

Catalog No. 1 | 2019

# Home Cooking!

# A WEEK of Comfort Food Recipes

See page 3.

Healthy NEW Products for the New Year
See page 5.

JONES DAIRY FARM PRODUCTS ARE BACK! See page 4.



# **COVER FEATURES:**

#4613 Holten Country Fried Steak, pg. 15 #1255 Custom Culinary PanRoast Country Gravy Mix, pg. 37 #8197 Flav-R-Pac Broccoli Florets, pg. 24

Certain exclusions apply.

\*Refunds must be requested within 90 days from purchase date. Double your money back guarantee does not apply to Hot Deal, Pantry Bargain, or other #2 products.

# From the Family

I hope everyone is enjoying the holidays as much as we are. Every year we drive to Rock Springs, WY to have Thanksgiving with Danielle's parents. We don't love the drive, but we absolutely LOVE her family. I've truly been blessed to have such amazing in-laws. I decided to show a picture of me and my grandma Lois this month. My beautiful grandmother passed away on October 5th, 2018 just a few weeks after we took this photo.

I feel so grateful for the opportunity get to know her so well over the past 6 years. Every week on Wednesdays Jesse and I would go visit her on our lunch break. I have so many fond memories visiting with our grandma and listening to her laugh and tell us stories. I tell you this because I realized something when she passed. Instead of a crushing feeling of sadness I felt a feeling of peace and happiness for my grandma. She had been bedridden for the past 18 years due to a stroke she had and knowing that she is now able to walk and see my brother again was very special for me. I had no regrets because I had spent so much time being with her, serving her, and loving her. We truly love those whom we serve and I can't put into words how much I love my grandma. Too often I hear people lament that they wished they would have spent more time with their loved ones while they could. Even though my eyes were wet with tears at her passing I had a feeling of peace knowing that I had not just said how much I loved her, but I had shown her over the years.



I read in a book where the author was saving that many religions in the world believe that when we die we go to heaven to live with our family in joy and happiness. He thoughtfully asked: "Why can't we do that now?" I wholeheartedly agree; may I humbly suggest we should do our best to show our family how much we love and care about them while we can and live a life free of regrets. Thank you for allowing me to share a piece of my life with you.

Sincerely,

Josh

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# Alison's Pantry



Receive a catalog from your Alison's Pantry Representative.



Place an order at www.alisonspantry.com, or with your Rep, by the catalog order deadline printed on the back cover.



Order is delivered to your Rep's home in about a week after the order deadline.



Pick up your order from your Rep. Enjoy restaurant-quality food from the comfort of home.

# Our Vision & Mission

Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry! We stand behind every product in our catalog. If you are ever unsatisfied with an item, please contact your Representative within 6 months for a 100% refund or within 90 days for double your money back.

# Alison's Pantry

580 W. State Street Pleasant Grove, UT 84062 801-796-6411 Toll Free: 1-866-5-PANTRY Fax: 801-796-9309

**Office Hours:** *M - F 8:00 a.m. - 5:00 p.m.* 

#### www.alisonspantry.com

Prices and products are subject to change without notice. Sales tax will be charged according to your representative's town and state. Alison's Pantry adds 10% shipping to all orders. We reserve the right to substitute items of equal value and quality.



**GF** = gluten-free IW= individually wrapped











# **ALISON'S PANTRY** 2019 FOOD SHOW Saturday, September 21st, 2019 **UCCU Center, Orem, UT**

Watch for more details to come.

# A Week of Easy Meals!

Find more family-friendly recipes for your weekly meal planning on our blog (www.blog.alisonspantry.com).

# Slow Cooker Sweet & Sour Meatballs

1 lb Rosina Tri-Color Cheese Tortellini (#1815)

1 lb Contessa Black Tiger Shrimp, thawed (#2806)

24 frozen meatballs (#8963) 1 cup pineapple chunks (#8277)

1/3 cup pineapple juice

- 1/4 cup sov sauce 1 tbsp oil (#3515) 2 tbsp rice vinega
- 1 tbsp brown sugar (#1150) 1/2 cup chopped onion (#5772) 1/2 cup chopped bell pepper (#6386)
  - 1 tsp sesame oil
  - 1/4 tsp crushed red pepper 2 tbsp cornstarch (#2849)

1/3 cup chicken broth (#1038 base)

In a 4-quart slow cooker, insert a PanSavers Liner (#1089, pg. 47) and then add meatballs and pineapple chunks to slow cooker. In a medium skillet, heat the oil until shimmering. Add the onion and bell pepper and saute until tender, about 5 to 7 minutes. Add this to the slow cooker. In a small dish, whisk together the pineapple juice, chicken broth, soy sauce, rice vinegar, brown sugar, sesame oil, and crushed red pepper. Pour this mixture into the slow cooker. Cover the slow cooker and cook 4 hours on high. Remove the meatballs, pineapple, and vegeta-



bles with a slotted spoon. Cover to keep warm. Whisk together the cornstarch and 2 tablespoons water Add this mixture to the liquid in the crock, whisking until well blended. Cook until thickened, about 10 to 15 minutes. Add the meatballs. pineapple, and vegetables back to the crock. Stir gently to coat with the sauce. Serve with white rice and steamed vegetables.



# Creamy Shrimp Tortellini Skillet

Cook tortellini per package directions; drain. Melt butter in large skillet and cook 1 tbsp All Purpose Flour (#1333) 1/2 cup Heavy Whipping Cream shrimp until it begins to turn pink; approximately 2-3 minutes. Add the basil 1/4 cup Fresh Grated Parmesan Cheese and garlic and cook for another 1-2 minutes until the shrimp is cooked through 4 slices Daily's Precooked Hickory Smoked and is white/pink and not clear. Stir in the flour; then add the whipping cream and Parmesan. Mix well; then add the cooked tortellini and crumbled bacon and Bacon, crumbled (#4835) stir until well combined. Sprinkle with extra cheese, salt, pepper and chopped

basil for aarnish.

Kosher Salt, to taste Black Pepper, to taste (#1029)

# Slow Cooker Chicken Burritos

2 tbsp Butter

- 1 lb boneless chicken breasts, approx. 4 breasts (#6519)
- 1 can diced tomatoes
- 1 can black beans 1 cup frozen corn (#5349)
- 1 cup brown rice or 3/4 cup Quinoa (#8940)

1 tbsp Fresh Basil, chopped

1 tsp Creamy Horseradish

2 tsp Kirkland Minced Garlic (#1289)

- 1 can chicken broth (#1038 base)
- 2 tsp Chili Powder (#1014)
- 2 tsp salt, optional (#1146)
- 1 tsp Cumin (#1442)
- 10" Flour tortillas (#1296)

Line crock pot with Pan-Saver Liner (#1089). Add chicken breasts, rice, tomatoes plus liquid, broth and spices. Cover and cook on low 3-4 hours — checking rice periodically. Add liquid as needed. Shred chicken breasts and add corn and beans; cook 1-2 hours longer or until rice is done. Serve on tortillas with favorite toppings and your favorite fruits from AP (we had Manao #2655)



# Skillet Mongolian Beef & Broccoli

- 16 ounces broccoli florets (#8197)
- ½ cup soy sauce
- 1/2 cup cold water, plus additional as needed
- 1/4 cup cornstarch (#2849)
- ½ tsp ginger (#1420)

1 tbsp minced garlic (#1020) ¼ cup brown sugar (#1150) 1 lb. Main Street Meats Beef Strips (#2604)

In a bowl whisk together soy sauce, water, cornstarch, ginger, garlic, and brown sugar until completely combined Set aside Heat 2 tablespoons of canola oil in a large skillet over high heat. Add the broccoli and stir for about 1 minute. Remove to a plate and set aside. Add meat to the skillet in a single layer (still over  $\textit{high heat)} \ \textit{and cook for about 1 minute-do not stir or move the meat while it is browning.} \ \textit{Flip the meat,}$ cook on the other side for about 30 more seconds, and then remove to the plate with the broccoli. Pour the sauce into the skillet and bring to a boil, then allow to simmer while whisking until the sauce thickens (about 1-2 minutes). If the sauce gets too thick, just add additional water until it reaches desired consistency. Add broccoli and beef back to the skillet and stir to coat with the sauce. Serve over rice.

# Cheezy Hazh Brown Potato Chowder

1 (30 oz.) bag frozen shredded hash browns (#2418) 1 (10 oz.) can condensed cream of chicken soup

4 cups chicken broth (#1038 base)

2 cups cheddar cheese, grated, plus more for serving (#1866)

1/2 cup cream cheese, softened

1/2 cup sour cream 1 tsp onion powder (#1027)

1/2 tsp dried oregano (#1445)

kosher salt and freshly ground pepper, to taste croutons, garnish

Optional garnish: crumbled bacon (#1013)

Combine chicken broth and hash browns in a large pot or Dutch oven over high heat and bring to a boil. Reduce heat to medium and stir in chicken soup, cheddar cheese and onion powder. Season generously with salt and pepper and cook for 10-15 minutes. Stir in sour cream and cream cheese and cook until completely incorporated, then blend everything together (or leave as is). Transfer to serving bowls and serve topped with oregano, croutons and more cheese.



11/2 lb. lean ground meats, combined, use beef, pork or both (#2622) 2/3 cup dry bread crumbs (#1193) 1 cup milk

2 eggs, beaten

1/4 cup chopped Dry Onions (#1026) 1 tablespoon Worcestershire sauce

2 teaspoons minced garlic (#1020)

1 teaspoon dried thyme leaves (#1444) 3/4 teaspoon pepper (#1029)

1/2 teaspoon salt (#1146)

Sauce:

3 tbsp brown sugar (#1150)

1/4 cup ketchup

1/4 tsp Regal Ground Nutmeg (#8550)

1 tsp Dijon mustard

# Meatloal with Sauce

Combine all ingredients for meatloaf. In a separate bowl, mix sauce ingredients. Shape meatloaf in medium loaf pan, or 6-7 mini loaf pans. Spread with sauce. Bake at 350° for 45 minutes for minis and approx 1 1/4 hours for loaf.



# Beef Tips with Peppered Mushroom Gravy

1 lb Main Street Stew Meat (#2607) 1 tbsp butter

2 tbsp finely sliced onions (#5772) 1 (8-ounce) package pre-sliced baby

mushrooms 1 tsp minced garlic (#1289)

1 tbsp sov sauce 2 tbsp all-purpose flour (#1333)

1/4 cup Pan Roast Beef gravy mix (#3586)

1 1/2 cups beef broth (#1039 or #1041)

1/2 tsp black pepper (#1029) 1/4 tsp salt (#1146)

Heat a large nonstick skillet over medium-high heat. Coat pan with Vegalene spray (#1212). Add beef pieces; sauté 5 minutes, browning on all sides. Remove from pan; cover. Melt butter in pan over medium-high heat. Add onions and mushrooms; sauté 4 minutes. Add garlic; sauté 30 seconds. Stir in soy sauce. Sprinkle 2 tbsp of flour over mushroom mixture; cook 1 minute, stirring constantly. Gradually add broth, stirring constantly. Add gravy mix and stir. Add pepper, salt. Bring to a boil; cook 2 minutes or until thickened. Return beef to pan; cook 1 minute or until thoroughly heated.









Using a 126-year-old family recipe, Jones Dairy crafts their classic breakfast sausages with just five honest ingredients: pork, water, salt, spices and a natural casing. They're seasoned with a hand-mixed spice blend for a savory, authentic flavor you won't find anywhere else. And because they never add binders or fillers, their sausages are naturally gluten-free. No added hormones. No added MSG. No preservatives. No nitrates or nitrites.



All-Natural Cherrywood Smoked Turkey Bacon Fully cooked; minimally processed.

**GF** 8 oz. pack **#4039....\$5.99** 

Naûthar Naûthar

Jones Dairy Turkey

Jones Dairy Turkey Sausage Patties 1.25 oz. / 20 oz. bag #4040....\$9.99





All-Natural Pork Sausage Patties Fully-cooked, mildly-seasoned.

36-38 patties.

GF 1.5 oz. / 3.5 lb. bag
#4041....\$20.99

Just .57 per patty!



All-Natural Pork Sausage Links Fully-cooked; mildly-seasoned.

80-82 links. GF .7 oz. / 3.5 lb. bag #4043....\$20.99 Just .26 per link!



Naturally Hickory Smoked Canadian Bacon Slices

Center cut from the pork loin, smoked with real hickory chips. 97% fat free. 40 slices.

**GF** 24 oz. **#4047....\$17.99** 





NEW! Tony's Italian Breadsticks Tender buttery breadsticks seasoned with Italians herbs. Ready to eat. 12 ct. baq

12 ct. bag #**1552....\$5.99** 







**NEW! Frozen Cookie Dough Pucks** 1.33 oz. / 180 ct. cookies

See our 3 **NEW** Frozen Cookie Dough Flavors on pg. 35!



# **Australian Soft Eating Liquorice**

Gently cooked to seal in moisture, creating a soft texture and fresh taste.

1.4 oz. / 25 ct. Box

\$21.99 | Just .88 each!

- ♦ #1531 Original Black
- ♦ #1532 Strawberry





# **Lucky Country Aussie Style Soft Licorice**

No artificial colors or flavors added.

5 oz. bags / 12 ct. case

\$18.99

- ♦ #1533 Traditional Black
- ♦ #1534 Strawberry
- ♦ #1535 Berry Fusion



We care about your diet needs and want you to have all the information necessary to make your meal decisions.
For more detailed ingredient lists and nutritional information, please visit **www.alisonspantry.com** and search for any product by product number or name.

# Healthy NEW Options for the NEW Year!



♦ #1546 2 / 10" crusts (12 oz. pack) \$8.99 | \$4.50 per crust ⑥

♦ #1547 6 / 10" crusts (36 oz. pack) \$19.99 | \$3.33 per crust **GF** 

# **NEW! Riced Vegetables**

Eating healthy and low-carb has never been more delicious! These new riced veggies are perfect to heat & serve as a side dish, or to stir into recipes. Find recipes ideas with each product on our website.

**NEW! Riced Butternut Squash** 

48 oz. bag #1518....\$14.99

**NEW! Riced Cauliflower and Sweet Potato** 

48 oz. bag

#1519....\$14.99

# **NEW! Riced Cauliflower Medley**

Riced medley of cauliflower, peas, yellow onion, carrots, and green onion.

48 oz. bag #**1520....\$13.99** 







#### **NEW! Refined Almond Oil**

Clean, neutral-flavored oil to use in high heat (up to 420 degrees F), frying, baking, and marinades. Non-GMO. 16.9 oz. bottle **G** 

#1538....\$8.99



# NEW! LivFit Superfood Organic Antioxidant Fruit & Fiber Blend

Jam fiber, protein, antioxidants, vitamins, and superfoods like turmeric into your life. This mix of fruits, veggies, and plant-based proteins has a neutral, unsweetened taste that begs to be added to your favorite foods. Six grams of protein, 5 g. Fiber, plus three different super fruits, and 1,000 mg omega 3.

8 lb. baq

#1539....\$14.99



#### **NEW! SlimFast KETO MCT Oil**

An easy way to add "medium chain triglycerides" to create ketones, or the energy molecules that fuel the body when you're in ketosis. 14g MCT per serving; 100% coconut oil. Flavorless & odorless. Use 1 tablespoon added to foods or drinks.

3/8 fl. oz bottles (24 oz.) **F #1558....\$29.99** 



# So, What Else is New?



Make perfect crepes and pancakes with our new Norpro breakfast tools!
See page 47.



Two New Chai Mixes! See page 44.







# **#1 Quality Precooked Hickory Smoked Bacon Slices**

Keeps 6 months refrigerated, 9 months frozen. Microwave, heat and eat.

- ♦ 60 slices per pouch @F #5642....\$13.99
- ♦ 300 slices per box **GF** #4835...\$49.99

# **Applewood Precooked Bacon**

Double-smoked applewood bacon for the bacon connoisseur. Bolder flavor than our #4835 bacon. 300 slices GF

#9137....\$49.99







Thick-Cut #1 Quality Bacon, Raw **GF** 24 oz.....\$9.99

- #8464 Deep Applewood Smoked #8463 Honey Cured
- #8465 Peppered
- #9159 Cherry Applewood Smoked



#### **Pioneer Brand Sugar Cured Bacon Bulk Ends and Pieces**

Ships frozen. Raw. Case will show 'Packed by' date and have 6 months of shelf life past that date.

This is a #2 irregular product with more fat. GF 15 lb. bulk

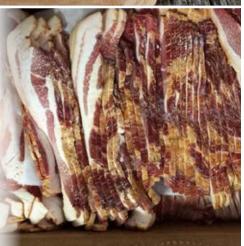
#2899....\$31.99



This is a #2 irregular product that sometimes includes a large amount of fat. Ideal for adding bacon flavor to recipes.

Case will show 'Packed by' date and have 6 months of shelf life past that date.

GF 15 lb. bulk #3297....\$39.99



# DAILYS

# 'Center Cut' Bacon Honey Cured

Smoky with the sweetness of a honey cure. Raw. 90 day shelf life. GF

#3298....\$26.99



# Bacon Wrapped Brown Sugar Chicken

1 lb chicken tenders (about 10 chicken tenders) 10 strips bacon (#3298) 1/2 -1 tsp salt (#1146) 1 tsp paprika (#1697) 1/2 tsp black pepper (#1029) 1 tsp onion powder (#1027) ½ tsp Italian 'n Pizza Seasoning (#1432) 1 tsp garlic powder (#1021) 2/3 cup light brown sugar, packed (#1150) 2 tbsp chili powder (#1014)

Preheat oven to 350 F. Mix together salt, paprika, black pepper, onion powder, Italian 'n Pizza Seasoning, and garlic powder. Sprinkle mixture evenly over chicken tenders, completely coating them generously in the spices. Wrap bacon slice around each chicken tender. Tuck in loose ends. Mix together brown sugar and chili powder. Sprinkle this mixture over bacon wrapped chicken, top and bottom. Press the sugar mixture into the chicken to pack it on. Place the chicken on a greased grill pan. Bake for 25-30 minutes or until chicken is done and bacon is crisp. You can broil for the last few minutes if desired to crisp



Cases will show 'Received' date and have 6 months of shelf life past that date.

Pork Sausage Patties (raw) **GF** 96 ct., 2 oz. size/12 lb. case #3387 \$35.99 | Just 37¢ each!



Pork Sausage Patties (precooked) **GF** 96 ct., 2 oz. size/12 lb. case #4063

\$44.99 | Just .47 per patty!

Compare our price of just \$3.75 per case to Schwan's cost of \$5.67/lb. and save 34% with AP!



Cases will show 'Received' date and have 6 months of shelf life past that date.

# **Skinless Pork Sausage Links** (precooked)

**GF** 240 ct., .8 oz. size/12 lb. case. #5464....\$39.99 | 17¢ per link!

Pork Sausage Links (raw) **GF** 192 ct., 1 oz. size/12 lb. case #3386...\$36.99 | 19¢ per link

Pork Sausage Links (precooked) **GF** 240 ct., .8 oz. size/12 lb. case #4062.... \$44.99 | Just 19¢ per link!

Compare our price of just 19¢ to Schwan's cost at 34¢ per link and save 44% with Alison's Pantry!















# Breakfast Burritos with Eggs, Sausage, & Cheese

Stuffed with whole eggs, savory sausage and three velvety, melted cheeses—American, Monterey Jack and Cheddar. 12/7 oz. buritos

#4845....\$24.99 | \$2.08 each



# **POSADA**

# Breakfast Burritos, IW

Wrapped in a white tortilla. Microwavable. 24/4 oz. buritos

- ♦ #7419 Egg, Bacon & 3 Cheese....\$29.99
- ♦ #7420 Egg, Ham & 3 Cheese....\$28.99





# **Breakfast Meat Variety Pack**

- 1 2 / 1 lb. packs of Hickory Smoked Bacon, raw
- 2 1/1 lb. pack Hi-Grade 1 oz. Pork Sausage Links
- 3 1 / 1 lb. pack Polish Hot Links, 5 ct.
- 4 1/1 lb. Ground Pork Sausage, Country style Italian seasoning

**GF** 5 lb. case **#1108...\$29.99** 



# Breakfast Additions



Homestyle Waffles
72 ct. waffles
#1498...\$15.99 | 22¢ each



Morins. British

Mrs. Butterworth's Original Syrup 64 oz. jug #5946....\$6.49





# **Kids Greek Yogurt Tubes Variety Pack**

Kid-friendly, all natural low-fat Greek yogurt made with non-GMO ingredients. 25% less sugar and twice the protein of the leading kids' yogurt. 8 Strawberry and 8 Mixed Berry tubes. 50 day refrigerated shelf-life; 90 days frozen. Come frozen. F 16 ct.

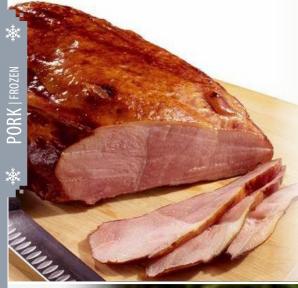
#1908....\$7.49





Cinnamon French Toast Sticks Bake, fry or toast. 52 sticks. 56 oz. box

#1499.... \$12.49



# Smithfield Farmland

#### CarveMaster Ham

Boneless, natural juice ham, made from only fresh outside muscle, slow smoked with real apple wood. Fully cooked. 7-8 lbs. avg. #7960..\$35.99



# Smithfield Farmland

# Seasoned Center-Cut Pork Chops

#6305....\$43.99

Bone-in, Raw, lean and trimmed. Marinated for added tenderness.

Marinated for added tendernes. GF 32/5 oz., 10 lb.

Compare our price of \$4.40 per lb. to Schwan's cost of \$8.00 per lb., and save 45% with AP!



# CarveMaster Cob-Smoked Boneless Ham Fully-cooked ham. Corn-cob smoked for old fashioned flavor. Comes frozen. Avg. 3-4 lb. #1109...\$18.99





# Bone-In Ham Steaks

Fully cooked, hearty ham steaks. Individually vacuum sealed for freshness.

**GF** Big 1 lb. steaks, 4 per order **#5659....\$21.49** 



Fully-cooked. Skinless. Approx. 50-3.5" links per package. Oven bake, grill, or griddle. 5 lb. pack

#4843...\$22.99

# Smithfield Farmland

"All Meat" Hot Dogs by the Case
Larger, ¼ lb. hot dogs. No MSG added.

GF 4 per lb./40 ct./10 lb. case
#5608....\$37.99 | 95¢ each





# Hillshire Farm

Lit'l Smokies® Cocktail Links
Pork, turkey, and beef smoked to perfection.
Fully cooked. F 3 lb. pouch
#6042....\$16.99





2 pound pork tenderloin (#1044)

6 oz Coca-Cola

2 tbsp apple cider vinegar

1 tsp salt (#1146)

1/2 tsp pepper (#1029)

1/2 tsp granulated garlic

1/2 tsp chili powder (#1014)

Place PanSaver Slow Cooker Liner (#1089) in slow cooker. Place pork loin inside. Add Coca-Cola and apple cider vinegar and stir. Sprinkle the top of the roast evenly with salt, pepper, garlic and chili powder. Cover and cook on low for 6 to 8 hours or on high for 4 hours or until pork is tender and cooked through. Remove from liquid and



2 / approx. 2 lb. bags. 4 lb. avg. weight #1044....Reg. \$24.99

# Pork Rib-lets

Raw pork ribs. Similar to baby back ribs. 5 lb. box

Pork Tenderloins, Boneless

Two pork loins per pouch. Raw; frozen.

Product arrives to us refrigerated with a

short best by date and we freeze it which extends the shelf life 6 to 9 months.

#6380....\$13.49



# Smithfield Farmland

# Shredded Smoked Pork

Delicious with BBQ sauce in a juicy sandwich, or seasoned as sweet pork for tacos, tostadas, enchiladas, and salads. Precooked. Just heat and serve. GF 5 lb. box #5586....\$29.99

Compare our price of just \$6.00/lb. to Schwan's cost at \$11.20/lb. and save 46% with AP!





## Smoked Baby Back Ribs in BBQ Sauce

Smoky, fully-cooked pork baby back ribs, smothered in a rich barbecue sauce. Heat and serve. Case comes frozen. 2/5 lb. pouches; 10 lb. case

#1080....\$49.99





Flavorful sausages wrapped in soft baked rolls. Individually wrapped in microwaveable film.Choose from 4 delicious flavors!



**Hand-Held Sausages in** 



# Sweet 'n Smokey Sausage in a Soft Baked Roll

Naturally hardwood smoked sausage plus a hint of honey in a soft-textured roll. 8/5 oz. rolls

#1365...\$14.49 | \$1.81 each



# **Smokey Cheddar Pork Sausage** Link in a Soft Baked Roll

Naturally hardwood smoked sausage filled with Wisconsin Sargento cheese in a soft-textured roll. Heat and serve. 8/5 oz. rolls

#1362...\$14.49 | \$1.81 each



# Smoked Brat in a **Soft Baked Roll**

Hearty, big-flavored traditional bratwurst in a soft-textured roll. Heat and serve. 8/5 oz. rolls

#1363...\$14.49 | \$1.81 each



#### Spicy Sunrise Sausage in a Soft **Baked Roll**

Hearty combination of egg, peppers, onions, cheddar and spicy sausage in a soft-textured roll. Heat and serve. 8/5 oz. rolls

#1364...\$14.49 | \$1.81 each





# Chicken Breast Tenders (raw)

Juicy tenders to enjoy in stir fry, fajitas, kabobs, and more. Irregular, #2 product, packaged under the Sunland label. Size of pieces will vary. 4 lb. bag

#6829....Reg. \$11.49 Sale \$9.99









# **Crispy Chicken Strips**

Moist chicken breast strips with rib meat, coated in a crispy seasoned batter. Oven, microwave, or deep fry. 8/3 oz. svgs. 24 oz. bag #9211....\$9.49 | \$1.19 per svg.



# **Dino Buddies Chicken Nuggets**

Fully-cooked, No artificial ingredients. Frozen. 5 lb. box

#1258...\$18.99



2/4.5 lb. bags /9 lb. case

#6214...\$39.99

tenderloins.

Ready-to-cook from frozen, just 7 minutes per GF 40/4 oz. burgers #6301...\$35.99 Just 90¢ each!

# **Saute Ready Chicken Breast Pieces and Strips**

No thawing required. Just add vegetables for the perfect quick and delicious dinner when you're in a hurry. 4 flavor options. 100% All Natural Chicken, No Hormones or Steroids. 7 servings. 28 oz. bag...\$9.49 | Just \$1.36 per svg.!









♦#1404 Fajita Marinated





POULTRY | FROZEN \*



# Chicken Cordon Bleu

Stuffed with smoked ham and swiss cheese. 25/5 oz.

#8553....\$30.99





# Chicken with Broccoli & Cheese

Filled with broccoli and cheese.

25/5 oz.

#8555... \$30.99



**Cordon Swiss Stuffed Chicken Minis** 

and cheese. Oven bake. 24 oz. box #9062...\$6.99

Mini Cordon Bleus! Square nuggets filled with ham







Chicken franks dipped in honey crunch batter. 10 g. protein; no trans fat. 28-1/4 lb. corn dogs. 7 lb. box

#1262....\$15.99





Pork and turkey blend sausage. 56/2.85 oz.

#1406....\$32.99





# Chicken Mini **Corn Dogs**

Mini chicken franks wrapped in honey crunch batter. 120/.67 oz., 5 lb. bag #**1581...\$19.99** 



# **Gluten Free Options**



# **NEW! Gluten Free Chicken Breast Nuggets**

50% less fat and 25% fewer calories **GF** 18 oz. bag #1267....\$9.49





# **NEW! Gluten Free** Chicken Breast Strips

50% less fat and 25% fewer calories **GF** 18 oz. bag #1268....\$9.49





# PIERCE

#### **Boneless, Skinless Chicken Breasts**

plump and ice glazed to prevent freezer burn. Restaurant-quality, cleanly trimmed. 100% all natural. CF 48/4 oz., 12 lb. case

#6519...\$50.99

Compare our cost of \$4.25/lb. for premium chicken breasts to Schwan's raw chicken breasts at \$7.20/lb. and save a whopping \$35.41 with Alison's Pantry!

> Our popular Find it on page 46.



Minor's Cilantro Lime Concentrate is back!



# Wing Dings & Wing Zings

Boneless breaded breast chunks, fully cooked. Crispy from the oven. 14-16 pcs./lb. 5 lb. bag.....\$26.99

♦#6587 Wing Dings (Regular)

♦#6588 Wing Zings (Spicy)



# **Tempura Battered Chicken Breast Strips**

Our uncooked Tempura-battered whole breast meat strips sport a light, golden battered coating with a soft crunch. 10 lb. case

#7102...\$46.99 \$4.70 per lb.

# **Tempura Chicken Breast Nuggets**

Made with 100% breast meat with crispy tempura batter. Par-fried. Fry or bake. 2/5 lb. bags, 10 lb. case #6838...\$32.99 \$3.30 per lb.

Dip these tempura favorites in Sweet & Sour or Zesty Orange Sauce. See page 46.





# **PANTRY BARGAINS**

# Popcorn Chicken

Bite sized pieces of all breast meat chicken, lightly breaded for a flavorful golden crunch. Oven bake or fry. 2 lb. bag #1465...\$4.99



**Pantry Bargains** breading, but they are consistently delicious and always supported by our 100% satisfaction guarantee.



**Breaded Chicken Breast Fillets** Ready-to-cook. Bake or fry. 2.5 lb. bag #1003...\$7.99







# Skinny Dip'n Chik'n

#2473...\$20.49

\$4.10 per lb.

Unique seasoned, unbreaded premium whole muscle breast meat. 25% less fat and calories than the leading boneless wings. Raw.

**GF** 2/5 lb. bags, 10 lb. case #7343...\$44.99



See page 46.



# Blazin' Chunks

All white meat chicken breast chunks in a spicy breading. Dip in Bleu Cheese or Ranch dressing for a restaurant favorite. Raw; bake or fry. 2 lb. bag

#2476....\$8.49







## ♦ Breaded Chicken Breast Patties Breaded chicken breast with rib meat.

45/3.6 oz. size, 2/5 lb. bags,10 lb. case #6221...Reg. <del>\$28.99</del> Sale \$26.99 | \$2.70 per lb.

♦ Breaded Chicken Breast Patties 26 oz. bag #1454....\$5.99



# **Black Label Carving Turkey Breast**

Fully cooked. Raised with no antibiotics, no added hormones, no starches added. 1 year freezer life. Approx. 20 servings. **GF** 5.5-6 lb.

#9197... \$27.99



# Turkey Pot Roast

Fully cooked chunks of savory turkey thigh meat and gravy in an oven-proof bag for easy reheating. Approx. weight. 4.75-5.25 lb. bag #8994...\$24.49





# #1 Ground Turkey, Frozen Premium ground turkey is

85% lean / 15% fat. **GF** 12/1 lb. chubs #3568...\$22.99



#### **USDA Choice Seasoned Flat** Iron Steaks

Similar flavor to fillet mignon without the high price tag. Cryo-vac'd pkgs. GF 12/6 oz. steaks

#6044.....\$51.99

"The Double Red Provisions Flat Iron Steaks (#6044) are a little slice of heaven! They are pre-seasoned and so tender and yummy. We don't go out to have steak anymore. We eat in!"







# Rib Eye Steaks

Fresh cut, and hand trimmed.

GF 4/8 oz. steaks #2602....\$38.99

We're proud to now offer Certified Hereford Beef. Cattle beef comes from great cattle, and the best cattle—Hereford cattle—produce the



# Skillet Steak & Potatoes

If a full roast seems too big for the group you're feeding, try this downsized skillet steak & potatoes that's the perfect size for 2. Or, simply double it, if you're needing more!

8-10 oz. quality steak (Rib Eye, Sirloin, Flat Iron) 2 large potatoes (Yukon or red) 1 medium onion, sliced (#5772) 1/2 tsp pepper (#1029) 1-2 tsp Garlic Supreme (#2592) 2 tbs olive oil

Preheat oven to 350 degrees F. Cut steak in bite-sized pieces. Cut potatoes into chunks (don't peel). In a large bowl, combine the cut-up steak, potatoes and onion. Add the olive oil and toss to coat. Place the steak & potatoes mixture in a 9 x 13 baking dish or 10-inch oven-proof skillet. Sprinkle with pepper and Garlic Supreme. Bake at 350 degrees F for 40-45 minutes, or until steak is browned and potatoes are cooked through. Serves 2.







**USDA Choice Beef Stew Meat** Tender chunks of Choice beef. Raw; frozen. GF 3 lb. bag #2607....\$17.99





**Breaded Steak Fingers**One ounce ready-to-dip fingers!
160/1 oz. fingers, 10 lb. case
#8565.... \$40.49



# 100% Beef Hamburger Patties

These juicy, 100% pure ground beef patties are great for a quick lunch or dinner. 75/25 lean to fat ratio, with no soy, fillers, additives, or MSG.

**GF** 24 / 4 oz. / 6 lb. case **#1075.... Reg. <del>\$22.49</del> Sale \$20.99** 

# Jumbo 1/3 lb. Cheddar & Bacon Stuffed Beef Patties

Stuffed with pieces of smoky bacon and shredded Cheddar cheese. 6 patties/2 lb. box #8377....\$10.99





Hamburger Patties Juicy, flavorful blend of USDA ground chuck, ground sirloin, and ground brisket. 80/20. 100% beef, no fillers. GF 40/4 oz. patties #2621...\$49.99





# Simple Salizbury Steak

#### PATTIES:

1 lb Pure Ground Chuck (#2622)

1/3 cup Bread Crumbs (#1193)

2 tsp Ketchup

1 tsp Mustard

1 tsp Worcestershire Sauce 1/2 tsp Garlic Powder (#1021)

1/2 tsp Onion Powder (#1027)

GRAVY:

1/2 cup Custom Culinary Brown Gravy Mix (#1252)

1/2 cup Custom Culinary Brown Gravy

2 cup hot water

1 tsp Ketchup

1/2 tsp Worcestershire Sauce

C ombine all patty ingredients in a large bowl and blend with clean hands until ingredients are incorporated.

Heat 1 tablespoon oil or butter in a large skillet over medium heat. Cook patties on both sides until no longer
pink. Lower temperature to low. Whisk together gravy mix and water until well blended. Whisk in ketchup and
Worcestershire and pour over patties in skillet. Allow to simmer until aravy warms and thickens.













# PacificSeafood.

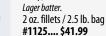
#### Tilapia Fillets

Premium boneless, skinless Tilapia Fillets. Farm-raised. GF 3-5 oz./10 lb. case. Approx. 40 fillets #8027....\$41.99











-AquaStar

Calabrating 25 Ye **Pub-Style Battered Cod** Wild-caught; no artificial colors, flavors or preservatives. Certified Sustainable

Seafood. Bake or fry. 2-3 oz. pieces 2.5 lb. box #2807...\$17.99

Piccadilly Pub-Style **Battered Cod** 

Mrs. Friday's

**Beer Battered Halibut** Fillets, 2 oz. 100% natural, untreated,

whole muscle fish. Coated with

a crisp, Samuel Adams Boston

White cod fillets dipped in a golden pub-style batter. Bake or deep fry. 3 oz. portions/5 lb. bag #8014....\$42.99

# **Tavern Battered** Haddock

Oven bake or fry. Fry for crispiest results. Approx. 16 fillets. 2-3 oz. fillets 2.5 lb. bag #**8416.... \$20.49** 



# Panko Crusted Tilapia

Each fillet is lightly crusted with a lightly seasoned panko breading. bake or fry. GF 3 oz. filléts / 2.5 lb. bag #8997....\$20.49

\$1.58 per svg.





# **Atlantic Salmon Portions, IQF**

Individually vacuum-sealed 4 oz. portions of Atlantic salmon. Boneless, skinless. Farm-raised product of Chile, processed in the USA. GF 4 oz./2 lb. bag #8669...\$27.99



# Wild Pacific Halibut Portions, Skin-on

Wild-caught, sourced from the Pacific Ocean. Skin-on; sustainably-fished. 4/4 oz. fillets. 16 oz. bag #8028....\$22.99



# **Parmesan Encrusted Cod**

Moist, flaky cod coated in a crisp, parmesan breading. Allnatural, gluten-free, with no trans fat or preservatives. **GF** 2.5 svgs. 9 oz. box

#1063....\$9.49







TAMPA MAID **NEW! Coconut Breaded Round** 

# Shrimp, 16/20

Premium round shrimp, peeled and deveined, coated with Oriental breading and shredded coconut with flavored batter. Frozen; deep fry. 2.5 lb. box

#1394....\$35.99





TAMPA

# **Oriental Breaded Dinner Shrimp**

Deep fry only. Premium butterfly shrimp with a unique crunchy oriental breading. 3 lb. (16-20/lb.) #1813...\$29.49

Don't miss our new Vannamei White Shrimp on page 4!



TAMPA MAID

# **Premium Oven Ready Butterfly Shrimp**

Peeled, deveined, and butterflied shrimp with a bread crumb coating.

2 lb. (31-40/lb.)

#5029....\$26.99





# **Ultimate Fish Sticks**

No preservatives, no artificial ingredients. Light all-natural breading. Bake or fry. 4 lb. bag | 62 ct./1oz. sticks #2809....\$21.99









# **Premium Alaskan Salmon Burgers**

Salmon patty is made with the finest wild, ocean-caught, deep skinned Alaskan Salmon, herbs and spices.

**GF** 3 lb. bag/12 ct. #2808....\$25.49









**Butcher Wrapped Shredded Steak & Cheese Burritos** 

Savory shredded steak, cheddar cheese, mozzarella cheese, Monterey Jack cheese and Mexican spices in an oven-baked flour tortilla. Generously sized. Comes frozen. Bake, microwave, or deep fry. IW. 12/9.5 oz. burritos

#8848....Reg. <del>\$23.49</del>

Sale \$21.99



# **XXL Bean & Cheese Burritos**

Big flavor and big satisfaction! Beans, cheddar cheese and Mexican spices in an oven-baked flour tortilla. Comes frozen. Bake, microwave, or deep fry. IW.

12/9.5 oz. burritos #8847...\$15.99



# XXL Beef & Bean Burrito

Savory beef, beans and Mexican spices in a large oven-baked flour tortilla. IW. 12/9.5 oz. burritos

#8975....\$15.99



# FLAV-R-PAC

# **Baja Vegetable Roast**

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies. 2 lb. bag

#5353.....\$7.49



# **Southwest Quinoa Blend**

Quinoa, Black Beans, Corn, Red Quinoa, Green Peppers, Red Peppers. Frozen: steam in microwaveable bag for 7 minutes, or heat on stovetop. **GF** 1 lb. bag

#1129 ...\$4.99



Medium Cheddar

**Shredded Cheese GF** 2.5 lb. bag #1866....\$13.49





# **Ole Taco Seasoning**

Add 3-5 Tbsp. of seasoning to beef, chicken, pork, or turkey to create your favorite Mexican recipes.

1 lb. container

#1846.... \$8.49





# Fiesta Guacamole

Flavorful quacamole with medium kick from red and jalapeno peppers. Comes frozen.

6/12 oz. tubs #9247....\$28.99

> SMALLER PACK Fiesta Guacamole #1060 12 oz. tub...\$5.99







# **P@SADA**

# Chimichangas

Meat and cheese in a lightly par-fried flour tortilla. 12 / 5 oz.

\$18.99

- ♦ #1873 Shredded Steak & Cheese
- ♦ #1874 Shredded Chicken







# **Tornados**

24/3 oz. case....\$20.49

- ♦ #2925 Southwestern Chicken
- Jack cheese, peppers, chicken, spinach, corn & black beans.
- ♦ #2928 Ranchero Beef Steak & Cheese Our Ranchero red sauce, shredded steak and real cheese.
- ♦ #3953 Bacon, Egg & Cheese Scrambled eggs, bacon, onions, tomatoes, chilies, and melted cheese.
- ♦ #2926 Sausage, Egg & Cheese Breakfast basics with a kick of salsa.
- ♦ #3105 French Toast & Sausage Maple sweetness and savory sausage. 24/3 oz. case....\$22.49



# **P@SADA**

# Chorizo & Queso Blanco Mini Tacos

A spicy blend of Mexican pork chorizo, a rich three-cheese blend and onions stuffed inside a mini yellow corn taco.

4 lb. box

#6904....\$25.99



# **Raspberry Cheesecake Bites**

Sweet and creamy cheesecake paired with raspberry topping in an oven-baked and battered flour tortilla. 24 Bites per box.24 Bites per box. 4/6 ct. bags / 2 oz. bites #8850...\$19.99





# Fajita Blend

Onion strips, with red, green and yellow bell pepper strips. **GF** 4 lb. bag #2069.....\$7.99

Compare our price of \$2.00/lb. to Schwan's Fajita Vegetable Blend at \$5.49/lb. Save 64% with AP!





# **Fabulous Fajita** Seasoning

Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of chicken, beef, or pork. 1 lb. bag #1017.... Reg. \$7.99 Sale \$5.99



# Rosina.

# **Italian Style Meatballs**

Savory ½ oz. beef blend meatballs, fullycooked. Oven-baked, not fried. No MSG added. Frozen.

52 oz. bag #9142....\$13.49

# **Homestyle Meatballs**

Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese. Approx. 52 1/2 oz. meatballs per bag. Frozen. 26 oz. bag

#8963....\$7.99







#### Six-Cheese Jumbo Ravioli

Precooked 4 cheeses. Boil for just 3-4 minutes to heat. Approx.40 large ravioli. 2.65 lb. bag

#3493....\$14.49





# Large Round Beef Ravioli

Tender freshly made pasta stuffed with a zesty beef filling. No MSG. Serves 5. Frozen. 22 oz. bag #8964....\$6.99





# **Shrimp Scampi**

Approx. 6 svqs. G 2 lb. box

#8880....\$24.49





# Pasta Prima

# Spinach & Mozzarella Ravioli

Cooks in 8 minutes. 36 svgs. Per bag. Includes 2 Parmesan & Herb packets 3.5 lb. bag

#1911....\$16.99





# **NEW! Stuffed Rigatoni with Cheese**

Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen. 2.5 lb. bag

#1431....\$9.49



# Alfredo Sauce

Parmesan cheese with roasted garlic and garden herbs. GF 32-1/4 c. servings per bag. Frozen.

4 lb. bag

#9160....\$15.99







# **REAL Kraft® Fresh Grated Parmesan Cheese**

Save with our bulk bag compared to the green can.

GF 1 lb. bag #1683....\$8.49



# Choose Your Crust! WE'VE GOT IT COVERED!



# 12" Par-Baked Pizza Crusts

Our hand-stretched crusts bake up crisp on the bottom and chewy in the middle.

6 ct #1078 .... \$16.99 20



# Gluten-Free Pizza Crusts, 10"

Each crust is packaged with a foil pan for easy cooking and no cross contamination in your oven. GF 12 crusts

#1092....\$24.49 | \$2.04 per crust



Thaw and roll for crusts, calzones, and breadsticks. Frozen. Individually wrapped. 6 ct. / 16 oz. balls

#1079....\$15.99







**Chicken Fried Rice** Heat on the stovetop or in the oven 3 lb. bag #1112... \$14.49

Vegetable Fried Rice Simply heat and serve. 3 lb. bag #6695 .... \$13.49

Name 2





# Hawaiian Style Teriyaki Chicken & Rice Bowls

O Trans Fat. Microwave or oven bake. IW 6 / 12.5 oz. bowls #1135... \$17.99



# Orange Chicken

Lightly battered boneless chicken bites Orange sauce packet included. Fully cooked; frozen. Oven bake or microwave 6 svgs. 24 oz. bag

#9213....\$9.49 | \$1.58 per svg.





# Golden Tigen

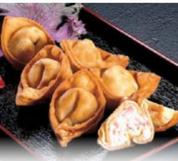
# **Southwest Chicken Egg Rolls**

Filled with tender chicken, spinach, black beans, corn, red bell pepper, and pepper jack cheese. 18 / 3 oz. box #1131....\$18.99

# WINH **Vegetable Egg Rolls** 

> Cabbage, bok choy, water chestnuts, carrots and celery 12/3 oz. box #4078....\$11.49

Pork & Vegetable **Egg Rolls** 12/3 oz. box #4082....\$11.99



# **Crab Rangoon**

Fully cooked Rangoon, stuffed with a delicious blend of cream cheese and crabmeat. Deep fry or bake. 30 / 1 oz.

#6694... \$16.99



# All Natural Chicken and Vegetable Potstickers

Savory chicken and vegetable filling in tender dumplings. Ready in 10 minutes. Frozen. 4.2 lb. bag

#4767....\$17.99

# Find our Sweet & Sour Sauce and Zesty Orange Sauce on page 46!



# Japanese Yakisoba Noodles Fully cooked, frozen; heat and serve.

5 lb. bag #9176....\$9.49



# Asian Quinoa Blend

Unseasoned blend of quinoa, edamame, carrots, red peppers, and onions. Frozen; steam in microwaveable bag for 7 minutes, or heat on stovetop.

**GF** 1 lb. bag #1096 ....\$4.99



# **Asian Marinated Saute Ready Chicken Breast Pieces and Strips**

100% All Natural Chicken; No Hormones or Steroids. 7 servings. 28 oz. bag #1403....\$9.49



# Deluxe Stir Fry Vegetable Blend

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.

**GF** 2 lb. bag #5309.....\$5.49

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# Soup Supreme

PREPARED, NOT PRE-COOKED!

Soup Supreme ingredients are cooked for the first time in your kitchen. All you have to do is add water.



From farm to bag in 4 hours SUPREME Cream of Potato Soup





Cheddar Broccoli Cheese Soup Broccoli florets in a buttery cream base with carrots, onions, seasonings and rich cheddar cheese. No MSG. GF 54 oz./106 oz. yield #1178...\$15.49



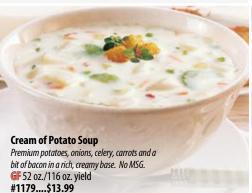
Potatoes, savory bacon, chopped celery and bits of onion in a creamy base with cheese and sour cream. No MSG. 64 oz./128 oz. yield #1974.... \$18.99



Wisconsin Style Cheese Soup This subtle blend of cheeses, celery, onions, and green peppers in a creamy base. 58 oz./122 oz. yield #2300....\$18.99



Sweet corn and hearty potato with onion, carrot and bacon in a creamy base. No MSG. **GF** 72 oz./136 oz. yield #1661....\$15.49







54 oz./118 oz. yield #4175....\$16.99

# Find PanSavers Slow Cooker Liners on page 47 for easy clean-up!



# **New England Extreme Clam Chowder Soup**

Authentic New England Clam Chowder made with an extreme amount of clam meat.

**GF** 4 lb. bag #9167....\$15.99

8 svgs. heat and serve.



# **Maine Lobster Bisque Soup**

A perfect blend of minced sweet lobster meat simmered in rich cream and sherry. 8 svgs. heat and serve. 4 lb. bag #9166....\$14.99

BIOUNT Broccoli & Cheese Soup

Chopped broccoli, shredded carrots and select seasonings simmered in a velvety smooth cheese sauce. Boil in bag.

4 lb. bag #9245 .... \$13.99



# **French Onion Soup**

Delicious sweet onions simmered to perfection in a savory beef broth, accented with a touch of sherry wine to give this classic soup a unique twist. **GF** 4 lb. bag

#1143....\$13.99











# **Chicken Pot Pie Filling**

Vegetables, chicken and seasonings in a delicious chicken based broth. No MSG. GF 48 oz., 80 oz. yield. #1976....\$16.99

Reames

**NEW! Frozen Homestyle Egg Noodles** America's favorite brand! Thick and hearty.

3 lb. bag #1407....\$11.49



# Southwest Chicken Chili

1 pkg. Santiago® Quick-Start® Chili, prepared 1 1/2 cup Chicken, shredded 1 cup Corn, drained

1 cup Tomatillos, drained, chopped

Prepare Santiago® Quick-Start® Vegetarian Chili with Red Beans according to package directions, without added meat. Stir in remaining ingredients, cook until hot. If desired, serve with tortillas and



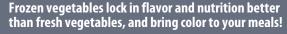
# **Proof & Bake Soup Bowl Dough**

Compared to our Sourdough bread bowls, these are slightly smaller, and have a French Bread flavor and texture. Proof and bake.

45 / 6 oz. #8573....\$27.99 62¢ each!









Normandy Blend

Blend of broccoli, cauliflower, sliced carrots, zucchini and yellow squash.

**GF** 4 lb. bag

#1266.....\$8.49

#2743....\$14.49



Winter Mix
A blend of 60% broccoli cuts and
40% cauliflower florets.

**GF** 2 lb. bag **#6388.....\$4.99** 





Whole Green Beans, Bulk

**GF** 15 lb. case

#5352....\$26.99



Cauliflower Florets GF 2 lb. bag #6383....\$5.49



Green & Red Pepper Strips
3/8" random length pepper strips.
90% green strips and 10% red.
GF 2 lb. bag
#6386.....\$4.99



5-Way Mixed Vegetables Blend of carrots, corn, peas, green beans and lima beans GF 2.5 lb. bag #1493......\$4.99



Deluxe Stir Fry Vegetable Blend
Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby com, onions, red peppers and yellow carrots.

GF 2 lb. bag
#5309.....\$5.49



Yellow Squash, Sliced § 2 lb. bag #7860.....\$4.99



Whole Kernel Corn with Sauce GF 2 lb. bag #4664.....\$4.99



Flame Roasted Sweet Corn, Peppers & Onions ©F 2.5 lb. bag #2742....\$7.99



Pacific Blend
Blend of Sugar Snap™ peas, bias-cut yellow
carrots, bias-cut carrots, and broccoli florets.

GF 4 lb. bag

#8640...\$8.99



Super Sweet Cut Corn, Bulk IQF GF 20 lb. case #5349....\$26.99



Southwest Quinoa Blend Frozen: steam in microwaveable bag for 7 minutes, or heat on stovetop. GF 1 lb. baq

#1129 ...\$4.99

24



# Mediterranean Quinoa Blend

Quinoa, Brown Rice, İtalian-type Green Beans, Zucchini, Yellow Squash, Red Peppers GF 1 lb. bag #1098...\$4.99

Quinoa & Kale Blend Quinoa, Kale, Red Quinoa, Onions GF 1 lb. bag #1101... \$4.99





#1090....\$4.99



# Asian Quinoa Blend

Unseasoned blend of quinoa, edamame, carrots, red peppers, and onions. Steam in microwaveable bag for 7 minutes, or heat on stovetop.

**GF** 1 lb. bag **#1096 ....\$4.99** 









# **Simple Goodness Parisian Carrots**

Imported from Belgium, Parisian carrots are small and round with incredibly sweet flavor. **GF** 2.5 lb. bag

#1349....\$6.99



Malibu Blend Cut broccoli, cauliflower, and carrots. Certified sustainable.

GF 4 lb. bag #1346....\$9.49



#3127....\$15.99

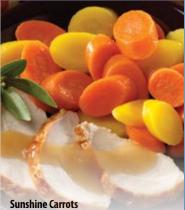
# **Capri Vegetables**

Blend of julienne-cut carrot strips, bias-cut green beans, sliced yellow squash and zucchini. GF 4 lb. bag #8737.....\$7.49



# **Garden Blend**

Blend of broccoli, cauliflower, green beans, carrots, zucchini, yellow squash, and red peppers. **GF** 4 lb. bag #3221....\$7.99



Blend of sweet, bias-cut orange and yellow carrots. **GF** 4 lb. bag #5520.....\$6.99



# **Chalet Garlic Butter Vegetables**

Broccoli and cauliflower florets, with julienne orange and yellow carrots in a sauce of butter, roasted garlic, salt and pepper.

GF 2 lb. bag #7791.....\$7.49



# Baja Vegetable Roast

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.

GF 2 lb. bag #5353.....\$7.49



Green Peas, Bulk GF 20 lb. case #5351...\$28.99

Petite Peas **GF** 2.5 lb. bag #6208....\$5.49



Fajita Blend

Onion strips, with red, green and yellow bell pepper

**GF** 4 lb. bag **#2069.....\$7.99** 



#### **Peas & Pearl Onions GF** 2.5 lb. bag #6385.....\$5.49



**Chopped Onions GF** 2 lb. bag #5772.....\$3.99





# **Omelet Blend**

Blend of diced red and green peppers & onions. **GF** 2 lb. bag #3216....\$4.99



# **Roasted Vegetable & Pasta Blend**

Delicious pasta and vegetable blend roasted with an herb and garlic seasoning. 2.5 lb. bag

#1297....\$7.99

25





on page 46.



# **Smiles® Shaped Potatoes**

Fun, smiley-faced battered mashed potatoes. Bake or fry. CN label.

4 lb. bag #2417....\$10.99 Gold Sweet Potato Straight-Cut Coated Fries Coated Sweet Potato Fries, Grade A. Bake or fry. 6/2.5 lb. bags, 15 lb. case #4979.....\$34.99

SMALLER PACK
Gold Sweet Potato Straight-Cut Coated Fries
#1211 2.5 lb. bag....\$7.49





Cross-Trax® Waffle Fries
Skin-on, ready to cook criss-cut potatoes. Frozen. Bake or fry.
2.5 lb. bag 2416....\$10.49

Ore Ido

# **Golden Crinkles French Fries**

Grade A, crinkle-cut potatoes. O Trans Fat. Value size bag. **6F** 8 lb. bag **#1120....\$11.49** 





# **PICCADILLY**

# Piccadilly Old English Style Fries Authentic batter-dipped English-style fries. Bake or deep fry. 5 lb. bag #6761....\$10.99





# Roasted Mini Baby Bakers

Simplot

Mini 1-2" baby baker potatoes, Frozen. Bake, microwave or fry. GF 2.5 lb. bag #2423....\$8.49



SMALLER PACK **Quincy Gold Taters Frozen Potatoes GF** 5 lb. bag **#3475....\$8.99** 



**Tater Tots** Bake or fry. CN label. GF 8 lb. bag #2425....\$11.99



# LambWeston

# **Roasted Garlic Mashed Redskin Potatoes**

Creamy "skin-in" redskin homestyle mashed potatoes blended with real roasted garlic. Frozen. **GF** 

3/4 lb. bags (12 lb.) #7944....\$26.99

SMALLER PACK Roasted Garlic Mashed Redskin Potatoes #1278 4 lb. bag....\$9.99



# Find Basic American shelf-stable dehydrated potatoes on page 46!



# FLAV-R-PAC

# **Diced Redskin Potatoes**

GF 1/2" cubes. 5 lb. bag #8569....\$7.99



# FLAV-R-PAC

# **Roasted Redskins with Rosemary Seasoning**

Red potatoes lightly seasoned a blend of rosemary, garlic, and onion flavors. **GF** 2.5 lb. bag **#2068....\$5.99** 



# Three Cheese Twice Baked Potatoes

Creamy whipped potatoes in the half shell make an effortless side to any meal. Fully cooked. 12 / 5 oz. pack

#1157....\$11.99 | \$1.00 each



# **Seasoned Roasted Redskins** and Vegetables

FLAV-R-PAC

Red potatoes, red peppers, green peppers and onions roasted and seasoned with herbs, spices, and natural smoke flavor. GF 2.5 lb. bag #7793.....\$7.49



# **Potato & Cheddar Cheese Pierogies**

Tender pasta dumplings filled with a creamy blend of mashed potatoes and Cheddar cheese. Boil, pan fry, oven bake, deep frv or steam.

6 lb. bag #5621....\$16.49

Compare to Schwan's Pierogies at \$4.00 per lb., and save with our AP price of just \$2.75 per lb.!

#### **Loaded Baked Potato Pierogies**

Sharp cheddar cheese, sour cream and chives, whipped potatoes seasoned with bacon Frozen.

6 lb. bag **#4991....\$19.99** 







# HARVEST

# **Country Style Cuts**

Cut straight from the heart of the sweet potato. GF 5 lb. bag #5968....\$9.49



# **Golden Hash Brown Patties**

Approx. 120 patties **GF** 6/2.8 lb. bags #2429.... \$29.99



# SMALLER PACK Golden Hash Brown Patties

Bake or fry. 2.25 oz. patties. Approx. 20 patties. GF 2.8 lb. bag #2427....\$6.49







- 2 tbsp Organic Chia Seeds (#8941, pg. 41)
- 2-3 tbsp warm water
- 2-4 tbsp honey or agave nectar (#3522, pg. 41) 1/2 tsp vanilla (#6919)
- 1. Add all ingredients into a food processor or blender. Pulse until desired texture.
- 2. Transfer jam into a bowl, cover with plastic wrap and place in the fridge. Allow mixture to set for at least an hour. (This is a fresh jam; not for pressure canning.)



# **Cherry Berry Plum with** Cacao Nibs

Frozen cherries, wild blueberries, plums and cacao nibs.

GF 3 lb. bag #1053....\$11.99





# Mango Berry & Wild Blueberry Blend

Mangoes, strawberries, and wild blueberries.

**GF** 3 lb. bag **#9221....\$10.99** 





# Banana Berry & Wild Blueberry Blend

Wild blueberries, strawberries,

and bananas.

**GF** 3 lb. bag #**1224....\$10.49** 





#### **Mango Chunks**

Sweet chunks, perfect for colorful fruit salsas.

**GF** 3 lb. bag

#2655...\$8.99





# **Pineapple Chunks**

Packaged under the Wawona label.

**GF** 5 lb. bag

#8277.....\$13.99





# Blackberries, Whole

Picked fresh at sweet-tart perfection!

**GF** 5 lb. bag **#1221....\$14.99** 



# **Sunrise Fruit Medley**

Peaches, Strawberries, Honeydew, Pineapple and Blueberries.





# **Peach Slices**

Uniform, blemish-free, Grade A IQF peaches.

**GF** 5 lb. bag

#7841....\$14.99







**Chef-Ready Cuts Diced Apples** GF 5 lb. bag #1263....\$16.99



**Chef-Ready Cuts Diced Peaches GF** 5 lb. bag

#2833....\$14.49





**Chef-Ready Cuts Pineapple Cubes GF** 5 lb. bag

#2834....\$12.99

Beautiful diced fruit—washed, prepped, and packed in re-sealable bags.





**Sliced Bananas** GF 5 lb. bag #2835....\$10.99



**Blueberries** 

GF 5 lb. bag #2030....\$19.99





Strawberry Bits & Pieces, IQF **GF** 10 lb. case (2/5 lb. bags) #2633....Reg. \$19.99 Sale \$18.49





# **Wildly Nutritious Mixed Fruit Blend**

Blend of strawberries, pineapple, mango, and peaches. No sugar added.

GF 5 lb. bag

#2032....\$13.49





# Mixed Berries, Whole

Strawberries, red raspberries, blackberries, and blueberries.

GF 5 lb. bag #1223....\$14.99





# **Cherry Berry & Kale** Strawberries, blueberries, and cherries with kale.

GF 3 lb. bag #1216...\$11.49





**Dark Sweet** and Red Tart Cherries GF 2 lb. bag

#1217....\$9.49





# Whole Strawberries

Juicy strawberries for smoothies, pies, and jams.

- **\*** #1214
- **GF** 3 lb. bag...\$8.99
- **#1222**
- **GF** 10 lb. case...\$23.49

Compare our price of \$2.35/lb. to Schwan's cost of \$4.33/lb. and save 46% with AP!





# **Melon Berry** Pineapple & Cucumber

Frozen pineapple chunks, honeydew, wild blueberries and cucumber slices.

GF 3 lb. bag #1052....\$11.99





GF 3 lb. bag

#2658....\$10.49

# **Tropical Berry** & Coconut Blend

Vibrant, juicy mango and pineapple chunks, strawberries, and coconut chunks. Delicious in smoothies!





# **Triple Berry Blend**

Sweet, colorful blend of blueberries, raspberries, and blackberries.

GF 3 lb. bag #1215....\$11.99





# **Stuffed Cheese Bread Sticks**

Fluffy mozzarella-cheese-filled breadsticks. 36/7" sticks. #5620....\$23.99

Convenient, individually-wrapped sticks pre-sprinkled with Parmesan and garlic. Bake or microwave in bag. 24/7" sticks.

#7771....\$19.99





# **Deep Dish Cheese Pizzas**

Thaw from frozen 10 minutes, add your favorite toppings, and bake until bubbly! Pizzeria quality! • Premium pizza sauce • 100% Real Mozzarella cheese . 12 ct./7" pizzas #5666....\$23.99



The perfect pizza topping! **GF** 3 lb. (14-18 slices per oz.) #1596....\$17.99 Compare our price at 37¢ per oz. to Hormel

Pepperoni at 70¢ per oz. Save 47%!



HOT POCKETS



# Rip N Dip Pepperoni Stuffed Pizza Ring

Freshly sliced pepperoni and naturally blended cheeses wrapped in fluffy pizza dough. Includes Marinara Sauce dipping cups. 12/8.5 oz.

#7277...Reg. <del>\$31.99</del> Sale \$29.99



# Pepperoni Pizza 5" IW, 12/6 oz. case #6250....\$25.99

# **Meat Trio Pizza**

Sausage, pepperoni and ham. Microwave tray included for crisp crust. 5" IW, 12/5.44 oz. case #**6249.... \$25.99** 





# Hickory Ham and & Cheddar

Real cheddar cheese and premium ham in a crispy buttery crust. IW. 4.5 oz. / 17 ct.

#1283....\$18.99 | \$1.12 each!



#### Pepperoni Pizza

Pepperoni pizza filling wrapped in a garlic buttery seasoned crust for a handheld lunch. 4.5 oz. / 17 ct.

#1282....\$18.99 | \$1.12 each!























I. Corn Nuggets

#1274....\$7.99

2 lb. bag

These sweet corn kernels coated in crispy

batter are the perfect bite-sized snack.



J. Battered Spicy Jalapeno & Cheddar Corn Nuggets

Fire-roasted corn, jalapenos and red peppers in a cheddar cheese blend coated in crispy cornmeal batter.



# Delicious plain, salted or topped with mustard. 20 ct. box #1472....\$12.99

**Soft Baked Pretzels** 



#### A. Beer Battered Zucchini Slices

Fresh crinkle cut zucchini slices coated in our crispy butter-golden batter.

3 lb. bag

#1072....\$12.99

# **B. Beer Battered King Onion Rings**

Jumbo slices of sweet onion covered in premium beer batter.

2.5 lb. bag

#1269....\$10.99

# C. Battered Mac & Cheese Wedges

Creamy Cheddar cheese mixed with stick macaroni in a crispy Cheddar batter. 3 lb. bag

#1271....\$18.99

# **D. Butter Breaded Mushrooms**

Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch. 2.5 lb. bag

#1276... \$11.49

# E. Bakeable Breaded Mozzarella Sticks

Natural, aged mozzarella in a home style breading accented with Italian spices.

3 lb. bag

#1270....\$21.49

# F. "Cheddar Pints" Battered Cheese Curds

Real Wisconsin white cheddar cheese curds battered in Brew City's one-of-a-kind crispy beer batter. 3 lb. bag

#1273....\$20.99

# **G. Breaded Pickle Chips**

Sliced pickles coated in breading with a hint of spice. 2.5 lb. bag

#1275....\$13.99

# **H. Crispy Battered Green Beans**

The best way to eat your veggies! Bake or fry. 2 lb. bag

#1300....\$9.49



3 lb. bag





# Pepperoni Pizza Rolls

Pepperoni pizza toppings rolled into a snackable crust. Frozen. Microwave or oven bake. 90 ct. / 44.5 oz. bag

#2430....\$10.99









**Texas Toast**, 3/4" **Slices** 1 loaf #1373....\$3.99

Photo shows recipe suggestion.



Sweet Yeast Steak House Rolls Sweet, airy rolls just like the ones served at your favorite restaurant. Proof, bake and serve. 150/2.4 oz. rolls #7968....\$35.99 24¢ each



Cinnamon Raisin

Cinnamon Raisin Bread 1 lb. loaf #1375....\$4.99







Buttermilk Biscuits
Fluffy, home style biscuits.
Microwave to heat.
72/2.25 oz. IW
#5646.... \$23.99

SMALLER PACK
Buttermilk Biscuits
#1321 18/2.25 oz. IW....\$7.49











# Ciabatta Variety Pack 1 doz. 4" x 4" Olive Oil, 1/2 doz. Savory Herb, 1/2 doz. Whole Grain. 24 ct./3.5 oz.

#5898....\$17.99



#1051....\$12.49

# French Sourdough Baguettes Similar to our Tuscan Mini Dinner loaves but about

twice as long and crafted from a deliciously sour dough. 8/12" Par-Baked Loaves #8977....\$10.49



# Vanilla Scone Dough

Sweet, pre-cut scone dough. Just thaw, let rise, press and fry. 90 days frozen shelf life. 72/1.5 oz.

#7544....\$20.49





#### Uncrustables

Soft, crustless 51% wheat bread sandwiches filled with creamy peanut butter and sweet Smucker's jelly. IW

#3119 Peanut Butter & Grape Jelly \$14.99 | 83¢ each

#3120 Peanut Butter and Strawberry Jam \$14.99 | 83¢ each

**Grape Uncrustables** 72/2.8 oz. IW #7579.....\$49.99

**Strawberry Uncrustables** 72-2.6 oz IW #4290....\$52.99

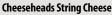
Tillamoo



# **NEW! Uncrustables Peanut Butter & Honey**

Sweet and smooth honey spread meets rich and nutty Smucker's® Peanut Butter in a crustless whole wheat sandwich.

2 oz. / 4 ct. #1437....\$4.99



Stringy mozzarella cheese sticks. 80 calories; 6 grams of protein. **GF** 1 oz. / 60 ct. #4972...\$15.99

Compare our price of just 27¢/ stick to 39¢/stick at local grocery stores!



# Just 27¢ each!

# **Jack & Cheddar Cheese Sticks Variety Pack**

24 Mild Cheddar and 24 Monterey Jack natural cheese sticks.

**GF** .83 oz. / 48 ct.

#1320...\$13.49 | Just 28¢ each!





# **Tillamook Tillamoos Cheese Snack Portions**

Creamy cheddar portions made with just 4 ingredients, naturally aged for over 60 days. IW. GF 50 ct. / .75 oz. portions \$20.49

- #5035 Medium Cheddar
- •#5036 Smoked Black Pepper in White Cheddar

Creamy White Cheddar peppered with real hickory-smoked cracked black peppercorns.



#### Wisconsin Pepper **Jack Cheese Sticks**

Individually wrapped sticks of Monterey Jack cheese with ialapeño peppers. GF 1 oz. sticks 24 ct. Box

#3671....\$10.49 Just 44¢ each!







# **Cheese Dippers Original** Swiss with Breadsticks

Spreadable creamy Swiss cheese with crisp breadsticks for dipping. 20/1.23 oz. trays #1118...\$16.99

Just 85¢ each!



# **Colby Jack Cheese Slices**

Creamy real California cheese. 30 slices/1.5 lb.

#1858....\$7.99 27¢ per slice

# Mild Cheddar **Cheese Slices**

Creamy real California cheese. 30 slices./1.5 lb. #1859....\$7.49 25¢ per slice







Creamy American cheese slices for burgers and grilled cheese. **GF** 120 Slices / 5 lb. #1867....\$16.99







# **Cottage Wheat** 2/24 oz. loaves #1344....\$4.99 | \$2.50 per loaf

Cottage White 2 / 24 oz. loaves #1335....\$4.99 | \$2.50 per loaf

# **Bread Loaves**

Soft, fluffy loaves, perfect for sandwiches or toast. 6 Month frozen; 7-10 day thawed shelf-life.

**Cottage Wheat** case of 6/24 oz. loaves #1345....\$12.49 | \$2.08 per loaf

**Cottage White** case of 6 /24 oz. loaves #1336....\$11.49 | \$1.92 per loaf

# **GLUTEN FREE BREADS**

# **Charlotte's Bakery Gluten Free Rice Breads**

For optimal flavor and texture, thaw slices as needed from the freezer, rather than full loaf. Will keep 5-6 months frozen; or in the fridge for 1 week thawed. Gluten-free



**Rice Bread** 24 oz. loaf GF #1367....\$7.99



# **NEW! Banana Nut Gluten Free Rice Bread**

Sweet banana nut bread with homemade texture and flavor. So good, even non-gluten-free testers enjoyed it! 24 oz. loaf

#1553....\$8.49 GF

33



# **Cinnamon Rolls**

Frozen proof-and-bake cinnamon roll dough with homemade flavor. Frozen. 60 / 4 oz. rolls

#9134....\$35.99



# **Cream Cheese Icing**

Comes frozen.. GF 3 lb. tub #8388....\$13.99



# Bridgford

# **Parkerhouse Frozen Roll Dough**

Easy dinner rolls, and a Monkey Bread staple!

{ 240/1 oz. #**5965....\$26.99** }

SMALLER PACK Parkerhouse Frozen Roll Dough #1136 60 ct. bag....\$7.99

Photo shows recipe suggestion.

# Mini Monkey Bread

24 Bridgford Frozen Parkerhouse Rolls Dough, thawed (#5965) 3 tbsp melted butter or margarine ½ cup granulated sugar 1 tsp cinnamon (#3626)

Let dough thaw until pliable. Cut Parkerhouse Roll in half. Using a little flour on fingers, shape each piece of dough into a ball. Set aside. Mix together sugar and cinnamon. Coat dough pieces with melted butter and roll in sugar mixture. Place 3 dough balls in each cavity of a lightly greased muffin pan. Let rise until double in size. Bake at 375° for 15-20 minutes or until golden brown. Remove from pan immediately to cool on wire rack. If desired, drizzle with icing.

lcing: Mix together 2 cups powdered sugar with 2 tablespoons milk and 1 teaspoon vanilla extract.



# **Belgian Custard Mini Eclairs**

Chocolate Topped Belgian mini eclairs filled with a rich Bavarian custard cream. Frozen; thaw & serve. 24.6 oz. tub / 50 ct.

#1351....\$13.49 Just .27 per eclair



# Delizza

# **Belgian Mini Cream Puffs**

Frozen; thaw & serve. 3 lb. 5oz. tub / 120 ct. #1350....\$14.99



# Ous Spunkmeyer

# **All-Natural Chocolate Chunk Cookie Dough**

Rich, tender, ready-to-bake cookies. Pre-formed. No artificial flavors, colors, preservatives, or trans fats. 72 cookies.

#3678....\$18.99





# **Peanut Butter Crispy Bars**

Thaw-n-Serve. Not Pre-Cut 4-1/4 sheet pans. Yields 16-2 x 2 bars per sheet, or

#6917....\$33.99









# **Fruit Turnovers**

Flaky pastry wrapped around premium fruit fillings. Thaw & bake pre-proofed product. 60/4 oz.

- ♦ Cherry #1889....\$41.99 Just 70¢ each
- ♦ Apple #1199....\$32.99 Just 55¢ each
- ♦ Blueberry #1890....\$42.99 Just 42¢ each



# **NEW! Frozen Cookie Dough Pucks**

Homestyle, high-quality cookie dough that's ready to place and bake! The same product sold in bakeries. 1.33 oz. / 180 ct. cookies



♦ #1550 Classic Sugar Cookie...\$33.99 | .19 per cookie

♦ #6849 Oatmeal Raisin ....\$9.49

◆ #6850 M&M ....\$9.99 ◆ #6852 White Chunk Macadamia ....\$10.49 ◆ #6853 Double Chocolate Chip ....\$9.99 ◆ #6851 Chocolate Chunk Pecan ...\$9.49

♦ #6854 Peanut Butter Cup ...\$10.49



♦ #1548 Classic Chocolate Chunk....\$37.99 | .21 per cookie



◆ #1549 Classic Oatmeal Raisin....\$34.99 | .19 per cookie



**Nestle Toll House Chocolate Chip Cookie Dough** Ready-to-bake dough. Ships frozen. Yield: Approx. 81 cookies. 5 lb. tub

#3677....\$12.99







**Cake Donuts** 

Dunford

With a recipe perfected by Dunford Bakers since the 1920's, these are the best cake donuts we've ever tasted! They come frozen so you can thaw and serve them fresh anytime. 6 ct. Tray...\$6.99

- #1506 Chocolate Iced Cake Donuts
- ◆ #1507 Variety White Cake Donuts 2 Chocolate Sprinkle, 2 Rainbow Sprinkle, 2 Crumb





# **Onion Soup & Dip Mix**

We consider this versatile blend to be a pantry staple! Add this seasoning to meatloaf, stews, pot roast, French Onion Soup, or Creamy Onion Dip. Mix 1 c. water and 1/2 cup Onion Soup & Dip Mix, pour over a beef roast in the slow cooker, and make perfectly seasoned gravy for mashed potatoes.

1½ lb. container

#1845....Reg. <del>\$11.49</del>

Sale \$9.99



Our blend of garlic, onion, parsley and chives is a customer favorite. Sprinkle it in soups or on vegetables, or use it as a rub on meats. It's also a flavorful topping on breads. Combine Parmesan Cheese and Garlic Supreme to top homemade

dinner rolls.

1 lb. bag #2592....Reg. \$9.99

Sale \$7.99

"This is one of my favorite seasonings. We use it on everything: chicken, hamburgers, steaks, roasts and even breads."



#### **Garlic Granules**

Use 1 tsp. of Garlic Granules for each clove and add robust flavor without adding the chunky texture of chopped cloves to sauces or spreads. Allow 20 minutes of cooking for the recipe to reach full flavor.

1 lb. bag #1948....R

#1948....Reg. <del>\$13.49</del> Sale \$10.99

# Bulk Spices mean Big Value!

All spices sold in 1 lb. bags unless otherwise noted.

• • • • MENU ESSENTIALS • • • •

#### #5990 \$7.99 Applewood Seasoning Rub #1013 Bacon Bits, Imitation \$7.99 \$7.49 Basil, Imported, Cut/sifted @F #1443 Bay Leaves, ½ lb. 6F #1753 \$11.49 Celery, Diced, ½ lb. 65 #3232 \$7.49 Celery Salt @F #1427 \$4.99 #1014 Chili Powder, Mild 6F Sale Cumin, Ground GF #1442 \$8.49 Garlic and Herb Seasoning GF #5408 \$7.99 #1948 \$13.49 Garlic Granules @F #1020 \$13.49 Garlic, Minced GF Garlic Powder 6F #1021 \$11.99 Garlic Salt, Classic 6F #1019 \$4.99 #2592 \$9.99 Garlic Supreme 6F Sale

Onion, Chopped 🔐	#1026	\$7.49
Onion Salt, Classic Blend 🔐	#1024	\$4.99
Onion Powder GF	#1027	\$7.49
Oregano, Mediterranean 🔐	#1445	\$11.99
Paprika, Mild 🔐	#1697	\$8.99
Parsley Flakes, ½ lb.GF	#1426	\$7.99
Pepper, Black, Table Grind 🔐	#1029	\$15.49
Pepper, Black, Coarse Grind GF	#1028	\$15.99
Peppercorns, Whole, Black 6F	#1030	\$15.49
Seasoning Salt 🔐	#1033	\$4.99
Smoky Maple Herb Seasoning <b>GF</b>	# 4576	\$6.99
Thyme, Cut & sifted, ½ lb. 🔐	#1444	\$6.49
Turmeric, Ground GF	#1832	\$7.99
Ultimate Onion Blend <b>GF</b>	#4575	\$6.99



#1428

\$6.49

# Cinnamon Vanilla French Toast Sugar

Mustard Seed Powder 6F

This blend made of Saigon Cinnamon, sugar and vanilla flavoring is delicious sprinkled over pancakes, French toast, waffles, toast, pudding and other favorite dishes.

1 lb. bag

#1536....\$5.49

"The AP Cinnamon Vanilla French Toast Sugar (#1536) is a staple next to my butter by my toaster. My kids and I love cinnamon toast and this is an amazing combination. It's also great for homemade cinnamon rolls and topping cobbler!"



# **Seasoning Salt**

One-stop shopping for easy seasoning. It combines salt, sugar, paprika, chili pepper, black pepper, thyme, sage, rosemary, celery, garlic and onion for perfect flavor for any savory dish. No MSG. 2 lb. container

#1849....Reg. <del>\$8.49</del> Sale \$6.99



Clear Round Spice Container 8 oz., 5" tall, Black Lid. #1233.... \$1.49



16 oz. Clear Square Plastic Jar with Shaker Flip Lid 12/16 oz. jars #4435....\$11.99

Single 16 oz. jar #1526....\$1.49

32 oz. Clear Plastic Spice Jars with Shaker Flip Lid 12/32 oz. jars #5129....\$14.49 \$1.21 each

Single 32 oz. jar #1228....\$1.99

# **SPICES IN CONTAINERS**

The following spices come packaged in **tall, clear plastic containers** that fit beautifully on your shelf! Saves the extra step of transferring your bagged spices into your own containers.

Cinnamon Vanilla French Toast Sugar <b>6F</b> 28 oz. containe <b>r</b>	#3894	\$7.99
Garlic Supreme <b>GF</b> 1 lb. container	#6112	\$11.99
Montreal Steak Seasoning <b>GF</b> 1½ lb. container	#4227	\$11.99
Olé Taco Seasoning 1 lb. container	#1846	\$8.49

Onion, Chopped GF 12 oz. container	#1847 Sale	<del>\$9.49</del> \$7.99
Onion Soup & Dip GF 1½ lb. container	#1845 Sale	<del>\$11.49</del> \$9.99
Rosie's Ranch Buttermilk Dressing <b>GF</b> 24 oz. in container	#3893	\$11.99
Seasoning Salt <b>GF</b> 2 lb. container	#1849 Sale	\$8.49 \$6.99

#### • • SPRINKLES FOR EVERY TABLE • • • •

Cinnamon Vanilla French Toast Sugar <b>GF</b>	#1536	\$5.49
French Fry Seasoning GF	#1441	\$5.99

#### • • • • MEAL MUSTS • • •

Carne Asada Seasoning @F	#7378	\$7.49
Chili Seasoning Mix	#1015	\$6.99
Fabulous Fajita Seasoning 🔐	#1017 Sale	<del>\$7.99</del> \$5.99
Italian 'n Pizza Seasoning 🔐	#1432	\$9.49
Leah's Lemon Pepper 🔐	#1022	\$8.49
Montreal Chicken Seasoning 6F	# 7746	\$7.99
Montreal Steak Seasoning 6F	#1023 Sale	<del>\$6.99</del> \$4.99
Mushroom Soup & Stroganoff @F	#1672	\$6.99
Olé Taco Seasoning	#1037	\$5.99
Sloppy Joe Seasoning Mix 🔐	#1035	\$5.99
Superb Spaghetti Seas. Mix <b>GF</b>	#1036	\$6.49

#### **BAKING SPICES**

Cinnamon, Ground Saigon GF	#3626	\$8.99
Cinnamon, Ground Korintje 🔐	#1005	\$5.99
Ginger, Ground GF	#1420	\$8.99
Orange Zest Granules, ¼ lb. GF	#1669	\$7.49
Zesty Lemon Zest, ¼ lb. 🔐	#1433	\$6.99

#### **DIPS & DRESSINGS**

Dilly Dill Dip Mix 🔐	#1421	\$7.99
Guacamole Seasoning, ½ lb. 6F	#2588	\$5.99
Italian Salad Dressing Seas. GF	#1698	\$7.49
Onion Soup & Dip 6F	#1025	\$6.99
Popeye's Spinach Dip Mix 6F	#1423	\$9.99
Rosie's Ranch Buttermilk Salad Dressing Mix 6F	#1032	\$6.99
Salsa Seasoning <b>GF</b>	#1898	\$8.49



**Ole Taco Seasoning** 

Just add 3-5 Tbsp. seasoning to browned ground beef or turkey. No MSG.

1 lb. bag

My family is hooked on the Ole' Taco Seasoning. I ran out the other day and had to get some at the store. Never again! The taste was not even comparable. I just ordered 2 bags just so that doesn't happen again!



1 lb. bag

#1037....\$5.99



#### **Fabulous Fajita Seasoning**

Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of chicken, beef, or pork before cooking for effortless fajitas. . . a restaurant favorite at home!

#1017....Reg. <del>\$7.99</del> Sale \$5.99



**Pure Powdered Vanilla 3-Pack** 

#8627....\$44.99 | \$15.00 each



#### **Pure Powdered Vanilla**

Contains no alcohol, so none of the beautiful flavor bakes out. GF 4 oz. jar #8626....\$16.99



## Sea Salt

Healthy alternative to more-refined table salt. Choose from fine or coarse grinds.

16 oz. container...\$6.49

- + #1146 Fine
- #1147 Coarse



#### Mild Chili Powder

**GF** 3-4 oz. jars

A mild peppery blend of ground chili pepper, salt, cumin, oregano and garlic; great on meat and veggies. 1 lb. bag

#1014....Reg. <del>\$8.49</del> Sale \$6.99



Dried chopped onion is so versatile and won't cause tears during prep! 1 tablespoon dried onion is equivalent to 1/4 cup minced fresh onion. 12 oz. container #1847...Reg. <del>\$9.49</del>

Sale \$7.99



#### CUSTOM CULINARY PRODUCTS ARE THE SAME BASES AND GRAVIES USED BY CHEFS.



#### Real 'Meat First' Bases

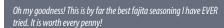
Professional chef quality. No MSG added. 0 trans fat 16 oz., yield: 5 gallons.

- #1038 Chicken GF....\$8.99
- #1039 Beef GF....\$8.99
- #1388 Ham 6F...\$10.49

#### **Granular Flavored Bases**

An economical granular meat base. Add to hamburger or turkey ground meat for delicious patties. Use in rice or pasta cooking water for extra flavor. 0 trans fat. GF 16 oz., yield: 5 gallons....\$4.99

♦ #1040 Chicken ♦ #1041 Beef





#### **PanRoast Pork Gravy Mix** 12 oz./68-2 oz. svgs. #2131.....\$7.49

**PanRoast Brown Gravy Mix** 12 oz./68-2 oz. svgs. #1252.....\$6.99

#### PanRoast Turkey **Gravy Mix** 12 oz./68-2 oz. svgs.

#1254.....\$7.99°

#### PanRoast Peppered Biscuit Gravy Mix

Pan-style milk gravy, great with breakfast. 20 oz./72-2 oz. svas. #1525.....\$6.99

PanRoast Peppered

**Biscuit Gravy Mix** 

**#7558...\$31.99** 

6/20 oz. bags

#### PanRoast Chicken **Gravy Mix** 12 oz./68-2 oz. svgs.

#1253.....\$7.49 **PanRoast Beef** 

**Gravy Mix** 12 oz./68-2 oz. svgs. #3586.....\$6.99

**PanRoast Country Gravy Mix** 12 oz./68-2 oz. svgs. #1255.....\$7.49



#### **Montreal Steak Seasoning**

Coarse ground blend that's great for all red meat: steaks, hamburger, meatloaf, and roasts.

1 lb. bag #1023....Reg. \$6.99

Sale \$4.99

37







## CRESTWARE



**Cake Server** White plastic handle with stainless steel blade. 10 3/4" x 2" #3843....\$3.99



**Cookie Scoop** Stainless steel. #40 scoop size #3838....\$7.49



#### Chocolate Crinkle Cookie Mix Just add water. Yield: 30 (2 1/2") cookies.

23 oz. bag #5244 ...\$6.49 SHIRLEY

**Snickerdoodle Cookie Mix** Just add water and shortening. Yield: 30 (2 1/2") cookies.

23 oz. bag #5243...\$6.49



Just add water and shortening. Yield: 30 (2 1/2") cookies. 23 oz. bag

#5299...\$6.49





#### Delectable Blueberry **Muffin Mix**

Customer-favorite mix for tender bakery-style blueberry muffins. 45/2 oz. muffins

4 lb. bag #2308....\$11.99



#### Mini Baking Cups 500 ct. #2058.....6.99

**Baking Cups** 

White standard paper baking cups. 500 ct.

#1646.....\$6.99



#### Marvelous'n Chewy Macaroon Mix 60/1" cookies

4 lb. bag #1965....\$18.99



#### **Scrumptious Raspberry Muffin Mix**

Easy mix creates fluffy muffins with juicy raspberry-flavored bits. 45/2 oz. muffins

4 lb. bag #2309.... \$11.99







## **Heavenly Angel Food Cake Mix**

Just add water. Yields 5/18 oz. cakes. 4 lb. bag #2815....\$17.49

## **Old Fashioned Buttermilk BULK Pancake Mix** Yield: 718 pancakes. Pancake Mix 25 lb. bag Tasty, old-fashioned, fluffy pancakes #2128....\$32.99 and waffles. Yield: 115/4" pancakes. Just add water. 4 lb. bag #1822....\$6.99 Find our Vegalene Grid Iron

## Did you know you can make crepes with pancake mix?

## Easy Crepes

- 1/2 cup all-purpose flour (#1333)
- 1 1/4 cups water
- 2 eggs, beaten
- 2 tbsp butter, melted

Preheat a lightly greased 5 to 6-inch frying pan or crepe pan over medium-high heat. In medium bowl, stir together Buttermilk Pancake Mix and flour. Add water gradually, stirring until smooth. Add eggs and butter and continue to stir until smooth. Spoon 2-3 tablespoons batter into center of frying pan. Tilt to coat bottom of pan evenly. Just a thin layer of batter should cover the pan. Cook crêpes until delicately browned; turn and cook lightly on other side. Serve with your favorite sweet or savory fillings





# Bacon Cheddar Corn Muffins

Spray on page 47.

Photo shows recipe suggestion for Crepes made from Pancake Mix.

4 Cups Homestyle Cornbread Mix (#2130) 1 1/2 + 1 Tbsp Water 1 cup canned corn, drained 1/2 cup bacon (#4835), cooked and crumbled 1/2 cup shredded cheese (#5035) 1/4 cup green onion, chopped

Preheat oven to 400 Degrees. Spray muffin tin with Vegalene (#1212). Stir all ingredients together until well blended. Spoon into prepared pan. Bake 18-20 minutes.





Contract of HONEY

**Busy Bee American Clover Honey** Grade A No added ingredients; 100% honey.

HONEY

- 3 lb. jug #1148...\$11.99



- ♦ 5 lb. jug #1149.... \$18.99





Made in small batches with premium ingredients **GF** 15 oz. jar **\$5.49** 

- #8930 Harvest Peach Cobbler
- #3003 Red Raspberry
- #3005 Strawberry Rhubarb
- #3000 Bodacious Berry



#### **Professional Buttermilk Biscuit Mix**

Commercial mix for tender, mildly sweet buttermilk biscuits. Yields 8 doz., 2" biscuits 5 lb. box #2129...\$8.99







#### Turkey Brand Strong Baking Flour, Unbleached

All-natural, unbromated, non-GMO flour made from local wheat. 25 lb. bag #2285...\$13.49



#2446...\$4.99







## **Bulk Baking Ingredients**





#1103 Karo Light Corn Syrup 32 fl. oz. bottle	\$7.49
#1625 Durkee Vanilla Clear Imitation Flavoring GF 32 fl. oz. bottle	
#2847 Clabber Girl Baking Powder 🚱 5 lb. tub	\$13.49
#2848 Clabber Girl Baking Soda GF 5 lb. tub	\$7.49
#2849 Clabber Girl Cornstarch 🚅 3.5 lb. tub	



#### What makes Ghirardelli chocolate better?

Each velvety smooth product is a carefully balanced blend of the finest ingredients, including real cocoa butter, unsweetened chocolate, and just the right touch of sugar.



Semi-Sweet Mini Chips **GF** 2.5 lb. bag #7121....\$12.49

Real Milk **Chocolate Chips** GF 3 lb. bag #1302....\$15.99



**Unsweetened Dutch Process Baking Cocoa GF** 2.5 lb. bag #6282....\$12.99



**Classic White Vanilla Chips** GF 3 lb. bag #1306....\$15.99



**Real Semi-Sweet Chocolate Chips** GF 3 lb. bag #1305....\$13.99

**Uncle Denny's Caramel Topping** 15 oz. jar #7894....\$6.49





#### **Golden Brown Pure Cane Sugar**

Don't settle for less than C & H! With its nutty, caramel flavor, moistness and subtle molasses flavor, it's the perfect ingredient for cookies, cakes, and toppings. 7 lb. bag

#1150....\$8.99 | Just \$1.28 per lb.!



#### **Powdered Pure Cane Sugar**

Very fine, with exceptionally smooth texture for frostings, glazes, and candy-making. 7 lb. bag

#1151 . . . . \$8.99 | Just \$1.28 per lb.!



#### **Original Mexican Vanilla**

All-natural, smooth and rich vanilla makes baked goods shine.

◆ 8.4 oz. **GF** #**6702....\$18.99** ◆ 16.7 oz. **GF** #**6919....\$27.99** 







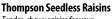
#### Mexican Vanilla Paste

All-natural. No additives or preservatives. ₲₣ 8 oz. jar

#6945....\$19.99







#2776.....\$6.49

Tender, chewy raisins for your baked goods. **GF** 10 lb. box (2/5 lb. bags)

#1137....\$36.99







#### LIVfit ™ Superfood Blend

Fruits, vegetables, vegan proteins, prebiotics, and fiber that have been shown to enhance muscle mass, increase energy, improve cognitive function, encourage digestive health, boost the immune system and fight off aging oxidation of cells in your body. • 35% of daily Vitamin E • 35% of Vitamin C • 35% Vitamin A • Contains green tea • 100% B6, B12,

thiamin, riboflavin · 5 g of vegan protein **GF** 12.7 oz. (360 gram) bag

**GF** 12.7 oz. (360 gram) b **#3514....\$15.99** 



#### USDA Organic Agave with Fiber Natural, low-glycemic

sweetener. Can be used in baking and canning, too. 78 oz. botttle #3522...\$19.99



#### **Naturally Refined Avocado Oil**

- 500 ml / 16.9 oz. bottle #3515 .... \$9.49 | 56¢ per oz.
- 1000 ml/33.8 oz. bottle #3516....\$15.99 | 47¢ per oz.



#### **Organic Super Seeds Blend**

This chia seed, milled flax seed, and hulled hemp seed blend. Plant-based mix is totally vegan, and provides 3 grams of fiber per serving.

**GF** 16 oz. bag **#3517....\$9.49** 



#### Organic Quinoa Medley

This blend of white, black and red grain quinoa offers a plant-based complete protein with all 9 essential amino acids. Organic, Kosher, and GMO Free.

**GF** 3 lb. container #8940....\$15.99



#### **Coconut Vinegar**

Swap it evenly for apple cider vinegar for a milder, sweet taste with all the same health benefits. 16.9 fl. oz. bottle #3518...\$6.99



#### **Naturally Refined Organic Coconut Oil**

Use small amounts of coconut oil to thin chocolate for dipping.

**GF** 28 oz. Jar

#8287....\$7.99

• Vegan • Gluten-Free • Organic • Non-GMO• No Trans Fats or Cholesterol • Aids in Weight Loss



#### **Organic Chia Seeds**

High in protein, fiber, and more plant-based Omega-3 than any other food. GMO free.

**GF** 1.25 lb. Container **#8941....\$8.49** 



#### Unsweetened Vanilla Almond Milk

No cholesterol or saturated fat, and is free of dairy, soy, lactose, gluten, casein, egg and MSG. Non-GMO.

**6F** 6/1 qt. shelf-stable boxes **#1457 ...\$17.99 | \$3.00 per qt.** 



#### **Chocolate PB Fit Plus Protein Powder**

Natural monk fruit blend sweetens things up just a touch, so you get full flavor that other protein shakes and powders can't match.
2 lb. tub

#3519...\$28.99



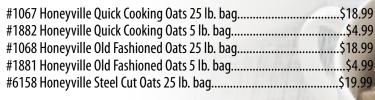
#### **PB Fit Peanut Butter Powder**

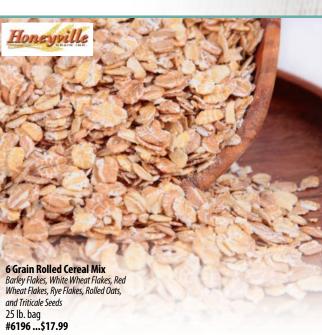
1/3 the calories and 75% less fat. Non GMO and all-natural. Just peanuts, sugar, salt. 30 oz. jar

Honeyville

#3521....\$14.49

# Healthy Grains!





## Ali's Protein Balls

2 cups old-fashioned rolled oats (#1068)

1 cup extra-crunchy peanut butter

1/2 cup honey (#1148)

1/2 cup Ghirardelli Mini Chocolate Chips (#7121)

1/2 cup dried cranberries (#9205)

1/2 cup sunflower seeds (#1171)

1/4 cup walnuts (#1293)

2 thsp flax seed or Super Seeds Blend (#3517) 1/4-1/2 cup protein powder (i.e. whey powder), optiona

In a food processor, pulse the oats, peanut butter, honey, chocolate chips, cranberries, sunflower seeds, walnuts, protein powder (optional) and flax seeds until fully combined. Cover and refrigerate for 30 minutes.

Line a baking sheet with parchment. paper. Form balls from the mixture (about 1 1/2 tablespoons each) and place them on the baking sheet.

Then place in plastic bag or container and freeze. This will allow you to keep protein balls for 3 months and just take out what you need. They thaw quickly and are perfect when you can't stop for lunch easily.



"I throw a couple in a baggie in my purse. Kids love them too. It's whole food that tastes so qood!"--Alison



#### **Rice Krispies Treats Minis**

The original crispy marshmallow treats in a cute mini size.

50 ct. box

#5378....\$12.99 | 26¢ each



#### **Cookie and Snack Variety Pack**

Perfect lunchbox portions of your favorite snacks! 9-Mini Chips Ahoy, 8-Nutter Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos.

40-1 oz. bags

#1257...\$17.99 Just 45¢ each!





#### **Berries 'N Cherries Fruit Snacks**

Fruit puree is the first ingredient. 100% DV of Vitamin C.

.9 oz. / 40 ct. box

#1288....\$10.49 | Just 26¢ each!

**Fruit Snacks Mixed Fruit** 

No preservatives. Gluten free.

.9 oz. / 72 ct. box

#1119....\$17.49 | Just 24¢ each!



## Dick Jone Educational Snacks

#### **Educational Snack Crackers: States & Capitals**

Delicious vanilla flavored crackers that allow kids to learn while they snack! Features all 50 states including map and state

1 oz. bags / 30 ct

#1414....\$9.49 | Just 32¢ each!



#### **Cookie & Cracker Variety Pack**

Kid-pleasing pack includes: 12-Cheez-It Crackers, 12 Fudge Stripe Cookies, 9 Scooby Doo! Graham Crackers, 12-Chips Deluxe Mini Cookies

45 ct. box

#4019....\$16.99



#### Classic Chips Variety Pack

Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour Cream & Onion, 4-Lay's Barbecue 1 oz. / 54 ct.

#4018....\$20.49 | Just 38¢ each!



# PLANTERS

#### **Nut Variety Pack**

12-Salted Peanuts (1.75 oz), 6-Honey Roasted Peanuts (1.75 oz), 6-Salted Cashews (1.5 oz)

24 ct.

#4413....\$15.99



80 ct....\$16.99

- ♦ #4695 Teriyaki
- ♦ #4693 Old Fashioned



JIF to Go Cups

**GF** 1.5 oz. cups/36 ct

#8390...\$12.99

Everyone's favorite peanut butter in individually

portioned cups. This size case is not available in stores.

#### **Pretzel Snaps**

These premium buttery pretzels are perfect for seasonal parties. Save with our bulk canister. 50 oz. tub

#2319....\$9.99



#### Goldfish® Snack Crackers, Cheese

One of America's favorite snacks.

31 oz. box

#3097.....\$10.49





#### FIELDSTONE **Premium Original** Granola 50 oz. bulk bag #5768....\$11.99







Original Unsweetened

**Squeezable Applesauce Pouches** 

No high fructose corn syrup. Gluten free.

**GF** 24-3.17 oz. pouches / case



Jif Family Size Creamy Peanut Butter ₲₣ 4 lb. can

#2913 ... \$13.49



#### **Fruit Cup Variety Pack**

12 Diced Peaches; 12 Mixed Fruit; both in extra light syrup with pull-top cans. Just 50 calories

GF 24 cups

#2811....\$14.49











# Alison's Pantry

## Premium Nuts and Candy



Milk Chocolate Malt Balls

Crisp, crunchy malt balls wrapped in melt-inyour-mouth milk chocolate.

1 lb. bag

#2034 .... \$6.49



Alpine Mints

Creamy mint round candy balls with a rich dark chocolate middle wrapped in a fine candy coating.

1 lb. bag

#2035....\$6.99



Milk Chocolate Cashews

Fresh, crunchy cashews enrobed in creamy milk chocolate.

1 lb. bag

#2036 .... \$8.49



**Milk Chocolate Almonds** 

Crisp almonds coated in rich milk chocolate.

1 lb. bag

#2033....\$6.99



#### **Chocolate Mint Cookie Bites**

Dark chocolate crispy cookies dipped in dark & white mint chocolate.

1 lb. bag

#2037....\$6.99



#### **Dark Chocolate Cranberries**

Chewy dried cranberries drenched in rich dark chocolate.

1 lb. bag

#2038 .... \$6.99



#### Milk Chocolate Pretzels

Crisp twisted pretzels drenched in creamy milk chocolate.

1 lb. bag

#2039....\$5.99



#### **Vanilla Yogurt Pretzels**

Our crisp pretzels covered in a creamy vanilla yogurt coating are perfect for snacking or adding to trail mixes.

1 lb. bag

#2040 .... \$4.99



#### **Chocolate Fruit Basket**

Tender chewy dried cranberries, apples, blueberries, cherries, and apricots covered in luscious milk & white chocolate.

1 lb. bag

#2044....\$8.49



#### **Cinnamon Toffee Almonds**

Crisp almonds wrapped in a buttery toffee glaze with just the right amount of cinnamon. 1 lb. bag

#2042 .... \$6.99



#### **Butter Toffee Cashews**

Crunchy cashews coated in a buttery toffee glaze. 1 lb. bag

#2043...\$8.49



#### **Butter Toffee Almonds**

Crisp almonds coated in a sweet and buttery shell.

1 lb. bag #2041....\$6.49



Orange Creme Gummy Bears 16 oz. tub #2706....\$6.49



**Cinnamon Bears** 

Childhood favorite chewy hot cinnamon bears. 16 oz. tub

#1172....\$6.49

**GF** 2.65 lb. bag



**Chocolate Cinnamon Bears** 

#1290....\$12.99



**Gummi Bears Family Pack** 

3 lb. bag

#5009....\$10.49

**Gummi Red Raspberries** 14 oz. tub #2701....\$6.99





#### **Deluxe Mixed Nuts**

Roasted and salted almonds, cashews, pecans, Brazil and hazel nuts.

14 oz. tub #9121 .... \$12.99 Almonds, Roasted & Salted **GF** 14 oz. tub #9114....\$11.99



Cashews, Whole Raw **6F** 14 oz. tub **#9116....\$12.99** 

Cashews, Roasted & Salted GF 14 oz. tub #9117....\$14.49



**Dried Cranberries GF** 14 oz. tub #9205 ...\$7.49



**Swedish Fish GF** 1.9 lb. bag **#9109....\$7.49** 



#### **Super Hero Trail Mix**

Roasted peanuts, butter toffee peanuts, Boston baked peanuts, chocolate coated peanuts, yogurt coated raisins, and candy-coated chocolate candies. 16 oz. tub

#1163....\$7.49



#### **Mountain Defiance Trail Mix**

Roasted salted almonds, dried cranberries, sunflower seeds, dried diced pineapple, banana chips, oat dates, roasted salted Spanish peanuts, chocolate and yogurt raisins.

16 oz. tub #1045....\$7.49



#### **Oriental Party**

Just the right amount of spicy and savory, this addictive snack mix sports corn nuggets, dried peas, Cajun corn sticks, peanuts, sesame sticks, and puffed rice crackers.

12 oz. tub #1164....\$7.49



#### **Swiss Goodie Trail Mix**

A blend of peanuts, raisins, almonds, and chocolate chips—a sweet and salty treat for your tastebuds.

**GF** 16 oz. tub #1047....\$7.49

43

Set a new

standard

for your hot

cocoa!



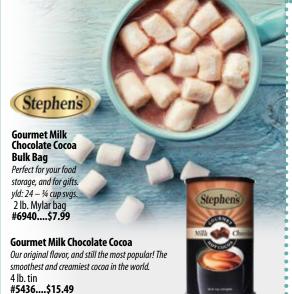
Salted Caramel #5434...\$6.49



English Toffee #5433...\$6.49



Toasted Coconut Cocoa #5431...\$6.49





#### NEW! Vanilla Chai Tea Latte Mix

Perfect blend of spices with a delicious vanilla overtone. Enjoy hot, cold, iced, or frozen.
Yld: 64 – ½ cup svgs.
F 3 lb. tin
#1522....\$19.99



NEW! Spice Chai Tea

Latte Mix
Our signature flavor! A delicious
blend of black tea, honey, vanilla,
cinnamon and cloves.
Enjoy hot, cold, iced or frozen.
Yld: 64 – ½ cup svgs.
GF 3 lb. tin

#1523....\$19.99





A full bodied blend with rich flavor and a smooth finish, made from the high mountain beans of Peru combined with the chocolatey nature of Guatemalan coffee.

#### #1379 Pantry Perk Dark Roast

Medium and dark roasted Costa Rican and Brazilian beans for a bouquet of floral and sweet fruit flavors with a smooth finish.



Rich, comforting cappuccino that's terrific hot or cold, or enjoyed as a coffee creamer.

2 lb. bag (45/8 oz

(45/8 oz. svgs.)....\$7.99

- ♦ #1326 French Vanilla
- ♦ #1330 English Toffee
- ♦ #1328 Mocha
- #1329 White Chocolate Caramel



#### **Chai Tea Concentrate**

Just mix equal parts concentrate and your own fresh milk or soy. Heat it up or pour it over ice for a rich, sweet, creamy blend of black vanilla and spices. Approx. 8 svgs.

**GF** 32 oz. carton **#2426....\$5.99** 



Sunny Delight Tangy Original GF 24/10 oz. bottles #8581...\$15.99 | Just 67¢ each!

# SunnyD

#### 100% Juice Boxes

Healthy, nutritious juice packs for lunch boxes or families on the go. Non GMO. 32 / 6.75 oz. boxes

\$14.99 | Just 47¢ each!

- ◆#1082 Apple Juice, 100% Juice
- ◆#1083 Fruit Punch, 100% Juice

(Apple, grape, orange and cherry juice)







#### **V8 Splash**

Refreshing combinations of natural fruit flavors with a 5% carrot juice blend for a deliciously sweet taste. 24 / 11.5 oz. cans

\$22.99 | Just 96¢ each!

#### ◆#4583 Tropical Blend

Juicy apples, pineapples, kiwis, limes, and mango paired with carrot juice.

#### ◆#4581 Berry Blend

The sweetness of apples, cherries, strawberries, red raspberries, and blackberries with carrot juice.



#### **Nesquik Chocolate Powder**

45% less sugar than the leading syrup brand. Provides calcium and 7 essential vitamins and minerals. Contains 8g of protein when combined with 8 fl. oz. of low-fat milk. No artificial colors or flavors

41.9 oz. container #1455....\$11.99

## CLUB STORE DIRECT

Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas. Better quality and larger pack sizes, still at a great value for families!



#### Italian Sausage & Beef Lasagna

Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen. 2/48 oz. trays

#1279...\$20.49



#### **Boneless, Skinless Chicken Thighs**

Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen. Ready to cook from frozen. 6.5 lb. bag

#1317....\$20.49





#### **Chicken Bakes**

Foster Farms chicken breast strips, mozzarella, provolone and parmesan cheeses, smokey bacon, creamy Caesar dressing and green onions in a handrolled crust. Hearty, individually wrapped servings. 8 oz. / 6 ct.

#1280....\$17.99



#### Soft & Chewy Granola Bars, **Chocolate Chip**

Made with real semi-sweet chocolate chips and whole rolled oats. .85 oz. bars / 64 ct. box #1138...\$14.49



#### Microwave Popcorn, **Movie Theater Butter**

100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter.

**GF** 3.3 oz. / 44 ct.

#1821....\$15.99 | Just .36 each!



#### **USDA Organic No-Salt Seasoning Blend**

A blend of 21 organic spices and ingredients from around the world to healthily season any meat or vegetable dish. 14.5 oz. container

#1295....\$13.49



#### **Walnut Halves & Pieces**

Approx. 12 cups of U.S. #1 walnuts for baking and snacking. 3 lb. bag

#1293....\$22.49



#### **Whole Almonds**

Approx. 9 cups of supreme #1 U.S. raw almonds. 3 lb. bag #1294....\$20.49



#### **Fancy Pecan Halves**

U.S. #1 beautiful pecan halves for recipes and snacks.

2 lb. bag

#1292....\$23.49



#### **Trail Mix Snack Packs**

Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs.

**GF** 2 oz. / 28 ct.

#4005....\$23.49



#### Minced Garlic

Grown, harvested, processed and packed in California. Packed in water; recipe ready! **GF** 48 oz. jar

#1289...\$7.99



#### **Shredded Cheddar Jack Cheese**

Fancy shredded blend of cheddar and Monterey Jack cheese.

GF 2.5 lb. resealable bag #1860....\$10.49



#### **Foodservice Aluminum Foil** 12" x 1000' roll (1,000 sq ft)

#1963....\$36.99



Kirkland 13 gal. Drawstring Kitchen Trash Bags 200 ct. #2777....\$24.49

## BASIC AMERICAN FOODS

#4744 Excel Original Potato Pearls Mashed Potatoes, 28 oz. bag.....\$7.99 #5996 Roasted Redskin Mashed Potato Pearls, 32.6 oz. bag..........\$9.99 #9093 Golden Grill Hash brown Potatoes, 37.5 oz. carton..........\$11.99 #4755 Refried Beans with Whole Beans, 29.77 oz. bag......\$7.99





**Savory Mushroom Sauce** Tender sliced non-GMO mushrooms in a savory butter sauce. 4/12 oz. frozen pouches #1397....\$11.99

#### Sauces & Condiments



#### MINOR'S

Cilantro Lime Flavor Concentrate 13.6 oz. tub #1492....\$9.99



#### **Sweet & Sour Sauce**

Made with chunks of pineapple, diced tomatoes, green peppers and onions. GF 0.5 gallon jug #1265....\$10.49



**Zesty Orange** Sauce 0 grams trans fat. 0.5 gallon jug #2989....\$12.99



#### Chick'n Dippin' Sauce

If you like Chick-fil-A sauce, you're going to love this smooth, delicious honey mustard blend for chicken. 17.5 oz. bottle #7253....\$5.49

Stephen's

**Gourmet Fry Sauce** 17.5 oz. bottle #7255.....\$5.49

Barilla Bulk Pasta	Now in Economical, Family-Size Packs!	
#1331 Barilla 10" Spaghetti N	oodles 10 lb. bag	.\$15.49

#### **Bulk Grains**



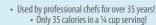
#### Organic Mac & Cheese Variety Pack

Certified organic, allnatural macaroni & cheese mixes. 4 Shells & White Cheddar, 4 Shells & Aged Cheddar, 4 Macaroni & Cheese. 6 oz. boxes / 12 ct. #4768....\$20.49

SHIRLEY







Use to replace cream soup in any recipe for a healthier option.

Won't curdle or separate in freezer meals.



#### **Puricit® Citrus Air Freshener**

#1913 Jell-O Instant Chocolate Pudding & Pie Filling, @ 28 oz. bag. \$7.99

Eliminate the lingering odors of grease, fish, and even cigarette smoke! We use this product in all the bathrooms here at Alison's

6 oz. can #1579.....\$5.99



Dissolves dirt, grease, grit, and grime. Ammonia-free with a clean fresh fragrance. 19 oz. can #1342....\$3.99



#### White Cheddar Sauce Mix

The rich, velvety-smooth cheddar sister of Universal Sauce, Just add water for perfect macaroni & cheese or creamy soups. Yield: 3 aallons.

48 oz. re-sealable bag #5242....\$25.99



#### Magnesium Emergency Fire Starter

Compact and lightweight fire starter for emergency kits and camping. Starts fires even

#6622....\$4.99

**Bulk Pudding & Topping Mixes** 



#### **Universal Sauce**

Just add water to this commercial powdered cream soup and sauce mix, and boil for delicious cream soups, sauces, casseroles or any recipe that calls for cream sauce. Yield: 3 aallons 48 oz. re-sealable bag #5240....\$22.49

◆ 5 Gallon Plastic Bucket with E-Z Open Lid

Includes the AP 25th Anniversary logo. Holds about 37.5 lbs. #7078.....\$8.49

◆ 2 Gallon Opaque White Plastic Bucket with White Gamma lid 2 gallon bucket will hold approximately 15 lb. of dense product. Gamma lid gives an

#4779.....\$7.99

Our bestseller!



#### **Emergency Sleeping Bag**

The same mylar material as the emergency blanket, shaped into a sleeping bag to prevent heat loss even more efficiently. Retains 80% of body heat. Wind and waterproof. 84" x 36" #7403.....\$3.99

#### Other Containers

#1231 Six-gallon bucket	\$9.99
#4434 Clear Square 1/2 gallon Jar W/Lid (6 Per Order)	\$8.99
Gamma Lids (Fit 5 & 6 gallon buckets)	\$7.49 each

#2772 Red

♦ #2774 Blue

The Gamma Seal lid is a heavy-duty ring with a rotating center lid that seals tight or spins to open--much easier than prying off standard bucket lids!



## Our favorite breakfazt tools!



**NEW! Grapefruit Spoons** 

Polished stainless steel spoons with serrated edges to get every last section of grapefruit.

Set of 4 spoons.

#1527....\$8.99



Grip E-Z Pancake Spatula

Safe for nonstick. 9" handle. 6.5" x 4" head. #2210....\$6.99



Sloped sides make for easy flipping!

Cooking surface: 8". Handle: 6".

Pan, 9.5"

#1528 .... \$9.99

#### **NEW! Nonstick Crepe/Omelet NEW! My Favorite Spatula**

A must-have with nonstick cookware and bakeware; will not scratch! Strong beveled edges help lift delicate foods.

#1529....\$3.99



Silicone Heart Pancake & Egg Molds 4". Set of 2.

#8583....\$5.99

#### CRESTWARE

#### A. Commercial Cookie Sheet (Bun Pan)

Aluminum, 18" x 13" #4020....\$9.99

Compare to over \$16 on Amazon!

#### **B. Cover for Commercial Cookie Sheet**

(fits #4020 only)

#3860.....\$6.99

#### C. Quarter Size Sheet Pan Aluminum, 9" x 13"

#5957.....\$6.99

#### Cover for Quarter Size Sheet Pan

(fits #5957 only) 9" x 13" #5958.....\$5.99

Hand wash only.

#### D. Cookie Scoop

Measure consistent scoops of dough for perfectly portioned cookies every time.

#3838....\$7.49

Compare to the same size pack on Amazon.com at \$14.89, and save 46% with AP!

#### E. Cooling Rack

Stainless, fits commercial cookie sheet. One is never enough! 12" x 17"

#1145....\$5.99



#### **G. Commercial Parchment Paper**

12"x 16" 100 sheets #1153....\$7.99



## Vegalene

#### F. Vegalene® Pan and Grill Spray

This all-natural, zero trans-fat product prevents food from sticking to cooking utensils and dishes.

GF 21 oz. can

#1212....\$8.99



#### Vegalene Grid Iron **Release Spray**

Achieves a smooth, fast release for waffles (3-5 waffles per spray).

**GF** 14 oz. can

#1575....\$7.49



#### Bak-Klene® ZT All-Purpose Spray

Its superior release power assures clean, easy removal of a variety of baked goods from their pans. Like greasing and flouring your baking pans, but SO MUCH EASIER!

GF 14 oz. can

#5564....\$7.49



**Slow Cooker Liners** Fits 3-6.5 qt. round or oval slow cookers.

#1089....\$14.49



6-4 ct. Boxes; 24 liners Just 60¢ each



#### Silicone Baking Mat

Reusable, nonstick silicone mat fits in our Commercial Cookie Sheet (#4020) and prevents sticking and burning of your baked goods. 16.5" x 11.75". Withstands up to 600°. #8436..... \$12.99



#### **Mini Poly Treat Bags**

Poly .001 mil 4" x 2" x 12". 100 ct. **#7803....\$3.99** 

**Bakery Bread Bags** 

Poly .001 mil bags. 15" length. 100 ct. **#5**494....5.99

**Bakery Bags for Dinner Rolls** 

Poly .001 mil 8" x 4" x 18". 100 ct. #4238.....\$5.99



#### **Deli Containers with Lids**

Our Deli Containers make it easy to pack leftovers, salads, cookies, and more. 50 ct.

+16 oz. #6476.... \$6.99

+ 32 oz. #6477..... \$9.99



#### Flexible Cutting Mats, 6 pk 6 ct. 15" x 12"

#3840....\$11.49



## Dawn

Food Film w/Cutter Commercial arade plastic wrap in an economical foodservice pack. 12" X 2000' Each #6127....\$18.49



#### **Ziploc Bags Variety Pack**

Multi-purpose pack of resealable plastic bags; 125-Sandwich, 120-Snack, 52-Gallon Storage. 50-Quart Storage bags. 347 ct.

#1978....\$21.99



#### **Ziploc Smart Zip Gallon Freezer Bags**

Double zipper freezer bags. 10 9/16"x 10 3/4" 152 ct.

#1979... \$22.99 Just 15¢ each!

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# Hot Deals

Visit www.alisonspantry.com and click on "Hot Deals" to see these and other great limited quantity products to help your budget.



Fully Cooked Chicken Crispy Strips
No antibiotics ever! 10 lb. case
#7522 Reg. \$42.99 | HOT DEAL \$19.99



Buffalo Chicken Tenders 10 lb. case #1348 Reg. \$39.99 | HOT DEAL \$19.99

Hot Deal products, like these, are "#2 products" meaning they were not manufactured perfectly to the manufacturers specifications. This provides an opportunity for customers to purchase these imperfect products at significant discounts. They may have inconsistent sizing, breading, etc., but they are consistently delicious and as usual we stand behind them with our 100% satisfaction guarantee. **Quantities are always limited and can sell out quickly!** 



580 W. State Street Pleasant Grove, UT 84062 www.alisonspantry.com



Click on the link in your shipping notification email to verify your personal contact information in our system and earn a \$1.00 credit that you can apply to your next AP order.

# Hearty Winter Favorites



Heartland Chicken Noodle Soup See page 22. 42 oz./106 oz. yield #3302.... Reg. \$13.99





**Turkey Pot Roast** *See page 13.* 4.75-5.25 lb. bag **#8994...\$24.49** 



USDA Choice Beef Stew Meat See page 14. GF 3 lb. bag. #2607....\$17.99



