



# Alison's Pantry®

## STACKING UP THE FLAVOR

Baking is a piece of cake with our new *lehi mills* mixes!

See pages 38-39.

Frozen Treats are back for the summer!

See pages 34-35.

30+ NEW products your tastebuds need.

See pages 3-5.

Get to know Shirley J!

Products that make cooking easy (and they're on sale!)

See page 41.



**COVER FEATURES:**

#3319 NEW! Lehi Mills Buttermilk Pancake Mix, pg. 38

#7338 Nutella Spread, pg. 32

I don't know about you, but I'm super ready for spring to get here. This year has been one of the most difficult winters we've had here at Alison's Pantry, EVER! I'm all for skiing, snowboarding, and even sledding, but enough is enough with the snow! Our drivers were stuck for more days this year than the last 10 combined. I do apologize for all of the difficulty caused by delays, but I'm also so grateful for everyone's understanding and support as we waited for roads to clear up. We're grateful for all of your prayers and encouraging words for our drivers. They did (and do) such a great job getting everything delivered in a timely manner.

In this picture my wife and I took our kids to Rock Canyon Park to go sledding. We had a great time! I even got to show off a little by standing up while flying down the hill. Mckayla was brave enough to try it, but she fell pretty hard and that was the end of trying to snowboard sled downhill!

I hope everyone is recovering from winter and is as excited as I am for the spring to be here. We've been able to find a lot more hot deal products so if you haven't looked at our hot deal page lately please check it out for some screaming deals on steaks, chicken, pork, ect. Most things sell out in a day so you gotta be fast!

Happy Spring!

*Joshua Kissee*



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**Our mission is to provide restaurant-quality food products with quality service and a personal touch. Let us fill your Pantry!**

**90 Day Double Your Money Back Guarantee.**

Certain exclusions apply. Refunds must be requested within 90 days from purchase date and will be applied to your account as credit. This policy does not apply in the circumstance of a damaged or defective item, which will be refunded or credited for the original purchase price. It also does not apply to Hot Deal, Pantry Bargain or other #2 products. To prevent fraud Alison's Pantry reserves the right to revoke the guarantee at our discretion.

**Alison's Pantry**

580 W. State Street  
 Pleasant Grove, UT 84062  
 801-796-6411  
 Toll Free: 1-866-5-PANTRY  
 Fax: 801-796-9309

**Office Hours: M – F 8:00 a.m. – 5:00 p.m.**  
**www.alisonspantry.com**

*Prices and products are subject to change without notice. Sales tax will be charged according to your representative's town and state. Alison's Pantry adds 10% shipping to all orders. We reserve the right to substitute items of equal value and quality.*

**GF** = gluten-free    **IW** = individually wrapped

{ offered by the case }



How  
**Alison's Pantry**  
*works*

1

Receive a catalog from your Alison's Pantry Representative or view the catalog on our website.

2

Place an order at [www.alisonspantry.com](http://www.alisonspantry.com), or with your Rep, by the catalog order deadline printed on the back cover.

3

Order is delivered to your Rep's home in about a week after the order deadline.

4

Pick up your order from your Rep. Enjoy restaurant-quality food from the comfort of home.



**Have you tried an Alison's Pantry product that you love? Why not save a dollar on it the next time you order?**

We'll add a \$1 credit to your Alison's Pantry account each time you visit [alisonspantry.com](http://alisonspantry.com) and leave a positive product review.

Tell us 1) how you used the product and 2) what you liked about it, and help other customers find new products to love!

*We care about your diet needs and want you to have all the information necessary to make your meal decisions.*

*For more detailed ingredient lists and nutritional information, please visit [www.alisonspantry.com](http://www.alisonspantry.com) and search for any product by product number or name.*



**NEW! Smoke Craft Sliced Beef Brisket**

Hardwood-smoked, tender-roasted, sliced beef brisket. Cooked to well/tender. Mouthwatering alone and delicious slathered with your favorite BBQ sauce. Reduced sodium and free of the 8 most common allergens.

2.5 lb. bag  
#3282....\$31.99



**NEW! Bridgerland USDA Select Sliced Pastrami**

Naturally hardwood smoked USDA Select sliced pastrami. Enjoy it stacked on a rye bread or your next grilled burger. Free of the 8 most common allergens.

2 lb. bag  
#3321....\$19.99



**NEW! Honey Butter Biscuit Shrimp**

Succulent, tail-off shrimp covered in Mrs. Friday's exclusive honey butter biscuit batter for an irresistible flavor. Enjoy them with hot sauce in a wrap, on a salad, or as an entree. Amazing with Mike's Hot Honey on pg. 13!

2.5 lb.  
#3289...\$23.99



**NEW! Original Apple Pie Logs**

Sweet, cinnamon-y apple pie filling wrapped in a flaky wonton wrapper. Heat them with ease in the oven or air fryer. We love to sprinkle them with our Cinnamon Vanilla French Toast Sugar or drizzle with Uncle Denny's Caramel Sauce on pg. 34!

12 ct. / 2.3 oz. logs  
#3290....\$12.99 | \$1.08 each



**NEW! Original Pizza Logs**

Addictive, eggroll-shaped snacks—whole milk mozzarella, pepperoni, and sauce wrapped in a golden wonton wrapper. Crisp in an oven or air fryer.

12 ct. / 2.3 oz. logs  
#3291....\$12.99 | \$1.08 each



**NEW! Traditional Style Beef Jerky**

We season lean cuts of real steak, add brown sugar for the perfect hint of sweetness, and smoke them to perfection using real wood in our smokehouses. The result is tender, never tough jerky that will be the best meat snack you've ever tasted.

10 oz. bag  
\$16.99

- ◆ #3293 Old Fashioned
- ◆ #3294 Peppered
- ◆ #3295 Teriyaki
- ◆ #3296 Hot & Spicy



**NEW! Double Eagle Beef Jerky, Spicy**

2 1/2" round jerky pieces crafted with Old Trapper's tried and true methods using natural wood smoke, not liquid or artificial smoke then flavored for those who love heat! 18-month shelf-life.

#3292....\$19.99 | Just .25 each



**NEW! Sourdough White Bread Mix**

Craft a traditional sourdough bread loaf, boule, sandwich bread, or dinner rolls without a high-maintenance starter. Just add water and yeast (not included) and bake!

70 oz. bag  
#3320....\$19.99



**NEW! Pure Vanilla Powder**

Widely imitated but never surpassed, our pure vanilla powder is made from fully ripened, sun-cured Madagascar vanilla beans for true vanilla flavor in a dextrose (sugar) base. Never evaporates in baking and makes a fantastic condiment. Substitute 1-for-1 for extract.

4.5 oz. bottle  
#3326....\$11.99



**NEW! Chocolate Ganache**

An all-occasion, rich & creamy chocolate topping, drizzle or dip for strawberries, pretzels, macarons, cookies, Rice Krispy Treats, marshmallows, cupcakes, layer cakes, and more. Just warm tub in the microwave, stir, and dip. Also great for Chocolate Fondues!

16 oz. tub  
#3328....\$9.99



Dreamfarm's innovative kitchen tools are designed to solve problems and work better than anything else on the planet! We're not their only big fans. They've won multiple design awards for their clever products. We can't wait for you to try them!

**NEW! Lemon Fluicer**  
 Fold-Flat-Easy-Juicer="Fluicer!"  
 Squeeze lemons with ease. Folds flat for streamlined storage.  
 #3314....\$16.99



Scan to see the Fluicer in action!



open



squeeze



flat



**Supoon Scraping Spoon**  
 The original sit up scraping spoon—"Supoon!" A flat squeegee tip and flexible sides to scrape your pan or bowl clean, a deep scooping head, measures teaspoons and tablespoons, and its clever handle design is like having a built-in spoon rest so your Supoon's head sits up off your counter.  
 11"  
 \$9.99

- ◆ #2911 Aqua Blue
- ◆ #3309 NEW! Red



**Chopula Chopping Spatula**  
 Award-winning spatula that's not only thin and flexible for flipping from the front, but also incredibly strong for chopping on its side. Chopula's clever handle design also lifts its head off your kitchen counter when you put it down. Think of our full size Chopula for savory applications and the Mini Chopula for sweet baked goods like cookies and brownies.  
 11.6"  
 \$9.99

- ◆ #2917 Aqua Blue
- ◆ #3311 NEW! Red



**Mini Supoon**  
 Handy one-teaspoon version of our Supoon. Awesome for scraping every last little bit out of a jar or container. Great for serving dips, too.  
 8.1"  
 \$7.49

- ◆ #2914 Aqua Blue
- ◆ #3310 NEW! Red

**NEW! Mini Chopula**  
 Chopping-sit-up-spatula!  
 Mini Chopula is a flexible cookie turner that slices into the corners of brownie pans.  
 \$7.99

- ◆ #3313 Aqua Blue
- ◆ #3312 Red



chop



flip



sit up



**NEW! Sharppe Sharpening Peeler, Red**  
 The "always-sharp-safety-peeler!" Sharppe is a peeler that automatically sharpens itself every time its cover is opened or closed.  
 #3315....\$9.99



sharpen



peel



sharpen



Scan to see how Sharppe peels perfectly every time!

**NEW! FatBoy Ice Cream Sandwich, Vanilla**  
 Thick slice of premium vanilla ice cream sandwiched between two chocolate wafers. A Utah favorite!  
 18/5 oz.  
 #3304....\$14.99 | .83 each



**NEW! FatBoy Cookies n' Cream Ice Cream Sandwich**  
 Thick slice of cookies & cream ice cream sandwiched between two chocolate wafers.  
 6/5 oz.  
 #3305....\$7.99



**NEW! FatBoy Sundae Best Cone**  
 Premium ice cream with fudge ribbon and peanuts topped with chocolaty drizzle and crushed peanuts in a chocolaty-lined sugar cone.  
 4/4.75 oz.  
 #3306....\$7.99



**NEW! FatBoy Freeze Pops, Root Beer Float**  
 Creamy, squeeze-up ice cream pops flavored with vanilla and old-fashioned root beer.  
 6/3 oz.  
 #3307....\$6.49 | \$1.08 each



**NEW! FatBoy Nut Sundae Vanilla**  
 Premium vanilla ice cream dipped in chocolate with roasted peanuts and almonds.  
 12/2.5 oz.  
 #3308...\$13.99 | \$1.17 each

**Back by popular demand!**



**#1 Ground Turkey, Frozen**  
 Premium ground turkey is 85% lean / 15% fat.  
 GF 12/1 lb. chubs  
 #3568...\$40.99 | \$3.42 per chub



**Savory Sauces**  
 Our signature sweet raspberries and peaches are paired with the kick of hot peppers. Twice the fruit and half the sugar of other glazing sauces. Excellent paired with pork or chicken!  
 12.5 oz. bottle  
**\$7.99**  
 ♦ #1069 Raspberry Chipotle  
 ♦ #1070 Peach Habanero



**Mini Bagels, Cinnamon Creamy Cheese**  
 Whole-grain bagels filled with cinnamon Neufchatel cheese, individually wrapped in heat-and-serve ovenable pouches.  
 36/2.43 oz. packs  
 #2410....\$32.99 | .92 each

Are you missing out on BIG SAVINGS? Visit our Hot Deal page at [alisonspantry.com/hot-deals](http://alisonspantry.com/hot-deals) or scan the QR code below to see our selection of deeply-reduced, online-only offers. Hot Deals are manufacturer overstocks or products produced slightly off-spec that we're able to scoop up at amazing savings for Alison's Pantry customers. Quantities are limited to those shown on our website and when they're gone, they're gone! Hot Deals are a great way to stretch your budget and stock your freezer! Visit our website today to shop products like the ones shown here.





We make the bacon that bacon lovers dream about. Packaged fresh for Alison's Pantry customers each month.



**#1 Quality Precooked Hickory Smoked Bacon Slices**  
Keeps 6 months refrigerated, 9 months frozen. Microwave, heat and eat.  
GF 300 slices per box  
#4835...\$66.99

**Applewood Precooked Bacon**  
Double-smoked applewood bacon for the bacon connoisseur. Bolder flavor than our #4835 bacon.  
GF 300 slices per box  
#9137....\$68.99



## BACON AND PEACH SALAD

- 6 slices of Daily's Precooked Bacon (#4835), heated & crumbled
- 2 ripe peaches, pitted and sliced
- 2 cups of mixed greens
- 2 boiled eggs, sliced
- 1/4 cup crumbled blue cheese
- 1/4 cup chopped pecans (#1292)
- 1 tbsp honey (#2956)
- 1 tbsp apple cider vinegar
- 1 tbsp olive oil
- Salt and pepper, to taste

In a large bowl, combine the mixed greens, peaches, eggs, bacon, blue cheese and chopped pecans. In a small bowl, mix together the honey, apple cider vinegar, olive oil, salt and pepper to make the dressing. Drizzle the dressing over the salad and toss gently to coat.



SAVE \$300

**Fully-Cooked, Hickory Smoked Round Bacon Slices**  
Perfect for breakfast sandwiches, burgers, and snacking! Smoked with real hardwood for incredible flavor. Heats in seconds. No MSG.  
GF 96 / .367 oz. round slices  
#3018.... Reg. \$30.99 | Sale \$27.99

★★★★★  
"Love these! Bought to put on sandwiches, but ended up eating them by themselves mostly. Great flavor and smell amazing. Fast and easy to warm and eat. We like them better than strips. Just hope they last us a whole month until we can get more."  
**Melanie Windholz, WeKeeney, KS**



- Thick Cut #1 Quality Bacon, Raw**  
GF 24 oz. pack....\$10.99
- ◆ #8464 Deep Applewood Smoked
  - ◆ #8465 Peppercorn
  - ◆ #8463 Honey Cured



**Extra Thick Cut Bacon**  
Naturally triple slow smoked bacon with an extra-thick cut. Made in the USA! No added MSG. Product is frozen to extend shelf life.  
GF 3 lb. pack  
#3257....\$23.99



**Fully Cooked Maple Breakfast Pork Sausage Links**  
Traditional, all-natural pork sausage flavored with maple syrup.  
GF 5 lb. bag  
#3157....\$29.99



**Cooked Original Breakfast Pork Sausage Links**  
#1 breakfast sausage brand in America! Traditional all-natural 3.75" pork breakfast links. Fully cooked; no MSG.  
GF 5 lb. bag  
#1400....\$28.99



**Ground Pork & Turkey Chorizo**  
Fully cooked and seasoned chorizo sausage made from ground pork and turkey breast. Get all of the flavor with less fat. Perfect for breakfast burritos, nachos, salads, and more. Allergen, soy, gluten, and MSG-free. Heat & serve.  
GF 2.5 lb. bag  
#3208....\$12.99

### Bulk cases mean big savings!



**Fully Cooked Pork Sausage Patties**  
GF 96 ct., 2 oz. size/12 lb. case  
#4063....\$55.99

Compare our price of just \$4.67/lb. to Schwan's cost of \$7.83/lb. and save 40% with Alison's Pantry!

Cases will show 'Received' date and have 6 months of shelf life past that date.



**Fully Cooked Skinless Pork Sausage Links**  
GF 240 ct., .8 oz. size/12 lb. case  
#5464....\$53.99 | .22 each

Compare our price of just 27¢ to Schwan's cost at 62¢ per link and save 56% with Alison's Pantry

Cases will show 'Received' date and have 6 months of shelf life past that date.

To see any of our products in their actual packaging and uncooked state, please view photos at [alisonspantry.com](http://alisonspantry.com).



**Country Style Pork Sausage**  
Mildly-seasoned ground pork sausage, raw.  
GF 5/1 lb. chubs  
#2550....\$24.99



SAVE \$3.00



**Sausage, Egg & Cheese Croissant**  
Microwave or oven bake. IW  
12/4.5 oz. box  
#4454...\$23.99 | \$2.00 each



**Sausage, Egg & Cheese Biscuits**  
Microwave or oven bake. IW  
12 ct./4.9 oz. box  
#5354...\$24.99 | \$2.08 each



**Gogurt Simple Variety Pack**  
16-Berry, 16-Strawberry yogurt tubes.  
No high fructose corn syrup. Ships frozen.  
GF 32/2.25 oz. tubes  
#2992...Reg. \$14.99 | Sale \$11.99

Products show a fresh use-by date on the packaging. Because we ship them frozen, this date is extended by 365 days. Once thawed and refrigerated, they have 75 days UNOPENED; 5-7 days after opening.

★★★★★

"These are my farmer's favorite! My husband loves these to grab and go in the morning. There are times when I don't feel like cooking and he'll even have them for supper! They are fast and easy and best of all delicious."

Julie Demke, Anamoose, ND



**Sausage, Egg & Cheese Buttermilk Biscuits**  
16/4 oz. biscuits  
#4842...\$23.99



**Sausage & Gravy Stuffed Buttermilk Biscuit**  
16/4 oz. biscuits  
#4844...\$23.99



**Egg, Bacon & 3 Cheese Breakfast Burritos**  
Wrapped in a white tortilla.  
Microwavable. IW.  
24/4 oz. burritos  
#7419...\$50.99 | \$2.12 each



**Egg, Sausage, & 3 Cheese Breakfast Burritos**  
Stuffed with whole eggs, savory sausage and three velvety, melted cheeses—American, Monterey Jack and Cheddar.  
12/7 oz. burritos  
#4845...\$35.99 | \$3.00 each



**Mini Pancakes**  
Fluffy little 2.36" pancakes, perfect for dipping! Heat and serve.  
4/45 ct. Bags  
#3204...\$19.99 | Just .11 each!



**Homestyle Waffles**  
72 ct. waffles  
#1498...\$19.99



**Original French Toast Sticks**  
Bake, fry, or toast.  
32 oz. bag  
#1499...\$11.99



**Log Cabin Syrup**  
GF 1 gal. jug  
#1590...\$12.99



**Sweet Cheese Blintzes**  
A sweet cream cheese filling with a tangy orange citrus flavor wrapped in a light crepe. Ready to serve in minutes. Try topped with pie filling or dusted with powdered sugar.  
12 ct. / 2.25 oz. blintzes  
#3250...\$12.99



**Mini Bagels with Strawberry Cream Cheese**  
Filled with the goodness of whole grain and richness of strawberry Neufchatel cheese, these pre-baked, frozen mini bagels are individually wrapped in heat-and-serve ovenable pouches.  
36 ct. / 2.43 oz. packs  
#2663...\$32.99



**Belgium Pearl Sugar Waffles**  
Pre-baked, yeast-raised waffle dough with caramelized pearl sugar (like waffle trucks!) Light, crispy, and soft. IW.  
12 ct. / 3.17 oz. waffles  
#1811...\$19.99 | \$1.67 each





**Smoke Craft Pulled Pork (Unsauced)**  
 Fully cooked, naturally hickory smoked pulled pork. Free of the 8 common food allergens as defined by the FDA. No added hormones ever.  
 GF 5 lb. bag  
 #1677.....Reg. \$37.99 | Sale \$34.99



## SHREDDED PORK FRENCH DIP SANDWICHES

1. Pour 1 cup beef or pork broth over about 2 lbs of thawed Double L Ranch Smoke Craft Pulled Pork (#1677) in a slow cooker. Heat on low for about 2 hours or until warmed through.
2. Halve 4-6 Tuscan Mini Dinner Loaves (#8196) lengthwise and toast.
3. Layer Mini Loaves with juicy pork and top with a slice of Provolone Cheese. Place under oven broiler to melt.
4. Prepare Custom Culinary Au Jus (#2061) per package directions, and serve with sandwiches.



**Tuscan Mini Dinner Loaves**  
 Par-baked. Heat for 3-5 min. for a crisp crust.  
 24 / 4 oz. case  
 #8196.....Reg. \$19.99  
 Sale \$17.99

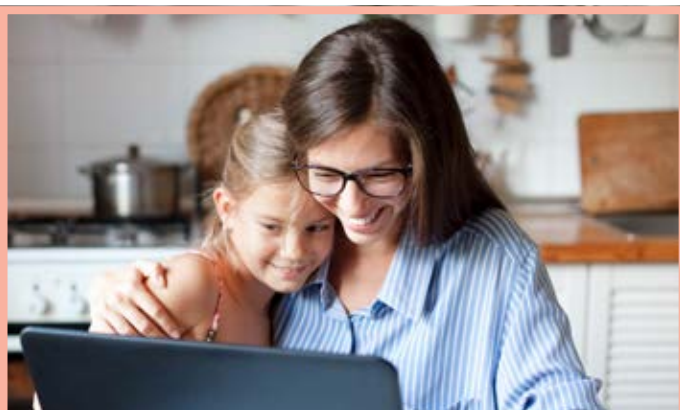
Product is frozen before shipping which extends its shelf life for 6-9 months beyond the printed use or freeze by date.



**Applewood Smoked Master Carve Half Ham**  
 Sweet, tender ham made from fresh outside muscle only and slow smoked with real applewood. Boneless, fully cooked, natural juices. Distinctive flat shape for carving boards. Just slice and serve. Pork raised without antibiotics.  
 Approx. 4 lb.  
 #2715.....\$26.99



**Bone-In Ham Steaks**  
 Fully cooked, hearty ham steaks. Individually vacuum sealed for freshness.  
 GF Big 1 lb. steaks, 4 per order  
 #5659.....\$25.99



**Black Pepper Smoked Pork Rope Sausage**  
 Fully cooked and perfectly seasoned.  
 GF 2/5 lb. case  
 #1920.....\$59.99



*Want to earn money while spending more time with those you love? Scan to learn more about becoming an Alison's Pantry Rep!*



**Fully Cooked Cheddar Brats**  
 Naturally hickory smoked pork and beef bratwurst infused with cheddar cheese. Bold, old-fashioned flavor. No MSG added. Product ships frozen to extend shelf-life.  
 GF 6 ct. / 14 oz. pack  
 #3254.....\$6.49







### Smoke Craft Pulled Pork in BBQ Sauce

Tender roasted pork, hardwood smoked, pulled, and mixed with a legendary BBQ sauce. Reduced sodium. No added MSG. 16/5 oz. servings.

GF 5 lb. bag  
#2108....\$32.99

### PanSaver®

#### Slow Cooker Liners

Fits 3-6.5 qt. round or oval slow cookers.  
6-4 ct. boxes; 24 liners  
#1089....\$19.99 | .83 each



### All-Natural Peppered Bacon Wrapped Pork Fillets

Pork tenderloin fillets (approx. 1/3 lb. each) wrapped in flavorful peppered bacon. Delicious on the grill, baked, or pan-fried.

GF 3/approx. 6-7 oz. fillets  
#2681....\$12.99

Buy 16 packs and save 31% at [alisonspantry.com](http://alisonspantry.com).

★★★★★

"Did someone say date night -- in your backyard? Here for it! This was the perfect option for the grill on a summer night - will be adding to my cart again!"  
Bailey Dinkel, Ellis, KS



### Smoked Canadian Bacon, Sliced

Smokey sweet Canadian Bacon made from pork sirloin hips. Frozen.

GF 32 oz. pouch / .75 oz. slices  
#2744....\$14.99



### Pork Loin Center Cut Chops

Bone-in, Raw, lean and trimmed. Marinated for added tenderness.

GF 40/4 oz., 10 lb. case  
#2184....\$64.99

Compare our price of \$6.20 per lb. to Swan's cost of \$10.47 per lb. and save 41% with AP!



### St. Louis Rib Pork Patty

100% boneless, unsauced quarter-pound pork patty. Specially shaped with raised ribs, just like the ones from a popular fast-food restaurant.

40 / 4 oz. patties  
#2094....\$61.99 / \$1.54 per serving



### Original Pork Brats

No artificial flavors or colors. Raw pork brats. No MSG.

GF 14 ct. / 3.5 lbs.  
#1401....\$20.99



### Hardwood Smoked Beef Lil Smokies

Fully-cooked mini smoked sausages made with high-quality cuts of beef. No added phosphates or MSG.

GF 2/1.5 lb. pouches  
#3113....\$18.99



### Ultimate Heat & Serve Brats

#1 Brats in the U.S.! Fully cooked, premium, coarsely ground pork bratwurst sausage in a 5.75-inch collagen casing, already browned with grill marks. Flame-grilled for superior flavor. Heat and serve. No MSG.

GF 5 lb. bag / 25 ct.  
#1396....\$30.99



SAVE \$400



**100% Natural Chicken Breasts**  
 Boneless, skinless breasts with rib meat. Ice glazed to prevent freezer burn. Raw. Irregular, #2 product, packaged under the Sunland label. Size of breast pieces will vary.  
 GF 4 lb. bag  
 #5513.... Reg. \$14.99 | Sale \$10.99



**Gourmet Honey Apricot BBQ Sauce**  
 Sweet, tangy barbecue sauce to add signature flavor to baked chicken and pork.  
 GF 15 oz. jar  
 #2241....\$6.49




**Whole Young Fryer Chicken**  
 Perfect for roasting whole as an entree or boil for homemade chicken noodle soup!  
 5 lb.  
 #2027....\$13.99



★★★★★  
 "I am so happy with the size and quality of this chicken! We like to cook them using our smoker and they turn out so tender and delicious. We used the Smokey Maple Rub Seasoning (#4576) on our last chicken and it was so yummy."  
 Mary Rogers,  
 Fernley, NV




**100% All Natural Chicken Breast**  
 High-quality, all-natural boneless, skinless chicken breasts. Minimally processed with no artificial ingredients. Hand-trimmed; consistently sized. 32 filets.  
 GF 5.5 oz. filets / 2 / 5 lb. bags  
 #2883....\$59.99



Product comes raw; shown here grilled.

**Seasoned Boneless Chicken Thighs**  
 Juicy raw boneless chicken thighs seasoned with a flavorful marinade so they're ready to thaw and bake or grill.  
 1-1.25 lb. avg.  
 \$9.99

- ◆ #3251 Mesquite
- ◆ #3252 Lime & Chili



**Uncooked Golden Crispy Breast Filets**  
 Whole-muscle breast filets with a golden breading made of fine flour and bread crumbs, perfect as an entree with sides, or on a bun for a sandwich. No antibiotics ever. 32 filets.  
 5 oz. filets / 2/5 lb. bags  
 #2882....\$50.99 | **New Lower Price!**



**Panko Breaded Chicken Breast Tenderloins**  
 Made with white-meat chicken and 20% less breading. 100% all-natural ingredients--no antibiotics ever, no added hormones or steroids. Raw.  
 5 lb. bag  
 #1615.... \$30.99



**Chicken Cordon Bleu**  
 Stuffed with smoked ham and swiss cheese.  
 25/5 oz. box  
 #8553....\$56.99 | \$2.28 each

Due to nationwide chicken shortages, some products may be temporarily unavailable or experience sudden price changes. Please visit [alisonspantry.com](http://alisonspantry.com) for most current info.



**Boneless, Skinless Chicken Tenderloins**  
 Chicken hatched, raised and harvested in the USA with no antibiotics ever. Ice-glazed to seal in freshness and flavor.  
 GF 6 lb. bag  
 #2945....\$30.99



**Applewood Bacon Wrapped Chicken Breast Fillets**  
 Boneless, skinless chicken breast fillets wrapped in applewood-smoked bacon slices. Raw.  
 GF 3/approx. 6.5-7 oz. fillets  
 #2680....\$10.99  
 Buy in bulk and save 15% on a case of 48 fillets.



★★★★★

"These are absolutely delicious and tender. Brown them on the top and bottom, add a little bit of water to the pan and cook until they reach 165 degrees. Serve with a salad and vegetable."

Tammy Harrison,  
 Scottsbluff, NE



**Bacon Wrapped Stuffed Chicken Three Cheese**  
 Low-carb, Keto-friendly, delicious bacon-wrapped stuffed antibiotic-free chicken filled with mozzarella, parmesan, and fontina cheeses. 1 g. net Carbs; 32 g. Protein per serving.  
 GF 16/6 oz. servings  
 #2762....\$51.49 | \$3.22 each



**Chicken Breast Pieces**  
 95% lean, randomly-cut chicken breast pieces, perfect for soups, stir-fry, etc. Raw.  
 GF 5/1 lb. packs  
 #2620....\$32.99



**Chicken Corn Dogs**  
 Just like the carnival favorite! Plump and juicy chicken frank dipped in our honey crunchy batter.  
 60 ct. / 2.92 oz.  
 #3248...\$37.99 | Just .63 each!



**Dino Buddies Chicken Nuggets**  
 Fully cooked, No artificial ingredients. Frozen.  
 5 lb. box  
 #1258...\$24.99





SAVE \$3.00

Precooked

Keto Friendly



**1/2" Diced Chicken Breast Pieces**  
Tender fully-cooked 1/2" pieces of superior-quality, lean breast meat. They can be heated in less than 10 minutes and added to soups, tacos, nachos, casseroles, pot pies, and Pasta Alfredo.  
GF 2 / 5 lb. bags  
#2546....Reg. \$65.99 | Sale \$62.99

★★★★★

"This chicken is incredible! You can make a Chicken Salad sandwich for a quick casual lunch or make the perfect soup with just a few minutes of prep time. Simple goodness, tender and juicy chicken!"

**Nikki Newton,  
Mona, UT**

★★★★★

"So versatile, cooks up within 10-12 minutes in a stir fry, or getting ready to top a pizza, or to make soup, or chicken enchiladas. It is pre-cut, no dicing or slicing. And I can add my own seasoning!"

**Sharon Johnson,  
Pinedale, WY**



**Pilgrim's Popcorn Chicken**  
Popcorn-shaped, breaded chicken breast with rib meat. No antibiotics ever.  
24 oz. bag  
#2763....\$9.99



**Crispy Chicken Breast Strips**  
All-white meat chicken in a crunchy golden batter. Raised with no antibiotics ever. No fillers, no added hormones or steroids. About 8 servings/bag.  
1.5 lb. bag  
#1130....\$12.99



**GOLD KIST CHICKEN**  
**Tempura Chicken Breast Nuggets**  
Made with 100% breast meat with crispy tempura batter. Par-fried. Fry or bake.  
2/5 lb. bags, 10 lb. case  
#6838...\$43.99



**Tempura Battered Chicken Breast Strips**  
Uncooked Tempura-battered whole breast meat strips with a light, golden battered coating.  
10 lb. case  
#7102...\$60.99



**Zesty Orange Sauce**  
The sweet tang of citrus complemented by garlic, soy, toasted sesame and ginger.  
0.5 gallon jug  
#2989....\$19.99

**Sweet & Sour Sauce**  
Sweet, tangy sauce with chunks of pineapple, diced tomatoes, green peppers and onions.  
GF 0.5 gallon jug  
#1265....\$14.99



**PIERCE CHICKEN**  
**Boneless Zings Chicken Breast Chunks**  
Spicy boneless breaded breast chunks, fully cooked.  
Made from premium solid-muscle breast meat.  
5 lb. bag  
#6588....\$31.99

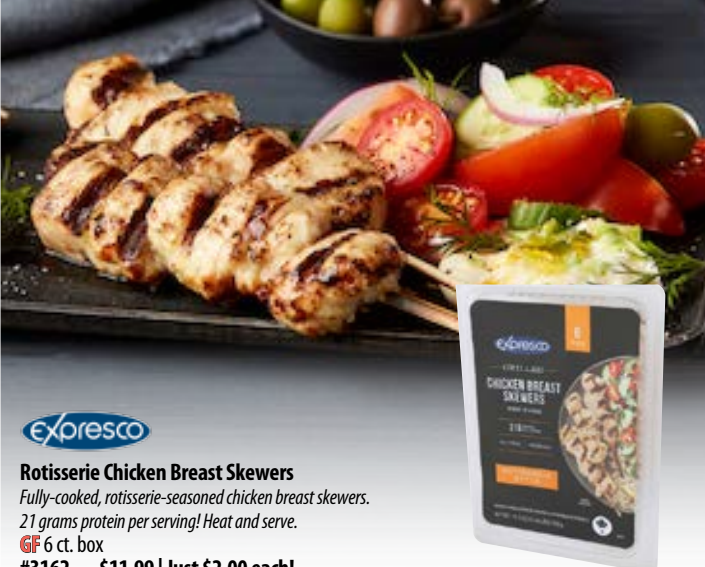


**PIERCE CHICKEN**  
**Boneless Dings Chicken Breast Chunks**  
Marinated, breaded fully cooked boneless chicken breast chunks.  
5 lb. bag  
#6587....\$31.99

Due to current supply chain challenges, a chicken product may be temporarily out of stock. To counteract these issues, we're offering additional new chicken products so AP customers will have more options.



**Mediterranean Style Chicken Breast Skewers**  
Fully-cooked, hearty portions of grilled skewered chicken breast with Mediterranean seasoning.  
GF 18/2.5 oz. skewers  
#1801....Reg. \$43.99 | Sale \$41.99



**Rotisserie Chicken Breast Skewers**  
Fully-cooked, rotisserie-seasoned chicken breast skewers.  
21 grams protein per serving! Heat and serve.  
GF 6 ct. box  
#3162....\$11.99 | Just \$2.00 each!



"Every member of the family loved these - even my picky kiddos! Not only do they stay super moist but they're also easy to serve for a crowd. We added BBQ sauce to half the batch. So, so good!!"  
Jen Winterberg, Bismarck, ND



**Breaded Chicken Breast Patties**  
Breaded chicken breast with rib meat.  
45/3.6 oz. size, 2/5 lb. bags, 10 lb. case  
#6221...\$51.99

**Mike's Hot Honey**

100% pure wildflower honey from American bees infused with chilies to make an incomparable condiment. Add sweet heat to smoked meats, fried chicken and wings, sauces, baked beans, veggies, and more. It was originally crafted by a pizzeria for drizzling over pizza then sold by the bottle when it became so popular!  
GF 12 oz. bottle  
#3087....\$11.99



**Homestyle Breaded Chicken Tenderloins**  
Raw. Fry or bake. Tenderloins carefully cut from the juiciest part of the breast; marinated to keep them extra moist and flavorful.  
2-3 oz. size. 2/5 lb. bags, 10 lb. case  
#6219...\$55.99



**Breaded Chicken Breast Nuggets**  
One year frozen shelf life.  
.7 oz. size, 2/5 lb. bags, 228 nuggets / 10 lb. case  
#6220...\$51.99



Scan to shop limited quantity chicken Hot Deals on our website, too!



**Black Label Carving Turkey Breast**  
Fully cooked. No added hormones, no starches added. 1 year freezer life.  
GF Approx. 20 servings.  
#9197...\$31.99



This item is a "catch weight" meaning it's supposed to be within a weight range of 5-6 lbs.. We are not able to weigh every single (product). If you receive a below-weight item, please let us know and we'll happily credit you the difference.



Back by popular demand!



**#1 Ground Turkey, Frozen**  
Premium ground turkey is 85% lean / 15% fat.  
GF 12/1 lb. chubs  
#3568...\$40.99 | \$3.42 per chub



**Sizzle Strips Fajita Seasoned Chicken Breast Strips**  
Fully-cooked chicken breast with rib meat strips with mild fajita seasoning and grill marks. Warm and serve in a tortilla with peppers and onions, on a protein bowl, or atop a salad.  
GF 5 lb. bag  
#1054....\$34.99





**USDA Choice Seasoned Flat Iron Steaks**

Similar flavor to fillet mignon without the high price tag. Cryo-vac'd pkgs.

GF 12/6 oz. steaks  
#6044....\$70.99 | \$5.92 per steak



**Garlic Butter with Parmesan & Basil**

Gourmet, savory real butter recipe.

GF 10 oz. tub  
#8124....\$10.99



**Certified Hereford Choice Flat Iron Steaks**

Naturally flavorful beef from premium breeding.

GF 6/8 oz. steaks  
#1554....\$46.99



**Flavorful. Tender. Juicy.**  
Our beef is raised and processed in the U.S.A.



**Bacon Wrapped Beef Filet Mignon**

Flavorful thick-cut bacon wrapped around a tender beef filet. Raw.

GF 2/8-9 oz. fillets  
#2558....\$19.99



**Rick's 1 Spice**

One delectable seasoning for beef, fish, chicken, pork, potatoes, and more. You'll love it on burgers and steaks! No MSG.

GF 7 oz. bottle  
#3045....\$7.99



**Fully Cooked Sirloin Beef Skewers**

Just heat and eat these tender skewers as an entree, on salads, in wraps or bowls. Excellent source of protein: 20g per avg.! Real grill marks.

GF 30 ct. / 2.81 lb. box  
#1395....\$58.99 | \$1.97 each



★★★★★  
"These beef skewers are so easy to make. Bake in the oven at 400 degrees for 11 minutes. You can eat them as-is or add a sauce such as BBQ. These pair well with a roll, veggie and fruit."  
**Tammy Harrison,**  
Scottsbluff, NE



**USDA Choice Beef Stew Meat**

Tender chunks of Choice beef. Raw; frozen.

GF 3 lb. bag  
#2607....\$15.99



**Ground Beef, 85/15**

Fresh frozen ground chuck. Raw.

GF 5/1 lb. chubs  
#2549....\$31.99



**Country Fried Steak**

Raw and breaded. Deep fry for best results. IQF to guarantee freshness.

40/4 oz. steaks, 10 lb. case  
#4613....\$73.99 | \$1.85 each



**Breaded Steak Fingers**

One ounce ready-to-dip fingers!

160/1 oz. fingers, 10 lb. case  
#8565....\$72.99



**Deli Craft French Dip Kit**

1 lb. oven-roasted whole-muscle USDA Choice beef sirloin, trimmed to 95% fat free, and thin sliced. Reduced sodium. No added MSG. Comes with a 1 lb. packet of Au Jus. Stack on our Tuscan Mini Dinner Loaves (#8196) for hearty French Dip sandwiches.

GF 2 lb. box  
#2103....\$13.99



**100% Beef Hamburger Patties**

75/25 lean to fat ratio, with no soy, fillers, additives, or MSG. 100% pure ground beef.

GF 24 / 4 oz. / 6 lb. case  
#1075....\$28.99

**Jumbo 1/3 lb. Cheddar & Bacon Stuffed Beef Patties**

Stuffed with pieces of smoky bacon and shredded Cheddar cheese.

GF 6 patties/2 lb. box  
#8377....\$13.99



**100% Beef 3-Way Blend Hamburger Patties**

Juicy, flavorful blend of USDA ground chuck, ground sirloin, and ground brisket. 80/20. 100% beef, no fillers.

GF 40/4 oz. patties  
#2621....\$63.99 | \$1.60 each



**White Hamburger Bun Dough**

Proof and bake these preportioned dough pieces to craft fluffy homemade hamburger buns or signature sandwich rolls.

84 ct. case  
#3095....\$31.99



**Olive Oil Ciabatta 4 in. Buns**

24 ct. case  
#1051....\$16.99



**Certified Angus Beef Franks**

Fun Fact: These franks are served at the stadium of one of our favorite college teams!

- Naturally Hardwood Hickory Smoked
- Uncured with No Added Nitrites or Nitrates
- No Binders or Fillers
- Skinless and Reduced Sodium
- Allergen, Gluten, & MSG Free

GF 5 lb. bag / 25 franks  
#2955....\$37.99 | \$1.52 each



**Brisket Burnt End-Infused Beef & Pork Links**

Naturally hardwood smoked uncured beef and pork sausage, infused with smoked brisket burnt ends for a uniquely delicious upgrade to a basic hot dog. Minimally processed; no fillers, no artificial ingredients. No nitrites or nitrates. 10 franks.

GF 2 lb. pack  
#2950....\$14.99  
\$1.50 each



**Quarter-Pound All Beef Franks**

6" all beef franks. 100% Kosher beef. No fillers, by-products, artificial flavors, or colors.

GF 5 lb. pouch/20 franks  
#2765....\$34.99 | \$1.75 each



◆ **2121 Campfire Candy**

Diced jalapenos with onions, garlic, vinegar and red bell pepper, sweetened with non-GMO organic cane sugar.



Sweet and spicy toppings for cream cheese, hot dogs, pulled pork, and more!

GF 11.5 oz. jar  
\$7.99

◆ **2293 Cowgirl Kisses**

Candied jalapenos with sweet pineapple; hot & sweet!

◆ **2294 Cowpoke Smoke**

Candied jalapenos with warm smoky flavor. Try it on roast beef and brats!



Spice things up a bit by spooning a little over scrambled eggs, hamburgers, sloppy joes, nachos, hot dogs or brats, in sandwiches or breads, or serve as an appetizer in cream cheese with crackers, etc.





SAVE \$200



**Ultimate Fish Sticks**  
No preservatives, no artificial ingredients. Light all-natural breading. Bake or fry.  
62/1 oz. sticks/4 lb. bag  
#2809....Reg. \$30.99  
**Sale \$28.99**



AP Bestseller



**Pub-Style Battered Cod**  
Wild-caught; no artificial colors, flavors or preservatives. Certified Sustainable Seafood. Bake or fry.  
2-3 oz. pieces/2.5 lb. box  
#2807...\$23.99



SAVE \$300



**Beer-Battered Halibut**  
100% Pacific, full-muscle halibut (not minced), lightly battered in Hefe beer batter. Quick-frozen to lock in freshness and flavor.  
2.5 lb. bag  
#2959....Reg. \$59.99 | **Sale \$56.99**



**Cod Fillets, Skinless**  
Mild tasting, wild-caught cod fillets. Individually wrapped in cellophane.  
GF 5 lb. box  
#8026....\$58.99

Keto Friendly



**Premium Alaskan Salmon Burgers**  
Salmon patty is made with the finest wild, ocean-caught, deep skinned Alaskan Salmon, herbs and spices.  
GF 12 ct./3 lb. bag  
#2808....\$31.99

Keto Friendly



SAVE \$300



**Black Tiger Shrimp**  
Tail-on. 16-20. Frozen.  
GF 2 lb. bag  
#2806....Reg. \$27.99 | **Sale \$24.99**

Keto Friendly



**Shrimp, Peeled & Deveined**  
White shrimp sourced from Indonesia and Vietnam. 26/30 ct. Tail-off. Raw.  
GF 2 lb. bag  
#1545...\$19.99 | **New Lower Price!**

Keto Friendly



**Cooked & Peeled White Shrimp, 31/40**  
Sweet white shrimp with a firm bite.  
GF 2 lb. bag  
#1812....\$22.99

Keto Friendly



**Lemon Herb Butter**  
100% Real butter with the brightness of lemons and herbs. Adds slow-cooked flavor to recipes. Heavenly melted over seafood or vegetables. 0 Carbs.  
GF 10 oz. tub  
#8879....\$10.99



**Raw Skewered Shrimp**  
Peeled & Deveined,  
Beautiful 41/45 shrimp, 7 per skewer to grill or broil for an easy, delicious dinner. Unseasoned; baste or sprinkle with your favorite AP blend.  
15 ct./ box  
#3241....\$39.99



**Garlic Butter Shrimp**  
Raw, peeled & deveined shrimp in a smooth garlic butter sauce. Farm-raised. Product of India. 31/40.  
12 oz. bag  
#1927....\$9.99



To see any of our products in their actual packaging and uncooked state, please view photos at alisonspantry.com.



# BROWN SUGAR GRILLED SALMON




1 1/2 lbs. salmon fillets (#8669)  
 Leah's Lemon Pepper (#1022), to taste  
 Garlic Powder (#1021), to taste  
 Sea Salt (#1146) to taste  
 1/3 C. soy sauce  
 1/3 C. brown sugar (#1150)  
 1/3 C. water  
 1/4 C. vegetable oil

Season salmon fillets with Leah's Lemon Pepper, garlic powder, and salt. In a small bowl, stir together soy sauce, brown sugar, water, and vegetable oil until sugar is dissolved. Place salmon in a large resealable plastic bag with the soy sauce mixture, seal, and turn to coat. Refrigerate for at least 2 hours. Preheat grill for medium heat. Lightly oil grill grate. Place salmon on the preheated grill, and discard marinade. Cook salmon for 6 to 8 minutes per side, or until the fish flakes easily with a fork.



**Atlantic Salmon Portions, IQF**  
 Individually vacuum-sealed portions of Atlantic Norwegian salmon. Boneless, skinless. Processed in Norway.  
 GF 4 oz./2 lb. bag  
 #8669...\$33.49




**Wild-Caught Alaskan Sockeye Salmon Portions**  
 Skin-on. Individually vacuum sealed.  
 Product of USA.  
 GF 4/6 oz. portions  
 #2239....\$25.99



**Tilapia Fillets**  
 Premium boneless, skinless Tilapia Fillets. Farm-raised.  
 GF 3-5 oz./10 lb. case./Approx. 40 fillets  
 #8027....\$63.99



**Wild Pacific Halibut Portions**  
 Wild-caught, sourced from the Pacific Ocean.  
 Skin-on; sustainably-fished. 4/4 oz. fillets.  
 GF 16 oz. bag  
 #8028....\$32.99



**Gold Pack Fantail Shrimp**  
 Mrs. Friday's most popular breaded shrimp! Jumbo, premium quality, 100% natural shrimp, hand-coated in light and crispy Japanese Panko breadcrumbs. Known for its superior flavor, texture, and size. 2.5 lb. box  
 #1061....\$31.99



**Coconut Breaded Jumbo Butterfly Shrimp**  
 Premium, peeled and deveined, tail-on shrimp coated with a shredded coconut breading for a unique crunch with just the right sweetness. 16/20 ct. 2.5 lb. box  
 #3013....\$33.99



**Moji Sushi Spicy Crab Sushi Rolls**  
 Minced wild caught Alaskan white fish surimi and real crab with carrots, sesame seeds, and kicky sriracha. 8 rolls per tray.  
 4/6 oz. trays  
 #2248....\$25.99



**Buttermilk Breaded Popcorn Shrimp**  
 Select, round, tail-off, peeled shrimp coated in a unique, country buttermilk breading. Delicious with dips, on salads, or in crunchy shrimp tacos or wraps! Avg. 75 ct. shrimp/lb. Oven, deep fry, or air fry. 2.5 lb. box  
 #1062....\$20.99



**Breaded Krabbycakes Minis**  
 Coated in light Japanese panko breadcrumbs, our mini Krabbycakes are a delicious blend of real snow crab meat, fresh cream, real butter, seasonings and seafood. Bake or fry. 2.5 lb. box  
 #3022....\$20.99

**Moji Sushi Classic California Sushi Rolls**  
 Creamy avocado, surimi, rice and sesame seeds. Surimi is minced wild caught Alaskan white fish, real crab, and premium shellfish flavorings. 8 rolls per tray.  
 4/6 oz. trays  
 #2247....\$25.99

**Moji Sushi California Cream Cheese Roll**  
 Fresh avocado, cream cheese, surimi, rice and sesame seeds. Surimi is minced wild caught Alaskan white fish, real crab, and premium shellfish flavorings. 8 rolls per tray. Thaw and serve.  
 4/6 oz. trays  
 #3205....\$25.99



**Chicken Thigh Carnitas**

Fully cooked, fire-braised, tender roasted chicken thigh carnitas. Very versatile! Enjoy in burritos, tacos, quesadillas, and salads.

GF 5 lb. bag  
#3209....\$31.99 | **New Lower Price**



**Chopped Pork Al Pastor**

Tender roasted, fire-braised chopped pork sweetened with a pineapple juice marinade and mildly spiced. Sweet and smoky flavor for tacos, nachos, salads, and more!

GF 2.5 lb. avg. bag  
#3280....\$22.99



**Butcher Wrapped Shredded Steak & Cheese Burritos**

Savory shredded steak, cheddar cheese, mozzarella cheese, Monterey Jack cheese and Mexican spices in an oven-baked flour tortilla.

Generously sized. Comes frozen. Bake, microwave, or deep fry. IW.  
12 / 8 oz. burritos  
#8848....\$31.99



**Bean & Cheese Burritos, IW**

Creamy pinto beans, cheese, and mild diced jalapeños in a baked flour tortilla.  
24/5 oz. case  
#2245....\$25.99

**Beef & Bean Burritos, IW**

Ground beef and pinto beans seasoned with chili peppers and spices in a flour tortilla.  
24/5 oz. case  
#2246...\$25.99



**Shredded Beef Taquitos**

Crisp corn tortillas filled with shredded beef; pre-fried. Bake, microwave, or fry.  
1.1 oz./48 ct. box  
#8269....\$23.99



Tornados' unique twist on flavor and texture make it an instant sensation. Dipped in flavorful batters and fried to golden perfection. Every bite of a Tornado is packed with flavor.  
24/3 oz. case

◆ **Ranchero Beef Steak & Cheese**

Our Ranchero red sauce, shredded steak and real cheese.  
#2928....\$29.99

◆ **Sausage, Egg & Cheese**

Breakfast basics with a kick of salsa.  
#2926....\$29.99

◆ **French Toast & Sausage**

Maple sweetness and savory sausage.  
#3105....\$31.99



**Raspberry Cheesecake Bites**

Sweet and creamy cheesecake paired with raspberry topping in an oven-baked and battered flour tortilla. 24 bites per box.  
4 / 6 ct. bags / 2 oz. bites  
#8850...\$26.99



**Baja Vegetable Roast**

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.  
GF 2 lb. bag  
#5353.....\$8.99



**Flame-Roasted Sweet Corn and Jalapeño Blend**

Perfectly flame-roasted sweet corn with white corn and a blend of jalapeño, green onion, garlic, cilantro and seasoning.  
GF 2.5 lb. bag  
#1984...\$11.99



Photo shows recipe suggestion.



**Harvest Fresh Avocado Dices**

Quick-frozen rich, buttery Hass avocados. No mess; no waste! Thaw needed amount of dices overnight under refrigeration.  
GF 2 lb. bag  
#1645....\$13.99



**Fiesta Guacamole**

Flavorful guacamole with medium kick from red and jalapeño peppers. Comes frozen.  
GF 12 oz. tub  
#1060...\$6.99 | **New Lower Price!**

Save 15% when you buy by the case of 6 tubs at [alisonspantry.com](http://alisonspantry.com).





**Beef Taco Filling**

Fully-cooked, lean ground beef, lightly seasoned to make tacos, nachos, salads and more! Flavor is mild enough to still add sauces, if desired. Can boil in bag or cook in skillet. No added MSG. 2.5 lb. bag  
#2104....\$14.99

★★★★★

"Make Mexican night simple! Toss this right in the pan to heat up quick and boom it's ready for your tacos. You can also toss it in the crock pot and set up your taco bar for your party. Great flavor and tastes like you got it right from a restaurant!"

Lindsey Geisinger,  
Minot, ND



**Carne Asada Steak**

¼" cubes, raw, diced, unseasoned flavorful beef eye of round for traditional Carne Asada. Pair it with our Carne Asada Seasoning (#7378).  
GF 2/1.5 lb. pkgs.  
#1755....\$17.99

★★★★★

"This meat is great with the carne asada seasoning. Quick to cook up, and I serve on tortillas like a street taco. Leftovers make great nachos too!"

Darci Baker,  
Glendive, MT

**Carne Asada Seasoning**  
GF 1 lb. bag  
#7378....\$ 8.99



**Chicken Breast Strips for Fajitas**

Lean, raw strips of chicken breast for fajitas or chicken stroganoff.  
GF 3 lb. bag  
#2609....\$23.99



**Beef Strips for Fajitas**

Tender strips of choice and select beef for juicy fajitas.  
GF 3 lb. bag  
#2604...\$22.99



**Homestyle Flour Tortillas, 8"**

Soft, homestyle flour tortillas. Ship frozen. One-year shelf-life. 12/12 ct. packs  
#2962...\$39.99 | .28 each



**Fajita Blend**

Onion strips, with red, green and yellow bell pepper strips.  
GF 4 lb. bag  
#2069.....\$11.99



**Pork Carnitas ½ lb Burritos**

BIG half-pound burritos filled with slow-cooked pulled pork, pinto beans, cilantro lime rice, cheese and just enough verde sauce to provide a little heat. 12 / 8 oz. burritos  
#3159....\$39.99



**Chimichangas**

Meat and cheese in a lightly par-fried flour tortilla. 12 / 5 oz. case...\$25.99 | \$2.17 each

- ◆ #1873 Shredded Steak & Cheese
- ◆ #1874 Shredded Chicken



**Cilantro Lime Rice & Fire-Roasted Corn Fiesta**

Take this blend of brown rice, black beans, fire-roasted corn, poblanos, tomatoes, onions and a savory cilantro lime seasoning from pan to plate in less than 10 minutes! 3 g. Fiber; 5 g. protein.  
GF 2.5 lb. bag  
#2761....\$11.99



Fresh herbs washed, trimmed, chopped and individually quick frozen, so you can use just what you need and save the rest for later. Don't thaw; measure herbs while frozen and return to freezer quickly for best quality. 2 years frozen shelf life from packaged date. No waste! 100% usable. Non GMO.

**Nacho Cheese Cups**

Thick, kicky cheese sauce in convenient single-serve cups! 12 ct. / 4 oz. cups  
#3249....\$14.49 | \$1.21 each



**Fresh Chopped Cilantro**

Conveniently add fresh cilantro flavor and color to recipes right from the freezer.  
GF 8 oz. bag  
#1921....\$8.99



**Fusions Salsa Blend Herbs**

Fresh diced jalapeños, green onion, cilantro, and garlic.  
GF 1 lb. bag  
#1841....\$9.99





**Mandarin Orange Chicken**

Crispy, juicy chicken battered and glazed with Mandarin orange sauce. No MSG. Frozen. 22 oz. bag #1376...\$9.99



**Vegetable Egg Rolls**

Cabbage, bok choy, water chestnuts, carrots and celery. 12/3 oz. box #4078....\$13.99

**Pork & Vegetable Egg Rolls**

12/3 oz. box #4082....\$13.99



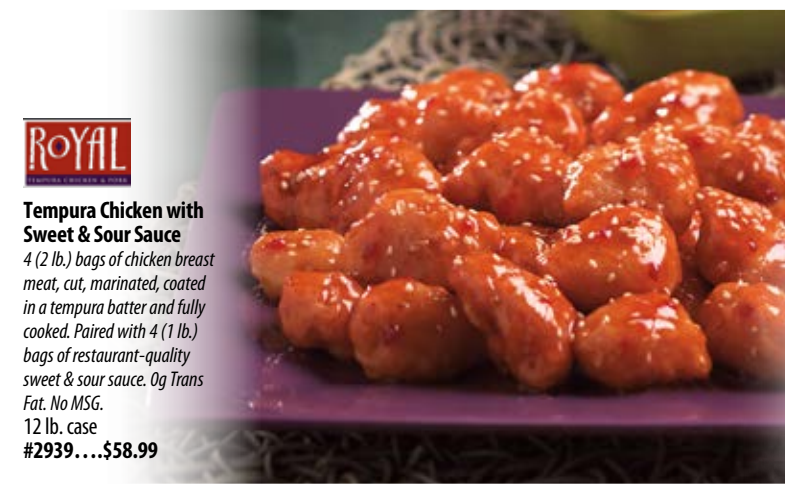
**General Tso's Chicken**

Our signature lightly battered chicken with a sweet sauce and a hint of heat. 22 oz. bag #2551....\$9.99



**Edamame Kung Pao Chicken**

Succulent chicken with edamame, peanuts, and vegetables in a spicy sauce. Just heat and eat! 23 oz. bag #2552....\$9.99



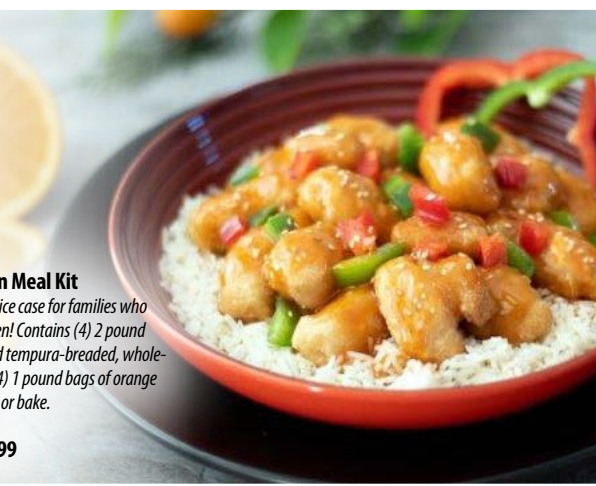
**Tempura Chicken with Sweet & Sour Sauce**

4 (2 lb.) bags of chicken breast meat, cut, marinated, coated in a tempura batter and fully cooked. Paired with 4 (1 lb.) bags of restaurant-quality sweet & sour sauce. 0g Trans Fat. No MSG. 12 lb. case #2939....\$58.99



**Orange Chicken Meal Kit**

Premium, foodservice case for families who LOVE orange chicken! Contains (4) 2 pound bags of fully cooked tempura-breaded, whole-muscle chicken & (4) 1 pound bags of orange sauce. No MSG. Fry or bake. 12 lb. case #2547....\$57.99



**Fresh Frozen Green Onion**

Add to stir-fries, soups, rice dishes, dips & dressings, salads. GF 8 oz. bag #1864....\$6.99



Perfect in Egg Drop Soup!

**Mr. Yoshida's Original Gourmet Sauce**

Sweet and savory blend with the Asian flavors, garlic, and soy sauce. No added MSG or artificial ingredients.  
88 oz. bottle  
#1042.....\$13.99



**Royal Dragon Yakisoba Noodles**

Thin, steam-cooked noodles made from unbleached wheat flour. Just boil 5 minutes from frozen.  
5 lb. bag  
#3133....\$16.99



**Vegetable Fried Rice**

Simply heat and serve.  
3 lb. bag  
#6695....\$15.49



**BBQ Teriyaki Chicken**

Marinated and barbecued chicken with an authentic teriyaki sauce. No MSG. Frozen.  
21 oz. bag  
#1377....\$9.99



**Deluxe Stir Fry Vegetable Blend**

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.  
GF 2 lb. bag  
#5309.....\$7.99



**Crab Rangoon**

Fully cooked Rangoon, stuffed with a delicious blend of cream cheese and crabmeat. Deep fry or bake.  
30 / 1 oz. bag  
#6694....\$19.99



**All Natural Chicken and Vegetable Potstickers**

Savory chicken and vegetable filling in tender dumplings. Ready in 10 minutes. Frozen.  
4.2 lb. bag  
#4767....\$19.99



**Chef One Pork & Napa Cabbage Dumpling**

Classic Chinese-style dumpling filled with pork, crunchy Napa cabbage and shiitake mushroom.  
40 oz. bag  
#3217....\$19.99



**Chicken Rice Bowl with Teriyaki Sauce**

Grilled white meat chicken with broccoli, carrots, edamame, and red bell peppers on a bed of white rice with teriyaki sauce. Microwave.  
6 / 12.5 oz. bowls  
#1718....\$25.99 | \$4.33 each



**Twin Marquis Udon Noodles**

Precooked, thick, chewy udon noodles for soups or side dishes. Thaw, steam, and serve.  
40 oz. bag  
#3215....\$9.99





**Italian Style Meatballs**  
Savory ½ oz. beef blend meatballs, fully-cooked. Oven-baked, not fried. No MSG added. 52 oz. bag  
#9142....\$16.99

**Homestyle Meatballs**  
Oven-baked IQF meatballs made from premium beef and pork, and imported Pecorino Romano cheese. Approx. 52 ½ oz. meatballs per bag. 26 oz. bag  
#8963....\$9.99

**PanSaver®**  
**Slow Cooker Liners**  
Fits 3-6.5 qt. round or oval slow cookers. 6-4 ct. Boxes; 24 liners  
#1089....\$19.99 | .83 each



## MINI ROUNDS CAPRESE SALAD

1/2 pkg. Celentano Mini Rounds Cheese Ravioli (#3245)  
1-2 garlic cloves, minced  
1 pint red and yellow cherry tomatoes, halved  
1 cup fresh mozzarella cheese balls  
¼ cup fresh basil leaves, chopped  
1 tablespoon fresh parsley, chopped  
½ cup olive oil  
Salt and Black Pepper, to taste  
Balsamic glaze

**CELENTANO.**  
**Cooked Mini Cheese Ravioli**  
Tender ravioli filled with creamy ricotta, Romano cheese and parsley in a bite-sized piece.  
24 oz. bag  
#3245....\$8.99

In a large bowl, toss together the garlic, cherry tomatoes, mozzarella cheese, basil, parsley, olive oil, salt, and black pepper. Let the caprese mixture rest for at least 15 minutes. Bring a large pot of water to a boil and cook the ravioli according to package instructions. Drain and rinse with cold water, drain again and set aside. Add the ravioli to the caprese mixture and gently toss to coat the ravioli, taking care not to break the ravioli. Drizzle the balsamic glaze over top. Chill until ready to serve.

**SEVIROLI**  
**Stuffed Rigatoni with Cheese**  
Tender rigatoni pasta stuffed with creamy Ricotta and Romano cheeses. Boil from frozen. 2.5 lb. bag  
#1431....\$12.99



**SEVIROLI**  
**Cheese Manicotti**  
Restaurant-quality enriched semolina pasta filled with the finest ricotta, Romano, and mozzarella cheeses and rolled into cylinders. 30 / approx. 2.75 oz. pieces. 5 lb. bag  
#3059....\$31.99



**CELENTANO**  
**Beef Ravioli**  
Tender freshly made pasta stuffed with a zesty beef filling. No MSG. Serves 5. 22 oz. bag  
#8964....\$8.99



**Rosina**  
**Tri Color Tortellini**  
Small pasta rings stuffed with a rich Ricotta cheese blend. 5 lb. bag  
#1815....\$24.99



Photo shows recipe suggestion.

**RANA**  
**Potato Gnocchi**  
Frozen foodservice pack of potato gnocchi. Boil for a traditional, softer bite or cook in a skillet for a crispy texture on the outside, with a soft, tender center. 2.2 lb. bag  
#2754....\$11.99





SAVE \$200



**Six-Cheese Jumbo Ravioli**

Precooked; filled with Ricotta, imported Romano, Parmesan, Monterey Jack, mozzarella, and cheddar cheeses. Approx. 40 ravioli. 2.65 lb. bag #3493....Reg. \$16.99 Sale \$14.99

★★★★★

"These really surprised me. I was expecting average raviolis, but these were superb!"

Kelsey Beisner, Hill City, KS



**Tuscan Mini Dinner Loaves**

Par-baked. Heat for 3-5 min. for a crisp crust. 24 / 4 oz. case #8196....Reg. \$19.99 Sale \$17.99



**Garlic Butter with Parmesan & Basil**

Gourmet, savory real butter recipe. GF 10 oz. tub #8124....\$10.99



Photo shows recipe suggestion.



**Cauliflower Pizza Crusts**

Cauliflower is the first ingredient! Less than half the sugar of leading gluten-free pizzas, and packed with protein, fiber, and nutrients. GF

◆ #1546 2/10" crusts (12 oz. pack)....\$10.99

◆ #1547 12/10" crusts (72 oz. pack)....\$35.99



**Pizza Dough Balls**

Thaw overnight, then roll into pizza crusts, breadsticks, and calzones. Homemade flavor. IW 16 oz. / 10 ct. case #2377....\$25.99



**Uncured Sliced Pepperoni**

Made from all-natural pork, raised with no antibiotics ever. No nitrate or nitrite added except for those naturally occurring in sea salt and celery powder. Creminelli Fine Meats has won 11 national food awards for their products!

GF 2.5 lb. bag #2881....\$26.99



**Grated Parmesan Cheese**

The sweet, mellow, nutty flavor of this perfectly mature cheese makes it a Sartori favorite.

GF 7 oz. bag #2599....\$5.49

**Shaved Parmesan Cheese**

Flavorful, shaved slices of Parmesan for the true cheese lover! Add to salads, pasta, or charcuterie boards.

GF 7 oz. bag #2886....\$5.49



**SupHerb Farms Fusions Fresh Frozen Italian Blend**

Fresh-frozen chopped blend of garlic, basil, oregano, marjoram, parsley, rosemary, and thyme for any Italian recipe.

GF 8 oz. bag #1840....\$8.99

Try this!

Making your own marinara? Season to perfection without washing or chopping any herbs!



SAVE \$200

FLAV-R-PAC

**Riced Cauliflower**  
Unseasoned. Value sized bag.  
GF 5 lb. bag  
#2743.....Reg. \$14.99  
Sale \$12.99

Keto Friendly

★★★★★  
"This is a staple for our keto family. I buy this on every order. I use it to replace high starch potatoes and rice. Very handy having the cauliflower already 'riced' and it makes meal time a snap."  
Carolshene Powell, Cleveland, UT



FLAV-R-PAC

**Brussels Sprouts**  
GF 2 lb. bag  
#6381.....\$6.99



FLAV-R-PAC

**Gourmet Whole Green Beans**  
GF 4 lb. bag  
#3781.....\$10.99

Keto Friendly

Born in 1924, the **Flav-R-Pac** brand has become the quality standard for frozen vegetables. Our produce goes from harvest through processing and freezing all in just hours, locking in peak ripeness and nutrients. Flav-R-Pac veggies are Grade A, non-GMO, top restaurant-quality.



FLAV-R-PAC

**Malibu Blend**  
Cut broccoli, cauliflower, and carrots. Certified sustainable.  
GF 4 lb. bag  
#1346.....\$12.99



FLAV-R-PAC

**Country Trio**  
Colorful blend of sweet corn, carrots, and green beans.  
GF 4 lb. bag  
#1055.....\$9.99



FLAV-R-PAC

**5-Way Mixed Vegetables**  
Blend of carrots, corn, peas, green beans and lima beans.  
GF 2.5 lb. bag  
#1493.....\$6.99



FLAV-R-PAC

**Chopped Onions**  
GF 2 lb. bag  
#5772.....\$5.99

Keto Friendly



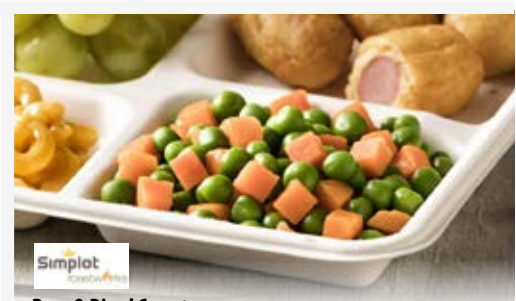
FLAV-R-PAC

**Whole Kernel Corn with Sauce**  
GF 2 lb. bag  
#4664.....\$6.99



FLAV-R-PAC

**Super Sweet Whole Kernel Corn**  
Picked at the peak of freshness then flash frozen to lock in sweet flavor, color, and texture.  
GF 2.5 lb. bag  
#1090.....\$6.99



Simplot

**Peas & Diced Carrots**  
Sweet, tender peas with colorful carrots.  
GF 2.5 lb. bag  
#2112....\$7.99



BIRDS EYE

**Sweet Mini Corn on the Cob**  
GF 2-12 ct. bags. / 24 ct.  
#4655...\$13.99 | .58 each



FLAV-R-PAC

**Petite Peas**  
GF 2.5 lb. bag  
#6208.....\$7.99

Keto Friendly



FLAV-R-PAC

**Cauliflower Florets**  
GF 2 lb. bag  
#6383.....\$6.99

Keto Friendly



FLAV-R-PAC

**Asparagus Spears**  
Medium IQF Grade A, 5" spears.  
GF 2.5 lb. bag  
#3127.....\$16.99

Keto Friendly



Chat Stewarts

**Omelet Blend**  
Blend of diced red and green peppers & onions.  
GF 2 lb. bag  
#3216.....\$6.99

Keto Friendly



FLAV-R-PAC

**Broccoli Florets**  
GF 2 lb. bag  
#8197.....\$6.99

Keto Friendly





**Winter Mix**

A blend of 60% broccoli cuts and 40% cauliflower florets.

GF 2 lb. bag  
#6388.....\$6.99



**Fajita Blend**

Onion strips, with red, green and yellow bell pepper strips.

GF 4 lb. bag  
#2069.....\$11.99



**Zucchini Spirals**

100% zucchini. Serve as a side with your favorite seasoning, or topped with your favorite sauce.

GF 5/12 oz. bags  
#2803....\$21.99



**Butternut Squash Dices**

Tender, certified organic butternut squash. Perfect as a low-carb side.

7 ct. / 12 oz. bags  
#3224....\$17.99



**Cauliflower Mac & Cheese Bowls**

Creamy cheddar cheese sauce over cauliflower florets topped with panko breadcrumbs. Vegetarian comfort food! 5 g. Fiber, 7 g. Sugar, 18 g. Protein. Contains no pasta.

6/10 oz. bowls  
#2825....\$31.99  
\$5.33 per bowl



**Deluxe Stir Fry Vegetable Blend**

Broccoli, carrots, water chestnuts, pea pods, mushrooms, celery, baby corn, onions, red peppers and yellow carrots.

GF 2 lb. bag  
#5309.....\$7.99



**Garden Blend**

Blend of broccoli, cauliflower, green beans, carrots, zucchini, yellow squash, and red peppers.

GF 4 lb. bag  
#3221....\$11.99



**Sunshine Carrots**

Blend of sweet, bias-cut orange and yellow carrots.

GF 4 lb. bag  
#5520.....\$9.99



**Normandy Blend**

Blend of broccoli, cauliflower, sliced carrots, zucchini and yellow squash.

GF 4 lb. bag  
#1266.....\$11.99



**Chalet Garlic Butter Vegetables**

Broccoli and cauliflower florets, with julienne orange and yellow carrots in a sauce of butter, roasted garlic, salt and pepper.

GF 2 lb. bag  
#7791.....\$8.99



**Baja Vegetable Roast**

Blend of roasted super sweet corn, cut corn, black beans, red and green bell peppers, onions and green chilies.

GF 2 lb. bag  
#5353.....\$8.99



**Pacific Blend**

Blend of Sugar Snap™ peas, bias-cut yellow carrots, bias-cut carrots, and broccoli florets.

GF 4 lb. bag  
#8640....\$12.99



**Roasted Mediterranean Vegetable Blend**

This blend of flame-roasted yellow and green zucchini, onions and bell peppers with carrots and green beans is seasoned with olive oil and a savory Mediterranean seasoning. Great as a side or in soups or lasagna.

GF 2.5 lb. bag  
#2242....\$11.99



**Roasted Vegetable & Pasta Blend**

Delicious pasta and vegetable blend roasted with an herb and garlic seasoning.

2.5 lb. bag  
#1297....\$10.99



**Exotic Grains & Fire Roasted Vegetable Blend**

Red & brown rice, black beans, roasted sweet corn, red quinoa, tomato, peppers, onion, and amaranth, and southwestern seasoning.

GF 2.5 lb. bag  
#1690....\$14.99



**Yellow Squash, Sliced**

GF 2 lb. bag  
#3185.....\$6.99



# Give your fries some style



**3/8" Regular Cut French Fries**  
 Traditional, regular-cut French fries. Fry or bake.  
 GF 6/5 lb. bags  
 #2412....\$44.99

**SMALLER PACK**  
 3/8" Regular Cut French Fries  
 #1213 GF 5 lb. bag....\$8.99

★★★★★

"We absolutely love these fries! Easy to make in the air fryer. Great flavor. We love the crispiness!"

**Erika Zimelman,**  
 St. Francis, KS



Diced grilled chicken + queso fresco

Saucy chili + shredded cheese

BBQ pulled pork + shredded cheese + diced red onion



**Ore-Ida**  
**Golden Crinkles French Fries**  
 Grade A, crinkle-cut potatoes.  
 0 Trans Fat. Value size bag.  
 GF 8 lb. bag  
 #1120....\$14.99



**Smiles® Shaped Potatoes**  
 Fun, smiley-faced battered mashed potatoes. Bake or fry. CN label.  
 4 lb. bag  
 #2417....\$14.99

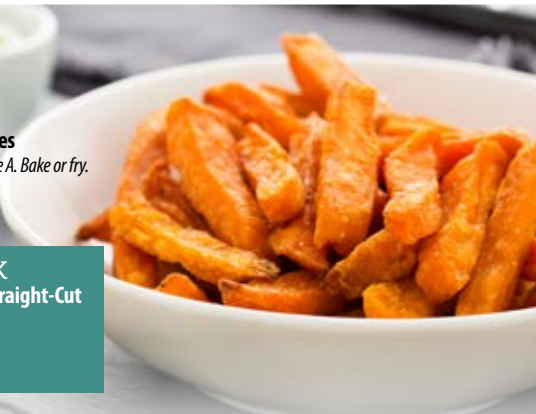


**McCain**  
**Beer Battered Skinless 5/16" Thin French Fries**  
 Premium craft beer batter makes these extra-long, thin-cut fries perfect as a side or appetizer.  
 5 lb. bag  
 #1762....\$17.99



**Gold Sweet Potato Straight-Cut Coated Fries**  
 Coated Sweet Potato Fries, Grade A. Bake or fry.  
 6/2.5 lb. bags / 15 lb. case  
 #4979....\$47.99

**SMALLER PACK**  
 Gold Sweet Potato Straight-Cut Coated Fries  
 2.5 lb. bag  
 #1211....\$9.99



**Piccadilly Old English Style Fries**  
 Authentic batter-dipped English-style fries.  
 Bake or deep fry.  
 5 lb. bag  
 #6761....\$15.99



**Redstone Canyon Spiral Cut Fries**  
 Light seasoned batter coating. Bake, or fry. CN labeled.  
 4 lb. bag  
 #2419....\$13.99



**Crispy Bakeable Seasoned Skin-On Potato Wedges**  
 Skin-on potato wedges coated in a seasoned red batter to deliver crisp texture and more flavor with lower sodium.  
 GF 5 lb. bag  
 #2672....\$16.99



**Cross-Trax® Waffle Fries**  
 Skin-on, ready to cook criss-cut potatoes. Frozen. Bake or fry.  
 2.5 lb. bag  
 #2416....\$14.99





SAVE \$200



**Shredded Hash Browns**

Extra-long shreds of premium potatoes that fry up consistently crisp and full of unbeatable flavor. No oil, chemicals, or preservatives added. Frozen.

GF 6/3 lb. bags  
#2984....Reg. \$41.99 | Sale \$39.99

**SMALLER PACK Shredded Hash Browns**

GF 3 lb. bag  
#2985....\$8.49



**Tater Tots**

Bake or fry. CN label.

GF 8 lb. bag  
#2425....\$14.99



**Roasted Root Vegetables**

This hearty and colorful blend of roasted sweet potatoes, red onions, gold potatoes, purple potatoes with yellow carrots and turnips is lightly seasoned with rosemary, thyme and sage. Just heat and serve in beef stew, pot roast, or as a side with your holiday feasts.

GF 2.5 lb. bag  
#2793....\$11.99



**RoastWorks Baby Baker Halves with Parmesan and Herbs**

Fresh roasted potato flavor in a miniature size, seasoned to perfection with herbs and parmesan.

GF 2.5 lb. bag  
#1985...\$11.99



**Golden Hash Brown Patties**

Approx. 120 patties

GF 6/2.8 lb. bags

#2429....\$48.99

**SMALLER PACK Golden Hash Brown Patties**

Bake or fry. 2.25 oz. patties.

Approx. 20 patties.

GF 2.8 lb. bag

#2427....\$9.99

.49 per patty!



**Lamb Weston**

**Redskin Salad Dices**

5/8" cubed potatoes.

GF 6 lb. bag  
#2028...\$16.99



**Roasted Redskins with Rosemary Seasoning**

Red potatoes lightly seasoned a blend of rosemary, garlic, and onion flavors.

GF 2.5 lb. bag  
#2068....\$7.99



◆ **Loaded Baked Potato Pierogies**

Sharp cheddar cheese, sour cream and chives, whipped potatoes seasoned with bacon. Frozen.

6 lb. bag  
#4991....\$24.99

◆ **Potato & Cheddar Cheese Pierogies**

Tender pasta dumplings filled with a creamy blend of mashed potatoes and Cheddar cheese. Boil, pan fry, oven bake, deep fry or steam.

6 lb. bag  
#5621....\$21.99

Photo shows recipe suggestion.



Photo shows recipe suggestion.



**Roasted Maple Sweet Potatoes**

Roasted sweet potatoes seasoned with olive oil, maple and brown sugar.

GF 2.5 lb. bag  
#2282....\$13.99



**Farmhouse Roasted Garlic Redskin Mashed Potatoes**

Roasted redskin potatoes mashed with real milk and cream, and flavored with roasted garlic.

4 lb. bag  
#3145....\$14.99



**Roasted Redskin Potatoes & Jalapeño Blend**

Perfectly roasted potatoes with the mellow heat of jalapeño peppers and flame-roasted poblano and bell peppers.

GF 2.5 lb. bag  
#2838....\$11.99



# MANGO BERRY CHIA PUDDING



SAVE \$200



**Mango Berry & Wild Blueberry Blend**  
 Mangoes, strawberries, and wild blueberries.  
 GF 3 lb. bag  
 #9221....Reg. \$13.99 | Sale \$11.99

- 3 C. frozen Wyman's Mango Berry Blend (#9221), plus extra for serving
- 2 C. milk of choice
- 1/2 C. chia seeds (#8941)
- 2 Tbsp. honey (#2956)
- 1 tsp. vanilla extract (#6702)
- Granola (#5768), for serving

Add the 3 cups frozen fruit and milk to a food processor or blender and puree until smooth. Transfer mixture to a medium bowl. Add the chia seeds, honey and vanilla extract, and mix to combine. Divide between serving bowls or jars. Cover and refrigerate overnight. Top chia pudding with granola and frozen fruit. Serve immediately.



**Mixed Berries, Whole**  
 Strawberries, red raspberries, blackberries, and blueberries.  
 GF 5 lb. bag  
 #1223....\$27.99



**Wild Blueberries**  
 Leading antioxidant superfruit!  
 Smaller berries.  
 GF 5 lb. bag  
 #1218....\$21.99



**Tropical Berry & Coconut Blend**  
 Vibrant, juicy mango and pineapple chunks, strawberries, and coconut chunks.  
 Delicious in smoothies!  
 GF 3 lb. bag  
 #2658....\$13.99



**Triple Berry Blend**  
 Sweet, colorful blend of blueberries, raspberries, and blackberries.  
 GF 3 lb. bag  
 #1215....\$13.99



**Pineapple Chunks**  
 Picked at the peak of ripeness and quick-frozen to lock in both nutrients and flavor.  
 GF 5 lb. bag  
 #2922....\$16.99



**Dark Sweet and Red Tart Cherries**  
 GF 2 lb. bag  
 #1217....\$12.99



**Mango Chunks**  
 Sweet chunks, perfect for colorful fruit salsas.  
 GF 3 lb. bag  
 #2655...\$11.99



**Blackberries, Whole**  
 Picked fresh at sweet-tart perfection!  
 GF 5 lb. bag  
 #1221....\$30.99



**Trop-Cal Fruit Blend**  
 Colorful, sweet mango, freestone peaches, pineapple, and strawberries. No sugar added.  
 GF 5 lb. bag  
 #3034....\$16.99



**Whole Strawberries**  
 Beautiful, fresh-frozen strawberries.  
 GF 5 lb. bag  
 #3032....\$18.99



**Festival Fruit Blend**  
 Sweet, juicy sliced mango, papaya, strawberries, and pineapple. No sugar added.  
 GF 5 lb. bag  
 #3033....\$15.99



**Sun Up Diced Fruit Blend**  
 Sweet, juicy strawberry, pineapple, and mango diced into small chunks. This blend is perfect for adding to beverages, fruit salads, green salads, and smoothies!  
 GF 5 lb. bag  
 #3103....\$16.99



**Freestone Peach Slices**  
 Sweet peach slices, frozen at their perfect ripeness.  
 GF 5 lb. bag  
 #3031....\$16.99



**Sunrise Fruit Medley**  
 Peaches, Strawberries, Honeydew, Pineapple and Blueberries.  
 GF 5 lb. bag  
 #4985....\$16.99



**Sliced Bananas**  
 GF 5 lb. bag  
 #2835....\$13.99



**Chef-Ready Diced Strawberries**  
 Premium-quality sweet strawberries, perfect for fruit salsas, drinks, and jams.  
 GF 2 1/2 lb. bags  
 #2832....\$37.99



**Organic Acai Smoothie Bowl**

A blend of acai with organic fruit, including: strawberries, blueberries, and bananas. The bowl comes with a separate gluten free granola packet with unsweetened coconut chips. Just thaw and eat!

GF 8/6.25 oz. bowls  
#2868....\$28.99



**Dark Chocolate Macaroon Granola**

Crunchy granola clusters with tasty coconut and decadent dark chocolate chunks.

11.5 oz. bag  
#2906....\$6.99

**Dark Chocolate & Red Berries Granola**

Crunchy granola clusters, bright red berries (freeze dried strawberries & raspberries), and decadent dark chocolate chunks.

11.5 oz. bag  
#2907....\$6.99

**Peanut Butter Dark Chocolate Granola**

Crunchy granola clusters, creamy peanut butter, and decadent chocolate chunks.

11.5 oz. bag  
#3206....\$6.99



Healthy add-ins for less sugar and more nutrition!



**Organic Chia Seeds**

High in protein, fiber, and more plant-based Omega-3 than any other food. GMO free.

GF 1.25 lb. container  
#8941....\$14.99



**CHIA FRESCA**

24 oz. water or coconut water  
2 Tbsp. Chia Seeds (#8941)  
2 tsp. honey (#2956)  
2 Tbsp. fresh lemon juice

Divide the water and chia seeds into two cups. Stir well to avoid clumps and allow to sit for about 10 minutes, stirring periodically to break up clumps. Stir in the honey and lemon juice and enjoy!



**Naturally Refined Avocado Oil**

GF 1000 ml/33.8 oz. bottle  
#3516....\$17.99



**Monk Fruit Zero Calorie Sweetener**

100% Natural and low glycemic. Use just like Sugar (1:1 Ratio), No Aftertaste. No blood sugar crash!

GF 16 oz. bag  
#1745....\$13.99



**LIVfit™ Superfood Blend**

Fruits, vegetables, vegan proteins, prebiotics, and fiber shown to enhance muscle mass, increase energy, improve cognitive function, encourage digestive health, boost the immune system and fight off aging oxidation of cells in your body. Contains green tea · 100% B6, B12, thiamin, riboflavin · 5 g of vegan protein

GF 12.7 oz. (360 gram) bag  
#3514....\$16.99



**Oatsome Oat Milk**

Non-dairy, smooth, creamy beverage that has the ability to froth too. Organic, nut-free, non-GMO, and vegan. 12 month shelf life. 4 svgs.

GF 6/1 L. case  
#1907....\$21.49 | \$3.58 each



**Naturally Refined Organic Coconut Oil**

Use small amounts of coconut oil to thin chocolate for dipping.

GF 28 oz. jar  
#8287....\$9.99



**PBfit Peanut Butter Powder**

1/3 the calories and 75% less fat.

Non GMO and all-natural. Just peanuts, sugar, salt.

GF 30 oz. jar  
#3521....\$14.99





SAVE \$200

Rayber's

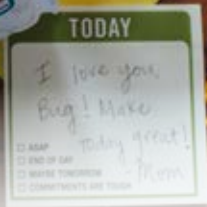
**Philly Cheesesteak Wrapped Sandwich**  
 The #1 selling Philly sandwich in the USA! Made with 100% beef (no fillers) and American cheese, on pillow-soft bread. Microwaveable.  
 8 ct/2.75 lb box  
 #2070...Reg. \$25.99 | Sale \$23.99

★★★★★  
 "My husband LOVES cheesesteak sandwiches, so he was thrilled when I bought these. They did not disappoint! The meat has great flavor and the bread is to die for. These are great to have on hand for a quick lunch. A+"  
**Crystal Plante,**  
 Hill City, KS



Rayber's

**Chicken Bacon Ranch Sandwiches**  
 Carved 100% chicken (no fillers) and bacon with creamy ranch sauce and cheddar cheese on a pillow-soft bun. Individually wrapped and microwaveable.  
 8 ct. box  
 #3246...\$25.99 | \$3.25 each



Maria Callender's

**Chicken Pot Pies**  
 We create each pot pie from scratch. Filled with juicy meat, tender vegetables, and our signature golden, flaky crust.  
 8/10 oz. pies  
 #2393...\$21.99



AP Bestseller

CARANDO

**Rip N Dip Pepperoni Stuffed Pizza Ring**  
 Freshly sliced pepperoni and naturally blended cheeses wrapped in fluffy pizza dough. Includes Marinara Sauce dipping cups.  
 12/8.5 oz. case  
 #2373...\$43.99 | \$3.67 each



FOSTER FARMS

**Chicken Mini Corn Dogs**  
 Mini chicken franks wrapped in honey crunch batter.  
 120/.67 oz., 5 lb. bag  
 #1581...Reg. \$25.99  
 Sale \$23.99



SAVE \$200

SUPERPRETZEL Soft Pretzels

**Soft Pretzel Mini Dogs**  
 Mini 100% all-beef hot dogs wrapped in gourmet pretzel dough.  
 60/.8 oz. case  
 #7401...\$38.99



**Pepperoni Pizza**  
 Pepperoni pizza filling wrapped in a garlic buttery seasoned crust for a handheld lunch.  
 4.5 oz. / 20 ct. box  
 #1282...\$24.99 | \$1.25 each

RED BARON

**Pepperoni Pizza**  
 5" IW, 12/6 oz. case  
 #6250...\$29.99 | \$2.50 each



**Tortellini Carbonara Bowl**  
 Cheese tortellini, Carbonara sauce, bacon, and parmesan cheese in a convenient heat and eat bowl.  
 12/6.5 oz. bowls  
 #1162...\$43.99

GRAND PRIDE



CRAB Macaroni & Cheese

**Macaroni & Cheese Frozen Pouches**  
 Microwave, or heat pouch in boiling water, then slice open and serve.  
 36/7 oz. pouches  
 #7881...\$71.99 | \$2.00 each

SPOON & FORK

**Three Cheese Cavatappi**  
 Grown-up mac & cheese! Cavatappi pasta in a rich, creamy blend of Monterey Jack, Cheddar, and Romano Cheeses with sea salt, black & cayenne pepper, and a touch of nutmeg.  
 4 lb. bag  
 #2885...\$20.99



Try it on the smoker!  
 Smoke at 350 degrees for 40 minutes from thawed.



**Soft Baked Pretzels**  
Traditional chewy recipe!  
20 ct. box  
#1472....\$17.99



**Soft Pretzel Bites with Salt Packet**  
.31 oz. bites / 350 ct. Case  
#2889....\$46.99



**Nacho Cheese Cups**  
Thick, kicky cheese sauce in convenient single-serve cups!  
12 ct. / 4 oz. cups  
#3249....\$14.49 | \$1.21 each



**Beer Battered White Cheddar Cheese Curds**  
Mouthwatering Ellsworth natural white cheddar cheese curds in a crunchy mild golden batter.  
2.5 lb. bag  
#3023....\$22.99



**Smoked Gouda Bacon Mac & Cheese Bites**  
Tender elbow macaroni mixed with smoked Gouda cheese, cheddar, parmesan, Romano, and fontina cheeses and coated in a savory batter. Fry for best results.  
2 lb. bag  
#3247....Reg. \$19.99  
Sale \$17.99



SAVE \$2.00



**Bakeable Breaded Mozzarella Sticks**  
Natural, aged mozzarella in a home style breading accented with Italian spices.  
2 lb. bag  
#2683....\$16.99



**Beer Battered Thin Cut Onion Rings**  
Thin slices of sweet onions covered in premium beer batter.  
2.5 lb. bag  
#3134....\$14.99



**Battered Sweet Corn Nuggets**  
These sweet corn kernels coated in crispy batter are the perfect bite-sized snack.  
2 lb. bag  
#1274....\$10.99



**Butter Battered Mushrooms**  
Whole mushrooms coated with our premium batter to deliver an extra scrumptious crunch.  
2.5 lb. bag  
#1276... \$14.99



**Breaded Pickle Chips**  
Sliced pickles coated in breading with a hint of spice.  
2.5 lb. bag  
#1275....\$16.99



**Battered Mac & Cheese Wedges**  
Creamy Cheddar cheese mixed with stick macaroni in a crispy Cheddar batter.  
3 lb. bag  
#1271....\$24.99



**Poppers Cream Cheese Jalapeños in Crispy Breading**  
Mild jalapeños stuffed with cream cheese and coated with a golden breading.  
52 oz. box  
#2946....\$17.99



Due to COVID-related challenges, appetizers are having significant supplier shortages. Some products may be temporarily out of stock.

**JANEY LOUS**

**Beehive Dinner Roll Dough**

Generous dough portions come frozen. Thaw, proof and bake for rolls with homemade look and flavor.

18 ct. / 45 oz. bag  
#3200....\$10.99

**Cinnamon Brown Sugar Honey Butter**

All-natural, gourmet, real-butter treat with no added preservatives or flavors.

GF 12.4 oz. tub  
#8129...\$10.99



**Bridgford**

**Buttermilk Biscuits**

Fluffy, home style biscuits. Microwave to heat. IW 18/2.25 oz

#1321....\$9.99 | .56 each

Save 20% when you buy by the case of 72 biscuits at [alisonspantry.com](http://alisonspantry.com).

Photo shows serving suggestion.

★★★★★  
"These seriously taste homemade! My family isn't crazy about rolls that come in a round can so when I found these, they raved about them. They are so soft & taste amazing. They're separated into packs of 6, which is perfect for our family of 4."  
Jill Gwartney-Culp, Colby, KS

**JANEY LOUS**

**Ultimate All Purpose Dough Sheets**

Just thaw and shape into rolls, scones, pizza crust, or a loaf. You can even roll out the dough, add a filling like pesto or Nutella, and make a swirled bread. Proof & bake instructions on each bag.

2/18 oz. portions  
#3207....\$9.99



**Tuscan Mini Dinner Loaves**

Par-baked. Heat for 3-5 min. for a crisp crust.

24 / 4 oz. case  
#8196.....Reg. \$19.99

Save \$17.99



SAVE \$200

Photo credit: FGF/Stonefire.  
Photo shows serving suggestion.



**Mini Naan Bread**

Hand-stretched flatbread made with buttermilk and ghee (clarified butter). Save with our bulk case, and use for personal pizzas, tacos, dipping in hummus or oil blends, etc. Comes frozen.

64 ct. case/5 1/4 x 4 1/2"  
#1686....\$41.99



**Rustic Sourdough Pullman Loaves, Sliced**

Simple ingredients and a family recipe give this sourdough perfect chewy texture and authentic mild tangy flavor.

2/34 oz. loaves  
#1612....\$13.99



**Peanut Butter & Grape Jelly**

Soft, crustless 51% wheat bread sandwiches filled with creamy peanut butter and sweet Smucker's jelly. IW 18/2.6 oz. box  
#3119....\$23.99 | \$1.33 each



**Peanut Butter & Honey**

Sweet and smooth honey spread meets rich and nutty Smucker's® Peanut Butter in a crustless whole wheat sandwich.  
2 oz. / 4 ct. box  
#1437....\$6.99



**Cox's Pure Clover Honey**

Light, perfectly mild honey gathered from high-mountain clover flowers. No artificial flavors, colors, or fillers. GF

◆ #2956 32 oz. jug....\$13.99

◆ #2957 5 lb. jug....\$27.99



**Nutella Spread**

Velvety hazelnut spread. GF

◆ #7338 26.5 oz. jar....\$10.99

◆ #1877 6.6 lb jar....\$31.49

**Grape Uncrustables**  
72/2.8 oz. IW  
#7579.....\$63.99 | .89 each

**Strawberry Uncrustables**  
72/2.6 oz IW  
#4290....\$65.99 | .92 each

**Jif Family Size Creamy Peanut Butter**  
GF 4 lb. can  
#2913....\$13.99



**Fancy Jam**

Made in small batches with premium ingredients.  
GF 15 oz. jar  
\$6.49

◆ #3003 Red Raspberry  
◆ #3005 Strawberry Rhubarb







**Double L Ranch Hardwood Smoked Angus Shaved Pit Beef**

USDA Choice Angus beef bottom round, trimmed to 96% fat free, then naturally hardwood smoked to medium rare. Deli shaved. Reduced sodium and free of common food allergens.

GF 2 lb. pack  
#2722....\$26.99



★★★★★  
"I took this on a camping trip and we had the BEST sandwiches. I took the leftover meat and made French dips with the Au Jus base. So good that my husband has asked me to keep this product on hand."  
**Amber Christensen, Redmond, UT**



**Hard Salami Slices**

Smoked, robust flavor from a seasoned blend of pork and beef, cured and slow-aged. Ships frozen.

GF 2 lb. bag  
#1688...\$17.99



**A. Original Tangy Summer Sausage**

Select cuts of coarsely ground pork and beef, naturally hickory smoked and combined with signature spices for a flavorful summer sausage. 10g. protein per serving! No added MSG. Made in the USA!

GF 28 oz. roll  
#3255....\$13.99



**B. Tangy Snackers Original Summer Sausage Sticks**

Naturally hardwood slow smoked, fully cooked summer sausage sticks made from select cuts of coarsely ground pork and beef. On-the-go snacking with 5g. protein per stick. Low sugar. Made in the USA.

GF 8/3 oz. packs  
#3256....\$20.99



**Ciabatta Variety Pack**

1 doz. 4" x 4" Olive Oil, 1/2 doz. Savory Herb, 1/2 doz. Whole Grain. 24 ct./3.5 oz. case  
#5898....\$24.99



**Tillamook Medium Cheddar Shredded Cheese**

GF 2.5 lb. bag  
#1866....\$17.99



**Shredded Cheddar Jack Cheese**

Fancy shredded blend of cheddar and Monterey Jack cheese.

GF 2.5 lb. resealable bag  
#1860....\$13.99



**Cheeseheads String Cheese**

Stringy mozzarella cheese sticks. 80 calories; 6 grams of protein.

GF 1 oz. / 60 ct. bag  
#4972...\$22.99 | .38 each



All meat and cheese products will ship frozen.



**All-Natural Cheddar Cheese Curds**

100% all-natural white cheddar cheese, direct from the Cheese Curd Capital of Wisconsin. Made from farm certified rBST free milk. Because of our unique proprietary process, Ellsworth Cheddar Cheese Curds retain more of their milky farm-fresh squeak and taste and set the standard for freshness and flavor. Tip: Want more squeak? Simply microwave for a few seconds to restore their fresh from the creamery squeakiness!

**Natural White Cheddar Cheese Curds**

GF 16 oz. bag  
#2891....\$7.99

**Garlic Cheddar Cheese Curds**

100% all natural premium cheddar cheese curds with a mild roasted garlic seasoning.  
GF 16 oz. bag  
#2892....\$7.99

**Ranch Seasoned Natural White Cheddar Cheese Curds**

Additive premium natural white cheddar cheese curds with craveable ranch-seasoned flavor.  
GF 16 oz. bag  
#3037....\$7.99

**Natural White Cheddar Cheese Curds Snack Packs**

Our famous Curds packaged in a convenient 2 oz. single serving size. Gluten-free, sugar free, low carb and portable.  
GF 2 oz. / 24 ct. bags  
#2893....\$23.99 | Just .99 each!





**Frozen Pop Variety Pack**  
 4 each of orange, cherry, and lemon frozen pops.  
 Just 30 calories per pop! No artificial dyes & flavors.  
 GF 1.65 oz. pops / 12 ct. box  
 #2147....\$5.99



**Ice Cream Bar Variety Pack**  
 Premium ice cream bars so rich and creamy, you won't believe they're also 33% less fat than regular ice cream! Assorted pack of chocolate, banana, and orange flavored bars.  
 GF 30 ct. / 2.25 oz. bars  
 #2152....\$17.99



**Ice Cream Bars**  
 Creamies top 2 bestselling flavors! Premium ice cream bars so rich and creamy, you won't believe they're also 33% less fat than regular ice cream!  
 GF 24 ct. / 2.25 oz. bars  
 \$15.99

- ◆ #2153....Banana  
 Made with real banana puree for a fresh, mild banana flavor that no one has been able to duplicate.
- ◆ #2154....Chocolate  
 Made with rich cocoa and real milk.



**NEW! Icee Tube Variety Pack**  
 15 Cherry and 15 Blue Raspberry, 70 calorie tubes.  
 GF 30 ct. / 3 oz.  
 #8853....\$18.99



**Uncle Denny's Gourmet Caramel Topping**  
 Stir this thick, creamy gourmet caramel topping into fluffy popcorn for the easiest Caramel Corn recipe ever, or package with an apple for a darling gift.  
 GF 17 oz. jar  
 #7894....\$7.99



**Uncle Denny's Milk Chocolate Hot Fudge Topping**  
 Decadent hot fudge topping made with real butter and cream. A summer staple for exceptional ice cream sundaes.  
 15 oz. jar  
 #7678....\$7.99



**JANEY LOUS**

**Old Fashioned Cinnamon Rolls**  
 Frozen proof-and-bake cinnamon roll dough with homemade flavor. Frozen.  
 60 / 4 oz. rolls  
 #9134....\$44.99 | .75 each

**Alison's Pantry Cream Cheese Icing**  
 Comes frozen.  
 GF 3 lb. tub  
 #8388....\$15.99

**Old Fashioned Cinnamon Rolls w/ Icing**  
 Just proof, bake, and enjoy homemade flavor with these large preformed cinnamon rolls. Icing packet included! Proof & bake instructions on each bag.  
 6 ct. / 4 oz. rolls  
 #3203....\$9.99



AP Best Seller

**JANEY LOUS**

**Old Fashioned Rolls w/ Icing**  
 Icing packet included! Proof & bake instructions on each bag.  
 6 ct. / 4 oz. rolls....\$9.99

- ◆ #3201 Raspberry  
 Generous preformed rolls with a sweet raspberry filling swirled into the dough.
- ◆ #3202 Orange  
 Large, fluffy proof-and-bake rolls with a sweet orange filling and icing packet for drizzling.



Photo Credit: Mary Rogers

**Bridgford**

**Cinnamon Monkey Bites**  
 Tender bite-sized pull-apart pieces of sweet bread coated in a sticky cinnamon glaze. Frozen. Ready to heat and eat!  
 5/32 oz. trays  
 #2052....\$34.99

**White Flat Icing**  
 Professional, squeezable shelf-stable white icing for drizzling over turnovers, etc.. Dries solid and not sticky.  
 GF 2 lb. tube  
 #1910....\$6.99



**JANEY LOUS**

**Chocolate Chunk Cookie Dough**  
 Premium cookie dough with homemade flavor. Easy place-and-bake portions.  
 1.5 oz. pucks / 60 ct. case  
 #2610....\$32.99



**CREAMIES**  
Ice Cream Bars  
GF 6 ct. box....\$4.99

**A. #2327 Root Beer Float**  
All-American combination of flavors in a low-calorie bar.

**C. #1104 Cookies & Creamies**  
Made with real cookies and real cream, you won't believe this flavor is still 33% less fat than regular ice cream.

**E. #3064 Coconut**  
Sweet, creamy coconut-flavored ice cream on a stick at only 120 calories per bar.

**B. #1105 Chocolate Dipped Cherry**  
Creamy, cherry-flavored ice cream bar dipped in a rich chocolate coating.

**D. #3063 Mango**  
Fruity mango-flavored ice cream for a refreshing treat with only 120 calories per bar.

**F. #2155 Mint Chocolate**  
This mint chocolate dipped low-calorie ice cream bar quickly became a fan favorite for Creamie lovers.

**trü frü Nature's Fruit in Chocolate**  
Whole fruit, hyper-chilled (frozen) to lock in flavor and nutrition, then immersed in white and dark chocolate. Made with clean, non-GMO ingredients—only fruit and chocolate! Just 90 calories per serving!  
GF 8 oz. bag....\$8.99



- ◆ #1097 Cherries in White & Dark Chocolate
- ◆ #2764 Bananas with Peanut Butter and Dark Chocolate
- ◆ #2944 Piña Colada



**Hyper-Chilled Whole Strawberries in Milk Chocolate**  
Nature's strawberries picked ripe and frozen fresh to capture flavor and nutrition. Then immersed in white & milk chocolate.  
GF 20 oz. bag  
#3160....\$14.99



**Hyper-Chilled Whole Raspberries in Dark Chocolate**  
Nature's raspberries picked ripe and frozen fresh to capture flavor and nutrition. Then immersed in white & dark chocolate.  
GF 20 oz. bag  
#3161....\$14.99

**Delizza**

**Belgian Custard Mini Eclairs**  
Chocolate Topped Belgian mini eclairs filled with a rich Bavarian custard cream. Frozen; thaw & serve.  
50 ct. tub  
#1351....\$16.99



**Ghirardelli Double Chocolate Mini Eclairs**  
Our classic pastry shells filled with a blend of fresh whipped cream and Ghirardelli cocoa powder, then dipped in Ghirardelli dark chocolate.  
20 ct. tub  
#3098....\$8.99

**Delizza**

**Macarons Assortment**  
The perfect little indulgence! Delicate almond meringue cookies; two each of these assorted flavors: Vanilla, Pistachio, Lemon, Raspberry, Chocolate, Salted Caramel.  
12 ct. / 4.65 oz. box  
#2059....\$9.99



**Gluten Free 4" Sugar Cookies**  
The best GF cookies we've ever tasted! Their special recipe has homemade flavor and texture. Individually wrapped. Ships frozen.  
GF 4" / 12 ct. box  
#1481....\$21.99



**Peanut Butter Crispy Bars**  
Thaw-n-Serve. Not Pre-Cut. 4-1/4 sheet pans. Yields 16-2x2 bars per sheet, or 64 bars.  
#6917....\$40.99



**Belgian Mini Cream Puffs**  
Frozen; thaw & serve.  
3 lb. 5 oz. tub / 120 ct.  
#1350....\$25.49



**Orange Bakers, Inc.**

**Fruit Turnovers**  
Flaky pastry wrapped around premium fruit fillings. Thaw & bake pre-proofed product. Drizzle with #1910 White Flat Icing.  
60/4 oz. case

- ◆ Cherry #1889....\$58.99
- ◆ Apple #1199....\$48.99 | .82 each



Photo shows product with sugar added on top.

**Orange Bakers, Inc.**

**Strawberry/Cream Cheese 'Strudel Bites' Pre-Sugared**  
Thaw and bake.  
252/.8 oz. case  
#2106....\$53.99



SAVE \$200



**Cinnamon, Korintji**

Fragrant, spicy cinnamon flavor. The most widely used cinnamon in the USA.

GF 1 lb. bag  
#1005....Reg. \$14.99 | Sale \$12.99

# Seasonings and Spices

## OUR BULK SPICES MEAN BIG SAVINGS.

All spices sold in 1 lb. bags unless otherwise noted.

MENU ESSENTIALS

Ali's Essential Season-All Blend GF	#2478	\$7.99	Onion Salt, Classic Blend GF	#1024	\$5.99
Applewood Seasoning Rub GF	#5990	\$8.99	Sale		\$4.99
Bay Leaves, ½ lb. GF	#1753	\$13.99	Onion Powder GF	#1027	\$8.49
Celery, Diced, ½ lb. GF	#3232	\$8.99	Oregano, Mediterranean GF	#1445	\$13.49
Chili Powder, Mild GF	#1014	\$8.99	Paprika, Mild GF	#1697	\$9.99
Cumin, Ground GF	#1442	\$9.99	Parmesan Garlic Perfection	#2475	\$11.99
Garlic and Herb Seasoning GF	#5408	\$8.99	Parsley Flakes, ½ lb. GF	#1426	\$8.49
Garlic Granules GF	#1948	\$13.49	Pepper, Black, Table Grind GF	#1029	\$15.99
Garlic, Minced GF	#1020	\$13.49	Sale		\$12.99
Garlic Pepper GF	#1018	\$13.99	Pepper, Black, Coarse Grind GF	#1028	\$16.49
Garlic Powder GF	#1021	\$13.99	Peppercorns, Whole, Black GF	#1030	\$16.49
Garlic Salt, Classic GF	#1019	\$6.99	Seasoning Salt GF	#1033	\$6.99
Sale		\$5.99	Smoky Maple Herb Seasoning GF	#4576	\$7.99
Garlic Supreme GF	#2592	\$11.99	Thyme, Cut & sifted, ½ lb. GF	#1444	\$6.99
Mustard Seed Powder GF	#1428	\$7.99	Turmeric, Ground GF	#1832	\$8.99
Onion, Chopped GF	#1026	\$8.99	Ultimate Onion Blend GF	#4575	\$8.99



SAVE \$100

**Olé Taco Seasoning**

Add 3-5 Tbsp. of our flavorful taco seasoning to beef, chicken, pork, or turkey to create your favorite Mexican recipes. Also works well for a taco dip when mixed with mayo and sour cream. MSG Free!

1 lb. bag  
#1037....Reg. \$7.99 | Sale \$6.99

★★★★★

"Throw away your packets as you will never go back after using this seasoning! My kids said it was better than our regular tacos - that's a win!"

Lindsay Flax, Hill City, KS



SAVE \$200

**Fabulous Fajita Seasoning**

Add 3-5 Tbsp. of this Southwestern blend to 1 lb. of chicken, beef, or pork before cooking for effortless fajitas. A restaurant favorite at home!

GF 1 lb. bag  
#1017....Reg. \$8.99 | Sale \$6.99

★★★★★

"This fajita mix is the best we have ever tasted. What's nice is it's a big convenient size because we make a lot of chicken and beef fajitas. This is the only kind we will buy now as it put the other expensive brands to shame."

Julie Demke, Anamoose, ND



**Sea Salt**

Healthy alternative to more-refined table salt.

GF 16 oz. container...\$4.99  
♦ #1146 Fine  
♦ #1147 Coarse

New Vanilla Powder; same exceptional quality.



**NEW! Pure Vanilla Powder**

Widely imitated but never surpassed, our pure vanilla powder is made from fully ripened, sun-cured Madagascar vanilla beans for true vanilla flavor in a dextrose (sugar) base. Never evaporates in baking and makes a fantastic condiment. Substitute 1-for-1 for extract.

4.5 oz. bottle  
#3326....\$11.99



**Lip Smackin' Chipotle Ranch**

The cool, fresh flavor of ranch pairs with kicky southwestern spices for an addictive dip.

GF 1/2 lb. bag  
#2589....Reg. \$8.49 | Sale \$7.49

★★★★★

"This dip mix is outstanding as a dip for veggies and tortilla chips but we also like to sprinkle it on our burgers, chicken, etc. while grilling to give our food a little bit more pep!"

Craig Cramer, WaKeeney, KS



SAVE \$100



**Clear Mini Round Spice Container**  
3.5 oz., 4" tall  
#1234....\$1.49



**16 oz. Clear Square Plastic Jar with Shaker Flip Lid**  
#1526....\$1.49

**32 oz. Clear Square Plastic Jar with Shaker Flip Lid**  
#1228....\$1.99

Save 30% when you buy jars by the case of 12 at [alisonspantry.com](http://alisonspantry.com).

**SPRINKLES FOR EVERY TABLE**

Cinnamon Vanilla French Toast Sugar <b>GF</b>	#1536	\$6.99
Everything Bagel Seasoning <b>GF</b>	#1826	\$9.49
French Fry Seasoning <b>GF</b>	#1441	\$6.99

**MEAL MUSTS**

Carne Asada Seasoning <b>GF</b>	#7378	\$8.99
Chili Seasoning Mix	#1015	\$7.99
Emma's Enchilada Seasoning <b>GF</b>	#1016	\$6.99
Fabulous Fajita Seasoning <b>GF</b>	#1017	<del>\$8.99</del> Sale <b>\$6.99</b>
Italian 'n Pizza Seasoning <b>GF</b>	#1432	\$9.99
Leah's Lemon Pepper <b>GF</b>	#1022	\$9.99
Montreal Chicken Seasoning <b>GF</b>	#7746	\$8.99
Montreal Steak Seasoning <b>GF</b>	#1023	\$8.99
Mushroom Soup & Stroganoff <b>GF</b>	#1672	\$8.99
Olé Taco Seasoning	#1037	<del>\$7.99</del> Sale <b>\$6.99</b>
Pit Boss Garlic Pepper Blend	#3122	\$11.99
Sloppy Joe Seasoning Mix <b>GF</b>	#1035	<del>\$7.99</del> Sale <b>\$6.99</b>
Superb Spaghetti Seas. Mix <b>GF</b>	#1036	\$7.49
Sweet & Smoky Pub Sheet Pan Seasoning	#2477	\$9.99

Tuscan Herb Blend Seasoning **GF** #3628 \$10.49

**BAKING SPICES**

Chai Spice Blend	#3121	\$11.99
Cinnamon, Ground Saigon <b>GF</b>	#3626	\$15.99
Cinnamon, Ground Korintje <b>GF</b>	#1005	<del>\$14.99</del> Sale <b>\$12.99</b>
Ginger, Ground <b>GF</b>	#1420	\$9.99
Orange Zest Granules, ¼ lb. <b>GF</b>	#1669	\$7.99
Zesty Lemon Zest, ¼ lb. <b>GF</b>	#1433	\$7.99

**DIPS & DRESSINGS**

Dilly Dill Dip Mix <b>GF</b>	#1421	\$11.99
Guacamole Seasoning, ½ lb. <b>GF</b>	#2588	<del>\$6.99</del> Sale <b>\$4.99</b>
Hearty Vegetable Dip Mix <b>GF</b>	#2217	\$9.49
Italian Salad Dressing Seas. <b>GF</b>	#1698	\$8.99
Lip Smackin' Chipotle Ranch, ½ lb. <b>GF</b>	#2589	<del>\$8.49</del> Sale <b>\$7.49</b>
Onion Soup & Dip <b>GF</b>	#1025	\$8.49
Popeye's Spinach Dip Mix <b>GF</b>	#1423	\$12.99
Rosie's Ranch Buttermilk Salad Dressing Mix <b>GF</b>	#1032	\$8.99
Salsa Seasoning <b>GF</b>	#1898	\$9.99

SPICES



SAVE \$2.00

**Guacamole Seasoning**  
Every backyard gathering needs a bowl of fresh guacamole. Just a tablespoon of this mix with 2 avocados and you have the perfect blend.  
**GF** 1/2 lb. bag  
#2588....Reg. \$6.99 | Sale \$4.99

★★★★★  
"We had a go-to recipe for guac but it involved lots of chopping and prepping many ingredients. This is delicious and SO quick!"  
Kimberly Gumucio, Grantsville, UT



SAVE \$2.00

**Applewood Seasoning Rub**  
Our blend of special seasonings and natural hickory flavor; a BBQ staple on chicken, pork, beef, and vegetables.  
**GF** 1 lb. bag  
#5990....Reg. \$8.99 | Sale \$6.99

★★★★★  
"My husband loves the Applewood Rub. He rubs a brisket, ribs or a pork loin with it overnight then either grills or smokes them. Always turns out so good. This past Christmas he used it on a prime rib that he smoked and it was amazing. I have been told to always keep two bags of this in the pantry."  
Margie Gianonatti, Tonopah, NV

**Sloppy Joe Seasoning**  
A tangy, sweet chili powder mix made to enhance the flavor of ground beef in Sloppy Joes. Just add water and tomato paste.  
**GF** 1 lb. bag  
#1035....Reg. \$7.99 | Sale \$6.99

★★★★★  
"Simple to mix up and a guaranteed hit in my house every time! No doubt it's the best combo of seasonings and spices for no leftovers. I make sure this never runs out!"  
Amanda Maine, Sturgis, SD



SAVE \$1.00



SAVE \$3.00

**Black Pepper, Table Grind**  
AP customers comment on the fresh, potent flavor of our pepper. You'll love the robust kick it gives to your meals.  
**GF** 1 lb. bag  
#1029....Reg. \$15.99 | Sale \$12.99

★★★★★  
"You truly don't know how poor quality your pepper is until you try this black pepper table grind!! You're going to get true ground pepper flakes and not peppered powder. I find that I'm also able to use less with this pepper so it lasts a long time and makes a great bang for your buck!!"

Victoria Reinert, WaKeeney, KS



SAVE \$1.00

**Classic Onion Salt**  
**GF** 1 lb. bag  
#1024....Reg. \$5.99 | Sale \$4.99



SAVE \$1.00

**Classic Garlic Salt**  
**GF** 1 lb. bag  
#1019....Reg. \$6.99 | Sale \$5.99

★★★★★  
"I use this frequently for my spicy pretzel recipe that I take to every and all potlucks. Nice to have bulk on hand!"  
Bailey Dinkel, Ellis, KS

Contact your Alison's Pantry Rep to special order bulk canning spices.



**Cornaby's Jam in a Jiffy**  
The simplest way to make freezer jam! Just add dry mix to 2 lbs. of crushed fresh or frozen fruit and stir. Yield: approx. 6 cups of jam.  
**GF** 18 oz. bag  
#8732....\$7.99



**Cornaby's E-Z Gel**  
Non-GMO cornstarch that can be directly added to any liquid, hot or cold, for instant thickness. Perfect for canning or freezing.  
**GF** 16 oz. bag  
#8733....\$12.49



**lehi mills**

**NEW! Double Fudge Brownie Mix**

Just add oil and water and bake. This mix turns into fudgy brownies that are decadent as-is, and fun to customize with nuts, chocolate chips, or peanut butter. 28 svgs. 2 lb. bag #3318....\$8.99



**lehi mills**

We've replaced our Alison's Pantry mixes with new 2 lb. bags of Lehi Mills mixes. We love their quality and the harvest-to-home standards that they've practiced since 1906. Locally sourced grains, small batch runs, hand-selected wheat, and a difference in quality that you can taste.

**Scan the QR code to see their story!**

**lehi mills**

**NEW! Buttermilk Pancake Mix**

Just add water to craft these fluffy, comforting buttermilk pancakes. They taste like a homemade, scratch recipe but only take minutes! 21 svgs. 2 lb. bag #3319....\$8.99



**lehi mills**

**Blueberry Buttermilk Pancake Mix**

We took our best-selling buttermilk pancake mix and combined it with all-natural blueberry nuggets, so each bite is bursting with sweet and tart flavor. Just add water! 2 lb. bag #9012....\$8.99



**Gourmet Cream Syrup Variety Pack**

Maple Cream, Vanilla Cream, Cinnamon Cream and Coconut Cream. GF 4/11 oz. bottles #8012....\$22.99

**Conestoga Sweet Cream Pancake & Waffle Mix**

The touch of sweet cream in this professional mix makes these the best pancakes to grace the skillet. Just add water. 5 lb. bag #7435....\$15.99



**lehi mills**

**NEW! Blueberry Muffin Mix**

Identical recipe to our previous blueberry muffin mix! Top-selling muffin mix that yields fluffy cake-like muffins with sweet pools of warm blueberry flavor. Mix can also be made into a quick bread or even cookies! 22 svgs. 2 lb. bag #3317....\$8.99



**lehi mills**

**NEW! Raspberry Muffin Mix**

Identical recipe to our previous raspberry muffin mix! Professional muffin mix with raspberry-flavored bits that melt into juicy raspberry puddles in the muffins. Mix can also be made into a quickbread and is excellent with additions like white chocolate chips or lemon zest. 22 svgs. 2 lb. bag #3316....\$8.99



**lehi mills**

**Lemon Muffin Mix**

The perfect burst of fresh lemon flavor in a muffin! Have fun customizing by adding in poppy seeds or mixing with either our blueberry or raspberry muffin mixes. Yield 21 svgs. 2 lb. bag #3198....\$8.99



**NEW! All-Purpose Creme Cake & Muffin Mix**

This professional mix gives cakes and muffins a sweet buttery vanilla base that's delicious on its own; or can be customized with flavorings and mix-ins. 5 lb. box #3327....\$15.99



**Baking Cups**

White standard paper baking cups. 500 ct. sleeve #1646.....\$10.99

**Mini Baking Cups**

Use for candy, mini muffins, nut cups, fudge, chocolates, crafts. 500 ct. sleeve #2058.....\$11.99



**Honey Cornbread Mix**

Made with real honey, fresh corn, and rich butter for sweet, tender cornbread that gets rave reviews. 5 lb. box #3156....\$13.99



**Raw Creamed Honey**

Smooth, creamy premium raw honey. Approx. 54 svgs. GF 40 oz. tub #2564....\$15.99



★★★★★

"We got this mix since snickerdoodles are my favorite, but I don't always have time to make them from scratch. These are CRAZY good!"  
Shiloh Hubbard, Glendive, MT

**SHIRLEY J**

**Cookie Mix**

Just add water and shortening.  
Yield: 30 (2 1/2") cookies.  
23 oz. bag

- A. #5243...Snickerdoodle...\$7.99 | **New Lower Price!**
- B. #5299...Ginger Molasses...\$8.99 | **New Lower Price!**
- C. #5244...Chocolate Crinkle...\$9.99 | **New Lower Price!**



**Coconut Macaroon Cookie Mix**

Bake up sweet coconut macaroons with this simple mix and just the addition of water.  
26 oz. bag  
#2431...\$19.99  
**New Lower Price!**



**lehi mills**

**Chocolate Chip Cookie Mix**

Traditional, warm and chewy chocolate chip cookies in minutes. Just add butter and water for made-from-scratch taste in just minutes.  
2 lb. bag  
#3099...\$8.99



MIXES



**lehi mills**

**NEW! Sourdough White Bread Mix**

Craft a traditional sourdough bread loaf, boule, sandwich bread, or dinner rolls without a high-maintenance starter. Just add water and yeast (not included) and bake!  
70 oz. bag  
#3320...\$19.99



**KRUSTEAZ**

**Professional Buttermilk Biscuit Mix**

Commercial mix for tender, mildly sweet buttermilk biscuits. Yields 8 doz., 2" biscuits  
5 lb. box  
#2129...\$12.99



**A. Commercial Cookie Sheet (Bun Pan)**

Aluminum, 18" x 13"  
#4020....Reg. \$12.99 | **Sale \$9.99**

**B. Cover for Commercial Cookie Sheet**

(fits #4020 only)  
#3860....\$8.99

**C. Quarter Size Sheet Pan**

Aluminum, 9" x 13"  
#5957.....\$8.99

**D. Cover for Quarter Size Sheet Pan**

(fits #5957 only) 9" x 13"  
#5958.....\$7.99

**BAKER'S MARK**

**E. Eighth Size Sheet Pan**

Aluminum, 6.5" x 9.5"  
#2601...\$6.99

Cookie Sheets and Covers should be washed by hand.

**F. Cooling Rack**

Stainless, fits commercial cookie sheet. One is never enough!  
12" x 17"  
#1145....\$6.99

**G. Silicone Baking Mat**

Reusable, nonstick silicone mat fits in our Commercial Cookie Sheet (#4020) and prevents sticking and burning of your baked goods.  
16.5" x 11.75". Withstands up to 600°.  
#8436.....\$15.99



**H. Commercial Parchment Paper**

Silicone grease-proof pan liners to line baking sheets, separate foods for freezing, line cake pans, etc.  
12" x 16" 100 sheets  
#1153....\$12.99

**I. Cookie Scoop**

Measure consistent scoops of dough for perfectly portioned cookies every time.  
#3838...\$8.99

**J. Flexible Cutting Mats, 6 pk**

6 ct. 15" x 12"  
#3840...\$14.99



**CRESTWARE**

**Vegalene® Pan and Grill Spray**

This all-natural, zero trans-fat product prevents food from sticking to cooking utensils and dishes.

GF 21 oz. can  
#1212....\$10.99

**Vegalene Grid Iron Release Spray**

Achieves a smooth, fast release for waffles (3-5 waffles per spray).

GF 14 oz. can  
#1575....\$8.99

**Vegalene**



**Bak-Klene® ZT All-Purpose Spray**

Its superior release power assures clean, easy removal of a variety of baked goods from their pans. Like greasing and flouring your baking pans, but SO MUCH EASIER!

14 oz. can  
#5564....\$8.99

**Buttery Delite®**

Spritz on rich, buttery flavor without the fat and calories. Perfect for veggies and breads.

GF 17 oz. can  
#1576....\$9.49

**Semi-Sweet Chocolate Baking Chips**

Highest-quality cocoa butter, unsweetened chocolate, and just the right touch of sugar.

GF 12 oz. bag  
#2781....\$6.99



**Milk Chocolate Chips**

Sweet baking chocolate made with the highest quality cocoa butter, whole milk powder, and vanilla extract.

GF 11.5 oz. bag  
#10100....\$6.99



**Milk Chocolate Chips**

Made with high-quality cocoa butter, whole milk powder and vanilla extract for perfect sweet chocolate flavor and smooth texture.

5 lb. bag  
#3243....\$33.99



**Semi-Sweet Chocolate Chips**

Premium semi-sweet chocolate chips with a sweet, classic roasted chocolate flavor with hints of vanilla.

5 lb. bag  
#3244....\$31.99



**Milk Chocolate Wafers**

Round wafers of premium Ghirardelli chocolate for easier melting. Perfect for dipping pretzels, nuts, and fruit... or just as an indulgence. 30-40% cocoa.

5 lb. bag  
#3242....\$36.99



Save even more when you buy by the case! Visit [alisonspantry.com](http://alisonspantry.com) to buy 12 bags and save 10%.



**Peacock Brand All-Purpose Flour**

High-quality unbleached all-purpose flour. 10-11.5% protein content.

25 lb. bag  
#3199....\$17.99



**Turkey Brand Unbleached Bread Flour**

All-natural, unbromated, non-GMO flour made from local wheat.

25 lb. bag  
#2285....\$18.99



**Gluten Free 1-to-1 Baking Flour**

Use as a direct replacement for all-purpose baking flour.

GF 44 oz. bag  
#1277....\$11.99



**Saf Instant Yeast**

GF 1 lb. Package  
#2446...\$8.99

**Mini Poly Treat Bags**

Poly .001 mil 4" x 2" x 12". 100 ct.  
#7803....\$4.99

**Bakery Bread Bags**

Poly .001 mil bags. 15" length. 100 ct.  
#5494....\$6.99

**Bakery Bags for Dinner Rolls**

Poly .001 mil 8" x 4" x 18". 100 ct.  
#4238....\$6.99

**Bread Bag White Twist Ties**

3 1/2", 2000 ct. box  
#2057....\$10.99



**Mexican Vanilla Paste**

All-natural. No additives or preservatives.

GF 8 oz. jar  
#6945....\$27.49

**Original Mexican Vanilla**

All-natural, smooth and rich vanilla makes baked goods shine.

◆ 8.4 oz. GF #6702....\$23.99  
◆ 16.7 oz. GF #6919....\$34.49



**Baking Cocoa, 22-24%**

Natural, high-fat premium baking cocoa perfect for cakes, cookies, and homemade hot chocolate mixes.

GF 5 lb. bag  
#2498....\$30.99



**Vanilla Clear Imitation Flavoring**

GF 32 oz. bottle  
#1625...\$10.99



**Maple Flavoring**

GF 16 oz. bottle  
#5714...\$13.99



**Golden Brown Pure Cane Sugar**

Nutty, caramel and subtle molasses flavor; moist texture.

GF 7 lb. bag  
#2261....\$12.99



**Powdered Pure Cane Sugar**

Very fine, with exceptionally smooth texture for frostings, glazes, and candy-making.

GF 7 lb. bag  
#1151.....\$12.99



**Pure Cane Granulated Sugar**

GF 10 lb. bag  
#1632...\$14.99

**BIGGER SIZE**

GF 25 lb. bag  
#2096...\$31.99





**SAVE \$2.50**

**Whisk Bliss Universal Cooking Base**  
*Quick, rich, healthy, and versatile; use Whisk Bliss in place of any cream sauce components in your favorite recipes.*  
32 oz. bag  
**Reg. \$21.49 | Sale \$18.99**  
◆ #3329 Original  
◆ #1980 Gluten Free

## WHISK BLISS COUNTRY SAUSAGE GRAVY

- 4 C. Water
- 1 C. Shirley J Whisk Bliss Universal Cooking Base (#1980)
- ½ tsp. Black Pepper (#1029)
- 10-12 Bridgford Buttermilk Biscuits (#1321), warmed
- 1 lb. Childer's Country Style Ground Sausage (#2550)

Add water to a bowl. Add Shirley J Whisk Bliss and mix well. In a pan, add sausage and brown; break up into small pieces. Pour Whisk Bliss mixture into the saucepan with the sausage. Let simmer. Pour sauce on top of biscuits or your favorite food.



## WHISK BLISS CREAMY MAC & CHEESE

- 4 C. Water
- 1 C. Shirley J Whisk Bliss Universal Cooking Base (#1980)
- 3 C. Shredded cheddar cheese (#1866)
- 12 oz. Macaroni (#1332) noodles (use GF if preferred)
- Personalize with your favorite mix-ins (broccoli, bacon, chicken)

Add water to a pot. Add Shirley J Whisk Bliss; mix well and bring to a simmer. Add shredded cheddar cheese & stir until melted. Mix in 12 oz of cooked macaroni. Top with your favorite mix-ins.



Whisk Bliss is a unique universal cooking "white-sauce" base that creates quick and delicious sauces, soups, gravies, mixes, and more that are healthy for you and your family. Whisk Bliss is easy to make, the taste is amazing, and there are 0 trans fats, 0 saturated fats, 0 hydrogenated oils, and 0 MSG. Basically, Whisk Bliss is a just-add-water substitute for a cream sauce! And, it's ¼ the calories compared to a scratch white sauce!

**Use it for:**

- A healthier substitute for condensed soup
- Quick & easy Alfredo sauce or sausage gravy
- Base for pot pie filling or broccoli or potato soups
- Rich and creamy mac & cheese that's healthier and just as speedy as using a box!

Shirley J Bouillons have a rich, deeper flavor, and are more concentrated with a greater yield than other brands, allowing you to use less with tastier results. Use just ½ tsp. Shirley J bouillon to 1 cup water. They're lower in sodium than other brands, too.



**Chicken Flavored Bouillon Granules**  
GF 16 oz. jar  
#3042....Reg. \$11.99  
Sale \$9.49



**Beef Bouillon Granules**  
GF 16 oz. jar  
#3043....Reg. \$12.99  
Sale \$10.49



Scan to watch a Shirley J chef make Egg Drop Soup and Chicken Piccata with Shirley J Chicken Bouillon in just 5 minutes!



Sprinkle on burgers or chicken as you grill. Or, add water or your choice of liquids (soda, beer, fruit juice etc.) to make your own custom barbecue sauces.



**SHIRLEY J**  
**Barbecue Sauce Mix**  
*The most versatile BBQ product on the market. Perfect as a sauce, rub, marinade, or spice. 1 part BBQ Sauce Mix to 3 parts water. Yields: approx. 6 cups sauce.*  
GF 12 oz. jar  
#3044....\$14.99



**Double Eagle Silver Dollar Jerky**  
2 1/2" round jerky. 15 oz. of meat.  
18-month shelf life.  
80 ct. jar...\$19.99 | Just .25 each!

- ◆ #4694 Peppered
- ◆ #4695 Teriyaki
- ◆ #4693 Old Fashioned
- ◆ #3292 NEW! Spicy



★★★★★  
"We love love love this! I have to keep some in our pantry at all times for the hubby, and all of our kids! We all enjoy it, but I love having a healthier option to snack on!"  
**Alexis Pfeifer, Hill City, KS**



**Popcorners Variety Pack**  
Popped-corn chips combined with sunflower oil, cane sugar & salt for sweet & salty healthier snacking option. Includes: 8-Sea Salt, 4-Spicy Queso, 10-Kettle Corn, 8-White Cheddar  
GF 30 ct. / 1 oz. bags  
#3090....\$21.99



**Seneca Original Apple Chips**

Choice, orchard-grown Washington State apples carefully selected and delicately sweetened and crisped.  
GF 24 / .7 oz. bags  
#2810....\$16.99  
.71 each



**KIRKLAND Organic Applesauce Pouches**  
Convenient BPA-free pouches with twist cap. No sugar added.  
GF 24/3.17 oz. pouches  
#2993...\$18.99 | .80 each

**Hello Panda Chocolate Creme Filled Cookies**

A fun, bite-size treat with a soft and smooth creme center and a light crunchy shell on the outside. Shells feature drawings of cute pandas.  
32 / .75 oz. bags  
#3083....\$16.99



**Classic Chips Variety Pack**

Frito Lay's bestsellers all in one box: 12-Doritos Nacho Cheese, 12-Cheetos Crunchy, 8-Lay's Classic, 7-Fritos Original, 7-Doritos Cool Ranch, 4-Lay's Sour Cream & Onion, 4-Lay's Barbecue  
1 oz. / 54 ct. box  
#4018....\$32.99



**Cookie and Snack Variety Pack**

Perfect lunchbox portions of your favorite snacks! 9-Mini Chips Ahoy, 8-Nutter Butter Bites, 8-Ritz Bits Peanut Butter, 8-Ritz Bits Cheese, 9-Mini Oreos.  
1 oz. bags / 40 ct. box  
#1257...\$20.99



**Premium Original Granola**

50 oz. bulk bag  
#5768....\$18.99



**Dick & Jane Educational Crackers, States & Capitals**

Delicious vanilla flavored crackers that allow kids to learn while they snack! Features all 50 states including map and state abbreviation.  
30/1 oz. bags  
#1414....\$11.99



**Goldfish Giant Cinnamon Grahams**

Each pack has 2 large cinnamon graham Goldfish. Fun to dunk in milk, or use to scoop applesauce or yogurt.  
.9 oz. / 50 twin-packs  
#1765....\$16.99



**Rice Krispies Treats Minis**

The original crispy marshmallow treats in a cute mini size.  
50 ct. box  
#5378....\$16.99



**Pretzel Snaps**

46 oz. tub  
#2319....\$12.99



# STOCK UP ON NUTS & SNACKS FOR SUMMER CAMPOUTS & ROAD TRIPS!

SNACKS



**Red Vines Original Red Twists Jar**  
 Classic, family-favorite red licorice twists. Perfect for summer campouts!  
 3.5 lb. jar  
 #1617....\$15.99



**Reese's Peanut Butter Cups, Miniatures**  
 Creamy cups of peanut butter filling coated in milk chocolate.  
 Individually wrapped.  
 GF 105 ct. / .31 oz. cups  
 #2714....\$15.99



**Sweetie's**  
**Chocolate Cinnamon Bears**  
 GF 2.65 lb. bag  
 #1290....\$17.99



**Vanilla Yogurt Pretzels**  
 9 oz. tub  
 #2716....\$6.99



**Gummy Peach Rings**  
 Sweet, tart, sugar-dusted gummy peach rings.  
 16 oz. tub  
 #2243....\$8.99

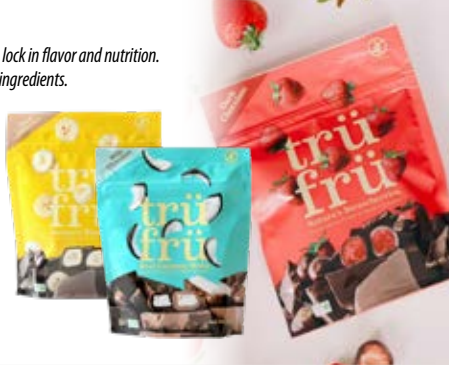


**Alison's Pantry**  
**Peanut Butter Pretzel Nuggets**  
 Crisp, salted pretzels filled with peanut butter.  
 10 oz. tub  
 #3068....\$8.99



**trü fru Hyper-Dried Fruits in Chocolate**  
 Nature's fruit, picked ripe, frozen fresh, and hyper-dried to lock in flavor and nutrition.  
 Then immersed in chocolate. Non-GMO, made with clean ingredients.  
 GF 4.2 oz. bag  
**\$5.99 | NEW LOWER PRICE!**

- ◆ #2900 Hyper-Dried Real Strawberries in Dark Chocolate
- ◆ #2902 Hyper-Dried Real Coconut Melts in Milk Chocolate
- ◆ #3088 Hyper-Dried Real Banana in Dark Chocolate



**Milk Chocolate Almonds**  
 Roasted almonds covered in rich milk chocolate.  
 GF 3 lb. jar  
 #1619....\$20.99



**Dark Chocolate Espresso Beans**  
 Buzzy espresso beans enrobed in rich dark chocolate.  
 16 oz. tub  
 #2525....\$11.99



**Cinnamon Bears**  
 Childhood favorite chewy hot cinnamon bears.  
 GF 16 oz. tub  
 #1172....\$8.99



**Chocolate Fruit Basket**  
 Tender chewy dried cranberries, apples, blueberries, cherries, and apricots covered in luscious milk & white chocolate.  
 16 oz. tub  
 #2044....\$12.99



**Dark Chocolate Cranberries**  
 16 oz. tub  
 #2038....\$10.99



**Dried Cranberries**  
 GF 14 oz. tub  
 #9205....\$10.99



**Butter Toffee Cashews**  
 Crunchy cashews coated in a buttery toffee glaze.  
 16 oz. tub  
 #2043....\$12.99



**Butter Toffee Almonds**  
 Crisp almonds coated in a sweet and buttery shell.  
 16 oz. tub  
 #2041....\$11.99

**Edward Marc Chocolatier Coconut Almonds with Dark Chocolate**  
 Crisp almonds in a sweet coconut coating drenched in rich dark chocolate.  
 32 oz. bag  
 #2670....\$26.99



**Cashews, Roasted & Salted**  
 GF 14 oz. tub  
 #9117....\$14.99



**Milk Chocolate Cashews**  
 Fresh, crunchy cashews enrobed in creamy milk chocolate.  
 16 oz. tub  
 #2036....\$11.99



**Deluxe Mixed Nuts**  
 Roasted and salted almonds, cashews, pecans, Brazil and hazel nuts.  
 GF 14 oz. tub  
 #9121....\$13.99



**Nut Berry Trail Mix**  
 Dried Cranberries, R&S Almonds and Cashews, Pecans and dried cherries.  
 14 oz. tub  
 #2076....\$11.99





★★★★★  
 "Before I had a kidney stone, I never gave these any thought, but after learning that lemon juice helps clean out kidneys I thought I'd give it a try. To my surprise, it turns out I absolutely LOVE this stuff! I use about 8-10 packets per day; I just throw two in my water bottle and try to drink about 64 oz. per day. I'm totally addicted to these lemon packets."  
**Joshua Kissee,**  
 AP Co-Owner

**True Lemon Crystallized Lemon Packets**

Each packet equals one lemon wedge. Adds natural flavor with zero calories to water, recipes, yogurt, or sprinkled over salmon. No artificial sweeteners, flavors, or colors. Allergen free.

GF 100 ct. box  
 #1689....\$12.99 | .13 each



Josh loves being silly, but he's serious about how much he loves True Lemon!



**Otter Pops Original Variety Pack**

80 ready-to-freeze ice pop tubes in 6 flavors: raspberry, strawberry, lime, grape, punch, and orange.

80 / 1 oz. tubes  
 #1504....\$9.99 | .12 each

**Shelf-Stable Dairy Products**

**U.H.T. (Ultra High Temperature) Shelf-Stable 2% Milk**

Real, delicious Grade A milk that has all the vitamins and nutrition of conventional pasteurized milk and is ready to use. Stays fresh without refrigeration until the sealed package is opened (approx. 12 months). No preservatives added.

GF 27/8 oz. cartons

- A. #1710 White Milk....\$17.99
- B. #1708 Strawberry Milk....\$19.99
- C. #1709 Root Beer Milk....\$19.99
- D. #1707 Chocolate Milk....\$19.99



Great for summer camping!



**Almond Milk**

No cholesterol or saturated fat, and is free of dairy, soy, lactose, gluten, casein, egg and MSG. Non-GMO.

**Unsweetened Vanilla Almond Milk**  
 GF 6/1 qt. case  
 #1457...\$21.99



**Tropical Blend V8 Splash**

Juicy apples, pineapples, kiwis, limes, and mango paired with carrot juice.

GF 12/16 oz. bottles  
 #1717....\$23.99



**Nesquik Chocolate Powder**

45% less sugar than the leading syrup brand. Provides calcium and 7 essential vitamins and minerals.  
 44.9 oz. container  
 #2262....\$15.99



**Sunny D Tangy Original Citrus Punch**

The refreshing orange drink with 100% Vitamin C and a convenient reclosable sport cap bottle.

11.3 oz. / 30 ct. case  
 #2924....\$24.99 | .83 each  
 Bigger bottles! Bigger case!



Follow us on Instagram @alisonspantryfoods for easy recipes kitchen hacks, and giveaways!



Try it iced!



**Cappuccino**

Rich, comforting cappuccino that's terrific hot or cold, or enjoyed as a coffee creamer.

GF 2 lb. bag (45/8 oz. svgs.)....\$10.99

- ◆ #1326 French Vanilla
- ◆ #1330 English Toffee
- ◆ #1328 Mocha
- ◆ #1329 White Chocolate Caramel



Alison's Pantry has partnered to bring this selection of Kirkland premium club store products to rural areas. **Better quality and larger pack sizes, still at a great value for families!**



**Italian Sausage & Beef Lasagna**

Made with 100% USDA Choice ground chuck, vine-ripened tomatoes, whole milk ricotta and mozzarella. No preservatives added. Convenient twin-pack. Each tray feeds 6. Frozen.  
2/48 oz. trays  
#1279...\$28.99 | Just \$14.50 per family meal!



**Bacon Crumbles**

100% real bacon. High-quality, fresh pork is slowly smoked over all-natural hardwood chips then crumbled for easy use.  
GF 20 oz. bag  
#1241...\$15.99



SAVE  
**\$200**

**Salted Sweet Cream Butter**

GF 4/1 lb. case  
#1723... Reg. \$21.99 | Sale \$19.99



**Microwave Popcorn, Movie Theater Butter**

100% whole grain, non-GMO popcorn; perfectly coated in movie theater butter.  
GF 3.3 oz. / 44 ct. box  
#1821...\$21.99



**Boneless, Skinless Chicken Thighs**

Grade A, all natural chicken thighs with no added hormones or steroids. Ice glazed and individually frozen.  
GF 6.5 lb. bag  
#1317...\$26.99



**Soft & Chewy Granola Bars, Chocolate Chip**

Made with real semi-sweet chocolate chips and whole rolled oats.  
.85 oz. bars / 64 ct. box  
#1138...\$15.99



**Trail Mix Snack Packs**

Blend of peanuts, M&M's Milk Chocolate Pieces, raisins, almonds and cashews in convenient snack packs.  
GF 2 oz. / 28 ct. box  
#4005...\$26.99



**Whole Almonds**

Approx. 9 cups of supreme #1 U.S. raw almonds.  
GF 3 lb. bag  
#1294...\$18.49



**Walnut Halves & Pieces**

Approx. 12 cups of U.S. #1 walnuts for baking and snacking.  
GF 3 lb. bag  
#1293...\$15.99



**Fancy Pecan Halves**

U.S. #1 beautiful pecan halves for recipes and snacks.  
GF 2 lb. bag  
#1292...\$21.99



**Foodservice Aluminum Foil**  
12" x 1000' roll (1,000 sq ft)  
#1963...\$48.99



**Flex-Tech Kitchen Trash Bags**  
13 gal. bags / 200 ct. box  
#2777...\$30.99



**Minced Garlic**

Grown, harvested, processed and packed in California. Packed in water; recipe ready!  
GF 48 oz. jar  
#1289...\$10.99



**Mix Custom Culinary Beef Base into homemade burgers for a mouthwatering flavor boost!**

**Real 'Meat First' Bases**

Professional chef quality. No MSG added. 0 trans fat

GF 16 oz. jar, yield: 5 gallons

- ◆ #1038 Chicken....\$11.99
- ◆ #1039 Beef....\$12.99

**Au Jus Base**

GF 16 oz. yield: 3 gal  
#2061.....\$11.49



**PanRoast Gravy Mixes**

Real pan drippings and select seasonings create rich, savory gravies. Just add water.  
68-2 oz. servings when prepared | 12 oz. bag

**Peppered Biscuit Gravy Mix**

20 oz. bag/72-2 oz. svgs.  
#1525.....\$9.99

- ◆ #1255 Country Gravy Mix....\$9.99
- ◆ #1252 Brown Gravy Mix...\$9.99
- ◆ #1254 Turkey Gravy Mix....\$10.99
- ◆ #2131 Pork Gravy Mix....\$9.99
- ◆ #1253 Chicken Gravy Mix....\$9.99
- ◆ #3586 Beef Gravy Mix...\$9.99



**Scalloped Potato Casserole**

100% Idaho potatoes sliced and paired with a creamy white cheese and onion sauce mix. Just add water. Yield: 9 x 13" pan; approx. 17 svgs.

GF 20.35 oz. bag  
#2904....\$10.99

**Au Gratin Casserole**

Just add water and bake for a rich creamy au gratin potato casserole. Made from 100% real Idahoan potatoes sliced in a cheese sauce mix. No trans fat or cholesterol. Yield: 9 x 13" pan; approx. 17 svgs.

GF 20.35 oz. bag  
#2903....\$10.99



**Fresh Cut Hash Browns**

Dehydrated fresh Idaho potato shreds. 12 month shelf life. Just add water. Yield 72 1/2 cup servings.

GF 2.125 lb. carton  
#1392....\$14.99



**Premium Homestyle Mashed Potatoes**

Made with 100% real Idaho potatoes, milk, and seasonings for creamy comforting flavor. Just add water. Approx. 52 svgs. per bag.

GF 28 oz. bag  
#1391....\$12.99



**Baby Reds Flavored Mashed Potatoes**

Premium Russet and red real Idaho potatoes with skins. Just add water. Approx. 40 svgs.

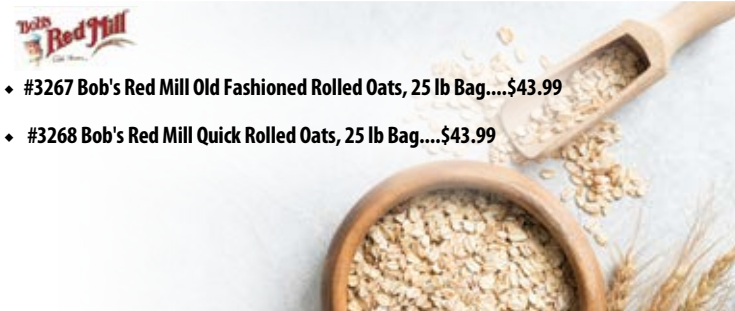
GF 32.85 oz. bag  
#1390....\$13.99



**Excel Original Potato Pearls Butter Mashed Potatoes**

Extra butter flavor classic mashed potatoes. Just add water. 34 servings per bag.

GF 28 oz. bag  
#4744....\$10.99



◆ #3267 Bob's Red Mill Old Fashioned Rolled Oats, 25 lb Bag....\$43.99

◆ #3268 Bob's Red Mill Quick Rolled Oats, 25 lb Bag....\$43.99

**Bulk Pudding & Topping Mixes**

◆ #1913 Jell-O Instant Chocolate Pudding & Pie Filling, GF 28 oz. bag...\$11.49

◆ #1914 Jell-O Instant Vanilla Pudding & Pie Filling, GF 28 oz. bag...\$11.49



**10' Spaghetti Noodles**

10 lb. bag  
#1331....\$22.99



**Elbow Macaroni Noodles**

10 lb. bag  
#1332....\$22.99



**Extra Wide Egg Noodles**

5 lb. bag  
#2479....\$18.99



# Stock the pantry with tools

## for storing summer produce and organizing coolers for campouts!



**Heavy-Weight 2-Gallon Seal Top Freezer Bags**  
 Thick bags to seal in freshness and protect from freezer burn. 13" x 15"  
 100 ct. pack  
 #2820....\$26.99  
 .27 each



**10" x 12" 1-Gallon Heavy-Weight Seal Top Freezer Bags**  
 Heavy, 4 mil polyethylene, BPA-free bags that withstand freezer temps to protect foods for longer storage.  
 100 ct.  
 #3264....\$17.99  
 Just .18 per bag!



**8" x 8" Quart Heavy-Weight Seal Top Freezer Bags**  
 Clear, resealable quart bags with a seal-top made from 4 mil thick, BPA-Free polyethylene to protect foods from freezer burn.  
 100 ct.  
 #3265....\$10.99  
 Just .11 per bag!



**Deli Containers with Lids**  
 Our Deli Containers make it easy to pack leftovers, salads, cookies, and more.  
 50 ct.  
 ♦ 8 oz. #2258....\$17.99  
 ♦ 16 oz. #6476....\$17.99  
 ♦ 32 oz. #6477....\$23.99



**Food Film w/Cutter**  
 Commercial grade plastic wrap in an economical foodservice pack.  
 12" X 2000' Each  
 #6127....\$26.99



**Ziploc Sandwich Bags**  
 6-1/2" x 5-7/8"  
 4/145 ct. boxes (580 ct. bags)  
 #2769....\$23.99



**Ziploc Bags Variety Pack**  
 Multi-purpose pack of resealable plastic bags; 125-Sandwich, 120-Snack, 52-Gallon Storage, 50-Quart Storage bags.  
 347 ct. box  
 #1978....\$29.99

### Other Containers

- #1231 Six-gallon bucket ..... \$16.99
- Twister Lids (Fit 5 & 6 gallon buckets) ..... \$9.99 each

- ♦ #2575 Red
- ♦ #2576 Blue

The Twister Lid is a heavy-duty ring with a rotating center lid that seals tight or spins to open—much easier than prying off standard bucket lids!

**5 Gallon Plastic Bucket with E-Z Open Lid**  
 Made with BPA-free food-grade plastic. Comes with a lid that has an internal gasket for an airtight seal. Holds about 37.5 lbs.  
 #7078....\$16.99



**2 Gallon Opaque White Plastic Bucket with White Gamma lid**  
 2 gallon bucket will hold approximately 15 lb. of dense product. Gamma lid gives an easy airtight seal.  
 #4779.....\$12.99

### CAMBRO

**Translucent Round Containers**  
 Stackable, professional-grade, BPA-free containers with red gradations and lids. Made of chemical- and stain-resistant translucent polypropylene.  
 ♦ #2751 2-Quart Size, Set of 3....\$19.99  
 ♦ #2752 6-Quart Size, Set of 2....\$19.99



**Sona 4 Wick 48 Hour Survival Candle**  
 Perfect for emergencies, camping, backpacking, hunting, and disaster preparedness. Made from palm and soy wax. Use as a light source, or to warm up to 1 lb. of food.  
 #1094....\$8.49  
 Save 20% when you buy by the case of 12 at [alisonspantry.com](http://alisonspantry.com).



**NEW! 4.5" Spring Assisted Black Pocket Knife w/ Clip**  
 This premium-quality drop-point knife has a strong tip for precision cutting and piercing and a double-sided metal body. Spring-assisted with pocket clip. Folded Length: 4.5"; Drop Point Blade: 3.75"; Overall Length: 8.25"  
 #3300....\$9.99



**NEW! 3.75" Spring Assisted Pocket Knife w/ Window Breaker and Seatbelt Cutter**  
 Spring assisted drop point stainless steel sleek knife with features to break a window or cut a seatbelt in an emergency. Metal belt clip. Open length: 6.75"; Blade length: 2.75"; Closed length: 3.75".  
 \$9.99  
 ♦ #3301 Black  
 ♦ #3303 Silver



**Jumbo Emergency Flint Fire Starter / Striker**  
 Essential tool for camping, hiking, emergency preparedness, and survival kits.  
 #2151....\$6.99



**Emergency Sleeping Bag**  
 The same mylar material as the emergency blanket, shaped into a sleeping bag to prevent heat loss even more efficiently. Retains 80% of body heat. Wind and waterproof.  
 84" x 36"  
 #7403.....\$3.99



**Glass Cleaner**  
 Dissolves dirt, grease, grit, and grime. Ammonia-free with a clean fresh fragrance.  
 23 oz. can  
 #1342....\$4.99



**Puricit® Citrus Air Freshener**  
 Eliminate the lingering odors of grease, fish, and even cigarette smoke! We use this product in all the bathrooms here at Alison's Pantry.  
 6 oz. can  
 #1579.....\$6.99





FROM:  
580 W. State Street  
Pleasant Grove, UT 84062  
www.alisonspantry.com



**Ice Cream Bar Variety Pack**

See page 34.  
GF 30 ct. / 2.25 oz. bars  
#2152....\$17.99



**Pub-Style Battered Cod**

See page 16.  
2-3 oz. pieces/2.5 lb. box  
#2807...\$23.99



**Ultimate Fish Sticks**

See page 16.  
62/1 oz. sticks/4 lb. bag  
#2809....Reg. \$30.99  
Sale \$28.99



SAVE  
\$2.00

AP Bestseller



**All-Natural Peppered Bacon  
Wrapped Pork Fillets**

See page 9.  
GF 3/approx. 6-7 oz. fillets  
#2681....\$12.99



**Pork & Vegetable Egg Rolls**  
12/3 oz. box  
#4082....\$13.99



**Vegetable Fried Rice**

See page 21.  
3 lb. bag  
#6695....\$15.49



AP Bestseller



**100% Natural Chicken Breasts**

See page 10.  
GF 4 lb. bag  
#5513.... Reg. \$14.99 | Sale \$10.99



SAVE  
\$4.00

Keto Friendly



**#1 Quality Precooked Hickory  
Smoked Bacon Slices**

See page 6.  
GF 300 slices per box  
#4835....\$66.99



**Cheeseheads String Cheese**

See page 33.  
GF 1 oz. / 60 ct. bag  
#4972...\$22.99 | .38 each

Keto Friendly



Find delicious online-only  
savings on our website.  
Scan to see our current  
Hot Deal selection!