

## FAMILY MEALS WITH FLAVOR!

SAVE on Precooked Ground Beef See page 15.

4 NEW
One-Pot Meals
from Blount!

See page 3.

Chicken sales!

See pages 10, 11, and 13.



#### **COVER FEATURES:**

#2455 Double L Ground Beef Crumbles, pg. 15 #1860 Shredded Cheddar Jack Cheese, pg. 33

Certain exclusions apply.

Refunds must be requested within 90 days from purchase date. Double your money back guarantee is applied as credit and does not apply to Hot Deal, Pantry Bargain, or other #2 products.

#### SEEKING REPRESENTATIVES NOW IN:

Alpine, UT • Midway, UT • Evanston, WY • Sterling, CO • Helena, MT



"Alison's Pantry is such an amazing company to work for. They have great quality products and they genuinely care about their reps and their customers. Being an Alison's Pantry representative has been such a blessing to my family. I love being able to serve the people in my community and strengthen relationships with them."

AP Rep Karee Graf, Pioche, NV Average Monthly Sales: \$4,500 If you'd like an Alison's Pantry business of your own like Karee, contact us today.

Become an Alizon's Pantry Rep!
1-866-5-PANTRY
OR EMAIL US:
SUPPORT@ALISONSPANTRY.COM



## Help a friend become a new Alizon's Pantry Representative and earn \$200!

If you refer someone who becomes an Alison's Pantry Rep, we'll apply a \$200 credit your AP account.

#### To qualify:

- The referring person must be named on the New Rep's application.
- The new Rep's first order must be above our minimum sales requirement (easy to reach, and we offer lots of training & support!)
- Alison's Pantry accepts one Rep per 1,000 population in a city.



# Alison's Pantry



3

Order is delivered to your Rep's home in about a week after the order deadline.



Place an order at www.alisonspantry.com, or with your Rep, by the catalog order deadline printed on the back cover.



Pick up your order from your Rep.
Enjoy restaurant-quality food from
the comfort of home.



Have you tried an Alison's Pantry product that you love? Why not save a dollar on it the next time you order? We'll add a \$1 credit to your Alison's Pantry account each time you visit alisonspantry.com and leave a product review.

Tell us 1) how you used the product and 2) what you thought about it, and help other customers find new products to love!

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## OUR VISION & MISSION

Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry! We stand behind every product in our catalog. If you are ever unsatisfied with an item, please contact your Representative within 6 months for a 100% refund or within 90 days for a double your money back

#### Alison's Pantry

580 W. State Street
Pleasant Grove, UT 84062
801-796-6411
Toll Free: 1-866-5-PANTRY
Fay: 801-796-9300

Fax: 801-796-9309
Office Hours: M – F 8:00 a.m. – 5:00 p.m.

#### www.alisonspantry.com

Prices and products are subject to change without notice. Sales tax will be charged according to your representative's town and state. Alison's Pantry adds 10% shipping to all orders. We reserve the right to substitute items of equal value and quality.

**GF** = gluten-free IW = individually wrapped **f** offered by the case







We care about your diet needs and want you to have all the information necessary to make your meal decisions.

For more detailed ingredient lists and nutritional information, please visit **www.alisonspantry.com** and search for any product by product number or name.

family Kitchen

NEW! Chicken, Bacon and Noodles in Ranch Style Sauce

flecks of dill.

4 lb. bag #2560....\$19.99 Just \$2.50 per svg.

Chunks of chicken and curly noodles in a creamy white sauce with bacon pieces and Our new **Blount Family Meals** make it easy to serve your busy family a dinner you can feel good about. Each one-pot dish is "clean label," meaning no fillers, no artificial colors, no synthetic chemicals, real dairy, and antibiotic-free protein. Blount calls them "Upscale Americana"—classic recipes families love with a modern update. We call them delicious little time-savers!













#### NEW! 4-Qt Stainless Steel Steamer Cooker

Set includes stainless steel stockpot with tri-ply encapsulated base for uniform cooking, steamer insert, and vented lid. Steam veggies or shellfish, or cook sauces or soups. 7.5"x 10.75"x 8.5"

#7256....\$29.99





#### **NEW! Batter Dispenser**

- Mix and dispense batter with one tool! No wasted batter and less mess.
- $\cdot$  Easily and accurately dispense cupcake, pancake, crepe, waffle and most other batters and sauces.

#2568....\$18.99



#### **Back by Popular Demand!**



#### **Whistix Aerating Mixer**

The best aerating gadget on the market! Whip eggs, batters, protein drinks, whipped cream, gravy, coffee, juice drinks and more!

#1141....\$4.99





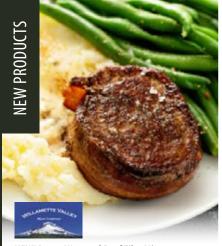
#### NEW! Grip EZ Fiskie Medium Fork Whisk, 11"

Quickly whisk, stir, mix, scoop and strain! Incorporate air into egg whites or cream, easily handle heavy mixing like pancake batter and ground beef. Easier to clean and store than traditional balloon whisks. 11"x 2"x .88" High heat resistant to 464° F. #2566...\$5.99





NEW! 6-Piece Stainless Steel Measuring Spoons Heavy duty set includes: 1/8tsp, 1/4tsp, 1/2tsp, 3/4tsp, 1tsp. & 1Tbsp. Deep elongated spoons with extra-long handles. #2567....\$13.99



**NEW! Bacon Wrapped Beef Filet Mignon** Flavorful thick-cut bacon wrapped around a tender

beef filet. Raw. GF 2/8-9 oz. fillets #2558....\$19.99





#### NEW! Applewood Bacon Wrapped Chicken Breast Fillets

Boneless, skinless chicken breast fillets wrapped in applewood-smoked bacon slices. Raw. **G** 6 ct. / Approx. 6.5.-7 oz. fillets #2557....\$17.99





#### NEW! 1/2" Diced Chicken Breast Pieces

Tender fully-cooked 1/2" pieces of superior-quality, lean breast meat. They can be heated in less than 10 minutes and added to soups, tacos, nachos, casseroles, pot pies, and Pasta Alfredo. **GF** 2 / 5 lb. bags

#2546....\$49.99











#### Delorio's

#### **NEW! 9 Slice Cheese Pizza**

Authentic, old Italian flavor in an easy, cook-and-serve pizza. Made with 100% real cheese.

24 oz. box

#2553....\$9.99



#### **NEW! Shredded Parmesan Cheese**

Strong, savory flavor for pizza, salads, sauces, and more. Comes frozen.

GF 5 lb. bag

#2554....\$31.99







#### NEW! Emergen-C 1000 mg Vitamin C **Daily Immune Support Super Orange**

Dissolve a packet in water for a fizzy, citrus-y burst of essential nutrients including Vitamin C and B Vitamins, Electrolytes, and other Antioxidants like Zinc and Manganese.

**GF** 30 packets

#2516....\$13.99



100% U.S. Grade A White Clover Honey with no artificial colors, flavors, or fillers. Cox's Honey has no chemicals, additives, antibiotics, pesticides, herbicides, or pollutants and has not been cooked, pasteurized, altered, added to, or modified in any way.



#### **NEW! Honey Bear**

Clover Honey gathered from the very best high mountain clover flowers. A light, perfectly mild, great-tasting golden honey perfect for table use, cooking or baking. Approx. 16 svgs.

GF 12 oz. bottle #2565....\$4.99





Premium, foodservice case for families who LOVE orange chicken! Contains (4) 2 pound bags of fully cooked tempura-breaded, whole-muscle chicken & (4) 1 pound bags of orange sauce. No MSG. Fry or bake.

12 lb. case

#2547....\$47.99 New Bulk Case!



#### **NEW! General Tso's Chicken**

Our signature lightly battered chicken with a sweet sauce and a hint of heat. 22 oz. bag

#2551....\$7.99



Succulent chicken with edamame, peanuts, and vegetables in a spicy sauce. Just heat and eat! 23 oz. bag

#2552....\$7.99





#### **NEW! Texas Toothpicks**

Thin-cut strips of sweet yellow onions and mild jalapeños coated with a crisp, spicy batter. Great as an appetizer, side, or topping for burgers. 2 lb. bag

#2493....\$10.99





#### **NEW! Creme Brulee Almonds**

California grown almonds layered with sweet crème flavoring and a caramelized sugar coating. The perfect little indulgence! **GF** 12/1.5 oz. pouches

#2555....\$18.99 | \$1.58 each



#### **NEW! Salted Caramel Pecans**

Premium pecan halves that are drenched in a rich butter toffee and sprinkled with the perfect amount of sea salt. **GF** 12/1.5 oz. pouches

#2556....\$18.99 \$1.58 each





#### **NEW! Dark Chocolate Espresso Beans**

Buzzy espresso beans enrobed in rich dark chocolate. 16 oz. tub

#2525....\$11.99





#2569 Mini Spatula 8.25" x 1.5" x .5"



#2570 Mini Slotted Turner 8.25" x 2" x .5'



#2571 Mini Spoonula 8.25" x 1.88" x .5'

# **Back by Popular Demand!**

## **Snack Pies**

With real fruit fillings, and smooth, rich cream fillings, these snack pies are the best we've ever tasted! Each filling is wrapped in a lightly glazed, freshly made crust. No trans-fat. Pies come frozen, and individually wrapped. Thaw and serve, or warm if desired. Peanut & Tree Nut Free.

12/4 oz. pies per box \$9.99 | 83¢ each



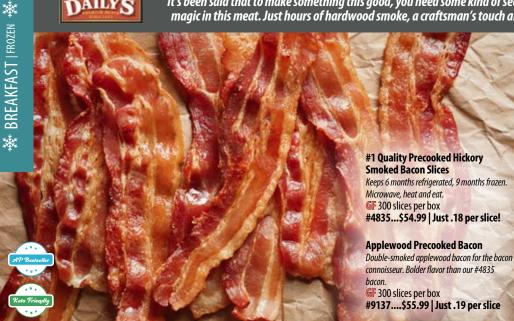
♦ #2653 Boston Cream Duos

Vanilla cream layered on top of rich chocolate cream.

♦ #2654 Strawberry & Cream Duos Strawberry pie filling layered on vanilla cream.



It's been said that to make something this good, you need some kind of secret recipe. But there's no magic in this meat. Just hours of hardwood smoke, a craftsman's touch and 125 years of practice.



## Did you know?

- 1. Bacon has been called the food most likely to convince vegetarians to eat meat.
- 2. Americans spend more than \$4 billion annually on bacon. (But, AP customers get the best prices!)
- 3. Kevin Bacon's favorite sandwich is the BLAST—bacon, lettuce, avocado, smoked salmon, and tomato. (He claims he invented it.)





\*\*\*\* "This is the best bacon ever!!! I buy a box almost every month. Such a great value!" Deb Schafer, Beulah, ND

## Our pork is raised and processed in the USA.



#### Pioneer Brand Sugar Cured Bacon Bulk Ends and Pieces

Ships frozen. Raw. Case will show 'Packed by' date and have 6 months of shelf life past that date.

This is a #2 irregular product with more fat.

'Center Cut' Bacon Honey Cured

Smoky with the sweetness of a honey

cure. Raw. 90 day shelf life.

GF 5 lb. pack

#3298....\$29.99

**GF** 15 lb. bulk #2899....\$32.99





Thick-Sliced #1 Quality Bacon, Raw **GF** 24 oz. pack**....\$9.99** 

- #8464 Deep Applewood Smoked
- #8465 Peppered
- #8463 Honey Cured





Cases will show 'Received' date and have 6 months of shelf life past that date.



Compare our price of just 20¢ to Schwan's cost at 34¢ per link and save 41% with Alison's Pantry!

Cases will show 'Received' date and have 6 months of shelf life past that date.



**Fully Cooked All-Natural Turkey Breakfast Sausage Patties** 

No added hormones or steroids, no nitrates or nitrites added, minimally processed, with no artificial ingredients. 60% less fat than pork sausage. **GF** 114/1.4 oz. patties

#1997....\$31.99



#### Hash Browns Stuffed with Ham & Cheese

Real crispy hash browns on the outside and melty ham and cheese on the inside.

24 / 3.75 oz. patties

#2244...Reg. \$41.99 | Sale \$39.99 | \$1.67 each



#### **Belgium Pearl Sugar Waffles**

Pre-baked, yeast-raised waffle dough with caramelized pearl sugar (like waffle trucks!) Light, crispy, and soft. IW.

12 ct. / 3.17 oz. waffles

#1811....\$17.99 | \$1.50 each



#### Mini Bagels, Cinnamon Creamy Cheese

Whole-grain bagels filled with cinnamon Neufchatel cheese, individually wrapped in heat-and-serve ovenable pouches. 36/2.43 oz. packs

#2410....\$26.99



Microwave or oven bake. IW 12/4.5 oz. box

#4454...\$19.99 | Just \$1.67 each!



Sausage, Egg & Cheese Biscuits Microwave or oven bake. IW 12 ct./4.9 oz. box #5354....\$20.99 | \$1.75 each



#### Egg, Sausage, & 3 Cheese Breakfast Burritos

Stuffed with whole eggs, savory sausage and three velvety, melted cheeses—American, Monterey Jack and Cheddar. 12/7 oz. buritos

#4845....\$25.99 | \$2.17 each



#### Pesada

Egg, Bacon & 3 Cheese Breakfast Burritos

Wrapped in a white tortilla. Microwavable. IW. 24/4 oz. buritos

#7419....\$31.49 | \$1.31 each



#### Sausage & Gravy Stuffed Buttermilk Biscuit

16/4 oz. biscuits

#4844....\$19.99 | \$1.25 each



#### Sausage, Egg & Cheese Buttermilk Biscuits

16/4 oz. biscuits

#4842...\$19.99 | \$1.25 each



## **Homestyle Waffles** 72 ct. waffles **#1498...\$16.99**



**Texas Toast, ¾" Slices** 1 loaf #1373....\$3.99

Photo shows recipe suggestion.



**Cinnamon French Toast Sticks** *Bake, fry or toast.*52 sticks / 56 oz. box

#1499.... \$12.99



Bacon, Egg, & Cheese Hot Pockets Applewood bacon, egg, and low-fat mozzarella cheese in a croissant crust. IW; cooks in 2 minutes. 4.5 oz./17 ct. box #1731....\$19.99



#### **All-Natural Peppered Bacon Wrapped Pork Fillets**

Pork tenderloin fillets (approx. 1/3 lb. each) wrapped in flavorful peppered bacon. Delicious on the grill, baked, or pan-fried.

**GF** 6/approx. 5 oz. fillets **#2074....\$14.99** | **\$2.50** per fillet

**Peppered Bacon Wrapped Pork Fillets GF** 48/approx. 5 oz. fillets #2075...\$99.99







Black Pepper Smoked Pork Rope Sausage Fully cooked and perfectly seasoned.

**GF** 2/5 lb. case

#1920....Reg. \$47.99 | Sale \$45.99





"This is a family favorite for any meal! I also just like to keep some cut up in the fridge for snacking. It has just the right amount of seasoning so it pairs well with anything."

Melissa Johnson, Voltaire, ND



#### **CarveMaster Ham**

muscle, slow smoked with real apple wood. Fully cooked. Boneless, natural juice ham, made from only fresh outside

#**7960** 7-8 lb. avg....\$3**7.99** 





Product is frozen before ship-ping which extends its shelf life for 6-9 months beyond the printed use or freeze by date.







#5659....\$22.99



# WHY DO WE LOVE OUR BRAISED PORK?

Cooked in the sous vide method, these lean pieces of pork are perfectly tender. Just boil in the bag to heat, and use in multiple recipes.

- Serve as an entree with roasted root vegetables.
- Shred and layer on nachos.
- Simmer in chile verde sauce and serve over rice



\*\*\*\*

"We love this shredded pork. It has the best smoked flavor that you don't have to add anything to it. I love using it for shredded pork sandwiches, tacos, enchiladas, and nachos. It won't disappoint you. I let it thaw in the fridge and then cook for a few hours in a crockpot to warm it up. Feeds a lot of people!!"

Amy Harding, Cedar City, UT



\*\*\*\*

"I love making these when I have company over or when I want a nice Sunday dinner! I dip them in ranch and bread crumbs to bake. I pair them with the red skins mashed potatoes and gravy. Makes me feel like I'm at my mom's having her delicious Sunday dinner!"

Aubrey Watts, Nephi, UT







#### 100% Natural Chicken Breasts

Boneless, skinless breasts with rib meat. Ice glazed to prevent freezer burn. Raw.

Irregular, #2 product, packaged under the Sunland label. Size of breast pieces will vary. GF 4 lb. bag

#5513....\$9.99





more. Irregular, #2 product, packaged under the Sunland label. Size of pieces will vary. Raw. **GF** 4 lb. bag

#6829....Reg. \$11.99 | Sale \$9.99



"These are perfect for a quick dinner! They thaw quickly and cook quickly on the grill, stove top or in the oven. They can be made with a glaze or sauce, or breaded for dipping. The meat is good quality."

Betsy Montoya, Santaquin, UT









#### Chicken Mini Corn Dogs

Mini chicken franks wrapped in honey crunch batter. 120/.67 oz., 5 lb. bag

#1581...\$19.99

## PANTRY BARGAINS

#### Pantry Bargains are a great way to save money on family favorites! Their special pricing is due to slight irregularities. These #2 products will have variations in size or breading, but they are consistently delicious and always supported by our 100% satisfaction guarantee.



## **Popcorn Chicken**

Bite sized pieces of all breast meat chicken, lightly breaded for a flavorful golden crunch. Bake or fry. 2 lb. bag #1465...\$5.99



#### **Breaded Chicken Breast Fillets**

Our ready-to-cook breaded chicken breast fillets are a quick and easy addition to any meal. Bake or fry. 2.5 lb. bag

#1003...\$7.99





Stuffed Chicken Entrées feature crispy breaded chicken breast, stuffed with flavorful filling. Just wrap in foil and oven bake from frozen.



Chicken Cordon Bleu Stuffed with smoked ham and swiss cheese. 25/5 oz. box

#8553....\$34.99 | \$1.40 per svg.

"These are my go to meal on nights I have nothing planned. So delicious and convenient! The chicken is high quality and the sauce and ham filling are flavorful. We love to have these with veggies and rice."

Rachel Hansen, Brigham City, UT Chicken with Broccoli & Cheese

Crispy breaded chicken breast filled with broccoli blended with Swiss and American Cheese.

25/5 oz

#8555...Reg. \$34.99 | Sale \$32.99 | \$1.32 per svg.

100% Natural. Made With White Meat Chicken. Whole Grain Breading. 0 Grams Trans Fat. No Hormones, Nitrates, or Preservatives. Delicious, grown-up flavors for a healthy indulgence.



All-Natural Chicken, Brie, and Apple Entree

Sweet apples, cranberries and natural Brie cheese inside chicken breast meat with whole grain breading. Raw. Bake and serve. 2 / 5 oz. entrees/10 oz. box #4849....\$6.99



**All-Natural Chicken Creamy Jalapeno Entree** Spice it up with tender chicken breast meat filled with

Spice it up with tender chicken breast meat filled win jalapeños and cream cheese.
2 / 5 oz. entrees / 10 oz. box
#4850...\$6.99



#### **Cordon Swiss Stuffed Chicken Minis**

Mini Cordon Bleus! Square nuggets filled with ham and cheese. Oven bake. 24 oz. box

#9062...\$6.99



#### Jalapeno Stuffed Chicken Minis

Sticks stuffed with spicy cream cheese. 30 ct. box

#9060...\$6.99

Visit **alisonspantry.com** to find Hot Deals like half-price BBQ Chicken Wings, seasoned chicken breasts, and gluten-free options. These limited-quantity products are only available through our website, and the selection changes all the time!







Alison's Pantry

GF 1 lb. bag

#2478...\$7.99

Alison's Essential Season-All Blend

the ideal upgrade for any meat or veggie.

Soon to be the most-used seasoning in your kitchen,

this coarse blend of salt, pepper, onion and garlic is





Tyson

## Fully Cooked Chicken Fries

White meat chicken in the ideal shape for dunking.
Ready to enjoy in minutes from the oven or microwave.
2 / 5 lb. bags; 10 lb. case
#1618....\$35.99

"My daughter loves these, and they are so quick to make. In 5 mins you have a quick snack or meat option. My very picky eater requests these often, and doesn't like to share them with her brothers."

> Glenda Burton, Great Falls, MT



#### Chick'n Dippin' Sauce

#7253....\$4.99

If you like Chick-fil-A sauce, you're going to love this smooth, delicious honey mustard blend for chicken.

§F 17.5 oz. bottle

**Expresco** 

**Mediterranean Style Chicken Breast Skewers** 



#### **Homestyle Breaded Chicken Tenderloins**

Raw. Fry or bake. Tenderloins carefully cut from the juiciest part of the breast; marinated to keep them extra moist and flavorful. 2-3 oz. size

2/5 lb. bags,10 lb. case

#6219...Reg. \$36.99 | Sale \$33.99





#### **Tempura Battered** Chicken Breast Strips

Uncooked Tempura-battered whole breast meat strips with a light, golden battered coating. 10 lb. case

#7102...\$46.99

**Zesty Orange Sauce** The sweet tang of citrus complemented by garlic, soy, toasted sesame

and ginger. 0.5 gallon jug #2989....\$13.99

**Sweet & Sour Sauce** Sweet, tangy sauce with chunks of pineapple, diced tomatoes, green peppers and onions. 0.5 gallon jug #1265....\$10.99





#### **Tempura Chicken Breast Nuggets** Made with 100% breast meat with crispy

tempura batter. Par-fried. Fry or bake. 2/5 lb. bags, 10 lb. case

#6838...\$32.99 | \$3.30 per lb.





#### **Breaded Chicken Breast Patties**

Breaded chicken breast with rib meat. 45/3.6 oz. size, 2/5 lb. bags, 10 lb. case #6221...\$29.99 | \$3.00 per lb.





#### **Turkey Pot Roast**

Fully cooked chunks of savory turkey thigh meat and gravy in an oven-proof bag for easy reheating. Approx. weight 4.75-5.25 lb. bag #8994...\$29.99





#1 Ground Turkey, Frozen Premium ground turkey is 85% lean / 15% fat. **GF** 12/1 lb. chubs

#3568...\$28.99





**Black Label Carving Turkey Breast** Fully cooked. No added hormones, no starches added. 1 year freezer life. Approx. 20 servings. **GF** 5.5-6 lb.

#9197...\$28.99





**USDA Choice Seasoned Flat Iron Steaks** 

Similar flavor to fillet mignon without the high price tag. Cryo-vac'd pkgs. GF 12/6 oz. steaks #6044....\$54.99





## **Montreal Steak Seasoning**

Alison's

Great for all red meat. Steaks, hamburger, etc. use it with meat loaf and top off roasts. Coarse ground spice blend.

GF 1 lb. bag

#1023.....Reg. \$6.99 | Sale \$5.99



"We love this stew meat. Last week I put it in the crockpot with a bit of BBQ Seasoning, slow cooked it for 6 hours or so, then used it all week to make nachos and burritos. Super tender. Could be used in many ways."

\*\*\*\*

Becky Caton, Duchesne, UT

## Flavorful. Tender. Juicy. Our beef is raised and processed in the U.S.A.





Delicately seasoned, slow roasted, very rare prime rib from the boneless beef ribeye. All natural ingredients. Packed in its own cooking bag for easy reheating.

GF 3-4.5 avg. weight

#2466....\$48.99







## Create a steakhouse meal at home with a side of shrimp!



















**Olive Oil Ciabatta 4 in. Buns** 24 ct. case











**Beer Battered Halibut Fillets** 

100% natural, untreated, whole muscle fish. Coated with a crisp, Samuel Adams Boston Lager batter. 2 oz. fillets / 2.5 lb. bag

#1125....Reg. \$39.99 | Sale \$36.99

\*\*\*\* "This halibut is amazina! Serve it with AP Piccadilly Fries (#6761) and you'll feel like you're in a restaurant." . Farrah Murray, Gillette, WY



## Sensational Seafood



**Imitation Crab Meat** 

Mildly flavored chunk-style surimi with real snow crab and MSC-certified Alaska pollock. 4/1 lb. bags

#2111....\$19.99

25 **Pub-Style Battered Cod** Wild-caught; no artificial colors, flavors or preservatives. Certified

Sustainable Seafood. Bake or fry. 2-3 oz. pieces / 2.5 lb. box #2807 ... \$17.99





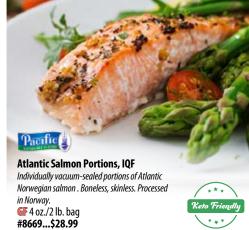
Individually wrapped in cellophane. GF 5 lb. box

#8026....\$44.99



Skin-on. Individually vacuum sealed. Product of USA. GF 4/6 oz. portions #2239....\$23.99







All-natural, gluten-free, with no trans fat or preservatives. **GF** 2.5 svgs./9 oz. box #1063....\$9.49









\*\*\*

Shrimp, Peeled & Deveined

Vietnam. 26/30 ct. Tail-off. Raw.

GF 2 lb. bag

#1545...\$18.99

White shrimp sourced from Indonesia and

perfect seasoning to shrimp, chicken, beef, and fish for any South of the border recipe. **GF** 1 lb. bag

#7664... Řeg. <del>\$10.99</del> Sale \$9.99

"We're a family of shrimp lovers and bia fans of the Newport Shrimp. They're a great price for a great quality product. We use them in Shrimp Alfredo or seasoned with the AP Baja Chili Lime Seasoning for shrimp tacos, salads, and protein bowls. Our family eats every last one!"

\*\*\*\*

Kim Henke, AP Marketing Director







### PacificSeafood.

#### Shrimp Scampi

Raw, peeled & deveined shrimp in a smooth garlic butter sauce. Farmraised. Product of India. 31/40. 1 lb. bag #1927 .... \$11.99



#### PacificSeafood.

#### **Honey Jalapeno Shrimp**

Raw, peeled & deveined shrimp seasoned with sweet honey and mild jalapeno flavor. 31/40. 1 lb. bag



\*\*\*\*

"These breaded shrimp poppers are quick, easy and tasty. I used some to top salads with, and I also used some for shrimp tacos."

> Anne Metzler, Riverton, WY





#### Premium Alaskan Salmon Burgers

Salmon patty is made with the finest wild, ocean-caught, deep skinned Alaskan Salmon, herbs and spices. **GF** 3 lb. bag/12 ct. #2808....\$28.99



#### Moji Sushi Spicy Crab Sushi Rolls

Minced wild caught Alaskan white fish surimi and real crab with carrots, sesame seeds, and kicky sriracha. 8 rolls per tray.

4/6 oz. trays

#2248....\$18.99 | Just \$4.75 per tray!

#### Moji Sushi Classic California Sushi Rolls

Creamy avocado, surimi, rice and sesame seeds. Surimi is minced wild caught Alaskan white fish, real crab, and premium shellfish flavorinas. 8 rolls per tray.

4/6 oz. trays

#2247....\$18.99 | Just \$4.75 per tray!



#### THE KUNDKET

#### Sriracha Mayo

Flavorful blend of mayonnaise and sriracha chili sauce for sushi rolls and fish tacos. GF 15 oz. bottle

#2461....\$6.99







#### Fajita Blend

Onion strips, with red, reen and yellow bell pepper strips.

GF 4 lb. bag #2069.....\$8.99

Compare our price of \$2.25/lb. to Schwan's Fajita Vegetable Blend at \$5.49/lb. Save 59% with AP!







#### **Fabulous Fajita Seasoning**

Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of chicken, beef, or pork. GF 1 lb. bag

#1017....\$8.49





#### Carne Asada Steak

1/4" cubes, raw, diced, unseasoned flavorful beef eye of round for traditional Carne Asada. Pair it with our Carne Asada Seasoning (#7378). **GF** 2/1.5 lb. pkgs.

#1755....\$17.99



#### Carne Azteca **Beef Taco Filling**

Fully-cooked, lean ground beef, lightly seasoned to make tacos, nachos, salads and more! Flavor is mild enough to still add sauces, if desired. Can boil in bag or cook in skillet.No added MSG. **GF** 2.5 lb. bag

#2104....\$13.99 Just \$1.40 per svg.





### FLAV-R-PAC

#### Baja Vegetable Roast

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies. GF 2 lb. bag

#5353.....\$7.49



#### Raspberry Cheesecake Bites

Sweet and creamy cheesecake paired with raspberry topping in an ovenbaked and battered flour tortilla. 24 Bites per box.

4/6 ct. bags / 2 oz. bites #8850...\$19.99





#### Flame-Roasted Sweet Corn and Jalapeno Blend

Perfectly flame-roasted sweet corn with white corn and a blend of jalapeno, green onion, garlic, cilantro and seasoning. **GF** 2.5 lb. bag

#1984...\$9.49



Flame-roasted pineapple, red peppers and onions with poblano peppers and a blend of jalapeño, green onion, garlic and cilantro.

**GF** 2.5 lb. bag #2411....\$11.99



# Try This!

We love Simplot Flame-Roasted Pineapple & Pepper Blend...

- Spooned into Fish Tacos
- Sprinkled over Southwestern Salads
- Mixed with peach (#8930) or raspberry (#3003) jam, diced mango (#2655), and cilantro for a simple salsa



**Tornados'** unique twist on flavor and texture make it an instant sensation. Dipped in flavorful batters and fried to golden perfection. Every bite of a Tornado is packed with flavor.

Tornados

24/3 oz. case....\$21.99

♦ #2928 Ranchero Beef Steak & Cheese Our Ranchero red sauce, shredded steak and real cheese.

♦ #3953 Bacon, Egg & Cheese

Scrambled eggs, bacon, onions, tomatoes, chilies, and melted cheese.

- ♦ #2926 Sausage, Egg & Cheese Breakfast basics with a kick of salsa.
- ◆ #3105 French Toast & Sausage Maple sweetness and savory sausage. 24/3 oz. case....\$22.49



"Our family loves the Ranchero Beef and Cheese Tornados (#2928). We love the flavor and the little kick they have. They are also easy to cook up for a quick afternoon snack." Martinez Family



15 Beef & Bean, 15 Bean & Cheese.

5 oz. / 30 ct. bag

Creamy pinto beans, cheese, and mild diced jalapenos in a baked flour tortilla. 24/5 oz. case

#2245....\$18.99 | Just .79 each!

Bean & Cheese Burritos, IW

**Beef & Bean Burritos, IW** 

Ground beef and pinto beans seasoned with chili peppers and spices in a flour tortilla. 24/5 oz. case

#2246....\$18.99 | Just .79 each!











**Ole Taco Seasoning** 

Big flavor and big savings over the grocery store. 1 lb. bag

#1037...Reg. \$6.99 | Sale \$5.99



#### **Harvest Fresh Avocado Dices**

Quick-frozen rich, buttery Hass avocados. No mess; no waste! Thaw needed amount of dices overnight under refrigeration. GF 2 lb. bag

#1645....\$15.99





#### Fiesta Guacamole

Flavorful quacamole with medium kick from red and jalapeno peppers. Comes frozen. GF

6/12 oz. tubs #9247....\$29.99



**SMALLER PACK** Fiesta Guacamole #1060 12 oz. tub...\$5.99



#### P@SADA

#### Chimichangas

Meat and cheese in a lightly par-fried flour tortilla. 12 / 5 oz. case \$18.99

♦ #1873 Shredded Steak & Cheese

♦ #1874 Shredded Chicken





#### **Italian Style Meatballs**

Savory 1/2 oz. beef blend meatballs, fully-cooked. Oven-baked, not fried. No MSG added. 52 oz. bag

#9142....\$13.99

#### **Homestyle Meatballs**

Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese. Approx. 52 1/2 oz. meatballs per bag. 26 oz. bag #8963....\$7.99



#### **Garlic Toast** Real garlic flavor! Bakes in 5-8 minutes. 32 slices

4/8 ct. Bags #2049....\$10.99 .34 per slice!

"I love how quick and convenient these are! Pop them in the oven and they come out so delicious. We love to have them with pasta or we add pizza sauce and toppings to them for mini pizzas!"

\*\*\*\*

Kamille Anderson, Panaca, NV



#### Six-Cheese Jumbo Ravioli

Precooked; filled with Ricotta, imported Romano, Parmesan, Monterey Jack, mozzarella, and cheddar cheeses. Approx. 40 ravioli. 2.65 lb. bag

#3493....\$14.49









#### Stuffed Rigatoni with Cheese

Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen. 2.5 lb. bag

#1431....\$10.99



homemade pesto and more.

GF 8 oz. bag

#2483....\$7.99



#### **Cauliflower Pizza Crusts**

Cauliflower is the first ingredient! Less than half the sugar of leading gluten-free pizzas, and packed with protein, fiber, and nutrients.

♦ #1546 2 /10" crusts (12 oz. pack) \$8.99 | \$4.50 per crust GF

♦ #1547 12/10" crusts (72 oz. pack) \$34.99 | \$2.92 per crust **GF** 

#### **Aluminum Pizza** Screen, 12"

Ensure a crispy, pizzeriastyle crust with this sturdy pizza screen. #1593....\$5.99



#### Delorio's.

#### **Pizza Dough Balls**

Thaw overnight, then roll into pizza crusts, breadsticks, and calzones. Homemade flavor. IW 16 oz. / 10 ct. case

#2377....\$16.99 \$1.70 each

#### **NEW! Uncured** Pepperoni, Diced

Random cuts made from all natural pork. No antibiotics ever. No nitrites or nitrates added. **GF** 2/1.5 lb. bags #2287....\$15.99









## Homemade Take-Out Just as fast & easy.



Don't miss our three NEW Asian meal options on page 5!



#### Chicken Rice Bowl with Teriyaki Sauce

Grilled white meat chicken with broccoli, carrots, edamame, and red bell peppers on a bed of white rice with teriyaki sauce. Microwave. 6 / 12.5 oz. bowls #1718....\$20.99



#### \*\*\*\*

"This is my favorite orange chicken. The sauce has just the right mix of sweetness and tanginess. I love that this product makes a quick meal for my family. I usually cook the chicken in the air fryer, heat the sauce, and toss it together."

Danielle Pelton, Cheyenne Wells, CO

#### **Vegetable Egg Rolls**

Cabbage, bok choy, water chestnuts, carrots and celery 12/3 oz. box #4078....\$11.99

#### # WINH

Pork & Vegetable **Egg Rolls** 12/3 oz. box #4082....\$11.99



# ling ling

#### All Natural Chicken and Vegetable Potstickers

Savory chicken and vegetable filling in tender dumplings. Ready in 10 minutes. Frozen. 4.2 lb. bag

#4767....\$17.99



Filled with tender chicken, spinach, black beans, corn, red bell pepper, and pepper jack cheese. 18 / 3 oz. box

#1131....\$18.99





Japanese Yakisoba Noodles Fully cooked, frozen; heat and serve.

5 lb. bag #9176....\$9.49





Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery,

baby corn, onions, red peppers and yellow carrots.

GF 2 lb. bag

#5309.....\$5.99



## Chef-quality chowders and soups made from fresh ingredients. Just boil in the bag and serve!







Rich and comforting, this homestyle favorite is made with tender chicken breast, slow-simmered stock, fresh vegetables, hearty egg noodles and aromatic herbs. Approx. 8 svgs. 4 lb. bag

#2447....\$16.99 | Just \$2.12 per svg.!



USDA beef, Northwest potatoes, rich beef stock and garden vegetables. Our lower-sodium recipe has only 3g. fat per serving. Approx. 7.5 svgs.

#2322...Reg. \$15.99 Sale \$14.49 | \$1.93 per svg.



cheese, and tangy sour cream for all of the flavor of a fully-dressed baked potato. Approx. 7.5 svgs. GF 4 lb. bag

#2328...\$16.99 | Just \$2.27 per svg.!



#### Chicken Tortilla Soup

This popular Tex-Mex classic is made with tender chicken, black beans and roasted peppers, carefully blended with just the right amount of heat. GF 4 lb. bag

#2321....\$15.99 | Just \$2.00 per svg.!



#### Zuppa Toscana Soup

lvar's "Soup of Tuscany" is made with Italian sausage, russet potatoes and kale in a creamy base with chicken stock. Approx. 7 svgs.

GF 4 lb. bag

#2324...\$16.99 | Just \$2.43per svg.!



A mix of roasted broccoli, cauliflower and carrots highlighted by the rich flavor of cheddar cheese. 4 lb. bag

#2320...\$15.99 Just \$2.00 per svg.!



#### **Chicken Coconut Curry Soup**

Enticing broth of red curry, coconut milk, lemongrass, ginger, garlic, and Thai basil, along with chicken pieces, carrots, red bell peppers, celery, and bamboo shoots. Approx. 8 svgs.

4 lb. bag #2323... \$18.99



#### Southwest Corn Chowder

Base of chicken stock and cream full of sweet corn kernels, hearty masa dumplings, peppers, Hatch Green Chilies, and jalapeños.

4 lb. bag

#2325 ... \$16.99



#### **Maine Lobster Bisque Soup**

A perfect blend of minced sweet lobster meat simmered in rich cream and sherry. 8 svgs. heat

4 lb. bag / 8 svgs.

#9166....\$15.99 | Just \$2.00 per svg.!



#### **Broccoli & Cheese Soup**

Chopped broccoli, shredded carrots and select seasonings simmered in a velvety smooth cheese sauce. Boil in bag.

4 lb. bag / 8 svgs.

#9245 .... \$13.99 | Just \$1.75 per svg.!

## Use your noodle!



#### Frozen Homestyle Egg Noodles

America's favorite brand! Thick and hearty. 3 lb. bag

#1407....\$11.49





#### Frozen Precooked **Southern Style Dumplings**

Add frozen precooked dumplings to boiling water, broth, soup or stew and cook until heated through (3 to 5 minutes).

3 lb. bag

#2280....\$10.49



#### HOMEMADE IN MINUTES

When you need dinner on the table fast!

#### South of the Border Tortilla Soup Mix

Zesty Mexican spices, quick cooking dehydrated black beans, peppers and sweet corn. Just add chicken, salsa and tortilla chips for dinner in 30 minutes. Top seller and award-winner. Serves 9.

**GF** 4.5 oz. bag #2295....\$6.99



#### \*\*\*\* "I just tried the

Tortilla Soup (#2295). It was so good!I plan to try all the Frontier soups. Simple ingredients and quick and easy to make." Judy Hale, Eureka, NV

#### HEARTY MEALS

Quick-start mixes for larger, wholesome meals. Just add a few fresh ingredients and simmer for about 60 minutes.

#### Colorado Campfire Chicken Stew Hearty Meal Mix

Blend of peas, carrots, potatoes and white beans with just the right seasoning. Thick and rich enough for a chicken pot pie filling, or add 1-2 cups of broth for a thinner soup to feed up to 10. Add chicken and you'll see why this hearty stew is a top seller. No added salt or artificial anything. Serves 8.

**GF** 7 oz. bag #2298....\$7.99



\*\*\*\* "I made this with the AP Diced Chicken (#2546), with dumplings added in. Everyone loved it! Looking forward to trying additional flavors. I have a feeling this brand of soups will be a permanent staple in our house."

> Heidi Pearce, Buffalo, WY



#### **Kentucky Homestead** Chicken & Rice Soup Mix

Thick and hearty classic with poultry herbs for delicious flavor. In only 30 minutes this cozy, home-style meal is ready for the whole family to enjoy. Serves 7. **GF** 4.25 oz. bag #2296....\$6.99



#### Virginia Blue Ridge Broccoli Cheddar Soup Mix

Beautiful broccoli florets combined with the fresh additions of cream and cheddar cheese to create this decadent classic. Ready in just 45 minutes. Serves 5.

GF 5 oz. bag #2297....\$6.99





#### **Rocky Mountain Trail Loaded Potato Soup Hearty Meal Mix**

Perfectly seasoned creamy and indulgent loaded potato soup, with all the savory goodness and velvety richness of your favorite comfort food. Add bacon, broth, one potato, and cream. Cooks in 1 hour. Serves 8.

GF 8 oz. bag #2301....\$7.99



#### **Illinois Prairie Corn Chowder Hearty Meal Mix**

Creamy delight bursting with bright yellow and super sweet corn (non GMO), red peppers and rice. Combine with diced potato and cream to make this top selling and versatile soup the talk of the table. Award winner! Serves 11. GF 7 oz. bag

#2302....\$7.99



## Arizona Sunset Enchilada Soup Mix

Bold southwestern flavor featuring dehydrated white beans, diced peppers and sweet potato, and warm chili seasonings. Add chicken and salsa verde for an authentic Mexican meal. 8 svqs.

**GF** 5.75 oz. bag #2484....\$6.99



24 ct. / 8 oz. bowls

#1508...\$17.99

## Last month to order!

#### Minnesota Heartland 11 **Bean Soup Mix**

Colorful legume mix of beans, peas, and lentils and our #1 selling bean soup. Combine with our #1920 Rope Sausage or kielbasa or chicken, and this long-simmering soup hits the spot! 20 svgs.

**GF** 18 oz. bag #2485....\$7.99







#### **Slow Cooker Liners**

Fits 3-6.5 qt. round or oval slow cookers. 6-4 ct. Boxes; 24 liners

#1089....\$14.99 | Just .62 each!





Compared to our Sourdough bread bowls, these are slightly smaller, and have a French Bread flavor and texture. Proof and bake. 45 / 6 oz. bowls

#8573....Reg. <del>\$27.99</del> Sale \$25.99 | Just .58 each!







**Asparagus Spears** Medium IQF Grade A, 5" spears. **GF** 2.5 lb. bag #3127....Reg. <del>\$16.99</del> | Sale \$15.99





**Winter Mix** A blend of 60% broccoli cuts and 40% cauliflower florets. GF 2 lb. bag

#6388.....\$4.99





## Bring healthy color to your family meals!



**Gourmet Whole Green Beans** GF 4 lb. bag #3781.....\$8.49





**Broccoli Florets** GF 2 lb. bag #8197.....\$4.99



**Whole Kernel Corn** with Sauce GF 2 lb. bag #4664.....\$4.99

**Brussels Sprouts** GF 2 lb. bag

#6381.....\$4.99



5-Way Mixed Vegetables

Blend of carrots, corn, peas, green beans and lima beans. **GF** 2.5 lb. bag #1493.....\$4.99



**Deluxe Stir Fry Vegetable Blend** 

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots. GF 2 lb. bag #5309.....\$5.99



**Super Sweet Whole Kernel Corn** 

Picked at the peak of freshness then flash frozen to lock in sweet flavor, color, and texture. **GF** 2.5 lb. bag

#1090....\$4.99



Simplot

#### **Peas & Diced Carrots**

Sweet, tender peas with colorful carrots. **GF** 2.5 lb. bag

#2112....\$5.99



**Cauliflower Florets** GF 2 lb. bag #6383....\$5.49





**Normandy Blend** Blend of broccoli, cauliflower, sliced carrots, zucchini and yellow squash. GF 4 lb. bag

#1266.....\$8.99









Onion strips, with red, green and yellow bell pepper strips. GF 4 lb. bag #2069.....\$8.99









Blend of diced red and green peppers & onions. GF 2 lb. bag #3216....\$4.99

## Non-GMO. Grade A. Restaurant quality.



#### Roasted Mediterranean Vegetable Blend

This blend of flame-roasted yellow and green zucchini, onions and bell peppers with carrots and green beans is seasoned with olive oil and a savory Mediterranean seasoning. Great as a side or in soups or lasagna. **GF** 2.5 lb. bag

#2242....\$9.99



#### Simplot

#### **Exotic Grains & Fire Roasted Vegetable Blend**

Red & brown rice, black beans, roasted sweet corn, red quinoa, tomato, peppers, onion, and amaranth, and southwestern seasoning. **GF** 2.5 lb. bag #1690....Reg. \$13.99

Sale \$12.99

# Try this!

Combine Simplot Exotic **Grains & Fire Roasted** Vegetable Blend with steamed brown rice and your favorite protein for a simple and delicious protein bowl!



#### Malibu Blend

Cut broccoli, cauliflower, and carrots. Certified sustainable. GF 4 lb. bag

#1346....\$9.99



Blend of julienne-cut carrot strips, bias-cut green beans, sliced yellow squash and

**GF** 4 lb. bag

#8737.....\$7.49



#### **Garden Blend**

Blend of broccoli, cauliflower, green beans, carrots, zucchini, yellow squash, and red peppers. GF 4 lb. bag

#3221....\$8.99



#### Simple Goodness Parisian Carrots

Imported from Belgium, Parisian carrots are small and round with incredibly sweet flavor. **GF** 2.5 lb. bag

#1349....\$6.99



#### Chalet Garlic Butter Vegetables

Broccoli and cauliflower florets, with julienne orange and yellow carrots in a sauce of butter, roasted garlic, salt and pepper.

GF 2 lb. bag

#7791.....\$7.49



#### **Baja Vegetable Roast**

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.

GF 2 lb. bag

#5353.....\$7.49



**Petite Peas GF** 2.5 lb. bag #6208....\$5.99



**Peas & Pearl Onions GF** 2.5 lb. bag #6385.....\$5.99







Yellow Squash, Sliced GF 2 lb. bag #7860....\$4.99



Simplot

**Roasted Vegetable & Pasta Blend** Delicious pasta and vegetable blend roasted with an herb and garlic seasoning. 2.5 lb. bag #1297....\$8.49



#### 1/4" Diced Tru-Roast Mushrooms

Diced, roasted, moisture-reduced and then frozen so they're ready to use in your recipes. Blend into meatballs, taco, chili, and sauces to reduce calories, sodium, and cholesterol without sacrificing flavor.

GF 2 lb. bag

#2222....\$10.99







6/2.5 lb. bags / 15 lb. case

#4979....\$34.99





#### **Golden Crinkles French Fries**

Grade A, crinkle-cut potatoes. O Trans Fat. Value size bag. **GF** 8 lb. bag

#1120....\$11.99



## French Fries

Premium craft beer batter makes these extralong, thin-cut fries perfect as a side or appetizer. 5 lb. bag

#1762....\$13.99



#### **Gourmet Fry Sauce**

A rich, creamy recipe of ketchup, mayo, and a special blend of spices make this the BFF of French Fries. **GF** 17.5 oz. bottle

#7255.....\$4.99



2.5 lb. bag #**1211....\$7.49** 



#### **Redstone Canyon Spiral Cut Fries**

Light seasoned batter coating. Bake, or fry. CN labeled.

4 lb. bag #2419....\$9.99



#2416....\$11.99





#### Simplot

#### **Cracked Black Pepper Fries with Sea Salt & Garlic Seasoned French Fries**

Skin-on, bake and fry. **GF** 3/8" 5 lb. bag #1299....\$11.99



#### **Smiles® Shaped Potatoes**

Fun, smiley-faced battered mashed potatoes. Bake or fry. CN label. 4 lb. bag #2417....\$11.99





#### ♦ Potato & Cheddar Cheese Pierogies

Tender pasta dumplings filled with a creamy blend of mashed potatoes and Cheddar cheese. Boil, pan fry, oven bake, deep fry or steam.
6 lb. bag

#5621....\$17.99

#### Loaded Baked Potato Pierogies

Sharp cheddar cheese, sour cream and chives, whipped potatoes seasoned with bacon Frozen. 6 lb. bag

#4991....Reg. \$20.99 | Sale \$18.99

Compare to Schwan's Pierogies at \$4.00 per lb., and save .83 per lb.





"I make these multiple ways: with crumbled sausage and a homemade chicken cream sauce, fried with onions or deep-fried and served with sour cream on the side. I have even put them in a crockpot and added a simple gravy and used it for a side dish for chicken or a roast. These are one of my family's favorites when they all come home."

Julie Demke, Goodrich, ND



Fresh roasted potato flavor in a miniature size, seasoned to perfection with herbs and parmesan. **GF** 2.5 lb. bag

#1985...\$9.49

Photo shows recipe suggestion.



#### **Roasted Redskins with Rosemary Seasoning**

Red potatoes lightly seasoned a blend of rosemary, garlic, and onion flavors.

**GF** 2.5 lb. bag

#2068....\$5.99



#### Simplot

#### **Roasted Maple Sweet Potatoes**

Roasted sweet potatoes seasoned with olive oil, maple and brown sugar.

2.5 lb. bag

#2282...\$12.49





#2178....\$15.99



# LambWeston.

## **Redskin Salad Dices** 5/8" cubed potatoes.

5/8" cubed potatoes **GF** 6 lb. bag #**2028...\$12.99** 



## **Country Style Cuts**Cut straight from the heart of the sweet potato. **GF** 5 lb. baq

#5968....\$11.99





#### Mango Chunks Sweet chunks, perfect for colorful fruit salsas. **GF** 3 lb. bag

#2655...\$9.99

**GF** 5 lb. bag





**Wild Blueberries** 

Leading antioxidant superfruit! Smaller berries. **GF** 5 lb. bag

#1218....\$16.99





#### **Raspberry Crumbles**

100% raspberry pieces minimize crushing for deliciously fruity jams and baked goods. **GF** 2.5 lb. bag

#2830....\$9.49

Raspberry Crumbles GF 10 lb. case (4/2.5 lb. bags) #2831....\$29.99







#### Blackberries, Whole Picked fresh at sweet-tart

perfection!

**GF** 5 lb. bag #**1221....\$14.99** 







#### Mixed Berries, Whole

Strawberries, red raspberries, blackberries, and blueberries.

**GF** 5 lb. bag **#1223....\$17.99** 







**Sliced Bananas GF** 5 lb. bag **#2835....\$12.99** 

GF 5 lb. bag #3002....\$13.99

# MANGO BERRY SMOOTHIE

Wyman's Mango Chunks (#2655) Glacier Raspberry Crumbles (#2830) Wyman's Wild Blueberries (#1218) 1/2 cup orange juice 1 cup Silk Unsweetened Vanilla Almond Milk (#1457)

Pour all ingredients into the blender and blend until smooth. Serves 2.

Want to supercharge your morning smoothie? Stir in Better Body Foods Superfood Blends (pg. 47)!



Dark Sweet & Red Tart Cherries



#### **Tropical Berry & Coconut Blend**

Vibrant, juicy mango and pineapple chunks, strawberries, and coconut chunks. Delicious in smoothies!

6F 3 lb. bag

#2658....\$11.99



Dark Sweet and Red Tart Cherries GF 2 lb. bag #1217....\$9.99



#### Mango Berry & Wild Blueberry Blend

Mangoes, strawberries, and wild blueberries. **GF** 3 lb. bag

#9221....\$11.99



#### Triple Berry Blend

Sweet, colorful blend of blueberries, raspberries, and blackberries.

6F3 lb. bag
#1215....\$12.99



#### **Sunrise Fruit Medley**

Peaches, Strawberries, Honeydew, Pineapple and Blueberries. GF 5 lb. bag

#4985....\$14.99



**GF** 5 lb. bag **#7841....\$14.99** 



\*\*\*\* "My sons love these!! They come home from sports or school and just pop one in the oven. So easy and quick for them." Barbara Urban, Aurora, CO



#### **NEW! Grip EZ Pizza Slicer**

Curved blade easily slices with precision in a quick rocking motion, yet is safe for fingers! Scalloped edge traps air pockets for quick release to keep your toppings in place. Safe for use on nonstick bakeware. 13.88" x 3.63" x .75"

#2007....\$9.99



#### Deep Dish Cheese Pizzas

Pizzeria quality! Premium pizza sauce and 100% Real Mozzarella cheese. 12 ct./7" pizzas #5666....\$26.99 \$2.25 each!









#### Pepperoni Pizza Rolls

Pepperoni pizza toppings rolled into a snackable crust. Frozen. Microwave or oven bake. 100 ct. bag

#2265...\$12.99





#### Rip N Dip Pepperoni Stuffed Pizza Ring

Freshly sliced pepperoni and naturally blended cheeses wrapped in fluffy pizza dough. Includes Marinara Sauce dipping cups. 12/8.5 oz. case #2373...\$32.99





#### **Chicken Pot Pies**

We create each pot pie from scratch. Filled with juicy meat, tender vegetables, and our signature golden, flaky crust. 8/10 oz. pie #2393....\$16.99

Compare our cost of just \$2.12 each to \$2.89 each at the grocery

store and save 27% with AP!









Pepperoni pizza filling wrapped in a garlic buttery seasoned crust for a handheld lunch.

4.5 oz. / 17 ct. box

#1282....\$19.99 | \$1.18 each!





#### Macaroni & Cheese **Frozen Pouches**

Microwave, or heat pouch in boiling water, then slice open and serve. 36/7 oz. pouches

#7881....\$47.99





"These onion rings turn out nice and crispy in the air fryer and I love how big they are!!" Becky Price, AP Regional Sales

Manager



**Cheese Cups** on page 5!

our new

\*\*\*\*

"These are sooo good. Don't forget the nacho cheese! They'd be so good rolled in cinnamon and sugar too!"

Brenda Cole, Pioche, NV



Bake or microwave. Case includes salt packet. 350 ct. / .4 oz. bites

#2238....Reg. \$38.99 | Sale \$36.99







**Butter Breaded Mushrooms** Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch. 2.5 lb. bag #1276...\$11.99



**Bakeable Breaded Mozzarella Sticks** Natural, aged mozzarella in a home style breading accented with Italian spices. 3 lb. bag #1270...\$21.49



**Battered Mac & Cheese Wedges** Creamy Cheddar cheese mixed with stick macaroni in a crispy Cheddar batter. #1271....\$18.99



2 lb. bag #1274....\$7.99



**Cream Cheese Breaded Stuffed Jalapenos** Mild jalapeno peppers stuffed with cream cheese and breaded to perfection. 2 lb. bag

#1272....\$13.99









Mini 100% all-beef hot dogs wrapped in gourmet pretzel dough. 60 / .8 oz. case #7401....\$21.99



#1472....\$13.99

20 ct. box



# Mmm...Biscuits & Gravy!

#### Bridgford

#### **Buttermilk Biscuits**

Fluffy, home style biscuits. Microwave to heat. IW 72/2.25 oz.

#5646....Reg. \$25.99 Sale \$23.99

SMALLER PACK Buttermilk Biscuits #1321 18/2.25 oz....\$7.49





#### **Country Sausage Gravy**

Ready to heat and pour over biscuits and scrambled eggs, our version of this country classic is chock-full of hearty sausage.

#2326...Reg. \$16.49 | Sale \$14.99





**SMALLER PACK** Parkerhouse Frozen Roll Dough #1136 60 ct. bag....\$7.99



**Puff Pastry Squares** 5"x5" squares of delicate frozen puff pastry for sweet and savory holiday creations. 120 / 2.4 oz. squares

#2443....\$48.99





96/2.5 oz. pucks / 15 lb. case

#8925....\$37.99

#### Sourdough Round Generous loaves of soft, chewy sourdough bread. Sliced. 2/2lb.loaves #1987....\$11.99



1 doz. 4"x 4" Olive Oil, 1/2 doz. Savory Herb, 1/2 doz. Whole Grain. 24 ct./3.5 oz. case #5898....\$18.99







STONE GROUND

Par-baked. Heat for 3-5 min. for a crisp crust. 24 / 4 oz. case

#### **Uncrustables**

Soft, crustless 51% wheat bread sandwiches filled with creamy peanut butter and sweet Smucker's jelly. IW 18/2.6 oz. box

#3119 Peanut Butter & **Grape Jelly** \$17.99 | \$1.00 each

#3120 Peanut Butter and Strawberry Jam \$20.99 | \$1.17 each

**Grape Uncrustables** . 72/2.8 oz. IW #7579.....\$52.99 | .74 each

Strawberry Uncrustables 72/2.6 oz IW 4290....\$53.99 | .75 each



#### **Uncrustables Peanut Butter & Honey**

Sweet and smooth honey spread meets rich and nutty Smucker's® Peanut Butter in a crustless whole wheat sandwich.

2 oz. / 4 ct. box #1437....\$4.99





Nutella Spread Velvety hazelnut spread. **GF** 26.5 oz. jar #7338....\$8.99





stick to 39¢/stick at local

grocery stores!

"This bread was loved by my entire family! We love the softness and the thick slices. We made egg in the hole for breakfast with it and it turned out great. The bread toasts up nice and chewy, which is a must for my liking!" Amanda Bird

**Cottage White Bread** Case of 6 /24 oz. loaves #1336....\$11.49 | \$1.92 per loaf J



#### **Bridgerland Deli Craft Oven Roasted Turkey Breast, Sliced**

Mouthwatering, oven-roasted turkey breast, trimmed to 99% fat free. Reduced sodium. GF 2 lb. pouch

#2100....\$13.99





Hardwood Smoked Honey Ham, Sliced Sweet, honey-cured ham, with delicious

hardwood smoke flavor from Lower Foods state-of-the-art process. GF 2 lb. pouch

#2101....\$14.99



CHEESE | FROZEN



Flavorful USDA Select bottom round, hardwood-smoked to medium well, trimmed to 96% fat free and deli-sliced. The rich, smokey flavor takes sandwiches to a new level! Reduced sodium. No binders.

**GF** 2.5 lb. bag

#2102...\$19.99







Save with our bulk bag compared to the green can. GF 1 lb. bag

#1683....\$9.99



#1345....\$12.99 | \$2.17 per loaf

## Tillamook Medium Cheddar

Shredded Cheese **GF** 2.5 lb. bag #1866....\$13.99



All cheese products will ship frozen.

#### **Shredded Cheddar Jack Cheese** Fancy shredded blend of

cheddar and Monterey Jack cheese.

GF 2.5 lb. resealable bag #1860....\$11.49





#### **Fancy Jam**

Made in small batches with premium ingredients. **GF** 15 oz. jar **\$5.99** 

**Cottage Wheat Bread** 

Case of 6/24 oz. loaves

- #8930 Harvest Peach Cobbler
- #3003 Red Raspberry
- #3005 Strawberry Rhubarb





8 oz. jar **GF** #2318....\$5.99



#### **Folios Parmesan Cheese Wraps**

Lightly baked sheets of cheese. Recipe ready to crisp, wrap, roll or melt for carb-free, high-protein meals. **GF** 10/1.5 oz. pouch

#1719....\$13.99







#### CREAMIES

#### Ice Cream Bar Variety Pack

Premium ice cream bars so rich and creamy, you won't believe they're also 33% less fat than regular ice cream! Assorted pack of chocolate, banana, and orange flavored bars.

**GF** 30 ct. / 2.25 oz. bars

#2152....\$15.99 | .53 per bar



Creamies top 2 bestselling flavors! Premium ice cream bars so rich and creamy, you won't believe they're also 33% less fat than regular ice cream! **GF** 24 ct. / 2.25 oz. bars

\$13.99 | .54 per bar

#### ♦ #2153....Banana

Made with real banana puree for a fresh, mild banana flavor that no one has been able to duplicate.

♦ #2154....Chocolate

Made with rich cocoa and real milk.



♦ #2155....6 ct.....\$3.99 | .67 per bar

#2157...12/6 ct. case...\$37.99



#### **Cinnamon Rolls**

Frozen proof-and-bake cinnamon roll dough with homemade flavor. Frozen. 60 / 4 oz. rolls

#9134....\$38.99 .65 each

Alisons Pantry

**Cream Cheese Icing** 

Comes frozen. GF 3 lb. tub

#8388....\$13.99



# Try This!

Alison loves to ice her cinnamon rolls with Rich's Chocolate Whip (#2281).





#1422....\$8.99 | Just .50 each



Creamy chocolate whipped cheesecake filling to pipe into tarts, parfaits, and dessert pizzas. Piping tip included in bag. GF 24 oz. bag

#2281....\$13.99



into tarts, parfaits, cookie sandwiches, cupcakes, etc. Frozen; thaw overnight in fridge before piping.

**GF** 1.5 lb. bag #2113....\$13.99



texture. Packaged in a 16-oz pastry bag with decorator tip and easy-open seal. Take pies, puddings, hot cocoa, and cake decorating to a new level! **GF** 16 oz. bag

#2413...\$6.99







#### **Fruit Turnovers**

Flaky pastry wrapped around premium fruit fillings. Thaw & bake preproofed product. Drizzle with #1910 White Flat Icing. 60/4 oz. case

- ♦ Cherry #1889....\$40.99 Just 68¢ each
- ♦ Apple #1199....\$32.99 Just 55¢ each
- ♦ Blueberry #1890....\$41.99 Just 70¢ each

# Great for cold season!

#### Sqwincher Sqweeze Assorted Electrolyte Freezer Pops

Not just sugar water! No HFCS, lower sodium, and more potassium for serious hydration. 10 pops in 5 flavors: orange, mixed berry, cherry, grape and lemon-lime.

**GF** 3 oz. / 10 ct. bag #1071....\$4.99



## Bridgford

#### **Cinnamon Monkey Bites**

Tender bite-sized pull-apart pieces of sweet bread coated in a sticky cinnamon alaze. Frozen. Ready to heat and eat! 5/32 oz. trays

#2052....Řeg. <del>\$31.99</del> Sale \$29.99

#### White Flat Icing

Professional, saueezable shelfstable white icing for drizzling over turnovers, etc.. Dries solid and not sticky. GF 2 lb. tube

#1910....\$5.99



#### \*\*\*\*

"These are super yummy! Gooey, warm and delicious right out of the oven! They honestly taste just as good as homemade monkey bread..'

Marcie Mathews, Blackfoot, ID











#### Gluten Free 4" Sugar Cookies

The best GF cookies we've ever tasted! Their special recipe has homemade flavor and texture. Individually wrapped. Ships frozen.

**GF** 4"/ 12 ct. box

#1481....\$18.99 | 1.58 each



#### **Peanut Butter Crispy Bars**

Thaw-n-Serve. Not Pre-Cut. 4-1/4 sheet pans. Yields 16-2 x 2 bars per sheet, or 64 bars.

#6917....\$34.99



Purchase \$15 in Fieldstone products and qualify to receive a free 24 ct. box of Nutty Buddy Wafers. Use Code #1425.



#### **Nutty Buddy Wafer Bars**

Layers of real peanut butter with light, crisp wafers are covered in a delicious fudge coating. Individually wrapped.

#6190....\$5.99 | Just 25¢ each



#### Oatmeal Cookies with Crème

Two oatmeal cookies are sandwiched together with vanilla crème filling. 24 ct. box

#7036......\$4.99 | Just 21¢ each



NUTTY BUDDY

#### **Premium Original Granola** 50 oz. bulk bag #5768....\$14.99



#### Cosmo Blast Brownies

Dark, chewy generously-sized brownies topped with fudge icing and colorful candy coated chocolate pieces. 6/4 oz. brownies

#1768....\$4.99



#### **Frosted Mini Donuts**

Six mini cake donuts with fudge icing per pkg. (72 mini donuts)

12 pkgs.

#1769....\$9.49 | .79 per pack.



#### **Montreal Steak Seasoning**

One of our bestselling spice blends! Coarse ground spice blend for all red meat—steaks, hamburgers, meatloaf and great to top off roasts.

GF 1 lb. bag

#1023.... Reg. <del>\$6.99</del> | Sale \$5.99

\*\*\*\*

"For a man's birthday, give him a container of the Montreal Steak Seasoning and a box of steaks with a bow. You could even add some long handled BBQ tongs."

Fern Goodwin, St. George, UT



#### **Ultimate Onion Blend**

Flavorful blend of coarse dehydrated minced onions and red bell peppers. Use it as a rub on meats, sprinkled over vegetables, or stirred into recipes. Use in place of fresh onions in hamburgers, meatloaf, etc.

#4575....Reg. \$6.99 | Sale \$5.99



"Love the affordability of this product... especially since I go through about a bag per month. There's only two people in my household, so that's saying something! I use this mix in almost everything: burgers, steaks, soups, dips, roast, chicken, pork, shrimp, potatoes, pasta, grilled veggies, cowboy beans... the possibilities are endless. It's SO good! Try it, you will not regret it."

Tori Voller, Bison, SD



Our blend of garlic, onion, parsley and chives is a customer favorite. Sprinkle it in soups or on vegetables, or use it as a rub on meats. It's also a flavorful topping on breads.

GF 1 lb. bag

#2592....Reg. \$10.99 | Sale \$9.99

\*\*\*\*

"I use this seasoning on everything from meat to vegetables to breads. I even used this instead of minced garlic in my home canned salsa last year!"

Maria Jo Brady, Cedar City, UT

# Fresh flavor! OUR BULK SPICES MEAN BIG SAVINGS.

#### All spices sold in 1 lb. bags unless otherwise noted.

#### **MENU ESSENTIALS**

Applewood Seasoning Rub GF	#5990	\$7.99
Basil, Imported, Cut/sifted GF	#1443	\$7.49
Bay Leaves, ½ lb. GF	#1753	\$12.99
Celery, Diced, ½ lb. 🔐	#3232	\$7.99
Chili Powder, Mild GF	#1014 Sale	<del>\$8.49</del> \$7.49
Cumin, Ground GF	#1442	\$8.99
Essential Season-All Blend	#2478	\$7.99
Garlic and Herb Seasoning 🔐	#5408 Sale	<del>\$7.99</del> \$6.99
Garlic Granules 🔐	#1948	\$12.99
Garlic, Minced GF	#1020	\$12.99
Garlic Powder 🔐	#1021	\$12.99
Garlic Salt, Classic 🔐	#1019	\$4.99
Garlic Supreme <b>GF</b>	#2592 Sale	<del>\$10.99</del> \$9.99
Mustard Seed Powder GF	#1428	\$6.49

Onion, Chopped 🔐	#1026	\$7.99
Onion Salt, Classic Blend 6F	#1024	\$4.99
Onion Powder &F	#1027	\$7.49
Oregano, Mediterranean 🔐	#1445	\$12.99
Paprika, Mild 🔐	#1697	\$8.99
Parmesan Garlic Perfection	#2475	\$10.99
Parsley Flakes, ½ lb. GF	#1426	\$7.99
Pepper, Black, Table Grind GF	#1029	\$15.49
Pepper, Black, Coarse Grind GF	#1028	\$15.99
Peppercorns, Whole, Black @F	#1030	\$15.49
Seasoning Salt @F	#1033	\$5.99
Smoky Maple Herb Seasoning <b>GF</b>	#4576	\$6.99
Thyme, Cut & sifted, ½ lb. 🔐	#1444	\$6.49
Turmeric, Ground GF	#1832	\$7.99
Ultimate Onion Blend 6F	#4575 Sale	<del>\$6.99</del> \$5.99



#### Sea Salt

Healthy alternative to more-refined table salt.

- **GF** 16 oz. container...**\$4.49**
- #1146 Fine#1147 Coarse





Savory all-purpose blend of sea salt, brown sugar, garlic, onion and other spices perfect for meats, soups, and vegetables. No MSG. **GF** 1 lb. baq

#5408....Reg. <del>\$7.99</del> | Sale \$6.99

\*\*\*\*

"This is a great garlic mix. We add it to meats when grilling or even to our chili and spaqhetti sauce for that nummy garlic flavor!"

Darlene W.

#### SPICES IN CONTAINERS

The following spices come packaged in **tall, clear plastic containers** that fit beautifully on your shelf! Saves the extra step of transferring your bagged spices into your own containers.

Cinnamon Vanilla French Toast Sugar GF 28 oz. container	#3894	\$10.99
Garlic Supreme GF 1 lb. container	#6112	\$12.99
Montreal Steak Seasoning <b>GF</b> 1½ lb. container	#4227	\$11.99
Olé Taco Seasoning 1 lb. container	#1846	\$8.99

Onion, Chopped <b>GF</b> 12 oz. container	#1847	\$9.49
Onion Soup & Dip <b>GF</b> 1½ lb. container	#1845	\$12.49
Rosie's Ranch Buttermilk Dressing <b>GF</b> 24 oz. container	#3893	\$12.49
Seasoning Salt GF 2 lb. container	#1849	\$8.49



#### **Clear Round Spice Containers**

◆Black Lid 8 oz., 5" tall

#1233.... \$1.49

• Mini Red Lid 3.5 oz., 4" tall. #1234.... \$1.49



16 oz. Clear Square Plastic Jar with Shaker Flip Lid 12/16 oz. jars #4435....\$11.99

Single 16 oz. jar #1526....\$1.49

32 oz. Clear Plastic Spice Jars with Shaker Flip Lid 12/32 oz. jars #5129....\$14.49 \$1.21 each

Single 32 oz. jar #1228....\$1.99

#### **MEAL MUSTS**

Baja Chili Lime Seasoning GF	#7664 Sale	\$10.99 \$9.99
Carne Asada Seasoning &	#7378	\$7.49
Chili Seasoning Mix	#1015	\$6.99
Emma's Enchilada Seasoning 6F	#1016	\$5.99
Fabulous Fajita Seasoning 🔐	#1017	\$8.49
Italian 'n Pizza Seasoning 🔐	#1432	\$9.49
Leah's Lemon Pepper 🔐	#1022	\$8.99
Montreal Chicken Seasoning @F	#7746	\$7.99
Montreal Steak Seasoning 6F	#1023 Sale	\$6.99 \$5.99
Mushroom Soup & Stroganoff @F	#1672	\$7.99
Olé Taco Seasoning	#1037 Sale	\$6.99 \$5.99
Sloppy Joe Seasoning Mix GF	#1035 Sale	\$ <del>5.99</del> \$5.49
Spanish Rice Seasoning GF	#2105	\$5.99

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Ole Taco Seasoning	

Add 3-5 Tbsp. of our flavorful taco seasoning to beef, chicken, pork, or turkey to create your favorite Mexican recipes. Also works well for a taco dip when mixed with mayo and sour cream. MSG Free! 1 lb. bag

#1037...Reg. \$6.99 | Sale \$5.99

Superb Spaghetti Seas. Mix GF	#1036	\$6.49
Sweet & Smoky Pub Sheet Pan Seasoning	#2477 Sale	<del>\$8.99</del> \$7.99
Tuscan Herb Blend Seasoning 🕼	#3628	\$9.99

#### **BAKING SPICES**

Cinnamon, Ground Saigon GF	#3626	\$11.99
Cinnamon, Ground Korintje 🔐	#1005	\$9.99
Ginger, Ground GF	#1420	\$8.99
Orange Zest Granules, ¼ lb. 🔐	#1669	\$7.49
Zesty Lemon Zest, ¼ lb. GF	#1433	\$6.99

#### DIDC & DRECCINGS

— DIPS & DKESSINGS			
Dilly Dill Dip Mix 🔐	#1421	\$7.99	
Guacamole Seasoning, ½ lb. 6F	#2588	\$5.99	
Hearty Vegetable Dip Mix	#2217	\$8.99	
Italian Salad Dressing Seas. GF	#1698	\$7.49	
Lip Smackin' Chipotle Ranch, ½ lb. GF	#2589	\$7.99	
Onion Soup & Dip GF	#1025	\$6.99	
Popeye's Spinach Dip Mix 🔐	#1423 Sale	<del>\$9.99</del> \$8.99	
Rosie's Ranch Buttermilk Salad Dressing Mix <b>6F</b>	#1032	\$6.99	
Salsa Seasoning GF	#1898	\$8.49	

**Baja Chile Lime Seasoning** The kick of chili peppers with the zing of lime brings the perfect seasoning to shrimp, chicken, beef, and fish for any South of the border recipe. GF 1 lb. bag #7664... Reg. \$10.99 Sale \$9.99





**Superb Sloppy Joe** 

A tangy, sweet chili powder mix made to enhance the flavor of ground beef or turkey in Sloppy Joes. Just add water and tomato paste.

GF 1 lb. bag

#1035...Reg. \$5.99 | Sale \$5.49

\*\*\*\*

"Simple to mix up and a auaranteed hit in my house every time! No doubt it's the best combo of seasonings and spices for no leftovers. I make sure this never runs out!" Amanda Maine, Sturgis, SD



Popeye's Spinach Dip

Just add sour cream and mayonnaise with 3/4 cup of Spinach Dip for a perfect spread for crusty breads, or fresh vegetables.

GF 1 lb. bag

#1423...Reg. \$9.99 | Sale \$8.99

\*\*\*\*

"AP Popeye's Spinach Dip Mix has quickly became one of our favorite appetizers. We love having it when friends come over. It is so easy and yummy to make but they always think I have worked hard to make it from scratch, and once they find out where it came from it is on their list for the next order!"

Laura Skinner



#### Mild Chili Powder

A mild peppery blend of ground chili pepper, salt, cumin, oregano, and garlic.

GF 1 lb. bag

#1014...Reg. \$8.49 | Sale \$7.49

**Did you know?** Chili can relieve achy joints. Research shows that capsaicin, found in chili peppers, has an anti-inflammatory effect, which may help ease arthritic swelling and pain.

#### CUSTOM CULINARY PRODUCTS ARE THE SAME BASES AND GRAVIES USED BY CHEFS.

#### **Granular Flavored Bases**

An economical granular meat base. Use in rice or pasta cooking water for extra flavor. 0 trans fat. **GF** 16 oz. jar, yield: 5 gallons....**\$4.99** 

- #1040 Chicken
- #1041 Beef

#### Real 'Meat First' Bases

Professional chef quality. No MSG added. 0 trans fat **GF** 16 oz. jar, yield: 5 gallons....**\$8.99** 

- ♦ #1038 Chicken
- #1039 Beef



#### NEW! Stainless Steel 1 oz. **Serving Ladle**

Small and sturdy ladle made of beautiful satin-finished 18/8 stainless steel. #2390....\$3.99



**PanRoast Gravy Mixes** 

Real pan drippings and select seasonings create rich, savory gravies. Just add water. 68-2 oz. servings when prepared. 12 oz. bag

- ♦ #2131 Pork Gravy Mix....\$7.99
- ♦ #1254 Turkey Gravy Mix....\$7.99
- ♦ #1253 Chicken Gravy Mix....\$7.99
- ♦ #1255 Country Gravy Mix....\$7.49
- ♦ #1252 Brown Gravy Mix...\$6.99
- ♦ #3586 Beef Gravy Mix...\$6.99

Peppered Biscuit Gravy Mix 20 oz. bag/72-2 oz. svgs. #**1525.....\$6.99** 

**Peppered Biscuit Gravy Mix** 6/20 oz. bags #7558...\$32.99



Customer-favorite mix for tender bakery-style blueberry muffins. 45/2 oz. muffins | 4 lb. bag #2308....Reg. \$11.99 | Sale \$9.99 They are light and fluffy and so easy to make. A bag doesn't last long at our house."

Brandy Doty, Ivins, UT

"My kids are so insistent on having this multiple times a week, that they'll actually put Alison's Pantry down their electronics to make them themselves! I've never had a better muffin, myself. I **Scrumptious Raspberry Muffin Mix** have to force myself to stop at 1 or 2." Craft fluffy muffins with juicy raspberry-flavored bits. 45/2 oz. muffins | 4 lb. bag

Jami Curtis, Sheridan, WY





#2309.....\$11.99

#### Conestoga Sweet Cream Pancake & Waffle Mix

The touch of sweet cream in this professional mix makes these the best pancakes to grace the skillet. Just add water. 5 lb. bag #7435....\$11.49



**Log Cabin Syrup** GF 1 gal. jug #1590....\$12.99



#### **Fancy Fruit Syrups**

Pure fruit flavor sweetened and thickened with only cane sugar. **GF** 11.5 oz. bottle | \$5.99

- #2314 Apricot
- #2315 Boysenberry
- #2316 Red Raspberry

• Baking Cups

White standard paper baking cups. 500 ct. sleeve #1646.....\$6.99

Mini Baking Cups

Use for candy, mini muffins, nut cups, fudge, chocolates, crafts. 500 ct. sleeve

#2058.....\$7.99

• Texas Size Baking Cups

2 3/4" x 1 7/8" wax baking cups 500 ct. sleeve #1580....\$14.99



#### **Sweet Potato Pancake** & Waffle Mix

No artificial ingredients or preservatives. 4 lb. bag #1967...\$12.99



#### **Gourmet Cream Syrup Variety Pack**

Maple Cream, Vanilla Cream, Cinnamon Cream, and Coconut Cream. GF 4/11 oz. bottles

#8012....\$18.99 | \$4.75 each!





#### **Professional Homestyle Cornbread Mix**

Commercial mix bakes fluffy, slightly sweet cornbread with a finer grain. 5 lb. box

#2130....\$9.99



#### **Mexican Vanilla Bean Honey**

Try our Mexican Vanilla Bean Honey on toast, scones, cornbread, or peanut butter sandwiches. Absolutely delicious in coffee, tea, or smoothies. 6F 9 oz. jar

#1912....\$14.99







**Boysenberry Fancy Jam** 8 oz. jar #2334...\$4.49





Alison's Pantry

**Heavenly Angel Food Cake Mix** Just add water. Yields 5/18 oz. cakes. 4 lb. bag #2815....\$18.99

make it in all different size pans. We make it all the time and I love to eat it plain, but with the frozen strawberries (#2832) it's a dessert we have all year round."

Julie Moore, Malta, MT

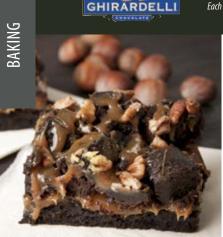






Marvelous'n Chewy Macaroon Mix Just add water. Yields 60/1" cookies. 4 lb. bag #1965....\$21.99





#### What makes Ghirardelli chocolate better?

Each velvety smooth product is a carefully balanced blend of the finest ingredients, including real cocoa butter, unsweetened chocolate, and just the right touch of sugar.



#### **Uncle Denny's Gourmet** Caramel Topping

Stir this thick, creamy gourmet caramel topping into fluffy popcorn for the easiest Caramel Corn recipe ever, or package with an apple for a darling gift.

**GF** 17 oz. jar #7894.....\$6.49



#### **Ghirardelli Unsweetened Superior** Cocoa Powder 10-12% Cocoa Butter

Rich, full bodied and well-rounded. Dutched. **GF** 2.5 lb. bag

#6282....\$13.49



#### **Real Milk Chocolate Chips**

GF 3 lb. bag #1302....\$16.99

**Real Semi-Sweet Chocolate Chips** 

**GF** 3 lb. bag

#1305....\$14.99



#### Gerken's® Mini **Cinnamon Drops**

For baking use only; not to be eaten as candy.

GF 2 lb. bag

#2776.....\$6.49





#### **Dark Chocolate Baking Chips**

- \* No Sugar Added
- \* Botanically Sweetened with Stevia
- \* Made with Non-GMO Ingredients
- GF 9 oz. bag

#1732....\$7.99

#### **Mexican Vanilla Paste**

All-natural. No additives or preservatives.

GF 8 oz. jar

#6945....\$22.99





#### Original Mexican Vanilla

All-natural, smooth and rich vanilla makes baked goods shine.

- 8.4 oz. GF #6702....\$19.99
- + 16.7 oz. GF #6919....\$29.99





#### **Semi-Sweet Mini Chips**

**GF** 2.5 lb. bag

#7121....\$12.99



#### **Imitation Almond Extract**

Clear, colorless extract with smooth nutty almond flavor.

GF 1 pt. bottle

#1081....\$8.99





#### Gluten Free 1-to-1 Baking Flour

Use as a direct replacement for allpurpose baking flour.

**GF** 44 oz. bag #1277....\$8.99 **Mini Poly Treat Bags** 

Poly .001 mil 4" x 2" x 12". 100 ct. **#7803....\$3.99** 

**Bakery Bags for Dinner Rolls** Poly .001 mil 8" x 4" x 18". 100 ct.

#4238.....\$5.99

**Bread Bag White Twist Ties** 3 1/2", 2000 ct. box #2057....\$7.99

A. Turkey Brand **Unbleached Bread Flour** 

All-natural, unbromated, non-GMO flour made from local wheat. 25 lb. bag

#2285...\$13.99

**B. Saf Instant Yeast GF** 1 lb. Package

#2446...\$4.99

C. Bakery Bread Bags

Poly .001 mil bags. 15" length. 100 ct.

#5494....\$5.99



## **Bulk Baking Ingredients**





**Busy Bee American Clover Honey** Grade A No added ingredients; 100% honey. GF

- 3 lb. jug #1148...\$12.49
- 5 lb. jug #1149.... \$18.99

#1625 Durkee Vanilla Clear Imitation Flavoring <b>GF</b> 32 fl. oz. bottle	\$9.49
#2847 Clabber Girl Baking Powder GF 5 lb. tub	
#2848 Clabber Girl Baking Soda GF 5 lb. tub	
#2849 Clabber Girl Cornstarch GF 3.5 lb. tub	\$5.99
#1194 Grandma's Unsulphured Molasses GF 1 gal. jug	\$18.99
#2122 California Natural Seedless Raisins GF 2 lb. bag	\$7.49



#### **Golden Brown Pure Cane Sugar** Nutty, caramel and subtle molasses flavor;

moist texture. GF 7 lb. bag

#2261....\$8.99



#### **Powdered Pure Cane Sugar**

Very fine, with exceptionally smooth texture for frostings, glazes, and candy-making.

**GF** 7 lb. bag

#1151 . . . . . \$12.99 | 1.85 per lb.



**Pure Cane Granulated Sugar GF** 10 lb. bag #1632....\$11.49

#### CRESTWARE

#### A. Commercial Cookie Sheet (Bun Pan)

Aluminum, 18" x 13" #4020....\$9.99

#### **B. Cover for Commercial Cookie Sheet**

(fits #4020 only) #3860....\$6.99

#### C. Quarter Size Sheet Pan

Aluminum, 9" x 13" #5957.....\$6.99

#### **Cover for Quarter Size Sheet Pan**

(fits #5957 only) 9" x 13" #**5958.....\$5.99** 

Hand wash only.

#### D. Cookie Scoop

Measure consistent scoops of dough for perfectly portioned cookies every time.

#3838....\$7.49

#### **E. Cooling Rack**

Stainless, fits commercial cookie sheet. One is never enough! 12" x 17"

#1145....\$5.99



#### G. Commercial Parchment Paper

Silicone grease-proof pan liners to line baking sheets, separate foods for freezing, line cake pans, etc. 12" x 16" 100 sheets

#1153....\$9.99

# KITCHEN Took



## Vegalene

#### F. Vegalene® Pan and Grill Spray

This all-natural, zero trans-fat product prevents food from sticking to cooking utensils and dishes.

**GF** 21 oz. can **#1212....\$8.99** 



#### Garlic Mist®

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.

GF 17 oz. can

#1577....\$8.49



#### **Buttery Delite®**

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads. **GF** 17 oz. can

#1576....\$8.49



#### Vegalene Grid Iron Release Spray

Achieves a smooth, fast release for waffles (3-5 waffles per spray).

GF 14 oz. can

#1575....\$7.49



#### Bak-Klene® ZT All-Purpose Spray

Its superior release power assures clean, easy removal of a variety of baked goods from their pans. Like greasing and flouring your baking pans, but SO MUCH EASIER!

14 oz. can

#5564.....\$7.49

#### Silicone Baking Mat

Reusable, nonstick silicone mat fits in our Commercial Cookie Sheet (#4020) and prevents sticking and burning of your baked goods. 16.5" x 11.75; Withstands up to 600°. #8436..... \$12.99



#### CRESTWARE

Flexible Cutting Mats, 6 pk 6 ct. 15" x 12" #3840 . . . . \$11.49



#### CRESTWARE

#### **Cake Server**

White plastic handle with stainless steel blade.  $10 \frac{3}{4}$ " x 2"

#3843....\$3.99



#### **Deli Containers with Lids**

Our Deli Containers make it easy to pack leftovers, salads, cookies, and more.
50 ct.

+8 oz. #2258.... \$9.99

+16 oz. #6476.... \$9.99

+ 32 oz. #6477..... \$11.99



#### Food Film w/Cutter

Commercial grade plastic wrap in an economical foodservice pack. 12" X 2000' Each

#6127....\$18.49



#### **Ziploc Bags Variety Pack**

Multi-purpose pack of resealable plastic bags; 125-Sandwich, 120-Snack, 52-Gallon Storage, 50-Quart Storage bags.

347 ct. box

#1978....\$22.49 | .06 per bag



#### **Ziploc Smart Zip Gallon Freezer Bags**

Double zipper freezer bags. 10 9/16" x 10 3/4"

152 ct. box

#1979... \$23.99 | .16 per bag



#### Two-Compartment 28 oz. Meal Prep Containers

Divided black plastic food safe containers with clear lids (50 containers and 50 lids). Reusable; top-shelf dishwasher safe. Microwave and freezer safe. 8.3" x 5.8" x 2.1"

#1763....\$21.99 | Just .44 per container! Compare to .80 each on Amazon!





#### Choice Half size Foil Deep Steam Table Pans

Cook, store, and serve in these durable 35 gauge aluminum foil disposable pans. Holds up to 120 fl. Oz.. 12 3/4" x 10 3/8" x 2 9/16".

20 ct. set

#2391....\$13.99



#### **Cookie & Cracker Variety Pack**

Kid-pleasing pack includes: 12-Cheez-It Crackers, 12 Fudge Stripe Cookies, 9 Scooby Doo! Graham Crackers, 12-Chips Deluxe Mini Cookies 45 ct. box

#**4019....\$17.99** 







#### **Gourmet Hunter Mix**

Flavorful crunchy mix of sesame sticks, peanuts, sunflower kernels, almonds, cashews, and pepitas all seasoned with a special blend of spices. 23 oz. jar

#2408....\$10.99



#### **Gourmet Honey Roasted Hunter Mix**

Honey-roasted sesame sticks, honey-roasted peanuts, sunflower kernels, almonds, cashews, and pepitas all seasoned with a special blend of spices.

23 oz. jar

#2409....\$10.99



#### **Cookie and Snack Variety Pack**

Perfect lunchbox portions of your favorite snacks! 9-Mini Chips Ahoy, 8-Nutter Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos. 1 oz. bags / 40 ct. box

#1257...\$17.99





#### **Classic Chips Variety Pack**

Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour Cream & Onion, 4-Lay's Barbecue 1 oz. / 54 ct. box

#4018.... \$20.99 | Just .39 each!





#### Double Eagle Silver Dollar Jerky

2 1/2" round jerky.15 oz. of meat. 80 ct. jar...**\$17.99** 

- ♦ #4694 Peppered
- ♦ #4695 Teriyaki
- ♦ #4693 Old Fashioned





**Pretzel Snaps** 46 oz. tub **#2319....\$9.99** 



One of America's favorite snacks.
31 oz. box
#3097....\$10.99





#### Goldfish Giant Cinnamon Grahams

Each pack has 2 large cinnamon graham Goldfish. Fun to dunk in milk, or use to scoop applesauce or yogurt. .9 oz. / 50 ct.

#1765....\$12.99 Just .26 each!





#### **Rice Krispies Treats Minis**

The original crispy marshmallow treats in a cute mini size. 50 ct. box

#5378....\$13.99 | .28 each





#### **Fruit Cup Snacks Family Pack**

12 diced peaches; 8 mixed fruit in 100% juice. **GF** 20 ct. / 4 oz. cups **#2482....\$14.99** 



#### ChatSnax Vanilla Grahams

Crunchy, emoji-shaped graham crackers for fun snacking. 35 / 1 oz. bags #2374....\$13.99





#### **Berries 'N Cherries Fruit Snacks**

Fruit puree is the first ingredient. 100% DV of Vitamin C. **GF** .9 oz. / 40 ct. box

#1288....\$10.49 | Just 26¢ each!

# PREMIUM NUTS & CANDY



**Deluxe Mixed Nuts** 

Roasted and salted almonds, cashews, pecans, Brazil and hazel nuts.

GF 14 oz. tub #9121 ....\$13.99





**Super Hero Trail Mix** 

Roasted peanuts, butter toffee peanuts, Boston baked peanuts, chocolate coated peanuts, yogurt coated raisins, and candy-coated chocolate candies.

#1163....\$7.99





"This is the first trail mix I've had with Boston baked peanuts and toffee peanuts in it, and I must say, it's quite delicious!" Anne Metzler, Riverton, WY



**Nut Berry Trail Mix** 

Dried Cranberries, R&S Almonds and Cashews, Pecans and dried cherries. 14 oz. tub

#2076....\$7.99





Tender chewy dried cranberries, apples, blueberries, cherries, and apricots covered in luscious milk & white chocolate. 1 lb. bag

#2044 .... \$8.49





**Chocolate Cinnamon Bears** 

**GF** 2.65 lb. bag

#1290....\$13.99





HARIBO T

**Gummi Bears Family Pack** 3 lb. bag

#5009 .... \$10.99



**Orange Creme Gummy Bears** 

Like a creamsicle in a gummy bear! 16 oz. tub

#2706....\$5.99



#### **Cinnamon Bears**

Childhood favorite chewy hot cinnamon bears.

**GF** 16 oz. tub

#1172....\$6.49



#### **Swedish Fish Mini**

Family size bag of soft, chewy fishies in a new mini size.

1.8 lb. bag

#2263....\$7.49



**Vanilla Yogurt Pretzels** 

1 lb. bag

#2040....\$4.99



Crisp almonds wrapped in a buttery toffee glaze with just the right amount of cinnamon. 1 lb. bag

#2042....\$6.99



Milk Chocolate Malt Balls

1 lb. bag

#2034....\$6.49



**Dark Chocolate Cranberries** 

1 lb. bag

#2038....\$6.99



#### **Milk Chocolate Cashews**

Fresh, crunchy cashews enrobed in creamy milk chocolate. 1 lb. bag

#2036....\$8.49



Cashews, Roasted & Salted **GF** 14 oz. tub

#9117....\$14.49





#### **Butter Toffee Cashews**

Crunchy cashews coated in a buttery toffee glaze. 1 lb. bag

#2043...\$8.49



**Butter Toffee Almonds** 

Crisp almonds coated in a sweet and buttery shell.

1 lb. bag

#2041....\$6.49



#### Milk Chocolate Almonds

Crisp almonds coated in rich milk chocolate. 1 lb. bag

#2033....\$6.99





**Dried Cranberries GF** 14 oz. tub #9205 ...\$7.49



Dark chocolate crispy cookies dipped in dark &

white mint chocolate. 1 lb. bag #2037....\$6.99





"I was pretty shocked how good these were. They are sooo thick and creamy and chocolaty! I cannot keep my kids out of them, but love that they don't have to be refrigerated unless you want them to be right before use. Great for storage, for trips and camping! Awesome for school lunches or after school snacks!"

Jamie Perkins. Panaca, NV

## **Preparedness** Favorite!

#### U.H.T. (Ultra High Temperature) Shelf-Stable Milk

Real, delicious Grade A milk that has all the vitamins and nutrition of conventional pasteurized milk and is ready to use. Stays fresh without refriaeration until the sealed package is opened (approx. 12 months). No preservatives added.

**GF** 27/8 oz. cartons \$17.99 | Just .67 each!

- #1707 2% Chocolate Milk
- #1708 2% Strawberry Milk
- #1709 2% Root Beer Milk
- #1710 2% White Milk

#### Shelf-Stable U.H.T. **Whipping Cream**

Keep rich whipping cream on hand for whenever you need it! Store in pantry and chill 8 hours (40 degrees F) before whipping. Approx. 12 month shelf life. GF 27/8 oz. Cartons

#1696....\$35.99 Just \$1.33 each!



\*\*\*\*

"I'm always needing heavy cream when I can't run to the store or they are closed! Now I can just reach in my storages and make anything I need to."

Gina Bennett, Three Forks, MT

#### Gourmet Hot Cocoa Mix (Stephen's)

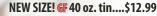


and Pacific Chai products!

#### Gourmet Milk Chocolate Cocoa Bulk Bag

Perfect for your food storage, and for gifts. Use to fill containers and tie with a bow to share with a friend. yld:  $24 - \frac{3}{4}$  cup svgs.

GF 2 lb. Mylar bag #6940....\$7.99





#2310 Milk Chocolate



#2312 Mint

# **Specialty Flavors**

**GF 1 lb. tin...\$6.99** 



#5434 Salted Caramel



#2306 Milk Chocolate Marshmallow



#2307 Dark Chocolate

## VICTORIAN INN

#### Cappuccino

Rich, comforting cappuccino that's terrific hot or cold, or enjoyed as a coffee creamer. GF 2 lb. bag (45/8 oz. svgs.)....\$7.99

- #1326 French Vanilla #1330 English Toffee
- #1328 Mocha
- **#1329 White Chocolate Caramel**

#### Vanilla Chai Tea Latte Mix

Perfect blend of spices with a delicious vanilla overtone. Enjoy hot, cold, iced, or frozen.

Yld: 64 – ½ cup svgs. GF 3 lb. tin

#1522....\$19.99



#### Spice Chai Tea . Latte Mix

Our signature flavor! A delicious blend of black tea, honey, vanilla, cinnamon and cloves. Enjoy hot, cold, iced or frozen. Yld: 64 - 1/2 cup svgs GF 3 lb. tin #1523....\$19.99





#### **V8 Splash**

Refreshing combinations of natural fruit flavors with a 5% carrot juice blend for a deliciously sweet taste. GF 12/16 oz. bottles



#### \*#1717 Tropical Blend....\$19.99 Just .10 per oz.!

Juicy apples, pineapples, kiwis, limes, and mango paired with carrot juice.



#### +#1716 Berry Blend....\$17.99 Just .09 per oz.!

The sweetness of apples, cherries, strawberries, red raspberries, and blackberries with carrot juice.

#### **True Lemon Crystallized** Lemon Packets

Each packet equals one lemon wedge. Adds natural flavor with zero calories to water, recipes, yogurt, or sprinkled over salmon. No artificial sweeteners, flavors, or colors. Allergen free.

GF 100 ct. box #1689....\$7.99



**Sunny Delight** Tangy Original GF 24/10 oz. bottles #8581...\$15.99 Just 67¢ each!

#### Country Time Lemonade Flavored Drink Mix

No artificial sweeteners or flavors. Good source of Vitamin C. Yield 34 qts. **GF** 82.5 oz tub

#2536 ...\$14.99 Just .31 per qt.!



#### **Nesquik Chocolate** Powder

45% less sugar than the leading syrup brand. Provides calcium and 7 essential vitamins and minerals.

44.9 oz. container #2262....\$11.99 Just .14 per svg.!



#### **Unsweetened Vanilla Almond Milk** GF 6/1 qt. case #1457...\$19.99

**Original Almond Milk GF** 6/1 qt. case #1456....\$18.99

#### Almond Milk

No cholesterol or saturated fat, and is free of dairy, soy, lactose, gluten, casein, egg and MSG. Non-GMO.





# **CLUB STORE DIRECT**

Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas. Better quality and larger pack sizes, still at a great value for families!



#### Italian Sausage & Beef Lasagna

Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen. 2/48 oz. trays

#1279...\$21.49



#### **Bacon Crumbles**

100% real bacon. High-quality, fresh pork is slowly smoked over all-natural hardwood chips then crumbled for easy use.

GF 20 oz. bag #1241....\$16.99



#### **Boneless, Skinless Chicken Thighs**

Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen. Ready to cook from frozen.

**GF** 6.5 lb. bag

#1317....\$21.49





#### **Walnut Halves & Pieces**

Approx. 12 cups of U.S. #1 walnuts for baking and snacking. GF 3 lb. bag

#1293....\$22.99



#### Whole Almonds

Approx. 9 cups of supreme #1 U.S. raw almonds. GF 3 lb. bag

#1294....\$21.49





#### **Fancy Pecan Halves**

U.S. #1 beautiful pecan halves for recipes and snacks. GF 2 lb. bag

#1292....\$23.99





**Salted Sweet Cream Butter GF** 4/1 lb. case #1723....\$15.99





Made with real semi-sweet chocolate chips and whole rolled oats. .85 oz. bars / 64 ct. box





#### **Trail Mix Snack Packs**

Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs.

**GF** 2 oz. / 28 ct. box

#4005....\$24.99 | .89 each



#### Microwave Popcorn, **Movie Theater Butter**

100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter.

**GF** 3.3 oz. / 44 ct. box

#1821....\$15.99 | Just .36 each!



#### Minced Garlic

Grown, harvested, processed and packed in California. Packed in water; recipe ready! **GF** 48 oz. jar #1289...\$8.99





**Foodservice Aluminum Foil** 12" x 1000' roll (1,000 sq ft) #1963....\$39.99



Flex-Tech Kitchen Trash Bags 13 gal. bags / 200 ct. box #2777....\$25.99



**USDA Organic No-Salt Seasoning Blend** A blend of 21 organic spices and ingredients from

around the world to healthily season any meat or vegetable dish.

6f 14.5 oz. container #1295....\$13.99



**Penne Rigate** 

#2465....\$15.99

10 lb. bag

10" Spaghetti Noodles 10 lb. bag #1331....\$15.49

Find NEW Barilla Pasta Sauce on page 3!



#### **Tuna Infusions**

Wild-caught tuna infused with extra virgin olive oil, herbs, and spices. Tiny fork included for easy, on-the-go snacking. **GF** 6/2.8 oz. cups

\$13.99 | \$2.33 per cup

- ♦ #2444 Cracked Black Pepper 20 g. protein
- #2445 Lemon & Thyme 22 g. Protein

#### **Premium Light Tuna in Water**

Sustainably wild-caught chunk light tuna in water. Convenient 1-serving, no-drain pouches. GF 12/2.5 oz. pouches #2464....\$20.99 \$1.75 per pouch







Dehydrated fresh Idaho potato shreds. 12 month shelf life. Just add water. Yield 72 ½ cup servings. **GF** 2.125 lb. carton #1392....\$11.99



Premium Russet and red real Idaho potatoes with skins. Just add water. Approx. 40 svgs. **GF** 32.85 oz. bag #1390....\$9.99





## **Mashed Potatoes**

Made with 100% real Idaho potatoes, milk, and seasonings for creamy comforting flavor. Just add water. Approx. 52 svgs. per bag. **GF** 28 oz. bag

#1391....\$9.49







#### **Suckerpunch Gourmet Classic Dill Pickle Spears**

Simple ingredients and a signature blend of spices that pack a real punch. Just fresh, crisp cucumbers, vinegar, and spices.

**GF** 24 oz. jar #2283....\$7.49



- Use to replace cream soup in any recipe for a healthier option.
- · Used by professional chefs for over 35 years!
- Only 35 calories in a ¼ cup serving!
- · Won't curdle or separate in freezer meals.



#### White Cheddar Sauce Mix

The rich, velvety-smooth cheddar sister of Universal Sauce. Just add water for perfect macaroni & cheese or creamy soups. Yield: 3 gallons. 48 oz. re-sealable bag #5242....\$25.99



#### Whisk Bliss, Gluten-Free

The same delicious, creamy mix that you loved as "Universal Sauce," now gluten-free! Quick, rich, healthy, and versatile; use Whisk Bliss in place of any cream sauce components in your favorite recipes, from casseroles and soup, to queso. **GF** 32 oz. bag

#1980....\$14.99



### **Bulk Pudding & Topping Mixes**

#1913 Jell-O Instant Chocolate Pudding & Pie Filling, @ 28 oz. bag. \$8.99 #1914 Jell-O Instant Vanilla Pudding & Pie Filling, @ 28 oz. bag ...... \$8.99 #1952 Dream Whip Topping, # 10.8 oz. bag .......\$6.99



#### **Knox Unflavored** Gelatin

Unsweetened gelatin for thickening desserts and making marshmallows. Also a great egg substitute: 2 1/2 tsp. gelatine + 2 tbsp. waterper egg in recipes. GF 16 oz. canister #2216....\$14.49



# PEANUT BUTTER BANANA MUFFINS

1 cup mashed ripe bananas (about 3 medium bananas) 3/4 cup PBFit powder (#3521) - Premixed

2 eggs

2 tsp vanilla (#6702)

1/4 cup BBF Monk Fruit Sweetener (#1745)

1/4 cup bbr Monk rruit Sweetener (# 1/43)
2 Tbsp Oatsome (#1907)
1 cup all-purpose flour (#2285)
1 tsp baking powder (#2847)
1/4 tsp salt (#1146)
1/3 cup mini semi-sweet chocolate chips (#7121) Preheat the oven to 350 degrees. Line a muffin tin with muffin liners. And spray the inside of the liner with non-stick cooking spray so muffins don't stick. In a large bowl mix together all of the wet ingredients. Mix until smooth. Next add all of the dry ingredients except the chocolate chips. Mix until everything is incorporated. Fold in the chocolate chips. Evenly divide batter into muffin liners (#1646). Bake for 20-25 mins or until a toothpick comes out clean. Transfer muffins to a cooling rack



#### **PBfit Peanut Butter Powder**

1/3 the calories and 75% less fat. Non GMO and all-natural. Just peanuts,

sugar, salt. **GF** 30 oz. jar #3521....\$14.99



#### **USDA Organic Agave**

Natural, low-glycemic sweetener. Can be used in baking and canning, too. **GF** 78 oz. bottle

#3522...\$19.99

#### **Organic Chia Seeds**

High in protein, fiber, and more plant-based Omega-3 than any other food. GMO free.

**GF** 1.25 lb. container #8941....\$8.99



#### **Naturally Refined** Avocado Oil

**GF** 1000 ml/ 33.8 oz. bottle #3516....\$15.99 47¢ per oz.



#### Oatsome Oat Milk

Non-dairy, smooth, creamy beverage that has the ability to froth too. Organic, nut-free, non-GMO, and vegan. 12 month shelf life. 4 svqs. **GF** 6/1 L. case

#1907....\$17.99



#### LIVfit ™ Superfood Blend

Fruits, vegetables, vegan proteins, prebiotics, and fiber shown to enhance muscle mass, increase energy, improve cognitive function, encourage digestive health, boost the immune system and fight off aging oxidation of cells in your body. Contains green tea · 100% B6, B12, thiamin, riboflavin · 5 q of vegan protein

**6** 12.7 oz. (360 gram) bag #3514....\$15.99



#8287....\$7.99

#### LIVfit Superfood Organic Antioxidant Fruit & Fiber Blend

This mix of fruits, veggies, and plant-based proteins has a neutral, unsweetened taste. Six grams of protein, 5 g. Fiber, plus three different super fruits, and 1.000 ma omeaa 3.

**GF** .8 lb. bag #1539....\$14.99



#### **Monk Fruit Zero Calorie Sweetener**

100% Natural and low glycemic. Use just like Sugar (1: 1 Ratio), No Aftertaste. No blood sugar crash! **GF** 16 oz. bag

#1745....\$13.99



#### Other Containers

#1231 Six-gallon bucket ......\$9.99 #4434 Clear Square 1/2 gallon Jar W/Lid (6 Per Order)......\$9.99 Twister Lids (Fit 5 & 6 gallon buckets) ......\$7.49 each

♦ #2575 Red

♦ #2576 Blue

The Twister Lid is a heavy-duty ring with a rotating center lid that seals tight or spins to open--much easier than prying off standard bucket lids!



#### ♦ 5 Gallon Plastic Bucket with E-Z Open Lid

Made with BPA-free food-grade plastic. Comes with a lid that has an internal gasket for an airtight seal. Holds about 37.5 lbs.

#7078.....\$8.49

#### ♦ 2 Gallon Opaque White Plastic Bucket with White Gamma lid

2 gallon bucket will hold approximately 15 lb. of dense product. Gamma lid gives an easy airtight seal. #4779.....\$9.99



The same mylar material as the emergency blanket, shaped into a sleeping bag to prevent heat loss even more efficiently. Retains 80% of body heat. Wind and waterproof. 84" x 36"

#7403.....\$3.99



#### **Puricit® Citrus Air Freshener**

Eliminate the lingering odors of grease, fish, and even cigarette smoke! We use this product in all the bathrooms here at Alison's Pantry. 6 oz. can

#1579.....\$5.99



#### **NEW! Jumbo Emergency Flint** Fire Starter / Striker

Essential tool for camping, hiking, emergency preparedness, and survival kits. #2151....\$4.99

#1342....\$3.99





Dissolves dirt, grease, grit, and grime. Ammonia-free with a clean fresh fragrance. 19 oz. can





580 W. State Street Pleasant Grove, UT 84062 www.alisonspantry.com





# Save the date!

Mark your calendars for our 2021 Food Show Safari.

Sept. 18th, 2021 UCCU Center, Orem, UT

Bring a lion-sized appetite and sample your way through 80+ booths of delicious Alison's Pantry products next fall!



DAILY

See page 6.

See page 14.

**GF** 3 lb. bag

#2607....Reg. \$18.99 | Sale \$16.99

#1 Quality Precooked Hickory

#4835...\$54.99 | Just .18 per slice!

**Smoked Bacon Slices** 

**GF** 300 slices per box







# S200 USDA Choice Beef Stew Meat

**Popcorn Chicken** *See page 10.* 2 lb. bag **#1465...\$5.99** 

# PANTRY BARGAIN

