
 Bite-sized, honey-flavored graham crackers in Disney Frozen character shapes. Made with whole grain, honey, and no artificial flavors, colors or high-fructose corn syrup.
 35/1 oz. bags
 #1793....\$13.99

Back by popular demand!



Goldfish Giant Cinnamon Grahams
 Each pack has 2 large cinnamon graham Goldfish. Fun to dunk in milk, or use to scoop applesauce or yogurt.
 .9 oz. / 50 ct.
 #1765....\$12.99 | Just .26 each!



Berries 'N Cherries Fruit Snacks
 Fruit puree is the first ingredient. 100% DV of Vitamin C.
 GF 9 oz. / 40 ct. box
 #1288....\$10.49
 Just 26¢ each!

Welch's Fruit Snacks Island Fruit
 Flavors: Strawberry-Banana, Tropical Punch, Pink Grapefruit, Guava-Kiwi, Mango and Pomegranate-Passionfruit.
 GF 9 oz. bags; 8/10 ct. boxes
 #2087....\$24.99



Goldfish® Cheddar Snack Crackers
 One of America's favorite snacks.
 31 oz. box
 #3097....\$10.49



Pretzel Snaps
 46 oz. tub
 #2319....\$9.99



Premium Original Granola
 50 oz. bulk bag
 #5768....\$14.99



Goldfish® Cheddar Snack Crackers
 One of America's favorite snacks.
 31 oz. box
 #3097....\$10.49



Fruit Cup Variety Pack
 12 Diced Peaches; 12 Mixed Fruit; both in extra light syrup with pull-top cans. Just 50 calories each.
 GF 24 cups
 #2811....\$14.99 | .62 per cup



Jif to Go Cups
 Everyone's favorite peanut butter in individually portioned cups. This size case is not available in stores.
 GF 1.5 oz. cups/36 ct
 #8390....\$12.99



Unsweetened Squeezable Applesauce Pouches
 No high fructose corn syrup.
 GF 24-3.17 oz. pouches
 #9123...\$18.49 | 77¢ each

Compare to Mott's Applesauce Pouches at 92¢ each!

PREMIUM NUTS & CANDY



Deluxe Mixed Nuts
Roasted and salted almonds, cashews, pecans, Brazil and hazel nuts.
GF 14 oz. tub
#9121\$13.99



Super Hero Trail Mix
Roasted peanuts, butter toffee peanuts, Boston baked peanuts, chocolate coated peanuts, yogurt coated raisins, and candy-coated chocolate candies.
16 oz. tub
#1163....\$7.99



Nut Berry Trail Mix
Dried Cranberries, R&S Almonds and Cashews, Pecans and dried cherries.
14 oz. tub
#2076....\$7.99



HARIBO
Gummy Bears Family Pack
3 lb. bag
#5009....\$10.99



Orange Creme Gummy Bears
Like a creamsicle in a gummy bear!
16 oz. tub
#2706....\$5.99



Cinnamon Bears
Childhood favorite chewy hot cinnamon bears.
GF 16 oz. tub
#1172....\$6.49



Swedish Fish Mini
Family size bag of soft, chewy fishies in a new mini size.
1.8 lb. bag
#2263....\$7.49



Gummy Blue Sharks
Take a bite out of these not-so-scary shark gummies. Perfect to decorate summer treats or float in blue gelatins for party treats.
16 oz. tub
#1176....\$6.99

Multi-Colored Gummy Rainforest Frogs
Soft, chewy fruit-flavored gummies shaped as adorable rainforest frogs.
14 oz. tub
#2703....\$6.99



Gummy Peach Rings
Sweet, tart, sugar-dusted gummy peach rings.
16 oz. tub
#2243....\$6.99



Gummy Sour Grapefruit Slices
Sour, sugar-dusted grapefruit-flavored wedges.
16 oz. tub
#1206....\$6.99



Milk Chocolate Malt Balls
1 lb. bag
#2034....\$6.49



Dark Chocolate Cranberries
1 lb. bag
#2038....\$6.99



Chocolate Cinnamon Bears
GF 2.65 lb. bag
#1290....\$12.99



Chocolate Fruit Basket
Tender chewy dried cranberries, apples, blueberries, cherries, and apricots covered in luscious milk & white chocolate.
1 lb. bag
#2044....\$8.49



Milk Chocolate Almonds
Crisp almonds coated in rich milk chocolate.
1 lb. bag
#2033....\$6.99



Vanilla Yogurt Pretzels
1 lb. bag
#2040....\$4.99



Milk Chocolate Cashews
Fresh, crunchy cashews enrobed in creamy milk chocolate.
1 lb. bag
#2036....\$8.49



Cashews, Roasted & Salted
GF 14 oz. tub
#9117....\$14.49



Butter Toffee Cashews
Crunchy cashews coated in a buttery toffee glaze.
1 lb. bag
#2043....\$8.49



Butter Toffee Almonds
Crisp almonds coated in a sweet and buttery shell.
1 lb. bag
#2041....\$6.49

Cinnamon Toffee Almonds
Crisp almonds wrapped in a buttery toffee glaze with just the right amount of cinnamon.
1 lb. bag
#2042....\$6.99



Alpine Mints
Creamy mint round candy balls with a rich dark chocolate middle wrapped in a fine candy coating.
1 lb. bag
#2035....\$6.99



Dried Cranberries
GF 14 oz. tub
#9205...\$7.49

Chocolate Mint Cookie Bites
Dark chocolate crispy cookies dipped in dark & white mint chocolate.
1 lb. bag
#2037....\$6.99



Shelf-Stable Dairy Products

U.H.T. (Ultra High Temperature) Shelf-Stable Milk

Real, delicious Grade A milk that has all the vitamins and nutrition of conventional pasteurized milk and is ready to use. Stays fresh without refrigeration until the sealed package is opened (approx. 12 months). No preservatives added.

GF 27/8 oz. cartons
\$16.99 | Just .63 each!

- ◆ #1707 2% Chocolate Milk
- ◆ #1708 2% Strawberry Milk
- ◆ #1709 2% Root Beer Milk
- ◆ #1710 2% White Milk



Shelf-Stable U.H.T. Whipping Cream

Keep rich whipping cream on hand for whenever you need it! Store in pantry and chill 8 hours (40 degrees F) before whipping. Approx. 12 month shelf life.

GF 27/8 oz. Cartons
**#1696....\$34.99
 Just \$1.30 each**



★★★★★

"THESE are the BEST! Great quality cream that whips up wonderfully and can be kept on the shelf for at least 6 months! We keep a few in the fridge and the rest in storage and then we have it whenever we need it!"

Jamie Perkins, Panaca, NV



Vanilla Chai Tea Latte Mix

Perfect blend of spices with a delicious vanilla overtone. Enjoy hot, cold, iced, or frozen.

Yld: 64 – ½ cup svgs.
 GF 3 lb. tin
#1522....\$19.99



Spice Chai Tea Latte Mix

Our signature flavor! A delicious blend of black tea, honey, vanilla, cinnamon and cloves. Enjoy hot, cold, iced or frozen.

Yld: 64 – ½ cup svgs.
 GF 3 lb. tin
#1523....\$19.99



Cappuccino

Rich, comforting cappuccino that's terrific hot or cold, or enjoyed as a coffee creamer.

GF 2 lb. bag (45/8 oz. svgs.)....\$7.99

- ◆ #1326 French Vanilla
- ◆ #1330 English Toffee
- ◆ #1328 Mocha
- ◆ #1329 White Chocolate Caramel



V8 Splash

Refreshing combinations of natural fruit flavors with a 5% carrot juice blend for a deliciously sweet taste.

GF 12/16 oz. bottles



◆#1717 Tropical Blend....\$19.99
Just .10 per oz.!

Juicy apples, pineapples, kiwis, limes, and mango paired with carrot juice.



◆#1716 Berry Blend....\$17.99
Just .09 per oz.!

The sweetness of apples, cherries, strawberries, red raspberries, and blackberries with carrot juice.

True Lemon Crystallized Lemon Packets

Each packet equals one lemon wedge. Adds natural flavor with zero calories to water, recipes, yogurt, or sprinkled over salmon. No artificial sweeteners, flavors, or colors. Allergen free.

GF 100 ct. box
#1689....\$7.99



Sunny Delight Tangy Original

GF 24/10 oz. bottles
**#8581...\$15.99
 Just 67¢ each!**



Country Time Lemonade Flavored Drink Mix

No artificial sweeteners or flavors. Good source of Vitamin C. Yield 34 qts.

82.5 oz tub
**#2536 ...\$14.99
 Just .31 per qt.!**



Nesquik Chocolate Powder

45% less sugar than the leading syrup brand. Provides calcium and 7 essential vitamins and minerals. Contains 8g of protein when combined with 8 fl. oz. of low-fat milk. No artificial colors or flavors.

44.9 oz. container
**#2262....\$11.99
 Just .14 per svg.!**



CLUB STORE DIRECT

Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas.
Better quality and larger pack sizes, still at a great value for families!



Italian Sausage & Beef Lasagna

Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen. 2/48 oz. trays
#1279...\$21.49



Bacon Crumbles

100% real bacon. High-quality, fresh pork is slowly smoked over all-natural hardwood chips then crumbled for easy use.
GF 20 oz. bag
#1241...\$16.49



Boneless, Skinless Chicken Thighs

Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen. Ready to cook from frozen.
GF 6.5 lb. bag
#1317...\$21.49



Walnut Halves & Pieces

Approx. 12 cups of U.S. #1 walnuts for baking and snacking.
GF 3 lb. bag
#1293...\$22.99



Whole Almonds

Approx. 9 cups of supreme #1 U.S. raw almonds.
GF 3 lb. bag
#1294...\$21.49



Fancy Pecan Halves

U.S. #1 beautiful pecan halves for recipes and snacks.
GF 2 lb. bag
#1292...\$23.99



Salted Sweet Cream Butter

GF 4/1 lb. case
#1723...\$15.99



Soft & Chewy Granola Bars, Chocolate Chip

Made with real semi-sweet chocolate chips and whole rolled oats. .85 oz. bars / 64 ct. box
#1138...\$14.49



Trail Mix Snack Packs

Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs.
GF 2 oz. / 28 ct.
#4005...\$24.99 | .89 each



Microwave Popcorn, Movie Theater Butter

100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter.
GF 3.3 oz. / 44 ct.
#1821...\$15.99 | Just .36 each!



Minced Garlic

Grown, harvested, processed and packed in California. Packed in water; recipe ready!
GF 48 oz. jar
#1289...\$7.99



Foodservice Aluminum Foil

12" x 1000' roll (1,000 sq ft)
#1963...\$39.99



Flex-Tech Kitchen Trash Bags

200 ct. /13 gal.
#2777...\$25.99



USDA Organic No-Salt Seasoning Blend

A blend of 21 organic spices and ingredients from around the world to healthily season any meat or vegetable dish.
GF 14.5 oz. container
#1295...\$13.49

Starkist Tuna Creations Tuna Pouches

Lightly marinated premium single-serve chunk light tuna. Ready to eat. Add to salads, enjoy on crackers, or eat right out of the pouch. GREAT for low-carb diets! 2 year shelf life. **GF** 24/2.6 oz. pouches
\$29.99 | Just \$1.25 per pouch!

#2255....Lemon Pepper
 80 calories, 18 g. Protein, 1 carb.

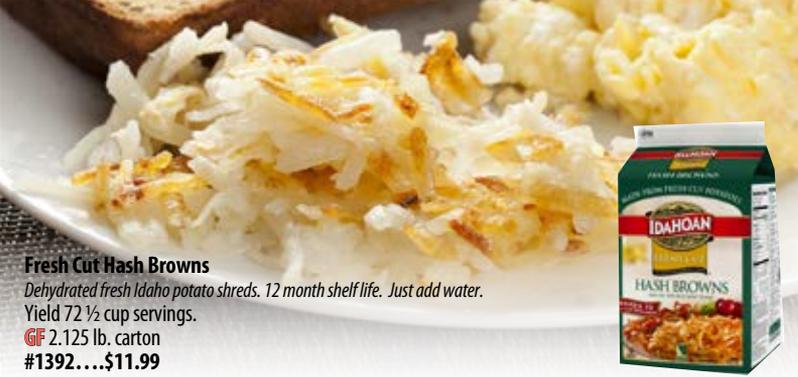
#2256....Ranch
 80 calories, 14 g. Protein, 1 carb.



Easy, low-carb meals!

Starkist Chicken Creations Chicken Salad

Premium white meat chicken pouches with chicken sourced from American farms, savory dill relish, crisp celery, and red peppers. 70 calories, 9 grams of protein, 4 carbs.
GF 12 / 2.6 oz. pouches
#2257....\$20.99
Just \$1.75 per pouch!



Fresh Cut Hash Browns

Dehydrated fresh Idaho potato shreds. 12 month shelf life. Just add water. Yield 72 1/2 cup servings.
GF 2.125 lb. carton
#1392....\$11.99



Baby Reds Flavored Mashed Potatoes

Premium Russet and red real Idaho potatoes with skins. Just add water. Approx. 40 svgs.
GF 32.85 oz. bag
#1390....\$9.99



Premium Homestyle Mashed Potatoes

Made with 100% real Idaho potatoes, milk, and seasonings for creamy comforting flavor. Just add water. Approx. 52 svgs. per bag.
GF 28 oz. bag
#1391....\$8.99



Excel Original Potato Pearls Mashed Potatoes

GF 28 oz. bag
#4744....\$7.99



Cornaby's Jam in a Jiffy

The simplest way to make freezer jam! Just add dry mix to 2 lbs. of crushed fresh or frozen fruit and stir. Yield: approx. 6 cups of jam.
GF 18 oz. bag
#8732....\$5.99



Cornaby's E-Z Gel

Non-GMO cornstarch that can be directly added to any liquid, hot or cold, for instant thickness. Perfect for canning or freezing.
GF 16 oz. bag
#8733....\$10.99

Bulk Pudding & Topping Mixes

- #1913 Jell-O Instant Chocolate Pudding & Pie Filling, **GF** 28 oz. bag. \$7.99
- #1914 Jell-O Instant Vanilla Pudding & Pie Filling, **GF** 28 oz. bag..... \$7.99
- #1952 Dream Whip Topping, **GF** 10.8 oz. bag \$6.99



Knox Unflavored Gelatin

Unsweetened gelatin for thickening desserts and making marshmallows. Also a great egg substitute: 2 1/2 tsp. gelatine + 2 tbsp. water per egg in recipes.
 16 oz. canister
#2216....\$14.49



- Use to replace cream soup in any recipe for a healthier option.
- Only 35 calories in a ¼ cup serving!
- Used by professional chefs for over 35 years!
- Won't curdle or separate in freezer meals.



SAVE \$200



Elbow Macaroni Noodles
10 lb. bag
#1332.....\$15.49

White Cheddar Sauce Mix

The rich, velvety-smooth cheddar sister of Universal Sauce. Just add water for perfect macaroni & cheese or creamy soups. Yield: 3 gallons. 48 oz. re-sealable bag
#5242.....Reg. \$25.99
Sale \$23.99



BROCCOLI AND CHICKEN OVER PASTA

- 1 cup Whisk Bliss (#1980)
- 4 cup water
- ½ tsp Chicken Base (#1038)
- 2 cup grated cheese (Cheddar and Swiss work well)
- 2 cup broccoli florets (#8197)
- 3 cup chicken breast, cooked and chopped (#7787)
- 5 cup cooked pasta (#1331)

In a saucepan on medium heat, add water, Whisk Bliss and chicken base. Allow it to simmer and thicken. Remove from heat and add the cheeses. Whisk until the cheese is completely melted. Next add the broccoli and the chicken and serve over the pasta.



10" Spaghetti Noodles
10 lb. bag
#1331.....\$15.49

Whisk Bliss, Gluten-Free

The same delicious, creamy mix that you loved as "Universal Sauce," now gluten-free! Quick, rich, healthy, and versatile; use Whisk Bliss in place of any cream sauce components in your favorite recipes, from casseroles and soup, to queso.
GF 32 oz. bag
#1980.....\$14.99



Other Containers

- #1231 Six-gallon bucket \$9.99
- #4434 Clear Square 1/2 gallon Jar W/Lid (6 Per Order) \$9.99
- Gamma Lids (Fit 5 & 6 gallon buckets) \$7.49 each
- ◆ #2772 Red
- ◆ #2774 Blue

The Gamma Seal lid is a heavy-duty ring with a rotating center lid that seals tight or spins to open—much easier than prying off standard bucket lids!



◆ **5 Gallon Plastic Bucket with E-Z Open Lid**
Made with BPA-free food-grade plastic. Comes with a lid that has an internal gasket for an airtight seal. Holds about 37.5 lbs.
#7078.....\$8.49

◆ **2 Gallon Opaque White Plastic Bucket with White Gamma lid**
2 gallon bucket will hold approximately 15 lb. of dense product. Gamma lid gives an easy airtight seal.
#4779.....\$9.99

Emergency Sleeping Bag

The same mylar material as the emergency blanket, shaped into a sleeping bag to prevent heat loss even more efficiently. Retains 80% of body heat. Wind and waterproof. 84" x 36"
#7403.....\$3.99



Puricit® Citrus Air Freshener

Eliminate the lingering odors of grease, fish, and even cigarette smoke! We use this product in all the bathrooms here at Alison's Pantry.
6 oz. can
#1579.....\$5.99



NEW! Jumbo Emergency Flint Fire Starter / Striker

Essential tool for camping, hiking, emergency preparedness, and survival kits.
#2151.....\$4.99



Glass Cleaner

Dissolves dirt, grease, grit, and grime. Ammonia-free with a clean fresh fragrance.
19 oz. can
#1342.....\$3.99



#1 Quality Precooked Hickory Smoked Bacon Slices

See page 6.
GF 300 slices per box
#4835...\$49.99



Alison's Pantry

580 W. State Street
Pleasant Grove, UT 84062
www.alisonspantry.com



SAVE \$200



Chicken Cordon Bleu
See page 11.
25/5 oz.
#8553....Reg. \$34.99
Sale \$32.99



All-Natural Peppercorn Bacon Wrapped Pork Fillets
See page 8.
GF 6/approx. 5 oz. fillets
#2074....\$14.99 | \$2.50 per fillet

Back by Popular Demand!



Caramel Block
Rich, soft and chewy caramel for melting, dipping and drizzling.
5 lb. block
#9068....\$19.99



SAVE \$500

Yeast Raised Donut Rings
See page 35.
100/2 oz. rings
#7151.... Reg. \$29.99 | Sale \$24.99



SAVE \$200

Pumpkin Chocolate Chip Cookie Mix
See page 38.
4 lb. bag
#1966.... Reg. \$11.99
Sale \$9.99



Help a friend become a new Alison's Pantry Representative and earn \$200!

If you refer someone who becomes an Alison's Pantry Rep, we'll apply a \$200 credit your AP account.

- To qualify:
- The referring person must be named on the New Rep's application.
 - The new Rep's first order must be above our minimum sales requirement (easy to reach, and we offer lots of training & support!)
 - Alison's Pantry accepts one Rep per 1,000 population in a city.



★★★★★

"Being an Alison's Pantry Representative has changed my outlook on work. I get to decide when I work, how many hours I put in, all while being creative at the same time. This new experience has been social, entertaining, and challenging. We love AP!"

**Camee Brough, Nephi, UT
2020 Sales Average: \$4,350**