

The prices in this catalog are valid at [www.alionspantry.com](http://www.alionspantry.com) from April 14th-May 11th, 2020

\*Prices are subject to change without notice. Please see website for most current pricing.

Catalog No. 5 | 2020



# Alison's Pantry®

## FAMILY MEALS MADE EASY

**30+ NEW  
Summer Products!**

See pages 3-5.

**SAVE  
on our Bestselling Chicken  
Tenderloins and Nuggets.**

See page 13.

**SWEET NEW  
Frozen Treats.**

See page 4.

★ ★ ★  
**90 Day**

**DOUBLE YOUR MONEY BACK**

**Guarantee**  
★ ★ ★

**COVER FEATURES:**

#6519 Pierce Boneless, Skinless Chicken Breasts, pg. 12

#2592 Garlic Supreme, pg. 36

#8197 Flav-R-Pac Broccoli Florets, pg. 24

*Certain exclusions apply.*

*Refunds must be requested within 90 days from purchase date. Double your money back guarantee is applied as credit and does not apply to Hot Deal, Pantry Bargain, or other #2 products.*



## FROM THE FAMILY

Hi everyone!

I hope you're having a great year so far! I know the winter months are always a challenge for some. I'm glad that summer is almost here. By the time you read this, Vivian and I should be about ready to move into our house we're building. This is the first experience we've had of building a house and it is so fun to watch it go up! We stop by at least once a week, but usually more. The builder we're using has been great to work with so it has been a great experience so far. Without all of you this wouldn't be possible, so I want to thank you all for blessing our lives enough that we can build our dream home. After we move in there will still be a lot to do to make it feel like a home. Doing the landscaping and other things will be difficult but fun as well.

Vivian can't wait to host all of our cousins and family for big Sunday dinners every few months. It's always a lot of fun. Our current house is a bit too small for the 20 to 30 people that come so we're excited to have everyone over and share many Alison's Pantry products with them! Hopefully the next time you hear from me we'll have had one of those parties already. Thank you again and I hope you have a wonderful summer!

Sincerely,

*Jesse and Vivian Kisse*



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## OUR VISION & MISSION

Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry! We stand behind every product in our catalog. If you are ever unsatisfied with an item, please contact your Representative within 6 months for a 100% refund or within 90 days for a double your money back credit.



## How Alison's Pantry works

1

Receive a catalog from your Alison's Pantry Representative.

3

Order is delivered to your Rep's home in about a week after the order deadline.

2

Place an order at [www.alisonspantry.com](http://www.alisonspantry.com), or with your Rep, by the catalog order deadline printed on the back cover.

4

Pick up your order from your Rep. Enjoy restaurant-quality food from the comfort of home.

### Alison's Pantry

580 W. State Street  
Pleasant Grove, UT 84062  
801-796-6411  
Toll Free: 1-866-5-PANTRY  
Fax: 801-796-9309

Office Hours: M – F 8:00 a.m. – 5:00 p.m.

[www.alisonspantry.com](http://www.alisonspantry.com)

Prices and products are subject to change without notice. Sales tax will be charged according to your representative's town and state. Alison's Pantry adds 10% shipping to all orders. We reserve the right to substitute items of equal value and quality.

GF = gluten-free TW = individually wrapped

{ offered by the case }



We care about your diet needs and want you to have all the information necessary to make your meal decisions.

For more detailed ingredient lists and nutritional information, please visit [www.alisonspantry.com](http://www.alisonspantry.com) and search for any product by product number or name.

Pair with our Hoagie Buns (#1988, pg. 32!)



**NEW! St. Louis Rib Pork Patty**

100% boneless, unsauced quarter-pound pork patty. Specially shaped with raised ribs, just like the ones from a popular fast-food restaurant. Grill from frozen and serve as a dinner entrée with mashed potatoes and gravy, or with BBQ sauce on a hoagie bun as a sandwich.

40 / 4 oz. patties

#2094....\$36.99



NEW PRODUCTS



Our Bridgerland and Double L Ranch meats are manufactured by Lower Foods, Inc.. The Lower family has been in the meat business for four generations and are now focused on producing specialty meat items crafted in their state-of-the-art facility in Richmond, UT.

We're proud to offer their premium meats, which are:

- ◆ Free of the 8 common food allergens as defined by the FDA.
- ◆ Certified Gluten Free.
- ◆ With clean labels and no binders.



**NEW! Deli Craft French Dip Kit**

Oven-roasted whole-muscle USDA Choice beef sirloin, trimmed to 95% fat free, and thin sliced. Reduced sodium. No added MSG. Comes with an Au Jus Mix packet. Stack on our Tuscan Mini Dinner Loaves (#8196) for hearty French Dip sandwiches.

GF 2 lb. box

#2103....\$9.99



**NEW! Carne Azteca Beef Taco Filling**

Fully-cooked, lean ground beef, lightly seasoned to make tacos, nachos, salads and more! Flavor is mild enough to still add sauces, if desired. Can boil in bag or cook in skillet. No added MSG.

GF 2.5 lb. bag

#2104....\$10.99 | Just \$1.10 per svg.!



**NEW! Sloppy Joe Meat**

Fully-cooked ground beef mixed with a legendary sloppy joe sauce. Reduced sodium. No added MSG.

GF 5 lb. bag

#2107....\$18.99 | Just .95 per svg.!



**NEW! Smoke Craft Pulled Pork in BBQ Sauce**

Tender roasted pork, hardwood smoked, pulled, and mixed with a legendary BBQ sauce. Reduced sodium. No added MSG. 16/5 oz. servings.

GF 5 lb. bag

#2108....\$24.99 | Just \$1.56 per svg.



**NEW! Bridgerland Deli Craft Oven Roasted Turkey Breast, Sliced**

Mouthwatering, oven-roasted turkey breast, trimmed to 99% fat free. Reduced sodium.

GF 2 lb. pouch

#2100....\$11.99



**NEW! Bridgerland Deli Craft Naturally Hardwood Smoked Honey Ham, Sliced**

Sweet, honey-cured ham, with delicious hardwood smoke flavor from Lower Foods state-of-the-art process.

GF 2 lb. pouch

#2101....\$13.99



**NEW! Smoke Craft Pit Beef, Sliced**

Flavorful USDA Select bottom round, hardwood-smoked to medium well, trimmed to 96% fat free and deli-sliced. The rich, smokey flavor takes sandwiches to a new level! Reduced sodium. No binders.

GF 2.5 lb. bag

#2102....\$21.99





**NEW! Frozen Pop Variety Pack**  
4 each of orange, cherry, and lemon frozen pops. Just 30 calories per pop! No artificial dyes & flavors.  
12 / 1.65 oz.  
#2147....\$4.99



**NEW! Ice Cream Bar Variety Pack**  
Premium ice cream bars so rich and creamy, you won't believe they're also 33% less fat than regular ice cream! Assorted pack of chocolate, banana, and orange flavored bars.  
GF 30 ct. / 2.25 oz. bars  
#2152....\$15.99 | .53 per bar

#### NEW! Ice Cream Bars

Creamies top 2 bestselling flavors! Premium ice cream bars so rich and creamy, you won't believe they're also 33% less fat than regular ice cream!  
GF 24 ct. / 2.25 oz. bars  
\$12.99 | .54 per bar

#### ♦ #2153....Banana

Made with real banana puree for a fresh, mild banana flavor that no one has been able to duplicate.

#### ♦ #2154....Chocolate

Made with rich cocoa and real milk.



#### NEW! Mint Chocolate Dipped Ice Cream Bars

This mint chocolate dipped low-calorie ice cream bar quickly became a fan favorite for Creamie lovers. GF

♦ #2155....6 ct....\$3.99 | .67 per bar

♦ #2157...12/6 ct. case...\$37.99 | .53 per bar



#### NEW! Pride of Alaska Imitation Crab Meat

Mildly flavored chunk-style surimi with real snow crab and MSC-certified Alaska pollock.  
4/1 lb. bags  
#2111....\$19.99



#### NEW! Chicken Mini Tacos

Chicken, red chile, and onions in mini yellow corn tortillas.  
4 lb. box  
#2109....\$25.99

#### NEW! Hot Sauce Original

A generations-old recipe of arbol & piquin peppers and signature spices.  
12 oz. bottle  
#2134....\$6.99



#### NEW! 6" Pretzel Hot Dog Buns

Gourmet artisan dough with a delicious pretzel flavor and chewy texture.  
2/8 ct. bags  
#2138....\$12.99 | .81 each



#### NEW! 4" Pretzel Hamburger Buns

Gourmet artisan dough with a delicious pretzel flavor and chewy texture.  
2/8 ct. bags  
#2137....\$12.99 | .81 each

#### Find more Monin products on page 44!



#### NEW! Famous Beef Franks in a Blanket

Premium little franks made of 100% beef, then wrapped in a mouth-watering, light and flaky puff pastry.  
22.9 oz. box  
#2127....\$14.99



#### NEW! Hawaiian Island Syrup

Bring bright tropical flavor to lemonades, iced teas, and shaved ice with this blend of ripe passion fruit, guava, and juicy orange. Classic POG flavor!  
1 liter  
#2115....\$11.99



#### NEW! Lavender Syrup

Add semi-sweet, herbal floral flavor and beautiful, light purple color to cocktails, lemonades, sodas and more.  
1 liter  
#2116....\$11.99



#### NEW! Wildberry Syrup

The blended flavors of blueberries, blackberries and raspberries.  
1 liter  
#2117....\$11.99



#### NEW! Tropical Gold Pineapple Chunks

Picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.  
5 lb. bag  
#3002....\$13.99



#### NEW! Gourmet Ice Cream Topping Gift Set

An essential summer collection of ice cream toppings: Dark Chocolate, Sea Salt Caramel, and Sweet Strawberry.  
3/12.5 oz. bottles  
#2120....\$18.99

#### Pair with our Keebler Graham Tart Shells (pg. 34)



#### NEW! Cheesecake Whip

Ready-to-use whipped cheesecake to pipe into tarts, parfaits, cookie sandwiches, cupcakes, etc. Frozen; thaw overnight in fridge before piping.  
1.5 lb. bag  
#2113....\$12.99



#### NEW! Fruit Fillings

Use these sweet, fruity fillings between cake layers, as a topping, glaze or dip. Resealable spout with screw-top lid.  
16 oz.  
\$3.99

#### #2118....Strawberry

For an easy fresh strawberry pie, mix 4 c. fresh strawberries with 16 oz. filling. Place in 9" pre-baked pie shell, and chill. Top with whipped cream

#### #2119....Cherry







#### 6-Piece Cast Iron Set

• 12-inch lid doubles as skillet • 10-inch skillet • Dutch oven trivet • Deep 12-inch skillet • 6-quart legless Dutch oven • 10" lid fits Dutch oven and skillet  
#2405....\$84.99



SAVE  
\$500

#### Golden Spike Oval Roaster, 12 Qt.

Feed up to 12 people! The True Season cast iron finish is both durable and cook ready, right out of the box. The Golden Spike Historic Site denotes the binding of our nation via railway in May of 1869 when the last spike was driven into the ground in Promontory Summit, Utah.  
#1715....Reg. \$69.99 | Sale \$64.99



NEW PRODUCTS

#### 7" Mini Skillet Set

Set of two 7" mini skillets for personal pizzas, Skookies, fajitas, and more. "True Seasoned Finish" for a natural surface that's ready to use out of the box.  
#1128....\$9.99



SAVE  
\$400

#### 13" Square Dutch Oven

True Seasoned finish, ready to use. Thermometer notch allows you to check internal temperatures without opening the lid. Lid features raised ribs for use as a grill.  
8 qt.  
#8121....Reg. \$59.99 | Sale \$55.99



#### Hot Water Pot

With a built in spigot valve for easy, mess free dispensing, and built on handles for convenient carrying, this large capacity pot warms drinks for all! Keep it on hand for serving cocoa to a crowd!  
5 gallon/20 qt capacity  
#8496....\$41.99

#### Not just for pizza!



SAVE  
\$300

#### True Seasoned Cast Iron Pizza Pan

• True Seasoned Finished cast iron • Large 14" pan • True Seasoned Finished cast iron • Decorative molded cast iron handles • Also perfect for rolls, pancakes, cookies and flat top grilling on your outdoor BBQ  
#7623.... Reg. \$24.99 | Sale \$21.99



#### Professional Spatula Set

Deluxe pancake flipper and a heavy duty turner/scrapper.  
Set of 2  
#7339....\$15.99

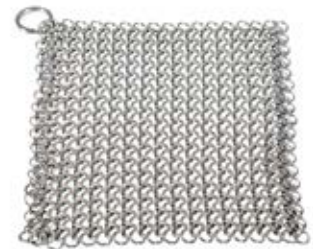
#### Cast Iron Cleaner

Special blend of all-natural oils and cleaning agents breaks down sugars and other food particles and cleans cast iron cookware with ease.  
6 oz. tube  
#9136....\$7.49



#### Cast Iron Conditioner

The best way to season and condition all your cast iron pieces. Protects from rust. All natural ingredients.  
6 oz. tube  
#7345....\$7.49



#### Chain Mail Scrubber

7" x 7" hand crafted, 316 stainless steel construction. Dishwasher safe and cleans cast iron, steel griddles, and other cookware.  
#1126....\$15.99

## Snacks for the trail!



#### NEW! KIND Bars

0 g. Trans fat. Gluten free. Good source of fiber. Low glycemic index. No genetically engineered ingredients.  
12/1.4 oz. bars  
\$20.99 | \$1.75 per bar

#### #2123 Dark Chocolate Nuts & Sea Salt

Our best-selling bar! Brazilian sea salt sprinkled over whole nuts and dark chocolate. 5g of sugar.

#### #2124 Peanut Butter Dark Chocolate

Made with almonds, roasted peanut butter, and dark chocolate. 8 grams of protein. 9 grams of sugar.



#### NEW! Cowboy Candy

Diced jalapenos combined with onions, garlic, vinegar and red bell pepper, and sweetened with non-GMO organic cane sugar. Delicious on cream cheese, hot dogs, burgers, or stirred into sloppy joes.  
11.5 oz. jar  
#2121....\$5.99



#### NEW! California Natural Seedless Raisins

Plump, sweet raisins to add to cookies, cereal, or trail mix, or to enjoy by the handful.  
2 lb. bag  
#2122....\$7.49





It's been said that to make something this good, you need some kind of secret recipe. But there's no magic in this meat. Just hours of hardwood smoke, a craftsman's touch and 125 years of practice.

SAVE  
\$7.00

### #1 Quality Precooked Hickory Smoked Bacon Slices

Keeps 6 months refrigerated, 9 months frozen. Microwave, heat and eat.

300 slices per box **GF**

#4835...\$49.99

### Applewood Precooked Bacon

Double-smoked applewood bacon for the bacon connoisseur. Bolder flavor than our #4835 bacon.

300 slices **GF**

#9137....Reg. \$49.99 | Sale \$42.99



## BLT PASTA SALAD

- 12 slices Daily's Precooked Bacon (#4835), crisped and diced
- 12 oz. corkscrew pasta, cooked and cooled
- 1/2 C. mayonnaise
- 3/4 C. Rosie's Ranch Dressing (#3893), prepared
- 1 1/2 C. diced tomatoes
- 1/2 C. diced avocado (#1645)
- 1/3 C. red onion, diced
- 1 C. romaine lettuce
- 1 C. mozzarella cheese, cubed (or shredded cheese of choice)
- 1 1/2 C. croutons, if desired

Whisk together mayonnaise, Rosie's Ranch dressing and 1 tablespoon bacon grease (optional). In a large bowl combine the pasta, tomatoes, avocado, cheese, red onion, lettuce and bacon. Pour the dressing over and gently stir to distribute throughout.



### 'Center Cut' Bacon Honey Cured

Smoky with the sweetness of a honey cure. Raw. 90 day shelf life.

**GF** 5 lb.

#3298....\$29.99



### Pioneer Brand 'Big Buy' #2 Bulk Bacon

Full irregular slices layered between wax paper sheets. Frozen.

*This is a #2 irregular product that sometimes includes a large amount of fat. Ideal for adding bacon flavor to recipes.*

Case will show 'Packed by' date and have 6 months of shelf life past that date.

**GF** 15 lb. bulk

#3297....\$39.99



### NEW! Hollandaise Sauce, Ready-to-Use

Rich creamy sauce for Eggs Benedict or to serve over fish or vegetables. Frozen; just heat & serve. Foodservice product; not available in stores.

2 lb. bag

#2056....\$10.99



### Sliced Canadian Style Bacon

Fully cooked and cut from whole-muscle pork loins. Naturally hardwood smoked with natural juices. Serve warm or cold.

**GF** 32 slices / 2 lb. pack

#1741....\$13.99 | \$7.00 per lb.



### Pioneer Brand Sugar Cured Bacon Bulk Ends and Pieces

Ships frozen. Raw. Case will show 'Packed by' date and have 6 months of shelf life past that date.

*This is a #2 irregular product with more fat.*

**GF** 15 lb. bulk

#2899....\$32.99

### Thick-Cut #1 Quality Bacon, Raw

**GF** 24 oz....\$9.99

◆ #8464 Deep Applewood Smoked

◆ #8465 Peppercorn

◆ #8463 Honey Cured



### Pork Sausage Patties (precooked)

**GF** 96 ct., 2 oz. size/12 lb. case

#4063....Reg. \$42.99 | Sale \$38.99

Compare our price of just \$3.25/lb. to Schwan's cost of \$5.67/lb. and save 43% with AP!

Cases will show 'Received' date and have 6 months of shelf life past that date.

SAVE  
\$4.00



### Skinless Pork Sausage Links (precooked)

**GF** 240 ct., .8 oz. size/12 lb. case.

#5464....\$42.99 | .18 per link

### Pork Sausage Links (precooked)

**GF** 240 ct., .8 oz. size/12 lb. case

#4062....\$43.99 | .18 per link

Compare our price of just 18¢ to Schwan's cost at 34¢ per link and save 47% with Alison's Pantry!

Cases will show 'Received' date and have 6 months of shelf life past that date.







### Belgium Pearl Sugar Waffles

Pre-baked, yeast-raised waffle dough with caramelized pearl sugar (like waffle trucks!) Light, crispy, and soft. IW.

10 ct. / 3.17 oz. waffles

#1811....Reg. \$15.99 | Sale \$14.49

★★★★★  
*"These are delicious! We like them out of the toaster topped with powdered sugar and whipped topping. It's like an elevated funnel cake."*  
**Nikki Bloms,**  
**Carpio, ND**



### Homestyle Waffles

72 ct. waffles

#1498...\$16.99



Photo shows recipe suggestion.



### Texas Toast, 3/4" Slices

1 loaf

#1373....\$3.99



### Cinnamon French Toast Sticks

Bake, fry or toast.

52 sticks / 56 oz. box

#1499.... \$12.99



### Gourmet Cream Syrup Variety Pack

Maple Cream, Vanilla Cream, Cinnamon Cream, and Coconut Cream.

GF 4/11 oz. bottles

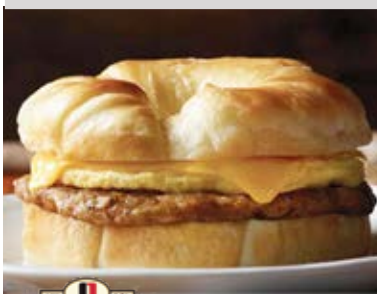
#8012....\$18.99 | \$4.75 each!



### Log Cabin Syrup

GF 1 gal. jug

#1590....\$12.99



### Sausage, Egg & Cheese Croissant

Microwave or oven bake.

12/4.5 oz. IW

#4454...\$19.99 | Just \$1.67 each!



### Sausage, Egg & Cheese Biscuits

Microwave or oven bake.

12 ct./4.9 oz. IW

#5354.... \$17.49 | Just \$1.46 each!



### Bacon, Egg, & Cheese Hot Pockets

Applewood bacon, egg, and low-fat mozzarella cheese in a croissant crust. IW; cooks in 2 minutes.

4.5 oz./17 ct. box

#1731....\$19.99



### All-Natural Fully Cooked Turkey Breakfast Sausage Patties

No added hormones or steroids, no nitrates or nitrites added, minimally processed, and with no artificial ingredients. Ready in seconds, with 60% less fat than pork sausage.

GF 114/1.4 oz. patties

#1997....\$31.99



### Egg, Sausage, & 3 Cheese Breakfast Burritos

Stuffed with whole eggs, savory sausage and three velvety, melted cheeses—American, Monterey Jack and Cheddar.

12/7 oz. burritos

#4845....\$25.99 | \$2.17 each



### Egg, Bacon & 3 Cheese Breakfast Burritos

Wrapped in a white tortilla. Microwavable. IW.

24/4 oz. burritos

#7419....\$31.49



### Sausage & Gravy Stuffed Buttermilk Biscuit

16/4 oz. biscuits

#4844....\$19.99



### Sausage, Egg & Cheese Buttermilk Biscuits

16/4 oz. biscuits

#4842... \$19.99



**All-Natural Peppered Bacon Wrapped Pork Fillets**

Pork tenderloin fillets (approx. 1/3 lb. each) wrapped in flavorful peppered bacon. Delicious on the grill, baked, or pan-fried.

6/approx. 5 oz. fillets

#2074....\$14.99 | \$2.50 per fillet

**Peppered Bacon Wrapped Pork Fillets**

48/approx. 5 oz. fillets

#2075....\$89.99 | \$1.87 per fillet

**Savory Sauces**

Our signature sweet raspberries and peaches paired with the kick of hot peppers. Twice the fruit and half the sugar of competitors. Excellent paired with pork or chicken!

12.5 oz. bottle

\$6.99

◆ #1069 Raspberry Chipotle

◆ #1070 Peach Habanero

◆ #1490 Raspberry Jalapeno

*Delicious on our  
Pork Fillets!*

**Seasoned Center-Cut Pork Chops**

Bone-in, Raw, lean and trimmed. Marinated for added tenderness.

GF 32/5 oz., 10 lb.

#6305....\$47.99

Compare our price of \$4.80 per lb. to Schwan's cost of \$8.00 per lb. and save 40% with AP!

**Bone-In Ham Steaks**

Fully cooked, hearty ham steaks. Individually vacuum sealed for freshness.

GF Big 1 lb. steaks, 4 per order

#5659....\$22.99



Keto Friendly

**CarveMaster Ham**

Boneless, natural juice ham, made from only fresh outside muscle, slow smoked with real apple wood. Fully cooked.

GF 7-8 lbs. avg.

#7960....\$37.99



Product is frozen before shipping which extends its shelf life for 6-9 months beyond the printed use or freeze by date.

**Bratwurst Minis**

Fully-cooked. Skinless. Approx. 50-3.5" links per package. Oven bake, grill, or griddle.

GF 5 lb. pack

#4843....\$22.99

**Lit'l Smokies® Cocktail Links**

Pork, turkey, and beef smoked to perfection.

Fully cooked.

GF 3 lb. pouch

#6042....\$16.99





Photo shows recipe suggestion.



### Farmland Original Pork Sausage Rolls

Mildly seasoned, original recipe raw ground pork sausage. Product of the USA. No added hormones. No artificial flavors, colors, or MSG.

12 / 1 lb. rolls case  
#1995....Reg. \$43.99  
**Sale \$39.99**



**SAVE \$400**



### Pork Riblets

Raw pork ribs ready to cook. Thaw them and cook in a slow cooker with BBQ sauce or in the oven. These are not meaty like a spare rib; more like individual baby back ribs.

GF 10 lb. case  
#1777...Reg. \$19.99 | **Sale \$18.49**

**SAVE \$150**

★★★★★  
"I put a dry rub on these and grilled them with some wood chips. They cooked up fast and turned out amazing!"  
**Chris Rotondo, Zap, ND**

❄️  
PORK | FROZEN  
❄️



### Fire Braised Fully Cooked St. Louis Style Pork Ribs

Ribs first seared with flame to caramelize the exterior and develop flavor, then slow-cooked in their own natural juices until tender and delicious.

GF 2.45 lb. avg. bag  
#1737....\$20.49 | \$8.36 per lb.

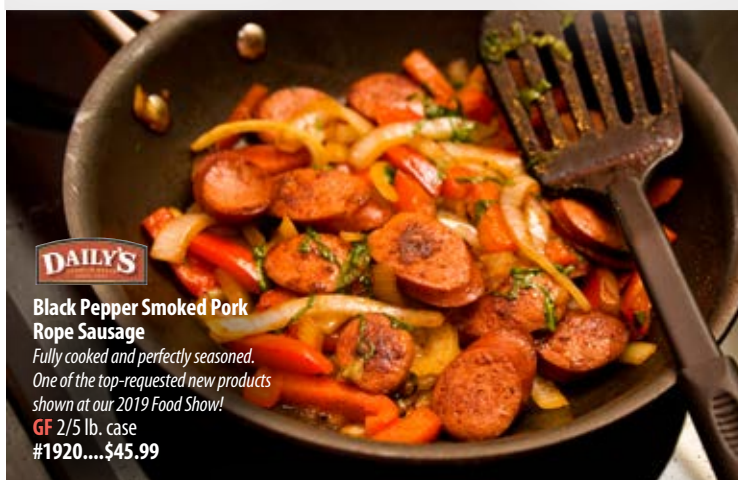


### Smoke Craft Pulled Pork

Fully cooked, naturally hickory smoked pulled pork. Free of the 8 common food allergens as defined by the FDA. No added hormones ever.

GF 5 lb. bag  
#1677....Reg. \$28.99  
**Sale \$26.99**

**SAVE \$200**



### Black Pepper Smoked Pork Rope Sausage

Fully cooked and perfectly seasoned. One of the top-requested new products shown at our 2019 Food Show!

GF 2/5 lb. case  
#1920....\$45.99



### Gold Medal All Meat Hot Dogs

Larger, 1/4 lb. hot dogs. No MSG added.

GF 4 per lb./40 ct./10 lb. case  
#1634....\$42.99 | \$1.05 each!



**Flavorful sausages wrapped in soft baked rolls. Individually wrapped in microwaveable film. Choose from 3 delicious flavors!**



### Sweet 'n Smokey Sausage in a Soft Baked Roll

Naturally hardwood smoked sausage plus a hint of honey in a soft-textured roll. Heat and serve.

8/5 oz. rolls  
#1365...\$14.49 | \$1.81 each



### Smokey Cheddar Pork Sausage Link in a Soft Baked Roll

Naturally hardwood smoked sausage filled with Wisconsin Sargento cheese in a soft-textured roll. Heat and serve.

8/5 oz. rolls  
#1362...\$14.49 | \$1.81 each



### Smoked Brat in a Soft Baked Roll

Hearty, big-flavored traditional bratwurst in a soft-textured roll. Heat and serve.

8/5 oz. rolls  
#1363...\$14.49 | \$1.81 each





### 100% Natural Chicken Breasts

Boneless, skinless breasts with rib meat. Ice glazed to prevent freezer burn. Raw.

*Irregular, #2 product, packaged under the Sunland label. Size of breast pieces will vary.*

GF 4 lb. bag

#5513....Reg. \$9.99 | Sale \$7.99

SAVE  
\$200

## LEMON PEPPER CHICKEN MARINADE

1 Tbsp lemon zest  
3 Tbsp freshly squeezed lemon juice  
1 tsp. Garlic Supreme (#2592)  
1 Tbsp black peppercorns (#1030), crushed  
2 Tbsp Avocado Oil (#3516)

Combine the lemon zest, lemon juice, Garlic Supreme, crushed black peppercorns, sea salt, and avocado oil in a bowl. Stir to combine. Add the chicken to a zip-top bag and pour the lemon pepper marinade over the top. Press the air out of the bag and seal tightly, making sure to press the marinade around the chicken to coat. Place in the fridge to marinate at least 30 minutes, up to overnight.

Keto Friendly



### All Meat Premium Corn Dogs

Plump pork & beef franks. Generous 50/50 meat-to-batter ratio. 60/2.67 oz.

#1182....Reg. \$31.99

Sale \$29.99

SAVE  
\$200

AP Bestseller



### Grilled Chicken Breast Strips

100% natural chicken breasts are lightly seasoned, grilled. Oven or microwave to heat.

GF 6/3 oz. servings

#9210...\$9.49 | \$1.58 per svq.

Keto Friendly



### Chicken Mini Corn Dogs

Mini chicken franks wrapped in honey crunch batter.

120/.67 oz., 5 lb. bag

#1581...\$19.99



### Fire Seared Chicken Thigh Meat

This boneless chicken thigh is first seared with fire to caramelize the exterior and develop flavor, then slow-cooked until tender, moist and delicious. Lightly seasoned.

GF 5 lb. bag

#1736...\$30.99 | \$5.90 per lb.

Keto Friendly



### Maple Pancake with Pork Sausage

Pork and turkey blend sausage.

56/2.85 oz.

#1406...\$32.99



### Chicken Breast Tenders (raw)

Juicy tenders to enjoy in stir fry, fajitas, kabobs, and more. Irregular, #2 product, packaged under the Sunland label. Size of pieces will vary.

GF 4 lb. bag

#6829...\$11.99

Keto Friendly

## PANTRY BARGAINS



### Popcorn Chicken

Bite sized pieces of all breast meat chicken, lightly breaded for a flavorful golden crunch. Oven bake or fry.

2 lb. bag

#1465...\$4.99



### Breaded Chicken Breast Fillets

Ready-to-cook. Bake or fry.

2.5 lb. bag

#1003...\$7.99

Pantry Bargains are a great way to save money on family favorites! Their special pricing is due to slight irregularities. These #2 products will have variations in size or breading, but they are consistently delicious and always supported by our 100% satisfaction guarantee.





Stuffed Chicken Entrées feature crispy breaded chicken breast, stuffed with flavorful filling. Just wrap in foil and oven bake from frozen.

POULTRY | FROZEN



SAVE  
\$2.00

#### Chicken Cordon Bleu

Stuffed with smoked ham and swiss cheese.

25/5 oz.

#8553....Reg. 30.99 | Sale \$28.99

★★★★★

"These are my go to meal on nights I have nothing planned. So delicious and convenient. The chicken is high quality and the sauce and ham filling are flavorful."

**Rachel Hansen,  
Brigham City, UT**

"My kids' favorite product by far is the Milford Valley Chicken Cordon Bleu. The outside is crunchy and the inside is creamy. There are never any leftovers!"

**April Pearson,  
Glasgow, MT**



#### Chicken with Broccoli & Cheese

25/5 oz.

#8555...\$30.99

100% Natural. Made With White Meat Chicken. Whole Grain Breading. 0 Grams Trans Fat. No Hormones, Nitrates, or Preservatives. Delicious, grown-up flavors for a healthy indulgence.



#### All-Natural Chicken, Brie, and Apple Entree

Sweet apples, cranberries and natural Brie cheese inside chicken breast meat with whole grain breading. Raw. Bake and serve.

2 / 5 oz. entrees | 10 oz. box

#4849....\$6.99



#### All-Natural Chicken Creamy Jalapeno Entree

Spice it up with tender chicken breast meat filled with jalapeños and cream cheese.

2 / 5 oz. entrees / 10 oz. box

#4850....\$6.99



#### Cordon Swiss Stuffed Chicken Minis

Mini Cordon Bleus! Square nuggets filled with ham and cheese. Oven bake.

24 oz. box

#9062... \$6.99



#### Jalapeno Stuffed Chicken Minis

Sticks stuffed with spicy cream cheese.

30 ct. box

#9060... \$6.99



#### Breaded Chicken Tenderloins

All-natural, lightly breaded breast tenderloins. Fully cooked.

2/4.5 lb. bags / 9 lb. case

#6214...\$39.99



#### Dino Buddies Chicken Nuggets

Fully cooked, No artificial ingredients. Frozen.

5 lb. box

#1258...\$19.99



Visit [alisonspantry.com](http://alisonspantry.com) to find Hot Deals like half-price BBQ Chicken Wings, seasoned chicken breasts, and gluten-free options. These limited-quantity products are only available through our website, and the selection changes all the time!





## GARLIC PARMESAN CHICKEN

★★★★★

"I love buying this case of chicken (#6519)! They are uniform size and I have enough to make 2-3 meals each week for my family for the whole month. I won't buy chicken from the store anymore because these are sooo much better!!"

**Becky Price,**  
Regional Sales  
Manager

4 boneless skinless chicken breasts (#6519), thawed and patted dry  
1/2 c. fresh Parmesan, finely grated  
Black Pepper (#1029) to taste  
1 1/2 tsp. Garlic Supreme (#2592)  
1 tsp. paprika (#1697)  
1/2 tsp. Italian N Pizza Seasoning (#1432)  
4 Tbsp. butter (#1723)

Combine fresh Parmesan, Garlic Supreme, Paprika, and Italian N Pizza Seasoning in a shallow dish. Season the chicken breasts with black pepper, then dredge in the Parmesan mixture and set aside. Melt butter in large skillet over medium-high heat. Cook chicken breasts until golden on each side until cooked through--about 3-4 minutes per side, depending on thickness of chicken breasts.



### Boneless, Skinless Chicken Breasts

Restaurant-quality, cleanly trimmed. 100% all natural. Plump and ice glazed to prevent freezer burn.

GF 48/4 oz., 12 lb. case  
#6519...\$50.99

Compare our cost of \$4.25/lb. for premium chicken breasts to Schwan's raw chicken breasts at \$7.20/lb. and save a whopping \$35.41 with Alison's Pantry!

Keto Friendly

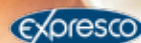
AP Bestseller



### Mediterranean Style Chicken Breast Skewers

Fully-cooked, hearty portions of grilled skewered chicken breast with Mediterranean seasoning.

GF 18/2.5 oz. skewers  
#1801...\$27.99 | \$1.56 per skewer



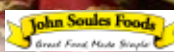
Keto Friendly



### Asiago Breaded Chicken Breast Fillets

Fully-cooked, restaurant-quality solid muscle chicken breast fillets, coated in a chef-inspired Asiago breading. Tender and flavorful.

5 oz. fillets / 2/5 lb. bags  
#1685...\$48.99



### Seasoned Diced Chicken Breast Pieces

Tender 1/2" pieces fully cooked.

GF 10 lb. case.  
#7787...\$47.99



Photo shows recipe suggestion.



### Chicken Breast Pieces

95% lean, randomly-cut chicken breast pieces, perfect for soups, stir-fry, etc. Raw.

GF 5/1 lb.  
#2620...\$16.99 | \$3.40 per lb.



Keto Friendly



### Fully Cooked Chicken Fries

White meat chicken in the ideal shape for dunking. Ready to enjoy in minutes from the oven or microwave.

2/5 lb. bags; 10 lb. case  
#1618...\$35.99



### Wayne Farms Breaded Chicken Waffle Bites

The much-loved flavor of chicken and waffles in a snackable, finger-food version. Fully cooked, .6 oz. pieces of tender chicken breast coated in a mildly sweet waffle batter. Serve alongside maple syrup for dipping.

2/5 lb. case  
#1986...\$38.99

Food Show Favorite





SAVE \$400



**Homestyle Breaded Chicken Tenderloins**  
Raw. Fry or bake. Tenderloins carefully cut from the juiciest part of the breast; marinated to keep them extra moist and flavorful.

2-3 oz. size  
2/5 lb. bags, 10 lb. case

#6219...Reg. \$36.99 | Sale \$32.99

★★★★★

"These chicken tenders (#6219) are great to have in the freezer for a quick meal. Our favorite thing to do with these is to cook them up with some sweet and sour sauce and pineapple and then put it over rice. You have a quick and easy sweet and sour chicken. Yummy!"

Jennifer Ashcraft



SAVE \$300



**Breaded Chicken Breast Nuggets**

One year frozen shelf life.

.7 oz. size, 2/5 lb. bags, 228 nuggets  
10 lb. case

#6220...Reg. \$29.99 | Sale \$26.99

★★★★★

"My kids LOVE these! You can tell these are 100% white chicken with the amazing taste. Each nugget is full of yummy goodness and they are always tender, never tough! I love the big quantity and quality I can get with Alison's Pantry chicken nuggets."

Tawnya Nelson, Vernal, UT



**Tempura Battered Chicken Breast Strips**

Uncooked Tempura-battered whole breast meat strips with a light, golden battered coating.

10 lb. case

#7102...\$46.99

**Zesty Orange Sauce**

The sweet tang of citrus complemented by garlic, soy, toasted sesame and ginger. Perfect for chicken, seafood, and dipping.

0.5 gallon jug

#2989...\$13.99



**Tempura Chicken Breast Nuggets**

Made with 100% breast meat with crispy tempura batter. Par-fried. Fry or bake.

2/5 lb. bags, 10 lb. case

#6838...\$32.99 | \$3.30 per lb.



**Breaded Chicken Breast Patties**

Breaded chicken breast with rib meat.

45/3.6 oz. size, 2/5 lb. bags, 10 lb. case

#6221...\$28.99 | \$2.90 per lb.



**Black Label Carving Turkey Breast**

Fully cooked. No added hormones, no starches added. 1 year freezer life. Approx. 20 servings.

GF 5.5-6 lb.

#9197... \$30.99



**Turkey Pot Roast**

Fully cooked chunks of savory turkey thigh meat and gravy in an oven-proof bag for easy reheating. Approx. weight.

4.75-5.25 lb. bag

#8994...\$29.99



**#1 Ground Turkey, Frozen**

Premium ground turkey is 85% lean / 15% fat.

GF 12/1 lb. chubs

#3568...\$26.99







**USDA Choice Seasoned Flat Iron Steaks**  
 Similar flavor to fillet mignon without the high price tag.  
 Cryo-vac'd pkgs.  
 GF 12/6 oz. steaks  
 #6044....Reg. \$51.99  
 Sale \$46.99 | Just \$3.92 per steak!

★★★★★  
 "My absolute favorite steak in the world is the Double Red Provisions Flat Iron Steak (#6044). It is so easy and just melts in your mouth when you eat it. Our favorite way to prepare it is to oven bake (from frozen) for about 25 minutes, take it out and sear it in a hot skillet (1 to 2 minutes per side). Then let it steam on a tinfoil-covered plate for about 8 minutes."  
**Jamie Ashcraft,**  
 Sugar City, ID



**NEW! USDA Choice Boneless Beef Rib Eye Steaks**  
 Tender, thick-cut steaks that'll melt in your mouth.  
 2/16 oz. steaks  
 #2090....Reg. \$36.99 | Sale \$34.99



**Bacon Wrapped Filet of Beef**  
 GF 6/5 oz. IW  
 #6986....\$23.99 | \$4.00 per steak

Give your next steak a gourmet upgrade with this sweet tip! Glaze it with Cornaby's Peach Habanero Sauce (pg. 8) when it comes off the grill.



**Certified Hereford Choice Flat Iron Steaks**  
 Naturally flavorful beef from premium breeding.  
 GF 6/8 oz. steaks  
 #1554....\$33.99 | \$5.67 per steak

★★★★★  
 "These are so tasty and tender. They pair nicely with the UpSides Exotic Grains & Fire-Roasted Vegetables (#1690). You can use that as a side or slice the steak and have them together for a healthy lunch bowl."  
**Shana Loveday,**  
 Alamo, NV



**Country Fried Steak**  
 Raw and breaded. Deep fry for best results. IQF to guarantee freshness.  
 40/4 oz. steaks, 10 lb. case  
 #4613....\$46.99  
 Just \$1.17 per steak!



**Breaded Steak Fingers**  
 One ounce ready-to-dip fingers!  
 160/1 oz. fingers, 10 lb. case  
 #8565....\$46.99

## SUMMER BEEF STEW



**USDA Choice Beef Stew Meat**  
 Tender chunks of Choice beef. Raw; frozen.  
 GF 3 lb. bag  
 #2607....\$18.99

- 1 Tbsp. avocado oil (#3515)
- 1 1/4-1/2 lbs. beef stew meat (#2607)
- 2 Tbsp. flour (#2285)
- salt (#1146) and pepper (#1029)
- 1 1/2 tsp. minced garlic (#1289)
- 1 bay leaf (#1753)
- 1 green onion (white portion only, sliced thin)
- 2 Tbsp. tomato paste
- 2 C. beef broth (#1039)
- 2 small zucchini, chopped
- 1 yellow bell pepper, chopped
- 1 red bell pepper, chopped
- 1/2 C. sweet corn

Place avocado oil in a large pot or Dutch oven over medium-high heat on the stove-top. Toss beef with flour, salt and pepper in a small bowl until coated. Add beef to the hot pot and brown on all sides, about 5-7 minutes. Transfer beef and pan juices to the slow cooker. Add garlic, bay leaf, green onion, tomato paste and broth to the slow cooker. Stir to combine and cook for 6 hours on low heat. After 5 1/2 hrs. of cooking, stir in zucchini and peppers and continue cooking with lid on for remaining 30 minutes. Serve over mashed potatoes, if desired.





### 100% Beef Hamburger Patties

These juicy, 100% pure ground beef patties are great for a quick lunch or dinner. 75/25 lean to fat ratio, with no soy, fillers, additives, or MSG.

GF 24 / 4 oz. / 6 lb. case  
#1075....\$23.99

### Jumbo 1/3 lb. Cheddar & Bacon Stuffed Beef Patties

Stuffed with pieces of smoky bacon and shredded Cheddar cheese.

GF 6 patties/2 lb. box  
#8377....\$10.99



★★★★★

"The #1075 Hamburger Patties are perfect for entertaining or an easy family night BBQ. I love that they are 100% beef. You never know what else you might be getting in your store-bought hamburger. They cook up great and taste great."

Brandy Doty  
Ivins, UT

Keto Friendly

# Meal KITS

## MAKE DINNERTIME EASY!

Less planning. Less prep work. Less mealtime boredom. More smiles around the table! Each convenient meal kit includes premium AP ingredients and an easy-to-follow instruction card for assembling the meal.

BEEF | FROZEN



### NEW KIT! Peppered Bacon-Wrapped Pork Fillets & Parmesan Baby Baker Potatoes Meal Kit--6 servings

- ◆ 6 Peppered Bacon Wrapped Pork Fillets (approx. 2 lbs.)
- ◆ Roasted Baby Baker Halves with Parmesan & Herbs, 2.5 lb. bag
- ◆ Flav-R-Pac Normandy Blend, 4 lb. bag

#1598....\$32.99 | Just \$5.50 per svg.!

## NEW Pack Sizes!

### 4" Hamburger Buns

Fluffy, sturdy white hamburger buns for stacking burgers high.  
2/12 ct. Bags  
#2135....\$5.99  
Just .25 per bun!



### Big Dog Hot Dog Buns

Generously-sized, fluffy buns for your favorite franks.  
2/12 ct. Bags  
#2136....\$6.99  
Just .29 per bun!



MAIN STREET QUALITY MEATS, INC.  
Quality And Service at the Heart

### 100% Beef 3-Way Blend Hamburger Patties

Juicy, flavorful blend of USDA ground chuck, ground sirloin, and ground brisket. 80/20. 100% beef, no fillers.

GF 40/4 oz. patties  
#2621....\$49.99 | Just \$1.25 per patty!



Keto Friendly



### Quarter-Pound All Beef Franks

6" all beef franks. 100% Kosher beef. No fillers, by-products, artificial flavors, or colors.

GF 5 lb. pouch | 20 franks  
#2765....\$26.99 | \$1.35 each



Keto Friendly



### Beef & Chicken Fajita Meal Kit—6 servings

- ◆ 1 lb. beef fajita strips
- ◆ 1 lb. chicken fajita strips
- ◆ Flav-R-Pac Fajita Vegetables, 4 lb. bag
- ◆ 12 ct. 8" flour tortillas
- ◆ 6 Tbsp. AP Fajita Seasoning

#1597....\$23.99 | Just \$4.00 per serving!



### White Castle Cheeseburgers

Made with 100% beef, these famous little sliders are steam grilled on a bed of savory onions for a flavor you'll crave!  
8/2 ct. packs

#1595....\$14.99 | Just \$1.87 per twin pack!



### Philly Cheesesteak Wrapped Sandwich

The #1 selling philly sandwich in the USA! Made with 100% beef (no fillers) and American cheese, on pillow-soft bread. Microwavable.

8 ct/2.75 lb box  
#2070....\$20.99 | \$2.62 each



### Shrimp Alfredo & Garlic Bread—6 servings

- ◆ Newport White Shrimp, 26/30 ct, 2 lb. bag
- ◆ 2 Tbsp. Garlic Supreme
- ◆ Alfredo Sauce Mix
- ◆ Pasta Partners Roasted Garlic & Parsley Linguini, 12 oz. pack
- ◆ Flav-R-Pac Broccoli Florets, 2 lb. bag
- ◆ (8) Tuscan Mini Dinner Loaves

#1599....\$37.99 | Just \$6.33 per serving!





SAVE \$100



### Pub-Style Battered Cod

Wild-caught; no artificial colors, flavors or preservatives. Certified Sustainable Seafood. Bake or fry.  
2-3 oz. pieces / 2.5 lb. box  
#2807...Reg. \$17.99 | **Sale \$16.99**



SAVE \$200



### Atlantic Salmon Portions, IQF

Individually vacuum-sealed 4 oz. portions of Atlantic salmon. Boneless, skinless. Farm-raised product of Chile, processed in the USA.  
GF 4 oz./2 lb. bag  
#8669...Reg. \$27.99 | **Sale \$25.99**

## TRUE LEMON BAKED SALMON

1 bag Pacific Seafood Salmon Portions (#8669), thawed  
2 Tbsp. Kirkland Butter (#1723), softened  
1/4 cup chicken broth (#1038)  
4 True Lemon Packets (#1689)  
1/2 tsp Coarse Black Pepper (#1028)  
1/2 tsp dried tarragon

First, preheat oven to 425 degrees. Pat salmon dry, and place in a greased 9x13-inch baking dish. Next, using a pastry brush, butter the salmon. Then, combine remaining ingredients and pour over salmon. Bake uncovered for 20-25 minutes or until fish flakes easily with a fork.



### Tortilla Crusted Tilapia

Market Fresh tilapia raised in the pristine waters of deep lakes and never treated with chemicals. Each fillet is lightly crusted, frozen and ready-to-bake or fry.  
3 oz. / 2.5 lb. bag  
GF #2067...\$21.99



### Beer Battered Halibut Fillets

100% natural, untreated, whole muscle fish. Coated with a crisp, Samuel Adams Boston Lager batter.  
2 oz. fillets / 2.5 lb. bag  
#1125....\$39.99



### Piccadilly Pub-Style Battered Cod

White cod fillets dipped in a golden pub-style batter. Bake or deep fry.  
3 oz. portions/5 lb. bag  
#8014....\$42.99



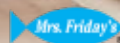
### Cod Fillets, Skinless

Mild tasting, wild-caught cod fillets. Individually wrapped in cellophane.  
GF 5 lb. box  
#8026....\$44.99



### Tilapia Fillets

Premium boneless, skinless Tilapia Fillets. Farm-raised.  
GF 3-5 oz./10 lb. case.  
Approx. 40 fillets  
#8027....\$44.99



### Tavern Battered Haddock

Oven bake or fry. Fry for crispiest results. Approx. 16 fillets.  
2-3 oz. fillets  
2.5 lb. bag  
#8416....\$22.99



### Parmesan Encrusted Cod

All-natural, gluten-free, with no trans fat or preservatives.  
GF 2.5 svgs.  
9 oz. box  
#1063....\$9.49



### Wild Pacific Halibut Portions

Wild-caught, sourced from the Pacific Ocean. Skin-on; sustainably-fished.  
4/4 oz. fillets.  
GF 16 oz. bag  
#8028....\$22.99







### Cooked & Peeled White Shrimp, 31/40

Sweet white shrimp with a firm bite.

GF 2 lb. bag  
#1812....\$17.99

## AVOCADO SHRIMP SALAD

1 lb. medium shrimp (#1812) with tails removed, chopped  
2 stalks celery diced  
1 green onion finely diced  
2 hard boiled eggs finely diced  
½ c. avocado, diced (#1645)  
1/2 long English cucumber finely diced  
1 tablespoon fresh dill  
1 tablespoon fresh lemon juice  
1/2 cup mayonnaise  
1/2 teaspoon Old Bay Seasoning  
1 1/2 teaspoon grainy dijon mustard  
salt (#1146) & pepper (#1029) to taste



Combine all ingredients in a bowl and mix well to combine. Serve over salad, with tortilla chips, or on our Tuscan Mini Dinner Loaves.



CONTESSA

### Black Tiger Shrimp

Tail-on. 16-20. Frozen.

GF 2 lb. bag  
#2806....\$24.99  
NEW LOWER PRICE!

Keto Friendly



### Shrimp Scampi

Raw, peeled & deveined shrimp in a smooth garlic butter sauce. Farm-raised. Product of India.

31/40.  
1 lb. bag  
#1927....\$11.99



### Honey Jalapeno Shrimp

Raw, peeled & deveined shrimp seasoned with sweet honey and mild jalapeno flavor. 31/40.

1 lb. bag  
#1929....\$11.99



### BIG! Butterfly Shrimp Gold Pack

Lightly breaded, fries to a golden brown.

2.5 lb. (15/lb.)  
#4181....\$31.99



### Gourmet Seafood & Crab Cakes

Lobster or snow crab blended with premium surimi.

13/3 oz. cakes  
#8992....\$16.99



### Shrimp Poppers

Made from minced shrimp and coated in a special bakeable breadcrumb.

2 lb. bag  
#4180....\$11.49



### Classic Marinated Shrimp Skewers

Ready to cook. Griddle or oven bake.

12 skewers/1 lb. 5.6 oz. box  
#8270....\$16.99



### Shrimp, Peeled & Deveined

White shrimp sourced from Indonesia and Vietnam.

26/30 ct. Tail-off. Raw.  
GF 2 lb. bag  
#1545....\$17.99

Keto Friendly



### McCormick Extra Hot Cocktail Sauce

Spicy traditional sauce for seafood with an extra kick from real horseradish and peppers.

8 oz. bottle  
#1814....\$3.99



### Ultimate Fish Sticks

No preservatives, no artificial ingredients. Light all-natural breading. Bake or fry.

4 lb. bag | 62 ct./1oz. sticks  
#2809....\$21.99



AP Bestseller



### Premium Alaskan Salmon Burgers

Salmon patty is made with the finest wild, ocean-caught, deep skinned Alaskan Salmon, herbs and spices.

GF 3 lb. bag/12 ct.  
#2808....\$28.99



Keto Friendly



### McCormick Tartar Sauce

Tangy, cool sauce with mayo, pickles and lemon. No high fructose corn syrup.

GF 8 oz. jar  
#1875....\$3.99



## South-of-the-Border Sizzle!

MEXICAN | FROZEN

MAIN STREET QUALITY MEATS, INC.  
Quality And Service At Its Core

### Carne Asada Steak

¾" cubes, raw, diced, unseasoned pieces of flavorful beef eye of round for traditional Carne Asada. Pair it with our Carne Asada Seasoning (#7378) to add just the right kick with ease!

GF 2/1.5 lb. pkgs.

#1755....Reg. \$15.99 | Sale \$14.99

SAVE  
\$100

EL MONTEREY  
Savory Shredded Beef

### Beef Tamales

Savory shredded and ground beef filling, chili peppers, and spices, wrapped in a traditional corn masa and natural corn husk then steam cooked. Frozen; microwave or steam to heat through.

36 ct./4.5 oz. tamales

#1657....Reg. \$39.99 | Sale \$36.99

SAVE  
\$300

EL MONTEREY  
Baja Cafe

### Burrito Variety Pack

15 Beef & Bean, 15 Bean & Cheese.

5 oz. / 30 ct.

#7368....\$24.99

POSADA

### Chimichangas

Meat and cheese in a lightly par-fried flour tortilla.

12 / 5 oz.

\$18.99

◆ #1873 Shredded Steak & Cheese

◆ #1874 Shredded Chicken

MAIN STREET QUALITY MEATS, INC.  
Quality And Service At Its Core

### Chicken Breast Strips for Fajitas

Lean, raw strips of chicken breast for fajitas or chicken stroganoff.

GF 3 lb. bag

#2609....\$12.99

Keto Friendly

### Beef Strips for Fajitas

Tender strips of choice and select beef for juicy fajitas.

GF 3 lb. bag

#2604....\$23.99

RECETA  
ORO

### 8" Flour Tortillas

No trans fat. Frozen.

12-12 ct. bags (144 tortillas)

13.5 lb. case

#4970....\$23.99



FLAV-R-PAC

### Baja Vegetable Roast

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.

GF 2 lb. bag

#5353.....\$7.49

AMERICAN  
HARVEST

### Fajita Blend

Onion strips, with red, green and yellow bell pepper strips.

GF 4 lb. bag

#2069.....\$7.99

Compare our price of \$2.00/lb. to Schwan's Fajita Vegetable Blend at \$5.49/lb. Save 64% with AP!



### Raspberry Cheesecake Bites

Sweet and creamy cheesecake paired with raspberry topping in an oven-baked and battered flour tortilla. 24 Bites per box. 24 Bites per box.

4 / 6 ct. bags / 2 oz. bites

#8850...\$19.99



Alison's  
Pantry

## Southwestern SPICES

### Ole Taco Seasoning

Big flavor and big savings over the grocery store.

1 lb. container

#1846....\$8.49



### Lip Smackin' Chipotle Ranch

The perfect dip for taquitos or topper for taco salads.

8 oz. bag

#2589....\$7.99



### Emma's Enchilada Seasoning

Just add tomato sauce and water for smooth, flavorful sauce.

1 lb. bag

#1016....\$5.99





**Tornados'** unique twist on flavor and texture make it an instant sensation. Dipped in flavorful batters and fried to golden perfection. Every bite of a Tornado is packed with flavor.

**Tornados**  
24/3 oz. case....\$21.99

◆ **#2928 Ranchero Beef Steak & Cheese**  
Our Ranchero red sauce, shredded steak and real cheese.

◆ **#3953 Bacon, Egg & Cheese**  
Scrambled eggs, bacon, onions, tomatoes, chilies, and melted cheese.

◆ **#2926 Sausage, Egg & Cheese**  
Breakfast basics with a kick of salsa.

◆ **#3105 French Toast & Sausage**  
Maple sweetness and savory sausage.  
24/3 oz. case....\$22.49



MEXICAN | FROZEN



**America's #1  
Frozen Burrito!**



**Butcher Wrapped Shredded Steak & Cheese Burritos**  
Savory shredded steak, cheddar cheese, mozzarella cheese, Monterey Jack cheese and Mexican spices in an oven-baked flour tortilla. Generously sized. Comes frozen. Bake, microwave, or deep fry. IW.  
12 / 9.5 oz. burritos  
#8848....\$23.99



**XXL Bean & Cheese Burritos**  
Big flavor and big satisfaction! Beans, cheddar cheese and Mexican spices in an oven-baked flour tortilla. Comes frozen. Bake, microwave, or deep fry. IW.  
12 / 9.5 oz. burritos  
#8847... \$16.99



**XXL Beef & Bean Burrito**  
Savory beef, beans and Mexican spices in a large oven-baked flour tortilla. IW.  
12 / 9.5 oz. burritos  
#8975....\$15.99



**RoastWorks Flame-Roasted Sweet Corn and Jalapeno Blend**  
Perfectly flame-roasted sweet corn with white corn and a blend of jalapeno, green onion, garlic, cilantro and seasoning.  
2.5 lb. bag  
#1984...\$9.49



**Fiesta Guacamole**  
Flavorful guacamole with medium kick from red and jalapeno peppers. Comes frozen. **GF**

{ 6/12 oz. tubs  
#9247....\$29.99 }

**SMALLER PACK**  
**Fiesta Guacamole**  
#1060 12 oz. tub...\$5.99



**Harvest Fresh Avocado Dices**  
Quick-frozen rich, buttery Hass avocados. No mess; no waste! Thaw needed amount of dices overnight under refrigeration.  
**GF** 2 lb. bag  
#1645....\$15.99



Keto Friendly



**Shredded Beef Taquitos**  
Crisp corn tortillas filled with shredded beef; pre-fried. Bake, microwave, or fry.  
1.1 oz./48 ct. box  
#8269....\$17.99



**Spanish Rice Seasoning**  
Zippy blend for restaurant-quality rice every time.  
1 lb. bag  
#2105....\$5.99



**Baja Chili Lime Seasoning**  
The kick of chili peppers with the zing of lime; excellent on shrimp, chicken, beef, and fish.  
1 lb. container  
#7664....Reg. \$10.99 | Sale \$8.99



SAVE  
\$200

**Fabulous Fajita Seasoning**  
Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of chicken, beef, or pork.  
1 lb. bag  
#1017....\$8.49







SAVE \$1.00

### Homestyle Meatballs

Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese. Approx. 52 ½ oz. meatballs per bag. 26 oz. bag  
#8963....\$7.99

### Italian Style Meatballs

Savory ½ oz. beef blend meatballs, fully-cooked. Oven-baked, not fried. No MSG added. 52 oz. bag  
#9142....Reg. \$13.49 | Sale \$12.49



### Stuffed Rigatoni with Cheese

Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen. 2.5 lb. bag  
#1431....\$9.49

★★★★★

"This is probably my family's favorite product I've bought from Alison's Pantry. Yummy, and it makes 2 big meals!"

Sheleen Jarman, Rozet, WY



### Tri Color Tortellini

Small pasta rings stuffed with a rich Ricotta cheese blend. 5 lb. bag  
#1815....\$21.99



### Six-Cheese Jumbo Ravioli

Precooked; filled with Ricotta, imported Romano, Parmesan, Monterey Jack, mozzarella, and cheddar cheeses. Approx. 40 ravioli. 2.65 lb. bag  
#3493....\$14.49



### Large Round Beef Ravioli

No MSG. Serves 5. 22 oz. bag  
#8964....\$6.99



### Cauliflower Pizza Crusts

Cauliflower is the first ingredient! Less than half the sugar of leading gluten-free pizzas, and packed with protein, fiber, and nutrients.

◆ #1546 2 / 10" crusts (12 oz. pack)  
\$8.99 | \$4.50 per crust GF

◆ #1547 12 / 10" crusts (72 oz. pack)  
\$34.99 | \$2.92 per crust GF

### Aluminum Pizza Screen, 12"

Ensure a crispy, pizzeria-style crust with this sturdy pizza screen. #1593....\$5.99



### NEW! Garlic Toast

Real garlic flavor! Bakes in 5-8 minutes. 32 slices 4 / 8 ct. Bags  
#2049....\$10.99 | .34 per slice!



Bonici Sliced Pepperoni  
GF 5 lb. bag  
#2031....\$29.99



### Gluten-Free Pizza Crusts, 10"

Each crust is packaged with a foil pan for easy cooking and no cross contamination in your oven. GF 12 crusts  
#1092....\$24.49 | \$2.04 per crust



### NEW PACK SIZE! Pizza Dough Balls

Thaw and roll for crusts, calzones, and breadsticks. Frozen. Individually wrapped. 16/20 oz. balls  
#2114....\$29.99 | Just \$1.87 per large crust



SAVE \$3.00

### True Seasoned Cast Iron Pizza Pan

- True Seasoned Finished cast iron
- Large 14" pan True Seasoned Finished cast iron
- Decorative molded cast iron handles
- Also perfect for rolls, pancakes, cookies and flat top grilling on your outdoor BBQ

#7623....Reg. \$24.99 | Sale \$21.99



# Restaurant-quality Asian favorites from home!

❄️  
ASIAN | FROZEN  
❄️



## Southwest Chicken Egg Rolls

Filled with tender chicken, spinach, black beans, corn, red bell pepper, and pepper jack cheese.

18 / 3 oz. box  
#1131....\$18.99



## Vegetable Egg Rolls

Cabbage, bok choy, water chestnuts, carrots and celery  
12/3 oz. box  
#4078....\$11.49

## Pork & Vegetable Egg Rolls

12/3 oz. box  
#4082....Reg. \$11.99  
Sale \$10.99

★★★★★

"These egg rolls are great in the air fryer! They are crispy on the outside and stuffed with vegetables and pork on the inside. I love these for a light lunch, or to go with some homemade Chinese food!"

**Tori Voller,**  
Bison, SD



## All Natural Chicken and Vegetable Potstickers

Savory chicken and vegetable filling in tender dumplings. Ready in 10 minutes. Frozen.  
4.2 lb. bag  
#4767....\$17.99



## BBQ Teriyaki Chicken

Marinated and barbecued chicken with an authentic teriyaki sauce. No MSG. Frozen.

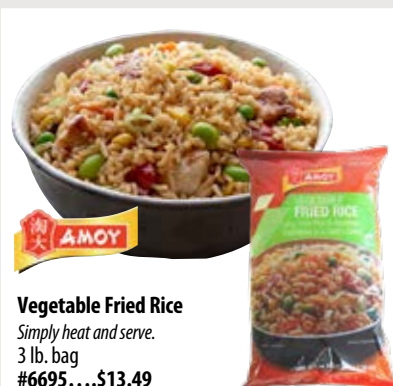
21 oz. bag  
#1377....\$7.99



## Mandarin Orange Chicken

Crispy, juicy chicken battered and glazed with Mandarin orange sauce. No MSG. Frozen.

22 oz. bag  
#1376...\$7.99



## Vegetable Fried Rice

Simply heat and serve.

3 lb. bag  
#6695....\$13.49



## Chicken Rice Bowl with Teriyaki Sauce

Grilled white meat chicken with broccoli, carrots, edamame, and red bell peppers on a bed of white rice with teriyaki sauce. Microwave.

6 / 12.5 oz. bowls  
#1718....\$20.99 | Just \$3.50 per meal!



## Kikkoman Panko Bread Crumbs

Unseasoned.

2.5 lb. bag  
#1193....\$5.99

Photo shows recipe suggestion.



## Crab Rangoon

Fully cooked Rangoon, stuffed with a delicious blend of cream cheese and crabmeat.

Deep fry or bake.  
30 / 1 oz.  
#6694... \$16.99



## Deluxe Stir Fry Vegetable Blend

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.

GF 2 lb. bag  
#5309.....\$5.49



## Japanese Yakisoba Noodles

Fully cooked, frozen; heat and serve.

5 lb. bag  
#9176....\$9.49

Makes a great dipping sauce!



## Sweet & Sour Sauce

Made with chunks of pineapple, diced tomatoes, green peppers and onions.

GF 0.5 gallon jug  
#1265....\$10.99



Campbell's Signature foodservice frozen soups are typically only available to restaurants and businesses. With Alison's Pantry, you can now enjoy them at home, too! They're packaged in tubs that allow you to prepare just half of the concentrated soup if you don't need a full batch, and their recipes are 100% clean. Each soup just requires the addition of water.

### WHAT'S IN:

- No-antibiotics-ever chicken meat
- Rich in protein, fiber, and vitamins

### WHAT'S OUT:

- Added MSG
- High-fructose corn syrup
- Colors from artificial sources
- Artificial flavors
- Added preservatives



SAVE  
\$200

#### Cream of Potato

*This savory soup is a hearty mix of potatoes, carrots, celery, and onion in a rich, creamy sauce.*

4 lb. tub / 14 svgs.

#2021...Reg. \$15.99 | **Sale \$13.99**



#### Roasted Chicken Noodle

*Tender diced chicken and broad egg noodles in a savory chicken broth with carrots, onions and celery.*

4 lb. tub / 14 svgs.

#2022....\$18.49 | **Just \$1.32 per svg.!**



#### Cream of Potato with Bacon Soup

*Large chunks of potatoes with carrots, celery and onions, blended with fresh cream and delicately seasoned.*

4 lb. tub / 14 svgs.

#2020....\$15.99 | **Just \$1.14 per svg.**



#### Pasta Fagioli

*A rich vegetarian soup made with Great Northern beans, kidney beans, tomatoes and tender macaroni in a flavorful tomato broth with a touch of extra virgin olive oil.*

4 lb. tub / 14 svgs.

#2023....\$17.99 | **Just \$1.29 per svg.!**



#### Creamy Tomato Basil Bisque

*A rich and creamy tomato broth loaded with tangy diced tomatoes and finished with Parmesan cheese and basil.*

4 lb. tub / 14 svgs.

#2024....\$17.99 | **Just \$1.29 per svg.!**



Blount Fine Foods uses hand-crafted recipes and fresh-sourced ingredients for their gourmet soups. And, you can't beat the convenience--just boil in the bag.



#### Baked Potato Soup

Home-style cuts of russet potato simmered with select seasonings and smoked bacon in a rich cream sauce. Boil in bag. 4 lb. bag / 8 svgs.

#9244...\$13.99 | Just \$1.75 per svg.!



#### Broccoli & Cheese Soup

Chopped broccoli, shredded carrots and select seasonings simmered in a velvety smooth cheese sauce. Boil in bag. 4 lb. bag / 8 svgs.

#9245...\$13.99 | Just \$1.75 per svg.!



#### Maine Lobster Bisque Soup

A perfect blend of minced sweet lobster meat simmered in rich cream and sherry. 8 svgs. heat and serve. 4 lb. bag / 8 svgs.

#9166...\$15.99 | Just \$2.00 per svg.!



#### New England Extreme Clam Chowder Soup

Authentic New England Clam Chowder made with an extreme amount of clam meat. 8 svgs. heat and serve.

GF 4 lb. bag / 8 svgs.

#9167...\$15.99 | Just \$2.00 per svg.!



#### White Cheddar Macaroni & Cheese

A grown-up version of the ultimate comfort food, made with shell pasta and decadent, creamy white cheddar cheese sauce. 8 svgs.

4 lb. bag / 8 svgs.

#2015...\$15.99

Just \$2.00 per svg.!



#### PanSaver®

#### Slow Cooker Liners

Fits 3-6.5 qt. round or oval slow cookers.

6-4 ct. Boxes; 24 liners

#1089...\$14.49

Just 60¢ each



#### Sourdough Bread Bowls

Frozen. Thaw, warm, and serve.

24 ct. / 8 oz. bowls

#1508...\$17.99





SAVE  
\$1.50

★★★★★  
"Tastes just like fresh  
asparagus. I had it grilled  
with a little butter and  
garlic and it was delicious!"

Tori Voller,  
Bison, SD



### Asparagus Spears

Medium IQF Grade A, 5" spears.

GF 2.5 lb. bag

#3127....Reg. \$16.99 | Sale \$15.49



### Sweet Mini Corn on the Cob

GF 2-12 ct. bags. / 24 ct.

#4655...\$10.99



## Colorful VEGETABLES

Frozen vegetables lock in flavor and nutrition better than fresh vegetables, and bring color to your meals!



### Broccoli Florets

GF 2 lb. bag

#8197.....\$4.99

### Whole Kernel Corn with Sauce

GF 2 lb. bag

#4664.....\$4.99



### 5-Way Mixed Vegetables

Blend of carrots, corn, peas, green beans and lima beans.

GF 2.5 lb. bag

#1493.....\$4.99



### Riced Cauliflower

Unseasoned. Value sized bag.

GF 5 lb. bag

#2743....\$14.49



### Deluxe Stir Fry Vegetable Blend

Broccoli, carrots, water chestnuts, pea pods, mushrooms,

celery, baby corn, onions, red peppers and yellow carrots.

GF 2 lb. bag

#5309.....\$5.49



### Yellow Squash, Sliced

GF 2 lb. bag

#7860.....\$4.99



### Cauliflower Florets

GF 2 lb. bag

#6383....\$5.49



### Gourmet Whole Green Beans

GF 4 lb. bag

#3781.....\$7.99



### Pacific Blend

Blend of Sugar Snap™ peas, bias-cut yellow  
carrots, bias-cut carrots, and broccoli florets.

GF 4 lb. bag

#8640....\$8.99



### Fajita Blend

Onion strips, with red, green  
and yellow bell pepper strips.

GF 4 lb. bag

#2069.....\$7.99



### Chopped Onions

GF 2 lb. bag

#5772.....\$3.99



### Omelet Blend

Blend of diced red and green peppers & onions.

GF 2 lb. bag

#3216....\$4.99







**Winter Mix**  
A blend of 60% broccoli cuts and 40% cauliflower florets.  
**GF** 2 lb. bag  
#6388.....\$4.99



**Normandy Blend**  
Blend of broccoli, cauliflower, sliced carrots, zucchini and yellow squash.  
**GF** 4 lb. bag  
#1266.....\$8.99



**Brussels Sprouts**  
**GF** 2 lb. bag  
#6381.....\$4.99



**Sunshine Carrots**  
Blend of sweet, bias-cut orange and yellow carrots.  
**GF** 4 lb. bag  
#5520.....\$6.99



**Malibu Blend**  
Cut broccoli, cauliflower, and carrots. Certified sustainable.  
**GF** 4 lb. bag  
#1346.....\$9.99



**Capri Vegetables**  
Blend of julienne-cut carrot strips, bias-cut green beans, sliced yellow squash and zucchini.  
**GF** 4 lb. bag  
#8737.....\$7.49



**Garden Blend**  
Blend of broccoli, cauliflower, green beans, carrots, zucchini, yellow squash, and red peppers.  
**GF** 4 lb. bag  
#3221.....\$7.99



**Simple Goodness Parisian Carrots**  
Imported from Belgium, Parisian carrots are small and round with incredibly sweet flavor.  
**GF** 2.5 lb. bag  
#1349.....\$6.99



**Chalet Garlic Butter Vegetables**  
Broccoli and cauliflower florets, with julienne orange and yellow carrots in a sauce of butter, roasted garlic, salt and pepper.  
**GF** 2 lb. bag  
#7791.....\$7.49



**Baja Vegetable Roast**  
Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.  
**GF** 2 lb. bag  
#5353.....\$7.49



**Petite Peas**  
**GF** 2.5 lb. bag  
#6208.....\$5.99



**Peas & Pearl Onions**  
**GF** 2.5 lb. bag  
#6385.....\$5.49



**Super Sweet Whole Kernel Corn**  
Picked at the peak of freshness then flash frozen to lock in sweet flavor, color, and texture.  
**GF** 2.5 lb. bag  
#1090.....\$4.99



**Roasted Vegetable & Pasta Blend**  
Delicious pasta and vegetable blend roasted with an herb and garlic seasoning.  
2.5 lb. bag  
#1297.....\$7.99



**Exotic Grains & Fire Roasted Vegetable Blend**  
Red & brown rice, black beans, roasted sweet corn, red quinoa, tomato, peppers, onion, and amaranth, and southwestern seasoning.  
**GF** 2.5 lb. bag  
#1690.....\$13.99



# Would you like fries with that?



**Gold Sweet Potato Straight-Cut Coated Fries**  
Coated Sweet Potato Fries, Grade A.  
Bake or fry.  
6/2.5 lb. bags / 15 lb. case  
#4979....\$34.99

**SMALLER PACK**  
**Gold Sweet Potato Straight-Cut Coated Fries**  
2.5 lb. bag  
#1211....\$7.49



**Golden Crinkles French Fries**  
Grade A, crinkle-cut potatoes. 0 Trans Fat. Value size bag.  
GF 8 lb. bag  
#1120....\$11.49



**Beer Battered Skinless 5/16" Thin French Fries**  
Premium craft beer batter makes these extra-long, thin-cut fries perfect as a side or appetizer.  
5 lb. bag  
#1762....\$13.99



**3/8" Regular Cut French Fries**  
Traditional, regular-cut French fries. Fry or bake.  
GF 6/5 lb. bags  
#2412....\$29.99 | \$5.00 per bag



**SMALLER PACK**  
**3/8" Regular Cut French Fries**  
#1213 GF 5 lb. bag....\$5.99



**Redstone Canyon Spiral Cut Fries**  
Light seasoned batter coating. Bake, or fry.  
CN labeled.  
4 lb. bag  
#2419....\$8.99



**Cross-Trax® Waffle Fries**  
Skin-on, ready to cook criss-cut potatoes. Frozen. Bake or fry.  
2.5 lb. bag  
2416....\$10.99



**Cracked Black Pepper Fries with Sea Salt & Garlic Seasoned French Fries**  
Skin-on, bake and fry.  
3/8"/5 lb. bag  
#1299....\$11.99



**Smiles® Shaped Potatoes**  
Fun, smiley-faced battered mashed potatoes.  
Bake or fry. CN label.  
4 lb. bag  
#2417....\$10.99



**Piccadilly Old English Style Fries**  
Authentic batter-dipped English-style fries.  
Bake or deep fry.  
5 lb. bag  
#6761....\$10.99



**Loose Shredded Hash Browns**  
GF 6/3 lb. bags, 18 lb. case  
#2418....\$27.99 | \$4.67 per bag

**SMALLER PACK**  
**Loose Shredded Hash Browns**  
An AP bestseller for over a decade.  
#2421 GF 3 lb. bag ....\$5.99



**Tater Tots**  
Bake or fry. CN label.  
GF 8 lb. bag  
#2425....\$11.99







**RoastWorks Baby Baker Halves with Parmesan and Herbs**

Fresh roasted potato flavor in a miniature size, seasoned to perfection with herbs and parmesan.

2.5 lb. bag  
#1985...\$9.49

Photo shows recipe suggestion.



**Three Cheese Twice Baked Potatoes**

Creamy whipped potatoes in the half shell make an effortless side to any meal. Fully cooked.

12 / 5 oz. pack  
#1157....\$12.99

Photo shows recipe suggestion.



◆ **Potato & Cheddar Cheese Pierogies**

Tender pasta dumplings filled with a creamy blend of mashed potatoes and Cheddar cheese. Boil, pan fry, oven bake, deep fry or steam.

6 lb. bag  
#5621....\$17.99

◆ **Loaded Baked Potato Pierogies**

Sharp cheddar cheese, sour cream and chives, whipped potatoes seasoned with bacon Frozen.

6 lb. bag  
#4991....\$20.99

Compare to Schwan's Pierogies at \$4.00 per lb., and save .83 per lb.!



**Roasted Redskins with Rosemary Seasoning**

Red potatoes lightly seasoned a blend of rosemary, garlic, and onion flavors.

GF 2.5 lb. bag  
#2068....\$5.99



**Redskin Salad Dices**

5/8" cubed potatoes.

GF 6 lb. bag  
#2028...\$12.99



**Golden Hash Brown Patties**

Approx. 120 patties

GF 6/2.8 lb. bags  
#2429....\$32.99

**SMALLER PACK  
Golden Hash Brown  
Patties**

Bake or fry. 2.25 oz. patties.

Approx. 20 patties.

GF 2.8 lb. bag  
#2427....\$6.49



**Roasted Garlic Mashed Redskin Potatoes**

Creamy "skin-in" redskin homestyle mashed potatoes blended with real roasted garlic. Frozen. GF

{ 3/4 lb. bags (12 lb.) }  
#7944....\$27.99



**Country Style Cuts**

Cut straight from the heart of the sweet potato.

GF 5 lb. bag  
#5968....\$10.99







### Mixed Fruit Blend

Blend of strawberries, pineapple, mango, and peaches. No sugar added.

GF 5 lb. bag  
#2032....\$15.99



### Triple Berry Blend

Sweet, colorful blend of blueberries, raspberries, and blackberries.

GF 3 lb. bag  
#1215....\$11.99



May experience shorts due to crop challenges.



### Chef-Ready Diced Strawberries

Premium-quality sweet strawberries, perfect for fruit salsas, drinks, and jams.

GF 2/5 lb. bags  
#2832....\$27.99



### Wild Blueberries

Leading antioxidant superfruit! Smaller berries.

GF 5 lb. bag  
#1218....\$14.99



### Blackberries, Whole

Picked fresh at sweet-tart perfection!

GF 5 lb. bag  
#1221....\$14.99



### Mixed Berries, Whole

Strawberries, red raspberries, blackberries, and blueberries.

GF 5 lb. bag  
#1223....\$15.99



### Peach Slices

Uniform, blemish-free, Grade A IQF peaches.

GF 5 lb. bag  
#7841....\$14.99



### Sunrise Fruit Medley

Peaches, Strawberries, Honeydew, Pineapple and Blueberries.

GF 5 lb. bag  
#4985....\$14.99



### Mango Chunks

Sweet chunks, perfect for colorful fruit salsas.

GF 3 lb. bag  
#2655...\$8.99



### Sliced Bananas

GF 5 lb. bag  
#2835....\$12.99



### Cherry Berry & Kale

Strawberries, blueberries, and cherries with kale.

GF 3 lb. bag  
#1216...\$11.49



### Dark Sweet and Red Tart Cherries

GF 2 lb. bag

#1217....\$9.49

### Mango Berry & Wild Blueberry Blend

Mangoes, strawberries, and wild blueberries.

GF 3 lb. bag  
#9221....\$10.99



### Whole Strawberries

Juicy strawberries for smoothies, pies, and jams.

GF 3 lb. bag  
#1214...\$8.99



### Raspberry Crumbles

100% raspberry pieces minimize crushing for deliciously fruity jams and baked goods.

GF 2.5 lb. bag  
#2830....\$7.99



{ Raspberry Crumbles  
GF 10 lb. case (4/2.5 lb. bags)  
#2831....\$27.99 }



### Red Raspberries, Whole

GF 5 lb. bag  
#1219....\$17.99



Make breakfast  
a mini vacation!

### Tropical Berry & Coconut Blend

Vibrant, juicy mango and pineapple chunks, strawberries, and coconut chunks. Delicious in smoothies!

GF 3 lb. bag

#2658....Reg. \$10.49 | Sale \$9.49



## TROPICAL SMOOTHIE

2 cup Wyman's Tropical Berry & Coconut Blend (#2658)

1/2 cup vanilla yogurt

1/2 cup orange juice

1/2 cup pineapple juice

Combine all ingredients in blender and blend until smooth.

## Give your smoothie a boost!

### Monk Fruit Zero Calorie Sweetener

100% Natural and low-glycemic. Use just like Sugar (1:1 Ratio), No Aftertaste. Use it just like sugar in your favorite recipes, beverages and more. Keep the sweetness not the calories or the blood sugar crash!

GF 16 oz. bag

#1745....\$13.99



### Naturally Refined Organic Coconut Oil

Use small amounts of coconut oil to thin chocolate for dipping.

GF 28 oz. Jar

#8287....\$7.99



### USDA Organic Agave with Fiber

Natural, low-glycemic sweetener. Can be used in baking and canning, too.

GF 78 oz. bottle

#3522...Reg. \$19.99

Sale \$17.99



### Naturally Refined Avocado Oil

GF 1000 ml/33.8 oz. bottle

#3516....\$15.99

47¢ per oz.



### Almond Milk

No cholesterol or saturated fat, and is free of dairy, soy, lactose, gluten, casein, egg and MSG. Non-GMO.

### Unsweetened Vanilla Almond Milk

GF 6/1 qt. case

#1457...\$20.99

### Original Almond Milk

GF 6/1 qt. case

#1456....\$18.99



### PBfit Peanut Butter Powder

1/3 the calories and 75% less fat. Non GMO and all-natural. Just peanuts, sugar, salt.

GF 30 oz. jar

#3521....\$14.49



### Organic Chia Seeds

High in protein, fiber, and more plant-based Omega-3 than any other food. GMO free.

GF 1.25 lb. Container

#8941....\$8.99



### Oatsome Oat Milk

Non-dairy, smooth, creamy beverage that has the ability to froth too. Use it in your favorite drinks, baking, and cereals. Organic, nut-free, non-GMO, and vegan. 12 month shelf life. 4 svgs. This was a BIG hit at our 2019 Food Show!

6/1 L. case

#1907....\$17.99



### LIVfit™ Superfood Blend

Fruits, vegetables, vegan proteins, prebiotics, and fiber that have been shown to enhance muscle mass, increase energy, improve cognitive function, encourage digestive health, boost the immune system and fight off aging oxidation of cells in your body. · 35% of daily Vitamin E · 35% of Vitamin C · 35% Vitamin A · Contains green tea · 100% B6, B12, thiamin, riboflavin · 5 g of vegan protein

GF 12.7 oz. (360 gram) bag

#3514....\$15.99



### LIVfit Superfood Organic Antioxidant Fruit & Fiber Blend

Jam fiber, protein, antioxidants, vitamins, and superfoods like turmeric into your life. This mix of fruits, veggies, and plant-based proteins has a neutral, unsweetened taste that begs to be added to your favorite foods. Six grams of protein, 5 g. Fiber, plus three different super fruits, and 1,000 mg omega 3.

GF .8 lb. bag

#1539....\$14.99







### Stuffed Cheese Bread Sticks

Fluffy mozzarella-cheese-filled breadsticks.  
36/7" sticks.  
#5620....\$24.99



### Stuffed Pizza Sticks

Bread sticks loaded with real mozzarella cheese,  
tangy tomato sauce and pieces of pepperoni.  
32/4" sticks  
#5795....\$14.99



### Deep Dish Cheese Pizzas

Pizzeria quality! Premium pizza sauce  
and 100% Real Mozzarella cheese.  
12 ct./17" pizzas  
#5666....\$24.99



### Pepperoni Pizza

5" IW, 12/6 oz. case  
#6250....\$26.99

### Meat Trio Pizza

Sausage, pepperoni  
and ham.  
5" IW, 12/5.44 oz. case  
#6249....\$26.99



### Rip N Dip Pepperoni Stuffed Pizza Ring

Freshly sliced pepperoni and naturally blended cheeses wrapped in fluffy pizza dough.  
Includes Marinara Sauce dipping cups.  
12/8.5 oz.  
#7277...\$32.99



### Chicken Pot Pies

We create each pot pie from scratch.  
Filled with juicy meat, tender vegetables,  
and our signature golden, flaky crust.  
8 pies/10 oz.  
#2393....\$15.99

Compare our cost of just \$2.00  
each to \$2.89 each at the grocery  
store and save 31% with AP!



SAVE  
\$200

### Grilled Chicken Alfredo Bake Dinners

White meat chicken with freshly made pasta and  
vegetables in a three cheese Alfredo sauce. 460 calories.  
8/13 oz. meals  
#2050....Reg. \$31.99 | Sale \$29.99



SAVE  
\$200

### Salisbury Steak Meals

Salisbury steak with roasted potatoes and home-style  
gravy with cheesy broccoli & cauliflower. 420 calories.  
8/14 oz. meals  
#2051....Reg. \$31.99 | Sale \$29.99



### Pepperoni Pizza Rolls

Pepperoni pizza toppings rolled into a snackable  
crust. Frozen. Microwave or oven bake.  
90 ct. / 44.5 oz. bag  
#2430....\$11.99



### Pepperoni Pizza

Pepperoni pizza filling wrapped in a garlic buttery  
seasoned crust for a handheld lunch.  
4.5 oz. / 17 ct.  
#1282....\$19.99 | \$1.18 each!



### Macaroni & Cheese Frozen Pouches

Microwave, or heat pouch in  
boiling water, then slice open  
and serve.  
36/7 oz. pouches  
#7881....Reg. \$47.99 | Sale \$43.99



SAVE  
\$400





**Soft Baked Pretzels**  
Traditional chewy recipe!  
20 ct. box  
#1472....\$12.99

★★★★★

"These are amazing just as they come, or slice a warmed pretzel in half lengthwise, and load it with your favorite sandwich ingredients...ham, cheese, lettuce, etc. For something new, melt some butter in a pan, some brown sugar, a dash of salt, skosh of vanilla extract... Voila! Dessert! You can dip the warmed pretzel in the sauce, or drizzle it while still on the baking pan. These soft pretzels are yummy and versatile!"

**Kelly Funk,  
Caliente, NV**



**Pretzilla Bites Soft Pretzels**

Light and airy, 1 1/2" soft pretzel bites with just a touch of sweetness. Unsalted. Delicious with savory or sweet dips and toppings. Approx. 96 bites.  
2 lb. bag  
#1748....Reg. \$15.99 | **Sale \$14.49**

**SAVE  
\$1.50**



**Breaded Pickle Chips**

Sliced pickles coated in breading with a hint of spice.  
2.5 lb. bag  
#1275....\$13.99

**Beer Battered Zucchini Slices**

Fresh crinkle cut zucchini slices coated in our crispy butter-golden batter.  
3 lb. bag  
#1072....\$12.99



**Cream Cheese Breaded Stuffed Jalapenos**

Mild jalapeno peppers stuffed with cream cheese and breaded to perfection.  
2 lb. bag  
#1272....\$13.99



**Battered Spicy Jalapeno & Cheddar Corn Nuggets**

Fire-roasted corn, jalapenos and red peppers in a cheddar cheese blend coated in crispy cornmeal batter.  
3 lb. bag  
#2065....\$14.99



**Battered Mac & Cheese Wedges**

Creamy Cheddar cheese mixed with stick macaroni in a crispy Cheddar batter.  
3 lb. bag  
#1271....\$18.99



**"Cheddar Pints"  
Battered Cheese Curds**

Real Wisconsin white cheddar cheese curds battered in Brew City's one-of-a-kind crispy beer batter.  
3 lb. bag  
#1273....\$20.99



**Beer Battered King Onion Rings**

Jumbo slices of sweet onion covered in premium beer batter.  
2.5 lb. bag  
#1269....\$11.99



**Crispy Battered  
Green Beans**

Bake or fry.  
2 lb. bag  
#1300....\$9.49



**Corn Nuggets**

These sweet corn kernels coated in crispy batter are the perfect bite-sized snack.  
2 lb. bag  
#1274....\$7.99



**Butter Breaded Mushrooms**

Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch.  
2.5 lb. bag  
#1276...\$11.49



**Bakeable Breaded  
Mozzarella Sticks**

Natural, aged mozzarella in a home style breading accented with Italian spices.  
3 lb. bag  
#1270...\$21.49





SAVE  
\$200

# SERVE A BISCUIT BAR!

*Hosting summer house guests or planning meals for a family reunion? Try this! Set out a platter of warmed Bridgford Buttermilk Biscuits and invite guests to stack them with their choice of:*

- ◆ Scrambled Eggs
- ◆ Bacon or Ham Slices
- ◆ Cheese
- ◆ Chicken Tenders

**Bridgford**

## Buttermilk Biscuits

Fluffy, home style biscuits. Microwave to heat.

72/2.25 oz. IW

#5646.... Reg. \$25.99 | Sale \$23.99

## SMALLER PACK

### Buttermilk Biscuits

#1321 18/2.25 oz. IW....\$7.49



## Sourdough Round

Generous loaves of soft, chewy sourdough bread, sliced and ready for sandwiches or to serve warm with dinner.

2 / 2 lb. Loaves

#1987....\$11.99



## Round Ciabatta Rolls

24 ct./4" bun

#1051....\$12.99



## 7" Split Top Hoagie Buns

Sturdy, fluffy hoagie buns for gourmet sub sandwiches, baked by our local favorite: Rocky Mountain Bread Company.

6 ct. / 2 bags

#1988....\$12.49

Just \$1.04 per large bun!



## Cinnamon Raisin Bread

2 / 1 lb. loaves

#1671....\$8.99



## Mini Naan Bread

Hand-stretched flatbread made with buttermilk and ghee (clarified butter). Save with our bulk case, and use for personal pizzas, tacos, dipping in hummus or oil blends, etc.. Comes frozen.

64 ct. Case/5 1/4 x 4 1/2"

#1686....\$32.99



## Tuscan Mini Dinner Loaves

Par-baked. Heat for 3-5 min. for a crisp crust.

24 / 4 oz.

#8196....\$14.99



## Bagel Dough

The same gourmet bagel dough sold to well-known businesses, now available to bake fluffy bagels at home. Frozen.

60/4 oz. bagels

◆ #2078 Plain....\$26.99

◆ #2060 Blueberry....\$33.99

◆ #2062 Cinnamon Raisin....\$31.99







**Uncrustables**  
Soft, crustless 51% wheat bread sandwiches filled with creamy peanut butter and sweet Smucker's jelly. IW 18/2.6 oz.

**#3119 Peanut Butter & Grape Jelly**  
\$17.99 | \$1.00 each

**#3120 Peanut Butter and Strawberry Jam**  
\$17.99 | \$1.00 each

**Grape Uncrustables**  
72/2.8 oz. IW  
#7579.....Reg. \$52.99  
Sale \$49.99

**Strawberry Uncrustables**  
72-2.6 oz IW  
#4290....\$52.99 | .74 each



**Uncrustables Peanut Butter & Honey**

Sweet and smooth honey spread meets rich and nutty Smucker's® Peanut Butter in a crustless whole wheat sandwich.  
2 oz. / 4 ct.  
#1437....\$4.99

**Jif Family Size Creamy Peanut Butter**  
GF 4 lb. can  
#2913....\$11.99



**NEW! Almond Butter**  
Made with simple, natural ingredients—just flame-roasted almonds, coconut oil, and small amounts of sugar and salt for the best almond butter you've ever tasted.  
11.5 oz. jar  
#1370....\$9.49

**Nutella Spread**  
Velvety hazelnut spread.  
GF 26.5 oz. jar  
#7338....\$8.99



**Bread Loaves**  
Soft, fluffy loaves, perfect for sandwiches or toast.  
6 Month frozen;  
7-10 day thawed shelf-life.



**Cottage Wheat Bread**  
case of 6/24 oz. loaves  
#1345....\$12.49 | \$2.08 per loaf

**Cottage White Bread**  
case of 6 /24 oz. loaves  
#1336....\$11.49 | \$1.92 per loaf

**Fancy Jam**

Made in small batches with premium ingredients.

GF 15 oz. jar \$5.49  
♦ #8930 Harvest Peach Cobbler  
♦ #3003 Red Raspberry  
♦ #3005 Strawberry Rhubarb  
♦ #3000 Bodacious Berry



**Cheeseheads String Cheese**  
Stringy mozzarella cheese sticks. 80 calories; 6 grams of protein.  
GF 1 oz. / 60 ct.  
#4972...\$15.99  
Just 27¢ each!

Compare our price of just 27¢/stick to 39¢/stick at local grocery stores!



★★★★★  
"This is by far the biggest staple in our house. My kids LOVE this brand and this is the best deal we have found on it. It has the best taste. Definitely a must have!"  
**Ashley Baldwin, Wildrose, ND**



**Hard Salami Slices**

Smoked, robust flavor from a seasoned blend of pork and beef, cured and slow-aged.  
GF 2 lb. bag  
#1688...\$12.99



**Kraft**  
**REAL Kraft® Fresh Grated Parmesan Cheese**  
Save with our bulk bag compared to the green can.  
GF 1 lb. bag  
#1683....\$9.99



**Tillamook**  
**Medium Cheddar Shredded Cheese**  
GF 2.5 lb. bag  
#1866....\$13.49



**Shredded Cheddar Jack Cheese**  
Fancy shredded blend of cheddar and Monterey Jack cheese.  
GF 2.5 lb. resealable bag  
#1860....\$10.49



**Folios Parmesan Cheese Wraps**  
Lightly baked sheets of cheese. Recipe ready to crisp, wrap, roll or melt for carb-free, high-protein meals.  
GF 10/1.5 oz.  
#1719....\$13.99

★★★★★  
"I love these so much! As a low-carb option, this definitely satisfies my taco and wrap cravings. I have used them baked and also cold. Very delicious!"  
**Barbie Martin Anamoose, ND**

You might notice some missing cheese products on this page. Sadly, our 35-year-old commercial cooler has died, and after much consideration, we've decided not to replace it at this time. Alison's Pantry will no longer be offering refrigerated products. ALL items on this page will now be shipped frozen. Please be aware that this includes the cheese and Folios products shown.





**Delizza**

**Belgian Mini Cream Puffs**  
Frozen; thaw & serve.  
3 lb. 5 oz. tub / 120 ct.  
#1350....\$15.49



**NEW! Delizza Macarons Assortment**  
*The perfect little indulgence! Delicate almond meringue cookies; two each of these assorted flavors: Vanilla, Pistachio, Lemon, Raspberry, Chocolate, Salted Caramel.*  
12 ct. / 4.65 oz. box  
#2059....\$7.99



**Janey Lou's**

**Cinnamon Rolls**  
Frozen proof-and-bake cinnamon roll dough with homemade flavor. Frozen.  
60 / 4 oz. rolls  
#9134....\$38.99

**Alison's Pantry**

**Cream Cheese Icing**  
Comes frozen.  
GF 3 lb. tub  
#8388....\$13.99



AP Bestseller

SAVE  
**\$200**



**Bridgford**

**Cinnamon Monkey Bites**  
Tender bite-sized pull-apart pieces of sweet bread coated in a sticky cinnamon glaze. Frozen. Ready to heat and eat!  
Pair with our Dawn White Icing (#1910) for an easy topping!  
5/32 oz. trays  
#2052....Reg. \$31.99 | Sale \$29.99



**White Flat Icing**  
Squeezable shelf-stable white icing for drizzling over turnovers and other pastries. Dries solid and not sticky, just like treats from a bakery! Professional product; not sold in grocery stores.  
2 lb. tube  
#1910....\$5.99

## Fill with our new Cheesecake Filling and Fruit Toppings (pg. 4)!



**Graham Tart Shells, 3"**  
Ready to eat mini graham crusts.  
Shipped frozen.  
18 ct.  
#1422....\$7.99 | Just 44¢ each



**Peanut Butter Crispy Bars**  
Thaw-n-Serve. Not Pre-Cut. 4-1/4 sheet pans.  
Yields 16-2 x 2 bars per sheet, or 64 bars.  
#6917....\$34.99



**Chocolate Chunk Cookie Dough**  
Make fresh buttery cookies loaded with rich chocolate chunks with our easy place-and-bake cookie dough pucks.  
120/1.5 oz. cookies  
#1830....\$35.99 | Just .30 per cookie!



**Strawberry/Cream Cheese 'Strudel Bites' Pre-Sugared**  
Thaw and bake.  
252/.8 oz.  
#2106....\$36.99



**Fruit Turnovers**  
Flaky pastry wrapped around premium fruit fillings. Thaw & bake pre-proofed product. 60/4 oz.

♦ Cherry #1889....\$40.99  
Just 68¢ each

♦ Apple #1199....\$32.99  
Just 55¢ each

♦ Blueberry #1890....\$41.99  
Just 70¢ each







### Belgian Custard Mini Eclairs

Chocolate Topped Belgian mini eclairs filled with a rich Bavarian custard cream. Frozen; thaw & serve.  
24.6 oz. tub / 50 ct.  
#1351....\$13.49



### Tuxedo Dessert Assortment

Decadent assortment of mini eclairs, hazelnut cream puffs, mini chocolate rolls, and mini strawberry rolls. 52 mini pastries. Thaw & serve.  
1.76 lb. box  
#1673....\$21.99



### Nestle Toll House Chocolate Chip Cookie Dough

Ready-to-bake dough. Ships frozen.  
Yield: Approx. 81 cookies.  
5 lb. tub  
#3677....\$12.99



### Sqwincer Squeeze Assorted Electrolyte Freezer Pops

Not just sugar water! No HFCS, lower sodium, and more potassium for serious hydration. 10 pops in 5 flavors: orange, mixed berry, cherry, grape and lemon-lime.  
3 oz. / 10 ct.  
#1071....\$4.99



### Gluten Free 4" Sugar Cookies

The best GF cookies we've ever tasted! Their special recipe has homemade flavor and texture. Individually wrapped.  
Ships frozen.  
GF 4" / 12 ct. box  
#1481....\$18.99



### Nutty Buddy Wafer Bars

Layers of real peanut butter with light, crisp wafers are covered in a delicious fudge coating. Individually wrapped.  
24 ct. box  
#6190....\$5.99 | Just 25¢ each



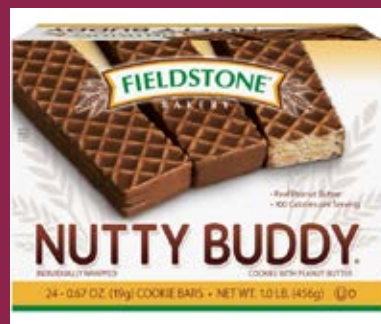
### Oatmeal Cookies with Crème

Two oatmeal cookies are sandwiched together with vanilla crème filling.  
24 ct. box  
#7036.....\$4.99 | Just 21¢ each



### Premium Original Granola

50 oz. bulk bag  
#5768....\$11.99



### NEW! Cosmo Blast Brownies

Dark, chewy generously-sized brownies topped with fudge icing and colorful candy coated chocolate pieces.  
6/4 oz. brownies  
#1768....\$4.99



### NEW! Frosted Mini Donuts

Six mini cake donuts with fudge icing per pkg. (72 mini donuts)  
12 pkgs.  
#1769....\$8.99 | .75 per pkg.

# FREE OFFER

Purchase \$15 in Fieldstone products and qualify to receive a free 24 ct. box of Nutty Buddy Wafers. Use Code #1425.





SAVE  
\$100

### Garlic Salt

Just two classic ingredients to add flavor to meats, veggies, pasta, and rice.

GF 1 lb. bag

#1019...Reg. \$4.99 | Sale \$3.99



SAVE  
\$200

### Garlic Powder

Made simply from dehydrated garlic cloves, ground into a fine powder.

GF 1 lb. bag

#1021...Reg. \$12.99 | Sale \$10.99

★★★★★

"Love this garlic powder! It's amazing to me what a difference in quality Alison's Pantry is compared to the others. I don't have to use near as much and the flavor is so much better."

Melissa Johnson, Voltaire, ND



SAVE  
\$200

### Everything Bagel Seasoning

Use this blend of garlic, salt, poppy seeds, sesame seeds, and onion to top baked potatoes, homemade breads and rolls, or on our plain bagel dough (#2078) for "everything" bagels.

GF 1 lb. bag

#1826...Reg. \$8.99 | Sale \$6.99

★★★★★

"I put Everything Bagel Seasoning on everything... my veggies, scrambled eggs, cream cheese on celery, fried potatoes. Right now my obsession is green beans with a little bit of olive oil and the Everything Bagel Seasoning in the air fryer for about 12-15 minutes at 360 degrees."

Jennifer Mitchell, Broadwater, NE



SAVE  
\$150

### Italian n' Pizza Seasoning

Savory blend of garlic, oregano, basil, and marjoram.

GF 1 lb. bag

#1432...Reg. \$9.49 | Sale \$7.99

★★★★★

We use the AP Italian 'N Pizza Seasoning for pizza and so much more! We sprinkle it on the crust before tossing it in the oven. I also add a 1-2 Tbsp. to a 6 oz. can of tomato sauce for an instant pizza sauce or dipping sauce. I use it with oil and vinegar for an Italian salad dressing. So much versatility!"

Stacey Izatt, AP Regional Sales Manager

# Spice up your recipes!

## FRESH BULK SPICES MEAN BIG SAVINGS.

All spices sold in 1 lb. bags unless otherwise noted.

### MENU ESSENTIALS

Applewood Seasoning Rub	#5990	\$7.99
Basil, Imported, Cut/sifted GF	#1443	\$7.49
Bay Leaves, ½ lb. GF	#1753	<del>\$12.99</del> Sale \$10.99
Celery, Diced, ½ lb. GF	#3232	\$7.99
Celery Salt GF	#1427	\$4.99
Chili Powder, Mild GF	#1014	\$8.49
Cumin, Ground GF	#1442	\$8.99
Garlic and Herb Seasoning GF	#5408	\$7.99
Garlic Granules GF	#1948	\$12.99
Garlic, Minced GF	#1020	\$12.99
Garlic Pepper GF	#1018	\$13.99
Garlic Powder GF	#1021	<del>\$12.99</del> Sale \$10.99
Garlic Salt, Classic GF	#1019	<del>\$4.99</del> Sale \$3.99
Garlic Supreme GF	#2592	\$10.99

Mustard Seed Powder GF	#1428	\$6.49
Onion, Chopped GF	#1026	\$7.99
Onion Salt, Classic Blend GF	#1024	\$4.99
Onion Powder GF	#1027	\$7.49
Oregano, Mediterranean GF	#1445	\$12.99
Paprika, Mild GF	#1697	\$8.99
Parsley Flakes, ½ lb. GF	#1426	\$7.99
Pepper, Black, Table Grind GF	#1029	<del>\$15.49</del> Sale \$13.49
Pepper, Black, Coarse Grind GF	#1028	\$15.99
Peppercorns, Whole, Black GF	#1030	\$15.49
Seasoning Salt GF	#1033	\$4.99
Smoky Maple Herb Seasoning GF	#4576	\$6.99
Thyme, Cut & sifted, ½ lb. GF	#1444	\$6.49
Turmeric, Ground GF	#1832	\$7.99
Ultimate Onion Blend GF	#4575	\$6.99



### Sea Salt

Healthy alternative to more-refined table salt.

GF 16 oz. container...\$4.49

• #1146 Fine  
• #1147 Coarse



Alison's  
Pantry

### Pure Powdered Vanilla

Contains no alcohol, so none of the beautiful flavor bakes out.

### Pure Powdered Vanilla 3-Pack

GF 3-4 oz. jars

#8627.... \$39.99 | \$13.33 per bottle

GF 4 oz. jar

#8626....\$14.99

Delicious caramelized on fresh peaches or pineapple on the grill!

SAVE  
\$100

### Cinnamon Vanilla French Toast Sugar

Saigon Cinnamon, sugar and vanilla flavoring.

1 lb. bag

#1536...Reg. \$5.49

Sale \$4.49

★★★★★

"The AP Cinnamon Vanilla French Toast Sugar (#1536) is a staple next to my butter by my toaster. My kids and I love cinnamon toast and this is an amazing combination. It's also great for homemade cinnamon rolls and for topping cobbler!"

Emily Young, Roosevelt, UT

### SPICES IN CONTAINERS

The following spices come packaged in **tall, clear plastic containers** that fit beautifully on your shelf! Saves the extra step of transferring your bagged spices into your own containers.

Cinnamon Vanilla French Toast Sugar GF 28 oz. container	#3894	\$10.99
Garlic Supreme GF 1 lb. container	#6112	\$12.99
Montreal Steak Seasoning GF 1½ lb. container	#4227	\$11.99
Olé Taco Seasoning 1 lb. container	#1846	\$8.49

Onion, Chopped GF 12 oz. container	#1847	\$9.49
Onion Soup & Dip GF 1½ lb. container	#1845	\$12.49
Rosie's Ranch Buttermilk Dressing GF 24 oz. container	#3893	\$11.99
Seasoning Salt GF 2 lb. container	#1849	\$8.49



### Clear Round Spice Containers

• **Black Lid**  
8 oz., 5" tall  
#1233.... \$1.49

• **Mini Red Lid**  
3.5 oz., 4" tall.  
#1234.... \$1.49



16 oz. Clear Square Plastic Jar with Shaker Flip Lid  
12/16 oz. jars  
#4435....\$11.99

Single 16 oz. jar  
#1526....\$1.49

32 oz. Clear Plastic Spice Jars with Shaker Flip Lid  
12/32 oz. jars  
#5129....\$14.49  
\$1.21 each

Single 32 oz. jar  
#1228....\$1.99



## SPRINKLES FOR EVERY TABLE

Cinnamon Vanilla French Toast Sugar <b>GF</b>	#1536	\$5.49 <b>Sale \$4.49</b>
Everything Bagel Seasoning <b>GF</b>	#1826	\$8.99 <b>Sale \$6.99</b>
French Fry Seasoning <b>GF</b>	#1441	\$5.99
Salad Sprinkles Supreme	#1701	\$9.99

## MEAL MUSTS

Baja Chili Lime Seasoning <b>GF</b>	#7664	\$10.99 <b>Sale \$8.99</b>
Caribbean Jerk Seasoning	#1724	\$6.99
Carne Asada Seasoning <b>GF</b>	#7378	\$7.49 <b>Sale \$5.99</b>
Chili Seasoning Mix	#1015	\$6.99
Citrus Grill Seasoning	#1754	\$7.99
Emma's Enchilada Seasoning	#1016	\$5.99
Fabulous Fajita Seasoning <b>GF</b>	#1017	\$8.49
Hearty Bean Seasoning <b>GF</b>	#1670	\$8.99
Italian 'n Pizza Seasoning <b>GF</b>	#1432	\$9.49 <b>Sale \$7.99</b>
Leah's Lemon Pepper <b>GF</b>	#1022	\$8.49
Mom's Meatloaf Seasoning	#1582	\$9.99
Montreal Chicken Seasoning <b>GF</b>	#7746	\$7.99
Montreal Steak Seasoning <b>GF</b>	#1023	\$6.99
Mucho Mexican Seasoning	#2816	\$6.99
Mushroom Soup & Stroganoff <b>GF</b>	#1672	\$7.99
Olé Taco Seasoning	#1037	\$6.99

Pronto Potato Salad Seasoning	#1820	\$8.99
Savory Stew Seasoning	#1540	\$7.99
Sloppy Joe Seasoning Mix <b>GF</b>	#1035	\$5.99
Spanish Rice Seasoning <b>GF</b>	#2105	\$5.99
Superb Spaghetti Seas. Mix <b>GF</b>	#1036	\$6.49
Tuscan Herb Blend Seasoning	#3628	\$9.99

## BAKING SPICES

Cinnamon, Ground Saigon <b>GF</b>	#3626	\$11.99
Cinnamon, Ground Korintje <b>GF</b>	#1005	\$9.99
Ginger, Ground <b>GF</b>	#1420	\$8.99
Orange Zest Granules, ¼ lb. <b>GF</b>	#1669	\$7.49
Signature Cinnamon Blend	#1678	\$18.99
Zesty Lemon Zest, ¼ lb. <b>GF</b>	#1433	\$6.99

## DIPS & DRESSINGS

Dilly Dill Dip Mix <b>GF</b>	#1421	\$7.99
Guacamole Seasoning, ½ lb. <b>GF</b>	#2588	\$5.99 <b>Sale \$4.99</b>
Italian Salad Dressing Seas. <b>GF</b>	#1698	\$7.49
Lip Smackin' Chipotle Ranch <b>GF</b>	#2589	\$7.99
Onion Soup & Dip <b>GF</b>	#1025	\$6.99
Popeye's Spinach Dip Mix <b>GF</b>	#1423	\$9.99
Rosie's Ranch Buttermilk Salad Dressing Mix <b>GF</b>	#1032	\$6.99
Salsa Seasoning <b>GF</b>	#1898	\$8.49

**Bay Leaves**  
**GF** 1/2 lb. bag  
#1753....Reg. \$12.99-  
**Sale \$10.99**



**SAVE \$200**

★★★★★

"I use bay leaves a lot in bean soups, stews and red beans and rice. So when I discovered that 8 oz. at the local grocery store was a whopping \$140.92 versus \$12.99 at Alison's Pantry, I was ecstatic to save that much money."

**Jan Rasmussen, Bluebell, UT**

### Carne Asada Seasoning

Enjoy as a dry rub, or as a marinade with just the addition of water.

**GF** 1 lb. bag  
#7378....Reg. \$7.49  
**Sale \$5.99**



**SAVE \$150**

★★★★★

"The first time I used this I couldn't believe how amazing it smelled! It's delicious on steak and chicken... sweet and spicy, but not too hot. You can also put it on chicken in the crock pot for a deliciously flavored shredded chicken."

**M. Mickelson**

## CANNING SPICES

Alum Powder <b>GF</b> 1 lb. bag	#1439	\$7.99
Celery Seed, Whole <b>GF</b> 8 oz container	#1409	\$5.99
Dill Seed, Whole <b>GF</b> 1 lb. bag	#1530	\$6.99
Dill Weed, <b>GF</b> 2.5 oz. container	#1410	\$5.99
Pickling Spice Blend <b>GF</b> 10 oz container	#1411	\$7.49
Mustard Seed Whole Yellow <b>GF</b> 1 lb. Bag	#1412	\$5.99



### Cornaby's Jam in a Jiffy

The simplest way to make freezer jam! Just add dry mix to 2 lbs. of crushed fresh or frozen fruit and stir. Yield: approx. 6 cups of jam.

**GF** 18 oz. bag  
#8732....\$4.99



### Cornaby's E-Z Gel

Non-GMO cornstarch that can be directly added to any liquid, hot or cold, for instant thickness. Perfect for canning or freezing.

**GF** 16 oz. bag  
#8733....\$10.99

**SAVE \$200**

### Baja Chili Lime Seasoning

The kick of chili peppers with the zing of lime brings the perfect seasoning to shrimp, chicken, beef, and fish for any South of the border recipe.

1 lb. bag  
#7664....Reg. \$10.99 | **Sale \$8.99**

★★★★★

"I love to use the AP Baja Chili Lime Seasoning. It's great on all cuts of chicken or pork, but my favorite use of it is on grilled shrimp. Just enough flavor to enhance and not overpower."

**Stacey Izatt, AP Regional Sales Manager**

**SAVE \$100**

### Guacamole Seasoning

Just add 1 Tbsp. to 2 mashed avocados for perfect guacamole.

**GF** 1 lb. bag  
#2588....Reg. \$5.99 | **Sale \$4.99**

★★★★★

"Better than most restaurants! Love this seasoning! Let it sit so that it softens up and the flavor sets in. I even add a little lime juice for added zing. Great with chips, crackers or on a chicken sandwich or hamburger."

**Lindsey Geisinger, Minot, ND**

**Taste the difference fresh pepper makes in your recipes!**

**SAVE \$200**



### Black Pepper

Fresh ground for AP orders!

1 lb. bag  
#1029....Reg. \$15.49 | **Sale \$13.49**





### Old Fashioned Buttermilk Pancake Mix

Tasty, old-fashioned, fluffy pancakes and waffles. Yield: 115/4" pancakes. Just add water.

4 lb. bag  
#1822.....\$6.99

### BULK Pancake Mix

Yield: 718 pancakes.

25 lb. bag  
#2128.....Reg. \$33.99 | Sale \$31.99

★★★★★

"We love pancakes, so this is a staple in our house. This is a great mix and you only have to add water. We like to also mix in chocolate chips, cinnamon chips, or peanut butter chips for some fun!"

April Pearson, Glasgow, MT

SAVE \$200



### NEW! Five Star Fruit Syrups

Made from cold-pressed fruit juice so you taste the fruit and not the sugar. 12.5 oz. bottle

\$6.49

- ◆ #1486 Raspberry
- ◆ #1487 Strawberry
- ◆ #1488 Blueberry



### Conestoga Sweet Cream Pancake Mix

Just add water.

5 lb. bag  
#7435...\$11.49



### Sweet Potato Pancake & Waffle Mix

No artificial ingredients or preservatives.

4 lb. bag  
#1967....\$12.99



AP Bestseller

### ◆ Mini Baking Cups

Use for candy, mini muffins, nut cups, fudge, chocolates, crafts. 500 ct.

#2058.....\$6.99

### ◆ Baking Cups

White standard paper baking cups. 500 ct.

#1646.....\$6.99

### ◆ Texas Size Baking Cups

2 3/4" x 1 7/8" wax baking cups 500 ct.

#1580....\$14.99



### Delectable Blueberry Muffin Mix

Customer-favorite mix for tender bakery-style blueberry muffins.

45/2 oz. muffins  
4 lb. bag  
#2308....\$11.99



### Scrumptious Raspberry Muffin Mix

Craft fluffy muffins with juicy raspberry-flavored bits.

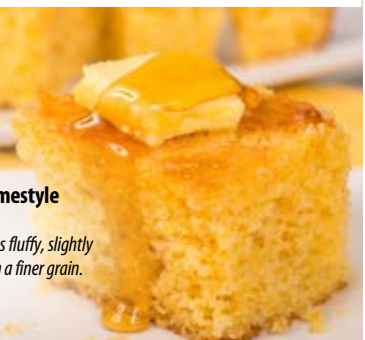
45/2 oz. muffins  
4 lb. bag  
#2309....\$11.99



### Professional Homestyle Cornbread Mix

Commercial mix bakes fluffy, slightly sweet cornbread with a finer grain.

5 lb. box  
#2130....\$9.99



### Professional Buttermilk Biscuit Mix

Commercial mix for tender, mildly sweet buttermilk biscuits. Yields 8 doz., 2" biscuits

5 lb. box  
#2129...\$9.99



### 10-Calorie Spreadable Fruit

Our fresh fruit spreads taste too good to be so healthy! Over 85 percent fruit and a touch of Stevia. Made with Utah fruit picked at the peak of ripeness. Provides vitamins, minerals and a boost of antioxidants.

11.5 oz. jar...\$5.99

- ◆ #2997 Cherry Pie
- ◆ #2999 Raspberry Cheesecake
- ◆ #2996 Mountain Berry Cobbler



Back by popular demand!





### Pumpkin Chocolate Chip Cookie Mix

An old-fashioned favorite; soft and spicy pumpkin cookies with chocolate chips nestled throughout. 96/2" cookies.

4 lb. bag  
#1966....\$11.99



### Richly Delicious Fudge Brownie Mix

Premium fudgy flavor and incomparable texture make this mix one of our most popular mixes. 72/2 x 2" brownies /4 lb. bag

#1824....\$10.99



### Oatmeal Jumble Cookies

Just add water and butter for cookies with old-fashioned flavor. Add nuts, raisins, or chocolate chips (not included) for your personal touch!

Yield: 30 / 2 1/2" cookies  
23 oz. bag  
#1594....\$6.49



### Snickerdoodle Cookie Mix

Just add water and shortening.  
Yield: 30 (2 1/2") cookies.  
23 oz. bag  
#5243...\$6.49

### Ginger Molasses Cookie Mix

Just add water and shortening.  
Yield: 30 (2 1/2") cookies.  
23 oz. bag  
#5299...\$6.49



### Chocolate Crinkle Cookie Mix

Just add water.  
Yield: 30 (2 1/2") cookies.  
23 oz. bag  
#5244 ...\$6.49



### Marvelous 'n Chewy Macaroon Mix

60/1" cookies  
4 lb. bag  
#1965....\$18.99



### Heavenly Angel Food Cake Mix

Just add water. Yields 5/18 oz. cakes.  
4 lb. bag  
#2815....\$18.99



### Classic Crème Cake & Muffin Mix

Professional mix for premium cakes.  
4 lb. bag  
#1823....\$7.99



★★★★★

"I love the variety of cakes I can make with the Classic Crème Cake & Muffin Mix (#1823). My kids love the white cake mix and a special frosting. Use white frosting and add 1-2 teaspoons (or to your taste) of Jell-O or Kool-Aid for a different taste!"

**Heather Nield**



**Gluten Free 1-to-1 Baking Flour**

Use as a direct replacement for all-purpose baking flour.

**GF** 44 oz. bag  
#1277....\$8.99**Turkey Brand Strong Baking Flour, Unbleached**

All-natural, unbromated, non-GMO flour made from local wheat.

25 lb. bag  
#2285....\$13.99**Saf Instant Yeast****GF** 1 lb. Package  
#2446....\$4.99**Find a recipe for homemade hamburger buns at  
blog.alisonspantry.com!****Mexican Vanilla Bean Honey**

Try our Mexican Vanilla Bean Honey on toast, scones, cornbread, or peanut butter sandwiches. Absolutely delicious in coffee, tea, or smoothies.

9 oz. jar  
#1912....\$14.99**Mexican Vanilla Paste**

All-natural. No additives or preservatives.

**GF** 8 oz. jar  
#6945....\$19.99**What makes Ghirardelli chocolate better?**

Each velvety smooth product is a carefully balanced blend of the finest ingredients, including real cocoa butter, unsweetened chocolate, and just the right touch of sugar.

**Unsweetened Dutch Process Baking Cocoa****GF** 2.5 lb. bag  
#6282....\$12.99**Original Mexican Vanilla**

All-natural, smooth and rich vanilla makes baked goods shine.

♦ 8.4 oz. **GF** #6702....\$18.99  
♦ 16.7 oz. **GF** #6919....\$27.99**Real Milk Chocolate Chips****GF** 3 lb. bag  
#1302....\$16.99**Real Semi-Sweet Chocolate Chips****GF** 3 lb. bag  
#1305....\$13.99**Semi-Sweet Mini Chips****GF** 2.5 lb. bag  
#7121....\$12.49**Gerken's® Mini Cinnamon Drops**

For baking use only; not to be eaten as candy.

**GF** 2 lb. bag  
#2776.....\$6.49**Dark Chocolate Baking Chips**

\*No Sugar Added

\*Botanically Sweetened with Stevia

\*Made with Non-GMO Ingredients

**GF** 9 oz. bag  
#1732....\$7.99**Imitation Almond Extract**

Clear, colorless extract with smooth nutty almond flavor.

**GF** 1 pt. bottle  
#1081....\$7.99**Bulk Baking Ingredients****Maple Flavoring****GF** 16 oz. bottle  
#5714...\$12.49**Light Corn Syrup****GF** 1 gal.  
#1862...\$19.99**Busy Bee American Clover Honey**Grade A No added ingredients; 100% honey. **GF**

♦ 3 lb. jug #1148...\$11.99

♦ 5 lb. jug #1149....\$18.99

**Golden Brown Pure Cane Sugar**

Don't settle for less than C &amp; H! With its nutty, caramel flavor, moistness and subtle molasses flavor, it's the perfect ingredient for cookies, cakes, and toppings.

**GF** 7 lb. bag  
#1150....\$8.99 | Just \$1.28 per lb.!**Powdered Pure Cane Sugar**

Very fine, with exceptionally smooth texture for frostings, glazes, and candy-making.

**GF** 7 lb. bag  
#1151....\$8.99 | Just \$1.28 per lb.!**Pure Cane Granulated Sugar****GF** 10 lb. bag  
#1632....\$11.49

#1625 Durkee Vanilla Clear Imitation Flavoring <b>GF</b> 32 fl. oz. bottle .....	\$9.49
#2847 Clabber Girl Baking Powder <b>GF</b> 5 lb. tub .....	\$13.49
#2848 Clabber Girl Baking Soda <b>GF</b> 5 lb. tub .....	\$7.49
#2849 Clabber Girl Cornstarch <b>GF</b> 3.5 lb. tub .....	\$5.99
#1194 Grandma's Unsulphured Molasses <b>GF</b> 1 gal. jug .....	\$18.99
#2122 <b>NEW!</b> California Natural Seedless Raisins, 2 lb. bag .....	\$7.49



CRESTWARE



**A. Commercial Cookie Sheet (Bun Pan)**

Aluminum, 18" x 13"

#4020....Reg. \$9.99 | **Sale \$8.49**

*Compare to over \$16 on Amazon!*

**B. Cover for Commercial Cookie Sheet**

(fits #4020 only)

#3860....\$6.99

**C. Quarter Size Sheet Pan**

Aluminum, 9" x 13"

#5957.....\$6.99

**Cover for Quarter Size Sheet Pan**

(fits #5957 only) 9" x 13"

#5958.....\$5.99

**Hand wash only.**

**D. Cookie Scoop**

Measure consistent scoops of dough for perfectly portioned cookies every time.

#3838....\$7.49

**E. Cooling Rack**

Stainless, fits commercial cookie sheet.

One is never enough!

12" x 17"

#1145....\$5.99



**G. Commercial Parchment Paper**

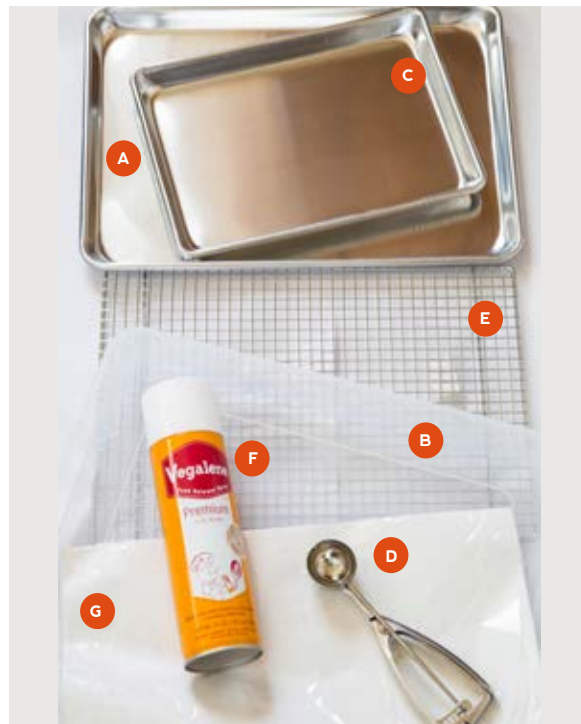
Silicone grease-proof pan liners to line baking sheets, separate foods for freezing, line cake pans, etc.

12" x 16" 100 sheets

#1153....\$7.99

*Compare to the same size pack on Amazon.com at \$14.89, and save 46% with AP!*

# KITCHEN Tools



CRESTWARE

**Cake Server**

White plastic handle with stainless steel blade.

10 3/4" x 2"

#3843....\$3.99



**Vegalene**

**Garlic Mist®**

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.

GF 17 oz. can

#1577....\$8.49



**Buttery Delite®**

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.

GF 17 oz. can

#1576....\$8.49



**Vegalene Grid Iron Release Spray**

Achieves a smooth, fast release for waffles (3-5 waffles per spray).

GF 14 oz. can

#1575....\$7.49



**Bak-Klene® ZT All-Purpose Spray**

Its superior release power assures clean, easy removal of a variety of baked goods from their pans. Like greasing and flouring your baking pans, but SO MUCH EASIER!

GF 14 oz. can

#5564.....\$7.49



**F. Vegalene® Pan and Grill Spray**

This all-natural, zero trans-fat product prevents food from sticking to cooking utensils and dishes.

GF 21 oz. can

#1212....\$8.99

**Silicone Baking Mat**

Reusable, nonstick silicone mat fits in our Commercial Cookie Sheet (#4020) and prevents sticking and burning of your baked goods. 16.5" x 11.75". Withstands up to 600°.

#8436..... \$12.99



**Mini Poly Treat Bags**

Poly .001 mil 4" x 2" x 12". 100 ct.

#7803....\$3.99

**Bakery Bread Bags**

Poly .001 mil bags. 15" length. 100 ct.

#5494....\$5.99

**Bakery Bags for Dinner Rolls**

Poly .001 mil 8" x 4" x 18". 100 ct.

#4238.....\$5.99



**Deli Containers with Lids**

Our Deli Containers make it easy to pack leftovers, salads, cookies, and more.

50 ct.

♦ 16 oz. #6476.... \$6.99

♦ 32 oz. #6477..... \$9.99



**Two-Compartment 28 oz. Meal Prep Containers**

Divided black plastic food safe containers with clear lids (50 containers and 50 lids). Perfect for meal-prepping or individual freezer meals. Reusable; top-shelf dishwasher safe. Microwave and freezer safe. 8.3" x 5.8" x 2.1"

50 ct.

#1763....\$21.99 | Just .44 per container!

*Compare to .80 each on Amazon!*



CRESTWARE

**Flexible Cutting Mats, 6 pk**

6 ct. 15" x 12"

#3840....\$11.49



**Food Film w/Cutter**

Commercial grade plastic wrap in an economical foodservice pack. 12" X 2000' Each

#6127....\$18.49



**Ziploc Bags Variety Pack**

Multi-purpose pack of resealable plastic bags;

125-Sandwich, 120-Snack, 52-Gallon Storage,

50-Quart Storage bags.

347 ct. box

#1978....\$22.49 | .06 per bag



**Ziploc Smart Zip Gallon Freezer Bags**

Double zipper freezer bags.

10 9/16" x 10 3/4"

152 ct. box

#1979... \$23.99 | .16 per bag





**Double Eagle Silver Dollar Jerky**  
2 1/2" round jerky. 15 oz. of meat.  
80 ct....\$16.99  
♦ #4694 Peppered  
♦ #4695 Teriyaki  
♦ #4693 Old Fashioned



★★★★★  
*"My husband loves these!  
They are a great snack for  
camping and road trips."  
Barbara Urban,  
Genoa, CO*

**Keebler Disney Frozen Graham Snacks**  
Bite-sized, honey-flavored graham crackers in  
Disney Frozen character shapes. Made with whole  
grain, honey, and no artificial flavors, colors or  
high-fructose corn syrup.  
35/1 oz. bags  
#1793....\$13.99



**Cookie & Cracker Variety Pack**  
Kid-pleasing pack includes: 12-Cheez-It Crackers, 12 Fudge Stripe  
Cookies, 9 Scooby Doo! Graham Crackers, 12-Chips Deluxe Mini Cookies  
45 ct. box  
#4019....\$17.99



**Classic Chips Variety Pack**  
Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos  
Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour  
Cream & Onion, 4-Lay's Barbecue  
1 oz. / 54 ct. box  
#4018....\$20.99 | Just .39 each!



**Cookie and Snack Variety Pack**  
Perfect lunchbox portions of your favorite snacks! 9-Mini Chips Ahoy, 8-Nutter  
Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos.  
1 oz. bags / 40 ct. box  
#1257...\$17.99

**Berries 'N Cherries  
Fruit Snacks**  
Fruit puree is the first ingre-  
dient. 100% DV of Vitamin C.  
GF 9 oz. / 40 ct. box  
#1288....\$10.49  
Just 26¢ each!



**Welch's Fruit Snacks  
Island Fruit**  
Soft, chewy fruit snacks in a  
mouthwatering combination  
of island flavors: Strawberry-  
Banana, Tropical Punch,  
Pink Grapefruit, Guava-Kiwi,  
Mango and Pomegranate-  
Passionfruit.  
.9 oz. bags; 8/10 ct. boxes  
#2087....\$24.99



*Kellogg's*

**Rice Krispies Treats Minis**  
The original crispy marshmallow treats in a cute  
mini size.  
50 ct. box  
#5378....\$12.99 | 26¢ each



**Pretzel Snaps**  
These premium buttery  
pretzels are perfect for  
seasonal parties. Save with  
our bulk canister.  
50 oz. tub  
#2319....\$9.99



**Cran-Blueberry Nut  
Clusters Snack Bites**  
Assorted island flavors in each  
pack: Strawberry-Banana,  
Tropical Punch, Pink Grapefruit,  
Guava-Kiwi, Mango and  
Pomegranate-Passion fruit.  
12/2 oz. bags  
#1666....\$20.99  
\$1.75 each



*Goldfish*

**Goldfish® Snack  
Crackers, Cheese**  
One of America's favorite  
snacks.  
31 oz. box  
#3097....\$10.49



**Fruit Cup Variety Pack**  
12 Diced Peaches; 12 Mixed Fruit; both in extra  
light syrup with pull-top cans. Just 50 calories  
each.  
GF 24 cups  
#2811....\$14.99 | .62 per cup



**JIF to Go Cups**  
Everyone's favorite peanut butter in individually  
portioned cups. This size case is not available in stores.  
GF 1.5 oz. cups/36 ct  
#8390....\$12.99

**Original Unsweetened  
Squeezable Applesauce  
Pouches**  
No high fructose corn syrup.  
Gluten free.  
GF 24-3.17 oz. pouches  
/ case  
#9123 ...\$18.49  
Just 77¢ each!



*Compare to Mott's Applesauce Pouches at 92¢ each!*



# Addictive Trail Mixes



SAVE  
\$150

Keto Friendly

## Trailblazer Roasted Nut Trail Mix

Low-calorie, hunger-appeasing trail mix of roasted & salted peanuts, almonds, pepitas, and pecans, with dried cranberries and unsweetened coconut chips.

14 oz. tub

#1682....Reg. \$9.49 | Sale \$7.99



SAVE  
\$150

Keto Friendly

## Adventurer Raw Trail Mix

Keto-friendly mix of raw almonds, walnuts, raw pepitas, pecans, dried cranberries, unsweetened coconut chips, and dark chocolate drops.

14 oz. tub

#1684....Reg. \$9.49 | Sale \$7.99



## Super Hero Trail Mix

Roasted peanuts, butter toffee peanuts, Boston baked peanuts, chocolate coated peanuts, yogurt coated raisins, and candy-coated chocolate candies.

16 oz. tub

#1163....\$7.99



## NEW! Nut Berry Trail Mix

Dried Cranberries, R&S Almonds and Cashews, Pecans and dried cherries.

14 oz. tub

#2076....\$7.99

## PREMIUM NUTS & CANDY



## Chocolate Cinnamon Bears

GF 2.65 lb. bag

#1290....\$12.99



## Chocolate Fruit Basket

Tender chewy dried cranberries, apples, blueberries, cherries, and apricots covered in luscious milk & white chocolate.

1 lb. bag

#2044....\$8.49



## Orange Creme Gummy Bears

Like a creamsicle in a gummy bear!

Delicious flavor and fun fall color.

16 oz. tub

#2706....\$5.99



## Milk Chocolate Malt Balls

Crisp, crunchy malt balls wrapped in melt-in-your-mouth milk chocolate.

1 lb. bag

#2034....\$6.49



## Dark Chocolate Cranberries

Chewy dried cranberries drenched in rich dark chocolate.

1 lb. bag

#2038....\$6.99



## Deluxe Mixed Nuts

Roasted and salted almonds, cashews, pecans, Brazil and hazel nuts.

GF 14 oz. tub

#9121 ....\$13.99

Keto Friendly



## Butter Toffee Almonds

Crisp almonds coated in a sweet and buttery shell.

1 lb. bag

#2041....\$6.49



## Milk Chocolate Cashews

Fresh, crunchy cashews enrobed in creamy milk chocolate.

1 lb. bag

#2036....\$8.49



Keto Friendly

## Cashews, Roasted & Salted

GF 14 oz. tub

#9117....\$14.49



## Butter Toffee Cashews

Crunchy cashews coated in a buttery toffee glaze.

1 lb. bag

#2043....\$8.49



## Chocolate Mint Cookie Bites

Dark chocolate crispy cookies dipped in dark & white mint chocolate.

1 lb. bag

#2037....\$6.99



## Cinnamon Bears

Childhood favorite chewy hot cinnamon bears.

GF 16 oz. tub

#1172....\$6.49

## Cinnamon Toffee Almonds

Crisp almonds wrapped in a buttery toffee glaze with just the right amount of cinnamon.

1 lb. bag

#2042....\$6.99



## Gummi Bears Family Pack

3 lb. bag

#5009....\$10.99



## Swedish Fish

GF 1.9 lb. bag

#9109....\$7.49



## Milk Chocolate Almonds

Crisp almonds coated in rich milk chocolate.

1 lb. bag

#2033....\$6.99

## Vanilla Yogurt Pretzels

Our crisp pretzels covered in a creamy vanilla yogurt coating are perfect for snacking or adding to trail mixes.

1 lb. bag

#2040....\$4.99



## Alpine Mints

Creamy mint round candy balls with a rich dark chocolate middle wrapped in a fine candy coating.

1 lb. bag

#2035....\$6.99



## Dried Cranberries

GF 14 oz. tub

#9205 ....\$7.49





### Country Time Lemonade Flavored Drink Mix

No artificial sweeteners or flavors. Good source of Vitamin C. Yield 34 qts.  
82.5 oz tub  
#2536 ...\$14.99 | Just .31 per qt.!



### Acopa 16 oz County Fair Mason Jar Mugs with Handle

Sturdy mason jar mugs for your favorite beverages. You'll love the vintage look of this rustic set. Set of 12 mugs  
#8114....Reg. \$15.99  
Sale \$13.99



SAVE \$200

### MONIN Premium Fruit Flavored Syrups

Flavorful syrups made with natural flavors and pure cane sugar, not corn syrup! Delicious in sodas, lemonade, tea, and shakes. No artificial ingredients. Gluten free. Non-GMO. 1 L Bottle...\$11.99



#2117 NEW! Wildberry--Blueberry, blackberry, and raspberry blend.



#2116 NEW! Lavender



#2115 NEW! Hawaiian Island--Passion fruit, guava, and orange blend.



#1637 Cherry



#1636 Stone Fruit--Peach, Cherry, Apricot Blend



#8654 Monin Syrup Pump \$1.99



### Sugar Free Hazelnut Syrup

Guilt-free rich, nutty flavor with zero calories. Made with natural sweeteners, erythritol and sucralose.  
1 L. bottle  
GF #2053....\$11.99



### Sugar Free French Vanilla Syrup

Derived from real Madagascar vanilla beans without sugar or calories, this syrup offers smooth sweetness for skinny beverages.  
1 L. bottle  
GF #2054....\$11.99



### Cappuccino

Rich, comforting cappuccino that's terrific hot or cold, or enjoyed as a coffee creamer.  
GF 2 lb. bag (45/8 oz. svgs.)....\$7.99

- ♦ #1326 French Vanilla
- ♦ #1330 English Toffee
- ♦ #1328 Mocha
- ♦ #1329 White Chocolate Caramel



### V8 Splash

Refreshing combinations of natural fruit flavors with a 5% carrot juice blend for a deliciously sweet taste.  
GF 12/16 oz. bottles



♦#1717 Tropical Blend....\$19.99  
Just .10 per oz.!



♦#1716 Berry Blend....\$17.99  
Just .09 per oz.!

### True Lemon Crystallized Lemon Packets

Each packet equals one lemon wedge. Adds natural flavor with zero calories to water, recipes, yogurt, or sprinkled over salmon. No artificial sweeteners, flavors, or colors. Allergen free.  
GF 100 ct. box  
#1689....\$7.99



### Sunny Delight Tangy Original

GF 24/10 oz. bottles  
#8581....\$15.99 | Just 67¢ each!



### Chai Tea Concentrate

Just mix equal parts concentrate and your own fresh milk or soy. Heat it up or pour it over ice for a rich, sweet, creamy blend of black vanilla and spices. Approx. 8 svgs.  
GF 32 oz. carton  
#2426....\$5.99



### Nesquik Chocolate Powder

45% less sugar than the leading syrup brand. Provides calcium and 7 essential vitamins and minerals. Contains 8g of protein when combined with 8 fl. oz. of low-fat milk. No artificial colors or flavors.  
41.9 oz. container  
#1455....\$11.99



## Shelf-Stable Dairy Products

### NEW! U.H.T. (Ultra High Temperature) Shelf-Stable Milk

Real, delicious Grade A milk that has all the vitamins and nutrition of conventional pasteurized milk and is ready to use. Stays fresh without refrigeration until the sealed package is opened (approx. 12 months). No preservatives added.  
27/8 oz. cartons  
\$16.99 | Just .63 each!



#1707  
2% Chocolate Milk



#1708  
2% Strawberry Milk



#1709  
2% Root Beer Milk



1710  
2% White Milk  
Sale \$13.99

SAVE \$200

### Shelf-Stable U.H.T. Whipping Cream

Keep rich whipping cream on hand for whenever you need it! Store in pantry and chill 8 hours (40 degrees F) before whipping. Approx. 12 month shelf life.  
27/8 oz. Cartons  
#1696....\$34.99 | Just \$1.30 each





# CLUB STORE DIRECT

Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas.  
**Better quality and larger pack sizes, still at a great value for families!**



## Italian Sausage & Beef Lasagna

Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen. 2/48 oz. trays  
#1279...\$21.49



## Boneless, Skinless Chicken Thighs

Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen. Ready to cook from frozen. 6.5 lb. bag  
#1317....\$21.49

Keto Friendly



## Bacon Crumbles

100% real bacon. High-quality, fresh pork is slowly smoked over all-natural hardwood chips then crumbled for easy use. 20 oz. bag  
#1241....\$16.49

Keto Friendly

★★★★★

"The Bacon Crumbles are absolutely essential! A must-have! I use them in dips, on eggs, in salads, chili, soups, on potatoes, on pizza, on cheese bread, deviled eggs, my ham fried rice, breakfast burritos, Mac n cheese, seriously I can go on! They are great!"

**Karen Voller**  
Bison, SD



## Walnut Halves & Pieces

Approx. 12 cups of U.S. #1 walnuts for baking and snacking. GF 3 lb. bag  
#1293....\$22.99

Keto Friendly



## Whole Almonds

Approx. 9 cups of supreme #1 U.S. raw almonds. GF 3 lb. bag  
#1294....\$21.49

Keto Friendly



## Fancy Pecan Halves

U.S. #1 beautiful pecan halves for recipes and snacks. GF 2 lb. bag  
#1292....\$23.99

Keto Friendly



## Trail Mix Snack Packs

Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs. GF 2 oz. / 28 ct.  
#4005....\$24.99 | .89 each



## Soft & Chewy Granola Bars, Chocolate Chip

Made with real semi-sweet chocolate chips and whole rolled oats. .85 oz. bars / 64 ct. box  
#1138...\$14.49



## Salted Sweet Cream Butter

GF 4/1 lb. case  
#1723....\$15.99

## Microwave Popcorn, Movie Theater Butter

100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter. GF 3.3 oz. / 44 ct.  
#1821....\$15.99 | Just .36 each!



## Minced Garlic

Grown, harvested, processed and packed in California. Packed in water; recipe ready! GF 48 oz. jar  
#1289...\$7.99

Keto Friendly



## Foodservice Aluminum Foil

12" x 1000' roll (1,000 sq ft)  
#1963....\$39.99



## Flex-Tech Kitchen Trash Bags

200 ct. /13 gal.  
#2777....\$25.99



## USDA Organic No-Salt Seasoning Blend

A blend of 21 organic spices and ingredients from around the world to healthily season any meat or vegetable dish. 14.5 oz. container  
#1295....\$13.49





CUSTOM CULINARY PRODUCTS ARE THE SAME BASES AND GRAVIES USED BY CHEFS.



### Granular Flavored Bases

An economical granular meat base. Add to hamburger or turkey ground meat for delicious patties. Use in rice or pasta cooking water for extra flavor. 0 trans fat.

**GF** 16 oz., yield: 5 gallons....\$4.99

♦ #1040 Chicken

♦ #1041 Beef

### Real 'Meat First' Bases

Professional chef quality. No MSG added. 0 trans fat

**GF** 16 oz., yield: 5 gallons.

♦ #1038 Chicken....\$8.99

♦ #1039 Beef....\$8.99



### PanRoast Gravy Mixes

Real pan drippings and select seasonings create rich, savory gravies.

Just add water.

68-2 oz. servings when prepared.

12 oz. bag

♦ #2131 Pork Gravy Mix....\$7.49

♦ #1254 Turkey Gravy Mix....\$7.99

♦ #1253 Chicken Gravy Mix....\$7.49

♦ #1255 Country Gravy Mix....\$7.49

♦ #1252 Brown Gravy Mix....\$6.99

♦ #3586 Beef Gravy Mix....\$6.99

### PanRoast Peppered Biscuit Gravy Mix

20 oz./72-2 oz. svgs.

#1525.....\$6.99

### PanRoast Peppered Biscuit Gravy Mix

6/20 oz. bags

#7558...\$32.99



### Au Jus Base

**GF** 16 oz. yield: 3 gal

#2061.....\$7.99



### Fresh Cut Hash Browns

Dehydrated fresh Idaho potato shreds. 12 month shelf life. Just add water.

Yield 72 1/2 cup servings.

**GF** 2.125 lb. carton

#1392....\$11.99

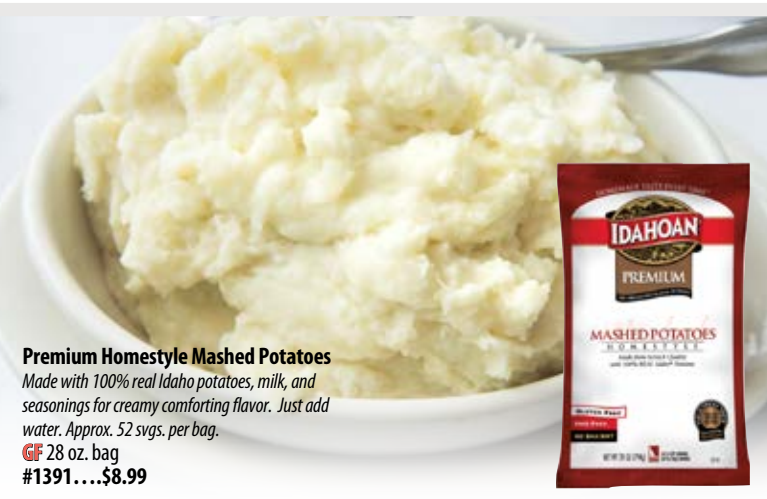


### Baby Reds Flavored Mashed Potatoes

Premium Russet and red real Idaho potatoes with skins. Just add water. Approx. 40 svgs.

**GF** 32.85 oz. bag

#1390....\$9.49



### Premium Homestyle Mashed Potatoes

Made with 100% real Idaho potatoes, milk, and seasonings for creamy comforting flavor. Just add water. Approx. 52 svgs. per bag.

**GF** 28 oz. bag

#1391....\$8.99



### Excel Original Potato Pearls Mashed Potatoes

**GF** 28 oz. bag

#4744....\$7.99

## Bulk Pudding & Topping Mixes

#1913 Jell-O Instant Chocolate Pudding & Pie Filling, **GF** 28 oz. bag . \$7.99

#1914 Jell-O Instant Vanilla Pudding & Pie Filling, **GF** 28 oz. bag ..... \$7.99

#1952 Dream Whip Topping, **GF** 10.8 oz. bag ..... \$6.99







### 10" Elbow Macaroni Noodles

10 lb. bag  
#1332....\$15.49



### 10" Spaghetti Noodles

10 lb. bag  
#1331....\$15.49



- Use to replace cream soup in any recipe for a healthier option.
- Used by professional chefs for over 35 years!
- Only 35 calories in a ¼ cup serving!
- Won't curdle or separate in freezer meals.

### White Cheddar Sauce Mix

The rich, velvety-smooth cheddar sister of Universal Sauce. Just add water for perfect macaroni & cheese or creamy soups.

Yield: 3 gallons.  
48 oz. re-sealable bag  
#5242....\$25.99

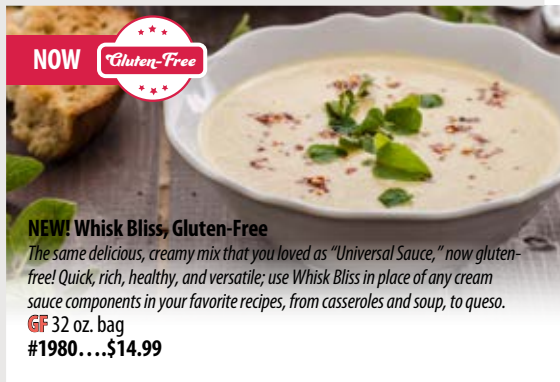


NOW **Gluten-Free**

### NEW! Whisk Bliss, Gluten-Free

The same delicious, creamy mix that you loved as "Universal Sauce," now gluten-free! Quick, rich, healthy, and versatile; use Whisk Bliss in place of any cream sauce components in your favorite recipes, from casseroles and soup, to queso.

GF 32 oz. bag  
#1980....\$14.99



Place the patented Bluapple in your crisper and it's disposable inner packet will absorb ethylene gasses that make fruits and vegetables ripen too fast. It dramatically extends the life of your produce, and saves you hundreds of dollars.



### One-Year Produce Preserver Combo Pack

Pack includes two plastic Bluapples; 8 refill packets, each good for 3 months. 1 year supply for each Bluapple.  
#7779....\$16.99



### One Year Refill Kit

Refills for two Bluapples® for one full year; 8 packets.  
#7858....\$9.99



### Produce Preserver 2-Pack

Set of 2 Bluapple ethylene absorbers. Each lasts up to 3 months. Refillable.  
#7780....\$9.99



### VeggieZips HydroLiners

Specially designed reusable storage bags paired with the HydroLiner to keep produce fresh longer. 22 ct. Bags  
#7781....\$11.99

## Other Containers

#1231 Six-gallon bucket .....\$9.99

#4434 Clear Square 1/2 gallon Jar W/Lid (6 Per Order) .....\$8.99

Gamma Lids (Fit 5 & 6 gallon buckets) .....\$7.49 each

◆ #2772 Red

◆ #2774 Blue

The Gamma Seal lid is a heavy-duty ring with a rotating center lid that seals tight or spins to open—much easier than prying off standard bucket lids!



### ◆ 5 Gallon Plastic Bucket with E-Z Open Lid

Made with BPA-free food-grade plastic. Comes with a lid that has an internal gasket for an airtight seal. Holds about 37.5 lbs.

#7078.....\$8.49

### ◆ 2 Gallon Opaque White Plastic Bucket with White Gamma lid

2 gallon bucket will hold approximately 15 lb. of dense product. Gamma lid gives an easy airtight seal.

#4779.....\$9.99

### NEW! Kleenex Pocket Pack Facial Tissue

Soft, on-the-go tissue packs for cold & allergy season.  
16 ct. / 3 boxes (48 packs)

#2055....\$14.99 | .31 per pack!

Bulk Pack!  
3 Boxes!



### Emergency Sleeping Bag

The same mylar material as the emergency blanket, shaped into a sleeping bag to prevent heat loss even more efficiently. Retains 80% of body heat. Wind and waterproof. 84" x 36"

#7403.....\$3.99



### Puricit® Citrus Air Freshener

Eliminate the lingering odors of grease, fish, and even cigarette smoke! We use this product in all the bathrooms here at Alison's Pantry.

6 oz. can  
#1579.....\$5.99



### NEW! Jumbo Emergency Flint Fire Starter / Striker

Essential tool for camping, hiking, emergency preparedness, and survival kits.

#2151....\$4.99



### Glass Cleaner

Dissolves dirt, grease, grit, and grime. Ammonia-free with a clean fresh fragrance.

#1342....\$3.99







Alison's  
Pantry

580 W. State Street  
Pleasant Grove, UT 84062  
www.alisonspantry.com

## DID YOU KNOW?

Alison's Pantry has a sister site offering unique, bulk products that ship directly to your home?

Check out [qualityfooddirect.com](http://qualityfooddirect.com) for a large selection of gluten free, vegan, organic, and long-term food storage products. Your Alison's Pantry Rep earns 50% of the profit on every purchase when you enter her name in the comments section at checkout!



**All Meat Premium Corn Dogs**

See page 10.

60/2.67 oz.

#1182...Reg. \$31.99

**Sale \$29.99**

SAVE  
**\$200**

ATP Bestseller



**All-Natural Peppered  
Bacon Wrapped Pork  
Fillet**

See page 8.

6/approx. 5 oz. fillets

#2074...\$14.99

**\$2.50 per fillet**



**#1 Quality Precooked Hickory  
Smoked Bacon Slices**

See page 6.

300 slices per box **GF**

#4835...\$49.99



**Homestyle Breaded Chicken Tenderloins**

See page 13.

2-3 oz. size

2/5 lb. bags, 10 lb. case

#6219...Reg. \$36.99 | **Sale \$32.99**

SAVE  
**\$400**



**Acopa 16 oz County  
Fair Mason Jar Mugs  
with Handle**

See page 44.

Set of 12 mugs

#8114...Reg. \$15.99

**Sale \$13.99**

SAVE  
**\$200**



**Ask your Rep how you can earn  
\$200 in free groceries by referring  
a new Alison's Pantry Rep. You'll  
help your Rep earn bonuses too!**