

The prices in this catalog are valid at [www.alionspantry.com](http://www.alionspantry.com) from December 10th, 2019-January 20th, 2020

*\*Prices are subject to change without notice. Please see website for most current pricing.*

Catalog No. 1 | 2020



# Alison's Pantry®

## MAKE YOUR MEALS SIZZLE

**SAVE**  
on our bestselling  
**Chicken Breasts!**

See page 10.

**PLAN**  
a **Pizza Night!**

Find new tools on page 5.

**VANEE FOODS**  
canned products are back!

See page 4.



★ ★ ★  
**90 Day**

**DOUBLE YOUR MONEY BACK**

**Guarantee**  
★ ★ ★

**COVER FEATURES:**

#4835 Daily's Precooked Hickory Smoked Bacon, pg. 6

*Certain exclusions apply.*

*Refunds must be requested within 90 days from purchase date. Double your money back guarantee is applied as credit and does not apply to Hot Deal, Pantry Bargain, or other #2 products.*

## FROM THE FAMILY

### Merry Christmas and Happy New Year!

I'm super excited to be doing the From the Family again. It feels like I haven't done one in a while. I hope everyone is having a great time for the holidays. Vivian and I have some exciting news that I wanted to share, and also express my gratitude to you.

We are building a house which is super exciting for us. We've never built a house and it's quite an adventure for both of us. Sadly, it'll be about 10 minutes further away from Josh's house and Alison's Pantry, but that's ok! As hard as I know it will be, I'll just have to wake up 10 minutes earlier to get ready for work, haha. I have a photo of kind of what it'll look like when it's finished. It's supposed to be finished sometime in May or June. Hopefully we don't run into any issues in the coming months!



But I wanted to give everyone my most sincere gratitude for all you do for Alison's Pantry. We had our Food Show a couple months before writing this and it was so fun to see so many representatives and customers attend the show. Without any of you, none of this would be possible. I feel so blessed to work with my brother and be such great friends.

Although Vivian and I are not expecting a child yet, we're so excited to be making a family soon in our new home. Thank you all again and have a wonderful holiday!

Love,  
Jesse Kisse



## How Alison's Pantry works

1

Receive a catalog from your Alison's Pantry Representative.

3

Order is delivered to your Rep's home in about a week after the order deadline.

2

Place an order at [www.alisonspantry.com](http://www.alisonspantry.com), or with your Rep, by the catalog order deadline printed on the back cover.

4

Pick up your order from your Rep. Enjoy restaurant-quality food from the comfort of home.

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## OUR VISION & MISSION

Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry! We stand behind every product in our catalog. If you are ever unsatisfied with an item, please contact your Representative within 6 months for a 100% refund or within 90 days for a double your money back credit.

### Alison's Pantry

580 W. State Street  
Pleasant Grove, UT 84062  
801-796-6411  
Toll Free: 1-866-5-PANTRY  
Fax: 801-796-9309

Office Hours: M – F 8:00 a.m. – 5:00 p.m.

[www.alisonspantry.com](http://www.alisonspantry.com)

Prices and products are subject to change without notice. Sales tax will be charged according to your representative's town and state. Alison's Pantry adds 10% shipping to all orders. We reserve the right to substitute items of equal value and quality.

GF = gluten-free TW = individually wrapped

{ offered by the case }



We care about your diet needs and want you to have all the information necessary to make your meal decisions.

For more detailed ingredient lists and nutritional information, please visit [www.alisonspantry.com](http://www.alisonspantry.com) and search for any product by product number or name.





### NEW! Wayne Farms Breaded Chicken Waffle Bites

The much-loved flavor of chicken and waffles in a snackable, finger-food version. Fully cooked, .6 oz. pieces of tender chicken breast coated in a mildly sweet waffle batter. Serve alongside maple syrup for dipping.

2 / 5 lb. case

#1986...\$38.99



### NEW! All-Natural Fully Cooked Turkey Breakfast Sausage Patties

No added hormones or steroids, no nitrates or nitrites added, minimally processed, and with no artificial ingredients. Ready in seconds, with 60% less fat than pork sausage.

GF 114/1.4 oz. patties

#1997...\$31.99



### NEW! Shrimp Scampi

Raw, peeled & deveined shrimp in a smooth garlic butter sauce. Farm-raised. Product of India. 31/40.

1 lb. bag

#1927...\$11.99



### NEW! Honey Jalapeno Shrimp

Raw, peeled & deveined shrimp seasoned with sweet honey and mild jalapeno flavor. 31/40.

1 lb. bag

#1929...\$11.99



### Black Pepper Smoked Pork Rope Sausage

This was one of the top-requested new products shown at our 2019 Food Show. It's perfectly seasoned and ideal for winter soups and skillet recipes.

2/5 lb. case

#1920...\$45.99



### NEW! RoastWorks Flame-Roasted Sweet Corn and Jalapeno Blend

Perfectly flame-roasted sweet corn with white corn and a blend of jalapeno, green onion, garlic, cilantro and seasoning.

2.5 lb. bag

#1984...\$9.49



### NEW! RoastWorks Baby Baker Halves with Parmesan and Herbs

Fresh roasted potato flavor in a miniature size, seasoned to perfection with herbs and parmesan.

2.5 lb. bag

#1985...\$9.49

*Flavorful, silky cheese sauces manufactured by the Gehl's company to top your favorite foods.*



### NEW! Great Plains Dairy Cheddar Cheese Sauce

Dress up broccoli, potatoes, French fries, and more.

106 oz. / #10 can

#1949...\$11.49



### NEW! Great Plains Dairy Nacho Cheese Sauce

Craft sports park-quality nachos at home.

106 oz. / #10 can

#1999...\$11.49

### NEW! SupHerb Farms Fusions Chimichurri Paste

Mild lemon, aromatic cilantro and fresh parsley notes with crushed red pepper for an added kick. Delightful on grilled meats and makes a superb dipping sauce or condiment. When customers tested this product at our 2019 Food Show, we had lots of requests for it to be offered in our catalog.

10/2 oz. pouches

GF #1996...\$15.99

Just \$1.60 per pouch!

**Pantry Tip:** Stir Chimichurri Paste into sour cream, mayo, queso, cream cheese, or vinegar & oil for a marinade.

### NEW! SupHerb Farms Fresh Chopped Cilantro

Natural, fresh-from-the garden flavor and color with the convenience of having cilantro pre-washed and pre-cut to use from your freezer in your favorite recipes.

8 oz. bag

#1921...\$8.99







### NEW! Farmland Original Pork Sausage Rolls

Mildly seasoned, original recipe raw ground pork sausage for making sausage patties, or adding to stuffing, a breakfast casserole, or to top homemade pizza. Product of the USA. No added hormones. No artificial flavors, colors, or MSG.

12 / 1 lb. rolls case

#1995....\$43.99 | Just \$3.67 per roll!



### NEW! Sourdough Round

Generous loaves of soft, chewy sourdough bread, sliced and ready for sandwiches or to serve warm with dinner.

2 / 2 lb. loaves

#1987....\$11.99



Loaded with cauliflower or broccoli, not potato, our Veggie Tots are a great, crispy alternative to tater tots and fries. No artificial flavors or preservatives.

### NEW! Green Giant Veggie Tots, Cauliflower

1 full serving of cauliflower in each serving.

40 oz. bag

#1951....\$13.99



### NEW! Green Giant Veggie Tots, Broccoli & Cheese

1 full serving of broccoli in each serving.

40 oz. bag

#1983....\$13.99



### NEW! 7" Split Top Hoagie Buns

Sturdy, fluffy hoagie buns for gourmet sub sandwiches, baked by our local favorite: Rocky Mountain Bread Company.

6 ct. / 2 bags

#1988....\$12.49 | Just \$1.04 per large bun!



From tender pulled meats to rich, flavorful soups and sauces, Vanee Foods simply produces the best canned products on the market. You may not recognize their labels but these cans are likely found in the kitchens of your favorite restaurants. Vanee has been helping restaurants develop custom menu items since 1950 with their family business and now we can enjoy their products from the comfort of home.

Keto Friendly



### NEW! Deluxe Pulled Chicken

Perfect for chicken salads, soups, sandwiches, tacos, and wraps. Frees up valuable freezer space by being shelf-stable. Approx. 23 / ¼-cup servings.

GF 48 oz. can

#1953....\$18.99



### NEW! Deluxe Pulled Pork

Perfect for BBQ pulled pork, tacos, enchiladas, and more. Frees up freezer space by being shelf-stable; Lower sodium than comparable products. Approx. 24 / ¼-cup servings.

GF 48 oz. can

#1954....\$15.99

Keto Friendly



### NEW! Corned Beef Hash

A breakfast classic made from lightly seasoned ground corned beef and diced potatoes. Perfect grilled up as patties, or on the side of any breakfast item. Approx. 12 servings.

GF 50 oz. can

#1955....\$11.99



### NEW! Condensed Chicken Noodle Soup

Made with diced chicken and homestyle egg noodles for homemade flavor. Contains no high fructose corn syrup, no added MSG. 11/1 cup servings.

50 oz. can

#1956....\$6.99



### NEW! Condensed Cream of Chicken Soup

Made with diced chicken blended into a rich and creamy base. Perfect in a bread bowl or as an ingredient. Contains no high fructose corn syrup, no added MSG. 11/1-cup servings.

50 oz. can

#1957....\$6.99



### NEW! Cream of Mushroom Soup

Made with tender diced mushrooms, blended into a rich and creamy base. Enjoy in a bowl or as a recipe ingredient. Contains no high fructose corn syrup, no added MSG. 11/1-cup servings

50 oz. can

#1958....\$6.99



### NEW! Tomato Soup

Fresh tomato flavor with a rich, full-bodied texture. Contains no high fructose corn syrup, no added MSG. 12/1-cup servings

50 oz. can

#1959....\$5.99



Keto Friendly



### NEW! Mushroom Sauce

Rich brown gravy with a generous amount of sliced mushrooms, slowly cooked for an intense mushroom flavor. Great for meats, potatoes, and pastas. No added MSG. 23 / ¼-cup servings.

50 oz. can

#1960....\$7.99





## NEW! Sahale Trail Mix Snacks

It started with a vision for the ultimate trail mix. It would only have the good stuff, so you didn't have to sort through the pouch. The perfect blends of crunchy and chewy textures in a nourishing, portable treat! Beyond Ordinary®

- No Artificial Flavors, No Preservatives
- Certified Gluten-Free by Gluten-Free Certification Organization
- Non-GMO Project Verified

**NEW! Classic Fruit + Nut Trail Mix packs**  
Whole roasted almonds, cashews and pistachios. Tart cranberries and sweetened apples.  
**GF** 18 / 1.5 oz. bags  
**#2000....\$26.99**  
**Just \$1.50 per bag!**



**Pomegranate Vanilla Flavored Cashew Glazed Mix**  
Roasted cashews, pomegranate flavored apples, pure ground Madagascar vanilla bean. It's sweet, tart, and crunchy!  
**GF** 9 / 1.5 oz. bags  
**#2001....\$14.99**  
**Just \$1.67 per bag!**



**Berry Macaroon Almond Trail Mix**  
The hearty crunch of a nut mix with the warm, sweet flavor of a macaroon. Lightly toasted coconut. Almonds and cashews. Whole, dried blueberries and tangy lemon-infused apples.  
**GF** 9 / 1.5 oz. bags  
**#2002....\$14.99**  
**Just \$1.67 per bag!**



NEW PRODUCTS



### NEW! Apple Fritters

BLG, sweet apple fritters. Just thaw and serve for a fresh, tender treat whenever a donut craving hits.  
6 ct. box  
**#1994....\$10.99**

## Back by popular demand!



### NEW! Cake Donuts

With a recipe perfected by Dunford Bakers since the 1920's, these are the best cake donuts we've ever tasted! They come frozen so you can thaw and serve them fresh anytime. 60-Day frozen shelf life.  
6 ct. tray **\$5.99**  
♦ **#1506 Chocolate Iced Cake Donuts**  
♦ **#1507 Variety White Cake Donuts**  
2 Chocolate Sprinkle, 2 Rainbow Sprinkle, 2 Crumb



### NEW! Oatsome Oat Milk

Non-dairy, smooth, creamy beverage that has the ability to froth too. Use it in your favorite drinks, baking, and cereals. Organic, nut-free, non-GMO, and vegan. 12 month shelf life. 4 svgs. This was a BLG hit at our 2019 Food Show!  
6/1L case  
**#1907....\$17.99**



### NEW! Mexican Vanilla Bean Honey

Try our Mexican Vanilla Bean Honey on toast, scones, cornbread, or peanut butter sandwiches. Absolutely delicious in coffee, tea, or smoothies.  
9 oz. jar  
**#1912....\$14.99**



### Snack Pies

With real fruit fillings, and smooth, rich cream fillings, these snack pies are the best we've ever tasted! Each filling is wrapped in a lightly glazed, freshly made crust. Four delicious flavors to choose from. No trans-fat. Pies come frozen, and individually wrapped. Thaw and serve, or warm if desired. Peanut & Tree Nut Free.  
12/4 oz. pies per box  
**\$9.99 | 83¢ each**



- ♦ **NEW! #1982 Blackberry**
- ♦ **#4729 Apple**
- ♦ **#4731 Chocolate**
- ♦ **#2653 Boston Cream Duos**  
Vanilla cream layered on top of rich chocolate cream.
- ♦ **#2654 Strawberry & Cream Duos**  
Strawberry pie filling layered on vanilla cream.



### NEW! Pizza Baking Stone, 13"

Distributes heat evenly for a crisper crust. Can be heated up to 600F/315C. Instructions and recipes included.  
25" x 13" x 13"  
**#2006....\$14.99**



### NEW! Wooden Pastry & Pizza Roller

A perfect crust needs to be a uniform thickness, which makes this the ideal 2-in-1 tool! Easy to use on your pastry mat/cutting board or directly in the pan. The large roller smoothly rolls out dough. The small roller makes it easy to fill in dough to the edges and sides of the pan. Great for pastry and cookies too!  
9" x 4.75" x 1.25"  
**#8741....\$9.99**



### NEW! Grip EZ Pizza Slicer

Cut pizza like the pros! Curved blade easily slices with precision in a quick rocking motion, yet is safe for fingers! Scalloped edge traps air pockets for quick release to keep your toppings in place. Won't cut/scratch pans. Safe for use on your nonstick bakeware.  
13.88" x 3.63" x .75"  
**#2007....\$9.99**







**Pioneer Brand 'Big Buy' #2 Bulk Bacon**  
Full irregular slices layered between wax paper sheets. Frozen.

*This is a #2 irregular product that sometimes includes a large amount of fat. Ideal for adding bacon flavor to recipes.*

Case will show 'Packed by' date and have 6 months of shelf life past that date.

GF 15 lb. bulk  
#3297....\$39.99

★★★★★

"I am fully convinced that this is the best tasting bacon I've ever had! Salty but not overly salted, a bit smoky tasting, and the fat just melts on your tongue. Highly recommend!"

Jami Curtis,  
Sheridan, WY

### #1 Quality Precooked Hickory Smoked Bacon Slices

Keeps 6 months refrigerated, 9 months frozen. Microwave, heat and eat.

◆ 60 slices per pouch GF  
#5642....\$14.99 | .25 per slice

◆ 300 slices per box GF  
#4835...Reg. \$54.99  
Sale \$49.99 | Just .17 per slice

**Applewood Precooked Bacon**  
Double-smoked applewood bacon for the bacon connoisseur. Bolder flavor than our #4835 bacon.

300 slices GF  
#9137....Reg. \$55.99  
Sale \$51.99 | Just .17 per slice

SAVE  
\$500

SAVE  
\$400

AP Bestseller

Keto Friendly



### Pork Sausage Patties (precooked)

GF 96 ct., 2 oz. size/12 lb. case  
#4063....\$42.99 | Just .45 per patty!

Compare our price of just \$3.58/lb. to Schwan's cost of \$5.67/lb. and save 37% with AP!

Cases will show 'Received' date and have 6 months of shelf life past that date.



### Skinless Pork Sausage Links (precooked)

GF 240 ct., .8 oz. size/12 lb. case.  
#5464....\$42.99 | .18 per link

### Pork Sausage Links (precooked)

GF 240 ct., .8 oz. size/12 lb. case  
#4062....\$46.99 | .20 per link

Compare our price of just 20¢ to Schwan's cost at 34¢ per link and save 41% with Alison's Pantry!

Cases will show 'Received' date and have 6 months of shelf life past that date.



Keto Friendly



**Thick-Cut #1 Quality Bacon, Raw**  
GF 24 oz....\$9.99

- ◆ #8464 Deep Applewood Smoked
- ◆ #8465 Peppered
- ◆ #8463 Honey Cured



### 'Center Cut' Bacon Honey Cured

Smoky with the sweetness of a honey cure. Raw. 90 day shelf life.

GF 5 lb.  
#3298....Reg. \$32.99 | Sale \$29.99

SAVE  
\$300



### Pioneer Brand Sugar Cured Bacon Bulk Ends and Pieces

Ships frozen. Raw. Case will show 'Packed by' date and have 6 months of shelf life past that date.

*This is a #2 irregular product with more fat.*

GF 15 lb. bulk  
#2899....\$32.99



### NEW! Sliced Canadian Style Bacon

Fully cooked and cut from whole-muscle pork loins. Naturally hardwood smoked with natural juices. Serve warm or cold.

GF 32 slices / 2 lb. pack  
#1741....\$13.99 | \$7.00 per lb.



Photo shows recipe suggestion.



## Are you "eating keto?"

Try this for an easy low-carb lunch or snack. Use a slice of Canadian Bacon as the "crust" to make mini Hawaiian pizzas. Top with a small amount of pizza sauce and a few pineapple tidbits and heat in oven or broiler until cheese melts.





**Cinnamon French Toast Sticks**  
Bake, fry or toast.  
52 sticks / 56 oz. box  
#1499.... \$12.99

★★★★★

"These are so amazing!! They practically melt in your mouth. YUM!"

**Sherry Tang,**  
**Bismarck, ND**



**Belgium Pearl Sugar Waffles**

Pre-baked, yeast-raised waffle dough with caramelized pearl sugar (like waffle trucks!) Light, crispy, and soft. IW.

10 ct. / 3.17 oz. waffles  
#1811....\$15.99 | \$1.60 each



**Homestyle Waffles**  
72 ct. waffles  
#1498...Reg. \$16.99  
Sale \$14.99 | .21 each



**Log Cabin Syrup**  
GF 1 gal. jug  
#1590....\$12.99



**Gourmet Cream Syrup Variety Pack**

Maple Cream, Vanilla Cream, Cinnamon Cream, and Coconut Cream.

GF 4/11 oz. bottles  
#8012....\$18.99 | \$4.75 each!

Individual syrup flavors available to purchase by request.



**Jimmy Dean**  
**Sausage, Egg & Cheese Croissant**  
Microwave or oven bake.  
12/4.5 oz. IW  
#4454...\$19.99 | Just \$1.67 each!

★★★★★

"We love these breakfast sandwiches! From the freezer to the microwave to the hand in two minutes, and we can even eat them on the way to work. The croissant is soft and not soggy. We've ordered these several times."

-Anne



**Jimmy Dean**  
**Sausage, Egg & Cheese Biscuits**  
Microwave or oven bake.  
12 ct./4.9 oz. IW  
#5354.... \$17.49 | Just \$1.46 each!

**Bacon, Egg, & Cheese Hot Pockets**

Applewood bacon, egg, and low-fat mozzarella cheese in a croissant crust. IW; cooks in 2 minutes.

4.5 oz./17 ct. box  
#1731....\$21.99  
Just \$1.29 each!



**Johnsonville**  
**Sausage & Gravy Stuffed Buttermilk Biscuit**  
16/4 oz. biscuits  
#4844....\$19.99



**Johnsonville**  
**Sausage, Egg & Cheese Buttermilk Biscuits**  
16/4 oz. biscuits  
#4842... \$19.99



**Egg, Sausage, & 3 Cheese Breakfast Burritos**

Stuffed with whole eggs, savory sausage and three velvety, melted cheeses—American, Monterey Jack and Cheddar.

12/7 oz. burritos  
#4845....\$25.99 | \$2.17 each



**Egg, Bacon & 3 Cheese Breakfast Burritos**

Wrapped in a white tortilla. Microwavable. IW.

24/4 oz. burritos  
#7419....\$31.49



SAVE  
\$300

### Smoke'n Fast Roasted & Seared Pork Shoulder

Perfectly-seasoned, moist and tender pork in savory au jus. Boil in bag, or heat in slow cooker or oven, then shred.

GF 2 / 5 lb. case

#6878...Reg. \$48.99 | Sale \$45.99

★★★★★

"This pork is so moist and tender, and the flavor... Wow! It really doesn't need any sauce, but is also good with a BBQ sauce. I love that it's 2 / 5 lb. bags. It's so perfect for a last minute meal when company drops by. Each 5 lb. bag will feed between 20 and 30 people, depending on how you serve it."

**Fern Goodwin,  
St. George, UT**



**Smithfield  
Farmland**  
PACKAGED FOOD GROUP

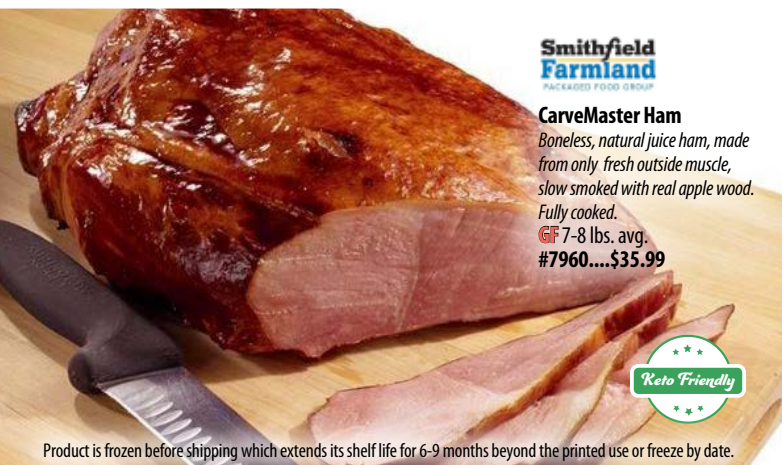
### Seasoned Center-Cut Pork Chops

Bone-in, Raw, lean and trimmed. Marinated for added tenderness.

GF 32/5 oz., 10 lb.

#6305....\$43.99

Compare our price of \$4.40 per lb. to Schwan's cost of \$8.00 per lb., and save 45% with AP!



**Smithfield  
Farmland**  
PACKAGED FOOD GROUP

### CarveMaster Ham

Boneless, natural juice ham, made from only fresh outside muscle, slow smoked with real apple wood. Fully cooked.

GF 7-8 lbs. avg.

#7960....\$35.99

Keto Friendly

Product is frozen before shipping which extends its shelf life for 6-9 months beyond the printed use or freeze by date.



### Bone-In Ham Steaks

Fully cooked, hearty ham steaks. Individually vacuum sealed for freshness.

GF Big 1 lb. steaks, 4 per order

#5659....\$22.99

Keto Friendly

Photo shows recipe suggestion for Pork Chile Verde.



### NEW! Pork Cubes

¾" tender cubes of unseasoned raw pork Boston butts, perfect for chile verde, homemade chilis, and stews.

GF 2/1.5 lb. pkgs.

#1756....\$12.99



**FIRE BRAISED**

### Fire Braised Fully Cooked St. Louis Style Pork Ribs

Ribs first seared with flame to caramelize the exterior and develop flavor, then slow-cooked in their own natural juices until tender and delicious.

GF 2.45 lb. avg. bag

#1737....\$20.49 | \$8.36 per lb.

Keto Friendly



**Johnsonville**

### Bratwurst Minis

Fully-cooked. Skinless. Approx. 50-3.5" links per package. Oven bake, grill, or griddle.

GF 5 lb. pack

#4843...\$22.99



**Hillshire  
Farm**

### Lit'l Smokies® Cocktail Links

Pork, turkey, and beef smoked to perfection. Fully cooked.

GF 3 lb. pouch

#6042....\$16.99



Photo shows recipe suggestion.



### NEW! Black Pepper Smoked Pork Rope Sausage

This was one of the top-requested new products shown at our 2019 Food Show! It's perfectly seasoned and ideal for winter soups and skillet recipes.

GF 2/5 lb. case  
#1920....\$45.99



Try our new Rope Sausage in..

## CROCK POT SAUSAGE CHOWDER

14 oz. Smoked Sausage Rope, sliced (#1920)  
1 cup Diced Onion (#5772)  
15 oz. can diced tomatoes, undrained  
4 oz. can green chilies, chopped and undrained  
15.25 oz. can corn, undrained  
14.5 oz. can chicken broth (#1038)  
8 oz. jar enchilada sauce  
1 tsp. dried oregano (#1445)  
1 tsp. chili powder (#1014)  
1 tsp. salt (#1146)  
1 tsp. pepper (#1029)  
2 cups water

Lightly brown sausage slices in a skillet and drain. Add these to remaining ingredients in a 6-Quart slow cooker and gently stir. Cover and cook on low for 6-8 hours or on high for 3-4 hours.

PORK | FROZEN



### Smoke Craft Pulled Pork

Fully cooked, naturally hickory smoked pulled pork. Free of the 8 common food allergens as defined by the FDA. No added hormones ever.

GF 5 lb. bag  
#1677....\$28.99



### Pork Ribslets

Raw pork ribs ready to cook. Thaw them and cook in a slow cooker with BBQ sauce or in the oven. These are not meaty like a spare rib; more like individual baby back ribs.

GF 10 lb. case  
#1777...\$19.99 | Just \$2.00 per lb.!



### Gold Medal All Meat Hot Dogs

Larger, 1/4 lb. hot dogs. No MSG added.

GF 4 per lb./40 ct./10 lb. case  
#1634....\$41.99 | \$1.05 each!



Flavorful sausages wrapped in soft baked rolls. Individually wrapped in microwaveable film. Choose from 3 delicious flavors!



### Hand-Held Sausages in Soft Baked Rolls



#### Sweet 'n Smokey Sausage in a Soft Baked Roll

Naturally hardwood smoked sausage plus a hint of honey in a soft-textured roll. Heat and serve.

8/5 oz. rolls  
#1365...\$14.49 | \$1.81 each



#### Smokey Cheddar Pork Sausage Link in a Soft Baked Roll

Naturally hardwood smoked sausage filled with Wisconsin Sargento cheese in a soft-textured roll. Heat and serve.

8/5 oz. rolls  
#1362...\$14.49 | \$1.81 each



#### Smoked Brat in a Soft Baked Roll

Hearty, big-flavored traditional bratwurst in a soft-textured roll. Heat and serve.

8/5 oz. rolls  
#1363...\$14.49 | \$1.81 each



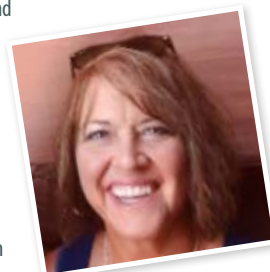
# Stacee's LOW-CARB CHEESY SPINACH STUFFED CHICKEN BREASTS

Preheat oven to 375 degrees. Thaw 4 chicken breasts and pat excess moisture away with paper towel. Rub chicken breasts with olive oil and sprinkle with paprika, garlic salt, and pepper. Slice each breast horizontally and set aside.

Cream together the following for filling:

- 4 oz. cream cheese, softened (#1799)
- 1/4 cup grated Parmesan (#1683)
- 2 Tbsp. avocado oil mayo (#1537)
- 1 cup chopped spinach
- 1 Tbsp. Popeye's Spinach Dip Mix (#1423)

Spoon spinach mixture evenly into the sliced opening of each chicken breast. Place the chicken breasts in a 9x13 baking dish. Bake, uncovered, for 25 minutes or until chicken is cooked through.



## 100% Natural Chicken Breasts

Boneless, skinless breasts with rib meat. Ice glazed to prevent freezer burn. Raw. Irregular, #2 product, packaged under the Sunland label. Size of breast pieces will vary. GF 4 lb. bag #5513....Reg. \$9.99 | Sale \$7.99

Keto Friendly



## Chicken Breast Tenders (raw)

Juicy tenders to enjoy in stir fry, fajitas, kabobs, and more. Irregular, #2 product, packaged under the Sunland label. Size of pieces will vary. GF 4 lb. bag #6829....\$11.99 | Just \$3.00 per lb.!

Keto Friendly



## All Meat Premium Corn Dogs

Plump pork & beef franks. Generous 50/50 meat-to-batter ratio. 60/2.67 oz. #1182....\$29.99

AP Bestseller



## Fire Seared Chicken Thigh Meat

This boneless chicken thigh is first seared with fire to caramelize the exterior and develop flavor, then slow-cooked until tender, moist and delicious. Lightly seasoned.

GF 5 lb. bag #1736....\$30.99 | \$5.90 per lb.

Keto Friendly



## Maple Pancake with Pork Sausage

Pork and turkey blend sausage. 56/2.85 oz. #1406....\$32.99



## Soft Pretzel Mini Dogs

Mini 100% all-beef hot dogs wrapped in gourmet pretzel dough. 60/.8 oz. #7401....\$21.99



## Chicken Mini Corn Dogs

Mini chicken franks wrapped in honey crunch batter. 120/.67 oz., 5 lb. bag #1581...\$19.99

## PANTRY BARGAINS

### Pantry Bargains

are a great way to save money on family favorites! Their special pricing is due to slight irregularities. These #2 products will have variations in size or breading, but they are consistently delicious and always supported by our 100% satisfaction guarantee.



### Popcorn Chicken

Bite sized pieces of all breast meat chicken, lightly breaded for a flavorful golden crunch. Oven bake or fry. 2 lb. bag #1465...\$4.99



### Breaded Chicken Breast Fillets

Ready-to-cook. Bake or fry. 2.5 lb. bag #1003...\$7.99





Stuffed Chicken Entrées feature crispy breaded chicken breast, stuffed with flavorful filling. Just wrap in foil and oven bake from frozen.

POULTRY | FROZEN



### Chicken Cordon Bleu

Stuffed with smoked ham and swiss cheese.

25/5 oz.

#8553...\$30.99



### Chicken Kiev

Crispy breaded chicken breast filled with a butter blend.

25/5 oz.

#8561...\$30.99



### Chicken Philly

Filled with green peppers, onions, and cheese.

25/5 oz.

#8556...\$30.99

100% Natural. Made With White Meat Chicken. Whole Grain Breading. 0 Grams Trans Fat. No Hormones, Nitrates, or Preservatives. Delicious, grown-up flavors for a healthy indulgence.



### All-Natural Chicken, Brie, and Apple Entree

Sweet apples, cranberries and natural Brie cheese inside chicken breast meat with whole grain breading. Raw. Bake and serve.

2 / 5 oz. entrees | 10 oz. box

#4849...\$6.99



### All-Natural Chicken Creamy Jalapeno Entree

Spice it up with tender chicken breast meat filled with jalapeños and cream cheese.

2 / 5 oz. entrees / 10 oz. box

#4850...\$6.99



### Cordon Swiss Stuffed Chicken Minis

Mini Cordon Bleus! Square nuggets filled with ham and cheese. Oven bake.

24 oz. box

#9062... \$6.99

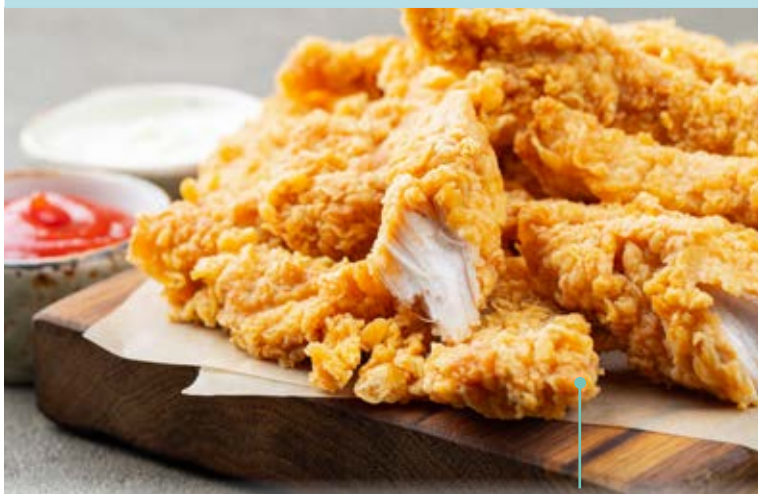


### Chicken & Country Gravy

Crispy breaded chicken breast filled with creamy peppery gravy.

25/5 oz.

#8559...\$30.99



★★★★★

"We love these Breaded Chicken Tenderloins. We love them plain, but we've also been known to cook them, slice them, and eat them on a salad."

Anne Metzler, Riverton, WY



### Breaded Chicken Tenderloins

All-natural, lightly breaded breast tenderloins. Fully cooked.

2/4.5 lb. bags / 9 lb. case

#6214...\$39.99



### Dino Buddies Chicken Nuggets

Fully cooked, No artificial ingredients. Frozen.

5 lb. box

#1258...\$19.99



★★★★★

"My husband prefers these over all the nuggets. The breading and flavor is great. Before baking, we like spraying them with Vegalene (#1576) and sprinkling with Seasoning Salt (#1033) to give them more flavor and crunch. We dip in BBQ sauce and serve with a salad. It's such an easy meal!"

Cloe Lawson, AP Marketing Assistant

Visit [alisonspantry.com](http://alisonspantry.com) to find Hot Deals like half-price BBQ Chicken Wings, seasoned chicken breasts, and gluten-free options. These limited-quantity products are only available through our website, and the selection changes all the time!







### Homestyle Breaded Chicken Tenderloins

Raw. Fry or bake. Tenderloins carefully cut from the juiciest part of the breast; marinated to keep them extra moist and flavorful.

2-3 oz. size  
2/5 lb. bags, 10 lb. case  
#6219...\$36.99

★★★★★

"This is my favorite, my-night-is-crazy-meal! No prep needed. Takes just 30 minutes to bake and they are so versatile. Chop them up for a salad, or serve them alone with a side for an easy and quick meal. We also love them covered with sweet and sour sauce. Just a very versatile product."

**Brandy Doty, Ivins, UT**



### Breaded Chicken Breast Nuggets

One year frozen shelf life.

.7 oz. size, 2/5 lb. bags, 228 nuggets  
10 lb. case  
#6220...\$29.99



★★★★★

"I am so impressed with the quality of Country Pride Breaded Breast Nuggets (#6220) ...no mystery meat in these nuggets. The crumb coating has great flavor and comes out fabulous whether from microwave or oven."

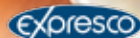
**Emily Young, Vernal, UT**



### NEW! Chick'n Dippin' Sauce

If you like Chick-fil-A sauce, you're going to love this smooth, delicious honey mustard blend for chicken.

17.5 oz. bottle  
#7253....\$4.99



### Mediterranean Style Chicken Breast Skewers

Fully-cooked, hearty portions of grilled skewered chicken breast with Mediterranean seasoning. Makes a delicious dinner, easy party meal, or quick fix entree for high-protein dieters!

GF 18/2.5 oz. skewers

#1801....\$27.99 | \$1.56 per skewer



### Fully Cooked Chicken Fries

White meat chicken in the ideal shape for dunking. Ready to enjoy in minutes from the oven or microwave.

2/5 lb. bags; 10 lb. case  
#1618....\$35.99



## LOW-CARB DILL CHICKEN SALAD

1 lb. Seasoned Diced Chicken Breast Pieces, thawed (#7787)

1/2 cup diced celery

1/3 cup finely chopped onion (#5772)

3/4 cup Avocado Oil Mayo (#1537)

1 Tbsp. Dijon mustard

3 Tbsp. SupHerb Farms Fresh Frozen Dill (#1865)

sea salt (#1146) and black pepper #1028), to taste

In a large mixing bowl, combine all ingredients and mix until well combined. Serve on lettuce leaves or croissants (if you aren't watching carbs!)



### NEW! Fresh Frozen Dill

Add fresh flavor to seafood, vegetables, dips, and more. If your recipe calls for 1 tsp. of dried dill, add 1 1/2 - 2 tps. of the SupHerb fresh frozen dill.

8 oz. bag  
#1865....\$8.49



### Seasoned Diced Chicken Breast Pieces

Tender 1/2" pieces fully cooked.

GF 10 lb. case.

#7787...\$47.99



SAVE \$300



**PIERCE CHICKEN.**

**Boneless, Skinless Chicken Breasts**  
 Restaurant-quality, cleanly trimmed. 100% all natural. Plump and ice glazed to prevent freezer burn.  
**GF** 48/4 oz., 12 lb. case  
**#6519...\$50.99**

Compare our cost of \$4.25/lb. for premium chicken breasts to Schwan's raw chicken breasts at \$7.20/lb. and save a whopping \$35.41 with Alison's Pantry!

**Keto Friendly**

**AP Best Seller**



**John Soules Foods**  
 Great Food. Made Simple.

**Asiago Breaded Chicken Breast Fillets**  
 Fully-cooked, restaurant-quality solid muscle chicken breast fillets, coated in a chef-inspired Asiago breading. Tender and flavorful.  
 5 oz. fillets / 2/5 lb. bags  
**#1685...Reg. \$48.99**  
**Sale \$45.99 | Just \$4.60 per lb.!**



**Tempura Battered Chicken Breast Strips**  
 Uncooked Tempura-battered whole breast meat strips with a light, golden battered coating.  
 10 lb. case  
**#7102...\$46.99**



**Tempura Chicken Breast Nuggets**  
 Made with 100% breast meat with crispy tempura batter. Par-fried. Fry or bake.  
 2/5 lb. bags, 10 lb. case  
**#6838...\$32.99 | \$3.30 per lb.**



**Country Pride**

**Breaded Chicken Breast Patties**  
 Breaded chicken breast with rib meat.  
 45/3.6 oz. size, 2/5 lb. bags, 10 lb. case  
**#6221...\$28.99 | \$2.90 per lb.**



**HEALTHIER QUALITY MEATS, INC.**  
 Quality Meat Selection at the Source

**Chicken Breast Pieces**  
 95% lean, randomly-cut chicken breast pieces, perfect for soups, stir-fry, etc. Raw.  
**GF** 5/1 lb.  
**#2620...\$16.99**  
**\$3.40 per lb.**

**Keto Friendly**

Photo shows recipe suggestion.



**SAVE 10%**

**Black Label Carving Turkey Breast**  
 Fully cooked. Raised with no antibiotics, no added hormones, no starches added. 1 year freezer life. Approx. 20 servings.  
**GF** 5.5-6 lb.  
**#9197... Reg. \$30.99 | Sale \$27.99**

**Keto Friendly**



**HARVEST PROVISIONS**

**Turkey Pot Roast**  
 Fully cooked chunks of savory turkey thigh meat and gravy in an oven-proof bag for easy reheating. Approx. weight. 4.75-5.25 lb. bag  
**#8994...\$24.99**

**Keto Friendly**



**CARLENA**

**#1 Ground Turkey, Frozen**  
 Premium ground turkey is 85% lean / 15% fat.  
**GF** 12/1 lb. chubs  
**#3568...\$26.99**

**Keto Friendly**





### Country Fried Steak

Raw and breaded. Deep fry for best results. IQF to guarantee freshness.  
40/4 oz. steaks, 10 lb. case  
#4613....\$42.99



SAVE  
\$300

### Breaded Steak Fingers

One ounce ready-to-dip fingers!  
160/1 oz. fingers, 10 lb. case  
#8565.... Reg. \$42.99 | Sale \$39.99

★★★★★

"We love these, they are so tender and as good or better than any restaurant country fried steaks. The finger sizes are so much more convenient for our family than the full size steaks, and we can portion them out more easily. They are perfect with the Custom Culinary Country Gravy (#1255, pg. 37), as a quick fix or a full blown dinner with potatoes and veggies."

Jamie Perkins,  
Panaca, NV



### Bacon Wrapped Filet of Beef

GF 6/5 oz. IVV  
#6986....\$17.99  
Just \$3.00 per steak!



### USDA Choice Seasoned Flat Iron Steaks

Similar flavor to fillet mignon without the high price tag.  
Cryo-vac'd pkgs.  
GF 12/6 oz. steaks  
#6044.....\$51.99



### Certified Hereford Choice Flat Iron Steaks

Naturally flavorful beef from premium breeding.  
GF 6/8 oz. steaks  
#1554....\$33.99 | \$5.67 per steak



## Chef Shamy GARLIC BUTTER STEAK BITES WITH ZUCCHINI NOODLES

1 lb. steak, cut into bite size cubes (#6044)  
¼ cup soy sauce  
1 Tbsp. Worcestershire sauce  
1 Tbsp. hot sauce  
½ tsp black pepper (#1029)  
4 medium zucchini, spiralized  
6 Tbsp. Chef Shamy Garlic Butter (#8124), divided  
Juice of ½ lemon  
3 Tbsp. fresh parsley  
½ tsp paprika (#1697)  
½ tsp red pepper flakes  
Salt (#1146) and pepper (#1029), to taste

Place steak bites, soy sauce, Worcestershire sauce, hot sauce, and pepper in a bag, and seal. Allow marinade to sit in the fridge for 30-60 minutes. Melt 2 tablespoons Garlic Butter in a pan or skillet over high heat. Add steak bites to the pan and sear 1 minute each side. Remove steak from the pan and set aside.

Turn heat down to medium and add the rest of the Garlic Butter (4 Tbsp.). Add zucchini noodles to the pan, and toss to coat in butter. Add lemon juice, parsley, paprika, and red pepper flakes. Toss to combine. Add steak back to the pan. Season with salt and pepper to taste. Serve.



**Garlic Butter with Parmesan & Basil**  
Gourmet, savory real butter recipe.

GF 10 oz. Tub  
#8124....\$8.99





### Beef & Chicken Fajita Meal Kit—6 servings

- ◆ 1 lb. beef fajita strips
  - ◆ 1 lb. chicken fajita strips
  - ◆ Flav-R-Pac Fajita Vegetables, 4 lb. bag
  - ◆ 12 ct. 8" flour tortillas
  - ◆ 6 Tbsp. AP Fajita Seasoning
- #1597....\$23.99

★★★★★

"This kit is wonderful to have handy! I prefer chicken to beef, but took a chance on the kit with both and it was a hit! I will get the kit again."

**Betsy Montoya, Santaquin, UT**



### Shrimp Alfredo & Garlic Bread—6 servings

- ◆ Newport White Shrimp, 26/30 ct, 2 lb. bag
  - ◆ 2 Tbsp. Garlic Supreme
  - ◆ Alfredo Sauce Mix
  - ◆ Pasta Partners Roasted Garlic & Parsley Linguini, 12 oz. pack
  - ◆ Flav-R-Pac Broccoli Florets, 2 lb. bag
  - ◆ (8) Tuscan Mini Dinner Loaves
- #1599....\$37.99

★★★★★

"We tried this and it was amazing! Everything was easy and pretty quick to get cooked. I will buy this again. Yumm!"

**Jessica Kelly, Dubois, WY**



### 100% Beef Hamburger Patties

These juicy, 100% pure ground beef patties are great for a quick lunch or dinner. 75/25 lean to fat ratio, with no soy, fillers, additives, or MSG.

GF 24 / 4 oz. / 6 lb. case  
#1075....\$23.99

### Jumbo 1/3 lb. Cheddar & Bacon Stuffed Beef Patties

Stuffed with pieces of smoky bacon and shredded Cheddar cheese.

GF 6 patties/2 lb. box  
#8377....\$10.99

Keto Friendly

### White Castle Cheeseburgers

Made with 100% beef, these famous little sliders are steam grilled on a bed of savory onions for a flavor you'll crave!

8/2 ct. packs  
#1595....\$14.99  
Just \$1.87 per twin pack!



MAIN STREET QUALITY MEATS, INC.  
Quality And Service at its finest

### 100% Beef 3-Way Blend Hamburger Patties

Juicy, flavorful blend of USDA ground chuck, ground sirloin, and ground brisket. 80/20. 100% beef, no fillers.

GF 40/4 oz. patties  
#2621....\$49.99

Keto Friendly



★★★★★

"Our family loves these beef patties! They're great for BBQs in the summer, and then in the winter we serve them without a bun, stacked with mashed potatoes and rich brown gravy. They make a delicious, easy meal any time of year!"

**Kim Henke, AP Marketing Director**



### USDA Choice Beef Stew Meat

Tender chunks of Choice beef. Raw; frozen.

GF 3 lb. bag  
#2607....Reg. \$18.99 | Sale \$17.49

SAVE  
\$150

Keto Friendly

Hebrew  
NATIONAL

### Quarter-Pound All Beef Franks

6" all beef franks. 100% Kosher beef. No fillers, by-products, artificial flavors, or colors.

GF 5 lb. pouch | 20 franks  
#2765....\$26.99



Keto Friendly





SAVE  
\$300



**Piccadilly Pub-Style Battered Cod**  
White cod fillets dipped in a golden pub-style batter. Bake or deep fry.  
3 oz. portions/5 lb. bag  
#8014.....Reg. \$42.99 | Sale \$39.99

★★★★★  
"My family loves the Piccadilly Pub Style Cod (#8014). We love to serve it with homemade French fries and top with malt vinegar. It's a great English tradition at our home. These are not formed pieces of cod but large flaky pieces of cod. One of our 'must haves' in our home."  
**Tori Martinez,**  
Vernal, UT



**Cod Fillets, Skinless**  
Mild tasting, wild-caught cod fillets. Individually wrapped in cellophane.  
GF 5 lb. box  
#8026.....\$44.99

Keto Friendly



**Yellowfin Ahi Tuna Fillets**  
8/4 oz. fillets  
#1798.....\$19.99

Keto Friendly



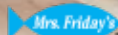
**Beer Battered Halibut Fillets**  
100% natural, untreated, whole muscle fish. Coated with a crisp, Samuel Adams Boston Lager batter.  
2 oz. fillets / 2.5 lb. bag  
#1125.....\$41.99



**Pub-Style Battered Cod**  
Wild-caught; no artificial colors, flavors or preservatives. Certified Sustainable Seafood. Bake or fry.  
2-3 oz. pieces  
2.5 lb. box  
#2807...\$17.99



**Atlantic Salmon Portions, IQF**  
Individually vacuum-sealed 4 oz. portions of Atlantic salmon. Boneless, skinless. Farm-raised product of Chile, processed in the USA.  
GF 4 oz./2 lb. bag  
#8669...\$27.99



**Tavern Battered Haddock**  
Oven bake or fry. Fry for crispiest results. Approx. 16 fillets.  
2-3 oz. fillets  
2.5 lb. bag  
#8416.....\$21.99



**Wild Pacific Halibut Portions**  
Wild-caught, sourced from the Pacific Ocean. Skin-on; sustainably-fished.  
4/4 oz. fillets.  
GF 16 oz. bag  
#8028....\$22.99

Keto Friendly



**Parmesan Encrusted Cod**  
All-natural, gluten-free, with no trans fat or preservatives.  
GF 2.5 svgs.  
9 oz. box  
#1063....\$9.49





### Tilapia Fillets

Premium boneless, skinless Tilapia Fillets. Farm-raised.  
GF 3-5 oz./10 lb. case.  
Approx. 40 fillets  
#8027....\$41.99

Keto Friendly



### CONTESSA

#### Black Tiger Shrimp

Tail-on. 16-20. Frozen.  
GF 2 lb. bag  
#2806....\$28.99

Keto Friendly



### Lemon Dill Butter

Made with 100% Real butter, all natural, and no added flavors or preservatives. Heavenly melted over seafood or vegetables.  
GF 3 oz. Tub  
#8879....\$3.99



### Cooked & Peeled White Shrimp, 31/40

Sweet white shrimp with a firm bite.  
GF 2 lb. bag  
#1812....\$17.99

### McCormick Extra Hot Cocktail Sauce

Spicy traditional sauce for seafood with an extra kick from real horseradish and peppers.  
8 oz. bottle  
#1814...\$3.99



SAVE \$2.00



### BIG! Butterfly Shrimp Gold Pack

Lightly breaded, fries to a golden brown.  
2.5 lb. (15/lb.)  
#4181....Reg. \$31.99 | Sale \$29.99



### Breaded Shrimp with Panko Crumb

Deep fry only. Premium butterfly shrimp with a unique crunchy oriental breading.  
3 lb. (16-20/lb.)  
#1813...\$30.99



### Shrimp Poppers

Made from minced shrimp and coated in a special bakeable breadcrumb.  
2 lb. bag  
#4180....\$11.49



### Classic Marinated Shrimp Skewers

Ready to cook. Griddle or oven bake.  
12 skewers/1 lb. 5.6 oz. box  
#8270....\$16.99



### Shrimp, Peeled & Deveined

White shrimp sourced from Indonesia and Vietnam.  
26/30 ct. Tail-off. Raw.  
GF 2 lb. bag  
#1545...\$17.99

Keto Friendly



### Gourmet Seafood & Crab Cakes

Lobster or snow crab blended with premium surimi.  
13/3 oz. cakes  
#8992...\$16.99



### Premium Alaskan Salmon Burgers

Salmon patty is made with the finest wild, ocean-caught, deep skinned Alaskan Salmon, herbs and spices.  
GF 3 lb. bag/12 ct.  
#2808....\$28.99



Keto Friendly



### Ultimate Fish Sticks

No preservatives, no artificial ingredients. Light all-natural breading. Bake or fry.  
4 lb. bag | 62 ct./1oz. sticks  
#2809....\$21.99



AP Bestseller



### McCormick Tartar Sauce

Tangy, cool sauce with mayo, pickles and lemon. No high fructose corn syrup.  
GF 8 oz. jar  
#1875....\$3.99



MAIN STREET QUALITY MEATS, INC.  
Quality and Service at its core

### Chicken Breast Strips for Fajitas

Lean, raw strips of chicken breast for fajitas or chicken stroganoff.

GF 3 lb. bag  
#2609....\$12.99

Keto Friendly

### Beef Strips for Fajitas

Tender strips of choice and select beef for juicy fajitas.

GF 3 lb. bag  
#2604...Reg. \$23.99 | Sale \$19.99

SAVE  
17%



### 8" Flour Tortillas

No trans fat. Frozen.  
12-12 ct. bags (144 tortillas)  
13.5 lb. case  
#4970....\$23.99

MAIN STREET QUALITY MEATS, INC.  
Quality and Service at its core

### NEW! Carne Asada Steak

1/4" cubes, raw, diced, unseasoned pieces of flavorful beef eye of round for traditional Carne Asada. Pair it with our Carne Asada Seasoning (#7378) to add just the right kick with ease!

GF 2/1.5 lb. pkgs.  
#1755....\$15.99

MAIN STREET QUALITY MEATS, INC.  
Quality and Service at its core

### NEW! Beef Ranchera, Thin Sliced Sirloin

Make traditional saucy "Steak Ranchero" or season these tender raw sirloin flap meat cuts to use in carne asada, tacos, burritos, or enchiladas.

GF 1.5 lb. avg. weight  
#1758....\$18.99



FLAV-R-PAC

### Baja Vegetable Roast

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.

GF 2 lb. bag  
#5353.....\$7.49



Tillamook

### Medium Cheddar Shredded Cheese

GF 2.5 lb. bag  
#1866....\$13.49

Keto Friendly



### Fajita Blend

Onion strips, with red, green and yellow bell pepper strips.

GF 4 lb. bag  
#2069.....\$7.99

Compare our price of \$2.00/lb. to Schwan's Fajita Vegetable Blend at \$5.49/lb. Save 64% with AP!



Keto Friendly

### Folios Parmesan Cheese Wraps

Lightly baked sheets of cheese. Recipe ready to crisp, wrap, roll or melt for carb-free, high-protein meals. Crisp it in the microwave to form bowls, chips, or to crumble over soups and salads. Made from part-skim all natural cheese.

GF 10/1.5 oz.  
#1719....\$13.99

★★★★★

"These are amazing! I made them into bowls for chicken salad the other night. Tonight, I made taco shells with them. They are delicious!"

Krysti Dycus,  
Clearmont, WY



### Chorizo & Queso Blanco Mini Tacos

A spicy blend of Mexican pork chorizo, a rich three-cheese blend and onions stuffed inside a mini yellow corn taco.

4 lb. box  
#6904....\$25.99



### Burrito Variety Pack

15 Beef & Bean,  
15 Bean & Cheese.  
5 oz. / 30 ct.  
#7368....\$24.99  
83¢ each



### Shredded Beef Taquitos

Crisp corn tortillas filled with shredded beef, pre-fried. Bake, microwave, or fry.

1.1 oz./48 ct. box  
#8269....\$17.99



Southwestern SPICES

### Ole Taco Seasoning

Big flavor and big savings over the grocery store.

1 lb. container  
#1846....Reg. \$8.49  
Sale \$6.99

SAVE  
18%

### Lip Smackin' Chipotle Ranch

The perfect dip for taquitos or topper for taco salads.

8 oz. bag  
#2589....\$7.99

### Emma's Enchilada Seasoning

Just add tomato sauce and water for smooth, flavorful sauce.

1 lb. bag  
#1016....\$5.99





SAVE  
\$150

**POSADA**

**Chimichangas**

Meat and cheese in a lightly par-fried flour tortilla.  
12 / 5 oz.

Reg. \$18.99 | Sale \$17.49

◆ #1873 Shredded Steak & Cheese

◆ #1874 Shredded Chicken

★★★★★  
"Posada Chimichangas are great and simple. They can be cooked in the microwave, oven or deep fat fryer and they taste great any way you cook them."

**Kim George,  
Stratton, CO**



**EL MONTEREY**

**Beef Tamales**

Savory shredded and ground beef filling, chili peppers, and spices, wrapped in a traditional corn masa and natural corn husk then steam cooked. Frozen; microwave or steam to heat through.  
36 ct./4.5 oz. tamales

#1657....\$39.99



America's #1  
Frozen Burrito!



**Butcher Wrapped Shredded  
Steak & Cheese Burritos**

Savory shredded steak, cheddar cheese, mozzarella cheese, Monterey Jack cheese and Mexican spices in an oven-baked flour tortilla. Generously sized. Comes frozen. Bake, microwave, or deep fry. IW.  
12 / 9.5 oz. burritos

#8848....\$23.99



**XXL Bean & Cheese Burritos**

Big flavor and big satisfaction! Beans, cheddar cheese and Mexican spices in an oven-baked flour tortilla. Comes frozen. Bake, microwave, or deep fry. IW.

12 / 9.5 oz. burritos

#8847... \$16.99



**XXL Beef & Bean Burrito**

Savory beef, beans and Mexican spices in a large oven-baked flour tortilla. IW.

12 / 9.5 oz. burritos

#8975....\$15.99

**Recipe Tips!**

Combine diced tomatoes with SupHerb Farms Salsa Blend, lime juice, and salt for fresh salsa in minutes!

Or, stir Salsa Blend herbs into your favorite ranch dressing for a kicky topping for Southwest salads.

**SupHerb**  
Farms

**NEW! SupHerb Farms Fusions®  
Salsa Blend**

Fresh diced jalapenos, green onion, cilantro, and garlic. Use with fresh or canned tomatoes or diced fruit for fruit salsas. Mix with avocados for guacamole, or stir some into your taco or enchilada soup!

1 lb. bag

#1841....\$8.99



**Harvest Fresh Avocado Dices**

Rich, buttery Hass avocados quick frozen for any use. No mess; no waste! Divide frozen dices into desired amounts in airtight bags. Thaw needed amount overnight under refrigeration and then use just as you would use fresh avocado.

GF 2 lb. bag

#1645....\$15.99



**Calavo**

**Fiesta Guacamole**

Flavorful guacamole with medium kick from red and jalapeno peppers. Comes frozen. GF

{ 6/12 oz. tubs  
#9247....\$29.99 }

**SMALLER PACK**

Fiesta Guacamole

#1060 12 oz. tub...\$5.99



**EL MONTEREY**

**Raspberry Cheesecake Bites**

Sweet and creamy cheesecake paired with raspberry topping in an oven-baked and battered flour tortilla. 24 Bites per box. 24 Bites per box.

4 / 6 ct. bags / 2 oz. bites

#8850....\$19.99



**Spanish Rice Seasoning**

Zippy blend for restaurant-quality rice every time.

1 lb. bag

#2105....\$5.99



**Baja Chili Lime Seasoning**

The kick of chili peppers with the zing of lime; excellent on shrimp, chicken, beef, and fish.

1 lb. container

#7664....\$10.99



**Fabulous Fajita Seasoning**

Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of chicken, beef, or pork.

1 lb. bag

#1017....\$8.49





### Tri Color Tortellini

Small pasta rings stuffed with a rich Ricotta cheese blend.

5 lb. bag  
#1815.... Reg. \$21.99 | **Sale \$19.99**

**SAVE  
\$2.00**

## EASY FRESH MARINARA SAUCE

56 oz. canned tomatoes  
1 cup Chopped Onion (#5772)  
1 stick Kirkland Butter (#1723)  
1/4 cup Italian Blend Herbs (#1840)  
Salt (#1146) and pepper (#1028) to taste

Cook tomatoes, onion, and butter together for 50 minutes. Blend or mash tomatoes, then add Italian Blend, salt and pepper.



### NEW! SupHerb Farms Fusions® Italian Blend

Garlic, basil, oregano, marjoram, parsley, rosemary, and thyme. Use to make a quick, fresh-tasting marinara, mix into meatballs, or add to olive oil to make a savory dipping sauce.

8 oz. bag  
#1840....\$8.99



### Six-Cheese Jumbo Ravioli

Precooked; filled with Ricotta, imported Romano, Parmesan, Monterey Jack, mozzarella, and cheddar cheeses. Approx. 40 ravioli.  
2.65 lb. bag  
#3493....\$14.49



### Large Round Beef Ravioli

No MSG. Serves 5.  
22 oz. bag  
#8964....\$6.99



### Stuffed Rigatoni with Cheese

Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen.

2.5 lb. bag  
#1431....\$9.49



### Margherita® Sliced Pepperoni

GF 3 lb.  
(14-18 slices per oz.)  
#1596....\$18.99

Compare our price at 40¢ per oz. to Hormel Pepperoni at 70¢ per oz. Save 43%!



### Homestyle Meatballs

Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese. Approx.  
52 1/2 oz. meatballs per bag.

26 oz. bag  
#8963....\$7.99



### Italian Style Meatballs

Savory 1/2 oz. beef blend meatballs, fully-cooked. Oven-baked, not fried.  
No MSG added.

52 oz. bag  
#9142....\$13.49



### Gluten-Free Pizza Crusts, 10"

Each crust is packaged with a foil pan for easy cooking and no cross contamination in your oven. GF

12 crusts  
#1092....\$24.49 | \$2.04 per crust



### Pizza Dough Balls

Thaw and roll for crusts, calzones, and breadsticks. Frozen. Individually wrapped.

6 ct. / 16 oz. balls  
#1079....\$15.99



### Aluminum Pizza Screen, 12"

Ensure a crispy, pizzeria-style crust with this sturdy pizza screen.

#1593....\$5.99



### REAL Kraft® Fresh Grated Parmesan Cheese

Save with our bulk bag compared to the green can.

GF 1 lb. bag  
#1683....\$8.49



### Cauliflower Pizza Crusts

Cauliflower is the first ingredient! Less than half the sugar of leading gluten-free pizzas, and packed with protein, fiber, and nutrients.

♦ #1546 2 / 10" crusts (12 oz. pack)  
\$8.99 | \$4.50 per crust GF

♦ #1547 12/10" crusts (72 oz. pack)  
\$35.99 | Just \$3.00 per crust! GF



# Restaurant-quality Asian favorites from home!

❄️  
ASIAN | FROZEN  
❄️



**Yang's**  
No MSG

## Mandarin Orange Chicken

Crispy, juicy chicken battered and glazed with Mandarin orange sauce. No MSG. Frozen.

22 oz. bag  
#1376...\$7.99



**Yang's**  
No MSG

## BBQ Teriyaki Chicken

Marinated and barbecued chicken with an authentic teriyaki sauce. No MSG. Frozen.

21 oz. bag  
#1377...\$7.99

★★★★★  
"I'm not a fan of Teriyaki but my husband wanted to order this and I'm so glad he did. The sauce is perfectly flavored and not overly sweet. We love to cook it anytime we have friends over."

**Erin Brimhall,  
St. George, UT**



## Chicken Rice Bowl with Teriyaki Sauce

Grilled white meat chicken with broccoli, carrots, edamame, and red bell peppers on a bed of white rice with teriyaki sauce. Microwave.

6 / 12.5 oz. bowls  
#1718...\$20.99 | Just \$3.50 per meal!



## Kikkoman Panko Bread Crumbs

Unseasoned.

2.5 lb. bag  
#1193...\$5.99



## Deluxe Stir Fry Vegetable Blend

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.

GF 2 lb. bag  
#5309...\$5.49



**Golden Tiger**

## Southwest Chicken Egg Rolls

Filled with tender chicken, spinach, black beans, corn, red bell pepper, and pepper jack cheese.

18 / 3 oz. box  
#1131...\$18.99



**MINH**

## Vegetable Egg Rolls

Cabbage, bok choy, water chestnuts, carrots and celery

12/3 oz. box  
#4078...\$11.49



**AMOY**

## Crab Rangoon

Fully cooked Rangoon, stuffed with a delicious blend of cream cheese and crabmeat.

Deep fry or bake.  
30 / 1 oz.  
#6694...\$16.99



**Long Long**  
SINCE 1988

## All Natural Chicken and Vegetable Potstickers

Savory chicken and vegetable filling in tender dumplings. Ready in 10 minutes. Frozen.

4.2 lb. bag  
#4767...\$17.99



**AMOY**

## Vegetable Fried Rice

Simply heat and serve.

3 lb. bag  
#6695...\$13.49



**YAKISOBAN**

## Japanese Yakisoba Noodles

Fully cooked, frozen; heat and serve.

5 lb. bag  
#9176...\$9.49

Our Fresh Frozen Green Onions are a perfect addition to fried rice, homemade egg drop soup, and stir fries!



**SupHerb**  
FRESH

## NEW! Fresh Frozen Green Onion

Add to stir-fries, soups, rice dishes, dips & dressings, salads.

8 oz. bag  
#1864...\$6.99





### Maine Lobster Bisque Soup

A perfect blend of minced sweet lobster meat simmered in rich cream and sherry. 8 svgs. heat and serve.

4 lb. bag  
#9166...\$14.99



### New England Extreme Clam Chowder Soup

Authentic New England Clam Chowder made with an extreme amount of clam meat.

8 svgs. heat and serve.  
GF 4 lb. bag  
#9167...\$15.99



### Baked Potato Soup

Home-style cuts of russet potato simmered with select seasonings and smoked bacon in a rich cream sauce. Boil in bag.

4 lb. bag  
#9244...\$13.99



### NEW! Southwest Corn Chowder

A unique blend of roasted corn, red bell peppers, chunky potatoes, cilantro and chipotle chilies in a delicious chicken stock. 8 svgs.

4 lb. bag  
#2012...\$12.99



### NEW! Shrimp & Roasted Corn Chowder

A delightful creamy combination of sweet roasted corn, tender shrimp, zesty red peppers and potatoes, finished with a touch of spice. 8 svgs.

4 lb. bag  
#9246...\$14.99



### French Onion Soup

Delicious sweet onions simmered to perfection in a savory beef broth, accented with a touch of sherry wine to give this classic soup a unique twist.

GF 4 lb. bag  
#1143...\$13.99



With humble beginnings as a family recipe served at the Whitey's restaurants, Whitey's hearty chili is slow-cooked with vine-ripened tomatoes, plump beans, premium beef, and just the right blend of seasonings.

### NEW! Beef Chili with Beans

This is the original Whitey's chili that got it all started. Loaded with premium beef and beans, fresh tomatoes, onions and a special blend of herbs and spices, it's slow cooked for the ultimate in taste and flavor.

GF 5 lb. bag  
#2010...\$21.99

### NEW! White Chicken Chili

For a lighter taste, Whitey's Chicken Chili features select whole pieces of white meat chicken that's slow cooked with fresh vegetables, herbs and spices.

GF 5 lb. bag  
#2011...\$22.99





**SAVE \$150**

**Sourdough Bread Bowls**  
Frozen. Thaw, warm, and serve.  
24 ct. / 8 oz. bowls  
#1508...Reg. \$17.99  
**Sale \$16.49 | Just .69 each!**



**SAVE 11%**

**Blount**  
**Broccoli & Cheese Soup**  
Chopped broccoli, shredded carrots and select seasonings simmered in a velvety smooth cheese sauce. Boil in bag.  
4 lb. bag  
#9245...Reg. \$13.99 | **Sale \$12.49**

SOUP | FROZEN



**Blount**  
**NEW! Creamy Tomato Soup**  
A delicious medley of tomatoes, cream, spices and garlic all simmered in a rich broth. 8 svgs.  
**GF** 4 lb. bag  
#1111...\$13.99



**Blount**  
**NEW! Roasted Red Pepper & Smoked Gouda Bisque**  
Roasted red peppers and smoky Gouda, a Dutch cheese with butterscotch and nutty undertones, add an overall richness while maintaining a delicate texture. 8 svgs. **GF**  
#2014...\$15.99

**Back by popular demand!**



**Blount**  
**Alfredo Sauce**  
Rich with cream and flavorful Pecorino Romano cheese; ideal for classic fettuccine alfredo, or for topping other pastas and vegetables. 8 svgs.  
**GF** 4 lb. bag  
#9160...\$15.99



**Blount**  
**NEW! White Cheddar Macaroni & Cheese**  
A grown-up version of the ultimate comfort food, made with shell pasta and decadent, creamy white cheddar cheese sauce. 8 svgs.  
4 lb. bag  
#2015...\$15.99

Make clean-up  
easy!

**PanSaver®**  
**Slow Cooker Liners**  
Fits 3-6.5 qt. round or oval slow cookers.  
6-4 ct. Boxes; 24 liners  
#1089...\$14.49  
Just 60¢ each




**Reames**  
**Frozen Homestyle Egg Noodles**  
America's favorite brand! Thick and hearty.  
3 lb. bag  
#1407...\$11.49

Photo shows recipe suggestion.





SAVE  
10%

**Riced Cauliflower**  
Unseasoned. Value sized bag.  
GF 5 lb. bag  
#2743.....Reg. \$14.49 | Sale \$12.99

Keto Friendly

# EASY CHEESY LOW-CARB CREAMY CAULIFLOWER

4 cups Riced Cauliflower (#2743)  
1 Tbsp. Kirkland butter (#1723)  
Salt (#1146) and pepper (#2019)  
(plus a little garlic salt (#1019))  
3 Tbsp cream cheese (#1799)  
2 cups shredded cheddar cheese (#1866)

Place butter in a pan with riced cauliflower on medium heat until the cauliflower gets a little translucent, (I don't like it too mushy so I just cook it 6-8 minutes). Add cream cheese and shredded cheese. Stir it up until the cheeses melt. Turn burner to low heat for about 6 more minutes. Crumble bacon on top if you'd like!



## Colorful V E G E T A B L E S

Frozen vegetables lock in flavor and nutrition better than fresh vegetables, and bring color to your meals!



**Asparagus Spears**  
Medium IQF Grade A, 5" spears.  
GF 2.5 lb. bag  
#3127.....\$16.99

AP Bestseller

Keto Friendly



**Brussels Sprouts**  
GF 2 lb. bag  
#6381.....\$4.99

Keto Friendly



**Whole Kernel Corn with Sauce**  
GF 2 lb. bag  
#4664.....\$4.99



**5-Way Mixed Vegetables**  
Blend of carrots, corn, peas, green beans and lima beans.  
GF 2.5 lb. bag  
#1493.....\$4.99



**Broccoli Florets**  
GF 2 lb. bag  
#8197.....\$4.99

Keto Friendly



**Deluxe Stir Fry Vegetable Blend**  
Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.  
GF 2 lb. bag  
#5309.....\$5.49



**Yellow Squash, Sliced**  
GF 2 lb. bag  
#7860.....\$4.99

Keto Friendly



**Cauliflower Florets**  
GF 2 lb. bag  
#6383.....\$5.49

Keto Friendly



**Gourmet Whole Green Beans**  
GF 4 lb. bag  
#3781.....\$7.99

Keto Friendly



**Pacific Blend**  
Blend of Sugar Snap™ peas, bias-cut yellow carrots, bias-cut carrots, and broccoli florets.  
GF 4 lb. bag  
#8640.....\$8.99

Keto Friendly



**Fajita Blend**  
Onion strips, with red, green and yellow bell pepper strips.  
GF 4 lb. bag  
#2069.....\$7.99

Keto Friendly



**Chopped Onions**  
GF 2 lb. bag  
#5772.....\$3.99

Keto Friendly



**Omelet Blend**  
Blend of diced red and green peppers & onions.  
GF 2 lb. bag  
#3216.....\$4.99

Keto Friendly





**Winter Mix**  
A blend of 60% broccoli cuts and 40% cauliflower florets.  
**GF** 2 lb. bag  
#6388.....\$4.99



**Normandy Blend**  
Blend of broccoli, cauliflower, sliced carrots, zucchini and yellow squash.  
**GF** 4 lb. bag  
#1266.....\$8.99



**Corn Cobbetts**  
**GF** 2-12 ct. bags. / 24 ct.  
#4655...\$8.99



**Sunshine Carrots**  
Blend of sweet, bias-cut orange and yellow carrots.  
**GF** 4 lb. bag  
#5520.....\$6.99



**Malibu Blend**  
Cut broccoli, cauliflower, and carrots. Certified sustainable.  
**GF** 4 lb. bag  
#1346....\$9.99



**Capri Vegetables**  
Blend of julienne-cut carrot strips, bias-cut green beans, sliced yellow squash and zucchini.  
**GF** 4 lb. bag  
#8737.....\$7.49



**Garden Blend**  
Blend of broccoli, cauliflower, green beans, carrots, zucchini, yellow squash, and red peppers.  
**GF** 4 lb. bag  
#3221....\$7.99



**Simple Goodness Parisian Carrots**  
Imported from Belgium, Parisian carrots are small and round with incredibly sweet flavor.  
**GF** 2.5 lb. bag  
#1349....\$6.99



**Chalet Garlic Butter Vegetables**  
Broccoli and cauliflower florets, with julienne orange and yellow carrots in a sauce of butter, roasted garlic, salt and pepper.  
**GF** 2 lb. bag  
#7791.....\$7.49



**Baja Vegetable Roast**  
Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.  
**GF** 2 lb. bag  
#5353.....\$7.49



**Petite Peas**  
**GF** 2.5 lb. bag  
#6208....\$5.99



**Peas & Pearl Onions**  
**GF** 2.5 lb. bag  
#6385.....\$5.49



**Super Sweet Whole Kernel Corn**  
Picked at the peak of freshness then flash frozen to lock in sweet flavor, color, and texture.  
**GF** 2.5 lb. bag  
#1090....\$4.99



**Roasted Vegetable & Pasta Blend**  
Delicious pasta and vegetable blend roasted with an herb and garlic seasoning.  
2.5 lb. bag  
#1297....\$7.99



**Exotic Grains & Fire Roasted Vegetable Blend**  
Red & brown rice, black beans, roasted sweet corn, red quinoa, tomato, peppers, onion, and amaranth, and southwestern seasoning.  
**GF** 2.5 lb. bag  
#1690....\$13.99 | Just .35 per oz.!



**Good Grains Red Quinoa**  
5 g. protein. Freezer to plate in 6-8 minutes for grain bowls, salads, soups, etc. Unseasoned.  
**GF** 2.5 lb. bag  
#1691....\$10.49



**QUINCY GOLD**

**Loose Shredded Hash Browns**  
GF 6/3 lb. bags, 18 lb. case  
#2418....\$26.99 | \$4.50 per bag

**SMALLER PACK**  
**Loose Shredded Hash Browns**  
An AP bestseller for over a decade.  
#2421 GF 3 lb. bag ....\$5.99



**Tater Tots**  
Bake or fry. CN label.  
GF 8 lb. bag  
#2425....\$11.99



**Gold Sweet Potato Straight-Cut Coated Fries**  
Coated Sweet Potato Fries, Grade A. Bake or fry.  
6/2.5 lb. bags, 15 lb. case  
#4979....\$34.99

**SMALLER PACK**  
**Gold Sweet Potato Straight-Cut Coated Fries**  
2.5 lb. bag  
#1211....\$7.49



**Golden Crinkles French Fries**  
Grade A, crinkle-cut potatoes. 0 Trans Fat. Value size bag.  
GF 8 lb. bag  
#1120....\$11.49



**Beer Battered Skinless 5/16" Thin French Fries**  
Premium craft beer batter makes these extra-long, thin-cut fries perfect as a side or appetizer.  
5 lb. bag  
#1762....\$13.99



**Gourmet Fry Sauce**  
A rich, creamy recipe of ketchup, mayo, and a special blend of spices make this the BFF of French Fries.  
17.5 oz.  
#7255.....\$4.99



**3/8" Regular Cut French Fries**  
Traditional, regular-cut French fries. Fry or bake.  
GF 6/5 lb. bags  
#2412....\$29.99 | \$5.00 per bag



**Redstone Canyon Spiral Cut Fries**  
Light seasoned batter coating. Bake, or fry.  
CN labeled.  
4 lb. bag  
#2419....\$8.99



**Cross-Trax® Waffle Fries**  
Skin-on, ready to cook criss-cut potatoes. Frozen. Bake or fry.  
2.5 lb. bag  
2416....\$10.99



**SMALLER PACK**  
**3/8" Regular Cut French Fries**  
#1213 GF 5 lb. bag....\$5.99



**Smiles® Shaped Potatoes**  
Fun, smiley-faced battered mashed potatoes.  
Bake or fry. CN label.  
4 lb. bag  
#2417....\$10.99



**Cracked Black Pepper Fries with Sea Salt & Garlic Seasoned French Fries**  
Skin-on, bake and fry.  
3/8"/5 lb. bag  
#1299....\$11.99



**Golden Hash Brown Patties**  
Approx. 120 patties  
GF 6/2.8 lb. bags  
#2429....\$31.99

**SMALLER PACK**  
**Golden Hash Brown Patties**  
Bake or fry. 2.25 oz. patties.  
Approx. 20 patties.  
GF 2.8 lb. bag  
#2427....\$6.49







◆ **Potato & Cheddar Cheese Pierogies**  
Tender pasta dumplings filled with a creamy blend of mashed potatoes and Cheddar cheese. Boil, pan fry, oven bake, deep fry or steam.  
6 lb. bag  
#5621....\$17.99

◆ **Loaded Baked Potato Pierogies**  
Sharp cheddar cheese, sour cream and chives, whipped potatoes seasoned with bacon Frozen.  
6 lb. bag  
#4991....Reg. \$20.99 | **Sale \$18.99**

Compare to Schwan's Pierogies at \$4.00 per lb., and save .83 per lb.!

SAVE  
10%

## SKILLET PIEROGIES AND SAUSAGE

16 oz. Mrs. T's Pierogies  
2 Tbsp. butter (#1723)  
1 cup Chopped Onion (#5772)  
1 lb. Daily's Peppered Rope Sausage (#1920), sliced

In a 12-inch skillet over medium heat in hot butter, cook onion until tender, stirring occasionally. Add pierogies and sausage; sauté pierogies 4 to 6 minutes per side, turning occasionally, until pierogies are golden brown and sausage is heated through.



**Three Cheese Twice Baked Potatoes**  
Creamy whipped potatoes in the half shell make an effortless side to any meal. Fully cooked.  
12 / 5 oz. pack  
#1157....\$12.99



**Roasted Redskins with Rosemary Seasoning**  
Red potatoes lightly seasoned a blend of rosemary, garlic, and onion flavors.  
GF 2.5 lb. bag  
#2068....\$5.99



**Diced Redskin Potatoes**  
½" cubes.  
GF 5 lb. bag  
#8569....\$7.99

### PICCADILLY

**Piccadilly Old English Style Fries**  
Authentic batter-dipped English-style fries.  
Bake or deep fry.  
5 lb. bag  
#6761....\$10.99



**Roasted Garlic Mashed Redskin Potatoes**  
Creamy "skin-in" redskin homestyle mashed potatoes blended with real roasted garlic. Frozen. GF

{ 3/4 lb. bags (12 lb.) }  
#7944....\$27.99



**Sweet Potato Casserole with Praline Topping**  
Mashed sweet potatoes, brown sugar and spices. Heat and serve.  
5 lb. tray  
#3855 ....\$14.99



**Country Style Cuts**  
Cut straight from the heart of the sweet potato.  
GF 5 lb. bag  
#5968....\$10.99





★★★★★  
 "Wyman's Blackberries are the best berries! We LOVE these plain, in parfaits, in fruit salads, and they're amazing for jam! Wyman's frozen fruits are a staple in our freezer. You cannot beat the prices."  
**Jamie Perkins,**  
**Panaca, NV**



**Blackberries, Whole**  
 Picked fresh at sweet-tart perfection!  
**GF** 5 lb. bag  
 #1221....\$14.99



★★★★★  
 "I have always been a fan of wild blueberries, and Wyman's does not disappoint! One of the reasons I prefer these blueberries over others is the size. I love that they are small but they are packed with flavor! I use these straight from the freezer in homemade muffins and pancakes."  
**Jennifer Sessions,**  
**Roosevelt, UT**



**Wild Blueberries**  
 Leading antioxidant superfruit! Smaller berries.  
**GF** 5 lb. bag  
 #1218....\$14.99



★★★★★  
 "These are as good as fresh! My husband's favorite! He puts them on yogurt and ice cream, makes a syrup and adds the berries for pancakes, and uses in salads."  
**Sharon Johnson,**  
**Pinedale, WY**



**Triple Berry Blend**  
 Sweet, colorful blend of blueberries, raspberries, and blackberries.  
**GF** 3 lb. bag  
 #1215....Reg. \$11.99 | **Sale \$10.99**



★★★★★  
 "We like Dole Mixed Fruit in smoothies or as a side with any meal."  
**Erika Barney,**  
**Pinegree, ID**

**Wildly Nutritious Mixed Fruit Blend**  
 Blend of strawberries, pineapple, mango, and peaches. No sugar added.  
**GF** 5 lb. bag  
 #2032....Reg. \$15.99 | **Sale \$13.99**



**Peach Slices**  
 Uniform, blemish-free, Grade A IQF peaches.  
**GF** 5 lb. bag  
 #7841....\$14.99



**Sunrise Fruit Medley**  
 Peaches, Strawberries, Honeydew, Pineapple and Blueberries.  
**GF** 5 lb. bag  
 #4985....\$14.99



**Chef-Ready Diced Strawberries**  
 Premium-quality sweet strawberries, perfect for fruit salsas, drinks, and jams.  
**GF** 2 1/2 lb. bags  
 #2832....\$27.99



**Raspberry Crumbles**  
 100% raspberry pieces minimize crushing for deliciously fruity jams and baked goods.  
**GF** 2.5 lb. bag  
 #2830....\$6.99



**Raspberry Crumbles**  
**GF** 10 lb. case (4/2.5 lb. bags)  
 #2831....\$24.99



**Red Raspberries, Whole**  
**GF** 5 lb. bag  
 #1219....\$17.99



# BERRY PIE BARS

## For the dough & topping:

3 cups flour (#2285)  
1 1/2 cups sugar (#1632)  
1 lemon zested  
1/2 cup unsalted butter (#1723), cold and cut into cubes  
3 eggs slightly beaten

## For the Berry Filling:

4 cups berries  
1 Tbsp. fresh squeezed lemon juice  
1 Tbsp. corn starch (#2849)  
3/4 cup sugar (#1632)

## To make the dough:

Preheat oven to 350°F and line a 9x13 baking dish with parchment paper.  
With stand-mixer or hand-mixer, combine flour, sugar, and lemon zest until combined. Add butter and continue mixing.  
Stop the mixer and use your fingers or a fork to break up the butter into smaller pieces. Resume mixing.  
Add eggs and continue mixing until a crumbly dough begins to form. Set aside.

## To make the berry filling:

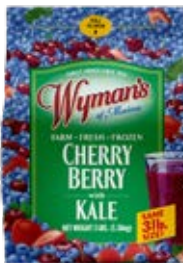
Add berries, lemon juice, cornstarch and sugar to a large mixing bowl and stir together.

## Build your berry crumble bars:

Press half of the dough into the bottom of the baking dish.  
Pour berry mixture over the crust and spread evenly with spoon.  
Crumble the remaining dough on top of the berry filling.  
Bake for 35-40 minutes or until the crumble appears slightly golden brown.  
Remove from oven and allow to cool completely before cutting.



FRUIT | FROZEN



## Cherry Berry & Kale

Strawberries, blueberries, and cherries with kale.

GF 3 lb. bag  
#1216...\$11.49

## Dark Sweet and Red Tart Cherries

GF 2 lb. bag  
#1217...\$9.49



## Mixed Berries, Whole

Strawberries, red raspberries, blackberries, and blueberries.

GF 5 lb. bag  
#1223...\$15.99



Keto Friendly



## Mango Chunks

Sweet chunks, perfect for colorful fruit salsas.

GF 3 lb. bag  
#2655...\$8.99



## Blueberries

GF 5 lb. bag  
#2030...\$21.99



## Sliced Bananas

GF 5 lb. bag  
#2835...\$12.99



## Mango Berry & Wild Blueberry Blend

Mangoes, strawberries, and wild blueberries.

GF 3 lb. bag  
#9221...\$10.99

## Tropical Berry & Coconut Blend

Vibrant, juicy mango and pineapple chunks, strawberries, and coconut chunks. Delicious in smoothies!

GF 3 lb. bag  
#2658...\$10.49



## Whole Strawberries

Juicy strawberries for smoothies, pies, and jams.

GF 3 lb. bag  
#1214...\$8.99

Keto Friendly



Marie Callender's

### Chicken Pot Pies

We create each pot pie from scratch.  
Filled with juicy meat, tender vegetables,  
and our signature golden, flaky crust.  
8 pies/10 oz.  
#2393....\$15.99

Compare our cost of just \$2.00  
each to \$2.89 each at the grocery  
store and save 31% with AP!



SAVE  
\$2.00

### Stuffed Cheese Bread Sticks

Fluffy mozzarella-cheese-filled breadsticks.  
36/7" sticks.

#5620....Reg. \$23.99 | Sale \$21.99

★★★★★

"Once you try these bread  
sticks, you will never want  
another brand. These are the  
best! Soft and delicious for a  
snack or with any meal."

**Terrisa Berg,**  
**Soda Springs, ID**



### Stuffed Pizza Sticks

Bread sticks loaded with real mozzarella  
cheese, tangy tomato sauce and pieces  
of pepperoni.

32/4" sticks  
#5795....\$14.99



### Deep Dish Cheese Pizzas

Pizzeria quality! Premium pizza sauce  
and 100% Real Mozzarella cheese.

12 ct./7" pizzas  
#5666....\$24.99



### Pepperoni Pizza

5" IW, 12/6 oz. case  
#6250....\$26.99

### Meat Trio Pizza

Sausage, pepperoni  
and ham.  
5" IW, 12/5.44 oz. case  
#6249....\$26.99



### Rip N Dip Pepperoni Stuffed Pizza Ring

Freshly sliced pepperoni and naturally blended cheeses  
wrapped in fluffy pizza dough. Includes Marinara Sauce  
dipping cups.

12/8.5 oz.  
#7277...\$32.99



### Pepperoni Pizza Rolls

Pepperoni pizza toppings rolled into a snackable  
crust. Frozen. Microwave or oven bake.

90 ct. / 44.5 oz. bag  
#2430....\$11.99



### Pepperoni Pizza

Pepperoni pizza filling wrapped in a garlic buttery  
seasoned crust for a handheld lunch.

4.5 oz. / 17 ct.  
#1282....\$19.99 | \$1.18 each!



### Macaroni & Cheese Frozen Pouches

Microwave, or heat pouch in  
boiling water, then slice open  
and serve.

36/7 oz. pouches  
#7881....\$47.99 | Just \$1.33 each!







### Bakeable Breaded Mozzarella Sticks

Natural, aged mozzarella in a home style breading accented with Italian spices.

3 lb. bag  
#1270....Reg. \$21.49  
Sale \$19.99



### Beer Battered King Onion Rings

Jumbo slices of sweet onion covered in premium beer batter.

2.5 lb. bag  
#1269....\$11.99



### Cream Cheese Breaded Stuffed Jalapenos

Mild jalapeno peppers stuffed with cream cheese and breaded to perfection.

2 lb. bag  
#1272....\$13.99



### Battered Spicy Jalapeno & Cheddar Corn Nuggets

Fire-roasted corn, jalapenos and red peppers in a cheddar cheese blend coated in crispy cornmeal batter.

3 lb. bag  
#2065....\$14.99



### Battered Mac & Cheese Wedges

Creamy Cheddar cheese mixed with stick macaroni in a crispy Cheddar batter.

3 lb. bag  
#1271....\$18.99



### "Cheddar Pints"

#### Battered Cheese Curds

Real Wisconsin white cheddar cheese curds battered in Brew City's one-of-a-kind crispy beer batter.

3 lb. bag  
#1273....\$20.99



### Breaded Pickle Chips

Sliced pickles coated in breading with a hint of spice.

2.5 lb. bag  
#1275....\$13.99



### Crispy Battered Green Beans

Bake or fry.

2 lb. bag  
#1300....\$9.49



### Corn Nuggets

These sweet corn kernels coated in crispy batter are the perfect bite-sized snack.

2 lb. bag  
#1274....\$7.99



### Butter Breaded Mushrooms

Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch.

2.5 lb. bag  
#1276....\$11.49



### Beer Battered Zucchini Slices

Fresh crinkle cut zucchini slices coated in our crispy butter-golden batter.

3 lb. bag  
#1072....\$12.99



### Soft Baked Pretzels

Traditional chewy recipe!

20 ct. box  
#1472....\$12.99



### Pretzilla Bites Soft Pretzels

Light and airy, 1 1/2" soft pretzel bites with just a touch of sweetness. Unsalted. Delicious with savory or sweet dips and toppings. Approx. 96 bites.

2 lb. bag  
#1748....\$15.99







### Mini Naan Bread

Hand-stretched flatbread made with buttermilk and ghee (clarified butter). Save with our bulk case, and use for personal pizzas, tacos, dipping in hummus or oil blends, etc.. Comes frozen.

64 ct. Case/5 1/4 x 4 1/2"

#1686....\$32.99

★★★★★

"This Naan Bread is delicious! We used it in sandwiches, ate it plain, put jam on it, and even made Naan tacos! My family devoured 1/2 a box in less than 2 weeks! I will definitely be keeping this around!"

**Mindy Raymond,  
Terreton, ID**



### Tuscan Mini Dinner Loaves

Par-baked. Heat for 3-5 min. for a crisp crust.

24 / 4 oz.

#8196.....\$14.99



★★★★★

"I LOVE the Stone Ground Tuscan Mini Dinner Loaves. We use them as a staple in our kitchen. They taste just like they are baked in Italy. Having them pre-baked is so convenient and easy to use. We use them for meatball sandwiches, garlic bread along side spaghetti, French dip sandwiches, open face grilled cheese, chicken salad and grilled chicken sandwiches. They are a must in our family."

**Stacey Izatt, AP Regional  
Sales Manager**



### Round Ciabatta Rolls

24 ct./4" bun

#1051....\$12.99

**Bridgford**

### Buttermilk Biscuits

Fluffy, home style biscuits. Microwave to heat.

72/2.25 oz. IW

#5646....\$23.99

### SMALLER PACK

#### Buttermilk Biscuits

#1321 18/2.25 oz. IW....\$7.49

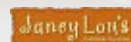


### French Sourdough Baguettes

Similar to our Tuscan Mini Dinner loaves but about twice as long and crafted from a deliciously sour dough.

8/12" Par-Baked Loaves

#8977....\$10.99



### Beehive Dinner Roll Dough

Generous dough portions come frozen. Thaw, proof and bake for rolls with homemade look and flavor.

96/2.5 oz. pucks / 15 lb. Case

#8925....\$37.99



### Cinnamon Raisin Bread

2 / 1 lb. loaves

#1671....\$8.99

**Bridgford**

### Parkerhouse Frozen Roll Dough

Easy dinner rolls, and a Monkey Bread staple!

240/1 oz.

#5965....\$27.99

### SMALLER PACK

#### Parkerhouse Frozen Roll Dough

#1136 60 ct. bag....\$7.99



### Uncrustables

Soft, crustless 51% wheat bread sandwiches filled with creamy peanut butter and sweet Smucker's jelly. IW 18/2.6 oz.

#3119 Peanut Butter & Grape Jelly  
\$14.99 | 83¢ each

#3120 Peanut Butter and Strawberry Jam  
\$14.99 | 83¢ each

**Grape Uncrustables**  
72/2.8 oz. IW  
#7579.....\$52.99 | .74 each

**Strawberry Uncrustables**  
72-2.6 oz IW  
#4290.....\$52.99 | .74 each



### Uncrustables Peanut Butter & Honey

Sweet and smooth honey spread meets rich and nutty Smucker's® Peanut Butter in a crustless whole wheat sandwich.

2 oz. / 4 ct.

#1437....\$4.99





## Our meats really stack up!

CHEESE | FROZEN



### NEW! Natural Choice Oven Roasted Sliced Turkey

This all-natural, fully cooked sliced oven roasted turkey delivers natural texture and bite for delicious sandwiches and wraps, with less sodium.

GF 5 oz. slices / 2 lb.

#1739....\$15.99 | \$8.00 per lb.



### NEW! Premium Sliced Roast Beef

Fully-cooked, savory roast beef slices with rich flavor for sandwiches and wraps. No allergens.

GF 2 lb. pouch

#1750....\$19.99 | \$9.50 per lb.



### NEW! Natural Choice Premium Cherrywood Smoked Sliced Ham

All-natural premium Hormel ham, natural cherrywood hardwood smoked for rich flavor.

GF 1 oz. slices/ 2 lb. pouch

#1740...\$14.99 | \$7.50 per lb.



### Hard Salami Slices

Smoked, robust flavor from a seasoned blend of pork and beef, cured and slow-aged to provide authentic taste. Perfect for sandwiches, platters, or high-protein snacking.

GF 2 lb. bag

#1688...\$12.99



### Cheeseheads String Cheese

Stringy mozzarella cheese sticks. 80 calories; 6 grams of protein.

GF 1 oz. / 60 ct.

#4972...\$15.99

Just 27¢ each!

Compare our price of just 27¢/stick to 39¢/stick at local grocery stores!



### Tillamook Tillamoos Cheese Snack Portions

Creamy cheddar portions made with just 4 ingredients, naturally aged for over 60 days. 1W.

GF 50 ct. / .75 oz. portions

\$20.49

#### ◆ #5035 Medium Cheddar

#### ◆ #5036 Smoked Black Pepper in White Cheddar

Creamy White Cheddar peppered with real hickory-smoked cracked black peppercorns.



### Wisconsin Pepper Jack Cheese Sticks

Individually wrapped sticks of Monterey Jack cheese with jalapeño peppers.

GF 1 oz. sticks 24 ct. Box

#3671....\$10.49 | Just 44¢ each!



### Colby Jack Cheese Slices

Creamy real California cheese.

GF 30 slices/1.5 lb.

#1858....\$6.99 | 23¢ per slice



### Mild Cheddar Cheese Slices

Creamy real California cheese.

GF 30 slices/1.5 lb.

#1859....\$6.99 | .23 per slice



### American Cheese Slices

Creamy American cheese slices for burgers and grilled cheese.

GF 120 Slices / 5 lb.

#1867....\$16.99



### Jif Family Size Creamy Peanut Butter

GF 4 lb. can

#2913....\$10.99



### Nutella Spread

Velvety hazelnut spread.

GF 26.5 oz. jar

#7338....\$8.99



### Bread Loaves

Soft, fluffy loaves, perfect for sandwiches or toast.

6 Month frozen;

7-10 day thawed shelf-life.



{ Cottage Wheat Bread  
case of 6/24 oz. loaves  
#1345....\$12.49 | \$2.08 per loaf }

{ Cottage White Bread  
case of 6/24 oz. loaves  
#1336....\$11.49 | \$1.92 per loaf }

### Fancy Jam

Made in small batches with premium ingredients.

GF 15 oz. jar \$5.49

◆ #8930 Harvest Peach Cobbler

◆ #3003 Red Raspberry

◆ #3005 Strawberry Rhubarb

◆ #3000 Bodacious Berry



### PB Jamwich

Soft, crustless peanut butter and jelly sandwiches made with white bread. Individually wrapped.

24/2.8 oz....\$23.99

◆ #1680 Peanut Butter & Grape Jelly

◆ #1681 Peanut Butter and Strawberry Jam







### Vanilla Scone Dough

Sweet, pre-cut scone dough. Just thaw, let rise, press and fry. 90 days frozen shelf life. 72/1.5 oz.

#7544....Reg. \$20.99 | Sale \$18.99

SAVE  
10%



### Strawberry Honey Butter

Made with real delectable red strawberries, sweet honey, and real butter.

GF 12.4 oz. tub

#8128...\$8.99

### Cinnamon Brown Sugar Honey Butter

All-natural, gourmet, real-butter treat with no added preservatives or flavors.

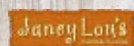
GF 12.4 oz. tub

#8129...\$8.99

★★★★★

"This is so amazing my kids beg to have toast now every morning. The whole family loves it and I will definitely be buying more!!"

Sarah Bryson,  
Mandan, ND



### Cinnamon Rolls

Frozen proof-and-bake cinnamon roll dough with homemade flavor. Frozen.

60 / 4 oz. rolls

#9134....\$38.99



### Cream Cheese Icing

Comes frozen.

GF 3 lb. tub

#8388....\$13.99



AP Bestseller

## GIVE YOUR ICING A NEW TWIST!

To 2 cups Cream Cheese Icing, add:

- 1 Tbsp. orange juice + 1 tsp orange zest, **or**
- 1 tsp. lemon juice or 1/2 tsp. lemon extract + 1 tsp. lemon zest, **or**
- 1-2 Tbsp. Raspberry Jam, **or**
- 2 Tbsp. unsweetened cocoa powder



### Peanut Butter Crispy Bars

Thaw-n-Serve. Not Pre-Cut. 4-1/4 sheet pans. Yields 16-2 x 2 bars per sheet, or 64 bars.

#6917....\$34.99



### Simply Goodness Frozen Cookie Dough Pucks

40/1 oz. case

- ◆ #6849 Oatmeal Raisin ....\$9.49
- ◆ #6850 M&M ....\$9.99
- ◆ #6852 White Chunk Macadamia ....\$10.49
- ◆ #6853 Double Chocolate Chip ....\$9.99
- ◆ #6851 Chocolate Chunk Pecan ....\$9.49
- ◆ #6854 Peanut Butter Cup ...\$10.49
- ◆ #1749 Chocolate Chip...\$9.99



### Chocolate Chunk Cookie Dough

Make fresh buttery cookies loaded with rich chocolate chunks with our easy place-and-bake cookie dough pucks.

120/1.5 oz. cookies

#1830....\$35.99 | Just .30 per cookie!



### NEW! Graham Tart Shells, 3"

Ready to eat mini graham crusts. Serve with desired fillings for an easy dessert. Shipped frozen. 18 ct.

#1422....\$7.99 | Just 44¢ each

### NEW! Schreiber Cream Cheese

Creamy, rich flavor to use in recipes or for spreading.

GF 3 lb. block

#1799...\$13.99



## CHEESECAKE TARTS

4 ounces cream cheese, softened (#1799)

1/4 cup sugar (#1632)

2 tsp. lemon juice

1/4 tsp. vanilla (#6919)

1 egg

6 Keebler® Mini Graham Cracker Tart Shells (#1422)

1/2 cup sour cream

1 Tbsp. sugar (#1632)

1/4 tsp. vanilla (#6919)

Fresh fruit

In small mixing bowl beat cream cheese, 1/4 cup sugar, lemon juice and 1/4 teaspoon vanilla on medium speed of electric mixer until fluffy. Add egg, beating until just combined.

Place tart shells on baking sheet. Evenly spread cream cheese mixture in tart shells. Bake on baking sheet at 325°F for 15 to 20 minutes or until knife inserted into filling 1 inch from edge comes out clean.

In small bowl combine sour cream, 1 tablespoon sugar and 1/4 teaspoon vanilla. Carefully spread over tarts. Bake at 325°F for 10 minutes. Cool on wire rack for 30 minutes. Refrigerate at least 2 hours.

Garnish with fresh fruit. Store in refrigerator.





### Belgian Custard Mini Eclairs

Chocolate Topped Belgian mini eclairs filled with a rich Bavarian custard cream. Frozen; thaw & serve.  
24.6 oz. tub / 50 ct.  
#1351....\$13.49



### Belgian Mini Cream Puffs

Frozen; thaw & serve.  
3 lb. 5 oz. tub / 120 ct.  
#1350....\$15.49



### Tuxedo Dessert Assortment

Decadent assortment of mini eclairs, hazelnut cream puffs, mini chocolate rolls, and mini strawberry rolls. 52 mini pastries. Thaw & serve.  
1.76 lb. box  
#1673....\$21.99



### Snack Pies

With real fruit fillings, and smooth, rich cream fillings, these snack pies are the best we've ever tasted! Each filling is wrapped in a lightly glazed, freshly made crust. Four delicious flavors to choose from. No trans-fat. Pies come frozen, and individually wrapped. Thaw and serve, or warm if desired. Peanut & Tree Nut Free.  
12/4 oz. pies per box  
\$9.99 | 83¢ each

- ◆ #1982 NEW! Blackberry
  - ◆ #4729 Apple
  - ◆ #4731 Chocolate
  - ◆ #2653 Boston Cream Duos
  - ◆ #2654 Strawberry & Cream Duos
- Vanilla cream layered on top of rich chocolate cream.  
Strawberry pie filling layered on vanilla cream.



### Klondike Choco Taco

Vanilla ice cream with fudgy swirls wrapped in a crunchy sugar cone taco, then drenched in a thick, chocolatey coating and sprinkled with chopped peanuts.  
24 ct.  
#1589...Reg. \$34.99  
Sale \$31.99 | Just \$1.33 each!



### Uncle Denny's Caramel Topping

Thick, creamy gourmet caramel topping made with real butter. Use as a dip or stir into popcorn for easy Caramel Corn.  
GF 15 oz. jar  
#7894....\$6.49



### Nestle Toll House Chocolate Chip Cookie Dough

Ready-to-bake dough. Ships frozen.  
Yield: Approx. 81 cookies.  
5 lb. tub  
#3677....\$12.99



### Sqwincher Squeeze Assorted Electrolyte Freezer Pops

Not just sugar water! No HFCS, lower sodium, and more potassium for serious hydration. 10 pops in 5 flavors: orange, mixed berry, cherry, grape and lemon-lime.  
3 oz. / 10 ct.  
#1071....\$4.99



### Gluten Free 4" Sugar Cookies

The best GF cookies we've ever tasted! Their special recipe has homemade flavor and texture. Individually wrapped. Ships frozen.  
GF 4" / 12 ct. box  
#1481....\$18.99




**SAVE  
14%**
**Montreal Steak Seasoning**

One of our bestselling spice blends! Coarse ground spice blend for all red meat—steaks, hamburgers, meatloaf and great to top off roasts.

**GF** 1 lb. bag  
#1023....Reg. \$6.99 | **Sale \$5.99**

★★★★★

"For a man's birthday, give him a container of the Montreal Steak Seasoning and a box of steaks with a bow. You could even add some long handled BBQ tongs.

**Fern Goodwin, St. George, UT**


**SAVE  
22%**
**Ultimate Onion Blend**

Flavorful blend of coarse dehydrated minced onions and red bell peppers. Use it as a rub on meats, sprinkled over vegetables, or stirred into recipes. Use in place of fresh onions in hamburgers, meatloaf, etc.

**GF** 1 lb. bag  
#4575....Reg. \$6.99 | **Sale \$5.49**

★★★★★

"Love the affordability of this product, especially since I go through about a bag per month even with just two people in the household! I use this mix in almost everything: burgers, steaks, soups, dips, roast, chicken, pork, shrimp, potatoes, pasta, grilled veggies, cowboy beans... the possibilities are endless. It's SO good!"

**Tori Voller, Bison, SD**


**SAVE  
25%**
**Turmeric**

One of the healthiest spices, turmeric adds color and aroma to dishes with its warm, mildly peppery flavor that hints at orange and ginger. Its anti-inflammatory benefits are believed to ease rheumatoid arthritis, irritable bowel syndrome, and cystic fibrosis.

**GF** 1 lb. bag  
#1832....Reg. \$7.99 | **Sale \$5.99**


**SAVE  
25%**
**Garlic & Herb Seasoning**

Savory all-purpose blend of sea salt, brown sugar, garlic, onion and other spices perfect for meats, soups, and vegetables. No MSG.

**GF** 1 lb. bag  
#5408....Reg. \$7.99 | **Sale \$5.99**

★★★★★

This is a great garlic mix. We add it to meats when grilling or even to our chili and spaghetti sauce for that nummy garlic flavor!"

**Darlene W**

# Spice up your recipes!

## FRESH BULK SPICES MEAN BIG SAVINGS.

All spices sold in 1 lb. bags unless otherwise noted.

**MENU ESSENTIALS**

Applewood Seasoning Rub	#5990	\$7.99
Basil, Imported, Cut/sifted <b>GF</b>	#1443	\$7.49
Bay Leaves, ½ lb. <b>GF</b>	#1753	\$12.99
Celery, Diced, ½ lb. <b>GF</b>	#3232	\$7.99
Celery Salt <b>GF</b>	#1427	\$4.99
Chili Powder, Mild <b>GF</b>	#1014	<del>\$8.49</del> <b>Sale \$6.99</b>
Cumin, Ground <b>GF</b>	#1442	\$8.99
Garlic and Herb Seasoning <b>GF</b>	#5408	<del>\$7.99</del> <b>Sale \$5.99</b>
Garlic Granules <b>GF</b>	#1948	\$12.99
Garlic, Minced <b>GF</b>	#1020	\$12.99
Garlic Pepper <b>GF</b>	#1018	\$13.99
Garlic Powder <b>GF</b>	#1021	\$12.99
Garlic Salt, Classic <b>GF</b>	#1019	\$4.99
Garlic Supreme <b>GF</b>	#2592	<del>\$10.99</del> <b>Sale \$8.99</b>

Mustard Seed Powder <b>GF</b>	#1428	\$6.49
Onion, Chopped <b>GF</b>	#1026	\$7.99
Onion Salt, Classic Blend <b>GF</b>	#1024	\$4.99
Onion Powder <b>GF</b>	#1027	\$7.49
Oregano, Mediterranean <b>GF</b>	#1445	\$12.99
Paprika, Mild <b>GF</b>	#1697	\$8.99
Parsley Flakes, ½ lb. <b>GF</b>	#1426	\$7.99
Pepper, Black, Table Grind <b>GF</b>	#1029	<del>\$15.49</del> <b>Sale \$13.99</b>
Pepper, Black, Coarse Grind <b>GF</b>	#1028	\$15.99
Peppercorns, Whole, Black <b>GF</b>	#1030	\$15.49
Seasoning Salt <b>GF</b>	#1033	\$4.99
Smoky Maple Herb Seasoning <b>GF</b>	#4576	\$6.99
Thyme, Cut & sifted, ½ lb. <b>GF</b>	#1444	\$6.49
Turmeric, Ground <b>GF</b>	#1832	<del>\$7.99</del> <b>Sale \$5.99</b>
Ultimate Onion Blend <b>GF</b>	#4575	<del>\$6.99</del> <b>Sale \$5.49</b>

**Sea Salt**

Healthy alternative to more-refined table salt.

**GF** 16 oz. container...\$4.49  
♦ #1146 Fine  
♦ #1147 Coarse

**Pure Powdered Vanilla**

Contains no alcohol, so none of the beautiful flavor bakes out.

**Pure Powdered Vanilla 3-Pack**

**GF** 3-4 oz. jars  
#8627.... \$39.99 | \$13.33 per bottle

**GF** 4 oz. jar  
#8626....\$14.99

**Seasoning Salt**

Flavorful, no-MSG multipurpose blend of salt, sugar, paprika, onion, garlic, celery seed, bay leaf, coriander, and chili pepper.

**GF** 1 lb. bag  
#1033....\$4.99

★★★★★

"A little bit goes a long way. We use this quite regularly, especially on potatoes. Great value for a great product!"

**Erika Barney, Pinegree, ID**

**SPICES IN CONTAINERS**

The following spices come packaged in **tall, clear plastic containers** that fit beautifully on your shelf! Saves the extra step of transferring your bagged spices into your own containers.

Cinnamon Vanilla French Toast Sugar <b>GF</b> 28 oz. container	#3894	\$10.99
Garlic Supreme <b>GF</b> 1 lb. container	#6112	\$12.99
Montreal Steak Seasoning <b>GF</b> 1½ lb. container	#4227	\$11.99
Olé Taco Seasoning 1 lb. container	#1846	<del>\$8.49</del> <b>Sale \$6.99</b>

Onion, Chopped <b>GF</b> 12 oz. container	#1847	\$9.49
Onion Soup & Dip <b>GF</b> 1½ lb. container	#1845	\$12.49
Rosie's Ranch Buttermilk Dressing <b>GF</b> 24 oz. container	#3893	\$11.99
Seasoning Salt <b>GF</b> 2 lb. container	#1849	\$8.49

**Clear Round Spice Containers**

♦ **Black Lid**  
8 oz., 5" tall  
#1233.... \$1.49

♦ **Mini Red Lid**  
3.5 oz., 4" tall.  
#1234.... \$1.49



**16 oz. Clear Square Plastic Jar with Shaker Flip Lid**  
12/16 oz. jars  
#4435....\$11.99

**Single 16 oz. jar**  
#1526....\$1.49

**32 oz. Clear Plastic Spice Jars with Shaker Flip Lid**  
12/32 oz. jars  
#5129....\$14.49  
\$1.21 each

**Single 32 oz. jar**  
#1228....\$1.99



## SPRINKLES FOR EVERY TABLE

Cinnamon Vanilla French Toast Sugar <b>GF</b>	#1536	\$5.49
Everything Bagel Seasoning <b>GF</b>	#1826	\$8.99
French Fry Seasoning <b>GF</b>	#1441	\$5.99
Salad Sprinkles Supreme	#1701	\$9.99

## MEAL MUSTS

Baja Chili Lime Seasoning <b>GF</b>	#7664	\$10.99
Caribbean Jerk Seasoning	#1724	\$6.99
Carne Asada Seasoning <b>GF</b>	#7378	\$7.49
Chili Seasoning Mix	#1015	\$6.99
Citrus Grill Seasoning	#1754	\$7.99
Emma's Enchilada Seasoning	#1016	\$5.99
Fabulous Fajita Seasoning <b>GF</b>	#1017	\$8.49
Hearty Bean Seasoning <b>GF</b>	#1670	\$8.99
Italian 'n Pizza Seasoning <b>GF</b>	#1432	\$9.49
Leah's Lemon Pepper <b>GF</b>	#1022	\$8.49
Mom's Meatloaf Seasoning	#1582	\$9.99
Montreal Chicken Seasoning <b>GF</b>	#7746	\$7.99
Montreal Steak Seasoning <b>GF</b>	#1023	\$6.99 Sale \$5.99
Mucho Mexican Seasoning	#2816	\$6.99
Mushroom Soup & Stroganoff <b>GF</b>	#1672	\$7.99
Olé Taco Seasoning	#1037	\$6.99
Pronto Potato Salad Seasoning	#1820	\$8.99

Savory Stew Seasoning	#1540	\$7.99
Sloppy Joe Seasoning Mix <b>GF</b>	#1035	\$5.99 Sale \$4.99
Spanish Rice Seasoning <b>GF</b>	#2105	\$5.99
Superb Spaghetti Seas. Mix <b>GF</b>	#1036	\$6.49
Tuscan Herb Blend Seasoning	#3628	\$9.99

## BAKING SPICES

Cinnamon, Ground Saigon <b>GF</b>	#3626	\$11.99
Cinnamon, Ground Korintje <b>GF</b>	#1005	\$9.99
Ginger, Ground <b>GF</b>	#1420	\$8.99
Orange Zest Granules, ¼ lb. <b>GF</b>	#1669	\$7.49
Signature Cinnamon Blend	#1678	\$18.99
Zesty Lemon Zest, ¼ lb. <b>GF</b>	#1433	\$6.99

## DIPS & DRESSINGS

Dilly Dill Dip Mix <b>GF</b>	#1421	\$7.99
Guacamole Seasoning, ½ lb. <b>GF</b>	#2588	\$5.99
Italian Salad Dressing Seas. <b>GF</b>	#1698	\$7.49
Lip Smackin' Chipotle Ranch <b>GF</b>	#2589	\$7.99
Onion Soup & Dip <b>GF</b>	#1025	\$6.99
Popeye's Spinach Dip Mix <b>GF</b>	#1423	\$9.99
Rosie's Ranch Buttermilk Salad Dressing Mix <b>GF</b>	#1032	\$6.99
Salsa Seasoning <b>GF</b>	#1898	\$8.49

SAVE  
10%



### Black Pepper

Customers love the bright green look of our fresh dried parsley flakes. They add color and healthy flavor to recipes  
**GF** 1/2 lb. bag  
#1029....Reg. \$15.49 | Sale \$13.99

SAVE  
18%



### Mild Chili Powder

A mild peppery blend of ground chili pepper, salt, cumin, oregano, and garlic.  
**GF** 1 lb. bag  
#1014....Reg. \$8.49 | Sale \$6.99

*Did you know? Chili can relieve achy joints. Research shows that capsaicin, found in chili peppers, has an anti-inflammatory effect, which may help ease arthritic swelling and pain.*

SAVE  
18%



### Ole Taco Seasoning

Add 3-5 Tbsp. of our flavorful taco seasoning to beef, chicken, pork, or turkey to create your favorite Mexican recipes. Also works well for a taco dip when mixed with mayo and sour cream. MSG Free!  
**GF** 1 lb. bag  
#1846....Reg. \$8.49  
Sale \$6.99

SAVE  
17%



### Superb Sloppy Joe Seasoning Mix

A tangy, sweet chili powder mix made to enhance the flavor of ground beef or turkey in Sloppy Joes. Just add water and tomato paste.  
**GF** 1 lb. bag  
#1035....Reg. \$5.99 | Sale \$4.99

★★★★★

*"Simple to mix up and a guaranteed hit in my house every time! No doubt it's the best combo of seasonings and spices for no leftovers. I make sure this never runs out!"*

Amanda Maine, Sturgis, SD

SAVE  
18%



### Garlic Supreme

Our blend of garlic, onion, parsley and chives is a customer favorite. Sprinkle it in soups or on vegetables, or use it as a rub on meats. It's also a flavorful topping on breads.  
**GF** 1 lb. bag  
#2592....Reg. \$10.99 | Sale \$8.99

★★★★★

*"This is my go-to seasoning. I use it in everything from roast, potatoes, spaghetti or chicken."*  
Maria Jo Brady, Cedar City, UT



CUSTOM CULINARY PRODUCTS ARE THE SAME BASES AND GRAVIES USED BY CHEFS.



### Granular Flavored Bases

An economical granular meat base. Add to hamburger or turkey ground meat for delicious patties. Use in rice or pasta cooking water for extra flavor. 0 trans fat.  
**GF** 16 oz., yield: 5 gallons....\$4.99

- ◆ #1040 Chicken
- ◆ #1041 Beef

### Real 'Meat First' Bases

Professional chef quality. No MSG added. 0 trans fat  
**GF** 16 oz., yield: 5 gallons.

- ◆ #1038 Chicken....\$8.99
- ◆ #1039 Beef....\$8.99



**PanRoast Pork Gravy Mix**  
12 oz./68-2 oz. svgs.  
#2131.....\$7.49

**PanRoast Brown Gravy Mix**  
12 oz./68-2 oz. svgs.  
#1252.....\$6.99

**PanRoast Turkey Gravy Mix**  
12 oz./68-2 oz. svgs.  
#1254.....\$7.99

**PanRoast Peppered Biscuit Gravy Mix**  
20 oz./72-2 oz. svgs.  
#1525.....\$6.99

**PanRoast Chicken Gravy Mix**  
12 oz./68-2 oz. svgs.  
#1253.....\$7.49

**PanRoast Peppered Biscuit Gravy Mix**  
6/20 oz. bags  
#7558...\$31.99

**PanRoast Country Gravy Mix**  
12 oz./68-2 oz. svgs.  
#1255.....\$7.49

**PanRoast Beef Gravy Mix**  
12 oz./68-2 oz. svgs.  
#3586.....\$6.99



**Au Jus Base**  
**GF** 16 oz. yield: 3 gal  
#2061.....\$7.99





### Classic Crème Cake & Muffin Mix

Professional mix for premium cakes.

4 lb. bag

#1823....Reg. \$7.99 | **Sale \$6.49**

SAVE  
**19%**



### Real Buttercream Frosting

Rich, creamy, and natural frosting that tastes homemade.

GF 12.8 oz. tub

**\$4.99**

♦ #8127... Chocolate

♦ #8126... Vanilla

## MORE THAN JUST A WHITE CAKE MIX!

Our Reps shared these delicious ways they love to mix up our Classic Creme Cake...

- Sprinkle dry mix on top of sliced peaches or apple pie filling, drizzle with melted butter and bake for an easy fruit cobbler.

- Stir chocolate chips (#1305, pg. 40) or cinnamon chips (#2776, pg. 40) into the batter.

- Add 1-2 tsp. lemon or almond extract and 1 Tbsp. poppy seeds to the batter.

### ♦ Mini Baking Cups

500 ct.

#2058.....\$6.99

### ♦ Baking Cups

White standard paper baking cups.

500 ct.

#1646.....\$6.99

### ♦ Texas Size Baking Cups

2 3/4" x 1 7/8" wax baking cups

500 ct.

#1580.....\$14.99



### Delectable Blueberry Muffin Mix

Customer-favorite mix for tender bakery-style blueberry muffins.

45/2 oz. muffins

4 lb. bag

#2308....\$11.99



### Richly Delicious Fudge Brownie Mix

Premium fudgy flavor and incomparable texture make this mix one of our most popular mixes.

72/2 x 2" brownies /4 lb. bag

#1824....\$10.99



### Scrumptious Raspberry Muffin Mix

Craft fluffy muffins with juicy raspberry-flavored bits.

45/2 oz. muffins

4 lb. bag

#2309.....\$11.99



### Pumpkin Chocolate Chip Cookie Mix

An old-fashioned favorite; soft and spicy pumpkin cookies with chocolate chips nestled throughout. 96/2" cookies.

4 lb. bag

#1966.... \$11.99



### Oatmeal Jumble Cookies

Just add water and butter for cookies with old-fashioned flavor. Add nuts, raisins, or chocolate chips (not included) for your personal touch!

Yield: 30 (2 1/2") cookies

23 oz. bag

#1594....\$6.49



### Snickerdoodle Cookie Mix

Just add water and shortening.

Yield: 30 (2 1/2") cookies.

23 oz. bag

#5243...\$6.49



### Ginger Molasses Cookie Mix

Just add water and shortening.

Yield: 30 (2 1/2") cookies.

23 oz. bag

#5299... \$6.49



### Chocolate Crinkle Cookie Mix

Just add water.

Yield: 30 (2 1/2") cookies.

23 oz. bag

#5244 ...\$6.49



### Professional Buttermilk Biscuit Mix

Commercial mix for tender, mildly sweet buttermilk biscuits. Yields 8 doz., 2" biscuits

5 lb. box

#2129...\$8.99



### Marvelous'n Chewy Macaroon Mix

60/1" cookies

4 lb. bag

#1965....\$18.99



### Heavenly Angel Food Cake Mix

Just add water. Yields 5/18 oz. cakes.

4 lb. bag

#2815....\$18.99







### Old Fashioned Buttermilk Pancake Mix

Tasty, old-fashioned, fluffy pancakes and waffles. Yield: 115/4" pancakes. Just add water.

4 lb. bag  
#1822.....\$6.99

### BULK Pancake Mix

Yield: 718 pancakes.

25 lb. bag  
#2128.....\$32.99



### Sweet Potato Pancake & Waffle Mix

No artificial ingredients or preservatives.

4 lb. bag  
#1967.....\$12.99



MIXES

### Conestoga Sweet Cream Pancake Mix

Just add water.

5 lb. bag  
#7435...\$11.49



### Professional Homestyle Cornbread Mix

Commercial mix bakes fluffy, slightly sweet cornbread with a finer grain.

5 lb. box  
#2130....\$9.99



## CRESTWARE

#### A. Commercial Cookie Sheet (Bun Pan)

Aluminum, 18" x 13"

#4020.....\$9.99

Compare to over \$16 on Amazon!

#### B. Cover for Commercial Cookie Sheet

(fits #4020 only)

#3860.....\$6.99

#### C. Quarter Size Sheet Pan

Aluminum, 9" x 13"

#5957.....\$6.99

#### Cover for Quarter Size Sheet Pan

(fits #5957 only) 9" x 13"

#5958.....\$5.99

Hand wash only.

#### D. Cookie Scoop

Measure consistent scoops of dough for perfectly portioned cookies every time.

#3838....\$7.49

#### E. Cooling Rack

Stainless, fits commercial cookie sheet.

One is never enough!

12" x 17"

#1145....\$5.99



#### G. Commercial Parchment Paper

Silicone grease-proof pan liners to line baking sheets, separate foods for freezing, line cake pans, etc.

12" x 16" 100 sheets

#1153....\$7.99

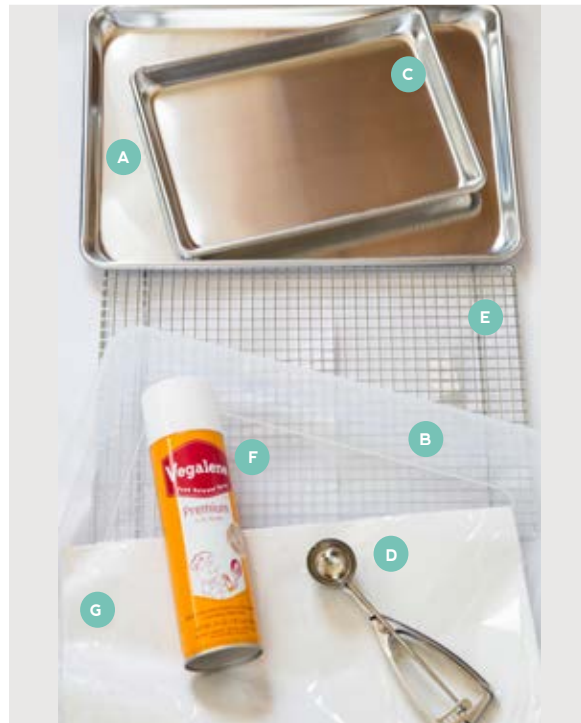
Compare to the same size pack on Amazon.com at \$14.89, and save 46% with AP!

★★★★★

"This is one of those items you can NEVER have too much of. I use it to line baking sheets (and I bake a LOT), to wrap my rolling pins in for storage, and even to make 'pouch meals' out of leftovers. It is one of the most valuable tools in my kitchen!"

Ginger Farnsworth, St. George, UT

## KITCHEN Tools



## CRESTWARE

### Cake Server

White plastic handle with stainless steel blade.

10 3/4" x 2"

#3843....\$3.99



## Vegalene

### Garlic Mist®

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.

GF 17 oz. can

#1577.....\$8.49



### Buttery Delite®

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.

GF 17 oz. can

#1576.....\$8.49



### Vegalene Grid Iron Release Spray

Achieves a smooth, fast release for waffles (3-5 waffles per spray).

GF 14 oz. can

#1575.....\$7.49



### Bak-Klene® ZT All-Purpose Spray

Its superior release power assures clean, easy removal of a variety of baked goods from their pans. Like greasing and flouring your baking pans, but SO MUCH EASIER!

GF 14 oz. can

#5564.....\$7.49



### F. Vegalene® Pan and Grill Spray

This all-natural, zero trans-fat product prevents food from sticking to cooking utensils and dishes.

GF 21 oz. can

#1212....\$8.99

### Silicone Baking Mat

Reusable, nonstick silicone mat fits in our Commercial Cookie Sheet (#4020) and prevents sticking and burning of your baked goods.

16.5" x 11.75".

Withstands up to 600°.

#8436.....\$12.99







## What makes Ghirardelli chocolate better?

Each velvety smooth product is a carefully balanced blend of the finest ingredients, including real cocoa butter, unsweetened chocolate, and just the right touch of sugar.



**Unsweetened Dutch Process Baking Cocoa**  
GF 2.5 lb. bag  
#6282....\$12.99



**Real Milk Chocolate Chips**  
GF 3 lb. bag  
#1302....\$15.99

**Real Semi-Sweet Chocolate Chips**  
GF 3 lb. bag  
#1305....\$13.99

**Semi-Sweet Mini Chips**  
GF 2.5 lb. bag  
#7121....\$12.49



### Bailey's Original Irish Cream Baking Chips

Semi-sweet chocolate with the flavors of Bailey's Original Irish Cream (non-alcoholic). Delicious in brownies and cookies.

GF 12 oz. bag  
#1810....\$4.99



### Dark Chocolate Baking Chips

\*No Sugar Added  
\*Botanically Sweetened with Stevia  
\*Made with Non-GMO Ingredients

GF 9 oz. bag  
#1732....\$7.99



### NEW! Mexican Vanilla Bean Honey

Try our Mexican Vanilla Bean Honey on toast, scones, cornbread, or peanut butter sandwiches. Absolutely delicious in coffee, tea, or smoothies.

9 oz. jar  
#1912....\$14.99



### Mexican Vanilla Paste

All-natural. No additives or preservatives.

GF 8 oz. jar  
#6945....\$19.99



### Original Mexican Vanilla

All-natural, smooth and rich vanilla makes baked goods shine.

♦ 8.4 oz. GF #6702....\$18.99  
♦ 16.7 oz. GF #6919....\$27.99



### Gluten Free 1-to-1 Baking Flour

Use as a direct replacement for all-purpose baking flour.

GF 44 oz. bag  
#1277....\$8.99



### Turkey Brand Strong Baking Flour, Unbleached

All-natural, unbromated, non-GMO flour made from local wheat.

25 lb. bag  
#2285....\$13.99



### Saf Instant Yeast

GF 1 lb. Package  
#2446....\$4.99



### Imitation Almond Extract

Clear, colorless extract with smooth nutty almond flavor for your holiday baking.

GF 1 pt. bottle  
#1081....\$7.99



### Gerken's® Mini Cinnamon Drops

For baking use only; not to be eaten as candy.

GF 2 lb. bag  
#2776.....\$6.49



## Bulk Baking Ingredients



**Maple Flavoring**  
GF 16 oz. bottle  
#5714...\$12.49



**Light Corn Syrup**  
GF 1 gal.  
#1862...\$17.99



### Busy Bee American Clover Honey

Grade A No added ingredients; 100% honey. GF

♦ 3 lb. jug #1148...\$11.99  
♦ 5 lb. jug #1149....\$18.99



### Golden Brown Pure Cane Sugar

Don't settle for less than C & H! With its nutty, caramel flavor, moistness and subtle molasses flavor, it's the perfect ingredient for cookies, cakes, and toppings.

GF 7 lb. bag  
#1150....\$8.99 | Just \$1.28 per lb.!



### Powdered Pure Cane Sugar

Very fine, with exceptionally smooth texture for frostings, glazes, and candy-making.

GF 7 lb. bag  
#1151 .....\$8.99 | Just \$1.28 per lb.!



### Pure Cane Granulated Sugar

GF 10 lb. bag  
#1632....\$11.49

#1625 Durkee Vanilla Clear Imitation Flavoring	GF 32 fl. oz. bottle	\$9.49
#2847 Clabber Girl Baking Powder	GF 5 lb. tub	\$13.49
#2848 Clabber Girl Baking Soda	GF 5 lb. tub	\$7.49
#2849 Clabber Girl Cornstarch	GF 3.5 lb. tub	\$5.99
#1194 Grandma's Unsulphured Molasses	GF 1 gal. jug	\$18.99
#1137 Thompson Seedless Raisins	GF 10 lb. box	\$36.99



# KITCHEN TOOLS we love!



## Magnetic Measuring Spoons

Marked with easy to read measures. Narrow ends to reach into spice jars, and round ends are perfect for holding liquids. Magnets hold the set together for easy storage.

#2149....\$6.99



## VICTORIO

### NEW! Air Popper

Use heated air, rather than oil, to pop healthy popcorn with this quality Victorio popper. Pops 3 1/2 quarts in just 3 minutes. Easy to clean and maintain. Melts butter while popping.

#4024....\$24.99



## Red Mixing Bowls

3 piece mixing bowl set includes 5 C., 7 C., and 10 C., nest for storage. Non-slip rubber ring base and contoured dripless pour spout. Dishwasher, microwave, and freezer safe.

#7756....\$14.99



## NEW! Silicone Spatulas, Set of 3

Hardworking set features a seamless, solid, one-piece design that is both flexible and durable.

Large spatula: 11" x 2.25" x 1.5"

Small spatula: 8.25" x 1.5" x .4"

Large spoonula: 11" x 2.5" x 1.5"

High heat resistant to 450°F/230°C. Safe for glass, nonstick, enamel and porcelain.

#2008....\$10.99



## Grip EZ Chopper Scraper

Versatile stainless steel scraper with built in measuring guide. Ideal for cutting cinnamon rolls! 1.5" x 6" x 4".

#2520....\$6.99



Lindy's™

## Covered Cake Pan

This pan is DEEP! Snap on, high quality lid that will not ruin your frosting or pull off your lasagna cheese! Heavy 18/20 stainless steel.

10" x 13" x 3 1/4"

#5008....Reg. \$42.99 | Sale \$39.99

Looking for our baking sheets and other Alison's Pantry kitchen tools? See pg. 39.

## Mini Poly Treat Bags

Poly .001 mil 4" x 2" x 12". 100 ct.

#7803....\$3.99

## Bakery Bread Bags

Poly .001 mil bags. 15" length. 100 ct.

#5494....\$5.99

## Bakery Bags for Dinner Rolls

Poly .001 mil 8" x 4" x 18". 100 ct.

#4238.....\$5.99



## Deli Containers with Lids

Our Deli Containers make it easy to pack leftovers, salads, cookies, and more. 50 ct.

♦ 16 oz. #6476....\$6.99

♦ 32 oz. #6477.....\$9.99



## NEW! Two-Compartment 28 oz. Meal Prep Containers

Divided black plastic food safe containers with clear lids (50 containers and 50 lids). Perfect for meal-prepping or individual freezer meals; top-shelf dishwasher safe. Microwave and freezer safe. 8.3" x 5.8" x 2.1"

50 ct.

#1763....\$21.99 | Just .44 per container!

Compare to .80 each on Amazon!



CRESTWARE

## Flexible Cutting Mats, 6 pk

6 ct. 15" x 12"

#3840....\$11.49



## Food Film w/Cutter

Commercial grade plastic wrap in an economical foodservice pack. 12" X 2000' Each

#6127....\$18.49



## Ziploc Bags Variety Pack

Multi-purpose pack of resealable plastic bags; 125-Sandwich, 120-Snack, 52-Gallon Storage, 50-Quart Storage bags.

347 ct. box

#1978....\$22.49 | .06 per bag



## Ziploc Smart Zip Gallon Freezer Bags

Double zipper freezer bags.

10 9/16" x 10 3/4"

152 ct. box

#1979...\$23.99 | .16 per bag





**Double Eagle Silver Dollar Jerky**  
2 1/2" round jerky. 15 oz. of meat.  
80 ct....\$16.99  
♦ #4694 Peppered  
♦ #4695 Teriyaki  
♦ #4693 Old Fashioned



★★★★★  
"These have great flavor and the container keeps them soft and fresh."  
**Barbara Urban, Genoa, CO**

### Cheese Crisps

100% cheese. High in protein. 1 carb. Zero guilt. Great in a salad or by the handful as a snack.  
**GF** 12/2.12 oz. bags  
**\$38.99**  
♦ #1746 Parmesan Cheese  
♦ #1747 Asiago Pepper Jack Cheese



**Cookie & Cracker Variety Pack**  
Kid-pleasing pack includes: 12-Cheez-It Crackers, 12 Fudge Stripe Cookies, 9 Scooby Doo! Graham Crackers, 12-Chips Deluxe Mini Cookies  
45 ct. box  
**#4019....\$17.99**



**Classic Chips Variety Pack**  
Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour Cream & Onion, 4-Lay's Barbecue  
1 oz. / 54 ct. box  
**#4018....\$20.99 | Just .39 each!**



**Cookie and Snack Variety Pack**  
Perfect lunchbox portions of your favorite snacks!  
9-Mini Chips Ahoy, 8-Nutter Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos.  
1 oz. bags / 40 ct. box  
**#1257...\$17.99**



**NEW! Keebler Disney Frozen Graham Snacks**  
Bite-sized, honey-flavored graham crackers in Disney Frozen character shapes. Made with whole grain, honey, and no artificial flavors, colors or high-fructose corn syrup.  
35/1 oz. bags  
**#1793....\$13.99**

### Cran-Blueberry Nut Clusters Snack Bites

Delicious, crunchy, subtly sweet and salty blend of roasted cashews, almonds, and pistachios with chewy cranberries and blueberries. Just 12 net carbs per serving!  
12/2 oz. bags  
**#1666....\$20.99 \$1.75 each**



♦ **Berries 'N' Cherries Fruit Snacks**  
Fruit puree is the first ingredient.  
100% DV of Vitamin C.  
**GF** 9 oz. / 40 ct. box  
**#1288....\$10.49 Just 26¢ each!**



♦ **Mixed Fruit Fruit Snacks**  
No preservatives.  
**GF** 9 oz. / 72 ct. box  
**#1119....\$17.49 Just 24¢ each!**



**NEW! Rice Krispies Treats Chocolatey Chip**  
Traditional favorite marshmallow rice cereal bars with the addition of sweet mini chocolate chips! Larger bars; foodservice pack.  
20 / 1.59 oz. bars  
**#1744....\$16.49 | Just .82 each!**



**Kellogg's**  
**Rice Krispies Treats Minis**  
The original crispy marshmallow treats in a cute mini size.  
50 ct. box  
**#5378....\$12.99 | 26¢ each**



### Pretzel Snaps

These premium buttery pretzels are perfect for seasonal parties. Save with our bulk canister.  
50 oz. tub  
**#2319....\$9.99**



**NEW! Giant Cinnamon Grahams**  
Each pack has 2 large cinnamon graham Goldfish. Fun to dunk in milk, or use to scoop applesauce or yogurt.  
.9 oz. / 50 ct.  
**#1765....\$12.99 | Just .26 each!**



**Goldfish® Snack Crackers, Cheese**  
One of America's favorite snacks.  
31 oz. box  
**#3097....\$10.49**



**NEW! Colors Baked Cheddar Whole Grain Crackers**  
No artificial flavors or colors in these much-loved cheddar snacks. Made with real cheese. Just 100 calories per pack!  
50 ct. / .75 oz.  
**#1766....\$14.99 | Just .30 per bag!**



**Fruit Cup Variety Pack**  
12 Diced Peaches; 12 Mixed Fruit; both in extra light syrup with pull-top cans. Just 50 calories each.  
**GF** 24 cups  
**#2811....\$14.99 | .62 per cup**



**Jif to Go Cups**  
Everyone's favorite peanut butter in individually portioned cups. This size case is not available in stores.  
**GF** 1.5 oz. cups/36 ct  
**#8390....\$12.99**



**Original Unsweetened Squeezable Applesauce Pouches**  
No high fructose corn syrup. Gluten free.  
**GF** 24-3.17 oz. pouches / case  
**#9123 ...\$18.49 | Just 77¢ each!**  
*Compare to Mott's Applesauce Pouches at 92¢ each!*



**Fieldstone Bakery**  
**Premium Original Granola**  
50 oz. bulk bag  
**#5768....\$11.99**



Start the new year with healthy snacks!



Keto Friendly

### Deluxe Mixed Nuts

Roasted and salted almonds, cashews, pecans, Brazil and hazel nuts.

GF 14 oz. tub  
#9121 ....\$13.99



Keto Friendly

### Almonds, Roasted & Salted

GF 14 oz. tub  
#9114....\$11.99



Keto Friendly

### ♦ Cashews, Whole Raw

GF 14 oz. tub #9116....\$14.49

### ♦ Cashews, Roasted & Salted

GF 14 oz. tub #9117....\$14.49



### Trailblazer Roasted Nut Trail Mix

Low-calorie, hunger-appeasing trail mix of roasted & salted peanuts, almonds, pepitas, and pecans, with dried cranberries and unsweetened coconut chips.

14 oz. tub  
#1682....\$9.49



### Adventurer Raw Trail Mix

Keto-friendly mix of raw almonds, walnuts, raw pepitas, pecans, dried cranberries, unsweetened coconut chips, and dark chocolate drops.

14 oz. tub  
#1684....\$9.49

### Chocolate Fruit Basket

Tender chewy dried cranberries, apples, blueberries, cherries, and apricots covered in luscious milk & white chocolate.

1 lb. bag  
#2044....\$8.49



### Cinnamon Toffee Almonds

Crisp almonds wrapped in a buttery toffee glaze with just the right amount of cinnamon.

1 lb. bag  
#2042....\$6.99



### Milk Chocolate Malt Balls

Crisp, crunchy malt balls wrapped in melt-in-your-mouth milk chocolate.

1 lb. bag  
#2034....\$6.49



### Dark Chocolate Cranberries

Chewy dried cranberries drenched in rich dark chocolate.

1 lb. bag  
#2038....\$6.99



### Chocolate Cinnamon Bears

GF 2.65 lb. bag  
#1290....\$12.99



### Butter Toffee Almonds

Crisp almonds coated in a sweet and buttery shell.

1 lb. bag  
#2041....\$6.49



### Milk Chocolate Cashews

Fresh, crunchy cashews enrobed in creamy milk chocolate.

1 lb. bag  
#2036....\$8.49



### Milk Chocolate Pretzels

Crisp twisted pretzels drenched in creamy milk chocolate.

1 lb. bag  
#2039....\$5.99



### Butter Toffee Cashews

Crunchy cashews coated in a buttery toffee glaze.

1 lb. bag  
#2043....\$8.49



### Chocolate Mint Cookie Bites

Dark chocolate crispy cookies dipped in dark & white mint chocolate.

1 lb. bag  
#2037....\$6.99



### Cinnamon Bears

Childhood favorite chewy hot cinnamon bears.

GF 16 oz. tub  
#1172....\$6.49



### Gummi Red Raspberries

14 oz. tub  
#2701....\$6.99



HARIBO

### Gummi Bears Family Pack

3 lb. bag  
#5009....\$10.99



### Swedish Fish

GF 1.9 lb. bag  
#9109....\$7.49



### Milk Chocolate Almonds

Crisp almonds coated in rich milk chocolate.

1 lb. bag  
#2033....\$6.99



### Vanilla Yogurt Pretzels

Our crisp pretzels covered in a creamy vanilla yogurt coating are perfect for snacking or adding to trail mixes.

1 lb. bag  
#2040....\$4.99



### Alpine Mints

Creamy mint round candy balls with a rich dark chocolate middle wrapped in a fine candy coating.

1 lb. bag  
#2035....\$6.99



### Dried Cranberries

GF 14 oz. tub  
#9205 ....\$7.49





## Gourmet Hot Cocoa Mix

Yield: 12 – ¾ cup svgs. | 1 lb. tin....\$5.49



**English Toffee**  
#5433



**Toasted Coconut Cocoa**  
#5431



**Salted Caramel**  
#5434



**NEW! Mint Truffle**  
#1935

*Our finest milk chocolate with real peppermint and delicious Dutch cocoa.*

## Milk Chocolate Cocoa

*Our original flavor, and still the most popular. The smoothest and creamiest cocoa in the world!*

4 lb. Tin  
#5436 ....\$14.99



## Gourmet Milk Chocolate Cocoa Bulk Bag

*Perfect for your food storage, and for gifts. Use to fill containers and tie with a bow to share with a friend.*

yld: 24 – ¾ cup svgs.  
2 lb. Mylar bag  
#6940....\$6.99



## Caramel Stroopwafels

*Soft, toasted waffle wafers filled with gooey caramel, cinnamon, and real bourbon vanilla. Delicious served with your favorite warm beverage or straight from the box. Imported from Holland. No artificial colors or flavors. IW.*

1.38 oz. / 24 ct.  
#1809....\$17.99 | .75 each  
*Compare to .87 each on Amazon!*



## Cappuccino

*Rich, comforting cappuccino that's terrific hot or cold, or enjoyed as a coffee creamer.*

GF 2 lb. bag  
(45/8 oz. svgs.)....\$7.99

- ♦ #1326 French Vanilla
- ♦ #1330 English Toffee
- ♦ #1328 Mocha
- ♦ #1329 White Chocolate Caramel



## Chai Tea Concentrate

*Just mix equal parts concentrate and your own fresh milk or soy. Heat it up or pour it over ice for a rich, sweet, creamy blend of black vanilla and spices. Approx. 8 svgs.*

GF 32 oz. carton  
#2426....\$5.99



## Vanilla Chai Tea Latte Mix

*Perfect blend of spices with a delicious vanilla overtone. Enjoy hot, cold, iced, or frozen.*

Yld: 64 – ½ cup svgs.  
GF 3 lb. tin  
#1522....\$19.99



## Spice Chai Tea Latte Mix

*Our signature flavor! A delicious blend of black tea, honey, vanilla, cinnamon and cloves.*

Enjoy hot, cold, iced or frozen.  
Yld: 64 – ½ cup svgs.  
GF 3 lb. tin  
#1523....\$19.99



## V8 Splash

*Refreshing combinations of natural fruit flavors with a 5% carrot juice blend for a deliciously sweet taste.*

GF 12/16 oz. bottles  
\$17.99 | Just .09 per oz.!  
**New Pack Size!**

## ♦#1717 Tropical Blend

*Juicy apples, pineapples, kiwis, limes, and mango paired with carrot juice.*

## ♦#1716 Berry Blend

*The sweetness of apples, cherries, strawberries, red raspberries, and blackberries with carrot juice.*



## True Lemon Crystallized Lemon Packets

*Each packet equals one lemon wedge. Adds natural flavor with zero calories to water, recipes, yogurt, or sprinkled over salmon. No artificial sweeteners, flavors, or colors. Allergen free.*

GF 100 ct. box  
#1689....\$7.99



## Sunny Delight Tangy Original

GF 24/10 oz. bottles  
#8581...\$15.99 | Just 67¢ each!



## Nesquik Chocolate Powder

*45% less sugar than the leading syrup brand. Provides calcium and 7 essential vitamins and minerals. Contains 8g of protein when combined with 8 fl. oz. of low-fat milk. No artificial colors or flavors.*

41.9 oz. container  
#1455....\$11.99



## Shelf-Stable Dairy Products

### NEW! U.H.T. (Ultra High Temperature) Shelf-Stable Milk

*Real, delicious Grade A milk that has all the vitamins and nutrition of conventional pasteurized milk and is ready to use. Stays fresh without refrigeration until the sealed package is opened (approx. 12 months). No preservatives added.*

27/8 oz. cartons  
\$15.99 | Just .59 each!



#1707  
2% Chocolate Milk



#1708  
2% Strawberry Milk



#1709  
2% Root Beer Milk



1710  
2% White Milk

### Shelf-Stable U.H.T. Whipping Cream

*Keep rich whipping cream on hand for whenever you need it! Store in pantry and chill 8 hours (40 degrees F) before whipping. Approx. 12 month shelf life.*

♦ #1696 27/8 oz. Cartons  
\$32.99 | Just \$1.22 ea.!





# CLUB STORE DIRECT

Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas.  
**Better quality and larger pack sizes, still at a great value for families!**



## Italian Sausage & Beef Lasagna

Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen.

2/48 oz. trays  
#1279...\$21.49



## Boneless, Skinless Chicken Thighs

Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen. Ready to cook from frozen.

6.5 lb. bag  
#1317....\$21.49

Keto Friendly



## Bacon Crumbles

100% real bacon. High-quality, fresh pork is slowly smoked over all-natural hardwood chips then crumbled for easy use.

20 oz. bag  
#1241....\$16.49

Keto Friendly



## Salted Sweet Cream Butter

4/1 lb. case  
#1723....\$13.99



## Walnut Halves & Pieces

Approx. 12 cups of U.S. #1 walnuts for baking and snacking.

GF 3 lb. bag  
#1293....\$22.99

Keto Friendly



## Whole Almonds

Approx. 9 cups of supreme #1 U.S. raw almonds.

GF 3 lb. bag  
#1294....\$21.49

Keto Friendly



## Fancy Pecan Halves

U.S. #1 beautiful pecan halves for recipes and snacks.

GF 2 lb. bag  
#1292....\$23.99

Keto Friendly



## Trail Mix Snack Packs

Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs.

GF 2 oz. / 28 ct.  
#4005....\$24.99 | .89 each



## Soft & Chewy Granola Bars, Chocolate Chip

Made with real semi-sweet chocolate chips and whole rolled oats.

.85 oz. bars / 64 ct. box  
#1138...\$14.49

★★★★★

"These are a go-to item when my kids are in too big of a hurry to sit down for breakfast. My boys take a couple to have throughout the day. I love that I can get these in bulk and they last a little bit longer."

**Becky Price,**  
**AP Regional Sales Manager**



## Microwave Popcorn, Movie Theater Butter

100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter.

GF 3.3 oz. / 44 ct.  
#1821....\$15.99 | Just .36 each!



## Shredded Cheddar Jack Cheese

Fancy shredded blend of cheddar and Monterey Jack cheese.

GF 2.5 lb. resealable bag  
#1860....\$10.49

Keto Friendly



## Minced Garlic

Grown, harvested, processed and packed in California. Packed in water; recipe ready!

GF 48 oz. jar  
#1289...\$7.99

Keto Friendly



## Foodservice Aluminum Foil

12" x 1000' roll (1,000 sq ft)  
#1963....\$39.99



## Flex-Tech Kitchen Trash Bags

200 ct. / 13 gal.  
#2777....\$25.99



## USDA Organic No-Salt Seasoning Blend

A blend of 21 organic spices and ingredients from around the world to healthily season any meat or vegetable dish.

14.5 oz. container  
#1295....\$13.49



**Mini Can Tracker (24-30 cans)**  
Shorter version of the Can Tracker. Rotates soda cans.  
Holds 15 to 30 oz. cans.  
16" x 9.75" x 16"  
#9112....Reg. \$24.99 | **Sale \$21.99**

**Can Tracker (45-54 cans)**  
Give your pantry a clean, organized look! Easy set-up.  
Can join sets together. Holds 15 to 30 oz. cans.  
16" x 12" x 16"  
#9111....Reg. \$32.99 | **Sale \$29.99**



Organize  
your pantry!



**Fresh Cut Hash Browns**  
Dehydrated fresh Idaho potato shreds. 12 month shelf life. Just add water.  
Yield 72 ½ cup servings.  
GF 2.125 lb. carton  
#1392....\$11.99



**Baby Reds Flavored Mashed Potatoes**  
Premium Russet and red real Idaho potatoes with skins. Just add water. Approx. 40 svgs.  
GF 32.85 oz. bag  
#1390....\$9.49



**Premium Homestyle Mashed Potatoes**  
Made with 100% real Idaho potatoes, milk, and seasonings for creamy comforting flavor. Just add water. Approx. 52 svgs. per bag.  
GF 28 oz. bag  
#1391....\$8.99



**Excel Original Potato Pearls Mashed Potatoes**  
GF 28 oz. bag  
#4744....\$7.99



**Barilla Bulk Pasta** Now in Economical, Family-Size Packs!

#1331 Barilla 10" Spaghetti Noodles 10 lb. bag.....\$15.49  
#1332 Barilla Elbow Macaroni Noodles 10 lb. bag.....\$15.49



**MINOR'S Sauces & Condiments**

**Sweet & Sour Sauce**

Made with chunks of pineapple, diced tomatoes, green peppers and onions.  
GF 0.5 gallon jug  
#1265....\$10.99



**Zesty Orange Sauce**

0 grams trans fat.  
0.5 gallon jug  
#2989....\$14.99



★★★★★  
"My middle school boy gets the chicken strips, puts them in the air fryer, then in a pan with the orange sauce. He's so obsessed with the Orange Sauce! I have to make him eat what I make. LOL."  
Jami Curtis, Sheridan, WY



- Use to replace cream soup in any recipe for a healthier option.
- Used by professional chefs for over 35 years!
- Only 35 calories in a ¼ cup serving!
- Won't curdle or separate in freezer meals.



**White Cheddar Sauce Mix**

The rich, velvety-smooth cheddar sister of Universal Sauce. Just add water for perfect macaroni & cheese or creamy soups.  
Yield: 3 gallons.  
48 oz. re-sealable bag  
#5242....\$25.99



**NEW! Whisk Bliss, Gluten-Free**

The same delicious, creamy mix that you loved as "Universal Sauce," now gluten-free! Quick, rich, healthy, and versatile; use Whisk Bliss in place of any cream sauce components in your favorite recipes, from casseroles and soup, to queso.  
GF 32 oz. bag  
#1980....\$14.99

**Bulk Pudding & Topping Mixes**

#1913 Jell-O Instant Chocolate Pudding & Pie Filling, GF 28 oz. bag . \$7.99  
#1914 Jell-O Instant Vanilla Pudding & Pie Filling, GF 28 oz. bag ..... \$7.99  
#1952 Dream Whip Topping, GF 10.8 oz. bag ..... \$6.99



**Germade Cereal**

Ultra-smooth and creamy wheat cereal.  
3 lb. bag....\$7.99

- ◆ #4451 Maple Brown Sugar
- ◆ #4452 Strawberries & Cream
- ◆ #4453 Plain





### NEW! Oatsome Oat Milk

Non-dairy, smooth, creamy beverage that has the ability to froth too. Use it in your favorite drinks, baking, and cereals. Organic, nut-free, non-GMO, and vegan. 12 month shelf life. 4 svgs. This was a BIG hit at our 2019 Food Show! 6/1 L. CASE  
#1907....\$17.99



### LIVfit™ Superfood Blend

Fruits, vegetables, vegan proteins, prebiotics, and fiber that have been shown to enhance muscle mass, increase energy, improve cognitive function, encourage digestive health, boost the immune system and fight off aging oxidation of cells in your body. · 35% of daily Vitamin E · 35% of Vitamin C · 35% Vitamin A · Contains green tea · 100% B6, B12, thiamin, riboflavin · 5 g of vegan protein  
GF 12.7 oz. (360 gram) bag  
#3514....\$15.99



### Naturally Refined Avocado Oil

GF 1000 ml/33.8 oz. bottle  
#3516....\$15.99  
47¢ per oz.



### USDA Organic Agave with Fiber

Natural, low-glycemic sweetener. Can be used in baking and canning, too.  
GF 78 oz. bottle  
#3522....\$19.99



### Unsweetened Vanilla Almond Milk

GF 6/1 qt. case  
#1457....\$18.99

### Original Almond Milk

GF 6/1 qt. case  
#1456....\$18.99



### LIVfit Superfood Organic Antioxidant Fruit & Fiber Blend

Jam fiber, protein, antioxidants, vitamins, and superfoods like turmeric into your life. This mix of fruits, veggies, and plant-based proteins has a neutral, unsweetened taste that begs to be added to your favorite foods. Six grams of protein, 5 g. Fiber, plus three different super fruits, and 1,000 mg omega 3.  
GF 8 lb. bag  
#1539....\$14.99



### Naturally Refined Organic Coconut Oil

Use small amounts of coconut oil to thin chocolate for dipping.  
GF 28 oz. Jar  
#8287....\$7.99



### PBfit Peanut Butter Powder

1/3 the calories and 75% less fat. Non GMO and all-natural. Just peanuts, sugar, salt.  
GF 30 oz. jar  
#3521....\$14.49



### NEW! Monk Fruit Zero Calorie Sweetener

100% Natural and low-glycemic. Use just like Sugar (1: 1 Ratio), No Aftertaste. Use it just like sugar in your favorite recipes, beverages and more. Keep the sweetness not the calories or the blood sugar crash!  
16 oz. bag  
#1745....\$13.99

### Organic Quinoa Medley

This blend of white, black and red grain quinoa offers a plant-based complete protein with all 9 essential amino acids. Organic, Kosher, and GMO Free.  
3 lb. Container  
#8940....\$16.99



### 100% Avocado Oil Mayo

Cage-free eggs and rich avocado oil combine for a creamy flavorful spread. Naturally carb and trans fat free. Non-GMO, soy and canola free.  
GF 28 fl. oz. jar  
#1537....\$12.99



### Organic Chia Seeds

High in protein, fiber, and more plant-based Omega-3 than any other food. GMO free.  
GF 1.25 lb. Container  
#8941....\$8.99



## Other Containers

#1231 Six-gallon bucket .....\$9.99

#4434 Clear Square 1/2 gallon Jar W/Lid (6 Per Order) .....\$8.99

Gamma Lids (Fit 5 & 6 gallon buckets) .....\$7.49 each

◆ #2772 Red

◆ #2774 Blue

The Gamma Seal lid is a heavy-duty ring with a rotating center lid that seals tight or spins to open—much easier than prying off standard bucket lids!



### ◆ 5 Gallon Plastic Bucket with E-Z Open Lid

Made with BPA-free food-grade plastic. Comes with a lid that has an internal gasket for an airtight seal. Holds about 37.5 lbs.  
#7078.....\$8.49

### ◆ 2 Gallon Opaque White Plastic Bucket with White Gamma lid

2 gallon bucket will hold approximately 15 lb. of dense product. Gamma lid gives an easy airtight seal.  
#4779.....\$9.99

### Emergency Sleeping Bag

The same mylar material as the emergency blanket, shaped into a sleeping bag to prevent heat loss even more efficiently. Retains 80% of body heat. Wind and waterproof.  
84" x 36"  
#7403.....\$3.99



### Magnesium Emergency Fire Starter

Compact and lightweight fire starter for emergency kits and camping. Starts fires even when wet. Includes key chain.  
#6622....\$4.99



### Puricit® Citrus Air Freshener

Eliminate the lingering odors of grease, fish, and even cigarette smoke! We use this product in all the bathrooms here at Alison's Pantry.  
6 oz. can  
#1579.....\$5.99



### Glass Cleaner

Dissolves dirt, grease, grit, and grime. Ammonia-free with a clean fresh fragrance.  
19 oz. can  
#1342....\$3.99





## Help a friend become a new Alison's Pantry Representative and earn \$200!

If you refer someone who becomes an Alison's Pantry Rep, we'll apply a \$200 credit your AP account.

To qualify:

- The referring person must be named on the New Rep's application.
- The new Rep's first order must be above our minimum sales requirement (easy to reach, and we offer lots of training & support!)
- Alison's Pantry accepts one Rep per 1,000 population in a city.



Alison's  
Pantry

580 W. State Street  
Pleasant Grove, UT 84062  
www.alisonspantry.com

★★★★★

"I love this company, their products, and the chance to be a part of how they bless and empower women, moms and families with what they sell and how they sell it."

AP Rep Jamie Perkins, Panaca, NV



SAVE  
\$300

### Smoke'n Fast Roasted & Seared Pork Shoulder

Perfectly-seasoned, moist and tender pork in savory au jus. Boil in bag, or heat in slow cooker or oven, then shred.

GF 2 / 5 lb. case  
#6878....Reg. \$48.99 | Sale \$45.99

★★★★★

"This pork is so tender and perfectly seasoned! Great on sandwiches, in salads, casseroles, on pizza, in burritos, etc. The possibilities are endless!"

AP Sales Manager,  
Becky Price



Keto Friendly

CONTESSA

### Black Tiger Shrimp

See page 17.

GF 2 lb. bag  
#2806....\$28.99

★★★★★

"These shrimp are delicious. They are probably the largest shrimp I've ever had, and they are so flavorful and fresh. Great for a quick meal, or to accompany a steak!"

Tori Voller,  
Bison, SD



SAVE  
20%



### 100% Natural Chicken Breasts

See page 10.

GF 4 lb. bag  
#5513....Reg. \$9.99 | Sale \$7.99

Keto Friendly

★★★★★

"This product is a must-have. It's considered a #2 product because each piece of chicken breast is different size. For me, it is a plus because there is less cutting. It is trimmed well, with little fat."

Fern Goodwin,  
St. George, UT



PacificSeafood

### Tilapia Fillets

See page 17.

GF 3-5 oz./10 lb. case.  
Approx. 40 fillets  
#8027....\$41.99

Keto Friendly



SAVE  
10%

### Riced Cauliflower

See page 24.

GF 5 lb. bag  
#2743....Reg. \$14.49 | Sale \$12.99

★★★★★

"The best thing to have on hand when you are doing the keto diet. I sub it for rice. We eat it almost every day of the week. Love the texture--not too big not too small!"

Amy Wulf

Keto Friendly



SAVE  
\$100

### Triple Berry Blend

See page 28.

GF 3 lb. bag  
#1215....Reg. \$11.99 | Sale \$10.99