

*The food industry is experiencing unprecedented changes and market fluctuations. Prices in catalog are subject to change without notice. Please see website for most current pricing.

January 2022



Alison's Pantry®

WAKE UP YOUR MEALS!

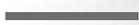
30+
NEW products!

See pages 4-5.



Delicious
ways to start your day!

See pages 6-7.



6 RECIPES
to try!

See pages 13, 15, 20,



of Feeding Families!

COVER FEATURES A HOMEMADE BREAKFAST BOWL WITH:

- #2838 Roasted Redskin Potatoes & Jalapeno Blend, pg. 27
- #2879 NEW! Cloverdale Applewood Smoked Bacon, pg. 4
- #1866 Tillamook Medium Cheddar Shredded Cheese, pg. 33

FROM THE FAMILY

Welcome to 2022! I hope you had a wonderful Christmas and New Years and you're looking forward to 2022.

We're excited to see how you like our new catalog format for this year. All you need to know is what group you're in and you'll know when your order day will be each month. I hope this will help simplify the ordering process for everyone.

Here's a little update on the family- Mckayla is now 13 and in 7th grade. She is an amazing artist and loves composing beautiful music on the piano. She is such a fast learner and helps around the house. William is 9 and in the 3rd grade. William loves to play catch, video games, and is constantly asking me to go bowling. I'm not sure if he likes the arcade more, but we always have a great time.

Danielle and I are really enjoying spending time with the kids and on the rare vacation or family trip it's been great now that they are a little older. We are looking forward to visiting my parents in Leeds, England while they are serving a mission for the Church of Jesus Christ of Latter-day Saints. We miss them a lot already!

I hope to see as many reps and customers at our 2022 food show as possible. It'll be in Orem, UT at the UCCU center on Saturday April 9th so mark your calendar; you won't want to miss it!

Thank you for being part of the Alison's Pantry family. We're happy to have you as a customer.

Sincerely,
Joshua Kisse



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OUR VISION & MISSION

Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry!

90 Day Double Your Money Back Guarantee.

Certain exclusions apply. Refunds must be requested within 90 days from purchase date and will be applied to your account as credit. This policy does not apply in the circumstance of a damaged or defective item, which will be refunded or credited for the original purchase price. It also does not apply to Hot Deal, Pantry Bargain or other #2 products. To prevent fraud Alison's Pantry reserves the right to revoke the guarantee at our discretion.

Alison's Pantry

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Fax: 801-796-9309

Office Hours: M – F 8:00 a.m. – 5:00 p.m.
www.alisonspantry.com

Prices and products are subject to change without notice. Sales tax will be charged according to your representative's town and state. Alison's Pantry adds 10% shipping to all orders. We reserve the right to substitute items of equal value and quality.

GF = gluten-free **IW** = individually wrapped

{ offered by the case }



How Alison's Pantry works

1

Receive a catalog from your Alison's Pantry Representative or view the catalog on our website.

2

Place an order at www.alisonspantry.com, or with your Rep, by the catalog order deadline printed on the back cover.

3

Order is delivered to your Rep's home in about a week after the order deadline.

4

Pick up your order from your Rep. Enjoy restaurant-quality food from the comfort of home.



Have you tried an Alison's Pantry product that you love? Why not save a dollar on it the next time you order? We'll add a \$1 credit to your Alison's Pantry account each time you visit alisonspantry.com and leave a positive product review. Tell us 1) how you used the product and 2) what you liked about it, and help other customers find new products to love!

We care about your diet needs and want you to have all the information necessary to make your meal decisions.

For more detailed ingredient lists and nutritional information, please visit www.alisonspantry.com and search for any product by product number or name.



We're counting down the days to the Food Show! Will you be there?

Saturday, April 9th, 2022

11:00 a.m. - 3:00 p.m.

UCCU Event Center at Utah Valley University, Orem

Whether you're new to Alison's Pantry or have been a customer with us for years, our Food Show is an event you won't want to miss. Join fellow Alison's Pantry customers and Reps as we safari through booth after booth of mouthwatering products. It's a chance to mingle with AP owners and see how Alison's Pantry can make your meals easier. You'll love tasting your way through over 80 booths of food samples...and it's all FREE!

If your fast-paced schedule rarely includes time for yourself, and meal-planning seems like a chore, you deserve this treat! You'll love the opportunity to socialize with other customers, suppliers, and AP owners and staff.

- Scout delicious new ideas for your grocery shopping.
- Consider a new Alison's Pantry business of your own.
 - Enter fun giveaways.
- Leave ready to ROAR with new plans to make feeding your family more fun!



★★★★★
 "I love food, so I love the food show! Where else can you try all the items in the catalog that you haven't tried before? **YOU WON'T WANT TO MISS IT!!**"
Stacey Izatt, Nephi, UT





NEW! True Chicken Breast Filets

High-quality, all-natural boneless, skinless chicken breasts. Minimally processed with no artificial ingredients. Hand-trimmed; consistently sized. 32 filets.

GF 5.5 oz. filets / 2 / 5 lb. bags
#2883....\$65.99 | \$2.06 per filet



NEW! Uncooked Golden Crispy Breast Filets

Whole-muscle breast filets with a golden breading made of fine flour and bread crumbs, perfect as an entree with sides, or on a bun for a sandwich. No antibiotics ever. 32 filets.

5 oz. filets / 2/5 lb. bags
#2882....\$45.99 | \$1.44 per filet



NEW! Applewood Smoked Bacon, Raw

Naturally hardwood slow smoked bacon. Raised in the USA. No added MSG. Approx. 80 slices.

GF 5 lb. pouch
#2879....\$37.99



NEW! Fully Cooked Pork Baby Back Ribs with Sauce

Tender pre-cooked baby back ribs slathered in a molasses barbecue sauce. Just heat and eat.

GF 16 oz. bag
#2884....\$9.99



NEW! Uncured Sliced Pepperoni

Made from all-natural pork, raised with no antibiotics ever. No nitrate or nitrite added except for those naturally occurring in sea salt and celery powder. Creminelli Fine Meats has won 11 national food awards for their products!

GF 2.5 lb. bag
#2881....\$24.49



NEW! Organic Acai Smoothie Bowl

A blend of açai with organic fruit, including: strawberries, blueberries, and bananas. The bowl comes with a separate gluten free granola packet with unsweetened coconut chips. Just thaw and eat!

GF 8 / 8 oz. bowls (5.25 lb. case)
#2868....\$39.99
\$5.00 per bowl



NEW! Three Cheese Cavatappi

Grown-up mac & cheese! Cavatappi pasta in a rich, creamy blend of Monterey Jack, Cheddar, and Romano Cheeses with sea salt, black & cayenne pepper, and a touch of nutmeg.

4 lb. bag
#2885....\$17.99



NEW! Soft Pretzel Bites with Salt Packet

.31 oz. bites / 350 ct. Case
#2889....\$41.99



Nature's Path Love Crunch Granola was originally made as a wedding favor by the founder's son for their guests. It was such a hit, they ended up selling it. Made with exquisite organic ingredients like Fair Trade dark chocolate and red berries, these blends are the best granola we've ever tasted! Plus, they donate cash to food banks for every Love Crunch product sold.

NEW! Love Crunch Dark Chocolate Macaroon Granola

Crunchy granola clusters with tasty coconut and decadent dark chocolate chunks. 11.5 oz. bag
#2906....\$5.99



NEW! Love Crunch Dark Chocolate & Red Berries Granola

Crunchy granola clusters, bright red berries (freeze dried strawberries & raspberries), and decadent dark chocolate chunks. 11.5 oz. bag
#2907....\$5.99



NEW! Sheila G's Brownie Brittle, Chocolate Chip

Rich brownie taste with a crisp cookie crunch. A chocolate indulgence at only 120 calories per serving! 8/2.75 oz. bags
#2890....\$17.99



NEW! Supoon....\$9.99

The original sit up scraping spoon! A flat squeegee tip and flexible sides to scrape your pan or bowl clean, a deep scooping head, measures teaspoons and tablespoons, and its clever handle design is like having a built-in spoon rest so your Supoon's head sits up off your counter. Heat resistant to 500 degrees. 11"

- ◆ #2911 Aqua Blue
- ◆ #2912 Black



NEW! Mini Supoon....\$7.99

Handy one-teaspoon version of our Supoon. Awesome for scraping every last little bit out of a jar or container. Great for serving dips, too. 8.1"

- ◆ #2914 Aqua Blue
- ◆ #2916 Black

NEW! Chopula....\$9.99

Award-winning spatula that's not only thin and flexible for flipping from the front, but also incredibly strong for chopping on its side. Chopula's clever handle design also lifts its head up off your kitchen counter when you put it down. 11.6"

- ◆ #2917 Aqua Blue
- ◆ #2918 Black





NEW! Authentic Italian Gelato
5 L tub (1.32 gallons)
\$39.99 | Just \$1.48 per serving



GF #2894 Caramel Sea Salt
Rich and creamy caramel gelato with a gentle touch of sea salt.

GF #2895 Raspberry Cheesecake
Creamy gelato infused with the sweet flavor of cream cheese and laced with a succulent raspberry swirl.

#2896 Chocolate Cookie Crunch
Luscious combination of rich chocolate gelato and crunchy Italian Cookie Crumble.

GF #2897 Mango Sorbetto
Pure and simple, dairy-free sorbet with mangoes from India as the first ingredient.



Thaw & Serve Triple Layer Bar S'more
Three mouthwatering layers: graham cracker base, marshmallow middle, and brownie top.
2.5 oz. bars / 12 ct. Box
#2887...\$22.99 | \$1.92 each



NEW! All-Natural Cheddar Cheese Curds

100% all-natural white cheddar cheese, direct from the Cheese Curd Capital of Wisconsin. Made from farm certified rBST free milk. Because of our unique proprietary process, Ellsworth Cheddar Cheese Curds retain more of their milky farm-fresh squeak and taste and set the standard for freshness and flavor. Tip: Want more squeak? Simply microwave for a few seconds to restore their fresh from the creamery squeakiness!

Natural White Cheddar Cheese Curds

GF 16 oz. bag
#2891...\$6.99

Garlic Cheddar Cheese Curds

100% all natural premium cheddar cheese curds with a mild roasted garlic seasoning.

GF 16 oz. bag
#2892...\$6.99

Natural White Cheddar Cheese Curds Snack Packs

Our famous Curds packaged in a convenient 2 oz. single serving size. Gluten-free, sugar free, low carb and portable.

GF 2 oz. / 24 ct. bags
#2893...\$23.99 | \$1.00 per bag



NEW! Shaved Parmesan Cheese

Flavorful, shaved slices of Parmesan for the true cheese lover! Add to salads, pasta, or charcuterie boards.

GF 8 oz. bag
#2886...\$4.99



NEW! Beef Jerky, Original

Made with 100% beef! 13 g. Protein. No added nitrates, nitrites, or MSG. 100 calories per pouch. 1.25 oz. / 10 ct.
#2898...\$32.99 | \$3.30 per pouch



NEW! Original Beef Stick

Made with 100% beef! 8 g. Protein. Great on-the-go snack.
GF 1.5 oz. / 24 ct.
#2910...\$42.99 | \$1.79 per stick



NEW! Au Gratin Casserole

Just add water and bake for a rich creamy au gratin potato casserole. Made from 100% real Idahoan potatoes sliced in a cheese sauce mix. No trans fat or cholesterol. Yield: 9 x 13" pan; approx. 17 svgs.
GF 20.35 oz. bag
#2903...\$9.99



NEW! Scalloped Potato Casserole

100% Idaho potatoes sliced and paired with a creamy white cheese and onion sauce mix. Just add water. Yield: 9 x 13" pan; approx. 17 svgs.
GF 20.35 oz. bag
#2904...\$9.99



NEW! Flame-Roasted Fuji Apples

Beautiful Fuji apples seasoned with cinnamon and brown sugar and flame roasted. Ready-to-eat. Serve them with everything from pork chops to pancakes to ice cream.
GF 2.5 lb. bag
#2905...\$10.99



NEW! trü frü Hyper-Dried Fruits in Chocolate

Nature's fruit, picked ripe, frozen fresh, and hyper-dried to lock in flavor and nutrition. Then immersed in chocolate. Non-GMO, made with clean ingredients.

- GF** 4.2 oz. bag
\$6.99
- ◆ #2900 NEW! Hyper-Dried Real Strawberries in Dark Chocolate
 - ◆ #2901 NEW! Hyper-Dried Real Mango in Dark Chocolate
 - ◆ #2902 NEW! Hyper-Dried Real Coconut Melts in Milk Chocolate



NEW! Mrs. Meyer's Clean Day Multi-Surface Lavender Cleaner

Safe to use as a floor cleaner, tile cleaner, on countertops, walls, and more Garden-fresh lavender clean floral scent.
16 oz. bottle
#2908...\$5.99



NEW! Mrs. Meyer's Clean Day Liquid Dish Soap Lavender

Concentrated, biodegradable liquid dish soap made from plant-derived ingredients. Lovely lavender scent makes dishwashing a lot more pleasant and leaves dishes shiny!
16 oz. bottle
#2909...\$5.99



It's been said that to make something this good, you need some kind of secret recipe. But there's no magic in this meat. Just hours of hardwood smoke, a craftsman's touch and 125 years of practice.



NEW
Cloverdale raw
bacon, 5 lb. pouch
on page 4!

★★★★★

"We love Daily's bacon. It's so quick and easy for breakfast. We love adding to soups, pizza toppings, and casseroles! Cooking is so clean and just quick in the microwave!"
Jazlyn Budge, Montpelier, ID

★★★★★

"Beats all other precooked bacon! I am used to paper-thin precooked bacon from the big membership club. This was a pleasant surprise: much thicker and great flavor! And packaged nicely in two bags. Perfect. Will be back for more."
Sandra Felchle, Denhoff, ND

#1 Quality Precooked Hickory Smoked Bacon Slices

Keeps 6 months refrigerated, 9 months frozen.
Microwave, heat and eat.
GF 300 slices per box
#4835...Reg. \$65.99
Sale \$62.99 | .21 per slice



Applewood Precooked Bacon

Double-smoked applewood bacon for the bacon connoisseur. Bolder flavor than our #4835 bacon.
GF 300 slices per box
#9137....\$65.99 | .22 per slice



Country Style Pork Sausage
Mildly-seasoned ground pork sausage, raw.
GF 5/1 lb. chubs
#2550....\$24.99



Thick Cut #1 Quality Bacon, Raw
GF 24 oz. pack....\$11.99

- ◆ #8464 Deep Applewood Smoked
- ◆ #8465 Peppered
- ◆ #8463 Honey Cured



Our pork is raised and processed in the USA.



Original Cooked Breakfast Sausage Patty, 2 oz.
All-natural, fully cooked pork breakfast sausage patties.
Less shrinkage. No MSG.
GF 40 ct./5 lb. bag
#1399....\$23.49



★★★★★
"As a Jimmy Dean snob, I was skeptical of these patties but they were amazing and are great, pre-cooked for a quick breakfast addition."
Cherilyn Reynolds, Moore, ID



Cooked Original Breakfast Pork Sausage Links, .8 oz.
#1 breakfast sausage brand in America! Traditional all-natural 3.75" pork breakfast links.
Fully cooked; no MSG.
GF 5 lb. bag
#1400....\$23.99



Bulk cases mean big savings!



Fully Cooked Skinless Pork Sausage Patties
GF 96 ct., 2 oz. size/12 lb. case
#4063....\$59.99

Compare our price of just \$4.99/lb. to Schwan's cost of \$6.33/lb. and save 21% with Alison's Pantry!

Cases will show 'Received' date and have 6 months of shelf life past that date.



◆ **Fully Cooked Skinless Pork Sausage Links**
GF 240 ct., .8 oz. size/12 lb. case.
#5464....\$59.99

◆ **Fully Cooked Pork Sausage Links**
GF 240 ct., .8 oz. size/12 lb. case
#4062....\$59.99

Compare our price of just 25¢ to Schwan's cost at 44¢ per link and save 43% with Alison's Pantry!

Cases will show 'Received' date and have 6 months of shelf life past that date.





Homestyle Breakfast Bake, Sausage and Country Gravy

Make holiday breakfasts easy! This hearty casserole is crafted from Bob Evans Sausage, country gravy, potatoes, scrambled eggs and cheddar cheese. Can be baked from frozen.

5 lb. tray
#2814...\$19.99



SAVE \$1.00



Sausage, Egg & Cheese Croissant

Microwave or oven bake. IW

12/4.5 oz. box
#4454...Reg. \$19.99
Sale \$18.99 | \$1.58 each



Sausage, Egg & Cheese Biscuits

Microwave or oven bake. IW

12 ct./4.9 oz. box
#5354...\$21.99 | \$1.83 each



Meat Lovers Maple Stuffed Biscuits

Tender biscuits with maple flakes in the batter stuffed with scrambled eggs, smoked bacon, ham, sausage, and cheddar cheese.

24/4 oz. biscuits
#1160...\$37.99 | \$1.58 each



Hearty Breakfast Bowls

Enjoy a hearty breakfast even when you're in a hurry! Just heat and eat this savory bowl of sausage, eggs, cheddar, peppers and onions.

GF 24/6 oz. bowls
#2637...\$52.99 | \$2.21 each



Precooked Omelet Variety Pack

Fluffy, precooked omelets made with whole eggs; just heat and serve. 20 Cheddar Cheese; 20 Ham, Peppers, and Onions.

GF 40 ct. / 3.5 oz.
#1161...\$64.99 | \$1.62 each



Personal Breakfast Pizzas

Crisp crust topped with mozzarella cheese, mild jalapeno cheese sauce, breakfast sausage, scrambled eggs, cheese and bacon. Microwaveable. IW.

9/6.9 oz. pizzas
#2638...\$30.99



Sausage, Egg & Cheese Buttermilk Biscuits

16/4 oz. biscuits
#4842...\$20.99 | \$1.31 each



Sausage & Gravy Stuffed Buttermilk Biscuit

16/4 oz. biscuits
#4844...\$20.99 | \$1.31 each



Hash Browns Stuffed with Ham & Cheese

Real crispy hash browns on the outside and melty ham and cheese on the inside.

24 / 3.75 oz. patties
#2244...\$39.99



Homestyle Waffles

72 ct. waffles
#1498...\$16.99



Belgium Pearl Sugar Waffles

Pre-baked, yeast-raised waffle dough with caramelized pearl sugar (like waffle trucks!) Light, crispy, and soft. IW.

12 ct. / 3.17 oz. waffles
#1811...\$17.99 | \$1.50 each



Cinnamon French Toast Sticks

Bake, fry or toast.
52 sticks / 56 oz. box
#1499...\$12.99



Mini Bagels, Cinnamon Creamy Cheese

Whole-grain bagels filled with cinnamon Neufchatel cheese, individually wrapped in heat-and-serve ovenable pouches.

36/2.43 oz. packs
#2410...\$29.99



All-Natural Peppered Bacon Wrapped Pork Fillets

Pork tenderloin fillets (approx. 1/3 lb. each) wrapped in flavorful peppered bacon. Delicious on the grill, baked, or pan-fried.

GF 3 / approx. 6-7 oz. fillets
#2681....\$11.99

Buy in bulk and save 31% on a case of 48 fillets at alisonspantry.com.



★★★★★
"We seared these in a pan on each side and then popped them in the oven until they reached an internal temperature of 145°. They are so yummy! They make such a quick, delicious dinner."
Mary Rogers, Fernley, NV



Applewood Smoked Master Carve Half Ham

Product is frozen before shipping which extends its shelf life for 6-9 months beyond the printed use or freeze by date.

Sweet, tender ham made from fresh outside muscle only and slow smoked with real applewood. Boneless, fully cooked, natural juices. Distinctive flat shape for carving boards. Just slice and serve. Pork raised without antibiotics. Approx. 4 lb.
#2715....\$17.99



Bone-In Ham Steaks

Fully cooked, hearty ham steaks. Individually vacuum sealed for freshness.

GF Big 1 lb. steaks, 4 per order
#5659....\$24.99



Smoked Canadian Bacon, Sliced

Smokey sweet Canadian Bacon made from pork sirloin hips. Frozen.

GF 32 oz. pouch / .75 oz. slices
#2744....\$14.99



St. Louis Rib Pork Patty

100% boneless, unsauced quarter-pound pork patty. Specially shaped with raised ribs, just like the ones from a popular fast-food restaurant.

40 / 4 oz. patties
#2094....\$51.99 | \$1.30 each

★★★★★
"Unexpected guests for dinner? No problem if you have these gems in your freezer. Just grill, add BBQ sauce and candied jalapenos and onions, your guests will love them!"
Marty Hinkel, Worland, WY



Ultimate Heat & Serve Brats

#1 Brats in the U.S.! Fully cooked, premium, coarsely ground pork bratwurst sausage in a 5.75-inch collagen casing, already browned with grill marks. Flame-grilled for superior flavor. Heat and serve. No MSG.

GF 5 lb. bag / 25 ct.
#1396....\$26.99





SAVE \$2.00



Smoke Craft Pulled Pork in BBQ Sauce

Tender roasted pork, hardwood smoked, pulled, and mixed with a legendary BBQ sauce. Reduced sodium. No added MSG. 16/5 oz. servings.

GF 5 lb. bag
#2108....Reg. \$30.99
Sale \$28.99

★★★★★

"I served a bag of this pulled pork for a party. I put it in the crock pot for about 4-5 hrs before the party and it smelled just like I was at a BBQ restaurant. I loved the flavor of the smoked meat and the sauce was a great flavor of BBQ. We served 11 adults & 4 kids and had a small tray left over for lunch the next day. I have already added another bag of this to my order for next month. You never know when you will need to feed a crowd."

Breanne Nilhas, Ellis, KS



PORK | FROZEN



Nacho Average Meal!

Upgrade basic nachos by topping with BBQ Pulled Pork, sliced red onion, and jalapenos to turn them into a hearty meal.



Smoke Craft Pulled Pork (Unsauced)

Fully cooked, naturally hickory smoked pulled pork. Free of the 8 common food allergens as defined by the FDA. No added hormones ever.

GF 5 lb. bag
#1677....\$33.99

Keto Friendly



Pork Loin Center Cut Chops

Bone-in, Raw, lean and trimmed. Marinated for added tenderness.

GF 40/4 oz., 10 lb. case
#2184....\$57.99 | \$1.45 each

Compare our price of \$5.79 per lb. to Schwan's cost of \$9.00 per lb. and save 36% with AP!

Keto Friendly



Olive Oil Ciabatta

4 in. Buns
24 ct. case
#1051....\$14.49



Original Pork Brats

No artificial flavors or colors. Raw pork brats. No MSG.

GF 14 ct. / 3.5 lbs.
#1401....\$15.99
Just \$1.14 each!



Bratwurst Minis

Fully-cooked. Skinless. Approx. 50-3.5" links per package. Oven bake, grill, or griddle.

GF 5 lb. pack
#4843...\$24.99



Lit'l Smokies® Cocktail Links

Pork, turkey, and beef smoked to perfection. Fully cooked.

GF 3 lb. pouch
#6042....\$23.99



SAVE \$200



All Meat Premium Corn Dogs
 Plump pork & beef franks.
 Generous 50/50 meat-to-batter ratio.
 60/2.67 oz. case
 #1182....Reg. \$39.99 | Sale \$37.99



★★★★★
 "These are really yummy. I love a good corn dog every once in a while and these fit the bill. The breading is just the right amount of sweet. My kids love them too!"
Celeste Bosch,
 Logandale, NV



Chicken Mini Corn Dogs
 Mini chicken franks wrapped in honey crunch batter.
 120/.67 oz., 5 lb. bag
 #1581...\$21.49

★★★★★
 "These are great! I make them in the air fryer and serve them with mac. They are great for kids but us adults like them too."
Jennifer Hilton,
 Velva, ND



Fully Cooked Chicken Fries
 White meat chicken in the ideal shape for dunking.
 Ready to enjoy in minutes from the oven or microwave.
 2 / 5 lb. bags; 10 lb. case
 #1618....\$36.99



Panko Breaded Chicken Breast Tenderloins
 Made with white-meat chicken and 20% less breading. 100% all-natural ingredients—no antibiotics ever, no added hormones or steroids. Raw.
 5 lb. bag
 #1615....\$24.99



Breaded Chicken Tenderloins
 All-natural, lightly breaded breast tenderloins. Fully cooked.
 2/4.5 lb. bags / 9 lb. case
 #6214...\$45.99



Dino Buddies Chicken Nuggets
 Fully cooked, No artificial ingredients. Frozen.
 5 lb. box
 #1258...\$21.99



Crispy Chicken Breast Strips
 All-white meat chicken in a crunchy golden batter. Raised with no antibiotics ever. No fillers, no added hormones or steroids. About 8 servings/bag.
 1.5 lb. bag
 #1130....\$8.99



Pilgrim's Popcorn Chicken
 Popcorn-shaped, breaded chicken breast with rib meat. No antibiotics ever.
 24 oz. bag
 #2763....\$7.99



Due to nationwide chicken shortages, some products may be temporarily unavailable or experience sudden price changes. Please visit alisonspantry.com for most current info.



Stuffed Chicken Entrées feature crispy breaded chicken breast, stuffed with flavorful filling. Just wrap in foil and oven bake from frozen. 100% Natural. Made With White Meat Chicken. Whole Grain Breading. 0 Grams Trans Fat. No Hormones, Nitrates, or Preservatives. Delicious, grown-up flavors for a healthy indulgence.

POULTRY | FROZEN

Chicken Cordon Bleu
Stuffed with smoked ham and swiss cheese.
25/5 oz. box
#8553...Reg. \$36.99
Sale \$33.99 | \$1.36 each



SAVE \$3.00

★★★★★
"My daughter absolutely LOVES these! They are delicious and a great, easy, dinner paired with a veggie and some rice."
Stephanie Curr, Gering, NE

Chicken with Broccoli & Cheese
Crispy breaded chicken breast filled with broccoli blended with Swiss and American Cheese.
25/5 oz. box
#8555...\$36.99



All-Natural Chicken, Brie, and Apple Entree
Sweet apples, cranberries and natural Brie cheese inside chicken breast meat with whole grain breading. Raw. Bake and serve.
2 / 5 oz. entrees/10 oz. box
#4849...\$6.99



Chicken Kiev
Crispy breaded chicken breast filled with a butter blend.
25/5 oz. box
#8561...\$36.99



100% Natural Chicken Breasts
Boneless, skinless breasts with rib meat. Ice glazed to prevent freezer burn. Raw. Irregular, #2 product, packaged under the Sunland label. Size of breast pieces will vary.
GF 4 lb. bag
#5513...\$16.99



Chicken Breast Tenders
Juicy tenders to enjoy in stir fry, fajitas, kabobs, and more. Irregular, #2 product, packaged under the Sunland label. Size of pieces will vary. Raw.
GF 4 lb. bag
#6829...\$14.99



Realgood
Bacon Wrapped Stuffed Chicken Three Cheese
Low-carb, Keto-friendly, delicious bacon-wrapped stuffed antibiotic-free chicken filled with mozzarella, parmesan, and fontina cheeses. 1 g. net Carbs; 32 g. Protein per serving.
GF 16/6 oz. servings
#2762...\$49.99
\$3.12 each



Applewood Bacon Wrapped Chicken Breast Fillets
Boneless, skinless chicken breast fillets wrapped in applewood-smoked bacon slices. Raw.
GF 3/approx. 6.5-7 oz. fillets
#2680...\$11.99
Buy in bulk and save 15% on a case of 48 fillets.





SAVE \$200

★★★★★
 "These are so good!! Super quick to make, and you have a delicious main dish for dinner. I bought 4 boxes already!"
Darci Baker, Glendive, MT



Mediterranean Style Chicken Breast Skewers

Fully-cooked, hearty portions of grilled skewered chicken breast with Mediterranean seasoning.

GF 18/2.5 oz. skewers
 #1801....Reg. \$35.99
 Sale \$33.99 | \$1.89 per skewer



Homestyle Breaded Chicken Tenderloins

Raw. Fry or bake. Tenderloins carefully cut from the juiciest part of the breast; marinated to keep them extra moist and flavorful.
 2-3 oz. size. 2/5 lb. bags, 10 lb. case
 #6219...\$45.99 | \$4.60 per lb.



Bacon Wrapped Turkey Fillets

Tender turkey fillets wrapped in thick, flavorful bacon.
 GF 3 / Approx. 6 oz. fillets
 #1614....\$11.99



Black Label Carving Turkey Breast

Fully cooked. No added hormones, no starches added. 1 year freezer life.
 Approx. 20 servings.
 GF 5.5-6 lb.
 #9197...\$29.99



#1 Ground Turkey, Frozen

Premium ground turkey is 85% lean / 15% fat.
 GF 12/1 lb. chubs
 #3568...\$38.99



1/2" Diced Chicken Breast Pieces

Tender fully-cooked 1/2" pieces of superior-quality, lean breast meat. They can be heated in less than 10 minutes and added to soups, tacos, nachos, casseroles, pot pies, and Pasta Alfredo.

GF 2 / 5 lb. bags
 #2546....\$59.99



Sizzle Strips Fajita Seasoned Chicken Breast Strips

Fully-cooked chicken breast with rib meat strips with mild fajita seasoning and grill marks. Warm and serve in a tortilla with peppers and onions, on a protein bowl, or atop a salad.

GF 5 lb. bag
 #1054....\$33.99



DETOX LEMON DILL CHICKEN SOUP

SHAMMY'S QUALITY MEATS, INC.
Quality And Service at its Core

Chicken Breast Pieces

95% lean, randomly-cut chicken breast pieces, perfect for soups, stir-fry, etc. Raw.
GF 5/1 lb. packs
#2620....\$15.99



Lemon Herb Butter

100% Real butter with the brightness of lemons and herbs. Adds slow-cooked flavor to recipes. Heavenly melted over seafood or vegetables.
0 Carbs.
GF 10 oz. tub
#8879....\$9.19



- 5 oz Chef Shamy Lemon Herb Finishing Butter (#8879)
- 1 lb Chicken Breast, cubed (#2620)
- 2 cups sliced Celery
- 2 cups Flav-R-Pac Sunshine Carrots
- 1 cup Flav-R-Pac Chopped Onion (#5772)
- 16 oz egg noodles (#2479)
- 8 cups water + 2 1/2 Tbsp Custom Culinary Chicken Base (#1040)
- Pepper to taste (#1029)

In a large pot melt 3 oz of butter, then add chicken. Saute until nearly cooked through then add remaining butter and stir in celery, carrots, and onion. Cook for 3 minutes. Add broth and bring to a boil. Add noodles and cook for 12 minutes or until tender. Serve with pepper to taste.



Zesty Orange Sauce

The sweet tang of citrus complemented by garlic, soy, toasted sesame and ginger.
GF 0.5 gallon jug
#2989....\$13.99



Tempura Battered Chicken Breast Strips

Uncooked Tempura-battered whole breast meat strips with a light, golden battered coating.
10 lb. case
#7102....\$55.99



Sweet & Sour Sauce

Sweet, tangy sauce with chunks of pineapple, diced tomatoes, green peppers and onions.
0.5 gallon jug
#1265....\$11.99



Breaded Chicken Breast Nuggets

One year frozen shelf life.
.7 oz. size, 2/5 lb. bags, 228 nuggets
10 lb. case
#6220...\$44.99



Boneless Zings Chicken Breast Chunks

Spicy boneless breaded breast chunks, fully cooked. Made from premium solid-muscle breast meat.
5 lb. bag
#6588....\$31.99



Boneless Dings Chicken Breast Chunks

Marinated, breaded fully cooked boneless chicken breast chunks.
5 lb. bag
#6587....\$34.99



Breaded Chicken Breast Patties

Breaded chicken breast with rib meat.
45/3.6 oz. size, 2/5 lb. bags, 10 lb. case
#6221...\$34.99



Tempura Chicken Breast Nuggets

Made with 100% breast meat with crispy tempura batter. Par-fried. Fry or bake.
2/5 lb. bags, 10 lb. case
#6838...\$36.99



USDA Choice Seasoned Flat Iron Steaks

Similar flavor to fillet mignon without the high price tag. Cryo-vac'd pkgs. GF 12/6 oz. steaks #6044.....\$74.99



Steakhouse Butter
 Chef Shamy calls this "dangerously delicious!" Its deep, rich flavor with a hint of red pepper heat makes it perfect for sauteing or as a finish to meats and vegetables. GF 10 oz. tub #2615.....\$9.19



"We've done these a few ways and love them! They work great marinated and cooked on a pellet grill or fried on the Blackstone. They are absolutely amazing with a dollop of Garlic or Steakhouse Butter added a couple of minutes before you take them off the grill or griddle. They are vacuum sealed individually with perforation between each one, so thawing out only what you need is very convenient. No trimming is necessary. They are very good cuts of meat! They also come in a sturdy box that fits nicely on a shelf in our deep freeze."

Craig Cramer, Collyer, KS

Flavorful. Tender. Juicy.
 Our beef is raised and processed in the U.S.A.



Certified Hereford Choice Flat Iron Steaks
 Naturally flavorful beef from premium breeding. GF 6/8 oz. steaks #1554.....\$34.99




Carne Asada Steak
 1/4" cubes, raw, diced, unseasoned flavorful beef eye of round for traditional Carne Asada. Pair it with our Carne Asada Seasoning (#7378). GF 2/1.5 lb. pkgs. #1755.....\$18.99




Fully Cooked Sirloin Beef Skewers
 Just heat and eat these tender skewers as an entree, on salads, in wraps or bowls. Excellent source of protein: 20 g per svq.! Real grill marks. GF 30 ct. / 2.81 lb. box #1395.....\$52.99 | \$1.77 each




Bacon Wrapped Beef Filet Mignon
 Flavorful thick-cut bacon wrapped around a tender beef filet. Raw. GF 2/8-9 oz. fillets #2558.....\$20.49




Fully Cooked Roast Beef
 Fork-tender beef pot roast in natural juices. Approx. 11-3 oz. svgs. GF 2 lb. pouch #2289.....\$18.99




Breaded Steak Fingers
 One ounce ready-to-dip fingers! 160/1 oz. fingers, 10 lb. case #8565.....\$65.99




Country Fried Steak
 Raw and breaded. Deep fry for best results. IQF to guarantee freshness. 40/4 oz. steaks, 10 lb. case #4613.....\$65.99



GARLIC BUTTER BEEF CHILI

- 4 Tbsp. Chef Shamy Garlic Butter with Parmesan & Basil (#8124)
- 2 cups Flav-R-Pac Chopped Onion (#5772)
- 1-2 jalapeño peppers, finely chopped (with seeds)
- 2 lbs ground beef (#2549)
- 2 Tbsp. ground cumin (#1442)
- 1 ½ Tbsp. chili powder (#1014)
- 2 tsp paprika (#1697)
- 1 tsp salt (#1146)
- ½ tsp cayenne (optional)
- 14 oz can crushed tomatoes
- 15 oz can tomato sauce
- 2 cups water + 1/2 Tbsp Custom Culinary Beef Base (#1039)
- 14 oz can kidney beans, drained
- 14 oz can black beans, drained
- Toppings: Sour Cream & Tillamook Medium Cheddar Shredded Cheese (#1866)

Melt Garlic Butter in a large pot over medium heat. Add onions and jalapenos, and saute 3-5 minutes, until soft. Add the ground beef to the pot. Cook until browned, breaking up big chunks with a wooden spoon. Stir in the cumin, chili powder, paprika, salt, and cayenne pepper (if desired). Mix in crushed tomatoes, with juices, tomato sauce, beef broth and drained beans. Stir everything together and simmer 60 minutes. Serve with sour cream, cheese, cilantro, and cornbread.



Ground Beef, 85/15
Fresh frozen ground chuck. Raw.
GF 5/1 lb. chubs
#2549.....\$27.99



Garlic Butter with Parmesan & Basil
Gourmet, savory real butter recipe.
GF 10 oz. tub
#8124.....\$9.19



USDA Choice Beef Stew Meat
Tender chunks of Choice beef. Raw; frozen.
GF 3 lb. bag
#2607.....\$18.49



100% Beef 3-Way Blend Hamburger Patties
Juicy, flavorful blend of USDA ground chuck, ground sirloin, and ground brisket. 80/20. 100% beef, no fillers.
GF 40/4 oz. patties
#2621.....\$54.99 | \$1.37 each



Olive Oil Ciabatta 4 in. Buns
24 ct. case
#1051.....\$14.49



Quarter-Pound All Beef Franks
6" all beef franks.
100% Kosher beef.
No fillers, by-products, artificial flavors, or colors.
GF 5 lb. pouch
20 franks
#2765.....\$29.99
\$1.50 each



◆ **2121 Campfire Candy**
Diced jalapenos with onions, garlic, vinegar and red bell pepper, sweetened with non-GMO organic cane sugar.

◆ **2293 Cowgirl Kisses**
Candied jalapenos with sweet pineapple; hot & sweet!

◆ **2294 Cowpoke Smoke**
Candied jalapenos with warm smoky flavor. Try it on roast beef and brats!



Sweet and spicy toppings for cream cheese, hot dogs, pulled pork, and more!
GF 11.5 oz. jar
\$7.49



100% Beef Hamburger Patties
75/25 lean to fat ratio, with no soy, fillers, additives, or MSG. 100% pure ground beef.
GF 24 / 4 oz. / 6 lb. case
#1075.....\$23.99 | \$1.00 each

Jumbo 1/3 lb. Cheddar & Bacon Stuffed Beef Patties
Stuffed with pieces of smoky bacon and shredded Cheddar cheese.
GF 6 patties/2 lb. box
#8377.....\$10.99



Deli Craft French Dip Kit
1 lb. oven-roasted whole-muscle USDA Choice beef sirloin, trimmed to 95% fat free, and thin sliced. Reduced sodium. No added MSG. Comes with a 1 lb. packet of Au Jus. Stack on our Tuscan Mini Dinner Loaves (#8196) for hearty French Dip sandwiches.
GF 2 lb. box
#2103.....\$12.49



SAVE \$1.00



Ultimate Fish Sticks
No preservatives, no artificial ingredients. Light all-natural breading. Bake or fry.
62/1 oz. sticks/4 lb. bag
#2809....Reg. \$24.99 | Sale \$23.99

★★★★★
"Hands down the best fish sticks around! These aren't filled with minced fish or fish flavored breading. They are THICK pieces of fish to make the perfect fish stick. A family favorite and definitely something we will re-purchase."
Victoria Reinart,
WaKeeney, KS



Pub-Style Battered Cod
Wild-caught; no artificial colors, flavors or preservatives. Certified Sustainable Seafood. Bake or fry.
2-3 oz. pieces/2.5 lb. box
#2807...\$18.49



Beer Battered Halibut Fillets
100% natural, untreated, whole muscle fish. Coated with a crisp, Samuel Adams Boston Lager batter.
2 oz. fillets / 2.5 lb. bag
#1125....\$39.99



Atlantic Salmon Portions, IQF
Individually vacuum-sealed portions of Atlantic Norwegian salmon. Boneless, skinless. Processed in Norway.
GF 4 oz./2 lb. bag
#8669...\$29.99



Wild-Caught Alaskan Sockeye Salmon Portions
Skin-on. Individually vacuum sealed. Product of USA.
GF 4/6 oz. portions
#2239....\$23.99



Tilapia Fillets
Premium boneless, skinless Tilapia Fillets. Farm-raised.
GF 3-5 oz./10 lb. case./Approx. 40 fillets
#8027....\$49.99



Cod Fillets, Skinless
Mild tasting, wild-caught cod fillets. Individually wrapped in cellophane.
GF 5 lb. box
#8026....\$46.49



Wild Pacific Halibut Portions
Wild-caught, sourced from the Pacific Ocean. Skin-on; sustainably-fished. 4/4 oz. fillets.
GF 16 oz. bag
#8028....\$22.99



Lobster Sensations
Lobster is the first ingredient of this rich, delicious, versatile, and affordable blend of North Atlantic lobster meat and premium surimi seafood. Can be served hot or cold. Try adding it to our Lobster Bisque for a hearty variation.
1 lb. pouch
#2813....\$14.99



SAVE \$200



Gold Pack Fantail Shrimp
Mrs. Friday's most popular breaded shrimp! Jumbo, premium quality, 100% natural shrimp, hand-coated in light and crispy Japanese Panko breadcrumbs. Known for its superior flavor, texture, and size. U15.
2.5 lb. box
#1061....Reg. \$29.99 | Sale \$27.99



Stuffed Breaded Shrimp Bakers
This oven-ready treat tops a succulent butterfly shrimp with a flavor-rich seafood mixture, coated with a buttery glaze. They're a hit at any party!
3 lb. box
#2792....\$38.99



Classic Marinated Shrimp Skewers
Ready to cook. Griddle or oven bake.
12 skewers/1 lb. 5.6 oz. box
#8270....\$16.99



Cooked & Peeled White Shrimp, 31/40
Sweet white shrimp with a firm bite.
GF 2 lb. bag
#1812....\$21.99



Coconut Breaded Jumbo Butterfly Shrimp
Premium, peeled and deveined, tail-on shrimp coated with a shredded coconut breading for a unique crunch with just the right sweetness. 16/20 ct.
2.5 lb. box
#3013....\$29.99



Shrimp Scampi
Raw, peeled & deveined shrimp in a smooth garlic butter sauce. Farm-raised. Product of India. 31/40.
12 oz. bag
#1927....\$10.99



Black Tiger Shrimp
Tail-on. 16-20. Frozen.
GF 2 lb. bag
#2806....\$27.99



Shrimp, Peeled & Deveined
White shrimp sourced from Indonesia and Vietnam. 26/30 ct. Tail-off. Raw.
GF 2 lb. bag
#1545...\$19.99



Buttermilk Breaded Popcorn Shrimp
Whole, not minced, shrimp! Select, round, tail-off, peeled shrimp coated in a unique, country buttermilk breading for a hearty crunch. Avg. 75 ct. shrimp/lb..
Oven, deep fry, or air fryer. Delicious as-is with dips, on salads, or in crunchy shrimp tacos or wraps!
2.5 lb. box
#1062....\$18.99



Premium Alaskan Salmon Burgers
Salmon patty is made with the finest wild, ocean-caught, deep skinned Alaskan Salmon, herbs and spices.
GF 12 ct./3 lb. bag
#2808....\$29.99



Moji Sushi Spicy Crab Sushi Rolls
Minced wild caught Alaskan white fish surimi and real crab with carrots, sesame seeds, and kicky sriracha.
8 rolls per tray.
4/6 oz. trays
#2248....\$23.99

Moji Sushi Classic California Sushi Rolls
Creamy avocado, surimi, rice and sesame seeds. Surimi is minced wild caught Alaskan white fish, real crab, and premium shellfish flavorings.
8 rolls per tray.
4/6 oz. trays
#2247....\$23.99



Just thaw and serve!



Beef Tamales

Shredded and ground beef seasoned with chili pepper and spices and wrapped in traditional corn masa and a corn husk, then steamed.

40 ct. / 5 oz. case

#1657....\$54.99 | \$1.37 each

★★★★★
 "I get authentic tamales a couple times a year when I can. I decided to try these and they are so good! I was definitely surprised!"
Melissa Johnson,
 Voltaire, ND



Chimichangas

Meat and cheese in a lightly par-fried flour tortilla.

12 / 5 oz. case...\$23.99

◆ #1873 Shredded Steak & Cheese

◆ #1874 Shredded Chicken



America's #1
 Frozen Burrito!

Butcher Wrapped Shredded Steak & Cheese Burritos

Savory shredded steak, cheddar cheese, mozzarella cheese, Monterey Jack cheese and Mexican spices in an oven-baked flour tortilla. Generously sized. Comes frozen. Bake, microwave, or deep fry. IW.

12 / 8 oz. burritos

#8848....\$24.99



Bean & Cheese Burritos, IW

Creamy pinto beans, cheese, and mild diced jalapenos in a baked flour tortilla.

24/5 oz. case

#2245....\$18.99 | Just .79 each!

Beef & Bean Burritos, IW

Ground beef and pinto beans seasoned with chili peppers and spices in a flour tortilla.

24/5 oz. case

#2246....\$19.99 | Just .83 each!



Egg, Sausage, & 3 Cheese Breakfast Burritos

Stuffed with whole eggs, savory sausage and three velvety, melted cheeses—American, Monterey Jack and Cheddar.

12/7 oz. burritos

#4845....\$26.49 | Just \$2.21 each



Burrito Variety Pack

15 Beef & Bean, 15 Bean & Cheese.

5 oz. / 30 ct. box

#7368....\$24.99



Shredded Beef Taquitos

Crisp corn tortillas filled with shredded beef, pre-fried. Bake, microwave, or fry.

1.1 oz./48 ct. box

#8269....\$21.99



Tornados' unique twist on flavor and texture make it an instant sensation. Dipped in flavorful batters and fried to golden perfection. Every bite of a Tornado is packed with flavor.

Tornados

24/3 oz. case....\$22.99

◆ #2928 Ranchero Beef Steak & Cheese

Our Ranchero red sauce, shredded steak and real cheese.

◆ #2926 Sausage, Egg & Cheese

Breakfast basics with a kick of salsa.

◆ #3105 French Toast & Sausage

Maple sweetness and savory sausage.

24/3 oz. case....\$24.99

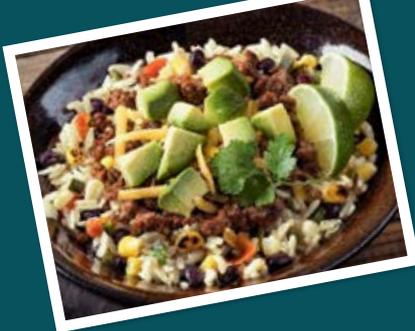




SAVE \$100



Cilantro Lime Rice & Fire-Roasted Corn Fiesta
 Take this blend of brown rice, black beans, fire-roasted corn, poblanos, tomatoes, onions and a savory cilantro lime seasoning from pan to plate in less than 10 minutes! 3 g. Fiber; 5 g. protein.
GF 2.5 lb. bag
#2761....Reg. \$11.99 | Sale \$10.99



Try this!

Use Simplot Cilantro Lime Rice & Fire-Roasted Corn Fiesta as a flavorful base for taco bowls. Top with seasoned fajita meat (#2609 Chicken or 2604 Beef), taco meat, and your favorite toppings for hearty south-of-the-border bowls.



Chicken Breast Strips for Fajitas
 Lean, raw strips of chicken breast for fajitas or chicken stroganoff.
GF 3 lb. bag
#2609....\$13.49

Beef Strips for Fajitas
 Tender strips of choice and select beef for juicy fajitas.
GF 3 lb. bag
#2604....\$24.99



Fajita Blend
 Onion strips, with red, green and yellow bell pepper strips.
GF 4 lb. bag
#2069.....\$9.49
 Compare our price of \$2.37/lb. to Schwann's Fajita Vegetable Blend at \$5.49/lb. Save 57% with AP!



Tagge's Famous Salsa
 Tagge's Famous Farms fresh produce bottled into flavorful, kicky salsa recipes. We think they're addictive!
GF 17 oz. jar
\$7.99



- ◆ #1154 Sweet Corn Salsa, Mild
- ◆ #1155 Brigham City Peach Salsa, Mild



Baja Vegetable Roast
 Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.
GF 2 lb. bag
#5353.....\$7.99



Flame-Roasted Sweet Corn and Jalapeno Blend
 Perfectly flame-roasted sweet corn with white corn and a blend of jalapeno, green onion, garlic, cilantro and seasoning.
GF 2.5 lb. bag
#1984....\$9.99



Carne Azteca Precooked Carne Asada Steak
 Flame-seared, flavorful, tender steak cut for street tacos and lightly seasoned. Great for nachos and salads, too!
 Fully cooked; medium rare. Trimmed to 97% fat free.
 No soy or MSG.
GF 2.5 lb. pack
#1393....\$31.49



Raspberry Cheesecake Bites
 Sweet and creamy cheesecake paired with raspberry topping in an oven-baked and battered flour tortilla.
 24 Bites per box.
 4 / 6 ct. bags / 2 oz. bites
#8850...\$20.99



Harvest Fresh Avocado Dices
 Quick-frozen rich, buttery Hass avocados. No mess; no waste! Thaw needed amount of dices overnight under refrigeration.
GF 2 lb. bag
#1645....\$13.99



Fiesta Guacamole
 Flavorful guacamole with medium kick from red and jalapeno peppers. Comes frozen.
GF 12 oz. tub
#1060...\$5.99

Save 15% when you buy by the case of 6 tubs at alisonspantry.com.



SHEET PAN MEATBALL, GNOCCHI & VEGGIE BAKE

- 1/2 bag Rana Meals Solutions Potato Gnocchi (#2754)
- 1/2 bag Rosina Italian Style Meatballs (#9142)
- 2 1/2-3 cups Flav-R-Pac Fajita Blend (#2069)
- 3.4 oz. container mushrooms, sliced
- 1 zucchini, sliced
- 1 1/2 cup marinara sauce
- 8 oz. fresh mozzarella, cubed
- For garnish, fresh basil, crushed red pepper flakes, and grated Parmesan cheese

First, preheat oven to 425F. Then, line a Crestware Cookie Sheet (#4020) with Kirkland Premium Quality Foodservice Foil (#1963). Now, spread the gnocchi, meatballs, and vegetables on the sheet. Then, add dollops of marinara sauce throughout the pan. Next, bake for 20 minutes, stirring halfway. Then, spread the mozzarella throughout and place back in the oven until the cheese is melted, about 5 minutes. Remove from the oven and garnish with fresh basil, crushed red pepper flakes, or freshly grated parmesan cheese. Enjoy!



Potato Gnocchi

Frozen foodservice pack of potato gnocchi. Boil for a traditional, softer bite or cook in a skillet for a crispy texture on the outside, with a soft, tender center.
2.2 lb. bag
#2754....\$11.99

Italian Style Meatballs

Savory 1/2 oz. beef blend meatballs, fully-cooked. Oven-baked, not fried. No MSG added.
52 oz. bag
#9142....\$13.99



Homestyle Meatballs

Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese. Approx. 52 1/2 oz. meatballs per bag.
26 oz. bag
#8963....\$8.49



Six-Cheese Jumbo Ravioli

Precooked; filled with Ricotta, imported Romano, Parmesan, Monterey Jack, mozzarella, and cheddar cheeses. Approx. 40 ravioli.
2.65 lb. bag
#3493....\$14.99



Beef Ravioli

Tender freshly made pasta stuffed with a zesty beef filling. No MSG. Serves 5.
22 oz. bag
#8964....\$6.99



Tri Color Tortellini

Small pasta rings stuffed with a rich Ricotta cheese blend.
5 lb. bag
#1815....\$21.49

DeLORIO'S

Pizza Dough Balls

Thaw overnight, then roll into pizza crusts, breadsticks, and calzones. Homemade flavor. 1W
16 oz. / 10 ct. case
#2377....\$19.99 | Just \$2.00 each!



NEW! Uncured Sliced Pepperoni

Made from all-natural pork, raised with no antibiotics ever. No nitrate or nitrite added except for those naturally occurring in sea salt and celery powder. Creminelli Fine Meats has won 11 national food awards for their products!

GF 2.5 lb. bag
#2881....\$24.49



Stuffed Rigatoni with Cheese

Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen.
2.5 lb. bag
#1431....\$10.99

Photo shows recipe suggestion.



Cauliflower Pizza Crusts

Cauliflower is the first ingredient! Less than half the sugar of leading gluten-free pizzas, and packed with protein, fiber, and nutrients.

◆ #1546 2/10" crusts (12 oz. pack)
\$8.99 | \$4.50 per crust GF

◆ #1547 12/10" crusts (72 oz. pack)
\$34.99 | \$2.92 per crust GF



10" Gluten-Free Extra Protein Pizza Crust With Raised Edge

Delicious raised-edge, gluten-free crust that cooks, cuts and crunches like a traditional pizza without the guilt.

GF 12/9.5 oz. crusts
#2573....\$41.99
\$3.50 per crust





BBQ Teriyaki Chicken
Marinated and barbecued chicken with an authentic teriyaki sauce. No MSG. Frozen. 21 oz. bag
#1377....\$8.49

★★★★★
"We love, love, love Yang's Teriyaki Chicken in our house. Pairs perfect with a side of the fried rice or in a stir fry with Yakisoba Noodles! We love that it's fully cooked and enjoy that there is no breading. It's included on our order every month!"
Victoria Reinart, WaKeeney, KS



Mandarin Orange Chicken
Crispy, juicy chicken battered and glazed with Mandarin orange sauce. No MSG. Frozen. 22 oz. bag
#1376....\$8.49



General Tso's Chicken
Our signature lightly battered chicken with a sweet sauce and a hint of heat. 22 oz. bag
#2551....\$8.49



Edamame Kung Pao Chicken
Succulent chicken with edamame, peanuts, and vegetables in a spicy sauce. Just heat and eat! 23 oz. bag
#2552....\$8.49



Chicken Egg Rolls
Made with white meat chicken, fresh cut cabbage, carrot and onion. Free from egg, dairy, and added MSG. 18 ct. / 3 oz.
#2750....\$20.49



Vegetable Egg Rolls
Cabbage, bok choy, water chestnuts, carrots and celery 12/3 oz. box
#4078....\$12.99

Pork & Vegetable Egg Rolls
12/3 oz. box
#4082....\$12.99



Orange Chicken Meal Kit
Premium, foodservice case for families who LOVE orange chicken! Contains (4) 2 pound bags of fully cooked tempura-breaded, whole-muscle chicken & (4) 1 pound bags of orange sauce. No MSG. Fry or bake. 12 lb. case
#2547....\$49.99

Bulk Savings for Orange Chicken fans!



Chicken Rice Bowl with Teriyaki Sauce
Grilled white meat chicken with broccoli, carrots, edamame, and red bell peppers on a bed of white rice with teriyaki sauce. Microwave. 6 / 12.5 oz. bowls
#1718....\$23.49 | \$3.92 per meal!



Japanese Yakisoba Noodles
Fully cooked, frozen; heat and serve. 5 lb. bag
#9176....\$9.99



Vegetable Fried Rice
Simply heat and serve. 3 lb. bag
#6695....\$13.99



All Natural Chicken and Vegetable Potstickers
Savory chicken and vegetable filling in tender dumplings. Ready in 10 minutes. Frozen. 4.2 lb. bag
#4767....\$17.99



Crab Rangoon
Fully cooked Rangoon, stuffed with a delicious blend of cream cheese and crabmeat. Deep fry or bake. 30 / 1 oz. bag
#6694....\$17.99



Deluxe Stir Fry Vegetable Blend
Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots. GF 2 lb. bag
#5309.....\$7.49

MINOR'S Zesty Orange Sauce
The sweet tang of citrus complemented by garlic, soy, toasted sesame and ginger. 0.5 gallon jug
#2989....\$13.99



Sweet & Sour Sauce
Sweet, tangy sauce with chunks of pineapple, diced tomatoes, green peppers and onions. GF 0.5 gallon jug
#1265....\$11.99



Chef-quality chowders and soups made from fresh ingredients. Just boil in the bag and serve!



Prefer a chunkier soup? Stir a 1 lb. bag of Lobster Sensations (#2813, pg. 16) into creamy Lobster Bisque and warm through.



Broccoli & Cheese Soup

Chopped broccoli, shredded carrots and select seasonings simmered in a velvety smooth cheese sauce. Boil in bag. 4 lb. bag / 8 svgs. #9245...Reg. \$14.99 Sale \$13.99



Maine Lobster Bisque Soup

A perfect blend of minced sweet lobster meat simmered in rich cream and sherry. Heat and serve. 4 lb. bag / 8 svgs. #9166...\$16.49 | Just \$2.06 per svg.



Natural Loaded Baked Potato Soup

Thick chunks of potato with natural bacon, cheddar cheese, and tangy sour cream for all of the flavor of a fully-dressed baked potato. Approx. 7.5 svgs. GF 4 lb. bag #2328...\$17.49 | Just \$2.50 per svg.



Chicken Tortilla Soup

This popular Tex-Mex classic is made with tender chicken, black beans and roasted peppers, carefully blended with just the right amount of heat. GF 4 lb. bag #2321...\$16.49 | Just \$2.06 per svg.



Zuppa Toscana Soup

Ivar's "Soup of Tuscany" is made with Italian sausage, russet potatoes and kale in a creamy base with chicken stock. Approx. 7 svgs. GF 4 lb. bag #2324...\$17.49 | Just \$2.50 per svg.



Cheddar Garden Medley Soup

A mix of roasted broccoli, cauliflower and carrots highlighted by the rich flavor of cheddar cheese. 4 lb. bag #2320...\$16.49 | Just \$2.06 per svg.



Chicken Coconut Curry Soup

Enticing broth of red curry, coconut milk, lemongrass, ginger, garlic, and Thai basil, along with chicken pieces, carrots, red bell peppers, celery, and bamboo shoots. Approx. 8 svgs. 4 lb. bag #2323...\$19.49 | Just \$2.44 per svg.



Hearty Steak & Spud Soup

USDA beef, Northwest potatoes, rich beef stock and garden vegetables. Our lower-sodium recipe has only 3g. fat per serving. Approx. 7.5 svgs. 4 lb. bag #2322...\$16.49 | Just \$2.20 per svg.



Heart Warming Chicken Noodle

Rich and comforting, this home-style favorite is made with chicken breast, savory stock, fresh vegetables, tender egg noodles and aromatic herbs. New recipe: ready-to-heat (no need to add water). Approx. 7 svgs. 4 lb. bag #2760...\$15.99 | Just \$2.28 per svg.



Puget Sound Clam Chowder with Bacon

Ready-to-heat (no need to add water), exclusive recipe made with tender and succulent clams with a smokey hint of bacon. Approx. 7 svgs. 4 lb. bag #2757...\$17.49 | Just \$2.50 per svg.



Harvest Bounty Minestrone

Not your basic minestrone! This rich mix of beans, roasted vegetables and pasta is hearty and satisfying with only 90 calories per serving. Approx. 7 svgs. 4 lb. bag #2759...\$16.49 | Just \$2.36 per svg.



Robert's Smoked Brisket Chili

Enjoy rich beef brisket in a classic medley of beans, tomatoes, and corn, with a spicy punch of hatch chiles. Approx. 7 svgs. 4 lb. bag #2758...\$23.49 | Just \$3.36 per svg.



PanSaver® Slow Cooker Liners

Fits 3-6.5 qt. round or oval slow cookers. 6-4 ct. Boxes; 24 liners #1089...\$15.99 | Just .67 each!

★★★★★

"These are a definite must-have for every crock pot season! No more scrubbing!" Alexis Pfeifer, WaKeeney, KS

Colorado Campfire Chicken Stew Hearty Meal Mix

Blend of peas, carrots, potatoes and white beans with just the right seasoning. Thick and rich enough for a chicken pot pie filling, or add 1-2 cups of broth for a thinner soup to feed up to 10. Add chicken and you'll see why this hearty stew is a top seller. No added salt or artificial anything. Serves 8.

GF 7 oz. bag
#2298....\$7.99



Convert your leftovers into a Chicken Pot Pie!

For a great way to use leftovers and get 2 meals out of one soup mix, prepare the Colorado Campfire Chicken Stew per directions on the package. Have soup for supper for 2-3 people, and save the remainder. Refrigerate overnight. Line a pie pan with a pre-made pie crust, fill with leftover soup now nice and thick after refrigerating. Top with second sheet of pie crust and bake for 30 to 35 minutes at 350 degrees.

HEARTY MEALS

Quick-start mixes for larger, wholesome meals. Just add a few fresh ingredients and simmer for about 60 minutes.

Rocky Mountain Trail Loaded Potato Soup Hearty Meal Mix

Perfectly seasoned creamy and indulgent loaded potato soup, with all the savory goodness and velvety richness of your favorite comfort food. Add bacon, broth, one potato, and cream. Cooks in 1 hour. Serves 8.

GF 8 oz. bag
#2301....\$7.99



Illinois Prairie Corn Chowder Hearty Meal Mix

Creamy delight bursting with bright yellow and super sweet corn (non GMO), red peppers and rice. Combine with diced potato and cream to make this top selling and versatile soup the talk of the table. Award winner! Serves 11.

GF 7 oz. bag
#2302....\$7.99



HOMEMADE IN MINUTES

When you need dinner on the table fast!

Virginia Blue Ridge Broccoli Cheddar Soup Mix

Beautiful broccoli florets combined with the fresh additions of cream and cheddar cheese to create this decadent classic. Ready in just 45 minutes. Serves 5.

GF 5 oz. bag
#2297....\$6.99



Arizona Sunset Enchilada Soup Mix

Bold southwestern flavor featuring dehydrated white beans, diced peppers and sweet potato, and warm chili seasonings. Add chicken and salsa verde for an authentic Mexican meal. 8 svgs.

GF 5.75 oz. bag
#2484....\$6.99



Kentucky Homestead Chicken & Rice Soup Mix

Thick and hearty classic with poultry herbs for delicious flavor. In only 30 minutes this cozy, home-style meal is ready for the whole family to enjoy. Serves 7.

GF 4.25 oz. bag
#2296....\$6.99



South of the Border Tortilla Soup Mix

Zesty Mexican spices, quick cooking dehydrated black beans, peppers and sweet corn. Just add chicken, salsa and tortilla chips for dinner in 30 minutes. Top seller and award-winner. Serves 9.

GF 4.5 oz. bag
#2295....\$6.99



Connecticut Cottage Chicken Noodle Soup Mix

A home-style medley of colorful peas, carrots and corn that are delicately seasoned with dill. Combined with gluten free corn pasta, this delightful 30 minute soup is a family favorite. 8 svgs.

GF 4.25 oz. bag
#2753....\$6.99 | Just .87 per svg.



T Marzetti

Frozen Homestyle Egg Noodles

America's favorite brand! Thick and hearty. 3 lb. bag
#1407....\$13.99



Proof & Bake Soup Bowl Dough

Compared to our Sourdough bread bowls, these are slightly smaller, and have a French Bread flavor and texture.

Proof and bake.
45 / 6 oz. bowls
#8573....\$29.99



Non-GMO • Grade A • Restaurant-quality



FLAV-R-PAC

Riced Cauliflower
Unseasoned. Value sized bag.
GF 5 lb. bag
#2743....\$15.49

Keto Friendly



Simplet
restaurant

**Exotic Grains & Fire
Roasted Vegetable Blend**

Red & brown rice, black beans, roasted sweet corn, red quinoa, tomato, peppers, onion, and amaranth, and southwestern seasoning.
GF 2.5 lb. bag
#1690....\$13.99



FLAV-R-PAC

Broccoli Florets
GF 2 lb. bag
#8197.....\$5.49

Keto Friendly



FLAV-R-PAC

Country Trio
Colorful blend of sweet corn, carrots, and green beans.
GF 4 lb. bag
#1055....\$8.99



FLAV-R-PAC

Chopped Onions
GF 2 lb. bag
#5772.....\$4.99

Keto Friendly



FLAV-R-PAC

Gourmet Whole Green Beans
GF 4 lb. bag
#3781.....\$8.99

Keto Friendly



FLAV-R-PAC

5-Way Mixed Vegetables
Blend of carrots, corn, peas, green beans and lima beans.
GF 2.5 lb. bag
#1493.....\$6.49



FLAV-R-PAC

Deluxe Stir Fry Vegetable Blend
Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.
GF 2 lb. bag
#5309.....\$7.49



FLAV-R-PAC

Super Sweet Whole Kernel Corn
Picked at the peak of freshness then flash frozen to lock in sweet flavor, color, and texture.
GF 2.5 lb. bag
#1090....\$5.99



Simplet
restaurant

Peas & Diced Carrots
Sweet, tender peas with colorful carrots.
GF 2.5 lb. bag
#2112....\$5.99



FLAV-R-PAC

Cauliflower Florets
GF 2 lb. bag
#6383....\$6.99

Keto Friendly



FLAV-R-PAC

Winter Mix
A blend of 60% broccoli cuts and 40% cauliflower florets.
GF 2 lb. bag
#6388.....\$5.99

Keto Friendly



FLAV-R-PAC

Whole Kernel Corn with Sauce
GF 2 lb. bag
#4664.....\$5.49



FLAV-R-PAC

Pacific Blend
Blend of Sugar Snap™ peas, bias-cut yellow carrots, bias-cut carrots, and broccoli florets.
GF 4 lb. bag
#8640....\$10.49

Keto Friendly



FLAV-R-PAC

Fajita Blend
Onion strips, with red, green and yellow bell pepper strips.
GF 4 lb. bag
#2069.....\$9.49

Keto Friendly



BIRDS EYE

Sweet Mini Corn on the Cob
GF 2-12 ct. bags. / 24 ct.
#4655...\$10.99

Chat Starters

Omelet Blend
Blend of diced red and green peppers & onions.
GF 2 lb. bag
#3216....\$5.49

Keto Friendly



Tattooed Chef Cauliflower Mac & Cheese Bowls

Creamy cheddar cheese sauce over cauliflower florets topped with panko breadcrumbs. Vegetarian comfort food! 5 g. Fiber, 7 g. Sugar, 18 g. Protein. Contains no pasta.
6/10 oz. bowls
#2825....\$28.99 | \$4.83 each



Tattooed Chef Zucchini Spirals

100% zucchini. Serve as a side with your favorite seasoning, or topped with your favorite sauce.
GF 5/12 oz. bags
#2803....\$19.99



Malibu Blend

Cut broccoli, cauliflower, and carrots. Certified sustainable.
GF 4 lb. bag
#1346....\$10.49



Garden Blend

Blend of broccoli, cauliflower, green beans, carrots, zucchini, yellow squash, and red peppers.
GF 4 lb. bag
#3221....\$9.49



Normandy Blend

Blend of broccoli, cauliflower, sliced carrots, zucchini and yellow squash.
GF 4 lb. bag
#1266.....\$9.49



Asparagus Spears

Medium IQF Grade A, 5" spears.
GF 2.5 lb. bag
#3127....\$16.99



Chalet Garlic Butter Vegetables

Broccoli and cauliflower florets, with julienne orange and yellow carrots in a sauce of butter, roasted garlic, salt and pepper.
GF 2 lb. bag
#7791.....\$8.49



Baja Vegetable Roast

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.
GF 2 lb. bag
#5353.....\$7.99



Petite Peas

GF 2.5 lb. bag
#6208....\$6.49



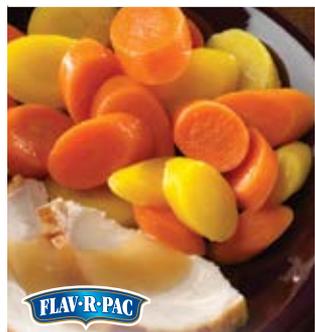
Yellow Squash, Sliced

GF 2 lb. bag
#7860.....\$5.49



Brussels Sprouts

GF 2 lb. bag
#6381.....\$5.99



Sunshine Carrots

Blend of sweet, bias-cut orange and yellow carrots.
GF 4 lb. bag
#5520.....\$7.99



Simple Goodness Parisian Carrots

Imported from Belgium, Parisian carrots are small and round with incredibly sweet flavor.
GF 2.5 lb. bag
#1349....\$8.99



Roasted Mediterranean Vegetable Blend

This blend of flame-roasted yellow and green zucchini, onions and bell peppers with carrots and green beans is seasoned with olive oil and a savory Mediterranean seasoning. Great as a side or in soups or lasagna.
GF 2.5 lb. bag
#2242....\$9.99



Roasted Vegetable & Pasta Blend

Delicious pasta and vegetable blend roasted with an herb and garlic seasoning.
2.5 lb. bag
#1297....\$8.49

QUINCY GOLD

Loose Shredded Hash Browns
 An AP bestseller for over a decade. 10 svgs.
 GF 6/3 lb. bags, 18 lb. case
 #2418....Reg. \$30.99 | Sale \$28.99

SMALLER PACK
 Loose Shredded Hash Browns
 #2421 GF 3 lb. bag\$7.99



SAVE \$200

AP Bestseller

★★★★★
 "These hash browns are by far superior to any other brands I have tried. They cook up brown but still not too dry. They have great flavor and are great with sausage gravy too!"
Cami Johnson, Bancroft, ID



3/8" Regular Cut French Fries
 Traditional, regular-cut French fries. Fry or bake.
 GF 6/5 lb. bags
 #2412....\$29.99
 \$5.00 per bag

SMALLER PACK
 3/8" Regular Cut French Fries
 #1213 GF 5 lb. bag....\$7.99



Cross-Trax® Waffle Fries
 Skin-on, ready to cook criss-cut potatoes. Frozen. Bake or fry.
 2.5 lb. bag
 #2416....\$13.49



Cracked Black Pepper Fries with Sea Salt & Garlic Seasoned French Fries
 Skin-on, bake and fry.
 GF 3/8" 5 lb. bag
 #1299....\$12.99



Beer Battered Skinless 5/16" Thin French Fries
 Premium craft beer batter makes these extra-long, thin-cut fries perfect as a side or appetizer.
 5 lb. bag
 #1762....\$14.99



Smiles® Shaped Potatoes
 Fun, smiley-faced battered mashed potatoes.
 Bake or fry. CN label.
 4 lb. bag
 #2417....\$12.99



Golden Crinkles French Fries
 Grade A, crinkle-cut potatoes. 0 Trans Fat. Value size bag.
 GF 8 lb. bag
 #1120....\$12.99



PICCADILLY

Piccadilly Old English Style Fries
 Authentic batter-dipped English-style fries. Bake or deep fry.
 5 lb. bag
 #6761....\$14.99

AP Bestseller



Redstone Canyon Spiral Cut Fries
 Light seasoned batter coating. Bake, or fry. CN labeled.
 4 lb. bag
 #2419....\$11.99



Crispy Bakeable Seasoned Skin-On Potato Wedges
 Skin-on potato wedges coated in a seasoned red batter to deliver crisp texture and more flavor with lower sodium.
 GF 5 lb. bag
 #2672....\$14.49



Golden Hash Brown Patties
 Approx. 120 patties
 GF 6/2.8 lb. bags
 #2429....\$33.99

SMALLER PACK Golden Hash Brown Patties
 Bake or fry. 2.25 oz. patties. Approx. 20 patties.
 GF 2.8 lb. bag
 #2427....\$7.99



Tater Tots
Bake or fry. CN label.
GF 8 lb. bag
#2425....\$12.99



Roasted Redskin Potatoes & Jalapeno Blend

Perfectly roasted potatoes with the mellow heat of jalapeno peppers and flame-roasted poblano and bell peppers.
GF 2.5 lb. bag
#2838....\$11.99



Perfect for breakfast skillet!



Roasted Root Vegetables

This hearty and colorful blend of roasted sweet potatoes, red onions, gold potatoes, purple potatoes with yellow carrots and turnips is lightly seasoned with rosemary, thyme and sage. Just heat and serve in beef stew, pot roast, or as a side with your holiday feasts.
GF 2.5 lb. bag
#2793....\$9.99



Photo shows recipe suggestion.



RoastWorks Baby Baker Halves with Parmesan and Herbs

Fresh roasted potato flavor in a miniature size, seasoned to perfection with herbs and parmesan.
GF 2.5 lb. bag
#1985....\$9.99



Roasted Garlic Mashed Redskin Potatoes

Creamy "skin-in" redskin homestyle mashed potatoes blended with real roasted garlic. Frozen. GF

{ 3/4 lb. bags (12 lb.)
#7944....\$31.99 }

Photo shows recipe suggestion.



◆ **Loaded Baked Potato Pierogies**

Sharp cheddar cheese, sour cream and chives, whipped potatoes seasoned with bacon Frozen.
6 lb. bag
#4991....\$21.99



◆ **Potato & Cheddar Cheese Pierogies**

Tender pasta dumplings filled with a creamy blend of mashed potatoes and Cheddar cheese. Boil, pan fry, oven bake, deep fry or steam.
6 lb. bag
#5621....\$18.99



Redskin Salad Dices

5/8" cubed potatoes.
GF 6 lb. bag
#2028....\$14.49



Roasted Redskins with Rosemary Seasoning

Red potatoes lightly seasoned a blend of rosemary, garlic, and onion flavors.
GF 2.5 lb. bag
#2068....\$7.49



Sweet Potato Casserole with Praline Topping

Farm-fresh sweet potatoes and a sweet praline topping.
5 lb. tray
#2178....\$15.99



Roasted Maple Sweet Potatoes

Roasted sweet potatoes seasoned with olive oil, maple and brown sugar.
GF 2.5 lb. bag
#2282....\$12.49



Gold Sweet Potato Straight-Cut Coated Fries

Coated Sweet Potato Fries, Grade A. Bake or fry.
6/2.5 lb. bags / 15 lb. case
#4979....\$37.99

SMALLER PACK
Gold Sweet Potato Straight-Cut Coated Fries
2.5 lb. bag
#1211....\$7.99

AMISH-STYLE BAKED APPLE BERRY OATMEAL

- 3 cups old-fashioned rolled oats (#1068)
- 1 1/2 tsp. baking powder (#2847)
- 2 tsp. ground cinnamon (#3626)
- 1/4 tsp. ground nutmeg
- 3/4 tsp. salt (#1146)
- 1/2 cup real maple syrup or lightly packed brown sugar (#2261)
- 2 1/2 cup milk
- 2 large eggs
- 1 tsp. Original Mexican Vanilla (#6702)
- 4 Tbsp. butter (#1723)
- 2 1/2 cups diced fruit like a combination of Dole Chef-Ready Cuts Diced Apples (#1263) and Wild Blueberries (#1218)
- Nuts (optional; can add chopped pecans or walnuts)

Lightly spray an 8X12" 9X13" baking pan Vegalene Spray (#1212) and set aside. Preheat the oven to 325 degrees F. In a large bowl, whisk together the oats, baking powder, cinnamon, nutmeg, salt and brown sugar (if using maple syrup instead of sugar, combine with liquid ingredients). In a separate bowl, whisk together the milk, eggs, and vanilla. Pour over the dry ingredients and add the melted butter. Whisk to combine. Arrange the fruit evenly over the bottom of the baking dish and pour the oatmeal mixture over the top. Bake for 35-45 minutes until the top is golden and the mixture is set (not very jiggy). Serve warm, with a little milk or cream, if desired.



Chef-Ready Cuts Diced Apples
Sweet-tart apples washed, peeled, and diced into 1/2" pieces. Add to baked goods, fruit salads, slaws, smoothies, or use as a topping on pork chops or pancakes.
GF 5 lb. bag
#1263....\$17.99



Wild Blueberries
Leading antioxidant superfruit! Smaller berries.
GF 5 lb. bag
#1218....\$20.99



Mixed Berries, Whole
Strawberries, red raspberries, blackberries, and blueberries.
GF 5 lb. bag
#1223....\$24.99



Blackberries, Whole
Picked fresh at sweet-tart perfection!
GF 5 lb. bag
#1221....\$25.99



Dark Sweet and Red Tart Cherries
GF 2 lb. bag
#1217....\$10.99



Tropical Berry & Coconut Blend
Vibrant, juicy mango and pineapple chunks, strawberries, and coconut chunks. Delicious in smoothies!
GF 3 lb. bag
#2658....\$11.99



Mango Chunks
Sweet chunks, perfect for colorful fruit salsas.
GF 3 lb. bag
#2655...\$10.49



Mango Berry & Wild Blueberry Blend
Mangoes, strawberries, and wild blueberries.
GF 3 lb. bag
#9221....\$11.99



Triple Berry Blend
Sweet, colorful blend of blueberries, raspberries, and blackberries.
GF 3 lb. bag
#1215....\$12.99

Raspberry Crumbles
100% raspberry pieces minimize crushing for deliciously fruity jams and baked goods.
GF 2.5 lb. bag
#2830....\$10.99



Save 15% when you buy by the case of 4 bags at alisonspantry.com.



Sunrise Fruit Medley
Peaches, Strawberries, Honeydew, Pineapple and Blueberries.
GF 5 lb. bag
#4985....\$16.49



Peach Slices
Uniform, blemish-free, Grade A IQF peaches.
GF 5 lb. bag
#7841....\$16.49



Tropical Gold Pineapple Chunks
Picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.
GF 5 lb. bag
#3002....\$14.99



Sliced Bananas
GF 5 lb. bag
#2835....\$12.99



Chef-Ready Diced Strawberries
Premium-quality sweet strawberries, perfect for fruit salsas, drinks, and jams.
GF 2/5 lb. bags
#2832....\$32.99

PEACHES & CREAM OVERNIGHT OATS

- 1 3/4 cups rolled oats (#1068)
- 1 1/2 cups unsweetened milk of choice
- 1/2 cup vanilla greek yogurt
- 1 tsp cinnamon (#3626)
- 2 scoops LIVfit Superfood Organic Superfood Protein Blend (#3514)
- 1 cup Flav-R-Pac Peach Slices (#7841)
- 0-2 Tbsp honey (#1148) or maple syrup

Place rolled oats in a medium sized bowl. Place remaining ingredients in a blender. Blend until smooth. Dump blended ingredients into bowl with the rolled oats. Mix to combine. Spoon mixture into 2 mason jars with tight fitting lids. Place in refrigerator overnight. Top with more sliced peaches before serving. Enjoy!



LIVfit™ Superfood Blend
Fruits, vegetables, vegan proteins, prebiotics, and fiber shown to enhance muscle mass, increase energy, improve cognitive function, encourage digestive health, boost the immune system and fight off aging oxidation of cells in your body. Contains green tea · 100% B6, B12, thiamin, riboflavin · 5 g of vegan protein
GF 12.7 oz. (360 gram) bag
#3514....\$16.49



Less sugar, more healthy fats!
Easy ways to make your meals more nourishing.

Naturally Refined Organic Coconut Oil
Use small amounts of coconut oil to thin chocolate for dipping.
GF 28 oz. jar
#8287....\$8.49



Naturally Refined Avocado Oil
GF 1000 ml/ 33.8 oz. bottle
#3516....\$16.49



Monk Fruit Zero Calorie Sweetener
100% Natural and low glycemic. Use just like Sugar (1:1 Ratio), No Aftertaste. No blood sugar crash!
GF 16 oz. bag
#1745....\$13.99



LIVfit Superfood Organic Antioxidant Fruit & Fiber Blend
This mix of fruits, veggies, and plant-based proteins has a neutral, unsweetened taste. Six grams of protein, 5 g. Fiber, plus three different super fruits, and 1,000 mg omega 3.
GF .8 lb. bag
#1539....\$15.49



PBfit Peanut Butter Powder
1/3 the calories and 75% less fat. Non GMO and all-natural. Just peanuts, sugar, salt.
GF 30 oz. jar
#3521....\$15.49



Organic Chia Seeds
High in protein, fiber, and more plant-based Omega-3 than any other food. GMO free.
GF 1.25 lb. container
#8941....\$10.49



Oatsome Oat Milk
Non-dairy, smooth, creamy beverage that has the ability to froth too. Organic, nut-free, non-GMO, and vegan. 12 month shelf life. 4 svgs.
GF 6/1 L. case
#1907....\$18.49
\$3.08 each



Emergen-C 1000 mg Vitamin C Daily Immune Support Super Orange
Dissolve a packet in water for a fizzy, citrus-y burst of essential nutrients including Vitamin C and B Vitamins, Electrolytes, and other Antioxidants like Zinc and Manganese.
GF 30 packets
#2516....\$13.99





Stuffed Cheese Bread Sticks
 Fluffy mozzarella-cheese-filled breadsticks.
 36/7" sticks.
 #5620....\$28.99



Philly Cheesesteak Wrapped Sandwich
 The #1 selling philly sandwich in the USA! Made with 100% beef (no fillers) and American cheese, on pillow-soft bread.
 Microwaveable.
 8 ct/2.75 lb box
 #2070....\$21.99 | \$2.75 each

CUSTOM CULINARY
Au Jus Base
 CF 16 oz. yield: 3 gal
 #2061.....\$8.99

★★★★★
 "These sandwiches are perfect. I added some sliced bell peppers and onions that were cooked slightly, added some Simplot Cracked Pepper Fries on the side and made some Au Jus. Perfect lunch! The sandwiches actually have the flavor of the bell peppers but adding more is great! It's a perfect sandwich for an older person like me."
Nancy Atwood, Ballard, UT



Tortellini Carbonara Bowl
 Cheese tortellini, Carbonara sauce, bacon, and parmesan cheese in a convenient heat and eat bowl.
 12/6.5 oz.
 #1162...\$39.99



DeLORIO'S
9 Slice Cheese Pizza
 Authentic, old Italian flavor in an easy, cook-and-serve pizza.
 Made with 100% real cheese.
 24 oz. box
 #2553....\$10.49



Pepperoni Pizza Rolls
 Pepperoni pizza toppings rolled into a snackable crust. Frozen. Microwave or oven bake.
 100 ct. bag
 #2265...\$12.99



CARANDO
Rip N Dip Pepperoni Stuffed Pizza Ring
 Freshly sliced pepperoni and naturally blended cheeses wrapped in fluffy pizza dough. Includes Marinara Sauce dipping cups.
 12/8.5 oz. case
 #2373...\$38.99



Pepperoni Pizza
 5" IW, 12/6 oz. case
 #6250....\$27.99

Meat Trio Pizza
 Sausage, pepperoni and ham.
 5" IW, 12/5.44 oz. case
 #6249....\$27.99



Mama Callender's
Chicken Pot Pies
 We create each pot pie from scratch. Filled with juicy meat, tender vegetables, and our signature golden, flaky crust.
 8/10 oz. pies
 #2393....\$18.49



Pepperoni Pizza
 Pepperoni pizza filling wrapped in a garlic buttery seasoned crust for a handheld lunch.
 4.5 oz. / 17 ct. box
 #1282....\$19.99 | \$1.18 each!



Macaroni & Cheese Frozen Pouches
 Microwave, or heat pouch in boiling water, then slice open and serve.
 36/7 oz. pouches
 #7881....\$49.99 | \$1.39 each





Butter Breaded Mushrooms
 Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch.
 2.5 lb. bag
 #1276... \$12.99

★★★★★
 "I can't keep these in my freezer! We all love them. They are delicious. You can use them as an appetizer, or as a side for dinner."
Anne Metzler, Shoshoni, WY



Beer Battered Zucchini Slices
 Fresh crinkle cut zucchini slices coated in our crispy butter-golden batter.
 3 lb. bag
 #1072.... \$13.99

★★★★★
 "These taste just like what you would get from a restaurant. My kids will even eat them. Great!"
Kim George

Image shows recipe suggestion.



Cream Cheese Breaded Stuffed Jalapenos
 Mild jalapeno peppers stuffed with cream cheese and breaded to perfection.
 2 lb. bag
 #1272....\$14.99



Bakeable Breaded Mozzarella Sticks
 Natural, aged mozzarella in a home style breading accented with Italian spices.
 2 lb. bag
 #2683....\$13.99



Breaded Cheddar Potato Bites
 Diced and shredded potatoes and a blend of cheddar and mozzarella cheeses coated in a crispy golden breading. Move over, basic tater tots! Bake or fry.
 3 lb. bag
 #2746....\$12.99



Crispy Battered Green Beans
 Bake or fry.
 2 lb. bag
 #1300....\$10.99



Battered Mac & Cheese Wedges
 Creamy cheddar cheese mixed with stick macaroni in a crispy cheddar batter.
 3 lb. bag
 #1271....\$19.99



Battered Sweet Corn Nuggets
 These sweet corn kernels coated in crispy batter are the perfect bite-sized snack.
 2 lb. bag
 #1274....\$8.99



Breaded Pickle Chips
 Sliced pickles coated in breading with a hint of spice.
 2.5 lb. bag
 #1275....\$14.99



Texas Toothpicks
 Thin-cut strips of sweet yellow onions and mild jalapeños coated with a crisp, spicy batter. Great as an appetizer, side, or topping for burgers.
 2 lb. bag
 #2493....\$10.99



Due to COVID-related challenges, appetizers are having significant supplier shortages. Some products may be temporarily out of stock.



Soft Baked Pretzels
 Traditional chewy recipe!
 20 ct. box
 #1472....\$13.99



Gehl's Nacho Cheese Cups
 Creamy nacho cheddar cheese sauce in convenient individual cups. Try it with our soft pretzels!
 GF 6/4 ct. Cups
 #2839....\$20.99

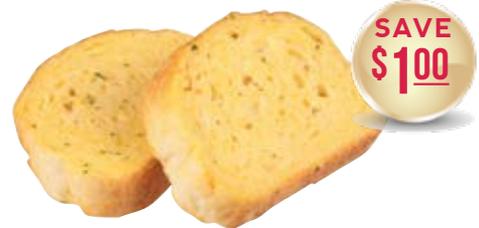




Tuscan Mini Dinner Loaves
 Par-baked. Heat for 3-5 min. for a crisp crust.
 24 / 4 oz. case
#8196.....\$16.99



Garlic Toast
 Real garlic flavor! Bakes in 5-8 minutes.
 32 slices / 4 / 8 ct. Bags
#2049.....Reg. \$10.99
Sale \$9.99 | .32 per slice!



SAVE \$1.00

Try this!

Turn your Garlic Toast into personal pizzas. Preheat oven to 425°F. Arrange New York Bakery® Texas Toast slices on a sheet pan and bake 5 minutes. Remove from oven. Spread each slice with 2 tablespoons pizza sauce, top with preferred pizza toppings. Return to oven and bake an additional 4 to 6 minutes or until cheese is melted and light golden brown. Serve.



Original Naan Dippers
 The same Tandoor-oven baked naan you love, but bite-sized! Perfect for holiday charcuterie boards, dips, and spreads.
 Approx. 200 ct. / 4.4 lb. box
#2794.....\$24.99



Mini Naan Bread
 Hand-stretched flatbread made with buttermilk and ghee (clarified butter). Save with our bulk case, and use for personal pizzas, tacos, dipping in hummus or oil blends, etc.. Comes frozen.
 64 ct. case/5 1/4 x 4 1/2"
#1686.....\$35.99 | .56 each



Parkerhouse Frozen Roll Dough
 Easy dinner rolls, and a Monkey Bread staple!
 240/1 oz. pucks/17 lb. case
#5965.....\$28.99



Beehive Dinner Roll Dough
 Generous dough portions come frozen. Thaw, proof and bake for rolls with homemade look and flavor.
 96/2.5 oz. pucks / 15 lb. case
#8925.....\$39.99



Rustic Sourdough Pullman Loaves, Sliced
 Simple ingredients and a family recipe give this sourdough perfect chewy texture and authentic mild tangy flavor.
 2/34 oz. loaves
#1612.....\$11.99



Country Sausage Gravy
 Ready to heat and pour over biscuits and scrambled eggs, our version of this country classic is chock-full of hearty sausage.
 4 lb. bag
#2326...\$16.49



Ciabatta Variety Pack
 1 doz. 4" x 4" Olive Oil, 1/2 doz. Savory Herb, 1/2 doz. Whole Grain.
 24 ct./3.5 oz. case
#5898.....\$21.99



Buttermilk Biscuits
 Fluffy, home style biscuits. Microwave to heat. IW
 18/2.25 oz
#1321.....\$9.99 | .56 each

Save 20% when you buy by the case of 72 biscuits at alisonspantry.com.



Hard Salami Slices

Smoked, robust flavor from a seasoned blend of pork and beef, cured and slow-aged. Ships frozen.

GF 2 lb. bag
#1688...\$16.99



★★★★★

"We love these salami wrapped around a Frigo String Cheese or around a pickle with cream cheese or just out of the package! Yummy!"

Liz Mollendor,
Lamar, NE

All cheese products will ship frozen.



Cheeseheads String Cheese

Stringy mozzarella cheese sticks. 80 calories; 6 grams of protein.

GF 1 oz. / 60 ct. bag
#4972...\$17.99 | .30 each



CHEESE | FROZEN



Grated Parmesan Cheese

The sweet, mellow, nutty flavor of this perfectly mature cheese makes it a Sartori favorite.

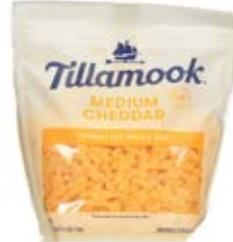
8 oz. bag
#2599....\$4.49



Folios Parmesan Cheese Wraps

Lightly baked sheets of cheese. Recipe ready to crisp, wrap, roll or melt for carb-free, high-protein meals.

GF 10/1.5 oz. pouch
#1719....\$14.99



Tillamook Medium Cheddar Shredded Cheese

GF 2.5 lb. bag
#1866....\$13.99



Shredded Cheddar Jack Cheese

Fancy shredded blend of cheddar and Monterey Jack cheese.

GF 2.5 lb. resealable bag
#1860....\$11.99



Double L Ranch Hardwood Smoked Angus Shaved Pit Beef

USDA Choice Angus beef bottom round, trimmed to 96% fat free, then naturally hardwood smoked to medium rare. Deli shaved. Reduced sodium and free of common food allergens.

GF 2 lb. pack
#2722....\$23.99



Bridgerland Deli Craft Oven Roasted Turkey Breast, Sliced

Mouthwatering, oven-roasted turkey breast, trimmed to 99% fat free. Reduced sodium. Ships frozen.

GF 2 lb. pouch
#2100....\$15.99



Bridgerland Deli Craft Naturally Hardwood Smoked Honey Ham, Sliced

Sweet, honey-cured ham, with delicious hardwood smoke flavor from Lower Foods state-of-the-art process. Ships frozen.

GF 2 lb. pouch
#2101....\$15.49



Tagge's Famous Fruit Preserves

Generously-sized jars of bright, beautiful jams made from Tagge Farms fruits, picked at the peak of the season.

GF 20 oz. jar
\$7.99

- ◆ #1240 Strawberry Rhubarb
- ◆ #1242 Rocky Mountain Raspberry
- ◆ #1243 Brigham City Peach

Products show a fresh use-by date on the packaging. Because we ship them frozen, this date is extended by 365 days. Once thawed and refrigerated, they have 75 days UNOPENED; 5-7 days after opening.



Uncrustables

Soft, crustless 51% wheat sandwiches filled with creamy peanut butter and sweet Smucker's jelly. IW 18/2.6 oz. box

#3119 Peanut Butter & Grape Jelly
\$18.99 | \$1.05 each

#3120 Peanut Butter & Strawberry Jam
\$20.99 | \$1.17 each

Peanut Butter & Honey
Sweet and smooth honey spread meets rich and nutty Smucker's® Peanut Butter in a crustless whole wheat sandwich.

2 oz. / 4 ct. box
#1437....\$4.99



{ Grape Uncrustables
72/2.8 oz. IW
#7579....\$59.99 | .83 each }

{ Strawberry Uncrustables
72/2.6 oz IW
#4290....\$62.99 | .87 each }



Jif to Go Cups

This size case is not available in stores.

GF 1.5 oz. cups/36 ct
#8390...\$19.99
.56 each



Jif Family Size Creamy Peanut Butter
GF 4 lb. can
#2913....\$11.99



Nutella Spread
Velvety hazelnut spread.
GF 26.5 oz. jar
#7338....\$9.99





Belgian Mini Cream Puffs
 Frozen; thaw & serve.
 3 lb. 5 oz. tub / 120 ct.
 #1350....\$16.99



Belgian Custard Mini Eclairs
 Chocolate Topped Belgian mini eclairs filled with a rich Bavarian custard cream.
 Frozen; thaw & serve.
 24.6 oz. tub / 50 ct.
 #1351....\$13.49



Cinnamon Rolls
 Frozen proof-and-bake cinnamon roll dough with homemade flavor. Frozen.
 60 / 4 oz. rolls
 #9134....\$38.99



Cream Cheese Icing
 Comes frozen.
 GF 3 lb. tub
 #8388....\$13.99



Yeast Raised Donut Rings
 Donuts are frozen. Thaw, proof, and fry in oil.
 100/2 oz. rings
 #7151....\$33.99

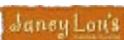


Cinnamon Monkey Bites
 Tender bite-sized pull-apart pieces of sweet bread coated in a sticky cinnamon glaze. Frozen. Ready to heat and eat!
 5/32 oz. trays
 #2052....\$32.99

White Flat Icing
 Professional, squeezable shelf-stable white icing for drizzling over turnovers, etc.. Dries solid and not sticky.
 GF 2 lb. tub
 #1910....\$5.99



Peanut Butter Crispy Bars
 Thaw-n-Serve. Not Pre-Cut. 4-1/4 sheet pans.
 Yields 16-2 x 2 bars per sheet, or 64 bars.
 #6917....\$35.99



Chocolate Chunk Cookie Dough
 Premium cookie dough with homemade flavor. Easy place-and-bake portions.
 60 ct. / 1.5 oz.
 #2610....\$25.99 | .43 each





Simple Joys Cinnamon Swirl Cake Slices
 Moist, generously-sized slices of cinnamon and vanilla-swirled cake topped with cream cheese icing. Individually wrapped.
 20 ct. box
#2791....\$26.99 | \$1.35 each
Compare to Starbucks Cakes at \$2.50 per slice and save almost 50%!



Simple Joys Bakery Lemon Iced Sliced Cake
 Moist, generously-sized slices of lemon cake topped with lemon icing. Individually wrapped. Thaw and serve a fresh slice whenever you get a craving!
 20/3.5 oz. slices
#1084....\$26.99 | \$1.35 each

★★★★★
 "These are so dang good! Seriously, the best lemon cake! Better than Starbucks but less in price! LOVE that they are individually packaged as well. These are our go to treat when ordering from AP!"
Jess Berwick, Lodgepole, SD



Don't miss our NEW trü frü Hyper-dried fruit treats on page 5!

trü frü Nature's Fruit in Chocolate
 Whole fruit, hyper-chilled (frozen) to lock in flavor and nutrition, then immersed in white and dark chocolate. Made with clean, non-GMO ingredients--only fruit and chocolate! Just 90 calories per serving!
GF 8 oz. bag....\$7.99



- ◆ **#1097 Cherries in White & Dark Chocolate**
- ◆ **#1099 Raspberries in White & Dark Chocolate**

trü frü Bananas with Peanut Butter and Dark Chocolate

Sliced bananas, hyper-chilled to lock in flavor and nutrition, then immersed in peanut butter and dark chocolate. Made with clean, non-GMO ingredients. Only 90 calories per serving and packed with protein!
GF 8 oz. bag
#2764....\$7.99



Caramel Apple Blossoms
 Indulgent pastries made with fresh-peeled apples, natural cane sugar and Indonesian cinnamon then topped with our home-style caramel sauce made with creamery butter and whipping cream.
 12 ct. box / 4.2 oz. blossoms
#2755....\$19.99



Triple Layer Bar Cookie Caramel Brownie

Buttery chocolate chip cookie base covered with a rich caramel layer and then topped with a chocolate chunk brownie on top. The perfect indulgence!
 Frozen and individually wrapped 3.5" x 1.5" x 1" bars. Great for lunchboxes!
 12 ct. box
#2739....\$21.99 | \$1.83 each



Photo shows product with sugar added on top.



Fruit Turnovers
 Flaky pastry wrapped around premium fruit fillings. Thaw & bake pre-proofed product. Drizzle with #1910 White Flat Icing. 60/4 oz. case

- ◆ **Cherry #1889....\$41.99 .70 each**
- ◆ **Apple #1199....\$33.99 .57 each**



Strawberry/Cream Cheese 'Strudel Bites' Pre-Sugared
 Thaw and bake.
 252/.8 oz. case
#2106....\$37.99 | .15 each





SAVE \$100

Ole Taco Seasoning

Add 3-5 Tbsp. of our flavorful taco seasoning to beef, chicken, pork or turkey to create your favorite Mexican recipes. Also works well for a taco dip when mixed with mayo and sour cream. MSG Free! GF 1 lb. bag
#1037....Reg. \$7.99 | Sale \$6.99

★★★★★

"I gave some of this to a friend, who uses A LOT of taco seasoning, and we both agree - this is better tasting than the name brand. And it's less than half the cost!"
Anne Metzler, Riverton, WY



SAVE \$150

Fabulous Fajita Seasoning

Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of chicken, beef, or pork before cooking for effortless fajitas. A restaurant favorite at home! GF 1 lb. bag
#1017....Reg. \$8.99 | Sale \$7.49

★★★★★

"I haven't found a seasoning from AP that I haven't loved, and this is no exception. So much better than any other fajita seasoning I have used! Will definitely make sure I always have this on hand!"
Lindsay Flax, WaKeeney, KS



SAVE \$100

Baja Chili Lime Seasoning

The kick of chili peppers with the zing of lime brings the perfect seasoning to shrimp, chicken, beef, and fish for any South of the border recipe. GF 1 lb. bag
#2730....Reg. \$12.49 | Sale \$11.49

★★★★★

"I love this! The Baja Chili Lime Seasoning is wonderful. It turns ordinary chicken into extraordinary chicken!"
Anne Metzler, Riverton, WY

Freshen Up Your Spice Cupboard

OUR BULK SPICES MEAN BIG SAVINGS.

All spices sold in 1 lb. bags unless otherwise noted.

MENU ESSENTIALS

Ali's Essential Season-All Blend GF	#2478	\$8.99	Onion, Chopped GF	#1026	\$8.49
Applewood Seasoning Rub GF	#5990	\$8.49	Onion Salt, Classic Blend GF	#1024	\$6.99
Bay Leaves, ½ lb. GF	#1753	\$13.49	Onion Powder GF	#1027	\$8.49
Celery, Diced, ½ lb. GF	#3232	\$8.49	Oregano, Mediterranean GF	#1445	\$13.49
Chili Powder, Mild GF	#1014	\$8.99	Paprika, Mild GF	#1697	\$9.49
Cumin, Ground GF	#1442	\$9.49	Parmesan Garlic Perfection	#2475	\$11.99
Garlic and Herb Seasoning GF	#5408	\$8.99 Sale \$7.49	Parsley Flakes, ½ lb. GF	#1426	\$8.49
Garlic Granules GF	#1948	\$13.49	Pepper, Black, Table Grind GF	#1029	\$15.99
Garlic, Minced GF	#1020	\$13.49	Pepper, Black, Coarse Grind GF	#1028	\$16.49
Garlic Pepper GF	#1018	\$14.49	Peppercorns, Whole, Black GF	#1030	\$15.99
Garlic Powder GF	#1021	\$13.49	Seasoning Salt GF	#1033	\$6.99
Garlic Salt, Classic GF	#1019	\$5.99	Smoky Maple Herb Seasoning GF	#4576	\$7.99
Garlic Supreme GF	#2592	\$11.49 Sale \$10.49	Thyme, Cut & sifted, ½ lb. GF	#1444	\$6.99
Mustard Seed Powder GF	#1428	\$7.99	Turmeric, Ground GF	#1832	\$8.99
			Ultimate Onion Blend GF	#4575	\$8.99 Sale \$7.49



Sea Salt

Healthy alternative to more-refined table salt. GF 16 oz. container...\$4.99
♦ #1146 Fine
♦ #1147 Coarse



Pure Powdered Vanilla

Contains no alcohol, so none of the beautiful flavor bakes out. GF 4 oz. jar
#8626....\$14.99

Montreal Steak Seasoning

One of our bestselling spice blends! Coarse ground spice blend for all red meat—steaks, hamburgers, meatloaf and great to top off roasts. GF 1 lb. bag
#1023....Reg. \$8.99 | Sale \$7.49

★★★★★

"We keep this on hand at all times. It's great for meals other than steak! We use it on burgers, chicken, and even veggies."
Erika Zimelman, Saint Francis, KS



SAVE \$150

Clear Round Spice Containers

- ♦ Black Lid 8 oz., 5" tall #1233.... \$1.49
- ♦ Mini Red Lid 3.5 oz., 4" tall. #1234.... \$1.49



16 oz. Clear Square Plastic Jar with Shaker Flip Lid
#1526....\$1.49

32 oz. Clear Square Plastic Jar with Shaker Flip Lid
#1228....\$1.99

Save 30% when you buy jars by the case of 12 at alisonspantry.com.



- Use to replace cream soup in any recipe for a healthier option.
- Used by professional chefs for over 35 years!
- Only 35 calories in a ¼ cup serving!
- Won't curdle or separate in freezer meals.

Whisk Bliss, Gluten-Free

Quick, rich, healthy, and versatile; use Whisk Bliss in place of any cream sauce components in your favorite recipes. GF 32 oz. bag
#1980....\$15.49



SPRINKLES FOR EVERY TABLE

Cinnamon Vanilla French Toast Sugar GF	#1536	\$6.99
Everything Bagel Seasoning GF	#1826	\$9.49
French Fry Seasoning GF	#1441	\$6.99

MEAL MUSTS

Baja Chili Lime Seasoning GF	#2730	\$12.49 Sale \$11.49
Carne Asada Seasoning GF	#7378	\$7.99
Chili Seasoning Mix	#1015	\$7.99
Emma's Enchilada Seasoning GF	#1016	\$6.99
Fabulous Fajita Seasoning GF	#1017	\$8.99 Sale \$7.49
Italian 'n Pizza Seasoning GF	#1432	\$9.99
Leah's Lemon Pepper GF	#1022	\$9.49
Montreal Chicken Seasoning GF	#7746	\$8.49
Montreal Steak Seasoning GF	#1023	\$8.99 Sale \$7.49
Mushroom Soup & Stroganoff GF	#1672	\$8.99
Olé Taco Seasoning	#1037	\$7.99 Sale \$6.99
Sloppy Joe Seasoning Mix GF	#1035	\$7.99
Superb Spaghetti Seas. Mix GF	#1036	\$7.49

Sweet & Smoky Pub Sheet Pan Seasoning	#2477	\$9.99 Sale \$8.49
Tuscan Herb Blend Seasoning GF	#3628	\$10.49

BAKING SPICES

Cinnamon, Ground Saigon GF	#3626	\$12.49
Cinnamon, Ground Korintje GF	#1005	\$10.49
Cozy Mulling Spice	#1009	\$13.49
Ginger, Ground GF	#1420	\$9.49
Orange Zest Granules, ¼ lb. GF	#1669	\$7.99
Zesty Lemon Zest, ¼ lb. GF	#1433	\$7.49

DIPS & DRESSINGS

Dilly Dill Dip Mix GF	#1421	\$9.49
Guacamole Seasoning, ½ lb. GF	#2588	\$6.99
Hearty Vegetable Dip Mix GF	#2217	\$9.49
Italian Salad Dressing Seas. GF	#1698	\$7.99
Lip Smackin' Chipotle Ranch, ½ lb. GF	#2589	\$8.49
Onion Soup & Dip GF	#1025	\$8.49 Sale \$7.49
Popeye's Spinach Dip Mix GF	#1423	\$10.49
Rosie's Ranch Buttermilk Salad Dressing Mix GF	#1032	\$8.99
Salsa Seasoning GF	#1898	\$9.49

SAVE \$150

SPICES



Ultimate Onion Blend

Flavorful blend of coarse dehydrated minced onions and red bell peppers. Use it as a rub on meats, sprinkled over vegetables, or stirred into recipes. Use in place of fresh onions in hamburgers, meatloaf, etc.

GF 1 lb. bag
#4575....Reg. \$8.99 | Sale \$7.49

★★★★★

"Love the affordability of this product... especially since I go through about a bag per month. There's only two people in my household, so that's saying something! I use this mix in almost everything: burgers, steaks, soups, dips, roast, chicken, pork, shrimp, potatoes, pasta, grilled veggies, cowboy beans... the possibilities are endless. It's SO good! Try it, you will not regret it."

Tori Voller, Bison, SD

Garlic Supreme

Our blend of garlic, onion, parsley and chives is a customer favorite. Sprinkle it in soups or on vegetables, or use it as a rub on meats. It's also a flavorful topping on breads.

GF 1 lb. bag
#2592....Reg. \$11.49 | Sale \$10.49

★★★★★

"I use this seasoning on everything from meat to vegetables to breads. I even used this instead of minced garlic in my home canned salsa last year!"

Maria Jo Brady, Cedar City, UT



SAVE \$100



SAVE \$150

Garlic & Herb Seasoning

Savory all-purpose blend of sea salt, brown sugar, garlic, onion and other spices perfect for meats, soups, and vegetables. No MSG.

GF 1 lb. bag
#5408....Reg. \$8.99 | Sale \$7.49

★★★★★

"This is a great garlic mix. We add it to meats when grilling or even to our chili and spaghetti sauce for that nummy garlic flavor!"

Darlene W.



Cornaby's Jam in a Jiffy

The simplest way to make freezer jam! Just add dry mix to 2 lbs. of crushed fresh or frozen fruit and stir. Yield: approx. 6 cups of jam.

GF 18 oz. bag
#8732....\$7.99



SAVE \$150

Sweet & Smoky Pub Sheet Pan Seasoning

Follow simple instructions on the package to create delicious sheet pan meals with pork, chicken, or turkey tenderloins and root vegetables seasoned with garlic, brown sugar, and savory spices.

Make multiple meals with our bulk pack!

GF 1 lb. bag
#2477....Reg. \$9.99 | Sale \$8.49

★★★★★

"My new go-to! This is such a great spice blend... absolutely fantastic on chicken!"

Trinette Ward, Glasgow, MT



Cornaby's E-Z Gel

Non-GMO cornstarch that can be directly added to any liquid, hot or cold, for instant thickness. Perfect for canning or freezing.

GF 16 oz. bag
#8733....\$12.49



SAVE \$100

Onion Soup & Dip Mix

We consider this versatile blend to be a pantry staple! Add this seasoning to meatloaf, stews, pot roast, French Onion Soup, or Creamy Onion Dip.

GF 1 lb. bag
#1025....Reg. \$8.49 | Sale \$7.49

★★★★★

"I use a lot of the Onion Soup & Dip Mix. I love it on my roasts--beef, deer, pork, and on chicken. It has the best flavor. Then all I have to do is thicken it up and I have an amazing gravy. Add potatoes to it and also with carrots and I have a full meal in a crock pot."

Donn Powell, Vernal, UT



SAVE \$150

Classic Garlic Salt

Just two classic ingredients to add flavor to meats, veggies, pasta, and rice.

GF 1 lb. bag
#1019....Reg. \$6.99 | Sale \$5.49



Delectable Blueberry Muffin Mix
 Customer-favorite mix for tender bakery-style blueberry muffins.
 45/2 oz. muffins/4 lb. bag
 #2308....\$12.49

Save 10% when you order by the case of 6 bags at alisonspantry.com.



Scrumptious Raspberry Muffin Mix
 Craft fluffy muffins with juicy raspberry-flavored bits.
 45/2 oz. muffins/4 lb. bag
 #2309....\$12.49

Save 10% when you order by the case of 6 bags at alisonspantry.com.



◆ **Baking Cups**
 White standard paper baking cups.
 500 ct. sleeve
 #1646.....\$7.99

◆ **Mini Baking Cups**
 Use for candy, mini muffins, nut cups, fudge, chocolates, crafts.
 500 ct. sleeve
 #2058.....\$7.99

◆ **Texas Size Baking Cups**
 2 3/4" x 1 7/8" wax baking cups
 500 ct. sleeve
 #1580....\$15.99



Professional Banana Muffin Mix
 Just add water to craft bakery-quality banana muffins and quick breads. Stir in mini chocolate chips or coconut for fun variations.
 5 lb. box
 #2548....\$14.99



Classic Crème Cake & Muffin Mix
 Professional mix for premium cakes.
 4 lb. bag
 #1823....\$8.99

Ateco 18" High-Grip Clear Disposable Pastry Bags
 Convenient disposable polyethylene bags with a wide design for easy filling. Trim to use with any coupler (or no tip). These can also be filled with candy or snack mixes to package for gifts!
 100 ct. roll
 #2817.... \$15.99
 Just .16 each!



Snickerdoodle Cookie Mix
 Just add water and shortening.
 Yield: 30 (2 1/2") cookies.
 23 oz. bag
 #5243...\$6.99

Ginger Molasses Cookie Mix
 Just add water and shortening.
 Yield: 30 (2 1/2") cookies.
 23 oz. bag
 #5299... \$6.99

Chocolate Crinkle Cookie Mix
 Just add water.
 Yield: 30 (2 1/2") cookies.
 23 oz. bag
 #5244...\$6.99



Shirley J Coconut Macaroon Cookie Mix
 Bake up sweet coconut macaroons with this simple mix and just the addition of water.
 26 oz. bag
 #2431....\$13.99



BAKED CINNAMON DOUGHNUT HOLES

For the dough:
 2 cup flour (#2285)
 2 Tbsp. sugar (#1632)
 4 1/2 tsp baking powder
 1/2 tsp salt (#1146)
 1 cup milk
 1 egg
 1/4 cup Chef Shamy Cinnamon Brown Sugar Honey Butter (#8129), melted

For the coating:
 4 Tbsp Chef Shamy Cinnamon Brown Sugar Honey Butter (#8129), melted
 1/4 cup Cinnamon Vanilla French Toast Sugar (#1536)

Preheat oven to 400° F. In a large mixing bowl, whisk together flour, sugar, baking powder, and salt. Add milk, egg, and Cinnamon Honey Butter and mix until combined. Mixture will be fairly thick. Lightly grease a mini muffin pan, and spoon a teaspoon or two of dough into each mini well. (Remember they will rise in the oven). Bake at 400° for 10-12 minutes. Dough will make two batches of 24. Allow doughnut holes to cool completely, then dunk them in the melted Cinnamon Honey Butter. Allow excess butter to drip off, then toss in the cinnamon sugar mixture. Serve.



Cinnamon Brown Sugar Honey Butter
 All-natural, gourmet, real-butter treat with no added preservatives or flavors.
 GF 12.4 oz. tub
 #8129...\$9.19



Cornaby's syrups are made from an unprecedented amount of cold-pressed fruit juice so you taste the sweetness of the fruit, not the sugar.



Old Fashioned Buttermilk Pancake Mix

Tasty, old-fashioned, fluffy pancakes and waffles. Yield: 115/4" pancakes. Just add water. 4 lb. bag #1822....\$8.49



Conestoga Sweet Cream Pancake & Waffle Mix

The touch of sweet cream in this professional mix makes these the best pancakes to grace the skillet. Just add water. 5 lb. bag #7435....\$11.99



Log Cabin Syrup
GF 1 gal. jug #1590....\$12.99



NEW! Five Star Fruit Syrups

Made from cold-pressed fruit juice so you taste the fruit and not the sugar.

GF 12.5 oz. bottle \$7.99

- ◆ #1486 Raspberry
- ◆ #1487 Strawberry
- ◆ #1488 Blueberry



Richly Delicious Fudge Brownie Mix

Premium fudgy flavor and incomparable texture make this mix one of our most popular mixes. 7 1/2 x 2" brownies /4 lb. bag #1824....\$12.99



Professional Buttermilk Biscuit Mix

Commercial mix for tender, mildly sweet buttermilk biscuits. Yields 8 doz., 2" biscuits 5 lb. box #2129...\$10.99



Raw Creamed Honey

Smooth, creamy premium raw honey. Approx. 54 svgs. GF 40 oz. tub #2564....\$14.49



Professional Homestyle Cornbread Mix

Commercial mix bakes fluffy, slightly sweet cornbread with a finer grain. 5 lb. box #2130....\$10.99





Gluten Free 1-to-1 Baking Flour
Use as a direct replacement for all-purpose baking flour.
GF 44 oz. bag
#1277....\$9.99



Turkey Brand Unbleached Bread Flour
All-natural, unbromated, non-GMO flour made from local wheat.
25 lb. bag
#2285...\$14.49



Saf Instant Yeast
GF 1 lb. Package
#2446...\$5.99

Mini Poly Treat Bags
Poly .001 mil 4" x 2" x 12". 100 ct.
#7803....\$3.99

Bakery Bags for Dinner Rolls
Poly .001 mil 8" x 4" x 18". 100 ct.
#4238....\$5.99

Bakery Bread Bags
Poly .001 mil bags. 15" length. 100 ct.
#5494....\$5.99

Bread Bag White Twist Ties
3 1/2", 2000 ct. box
#2057....\$7.99



Dough Conditioner
Shirley J's founder, Don Smith, developed the first dough conditioner over 40 years ago and we're happy to offer his updated, superior product now that yields fantastic rise and texture in homemade breads.
16 oz. bag
#2747....\$10.99



Semi-Sweet Chocolate Baking Chips
Highest-quality cocoa butter, unsweetened chocolate, and just the right touch of sugar.
GF 12 oz. bag
#2781....\$4.99

Milk Chocolate Chips
Sweet baking chocolate made with the highest quality cocoa butter, whole milk powder, and vanilla extract.
GF 11.5 oz. bag
#10100....\$4.99

Save even more when you buy by the case!
Visit alisonspantry.com to buy 12 bags and save 10%.



Fancy Medium Pecan Pieces
Premium pecan pieces to save you time chopping for your holiday baking.
32 oz. bag
#2812....\$18.99

Mexican Vanilla Paste
All-natural. No additives or preservatives.
GF 8 oz. jar
#6945....\$23.99



Original Mexican Vanilla
All-natural, smooth and rich vanilla makes baked goods shine.
♦ 8.4 oz. GF #6702....\$20.99
♦ 16.7 oz. GF #6919....\$30.99



Baking Cocoa, 22-24%
Natural, high-fat premium baking cocoa perfect for cakes, cookies, and homemade hot chocolate mixes.
GF 5 lb. bag
#2498....\$25.99

Bulk Baking Ingredients



Maple Flavoring
GF 16 oz. bottle
#5714...\$12.49

Busy Bee American Clover Honey
Grade A No added ingredients; 100% honey. GF
♦ 3 lb. jug #1148...\$16.99
♦ 5 lb. jug #1149....\$27.99



- #1625 Durkee Vanilla Clear Imitation Flavoring GF 32 fl. oz. bottle \$9.99
- #2847 Clabber Girl Baking Powder GF 5 lb. tub \$13.99
- #2848 Clabber Girl Baking Soda GF 5 lb. tub \$7.99
- #2849 Clabber Girl Cornstarch GF 3.5 lb. tub \$6.49



Golden Brown Pure Cane Sugar
Nutty, caramel and subtle molasses flavor; moist texture.
GF 7 lb. bag
#2261....\$9.99



Powdered Pure Cane Sugar
Very fine, with exceptionally smooth texture for frostings, glazes, and candy-making.
GF 7 lb. bag
#1151\$11.99



Pure Cane Granulated Sugar
GF 10 lb. bag
#1632....\$11.49
BIGGER SIZE
GF 25 lb. Bag
#2096...\$24.99

CRESTWARE

A. Commercial Cookie Sheet (Bun Pan)

Aluminum, 18" x 13"
#4020....\$11.99

B. Cover for Commercial Cookie Sheet

(fits #4020 only)
#3860....\$6.99

C. Quarter Size Sheet Pan

Aluminum, 9" x 13"
#5957.....\$6.99

D. Cover for Quarter Size Sheet Pan

(fits #5957 only) 9" x 13"
#5958.....\$5.99

BAKER'S MARK

E. Eighth Size Sheet Pan

Aluminum, 6.5" x 9.5"
#2601....\$6.99

Cookie Sheets and Covers should be washed by hand.

F. Cooling Rack

Stainless, fits commercial cookie sheet. One is never enough!
12" x 17"
#1145....\$5.99

G. Silicone Baking Mat

Reusable, nonstick silicone mat fits in our Commercial Cookie Sheet (#4020) and prevents sticking and burning of your baked goods. 16.5" x 11.75". Withstands up to 600°.
#8436.....\$13.99



H. Commercial Parchment Paper

Silicone grease-proof pan liners to line baking sheets, separate foods for freezing, line cake pans, etc.
12" x 16" 100 sheets
#1153....\$9.99

I. Cookie Scoop

Measure consistent scoops of dough for perfectly portioned cookies every time.
#3838....\$9.99

J. Flexible Cutting Mats, 6 pk

6 ct. 15" x 12"
#3840....\$12.99



★★★★★

"I wanted to let you know how much I like the large Cookie Sheet (#4020) and the Covers (#3860). The pans heat evenly and clean up so nice! I use the sheets with covers to transport items when I take things for family or friend get-togethers. They carry a couple of pies, or two or three small shallow baking dishes."

Deb Stefka

Vegalene® Pan and Grill Spray

This all-natural, zero trans-fat product prevents food from sticking to cooking utensils and dishes.
GF 21 oz. can
#1212....\$8.99

Vegalene Grid Iron Release Spray

Achieves a smooth, fast release for waffles (3-5 waffles per spray).
GF 14 oz. can
#1575....\$7.49

Buttery Delite®

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.
GF 17 oz. can
#1576....\$8.49



Vegalene



Food Film w/Cutter

Commercial grade plastic wrap in an economical foodservice pack. 12" X 2000' Each
#6127....\$22.99



Ziploc Sandwich Bags

6-1/2" x 5-7/8"
4/145 ct. Boxes (580 ct. Bags)
#2769....\$21.99



Ziploc Bags Variety Pack

Multi-purpose pack of resealable plastic bags; 125-Sandwich, 120-Snack, 52-Gallon Storage, 50-Quart Storage bags.
347 ct. box
#1978....\$22.99
Just .07 per bag!



Heavy-Weight 2-Gallon Seal Top Freezer Bags

Thick bags to seal in freshness and protect from freezer burn. 13" x 15"
100 ct. pack
#2820....\$29.99
.30 per bag



Ziploc Smart Zip Gallon Freezer Bags

Double zipper freezer bags.
10 9/16" x 10 3/4"
152 ct. box
#1979....\$23.99
.16 per bag

Deli Containers with Lids

Our Deli Containers make it easy to pack leftovers, salads, cookies, and more.
50 ct.
• 8 oz. #2258....\$10.99
• 16 oz. #6476....\$12.99
• 32 oz. #6477....\$14.99





Seneca Original Apple Chips
 Choice, orchard-grown Washington State apples carefully selected and delicately sweetened and crisped.
 GF 24/7 oz. bags
 #2810....\$14.99



Double Eagle Silver Dollar Jerky
 2 1/2" round jerky. 15 oz. of meat.
 80 ct. jar...\$20.99
 ◆ #4694 Peppered
 ◆ #4695 Teriyaki
 ◆ #4693 Old Fashioned



Product may be temporarily out of stock due to production challenges.



Kellogg's
Rice Krispies Treats Minis
 The original crispy marshmallow treats in a cute mini size.
 50 ct. box
 #5378....\$13.99 | .28 each



Classic Chips Variety Pack
 Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour Cream & Onion, 4-Lay's Barbecue
 1 oz. / 54 ct. box
 #4018.... 24.99 | .46 each



Cookie and Snack Variety Pack
 Perfect lunchbox portions of your favorite snacks! 9-Mini Chips Ahoy, 8-Nutter Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos.
 1 oz. bags / 40 ct. box
 #1257...\$17.99



Kellogg's
Cereal Jumbo Assortment Pack
 3 - Apple Jacks, 3 - Corn Pops, 3 - Rice Krispies, 6 - Froot Loops, 6 - Mini Wheats, 9 - Frosted Flakes
 30 ct. Mini Boxes / 1.05 oz.
 #2713....\$16.99 | .57 each



Cookie & Cracker Variety Pack
 Kid-pleasing pack includes: 12-Cheez-It Crackers, 12 Fudge Stripe Cookies, 9 Scooby Doo! Graham Crackers, 12-Chips Deluxe Mini Cookies
 45 ct. box
 #4019....\$17.99



Pretzel Snaps
 46 oz. tub
 #2319.... \$10.99

Gourmet Hunter Mix
 Flavorful crunchy mix of sesame sticks, peanuts, sunflower kernels, almonds, cashews, and pepitas all seasoned with a special blend of spices.
 23 oz. jar
 #2408....\$10.99



Berries 'N Cherries Fruit Snacks
 Fruit puree is the first ingredient. 100% DV of Vitamin C.
 GF 9 oz. / 40 ct. box
 #1288....\$10.49
 Just 26¢ each!



Unsweetened Applesauce Pouches
 Snack & go portable pouches with no added sugar.
 GF 3.2 oz. / 12 ct. Pouches
 #2544....\$11.49 | .96 each



Goldfish
Goldfish® Cheddar Snack Crackers
 One of America's favorite snacks.
 31 oz. box
 #3097....\$11.99



Goldfish
Goldfish Giant Cinnamon Grahams
 Each pack has 2 large cinnamon graham Goldfish. Fun to dunk in milk, or use to scoop applesauce or yogurt.
 .9 oz. / 50 ct.
 #1765....\$12.99
 Just .26 each!



Super Hero Trail Mix
 Roasted peanuts, butter toffee peanuts, Boston baked peanuts, chocolate coated peanuts, yogurt coated raisins, and candy-coated chocolate candies.
 16 oz. tub
 #1163....\$7.99



Nut Berry Trail Mix
 Dried Cranberries, R&S Almonds and Cashews, Pecans and dried cherries.
 14 oz. tub
 #2076....\$7.99





Chocolate Fruit Basket
Tender chewy dried cranberries, apples, blueberries, cherries, and apricots covered in luscious milk & white chocolate.
16 oz. tub
#2044....\$9.99

★★★★★
"Oh my goodness these are chewy, sweet, and chocolaty. It's like opening a box of chocolates. Love the chocolate covered cherries. Buying again!!"
Stephanie Reed-Tippets, Vernal, UT



Milk Chocolate Almonds
Roasted almonds covered in rich milk chocolate.
GF 3 lb. jar
#1619....\$20.49



Macadamia Clusters with Salted Caramel and Milk Chocolate
Crisp macadamia nuts smothered in buttery salted caramel then enrobed in rich milk chocolate. Our AP staff is addicted to them!
GF 32 oz. tub
#2660....\$25.99



Chocolate Cinnamon Bears
GF 2.65 lb. bag
#1290....\$13.99



Cinnamon Bears
Childhood favorite chewy hot cinnamon bears.
GF 16 oz. tub
#1172....\$6.49



Alpine Mints
Creamy mint round candy balls with a rich dark chocolate middle wrapped in a fine candy coating.
16 oz. tub
#2035....\$9.99



Dried Cranberries
GF 14 oz. tub
#9205...\$7.49



Dark Chocolate Espresso Beans
Buzzy espresso beans enrobed in rich dark chocolate.
16 oz. tub
#2525....\$11.99



Dark Chocolate Cranberries
16 oz. tub
#2038....\$8.99



Milk Chocolate Cashews
Fresh, crunchy cashews enrobed in creamy milk chocolate.
16 oz. tub
#2036....\$9.99



Butter Toffee Cashews
Crunchy cashews coated in a buttery toffee glaze.
16 oz. tub
#2043...\$10.49



Butter Toffee Almonds
Crisp almonds coated in a sweet and buttery shell.
16 oz. tub
#2041....\$8.99



Salted Caramel Pecans
Premium pecan halves that are drenched in a rich butter toffee and sprinkled with the perfect amount of sea salt.
GF 12/1.5 oz. pouches
#2556....\$18.99
\$1.58 each



Cashews, Roasted & Salted
GF 14 oz. tub
#9117....\$14.99



Deluxe Mixed Nuts
Roasted and salted almonds, cashews, pecans, Brazil and hazel nuts.
GF 14 oz. tub
#9121\$13.99



HARIBO
Gummi Bears Family Pack
3 lb. bag
#5009....\$10.99



Vanilla Yogurt Pretzels
9 oz. tub
#2716....\$4.99



Swedish Fish Mini
Family size bag of soft, chewy fishes in a new mini size.
GF 1.8 lb. bag
#2263....\$7.49

Shelf-Stable Dairy Products



★★★★★
 "If I didn't know these were shelf stable I would have no idea! They are so creamy and delicious and perfect for on the go. Love that they can be stored in the pantry instead of taking up so much cold space."
Victoria Reinart, WaKeeney, KS

U.H.T. (Ultra High Temperature) Shelf-Stable 2% Milk
 Real, delicious Grade A milk that has all the vitamins and nutrition of conventional pasteurized milk and is ready to use. Stays fresh without refrigeration until the sealed package is opened (approx. 12 months). No preservatives added.
GF 27/8 oz. cartons
\$17.99 | Just .67 each!

- A. #1710 White Milk**
- B. #1708 Strawberry Milk**
- C. #1709 Root Beer Milk**
- D. #2805 Cookies & Cream**
- E. #1707 Chocolate Milk**



Cappuccino
 Rich, comforting cappuccino that's terrific hot or cold, or enjoyed as a coffee creamer.
GF 2 lb. bag (45/8 oz. svgs.)....\$8.99

- ◆ #1326 French Vanilla
- ◆ #1330 English Toffee
- ◆ #1328 Mocha
- ◆ #1329 White Chocolate Caramel



Dutchman's Caramel Stroopwafels
 Soft, toasted waffle wafers filled with gooey caramel, cinnamon, and real bourbon vanilla. Delicious served with your favorite warm beverage or straight from the box. Imported from Holland. No artificial colors or flavors. 1W.
 1.38 oz. / 24 ct.
#1809....\$18.99 | .79 each



Nonni's Biscotti Cioccolati
 Made with real eggs, butter, California almonds and gourmet bittersweet chocolate, these biscotti are light, crunchy, and delicately sweet!
 1.33 oz. each / 25 ct. Tub
#2738....\$17.99 | Just .72 each!

V8 Splash
 Refreshing combinations of natural fruit flavors with a 5% carrot juice blend for a deliciously sweet taste.
GF 12/16 oz. bottles



- ◆ #1717 Tropical Blend....\$19.99
Just .10 per oz.!
 Juicy apples, pineapples, kiwis, limes, and mango paired with carrot juice.
- ◆ #1716 Berry Blend....\$18.99
Just .09 per oz.!
 The sweetness of apples, cherries, strawberries, red raspberries, and blackberries with carrot juice.

Sunny Delight Tanga Original
GF 24/10 oz. bottles
#8581...\$16.99 .71 each



True Lemon Crystallized Lemon Packets
 Each packet equals one lemon wedge. Adds natural flavor with zero calories to water, recipes, yogurt, or sprinkled over salmon. No artificial sweeteners, flavors, or colors. Allergen free.
GF 100 ct. box
#1689....\$8.49



Almond Milk
 No cholesterol or saturated fat, and is free of dairy, soy, lactose, gluten, casein, egg and MSG.
 Non-GMO.



Unsweated Vanilla Almond Milk
GF 6/1 qt. case
#1457...\$19.99



Nesquik Chocolate Powder
 45% less sugar than the leading syrup brand. Provides calcium and 7 essential vitamins and minerals.
 44.9 oz. container
#2262....\$11.99 | Just .14 per svg.!



Country Time Lemonade Flavored Drink Mix
 No artificial sweeteners or flavors. Good source of Vitamin C. Yield 34 qts.
GF 82.5 oz tub
#2536 ...\$14.99 | Just .31 per qt.!



CLUB STORE DIRECT

Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas.
Better quality and larger pack sizes, still at a great value for families!



Italian Sausage & Beef Lasagna

Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen. 2/48 oz. trays
#1279...\$23.99



Bacon Crumbles

100% real bacon. High-quality, fresh pork is slowly smoked over all-natural hardwood chips then crumbled for easy use.
GF 20 oz. bag
#1241...\$16.99



Boneless, Skinless Chicken Thighs

Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen. Ready to cook from frozen.
GF 6.5 lb. bag
#1317...\$24.99



Soft & Chewy Granola Bars, Chocolate Chip

Made with real semi-sweet chocolate chips and whole rolled oats.
.85 oz. bars / 64 ct. box
#1138...\$14.99



Trail Mix Snack Packs

Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs.
GF 2 oz. / 28 ct. box
#4005...\$25.99 | .93 each

Microwave Popcorn, Movie Theater Butter

100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter.
GF 3.3 oz. / 44 ct. box
#1821...\$18.99 | .43 each



Walnut Halves & Pieces

Approx. 12 cups of U.S. #1 walnuts for baking and snacking.
GF 3 lb. bag
#1293...\$22.99



Whole Almonds

Approx. 9 cups of supreme #1 U.S. raw almonds.
GF 3 lb. bag
#1294...\$16.99



Fancy Pecan Halves

U.S. #1 beautiful pecan halves for recipes and snacks.
GF 2 lb. bag
#1292...\$21.99



Minced Garlic

Grown, harvested, processed and packed in California. Packed in water; recipe ready!
GF 48 oz. jar
#1289...\$8.99



Foodservice Aluminum Foil

12" x 1000' roll (1,000 sq ft)
#1963...\$39.99



Flex-Tech Kitchen Trash Bags

13 gal. bags / 200 ct. box
#2777...\$28.99



Salted Sweet Cream Butter

GF 4/1 lb. case
#1723...\$15.99





CUSTOM CULINARY PRODUCTS ARE THE SAME BASES AND GRAVIES USED BY CHEFS.

Granular Flavored Bases

An economical granular meat base. Use in rice or pasta cooking water for extra flavor. 0 trans fat.

GF 16 oz. jar, yield: 5 gallons....\$6.99

- ◆ #1040 Chicken
- ◆ #1041 Beef

Real 'Meat First' Bases

Professional chef quality. No MSG added. 0 trans fat

GF 16 oz. jar, yield: 5 gallons

- ◆ #1038 Chicken....\$8.99
- ◆ #1039 Beef....\$9.99

Au Jus Base
GF 16 oz. yield: 3 gal
#2061.....\$8.99

PanRoast Gravy Mixes

Real pan drippings and select seasonings create rich, savory gravies. Just add water.

68-2 oz. servings when prepared.
12 oz. bag

- ◆ #1254 Turkey Gravy Mix....\$8.99
- ◆ #2131 Pork Gravy Mix....\$7.99
- ◆ #1253 Chicken Gravy Mix....\$7.99
- ◆ #1255 Country Gravy Mix....\$7.99
- ◆ #1252 Brown Gravy Mix...\$6.99
- ◆ #3586 Beef Gravy Mix...\$6.99

Peppered Biscuit Gravy Mix

20 oz. bag/72-2 oz. svgs.
#1525.....\$6.99



★★★★★
"I love this stuff! So much better than broth or bouillon. It lasts forever too!"
Sandra Howell,
Vernal, UT

Baby Reds Flavored Mashed Potatoes

Premium Russet and red real Idaho potatoes with skins. Just add water. Approx. 40 svgs.

GF 32.85 oz. bag
#1390....\$11.99



Premium Homestyle Mashed Potatoes

Made with 100% real Idaho potatoes, milk, and seasonings for creamy comforting flavor. Just add water. Approx. 52 svgs. per bag.

GF 28 oz. bag
#1391....\$10.99



Fresh Cut Hash Browns

Dehydrated fresh Idaho potato shreds. 12 month shelf life. Just add water. Yield 7 1/2 cup servings.

GF 2.125 lb. carton
#1392....\$13.99



Excel Original Potato Pearls Butter Mashed Potatoes

Just add water.
GF 28 oz. bag
#4744....\$9.49



10" Spaghetti Noodles
10 lb. bag
#1331....\$15.49



Elbow Macaroni Noodles
10 lb. bag
#1332....\$15.49



Extra Wide Egg Noodles
5 lb. bag
#2479....\$12.99



Bulk Pudding & Topping Mixes

- ◆ #1952 Dream Whip Topping Mix, GF 10.8 oz. bag.....\$7.49
- ◆ #1913 Jell-O Instant Chocolate Pudding & Pie Filling, GF 28 oz. bag.....\$8.99
- ◆ #1914 Jell-O Instant Vanilla Pudding & Pie Filling, GF 28 oz. bag.....\$8.99



Germade Cereal
Ultra-smooth and creamy wheat cereal.
3 lb. bag....\$8.49

- ◆ #4451 Maple Brown Sugar
- ◆ #4452 Strawberries & Cream
- ◆ #4453 Plain

★★★★★
"Simple easy and delicious.
Kiddos love this. Will
definitely order more."
Caitlin Glover,
Stratton, CO



SHIRLEY'S

Timeless Grains Cereal

A proprietary, hearty hot cereal that includes 13 all natural ingredients, including oats, dried cranberries, brown rice farina, amaranth and flax--each one selected for a distinct health benefit.
32 oz. bag
#2749....\$13.99

Honeyville

- ◆ #1067 Quick Rolled Oats, 25 lb. bag.....\$19.99
- ◆ #1068 Regular Rolled Oats, 25 lb bag.....\$19.99



Other Containers

- #1231 Six-gallon bucket \$14.99
- #4434 Clear Square 1/2 gallon Jar W/Lid (6 Per Order) \$9.99
- Twister Lids (Fit 5 & 6 gallon buckets) \$8.99 each
- ◆ #2575 Red
- ◆ #2576 Blue

The Twister Lid is a heavy-duty ring with a rotating center lid that seals tight or spins to open--much easier than prying off standard bucket lids!

5 Gallon Plastic Bucket with E-Z Open Lid

Made with BPA-free food-grade plastic. Comes with a lid that has an internal gasket for an airtight seal. Holds about 37.5 lbs.
#7078.....\$14.99

2 Gallon Opaque White Plastic Bucket with White Gamma lid

2 gallon bucket will hold approximately 15 lb. of dense product. Gamma lid gives an easy airtight seal.
#4779.....\$9.99



Cambro Translucent Round Containers

Stackable, professional-grade, BPA-free containers with red gradations and lids. Made of chemical- and stain-resistant translucent polypropylene.

- ◆ #2751 2-Quart Size, Set of 3....\$21.99
- ◆ #2752 6-Quart Size, Set of 2....\$18.99



Sona 4 Wick 48 Hour Survival Candle

Perfect for emergencies, camping, backpacking, hunting, and disaster preparedness. Made from palm and soy wax. Use as a light source, or to warm up to 1 lb. of food.
#1094....\$8.49

Save 20% when you buy by the case of 12 at alisonspantry.com.

Emergency Sleeping Bag

The same mylar material as the emergency blanket, shaped into a sleeping bag to prevent heat loss even more efficiently. Retains 80% of body heat. Wind and waterproof. 84" x 36"
#7403.....\$3.99



Glass Cleaner

Dissolves dirt, grease, grit, and grime. Ammonia-free with a clean fresh fragrance. 23 oz. can
#1342....\$4.49



Puricit®

Puricit® Citrus Air Freshener

Eliminate the lingering odors of grease, fish, and even cigarette smoke! We use this product in all the bathrooms here at Alison's Pantry. 6 oz. can
#1579.....\$5.99



7-IN-1 Survivor Series Camping Tool

High-quality multifunctional camping tool is entirely constructed of stainless steel for long-lasting durability. The tool can detach into two separate units so the eating utensils may be used simultaneously as needed, and easily snaps back together for compact storage and organization.

- (1) Spoon
- (2) Can Opener
- (3) Bottle Opener
- (4) Cork Screw
- (5) 4 Prong Fork
- (6) 2-3/4" Clip-Point Saber-Grind Knife
- (7) Tent Reamer
- Nylon Pouch with Belt Loop Included
- #1446....\$5.99



5-in-1 Survival Whistle with Lanyard

A staple for 72-hour kits, hunting, backpacking, and emergencies. 4 1/2". Functions Include:
(1) Safety Whistle
(2) Liquid Filled Compass
(3) Signaling Mirror
(4) Water-resistant Storage Container
(5) Fire Starter Flint
#1452....\$3.49



Try an AP Bestseller!



Mandarin Orange Chicken
See page 21.
22 oz. bag
#1376...\$8.49



Vegetable Fried Rice
See page 21.
3 lb. bag
#6695...\$13.99



SAVE
\$1.00

Ultimate Fish Sticks
See page 16.
62/1 oz. sticks/4 lb. bag
#2809....Reg. \$24.99 | Sale \$23.99



Keto Friendly

Bacon Wrapped Stuffed Chicken Three Cheese
See page 11.
GF 16/6 oz. servings
#2762...\$49.99 | \$3.12 each



SAVE
\$1.00

Sausage, Egg & Cheese Croissant
See page 7.
12/4.5 oz. box
#4454...Reg. \$19.99
Sale \$18.99 | \$1.58 each



580 W. State Street
Pleasant Grove, UT 84062
www.alisonspantry.com



SAVE
\$2.00

All Meat Premium Corn Dogs
See page 10.
60/2.67 oz. case
#1182....Reg. \$39.99 | Sale \$37.99



SAVE
\$3.00

Chicken Cordon Bleu
See page 11.
25/5 oz. box
#8553....Reg. \$36.99
Sale \$33.99 | \$1.36 each



SAVE
\$1.00

Simplot
ROASTYWORKS
Cilantro Lime Rice & Fire-Roasted Corn Fiesta
See page 19.
GF 2.5 lb. bag
#2761....Reg. \$11.99 | Sale \$10.99

